the review

The University of Delaware's independent student newspaper since 1882

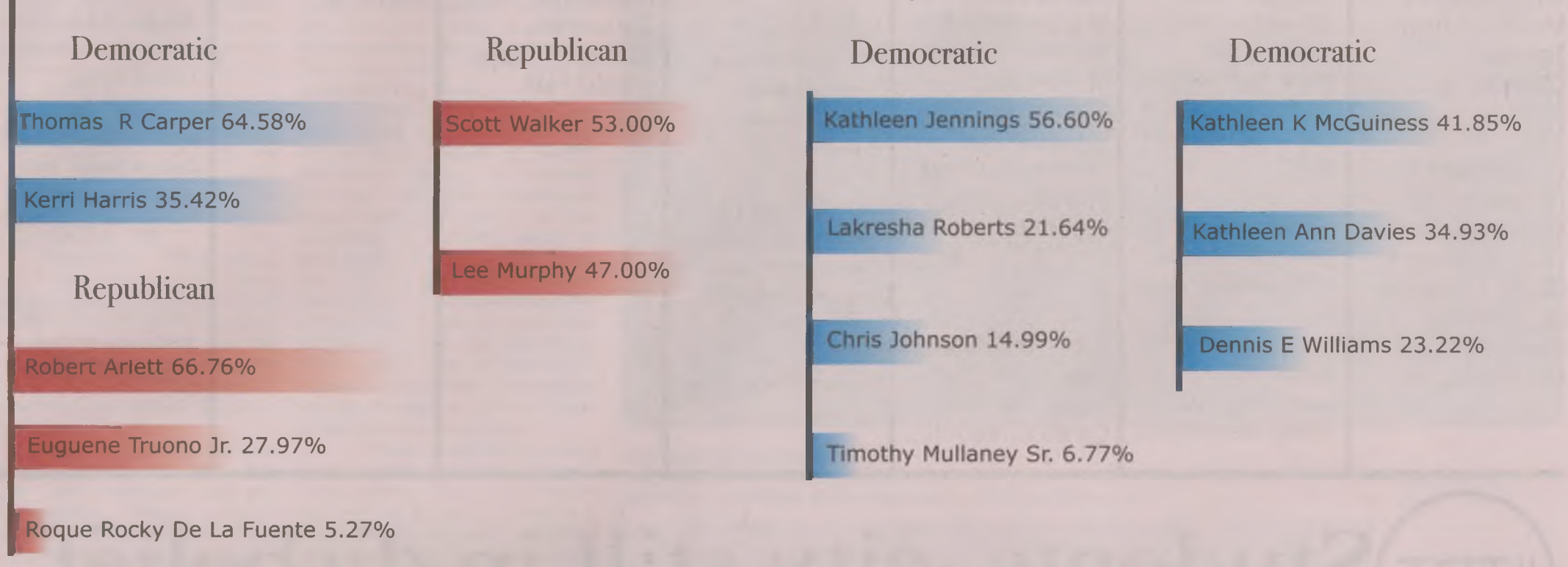
@udreview | TUESDAY, SEPTEMBER 11, 2018 | VOLUME 145, ISSUE 2 | udreview.com

STORMING THE COURTYARDS
The university will be acting on a contract stipulation to turn the off-campus apartments into on-campus housing.
NEWS Page 3

IT'S BIG
The STAR Tower is up and running.
NEWS Page 3

WEEKLY ESSAY CONTESTS
Are there Juuls in hell?
NEWS Page 4

2018 Delaware Primaries



Walker, Jennings and McGuiness win nominations in Thursday's primary election

MITCHELL PATTERSON
City Editor

Delawareans went to the polls on Thursday to elect an array of party candidates in preparation for contentious general elections in November.

The state of Delaware reports 25 percent of registered Democrats and 20 percent of registered Republicans cast their ballots.

In the Republican primary race for Delaware's only U.S. House of Representatives seat, businessman Scott Walker narrowly defeated opponent Lee Murphy. Walker received 53 percent of the vote compared to Murphy's 47 percent. Walker will face incumbent Democrat Lisa Blunt Rochester on Nov. 6. Blunt Rochester previously defeated Walker when he ran for Congress as a Democrat in 2016.

In state level elections, voters elected party nominees for Delaware's Attorney General, State Auditor and a number of seats in the state Legislature.

Kathleen Jennings emerged victorious with 57 percent of the vote in the Democratic primary election for Delaware's Attorney General, defeating three other Democratic contenders. She will face Republican Bernard Pepukayi in the general election.

Jennings overwhelmingly outspent her primary opponents as well, giving her a large advantage in the race. Her campaign raised $377,000 from supporters, dwarfing the combined $26,000 raised by Democrats Christofer Johnson, LaKresha Roberts and Tim Mullaney.

To place her campaign spending into perspective, the total amount spent by all primary candidates was $707,000, according to campaign finance reports from Friday. Jennings claims her campaign contributions were spent predominantly on television advertising.

COURTESY OF KATHY MCGUINESS

The American Civil Liberties Union (ACLU) of Delaware applauded Jennings for her proposals to reduce mandatory minimum sentencing and eliminate consecutive sentencing altogether.

"With the election of Kathy Jennings as the Democratic candidate for Attorney General, Delaware has chosen to put criminal justice reform at the top of the ballot in November," Kathleen MacRae, the Executive Director of the ACLU of Delaware, said in a press release following Jennings' victory. "At the forums sponsored throughout the primary campaign, she committed to making policies and practices in the Department of Justice more transparent, including expanding access to data that can be used to transform the criminal justice system and establishing a Community Accountability Committee."

In the Delaware State Senate primaries, Justin King was elected as the Republican nominee for District 17. Additionally, Darius Brown of District 2 and Elizabeth Lockman of District 3, an alumna of the university's graduate school, won their respective Democratic races.

Democrat Kathleen McGuiness won the primary for State Auditor with 42 percent of the vote. She previously served two decades as City Commissioner in Rehoboth Beach, where she oversaw a large infrastructure. As Auditor, McGuiness will be responsible for investigating financial abuse of state government funds and, as the title suggests, conducting audits of taxpayer spending.

Carper defeats Harris in Senate primary, will face Arlett in November

CALEB OWENS
Editor in Chief

This article was originally published on udreview.com last Thursday at 9:51 p.m.

Sen. Tom Carper has defeated opponent Kerri Evelyn Harris in the Delaware Democratic primary, clearing perhaps his largest hurdle as he aims for a fourth term in the Senate.

Carper gathered over 53,000 votes, with Harris falling just short of the 30,000 mark.

Rob Arlett defeated Eugene Truono in the Republican primary. Arlett is a Sussex County councilman who, despite failing to appear publicly in recent weeks to defend himself against Truono, walked away with over 66% of the vote.

Despite an enormous funding advantage and high approval ratings, Carper, at age 71 and now in his 42nd year of public service, faced an unforeseen threat late in his primary campaign, as political newcomer and grassroots organizer Harris followed a surge of momentum into voting day.

The race has gained national attention in recent weeks, particularly after Harris received an endorsement from Alexandria Ocasio-Cortez, who upset Rep. Joseph Crowley in a New York primary in June. Ocasio-Cortez and Harris appeared in Trabant for a town hall last Friday, also appearing in Wilmington later in the day.

The Harris campaign worked to emulate Ocasio-Cortez's approach, painting Carper as an out-of-touch establishment politician who no longer represented his constituents.

But the message did not resonate with the majority of Delaware voters. Harris, whose campaign drew upon national progressive hallmarks such as a $15 minimum wage, Medicare for all and calls to abolish ICE, proved incapable of disrupting "The Delaware Way" in a state traditionally marked by corporate leniency, a commitment to bipartisanship and a moderate approach.

Deflecting attacks from Harris supporters and left-leaning publications, such as The Intercept, Carper relied on his tried-and-true strategies, often pointing to the mileage on his minivan — exceeding 400,000 miles — and relied heavily on his voting record in the Senate, where he has worked to pass environmental policy and defend the Affordable Care Act.

But, especially in recent weeks, Carper took the threat seriously, receiving an endorsement from Joe Biden and ramping up campaign efforts.

Evidently, it worked, and now Carper will face off against Arlett in the November general elections.

KIRK SMITH/THE REVIEW

PENCIL IT IN

TUESDAY, SEPTEMBER 11	WEDNESDAY, SEPTEMBER 12	THURSDAY, SEPTEMBER 13	FRIDAY, SEPTEMBER 14	SATURDAY, SEPTEMBER 15	SUNDAY, SEPTEMBER 16	MONDAY, SEPTEMBER 17
Deadline for changing dining plan Deadline for dropping/adding courses Forgeries Exhibition Tour and Reception: Morris Library, Special Collections, 5 p.m. Department of History Harrington Lecture: Sharon Block, University of California, Irvine, 5:30 p.m., Gore Hall 104	ECE Fall Seminar Series: Embedded Systems Used in Side-Scan Sonar: Kassem Nabha, 11:15 a.m., Evans Hall 204 Scholar in the Library Series: Dr. Rosalie Rolón Dow, 12 p.m., Morris Library Class of 1941 Lecture Room How to Work a Career Fair: Employer Panel, 5 p.m., Alfred Lerner Hall 125 Recovery Yoga, 7 p.m., Christiana Commons Building, Meeting Room B Opinions Matter: Lauren Duca, 7:30 p.m., Mitchell Hall Auditorium	Farmer's Market, 11 a.m., Mentor's Circle Practical Wellbeing Workshop, 12 p.m., Trabant University Center 209/211 Brown Bag Lecture Series: Diversity Beyond Students: Families of International Students as Part of the Campus Community: Xinhui Jiang and Busra Soylemez, 12:30 p.m., 101 Academy St. Lettice and Lovage: Peter Shaffer, Steve Tague, 7:30 p.m., Centre for the Arts,	Accounting & MIS Seminar Series: Dr. Angela Gore, George Washington University, 10 a.m., Alfred Lerner Hall 302 B&E Finance Seminar Series: Dr. Veronika Krepley Pool, 10:30 a.m., Purnell Hall 230 Department of Economics Seminar Series: Kimberly Oremus, 11 a.m., Purnell Hall 450 Jack A. Gerster Memorial Lecture: Kara Odom Walker, Delaware Department of Health & Social Services, 11 a.m., Perkins Student Center	University of Delaware Football vs. Cornell, 3:30 p.m., Delaware Stadium Alumni Guest Artist Recital: Shari Feldman and Daniel Carunchio, 5:30 p.m., Gore Recital Hall	Guest Artist Recital: Katherine Wolfe and Ketty Net, 3 p.m., Gore Recital Hall Impact Dance Company Interest Meeting, 12 p.m., Little Bob 259	QMAN Seminar: Dr. Steve May, 11 a.m., Wolf Hall 318 CDS Lunchtime Learning, 12 p.m., Center for Disability Studies 132 Brown Bag Discussion: The First Year Common Reader, 12 p.m., Morris Library Class of 1941 Lecture Room Issues in Global Studies Lecture Series: 21st Century Feminisms, 12:30 p.m., Alison Hal 228 Note-Taking Workshop, 3:30 p.m., Harrington Engagement Center

#TBT

Students, city still in disbelief

BY STACEY CARLOUGH & SUSAN KIRKWOOD
City News Editors

"It just felt like a bad dream you couldn't wake up from — I'm so angry, but there's nothing I can do."
— Senior Eric Johnson

The stores and restaurants lining Main Street were nearly all dark, empty and quiet. Paper signs taped to their glass doors relayed dismal messages to would-be customers.

"As per the governor's request, we have closed for the evening," or "In respect for those lost in today's tragic events, we have ended business for the day," or simply, "Closed."

The feel in Newark Tuesday was an ineffable mix of shock, anger and sadness. A few people went about their routine as if nothing out of the ordinary had happened. But most milled about campus in small knots, talking and hugging each other, or found their way to a television, watching the same gruesome footage again and again.

The few businesses that remained open as the warm September sun began its descent into slumber reported little business and an eerie,

THE REVIEW/Courtesy of Steven Heller

streets.

City Manager Carl Luft said the incident was an international tragedy.

"We just can't describe how bad it is," he said.

Luft said the Newark Police Department has been asked to keep a close watch on the community, although no incidents of violence have been reported.

"The police are in observation mode right now," he said. "Hopefully

"If anyone needs help or assistance, we're here to help them."

Joel Crooks, an employee of Cluck-U Chicken, said the Main Street eatery had been packed all morning with people watching the events unfold on their small television.

"We were all horrified," he said. "Everyone was just shocked."

Bryan Greim, owner of the Main

keeping his store open only until they finished the day's flower orders.

"We've been getting calls all day from people who had orders going to Manhattan," he said. "But we don't know what to tell them, we have no way of knowing if they ever got delivered."

Greim said ever since late afternoon the streets had taken on a somber feel and the walking traffic had slowed significantly, "especially for such a nice day."

"It's just surreal," he said. "People aren't around talking or laughing with each other."

"I woke up at 10:30 a.m. and someone said we got bombed. I turned on the TV and it was on every channel. It was surprising. You never think about things like this happening — at least I don't."
— Freshman Joe Cushing

Back on campus, voices could be heard floating from whispered conversations or pedestrians on cell phones.

Around campus were heard desperate cries such as, "I just can't believe this all happened," and "Did

JULIA SILVERMAN /THE REVIEW

University to take over University Courtyards Apartments next school year

MORGAN YOUNG & DELANEY DETITTA
Staff Reporters

The university is taking over the University Courtyard Apartments, a popular off-campus housing complex, for the 2019-2020 school year. The apartments will become on-campus housing for the University, accommodating a total of about 880 students.

Marcus Dallas, the general manager of the Courtyards, said that the university is currently investing in the property but does not yet own it fully. The university will take complete ownership on July 1, of 2019.

Those living in the UCA as of this school year will be able to continue their lease up until July 31, 2019, and have first priority for the opportunity to return to the apartments by submitting a "Return Request Form."

Residents, however, are not guaranteed the current apartment they are living in. They are also only eligible to return if they are undergraduates for the 2019-2020 school year and taking at least 12 credits for both the fall and spring semesters at Newark's campus.

The UCA website currently states "... you can enjoy our resident lounge, well-equipped fitness center, cyber cafe with a frozen yogurt machine, resort-style pool with sundeck, or a number of other property amenities ..." It is not confirmed whether these will still be available to residents.

The University Courtyard Apartments range from $885 a month per resident for a four bedroom and four bathroom apartment, to a deluxe one bedroom apartment for $1,239 a month. The apartments come fully furnished and include a parking spot for each resident.

However, parking spots will no longer be included with the apartment when the university takes ownership. It is expected that the rates of these apartments will increase for the 2019-2020 school year, although pay periods will not include months where university students aren't in session.

Students who have been living in the University Courtyards for numerous years expressed concerns with the adjustments. Many are unsure if they want to continue living there.

"This is my second year living here and it seems like it's going to change so much," Samantha Egbert, a resident of the University Courtyard Apartments and junior at the university said. "If I were to stay here I would want to keep my current apartment and my parking spot. Finding places to live off-campus is already extremely competitive, and now they have taken away one of the most popular apartment complexes among students at UD and made it into on-campus housing."

"They're essentially taking away all of our freedom, and as a rising senior, living as a 21-year-old with an RA is like living in a dorm and is not appealing," Sara Cvetanovic, another junior who is living at the UCA for her second year said.

For July 1, 2019, Residence Life and Housing announced they will be issuing trained staff members for the apartments.

Some students think that making the University Courtyard Apartments on-campus housing will make the idea of of living on-campus more appealing.

"More people will stay on campus now," Maya Peljovich, a first year resident in the Courtyards said. "We chose to live here over North Campus so everyone will try to live on campus, too."

Now that the status of the University Courtyards is confirmed, residents are eager to figure out their housing for the upcoming 2019-2020 school year. Some plan to stay put while a lot of others arrange to move into other apartment complexes off-campus.

MORGAN YOUNG/THE REVIEW
The University Courtyard Apartments range from $885 a month per resident for a four bedroom and four bathroom apartment, to a deluxe one bedroom apartment for $1,239 a month.

The Tower at STAR to take medical research to new heights

MITCHELL PATTERSON
City Editor

After nearly a year and a half of construction, the new tower at the Science, Technology and Advanced Research (STAR) campus stands ready for university and corporate use.

The university will lease space in five of the 10 floors in the tower, leaving the remainder for various companies. The nearly-completed 120,000 square-foot STAR Tower promises to be both an expansion of the College of Health Sciences and a new resource for all university entities to engage with private industry.

"The purpose of the tower within STAR campus is to focus on collaboration between private industry, developing the economy of Delaware, student involvement in internships, post graduation employment, all those sorts of things," said Peter Krawchyk, the vice president for Facilities, Real Estate and Auxiliary Services. "The actual purpose of the tower particularly and of the Health Sciences department is to expand their programs, which are growing tremendously because they're so successful at what they do."

The College of Health Sciences designed the building to encourage interdisciplinary research and connections between students and the companies occupying the other floors. The modern aesthetic of the tower is meant to contrast the traditional architecture of the university's main campus.

College of Health Sciences faculty and staff have begun moving materials and equipment into the tower over the past three weeks. Within the tower, a new type of meeting space capable of seating around 300 people, called "Audion," is expected to finish construction by late October.

"Any department, any college, any program could book the space in Audion and hold a conference, a seminar, or a class or whatever they want," Krawchyk said. "They'll have the opportunity to collaborate and interact with different people. So that's also a good opportunity for undergraduates to get down to star campus."

The Communications Sciences and Disorders program, which struggled to find sufficient workspace elsewhere on campus, makes use of the fifth and sixth floors to research speech pathologies.

"You have the number one physical therapy program there at the Health Sciences Complex," Peter Bothum, a media relations manager for the university, said. "You have all kind of student involvement there. Kids are doing amazing things, groundbreaking work, already on STAR campus."

The construction of new buildings on STAR campus over the past six years has been driven by the partnership between the university and Delle Donne and Associates (DDA), a New Castle County real estate development company.

DDA owns and finances the buildings on land owned by the university. Christiana Care Health System, one of the largest healthcare providers in the nation, has been selected by DDA as a tenant of the tower.

"Christiana health care already has an express clinic in the tower," Bothum said. "It's phenomenal, it's really unbelievable."

According to Krawchyk, who previously served as the university architect and director of planning and project delivery, any new residence halls meant to house the increasing graduate student population on STAR campus are still under discussion.

The public is invited to attend an unveiling event at the tower on Nov. 9, where the College of Health Sciences is expected to display its new workspace.

MITCHELL PATTERSON/THE REVIEW
The Tower offers 120,000 square-feet for various academic and professional activities.

National Agenda Series works to combat political apathy among students

JUSTIN RICHARDS
Senior Reporter

On Wednesday nights, the library often empties as humid days turn to cool summer nights. But last Wednesday, students had a reason to stay as the "Midterm Matters" National Agenda Series kicked-off for the Center for Political Communication department with the "From Hollywood to Reality Film Series."

This marks the first year of a film series, which serves as a one-credit course for students but is also open to the public. The first film was a documentary called "The Final Year," an inside look into President Obama's foreign policy team.

The film looks "at the foreign policy division of an administration what they have to do," Professor Nancy Karibjanian, director for the Center of Political Communication, said.

The course includes an online discussion that Karibjanian said is above and beyond what she expected.

Karibjanian said the idea of a film series came last year from an HBO Documentary called "Latin Explosion" in the Library viewing room that became a "collective experience."

The film series is just one feature of the CPC's "Midterm Matters," with the Delaware Debates and the Speaker Series that is led by Associate Director of CPC Professor Lindsay Hoffman.

Hoffman said that the Speaker Series mission is "how we can get students engaged in politics, community, civil discourse and the issues of the day in a non-threatening entertaining way."

The series is non-partisan and tries to feature a variety of politicians, campaign strategists, comedy writers and journalists.

Other speakers include Dave Dewalt, a Cybersecurity Executive, or sixteen-year-old Gabe Fleisher, who writes Wake up to Politics, a newsletter that has more than 50,000 subscribers.

This shows that the overall goal of Midterm Matters, is "battle student apathy about politics," Hoffman said.

According to the New York Times, only 14 percent of college students voted in the 2014 Midterm Election.

This unique speaker series is not just a talk, but an off-the-record conversation and dinner with Hoffman's POSC/COMM 447 course that is, at times, difficult for students. But Hoffman said that "students walk away from this class with their lives changed."
A talk last year with former Vice President Joe Biden and Ohio Governor John Kasich about bridging political divides made the event more popular than ever.

These types of experiences allow students to interact with the well-known and those they may not know so well. With this comes certain student stereotypes that do not always fit, like author David Joy from the Appalachian Mountains, who was different than what they expected.

Many universities throughout the nation are using such programs to "to increase student turnout on their campuses, spurred by a desire to develop students into better citizens," as reported by the New York Times.

But Hoffman stated she "can't say there is anything like this on any other college campus."

The series allows not just students but the whole community to have a conversation with the speaker, engaging with the issues as a community, according to Hoffman.

The next film is called "Pay 2 Play," in the "From Hollywood to Reality Film Series," on Sept. 19 directed by John Ennis who documents how the power of money affects politics.

The first speaker in the series is Lauren Duca on Wednesday whose column in Teen Vogue has sparked controversy, in particular an interview with Fox News anchor Tucker Carlson.(CONF.) Carlson suggested that she "stick to the thigh-high boots. You're better at that," after she criticized Ivanka Trump's role in the Trump Administration. Since then, she has renamed her column "Thigh-High Politics."

Out with the old, in with the McCool

DYLAN PHILLIPS
Staff Writer

The recently rebranded "Finn McCool's" Irish pub and restaurant, located where Catherine Rooney's once stood on Main Street, opened up its doors for the first time last month.

The establishment's new owner, Jeff Frotton, has been steadily cultivating his version of an authentic Irish eatery while maintaining fan favorite essentials from previous ownership.

While Thursday's five dollar pitcher nights remain, McCool's new direction comes will attempt to build off Rooney's successes while refining their own vision for the establishment.

Though he's made some changes to the restaurant, Frotton, who relocated from California, recognizes the importance of tradition from his prior business ventures.

"One thing I have learned from those experiences is that you do not just walk into an existing business and blow everything up," Frotton said. "We took our time to understand how the business was being operated and how the customer base on Main Street was made up."

While Frotton hopes to maintain Catherine Rooney's style, he also wants to add flair of his own. On the weekends, patrons can expect to hear a variety of live musical performances including Celtic rock, blues and alternative.

"My goal is to be different, not boring," Frotton said.

Another change Frotton made was the restaurant's name. Catherine Rooney's name is still in use at a location in Wilmington. To accommodate this, Frotton changed the restaurant's name to Finn McCool's, which is derived from the old Irish myth of Fionn Mac Cumhaill. Frotton described the figure in the tale as the "Thor of Irish legends."

In addition to the name, the menu has also changed. McCool's menu hosts signature mac n' cheese and polenta fries with marinara sauce and blue cheese. Updated fan favorites include handmade chicken tenders and loaded nachos using locally sourced fresh ingredients.

"We are sad to hear about Catherine Rooney's selling, but that should only give Finn McCool's extra motivation to live up to such a legacy," junior Sierra Enea said.

As a native of New Jersey, Frotton is familiar with the energy that coincides with the East Coast and with the community his business is a part of. Committing to Newark long-term for Frotton(CONF.) means a symbiotic relationship with both university students and Newark residents while enlightening them on a culture that may be foreign to them.

Although understanding why he could be seen as an geographical outlier, Frotton(CONF.) plans on working to integrate into the Newark community.

"I have seen what happens to a community when true outside investors move in, people who do not live or work in the community, but bring in outside money and start buying up property," he said. "I personally would not like to see that happen here."

COURTESY OF LOUIS MASON

Analysis:
Why the Kavanaugh confirmation hearings have been so intense

JACOB WASSERMAN
Senior Reporter

In a week that saw an unsigned op-ed in the New York Times written by a "senior official in the Trump administration" and the Delaware primary elections, the most consequential political story is the confirmation hearings before the Senate Judiciary Committee for Supreme Court nominee Judge Brett Kavanaugh.

Kavanaugh currently serves as an associate justice on the U.S. Court of Appeals for the D.C. Circuit and was nominated by President Donald Trump to replace "swing vote" Supreme Court Justice Anthony Kennedy, who retired in June.

Kavanaugh will likely act as a steady conservative on the Court, but one thing that sets him apart from just any conservative is his view on executive power.

He essentially believes that the President should not be over-burdened with an intrusive investigation, as it creates too much of a disruption from the President's daily job, and that the only investigation should come from Congress.

In the confirmation hearings, many Democratic senators were particularly concerned with such views on executive power, as multiple former Trump staffers have either been convicted of or plead guilty to federal crimes, including former Trump campaign manager Paul Manafort and his former personal lawyer, Michael Cohen.

"The president of the United States who has nominated you is an unindicted co-conspirator implicated in some of the most serious wrongdoing that involves the legitimacy of his presidency," Sen. Richard Blumenthal (D-Conn.) said. "There's a distinct possibility and even a likelihood that issues concerning his personal criminal or civil liability may come before this Supreme Court as early as the next term."

As was expected, Kavanaugh was asked whether he would recuse himself from any cases involving Trump, and also as expected, he did not commit either way.

Another major controversy surrounding the hearings was over documents, especially from Kavanaugh's time in the George W. Bush White House. Due to the nature of his role in the White House, he generated hundreds of thousands of documents over that time.

By the start of the hearings, Senators had obtained around 415,000 pages of documents in total. 147,000 pages were marked "committee confidential" by the Republican majority of the Judiciary Committee, meaning that Senators could access them, but the public could not. The White House invoked executive privilege to withhold 101,921 additional pages. To add to that total, Senators received an additional 42,000 pages of documents this past Monday night, the day before the hearings.

Judiciary Committee Ranking Member Sen. Dianne Feinstein (D-Calif.) highlighted what Democrats were still frustrated about, despite having so many documents.

"We start this hearing with only 4 percent of Brett Kavanaugh's White House record available to the public," she said.

Sen. Cory Booker (D-N.J.) and many other Democratic senators felt that at least some of the documents classified as "committee confidential" should not have been classified that way and that the process by which they were classified was illegitimate.

They also felt that the public should know about what was contained in some of documents, many of which were internal White House emails that contained Kavanaugh's views on subjects such as racial profiling.

Booker's office then intentionally broke Senate rules by releasing the documents, knowing that doing so could result in the senator's expulsion from the Senate, which was pointed out to Booker by Sen. John Cornyn (R-Texas). That sparked an intense exchange between the two senators, and can possibly lead to an ethics investigation.

The hearings also reintroduced an incident from between 2001 and 2003, in which Republican Judiciary Committee staffer Manuel Miranda stole documents from a server that Republican staffers shared with Democrats.

Sen. Patrick Leahy (D-Vt.) was one of the Senators whose files were stolen. In a press release, Leahy provides what he believes is proof that Kavanaugh, who was working closely with the Judiciary Committee at the time, knew saw and knew the source of the documents.

Kavanaugh has denied that he had access to any stolen documents, but Leahy and Feinstein believe that is not true.

In another controversy, several Democrats have accused Kavanaugh of lying about the nomination of controversial conservative William Pryor to the United States Court of Appeals for the Eleventh Circuit in April 2003.

During his confirmation hearings from when he was nominated to the D.C. Circuit in 2004, in response to questioning from Sen. Edward Kennedy (D-Mass.), Kavanaugh said under oath, "No, I was not involved in handling [Pryor's] nomination."

These confirmation hearings have kicked up a lot of dirt and created a ruckus in the Senate. The Senate currently is made up of 51 Republicans and 49 Democrats. Therefore, every Democrat, even those in tough re-election fights, has to vote "no" and two Republicans have to break from their party and vote "no" as well.

The most likely Republican defections are Sen. Susan Collins (R-Maine) and Sen. Lisa Murkowski (R-Alaska).

They both are relatively moderate and describe themselves as in favor of abortion rights. Both Senators are facing immense pressure from both sides of this confirmation fight.

So much so that a fundraiser has raised over $900,000 that will be donated to Collins' eventual Democratic opponent when she is up for re-election in 2020, if she votes to confirm Kavanaugh.

The Judiciary Committee will vote on Sept. 20, and if a majority votes for confirmation, the nomination then goes to the full Senate, where a majority is needed there as well.

In all likelihood, Kavanaugh will sit on the Supreme Court.

Campus Democrats encouraged by dialogue of Senate primary

JACOB BAUMGART
Senior Reporter

As the sun set outside on Friday, Bailey Weatherbee sat in the office of her developmental genetics lab where she researches cellular and molecular biology.

Weatherbee, president of Young Progressives Demanding Action (YPDA), said she believes that while the sun has set on progressive Kerri Evelyn Harris's losing campaign to be one of Delaware's senators, the sun has not yet set on the progressive movement in Delaware.

"Because [the progressive movement is a national one] it is never one race, so when you lose one race, that's fine, but did the movement get a little further?" Weatherbee, a senior biology major, said. "Did you push Tom Carper a little bit to the left? And they did."

This dialogue between the traditional, centric democrats and the more socially liberal progressives was one of the central points of debate during the Democratic primary.

Harris ran on the platform of expanding medicare to include all American citizens, funding universal, public prekindergarten and raising the national minimum wage to $15 per hour.

Carper campaigned for amending the existing Affordable Care Act, which he voted for in 2009, fighting for a clean environment and holding President Donald Trump accountable.

While the two sides of the party have different priorities and different plans of execution, campus Democrats do not believe this split will be detrimental to the party.

Alexa Adams, director of communication for the College Democrats, said she thinks it is healthy for progressives and more moderate, centrist Democrats to have conversations about these differences.

"If one state elects a more moderate Democrat and another state elects a more progressive Democrat, that's not to say that they completely hate each other and the party is going to be polarized," Adams, a sophomore political science major, said. "The voters of those states are picking the candidate that they feel is going to suit their needs for the state."

Weatherbee said she believes having these differing beliefs does not mean that progressives are unwilling to work with their political counterparts.

"I think that it's a false narrative that progressives aren't willing to work with centrists and aren't willing to work with Republicans," Weatherbee said. "I think that is a scare tactic that's used to say 'Oh , if you vote for this progressive, they're not going to stack up against a Republican, and they won't be able to beat them.' I think that progressives are very happy to reach across the aisle, true, inclusive progressives."

Neither the YPDA nor the College Democrats endorsed a candidate during the election, but both said they hoped Carper learned from this primary.

Weatherbee said she hoped Carper learned that he could not vote for legislation that his Democratic base tends to oppose.

She cited her displeasure with Carper's votes to build the Keystone XL Pipeline and to confirm Trump's current Supreme Court Justice-nominee Brett Kavanaugh as a United States circuit judge for the District of Columbia Circuit in 2006.

Although Carper now opposes appointing Kavanaugh to the Supreme Court, both of his aforementioned votes did not align with Democrats' values at the time he cast them.

Weatherbee said she believes Carper's 17 years as senator led him to create deep relationships which he is allegiant to. Weatherbee said she hopes this year's primary taught him to remain loyal to his Democratic base.

"No one cares about the old boys club anymore," Weatherbee said. "No one is happy with the old boys club. We want real representation."

Adams said she hopes Carper realizes the significance of his victory of 64.58 percent of the Democratic vote.

"I hope he realizes he still has the support from his Delawareans," Adams said. "It's going to be his job in the coming time to listen to his voters, to their concerns and to make sure he is doing what's best for the state and for the party."

To win the general election on Nov. 6, Adams said Carper needs to continue to talk to Delawareans and encourage them to vote.

"The more you reach ... to your voters and you explain your views and what you stand for ... the more likely they are going to be to vote for you," Adams said.

Both the College Democrats and the YPDA look to the future as the general election nears.

Adams said the College Democrats will work with a variety of people who represent the Democratic Party, including moderates, progressives and activists.

Weatherbee said the YPDA will focus on working with political activists to develop its members' grassroots advocacy. She also said she believes the progressive movement is still in its early stages, but there is more on the horizon.

"There's going to be a lot of trial and error," Weatherbee said. "In my mind, 2018 is the year of getting the ideas out there and getting them kind of acclimated to the mainstream."

> "In my mind, 2018 is the year of getting the ideas out there and getting them kind of acclimated to the mainstream."
> -Weatherbee

EDITORIAL

Caleb's Corner: To publish, or not to publish

Biweekly liberal ramblings from the Editor in Chief of your only student newspaper.

CALEB OWENS
Editor in Chief

Last week, the New York Times made the controversial decision to publish an anonymous op-ed, in which a senior Trump administration official depicted a tumultuous, and often treacherous, environment in the White House. The author wrote of our unhinged, unqualified and unpredictable president, describing covert efforts to manipulate him and obstruct reckless decisions.

The op-ed taught us little, providing general descriptions of already available information. It was in many ways infuriating. The insinuated heroism of the author and their colleagues came off as anything but heroic, admitting that they find the president impeachable but worth tolerating, currently the best vessel available for advancing their agenda. Every ten threats to international stability are worth one deregulatory policy, it seems.

But, as the editor of a newspaper — somebody who makes quite a few calls about what to publish — I was intrigued by the Times' decision to run the piece. At first, I respected the decision, and, caught up in the initial thrill, even the author. But then I wondered if I would have done the same.

Anonymity is no small thing. I've cited an anonymous source maybe once, and that was for a student at risk of deportation. Journalism is an institution founded on transparency, holding individuals accountable for their words and requiring that they own up to their positions. But an at-risk source is one thing — running an anonymous opinion piece, a genre intended to represent the writer and nobody else, is another entirely.

For this reason alone, any editor's default response should be a firm "no." If you want to publish anonymously, take your opinions to Reddit. In an age where anybody — literally anybody — can publish their words for a wide audience, the press assumes a role of new importance. Professional, reputable publications have a mandate to ensure that their material is handled responsibly, providing a safeguard against ever-growing skepticism of the press and information in general. This means being clear about where it's coming from.

Of course, the "failing" New York Times knows all about this.

But perhaps when it involves the president, when national politics are at stake, the circumstances change, and anonymity should be granted.

Maybe. Of course, not everything that matters is fit to print. When making decisions about what to publish, it's a matter of discriminating between what does, and what doesn't, carry a certain threshold of informative value for the public. Potential public value can depend on context — something irrelevant one moment can be relevant the next. It can depend on who it's coming from and who it's about. And, most simply, it's about what the information says.

This op-ed contained little information of public value. In most respects, it only became interesting because the Times decided to publish it, initiating the usual cascade of consequences — Donald's infuriation, a new headline for the next day, another variable to toss into the ever-unfolding drama of the Trump presidency. And, to be clear, I've found the Times guilty of publishing information of minimal public value throughout this entire nightmare.

But the op-ed did teach us one thing — that the people closest to Trump, those "heroes" who are saving our union, deserve to go down as much as he does, and give us even more reason to distrust this administration. It taught us that this "silent resistance" ought to be resisted right alongside Trump. Their condition of anonymity tells us that the author is a coward disguising their complicity with ostensible bravery, contributing to the downfall of America and willing to advance a radical conservative agenda at all costs.

The public value of the piece, then, was not in the author's claims but in what they reveal about the author. This veiled villain does not need a name — they are an ideology, a pathology, an intolerable threat to our democracy — and they are not singular. They are yet another reason to distrust the Trump administration and a party that has abandoned its principles — not to distrust the media — and deserve to be held accountable. The anonymity, while cloaking the true name of the author, illuminated their true character, the more important truth at hand.

For these reasons, the Times was right to run the piece. In an age of fake news and dwindling faith in journalistic integrity, an age when fierce backlash is inevitable, I hope I'd be willing to do the same.

From the farm, to the corporation, to you

BRIDGET DOLAN
Copy Desk Chief

Merriam-Webster defines a farmers market as "a market at which local farmers sell their agricultural products directly to consumers."

The university has a "farmers market" in Mentor's Circle every Thursday at 11 a.m., and it is operated by Dining Services.

The university advertises it as a farmers market that has local fresh produce and baked goods, but is it a farmers market if it's operated by the university?

Farmers markets are supposed to be a place where local farmers sell directly to customers, full of individual stands with a variety of local products. Some farmers sell corn, some sell squash, some sell fruits and some others sell homemade bread. Some farmers markets have stands filled with pies, cured meats and canned fruits.

The most important part is that the farmers themselves are the ones responsible for both cultivating and selling their products.

The university, however, has elected to have a few stands, decorated with the Pepsi logo, that are entirely run by the same organization — the university itself.

Where are the local farmers?

Dining Services lists "responsible sourcing" on its website as part of its sustainability initiative called "Green Thread." The website says, "We purchase local, seasonal and responsibly raised, grown and sourced products whenever possible."

But there's still a separate "farmers market" for fresh local produce. Isn't that what students are already able to get from the dining hall if the university is using local produce in everything? Why is it even called a farmers market?

Words having meaning. When we say something, it is often because that is what we mean to say. Sometimes, people say one thing and mean another, but that is usually something done intentionally. When we are saying names, we are calling things what they are. Language gives us the means to describe the world around us.

So why is the university calling this a farmers market? It's not a farmers market. It's just a regular market.

JACOB BAUMGART/THE REVIEW

A market, being defined as "a meeting together of people for the purpose of trade by private purchase and sale and usually not by auction."

The closest thing to a farmers market operated on the university's campus is the intern-run produce stand called "Fresh to You." The interns both grow and sell the crops themselves. They are the ones responsible for farming the produce they sell. Fresh to You has its organic certification and provides produce to several places in the Newark area.

The interns are the farmers, and they are operating their own market of sorts via the produce stand. If they wanted to, they could market Fresh to You as a farmers market because it actually falls under the definition of a farmers market.

But as it stands right now, there isn't truly a farmers market on campus. The university is a corporation, and Dining Services is not a farmers market.

Call Thursday's university-sponsored, Dining Services-operated event a produce market, or even a produce stand, but don't call it a farmers market. Don't call it something that it isn't.

EDITORIAL

Weed-Outs are Whack

Ask any chemical engineering student about their worst required class, and most will readily relay the horrors of CHEG 112. This notorious weed-out course has forced many from the major. Those who fail the course and still want to obtain a degree in chemical engineering often have to tack a year onto their projected graduation date.

Weed-out classes, however, do not only affect chemical engineering students. Students across campus, in majors ranging from communications to mathematics, fall victim to weed-outs. Although the concept of weed-out classes are not completely flawed — we do need standards, after all — they often have a profoundly negative effect on students. This holds across colleges, majors and campuses. Despite the ubiquity and seeming necessity for these classes, the university should relay a better concept of any given major to incoming students before they are forced to fully rethink their academic trajectory.

While some freshmen are quick to brag that they excelled in honors courses throughout high school, those same students may find themselves struggling to adjust to college. Most students have no clue how demanding their early college courses can be, and an online math placement exam — where internet answers are readily available from the comfort of your living room — hardly predicts student success in college calculus.

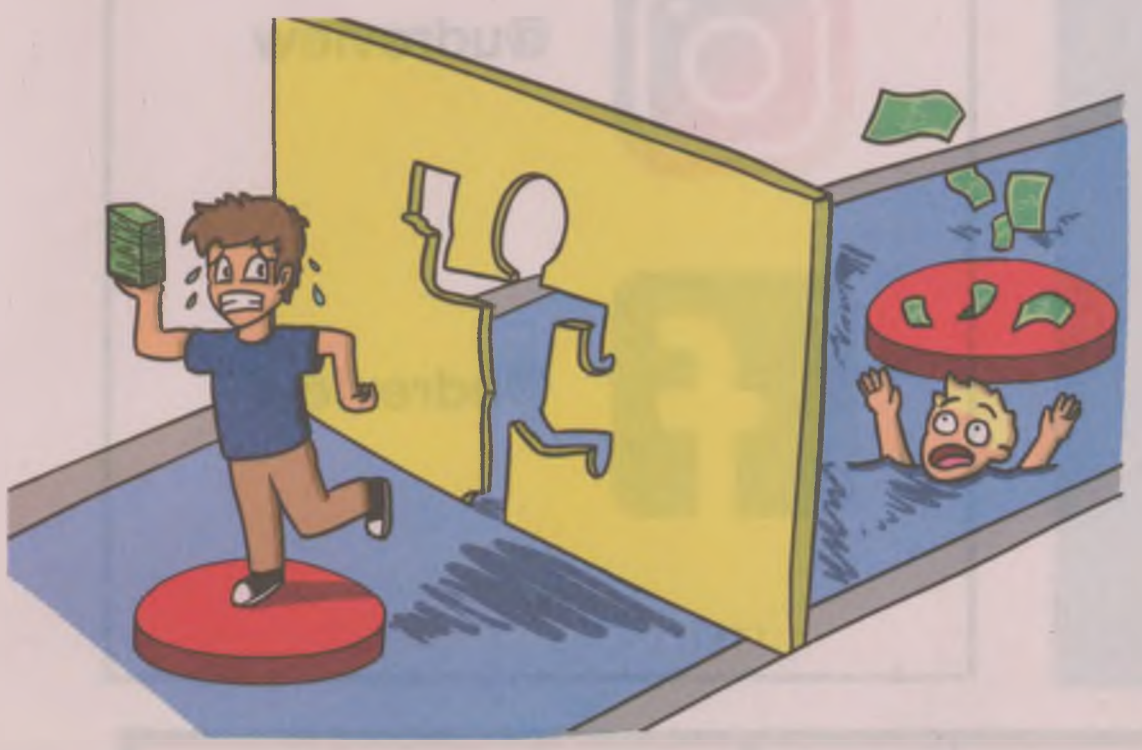
Additionally, students are given an incomplete idea of major-related demands during new student orientation and before add/drop is over. It is unfair for underclassmen to be shuttled into an immobile schedule without first being given a taste of what a weed-out course will entail.

When weed-out classes are only offered one semester per year, it causes some students to fall a full year behind schedule. If the sole purpose of a class is to weed-out unfit or mediocre students, the class should be offered every semester. Then, students forced to retake the class would not have to pay an additional year's worth of tuition in order to graduate with their intended degree. At new student orientation, advisors should encourage students to achieve the largest possible breadth of classes in their first-year schedule, giving them some mobility if engineering or biochemistry turns out to not be their thing. Also, students should be warned before enrollment that failure in a single course could lead to an extra year of school.

And, while the university of course profits off of fifth-year seniors and students prevented from graduating early, these courses also allow the university of sneak in some extra profit early on. Engineering, nursing and business majors, due to a policy announced last year, must now pay higher tuition. First-year students, when declaring these often rigorous majors, have little awareness of what the course load actually involves. They may find that, while taking their first semester prerequisites — only tangentially related to the actual degree — that the major is not right for them, or they might fail the class.

The tuition hikes should not kick in until after a student takes, and passes, the necessary weed-out classes. This financial burden is especially unfortunate when considering the stigma around dropping an engineering major. Students are being forced to stay an extra year to complete an engineering degree that they do not even want.

Although it is ultimately up to the individual to make the grade, students should be empowered to do well instead of being cornered into a difficult curriculum. The university should not rely on weed-out classes to make certain majors smaller or more exclusive. Rather, there should be more resources available to struggling students who want to remain in their chosen major after failing a weed-out class. Of course, a student should know their limits and choose their major based on their strengths, but it is a disservice on the part of the university to push smart and dedicated students to stay an extra year — or two — in order to be qualified for their dream profession.



COURTESY OF TAYLOR NGUYEN/THE REVIEW

The Princess Tree at UD

Adam Scherr

The university prides itself in its gorgeous, green campus. Walking along the South Green, one can find towering elms and oaks providing shade for students picnicking, studying and relaxing. While strolling along the university's characteristic laid brick sidewalks, the curious observer can easily find eastern redbuds, yellow poplars, red maples and other native trees, adding color and life to the walkways.

However, when passing by Morris Library, the hub for reading, silent studying and, most importantly, printing, one may notice a stranger lining the sidewalk. Its broad, outstretched leaves make it seem out of place among the maples and oaks, like a tropical bird hiding in a flock of gulls. The tree's smooth, striped, greenish bark is similarly alien to the hardwood forests of Delaware. Known as the Princess Tree, or royal paulownia, this tree is an actual alien to Delaware.

Traditionally found in China, Paulownia tomentosa is planted throughout the United States as an ornamental tree. Its massive leaves and large purple flowers make it an appealing tree for homeowners and commercial landscape architects alike. Despite its warm and inviting features, the Princess Tree is not a friendly member of our American ecosystem. After pollinating and fruiting, the tree will release its light, papery seeds into the air to be carried by wind and water to new locations.

It is not uncommon for the seeds to travel two miles from their parent before settling in a patch of soil. Once in the ground, the seed can germinate within weeks of being released. The seeds will grow in most environments on the eastern and southern states, as long as there is ample sunlight. They also grow relatively quickly (two to seven feet per year), have the capacity to reproduce at a young age (less than 10 years old) and develop incredible amounts of seeds.

These invasive species easily establish themselves in areas destroyed by fire or human disturbance, and they spread rapidly. My concern as a student at the university and a conservation-minded citizen is that the Princess Trees planted near the library and other locations around campus will spread into the surrounding wildlife. Since these trees are known for taking hold in areas with little ground cover and shade, the Star Campus construction site is especially vulnerable to Princess Tree invasion. By introducing themselves into new environments, Princess Trees reduce the biodiversity of a region. Instead of seeing native oaks, maples and birches, the visitors of Star Campus may find only broad-leafed, smooth-barked aliens.

Because of the dangers these trees have already posed for the Delaware ecosystem, I believe that the university should ensure that no more of these trees, nor any other invasive plants, are planted in its soil. Perhaps in the future, the developers and landscape architects will be more aware of these detrimental species.

If you would like to become more active in preventing the spread of invasive species, do your research before planting anything in your yard or by your home. Visit a native plant nursery or consult someone who works at a nursery to learn which plants are native and which are nonnative. Many non-native species offer tempting traits for any homeowner, but the environmental impacts do not justify the purchase.

Adam Scherr is a freshman Insect Ecology and Conservation major who also plays tuba in the UD Fightin' Blue Hen Marching Band. He can be reached at ascherr@udel.edu.

Information Obtained From:
The Fire Effects Information System:
https://www.fs.fed.us/database/feis/plants/tree/pautom/all.html

CORRECTIONS

In an article last week titled "The Red Zone: The time when campus sexual assault is at its peak," The Review inaccurately described Honors Program Munson Fellows. Munson Fellows are "peer mentors," not to be confused with formal academic advisors.

The Review staff is dedicated to accuracy and fair representation of all sources. If you notice a factual inaccuracy in a story, please email a correction to eic@udreview.com.

The Review is accepting submissions of student work to be featured in the Mosaic section of upcoming issues!

Send any photography, illustrations,paintings, drawings, etc. to **eic@udreview.com** with a title, your name and any brief description you'd like featured with the piece.

Be sure to follow The Review on social media to stay up to date on breaking stories.

@udreview

@udreview

@udreview

	4				6			
6			3	2		5	9	
7		2					8	
	6	9		1				
			8		9			
				7		9	6	
	9					1		5
	1	3		5	2			9
			4				2	

Your guide to DIY & the Delaware Arts Initiative

OLIVIA MANN
Managin Mosaic Editor

One of the greatest gems of growing up in New York was seeing America's most loved musicians command a crowd at Terminal 5, Beacon Theatre or Brooklyn Bowl.

But, the best performances aren't always happening at sold-out concert halls — sometimes, the shows that invigorate your passion for music take place in a stranger's small basement, amplified by beat-up equipment from a used music store.

Music for music's sake, do it yourself (DIY) means that a band writes, produces and records their own music — everything from booking to designing merch is the band's responsibility. DIY is more related to how music is produced than how music sounds.

"The concept of DIY is creating and existing independently of for-profit or enterprisal infrastructure," Staci Pinkowitz, a sophomore at the university, says. "The spirit of DIY is understanding that each individual person has the power to do whatever the f--- they want. It's not waiting on somebody else to do things. It's doing them."

Whispers of "house shows" lay bare a microcosm of unfinished basements covered in kaleidoscopic string lights, bands huddled in a semicircle in dim, clammy basements with your sweaty friends and escapes to verdant backyards for some crisp air.

"DIY spaces are spaces where the participants are fueled not by consumption but by creation and solidarity with each other," Eli Gordy-Stith, a recent graduate of the university, says. "There are a lot of spaces where you're not really participating, you're just being acted upon; DIY spaces are where you can act within."

Together, Pinkowitz and Gordy-Stith comprise two-thirds of the Delaware Art Initiative (DAI). Add Diego Romero, the co-owner of Impetus Records — an independent record label based in Wilmington — and you've got a booking collective that's just three months shy of its first birthday.

"Because it's a college town, people come, have their college experience and then leave," Romero says. "It creates this atmosphere that what's happening here doesn't matter or maybe it does, but it's not important in the grand scheme. Being a local, it's really important to me. It's more than just a club. This is a life thing."

In November 2017, Pinkowitz, Gordy-Stith and Romero established DAI in hopes of a more sustainable, accessible and affordable DIY music scene.

"You will have 'leaders' that raise the whole thing up and it grows and grows and then they graduate and it all kind of falls — it just gets discombobulated until the next 'leader' shows up," Gordy-Stith says.

COURTESY OF COLIN KENT

Perhaps an offshoot of the DIY music scene, DAI champions benefit gigs, accessibility in a multifaceted sense and all-ages venues. Saturday's Planned Parenthood of Delaware benefit gig featuring Caesar Rodney, one half of rapper duo IllustTonez, Merger and Moonflower at the George Wilson Center was a case in point.

COURTESY OF COLIN KENT

"As the number one party school, this institution kind of really celebrates Greek life, the drinking culture and a very typical four-year bachelor degree type of student, but alternative options exist," Pinkowitz says. "It's just about making them accessible. With a scene that is, at its core, against the grain of everything bureaucratic, we can just make that happen whenever we want... which is right now, I guess."

Before DAI, it cost Romero $300 to book the George Wilson Center. Now with DAI, it costs Romero $150 to book the George Wilson Center. DAI provides a framework to pool together and leverage small monetary contributions from people in the DIY music scene.

Historically, DIY has brought the voices of people of color, femme folk and queer folk into a spotlight — even if it's just a small spotlight in someone's living room.

"DIY spaces have arisen from queer communities, from communities of color, they're people who haven't necessarily felt accepted or celebrated or appreciated or like they could express themselves within what is considered the normal parameters of society," Pinkowitz says. "It's for the freaky kids. We make it clear we are against any kind of 'phobes'; the end of what you call someone who is homophobic, Islamophobic — all those s----y things that nobody should be or, if they are, they're an a------."

The first benefit gig DAI held was for the Creative Vision Factory (CVF), a peer-run program funded by the State of Delaware's Division of Substance Abuse and Mental Health.

"We try to stick to local organizations," Romero says. "A hundred bucks for the CVF is going to move. It's going to make things move."

DIY and DAI stand in stark contrast to the university which every single day seems to emphasize training and conforming over education and individualism.

"At UD, there's a lot of talk about acceptance and diversity, but no avenues for radical expression," Gordy-Stith says. "UD wants it to seem like this [radical expression] can happen, but only so much that it is not dangerous for them — only so much that it doesn't wreck their image. At the end of the day, UD answers to its f---ing alumni. DIY is about realness. You don't have to answer to anyone. There's no PR. It's not focused on looking shiny and clean."

Despite a resistance to public relations, DAI lets you tune into the DIY music scene via a newsletter. If you would like to be added to the newsletter, email disturbancede@gmail.com.

"The best thing you can do is show people there's a door," Romero says. "It's up to them if they want to go inside. We want freaks. We want people who don't feel welcome. Those are who are going to make the most change. That's what we're interested in."

The do's and don'ts of dieting

BIANCA THIRUCHITTAM-PALAM

Column Editor

With magazines, social media and friends touting the benefits of trying certain diets, diet culture is almost impossible to escape.

While diets such as the keto diet and paleo diet are currently gaining popularity, another idea is slowly beginning to take speed: that diets do not work.

In truth, diets do work; however, they only manage to work for a short period of time. According to Mariam Basma, a registered dietician at the university, the issue with diets is their sustainability.

"There's always something about those diets that works," Basma says. "But how long can you actually sustain it? That's why we see these diets popping up. So yes, they work to a certain extent, but the issue is how realistic they are for people to stick with."

Basma categorizes many of these diets that are "popping up" as "fad diets." She notes that while keto diets and paleo diets — both focused on eliminating daily carbohydrate intake, with the former concentrating on a high fat diet and the latter encouraging a high protein diet — are popular now, a few years ago, she had students wishing to discuss a vegan lifestyle with her.

Additionally, Basma says that these fad diets can have potentially harmful mental effects.

"Dieting isn't the only thing that causes it, but it definitely exacerbates mental issues," Basma says. "If somebody, for example, has anxiety, dieting can become an outlet where they become obsessive over what they're eating. That actually causes a lot of mental stress because that's all you have to think about."

Kimberly Panik, a senior who is studying nutrition and dietetics and also serves as president of the Nutrition and Dietetics Club, believes that such diets can severely injure one's internal processes.

"We need carbs in our body,"

Panik says of the keto diet. "We need them for basic processes that are keeping you healthy. By cutting it out, you're altering the normal metabolic state in your body and forcing it to go into a starvation mode."

Even though diets may not be healthy or sustainable, there are still steps that students can take toward becoming more conscious of their health. Emily Mathios, a senior studying nutrition and dietetics, recommends increasing fruits and vegetables for their vitamin, mineral and fiber content.

She also encourages those looking to eat better to opt for whole grains — Mathios says that it is recommended that 50 percent of an average person's daily grain intake is whole grains — and to consume leaner meat and milk with lower fat content.

"All these foods are doing different things in your body," Mathios says. "My philosophy is, 'everything in moderation.'"

Although dieting has mixed results for many students, Basma believes that becoming more conscious of what one is eating as well as participating in healthy behavior such as exercising can help them achieve their goals.

"For the most part, people have an idea of what healthy foods are, it's just the media that gets them confused," Basma says.

"If we approach food in a [healthy] way and eat it the way it's supposed to be eaten, we're off to a good start."

AVOID FOOD WASTE
Even on the individual level, avoiding food waste can make a difference.
/ PAGE 10

MOSAIC TRIES SOMETHING NEW
Our Column Editor votes for the first time.
/ PAGE 12

PAT KEHOE
Through two games, Kehoe has provided consistent QB play.
/ PAGE 14

Fill your stomach not the landfill: a guide to avoiding food waste

JENNIFER WEST
Senior Reporter

Living off campus can be lonely, especially when preparing meals for one reminds you of your solitude. Despite the benefit of not having to share meals, cooking for one can be difficult, with unavoidable bulk purchasing resulting in plenty of food waste, especially with the short shelf life of produce.

While a large portion of food waste comes from supermarkets and grocery stores, the average consumer in the U.S. wastes around a pound of food per day. Even on the individual level, avoiding food waste can make a difference. Here are a few ways to limit your ecological footprint while adhering to a budget.

Meal prep

If you're someone who makes your own smoothies in the morning, you know the struggle of both keeping track of your produce and having time and energy to wake up and make them. By allotting time earlier in the week to cut and freeze fruits and vegetables for smoothies, or even freeze other prepared meals for the week, you gain a few minutes of sleep each day and avoid the possibility of spoiled fruits and vegetables.

Keep track of YOUR food

With roommates, everyone stores their food in the same place. When the fridge becomes cluttered, it's hard to keep track of what's yours and, therefore, expiration dates. Make sure to keep your fridge organized so nothing disappears in the back. Different colored duct tape is an easy way to mark and spot your own food.

COURTSEY OF CREATIVE COMMONS
Up to 40 percent of the food in the United States is never eaten.

Buy in bulk CAUTIOUSLY

Reduced prices make it tempting to buy produce in bulk, but when considering which foods to buy this way, make sure to think about whether or not you'll be able to consume everything before it all goes bad. If you don't think you'll eat a whole bunch of bananas in time, you can split them apart at the grocery store before purchase or split the price (and bunch of bananas) among friends.

Share with roommates

There's nothing worse than throwing away old food, especially if there's a chance that a roommate or friend would eat it. Before throwing anything away, offer it to a friend. This seems like a simple solution, but it's easy to forget your friends when the semester gets busy. Who knows, maybe they've been eyeing those bananas all week
anyway.

Compost

If you live in a house off campus, it's super simple to purchase or create a compost bin to start your very own compost pile. With the fresh, fertilized soil you create, you can plant a few herbs or feed it to your desk plant.

Buy ugly food

On the corporate level, grocery stores throw out a large portion of food because it doesn't fit a standard look and, therefore, doesn't get purchased. Opt for produce that may be unappealing to most shoppers (lumpier potatoes and odd-shaped apples) to avoid unnecessary waste.

Steps to sustainability only require a bit of thought in weekly food purchases and consumption. By being cautious of how much you're purchasing and actually wasting, minimal changes in grocery habits can lead to major impacts on food waste.

Fitness for students: intimidating or invigorating?

RACHEL MILBERG
Senior Reporter

Students pour out of the Little Bob, clad in workout clothing with water bottles in hand, while across campus, others sit in Perkins purposely as far away from the gym as possible.

For many students, working out is a habit, something to clear their headspace and keep them healthy. But for others, it's daunting, the last place they want to be, which turns them off from being active altogether.

"It can be very intimidating to come into the gym with all this equipment, machines and people who all seem like they know what they're doing,"

Joshua Davis, a group fitness instructor, personal trainer and emergency medicine doctor, says.

He believes that there is never an excuse to skip working out. He teaches ten classes a week, in addition to his full-time job.

"Everybody who seems like they know what they're doing doesn't necessarily know what they're doing," Davis says with a smile. "Little things are important. You don't have to have super fancy equipment, or a personal trainer. Very simple things for wellness and fitness are baby steps forward, especially for people who haven't really experienced fitness before."

After speaking to many students about their fitness opinions, it became increasingly clear that fitness is a personal virtue. Some people might feel comfortable going to a gym and exercising on their own, but others might benefit more from group workouts or classes, such as yoga or Zumba.

"I usually like to stretch better, because being flexible is more important to me," Mia Montgomery, a junior wildlife and conservation major, says. "I feel like it clears my mind. Yoga is a better fit for me than hardcore ab workouts or lifting."

A study published in the Journal of Social Sciences found that people gravitate toward the workout energy of others. For those who are intimidated by the gym, group fitness classes can be the solution.

"I'm not a gym person, but I grew up with dance," Alison Varghese, a senior exercise science major, says. "When I go to the gym, it's for Zumba Club. I always get nervous that I'm not doing the right things — and I want a full body workout when I'm working out — so that's why I like Zumba."

Martha Buell is a professor in Human Development and Family Sciences. She also works as a Zumba instructor for the Wellness Program, instructing faculty and staff in fitness, in addition to being the advisor for the university's Zumba Club. She believes that students need to make working out a habit in order to participate in fitness actively.

"You need about 30 days to really start a habit, but once something is a habit, it's just sort of a given, and there's this shift in your mindset," Buell says. "You're setting yourself up for a healthy trajectory."

To make fitness a more comfortable and attainable goal for all students, it's important to acknowledge that working out should be an individual practice, and regardless of the way one chooses to embrace it, it's incredibly beneficial to both physical and mental health.

"I think college students are focused on the physical aspect of it, and a lot of it is, but really, give that part a rest and just think about how good it is for your mind,"

Buell says. "You're working out for yourself. It's a gift that you give yourself. It's good for your body, it's really good for your mind, and sometimes, that's even more important."

SAMANTHA FORD/THE REVIEW
Does intimidation invigorate or just, well, intimidate?

New washing stations at student center accommodates Muslim population

LEANNA SMITH
Creative Content Editor

Every Friday at 1:30 p.m., Muslim students gather in Bacchus Theater in Perkins Student Center to perform one of their five daily prayers. Prior to the installation of new foot washing stations, students had to struggle and splash using the bathroom sinks in order to perform a pre-prayer cleansing, called Wudu.

"An obligatory and necessary part of the prayer, preceding the actual prayer, is attaining a state of purification," Rudi Matthee, the John and Dorothy Munroe Distinguished Professor of History, says. "You can't pray, or rather, your prayer is invalid if you don't perform it in a state of ritual purity."

This includes washing not only feet, but also hands, arms, face and neck. No soap is used during this process because the goal is a state of ritual purity rather than cleanliness, according to Matthee.

Using the sinks for Wudu could be not only messy, but also uncomfortable for students according to Mahnoor Alvi, a junior international relations major and president of the Muslim Student Association (MSA) on campus.

"The university actually reached out to MSA a while ago because a lot of other universities within the East Coast have a similar washing station, so they wanted our input," Alvi says. "We helped them out with the design and architecture of it to see what would fit the Muslim population best."

LEANNA SMITH/THE REVIEW
The new washing/ablution station in Perkins Student Center allows Muslim students to comfortably prepare for prayer.

The project first went into design last winter, after programming meetings with students and administrators in late fall. Construction was scheduled for the summer, to avoid complications with school in session, according to Shelley Einbinder, associate university architect with the Planning and Project Delivery department.

"What has happened is that as the university has become more diverse, we have been trying to facilitate multicultural use of the campus," Einbinder says. "For this project, the biggest problem was that our space was tight. So we had to reconfigure the toilet rooms a little bit, while making them remain functional."

After the installation of the wash stations, which are simply labeled as "Washing/ Ablution Station" there has been speculation among non-Muslim students about their purpose.

"I've been in the Perkins bathroom and heard people saying 'What is a foot wash station, why would we need to wash our feet?'" Alvi says. "I think it would be important for people to know that it is not just the cleansing of the feet. We actually cleanse our hands, our arms, our face and even a little bit on our hair. It is just a way for us to be pure and clean before we stand in front of God and start our prayer, so that is the purpose of that."

Traveling in style: students opt for mopeds to traverse campus

LIV ROGAL
Senior Reporter

In the past year to travel around campus, students have increasingly used mopeds — a mode of transportation which falls somewhere between a bike and a motorcycle.

The vehicles normally don't go over 50 miles per hour.

Students say using mopeds around campus is convenient and eases commutes to classes and meetings.

Nick Vitolano, a senior, has a Honda Ruckus, which he cites as a fairly typical model for students to have. Vitolano would have trouble finding parking when going to class or practice for his cheerleading team, but there would be plenty of motorcycle spots available.

"I see it being used mostly by people who are frustrated with parking and see how convenient it could be," Vitolano says.

Mopeds can be parked in any motorcycle or regular parking spot on campus, providing more flexible options than other vehicles.

Emily Jardel, a junior, has owned a TaoTao moped for a year, and originally purchased it as an alternative to a car on campus.

"I didn't have a car but still wanted a way to get to classes and meetings," Jardel says.

Even though she now has a car, Jardel still prefers to take her moped short distances due to parking options and inexpensive gas.

LIV ROGAL/THE REVIEW

Mopeds are a more cost-effective alternative to cars while serving similar purposes. Most mopeds only hold one gallon of gas, and both Vitolano and Jardel say they pay about three dollars for gas every two to four weeks.

"My car doesn't get good mileage in town, so using my moped has been a much cheaper option," says Vitolano.

While specific laws vary by state, Delaware law doesn't require that moped owners have insurance or wear a helmet while riding if they are above 16 years old. The rider must have a valid driver's license, but does not need a specific motorcycle certification. Riders must pay a five dollar registration fee every three years.

According to Delaware state law, mopeds cannot be operated on interstates and can only be used on bike paths if the motor is turned off.

While mopeds have been gaining popularity, students don't see the community of moped owners growing much larger than it is right now.

"It's still a little expensive and requires some level of skill to ride," Vitolano says.

Jardel adds that while she's seen a lot more the first couple weeks of the semester, she doesn't expect it to take off.

"We also are on a very walkable campus so I don't think they will become crazy popular," Jardel says.

The difficulty of being a religious student on campus

GRACE MCKENNA
Managing Mosaic Editor

KIRK SMITH/THE REVIEW

For many students, the transition to living on a college campus can be a struggle. Meeting new people, sharing a room, going to classes and balancing everything that needs to be done can be stressful for any student, but there are those who balance just one more thing on top of that — being part of a religion.

All over campus, there are over 20 religious groups and organizations. They even have their own tab on Student Central and many different houses across the campus community, so people can stop by and learn more about the different affiliations.

For some students, being religious at the university is very difficult. Chase Meadows, a senior who identifies as Muslim, talked about some of the ways in which the university has been helpful, and some ways in which it has been very difficult.

"The nearest mosques — buildings of worship, are 15 minutes away, but the school has worked with the Muslim students to allow us to have the ability to pray together on campus," Meadows says.

He adds that in the library, there is a room dedicated to prayer, and the new restrooms in Perkins Student Center have added foot baths so that it is easier for Muslim students to clean before they pray. However, he says the social aspect has been difficult.

"I feel as though some people want to make assumptions about Muslim students because they don't know too much, so they might believe whatever they see or hear," Meadows says.

There are several registered student organizations (RSOs) on campus that exist to help religious students. Some of the more well-known ones include the Muslim Student Association (MSA) and Blue Hens for Christ (BHC).

Jordan Shuff, a junior biomedical engineering student who identifies as Christian, is a member of BHC. She says that before college, her family was somewhat religious, but the campus community has actually been greatly beneficial to her faith.

"I wouldn't say I was raised in a strictly Christian home," Shuff says. "But when I came to college, I was trying to get involved and find my place, and I found a girl who introduced me to BHC."

From there, she says, she evaluated her life, and learned that there were discrepancies between how she ought to be living and how she really was living.

"I started seeking and reading about the science about Christianity," Shuff says. "Everything I've learned has taught me that Christianity is true and since then it's actually been weird going home because I am a stronger Christian than my parents."

Another student in BHC, Cheng Sun, is an international student who was not part of any religion before coming to the university.

"It was like a blessing," Sun says about finding Christianity. "At home, back in China, my family didn't have any religious belief and the environment there is much more different, as many people there are atheists."

All in all, Sun says that he has found his home in BHC, and he's proud to be a part of such an organization. When considering that college is a very different atmosphere than living at home, it's important to note the different outlooks students have concerning the availability of religious RSOs.

"Here in America, so many people have faith," Sun says. "It impacts me, their passion, their love for people, which is really great. I've been taken in and have learned to give out."

Mosaic tries something new: voting

BIANCA THIRUCHITTAMPALAM
Column Editor

After nearly a year and a half of whining and complaining about how my late birthday never allowed me the chance to vote (and obtain that coveted "I Voted" sticker), I found myself, seven hours before polls opened in Delaware, frantically looking up primary candidates in a desperate attempt to get a crash course on Delaware politics.

This wasn't the place that I envisioned myself in weeks before, when I first made plans to vote in the Delaware primary. Like most people, I planned on being an informed voter and doing extensive research on each candidate; also like most people, my busy schedule and chronic laziness prevented me from actually taking the initiative to educate myself. The night before Election Day, the realization that I would soon vote kicked in, and so I abandoned all my readings to scour candidate websites for their views on pertinent issues.

I viewed voting for Kerri Harris for our Senate seat as one of my most important decisions. Throughout my life, I had consistently maintained that when I was finally allowed to vote, women's rights would be one of the deciding factors in my choice of candidate. I was especially impressed with Harris's dedication to abortion rights.

To my surprise, many of my friends from my town — Middletown, Del., — had chosen to not go back and vote. Usually, their reasons had less to do with the thirty-minute drive south or missing classes, but rather with their lack of interest in Delaware politics.

KIRK SMITH/THE REVIEW

"Delaware's so small that it really doesn't matter," one of my friends told me. "I don't even know who's running.

To this, I would say that state representation is important. Many of my Delawarean friends and acquaintances are unhappy with the current political climate. Though the federal government holds power over many important issues, a large portion of the issues that affect us are decided at the state level: environmental protection, education and public works.

Additionally, the people that are elected to these positions represent the state in the face of the federal government, where they can have a say on national and global issues. Even the opinions of a small state like Delaware can influence national legislation.

That Thursday, I somehow convinced my younger sister to drive thirty minutes north to the university campus, and then back south again to our local library, my polling place.

In the library's recreational room, two nondescript polling booths had been set up side by side along with a grey plastic table; overall, the room was much more underwhelming than I expected. I cast my vote — the experience was less life-changing than I imagined — and I almost regretted waiting until the last minute to research candidates, as there were several positions I hadn't bothered looking up (Sheriff being one of them).

"Good luck to you,"

the man outside of the polling booth said, smiling at me, probably because I reeked of naivety and being a first-time voter.

And of course, perhaps most importantly, I got an "I Voted" sticker.

Album Review: "Weather or Not"

DYLAN GERSTLEY
Senior Reporter

It isn't an easy task, keeping an old school, classic sound feeling fresh and fun. But Dilated Peoples's MC Evidence, from Los Angeles, stays true to his boom bap roots while spitting even more raw and effortless bars on his third solo album, "Weather or Not."

"The Factory" opens the album with booming (and satisfying) drums as Evidence comes in, flowing easily over the head-nodding beat: "You're now rocking with the west and the rest happens naturally/I'm my best when I'm back into the factory." The 41-year-old rapper mixes clever slant and internal rhymes throughout the album while still creating powerful metaphors.

"Throw It All Away" emphasizes this point in a disdainful track about spending money recklessly when it seems one has an infinite amount.

Evidence compares people in life to players of a card game. Each player is dealt his or her own hand but each must make the most of what they have: "A player plays what a player's dealt/And carries baggage like conveyor belts and never f---ing saves his wealth."

The album continues into the next track with the same solid production and irresistible lines from Evidence. The rapper's flow may be slightly formulaic, but there's something to be said for a master of his craft who still performs it perfectly. Every single time.

"Weather or Not" is one of my favorite albums of 2018, not just because it's hard to find holes to punch in it, but in part because of the fantastic guest verses that bring balance to the 56 minute long LP.

"Sell Me This Pen," produced by and featuring The Alchemist, as well as vocals from rapper Mach-Hommy, begins with haunting strings and a spine-chilling cackle that sets the listener up for a dark but incredible lyrical journey.

"F---, bigger picture, if I rhyme it's just coincidence/ These are God given words to my brain on top of instruments/ Filtered through a brush so when I paint it's never settling/It's reggae, roots, rock or watch Roots rock adrenaline."

The Alchemist lays down a solid verse and Evidence absolutely destroys the beat:

Mach-Hommy finishes the track with a slightly faster flow that is just as effortless as Evidence's.

Other guests shine throughout the album as well. Krondon adds his unyielding and tough voice to "Bad Publicity," making one of the catchiest hooks on the album: "I've been living in a bubble/Don't make me bust yours/You settle for less, I settle the score."

Jonwayne, that very unlikely MC, turns in another fantastic verse on "To Make a Long Story Longer" as he delivers his origin story, if you will.

"Love is a Funny Thing" is an outstanding track that features Khrysis, Styles P and Rapsody. The production, handled again by The Alchemist, is simply incredible, including a piano loop that I just can't get enough of. A plodding drum beat is laid over the piano to round out one of my favorite instrumentals of the year. Khrysis provides a great hook, but it's Rapsody who really shines, begging people not to use her just to speak to her famous friends: "Tell me what you want: new shoes or free tickets/Don't ask me again, hit Dave if you want Kendrick."

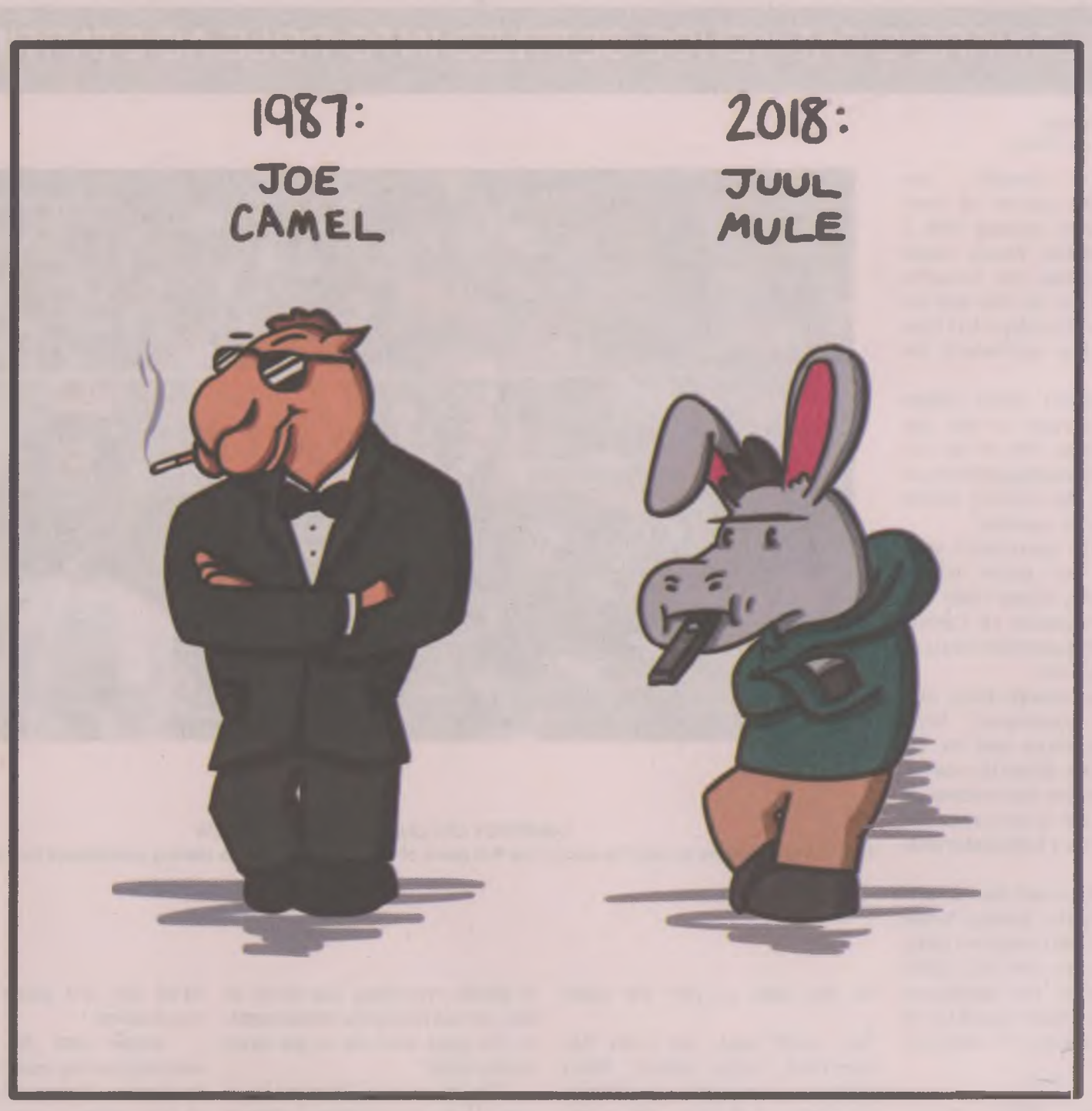
Evidence finds a way to make "Weather or Not" sound fresh and satisfying even in 2018. The Los Angeles rapper has been perfecting his craft for years now and his work on this project is a testament to his time in the studio.

You'd be hard pressed to find a more solidly made album, even if this particularly sound isn't for you. I can enjoy every component of this album: the sung hooks, the phenomenal production and the smooth-but-raw raps. It all comes together to deliver an easy contender for my album of the year.

Chicken Scratch

Join The Review as a weekly cartoonist for our comic strip "Chicken Scratch." **Go to udreview.com/join to apply.**

TAYLOR NGUYEN/THE REVIEW



DELAWARE FOOTBALL BOUNCES BACK WITH BLOWOUT WIN AGAINST LAFAYETTE

TYE RICHMOND
Senior Reporter

The Blue Hens avenged their tough loss last week with a dominant performance over Lafayette College, winning 37-0.

The defense was stout in Saturday's game, posting their first shutout in a non-conference game since 2011 against Delaware State University.

"Defensively it's hard to pitch a shutout," Head Coach Danny Rocco said.

The defense only allowed 118 yards and held Lafayette to -18 rushing yards. Turnovers played a key role in the Blue Hens victory. The Blue Hens forced four turnovers — two fumble recoveries and two interceptions — and scored 14 points off of turnovers.

"We were very opportunistic with our turnovers," Rocco said.

Senior captain linebacker Troy Reeder led the team in tackles with eight and a forced fumble which was recovered by Armen Ware.

Senior safety Nasir Adderley was all over the ball, forcing key plays at pivotal points in the game. Adderley recovered a fumble punted by Lafayette which then turned into a Blue Hens touchdown to give them a 14-0 lead in the first quarter. Adderley later intercepted a pass in the end zone in the 4th quarter.

"On defense we pride ourselves on takeaways ... which gives the offense a boost," Adderley said.

The offense received a boost from sophomore running back Dejoun Lee. He gained 93 yards on 11 carries, including a 35-yard run. Lee averaged eight and a half yards per carry to lead the team.

Lee utilized his explosiveness and speed to get through the hole provided by the offensive line, providing a change of pace compared to starter Kani Kane, who is a more physical runner.

"He is uniquely different than Kani Kane and Khory Spruill," Rocco said.

Kane and Spruill both scored touchdowns from inside the 10-yard line.

Redshirt junior and quarterback Pat Kehoe finished the day 18-of-28 for 279 yards and three touchdowns. He is the first Delaware quarterback with back to back 200 yards games since Trent Hurley did it in 2014 against Colgate and James Madison. Kehoe completed passes to nine different receivers — the most since 2011.

"We have a lot of weapons ... I just let those guys on the edge make plays," Kehoe said.

One of those nine different receivers was freshman tight end Bryce De Maille, whose first career catch went for a touchdown.

The three senior starting pass catchers, Vinny Papale, Charles Scarff and Joe Walker combined for 185 receiving yards. Papale and Scarff each caught touchdowns.

"We finished very strong this week ... and I think we forced them [Lafayette] to be on their heels a little bit both offensively and defensively," Rocco said when comparing the game to last week's loss against Rhode Island.

The Blue Hens played close to a complete game on Saturday. The team will look to start a winning streak when they take on Cornell at 3:30 p.m. on Saturday, Sept. 15 at Delaware Stadium.

COURTESY OF DELAWARE ATHLETICS
Seniors Charles Scarff and Vinny Papale celebrating in between plays at game against Lafayette.

DELAWARE'S PAT KEHOE SETTLES INTO ROLE AS STARTING QUARTERBACK

HANNAH TRADER
Managing Sports Editor

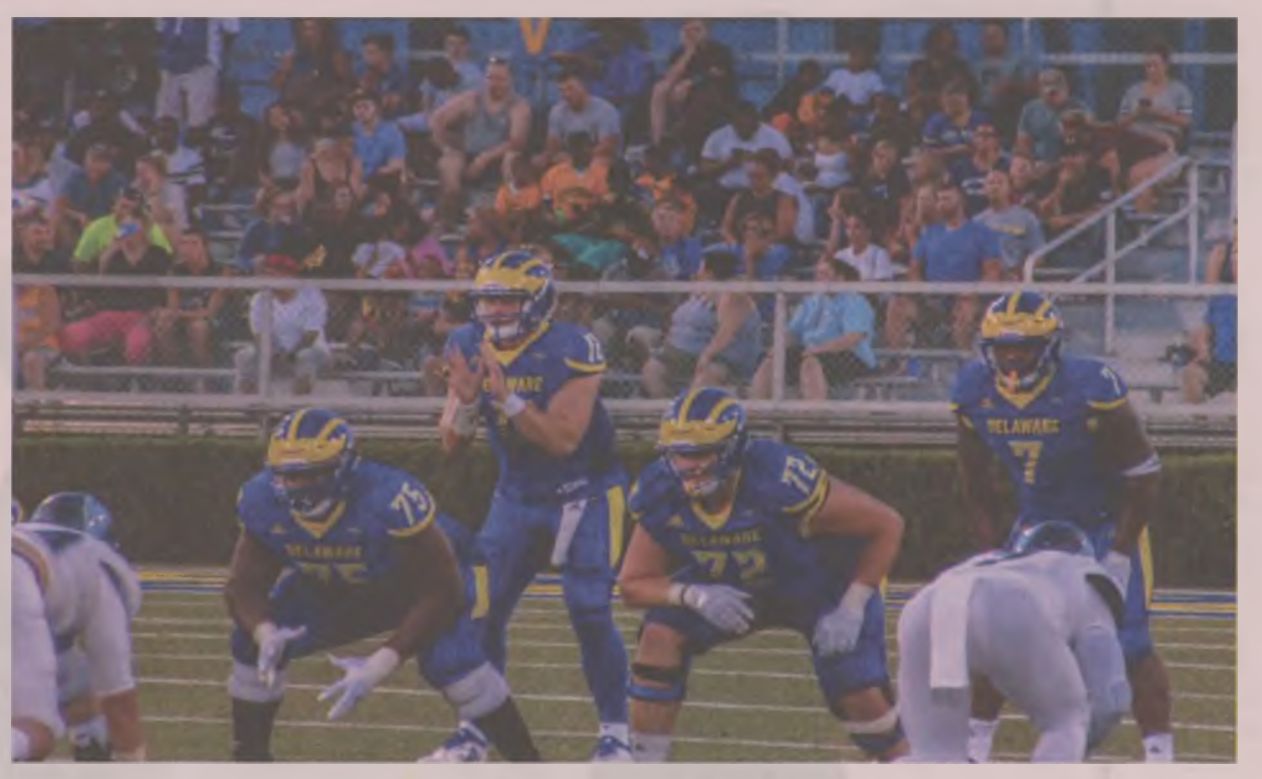
Delaware football has completed two games of their 11-game season, opening with a close loss against Rhode Island and then shutting out Lafayette Saturday. In both the loss and the win, a constant key player has been first-year starting quarterback, Pat Kehoe.

As a redshirt junior, Kehoe made an appearance in only one game last season. Now he has not only earned the starting quarterback role, but was also recently named one of the team's captains.

To take the quarterback spot, Kehoe beat out senior Boston College transfer, Darius Wade and second-year teammate J.P. Caruso, who started as quarterback in six of last season's games.

"The most specific thing with Pat was his consistency," Head Coach Danny Rocco said on the decision to make Kehoe the starter. "For me it was no one moment or no one day, but it was more the body of work so I feel comfortable with it."

Despite the team's loss in their first game of the season, Kehoe proved steady and composed, going 12-for-22 passing for 202 yards. He also recorded two touchdown passes, one to Charles Scarff for 28 yards and the other an 11 yard fade to Joe Walker.



COURTESY OF LOUIS MASON/THE REVIEW
No. 12 Pat Kehoe set to take the snap in his first game of the season as well as starting quarterback for the Blue Hens.

"The person didn't change, he was kind of just the same Pat," Scarff said. "He really has everything under control. When things are going good, when things are going bad, he's the same person. He can just sit and kind of handle everything you throw at him. He was poised the whole night. As the game went on he got more comfortable."

The quarterback had an even more impressive showing against Lafayette, where he finished 18-of-28 for 279 yards with three touchdowns.

Kehoe said the process to earning starting quarterback began in January during winter session in the weight room along with throwing with the receivers a few times a week to start gaining those relationships.

The quarterback position has been a question mark among Delaware football for the past few seasons. Now at wide receiver, Joe Walker started the first five games at quarterback last year and the majority of the previous two seasons. Caruso took the lead for the last six games last season, and Wade took the most touches behind center at the 2018 spring game.

Through it all, Kehoe was always in the mix, but may have come as a surprise when named the starter. With his consistent play these first two games, any surprise may start to dwindle.

"Darius had some really good days, but he had some down days and I'd say with J.P. maybe the same thing," Rocco said. "Pat was just kind of really steady throughout the entire summer and camp and I think over the summer he really gained a lot of respect from his teammates."

Delaware's third consecutive home game of the season will take place this Saturday and Kehoe will be set and ready to take the snap once again.

"I definitely feel like there's more weight on my shoulders, that just comes with the position," Kehoe said. "But it's what I've wanted to do so I'm just really happy to be here."

TEAR RIPS WOMEN'S BASKETBALL STAR NICOLE ENABOSI AWAY FROM SENIOR SEASON

COURTESY OF DELAWARE ATHLETICS
No. 33 Nicole Enabósi going up for a shot against Northeastern.

DAN ROSENFIELD
Senior Reporter

Delaware Women's Basketball will enter the 2018 season down a key player after losing senior forward Nicole Enabosi to an ACL tear.

Enabosi led the Blue Hens and the CAA with 18 points and 11.8 rebounds per game last year.

While in Nigeria for the Nigerian National team tryouts in Atlanta, Enabosi suffered the season ending injury. She still accompanied her team on their Spain tour, but she did not play.

Head Coach Natasha Adair told The News Journal that Enabosi had strong play at the tryouts prior to the injury and will compete to make the Nigerian National Team in 2020 for the Summer Olympics in Tokyo.

Enabosi has accumulated numerous accolades in her time at Delaware, including two All-CAA First Team Selections and two All-Defensive Team selections.

After this past season, she was named the CAA Player of the Year. She was also the university's Outstanding Female Athlete of the Year.

Her impact in Delaware basketball's history cannot go unnoticed. She is in the top 20 in 12 career categories including points, rebounds and double doubles.

Delaware returns starting junior forward Rebecca Lawrence and redshirt senior forward Makeda Nicholas, who missed most of last season with an injury. The Blue Hens will add two freshman forwards, Jasmine Dickey and Lolo Davenport. Sophomores Lizzie O'Leary and Erin Antosh will also vie for playing time at the position, in Enabosi's wake.

Enabosi will be able to redshirt this season and is eligible for one more year in the 2019-2020 season.

DELAWARE NATIVE FRANK BURTON RETURNS HOME TO CONTINUE FOOTBALL CAREER

HANNAH TRADER
Managing Sports Editor

The Blue Hens welcomed a familiar face to the state of Delaware when William Penn graduate Frank Burton III joined the team last spring.

After spending two seasons at Ball State University in Indiana, the 270-pound Bear, Del. native returned to his Delaware roots to be close to his relatives.

"It's awesome playing for my home state, it gives me an extra chip on my shoulder," Burton said. "The state of Delaware is one of the reasons why I go hard and love the game of football."

Burton had a standout high school career as a two-year team captain and two-time First Team All-State player at both defensive end and tight end for the Colonials. He earned Lineman of the Year as a junior in 2014 and led his team to the Division I State Championship played at his future home field, Delaware Stadium.

He followed it up by winning Defensive Player of the Year his senior season.

Burton is not the first in his family to excel in athletics. His father, Frank Burton II, is a member of the Delaware State University Athletics Hall of Fame, where he played both football and baseball.

At Ball State, Burton mainly played on special teams, recording just one tackle his redshirt freshman season against Buffalo University.

With one sister and two brothers, family is a major factor in Burton's life, and the defensive lineman felt as though it would be in his best interest to return home where he could be close to his relatives.

"Ball State was a great experience," Burton said. "I was able to broaden my horizons, going about nine hours away from home. I met great people and learned different cultures and experiences while I was there. I'll forever cherish those moments."

COURTESTY OF DELAWARE ATHLETICS
No. 95 Frank Burton kicks off his first season apart of Delaware Football.

According to Head Coach Danny Rocco, Burton had always been on Delaware's radar, even prior to Rocco's time at Delaware. When Rocco learned that Burton was available, the Blue Hens jumped on the opportunity.

With the Blue Hens losing four defensive lineman to graduation, Rocco knew the line was a position of need.

Since Burton redshirted his freshman year at Ball State, the redshirt sophomore now has three more years of eligibility, including this season, to contribute to the defensive line.

Despite the team's loss, Burton made a strong Delaware debut against Rhode Island in the Blue Hens' first game of the season, registering two sacks. While he didn't rack up the same stat line this past weekend against Lafayette, he still has a long season ahead to make an impact on the defense. So far he has played the majority of the snaps in a rotation at defensive end with the likes of Sal Mauro, Armen Ware and Brandan Hall.

Burton said his transition to a Blue Hen was smooth because, being from Delaware, he already knew many players on the team, allowing him to have a "sense of familiarity."

"He's made a lot of strides from the spring," Rocco said. "He's a different player now than he was in the spring, and I contribute that to a number of things, but he's a really hard worker. He has a new coach and a new system, and he's actually going to do really well in this system. In the spring, it took him a little while to adjust, but he has really picked it up."

SPORTS COMMENTARY: NIKE AD

MEAGAN MCKINLEY
Senior Reporter

"Just do it."

Just do what?

Break your bones trying to get it right? Wrestle without legs? Be a homecoming queen and a football linebacker? Beat a brain tumor, lose 120 pounds and become an Iron Man? Play soccer for the national team at 16 years old after being born a refuge?

Stand up, open a school and speak after being told to shut up and dribble? Be a girl from Compton ... and the greatest athlete ever?

"Yeah, that's more like it."

It's not about taking a knee during the anthem. It's not about whether or not you think kneeling is disrespectful. It's not about drawing attention to the oppression of people of color and minorities in the country. It's not about the fact that peaceful protest is every citizen's right.

t's not about Colin Kaepernick.

It's about a boy running down a dirt road. A young woman wearing a hijab and shadowboxing. A girl dribbling two basketballs in a wheelchair. A team who went public in a fight for equal pay. A Hawaiian big wave surfer. A short-haired female skateboarder. A pro football player with one hand.

It's about athletes being bigger than sports. They're role models and pillars of communities, helping hands and guiding lights. They're inspirations and reminders that no matter what obstacles or challenges stand before you, you can overcome them.

"So don't ask if your dreams are crazy. Ask if they're crazy enough."

It's not supposed to be about conservatives or liberals or politics in general. Unfortunately for the youth of today, politics can't seem to stay out of anything, even sports apparel. So it shouldn't be much of a surprise that while stocks dipped initially as people filmed themselves burning new Nike products (even while wearing them, which just, what?), shares have since recovered.

Because this ad is real. It delves into the population of the entire country and unearths a story in each face we see. And for most people, at least one of those stories will resonate. It will remind people that their dream is crazy until they do it, so, "Just do it."

COURTSEY OF WIKIMEDIA COMMONS
No. 7 Colin Kapernick preparing to pass in game against the Baltimore Ravens.

BLUE HEN SPOTLIGHT

Lindsay Macarrione