

SENATE DEBATE

Delaware's U.S. Senate candidates took to the debate stage last week to make their case before Thursday's primary.

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FRESH TO YOU

This ain't your corporate broccoli.

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LETTER FROM THE PRESIDENT

President Dennis Assanis welcomes the university community and shares his hopes for the year.

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Ocasio-Cortez and Harris talk tuition, wages, partisan divide at town hall

KATHERINE NAILS
Managing News Editor

Democratic U.S. Senate primary candidate Kerri Evelyn Harris saves her quarters in a jar.

Until recently, she rarely thought about the jar. Then, the realities of campaign funding hit her, and she needed gas money to drive to reach her constituents.

Harris told this and other stories at a town hall held in the Trabant multipurpose room on Aug. 31.

The Air Force veteran and mother of two was joined by Alexandria Ocasio-Cortez, the unexpected New York 14th district Democratic primary winner who Harris hopes to emulate.

The event was organized by registered student organization Young Progressives Demanding Action (YPDA) and moderated by Newark City Council member Jennifer Wallace. Attendees provided the campaign with their name and contact information at the door before they were given the wristbands that allowed them to enter. A spokesperson for the campaign said via email that this was done in an effort to ticket and identify Harris's supporters.

After introductions from Wallace, Ocasio-Cortez began by introducing both her progressive platform and Harris, whose campaign, Ocasio-Cortez later said, mirrors her own.

Once Ocasio-Cortez concluded, Harris rose.

"This is what democracy looks like," she said, studying the audience of approximately 400. "There's every race, sexual

orientation and gender in this room."

Harris later asked the attendees to stand and shake hands with the people around them.

"When [politicians] tell you to fear people because of what they look like or what religion they practice, tell them you shook their hand in here today ... and you felt love," Harris said.

After Harris's speech, moderator Wallace presented pre-approved questions to the candidates, who discussed Medicare for all, free college tuition and raising the minimum wage, among other topics.

Ocasio-Cortez explained her theory that such programs will assist those who are struggling without hurting the already wealthy, thus benefiting the majority of the economic spectrum.

"These are investments that create more wealth for the working people in the United States of America" she said.

Both Ocasio-Cortez and Harris encouraged those interested in politics to get involved and that "myths" of necessary age and experience should be ignored. Harris said that while politics are not easy, those interested in being involved should "laugh" and "step over" any obstacles they face.

During their talk, Harris and Ocasio-Cortez said they don't want to label policy as "left" or "right." Rather, they want to make it the people's policy. To bring people together, Harris said, she wants to stop the disparagement of different ideas, and focus on working with others to get results.

"In the state of Delaware, when



COURTESY OF SAM FORD/ THE REVIEW
Democratic primary candidate Kerri Harris, who was joined by Alexandria Ocasio-Cortez, stood to address the crowd at a town hall on Aug. 31.

we ran this race, we decided not to be 'anti' anything but to be focused on solutions, and that's what brought people together," she said. "The state of Delaware, we want to be neighbors again ... anti-rhetoric doesn't work for us."

In recent weeks, however, the Harris campaign has taken to direct criticism of Carper—Harris's website directly compares her stances on numerous issues to Carper's, and in a debate held

last week, she stated that Carper's experience has failed to help his working-class constituents.

Nonetheless, Carper was not featured in the town hall, which focused on Harris' platform and progressive values.

Bailey Weatherbee, president of YPDA, the student organization that hosted the event, explained what she believes to be the backbone of the progressive ideas presented.

"To be a progressive is to hold the belief that every person deserves policy written with human dignity in mind, where we treat people like people, we don't put corporations first and that we allow human beings to be human beings and to be treated as such," she said.

Red Zone: The time when campus sexual assault is at its peak

LIV ROGAL
Senior Reporter

Every fall, incoming students wonder what their next few years here will look like. In their introductory floor meeting, first-year students receive practical and useful information about college and are shown a video about consent, a reminder of the unspoken side of the college experience: campus sexual assault.

On their first night on campus, hours after viewing the video, students received an alert, notifying them that a sexual assault had occurred on South Chapel Street, blocks away from their dorms. And thus, the university dives headfirst into the "Red Zone."

The Red Zone is a three-month period between move-in day and Thanksgiving break when sexual assaults occur on campus at disproportionately high rates, particularly for female first-year students. According to the Department of Justice, the largest portion of college sexual assaults occur in September and October.

According to Joanne Sampson, program coordinator for violence prevention in the office of Student

Wellness and Health Promotion, the transition to a novel college environment is a primary

contributor to the Red Zone.

"We know in the first several weeks students are more vulnerable

to sexual misconduct because they are in a new environment," Sampson said. "They might be homesick or just unsure of their new environment, which can lead to them being targeted."

Ellen Schenk, a junior Munson Fellow, or academic advisor for first-year students in the Honors Program, said she has seen this trend in her role as a Fellow.

"This may be the first time that students are away from their families or the first time they go to a party and they may not be aware of the potential dangers," Schenk said. "But it's important to educate those asking for consent and emphasizing it is a clear yes."

It is vital, then, that students receive education in these critically dangerous months. Students come in with varying knowledge of consent and sexual misconduct, but go through several different trainings in their first few months.

Sexual assault education occurs during New Student Orientation, Haven online training, Reader's Theater at 1743 Welcome Days, the Our UD program at floor meetings and wellness sessions during First-Year-Seminar. This programming exposes students to several

CREATIVE COMMONS

Every fall, incoming first-year students receive practical information concerning college, and are reminded of the unspoken side of the college experience: sexual assault

Delaware football falls to Rhode Island in home opener

MEAGAN MCKINLEY
Senior Reporter

"Disappointed." It was the word used most often Thursday night after the Blue Hens' loss to conference bottom-feeder Rhode Island.

Maybe students were excited at the opening of the official tailgating section, The Barn. Perhaps fans raised expectations after Delaware found themselves on the FCS Coaches' Poll for the first time since 2012. And maybe watching a veteran team with 15 seniors expected to start come together — and look solid — in camp gave people more hope.

But Delaware was unable to hold onto the hype, falling 21-19 to the Rams.

Rhode Island entered the game ranked 12th in the CAA preseason poll and had not won a season opener since 2009.

"We just gave away way too many opportunities," Head Coach Danny Rocco said. "Defensively we did not make enough big plays ... we were not as dynamic as we had been."

Trailing 21-19 with 3:58

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PENCIL IT IN

TUESDAY, SEPTEMBER 4	WEDNESDAY, SEPTEMBER 5	THURSDAY, SEPTEMBER 6	FRIDAY, SEPTEMBER 7	SATURDAY, SEPTEMBER 8	SUNDAY, SEPTEMBER 9	MONDAY, SEPTEMBER 10
Study Abroad & Global Studies Fair, 2 p.m., Trabant Multipurpose Room	Delaware men's soccer vs. Princeton, 7:30 p.m., Stuart and Suzanne Grant Stadium	Farmers' market, 11 a.m., Mentor's Circle The Art of Scientific Publishing lecture: Harold Drake, University of Bayreuth, 12:30 p.m., Trabant Rms 209, 211 Meet the Firms career fair, 5 p.m., Trabant Multipurpose Room Ferris Bueller's Day Off, 8 p.m., Trabant Theater	Delaware volleyball Blue Hen Invitational vs. Grand Canyon, Columbia, Marist, 10 a.m., Bob Carpenter Center When Should We Trust Artificial Intelligence? 2018-2019 Lerner Distinguished Speaker Series lecture: Dr. Vasant Dhar, NYU, 10:30 a.m., 1 South Main St., Rm 120 UD Fresh to You Organic Garden Market, 11 a.m., Farm Lane Perkins Live, 10 p.m.,	Fit Fest, 10 a.m., Carpenter Sports Building Delaware volleyball Blue Hen Invitational vs. Marist, Grand Canyon, Columbia, 10 a.m., Bob Carpenter Center Delaware football vs. Lafayette, 3:30 p.m., Delaware Stadium	AHA Heart Walk, 8 a.m., Riverfront Wilmington Lot E	ECE Fall Seminar Series lecture: Xiugang Wu, 11:15 a.m., Evans Hall Rm 204 tGlobal Studies lectures series, 12:30 p.m., Allison Hall Rm 228

#TBT

Living in Dumpster is a lifetime experience for one student

BY JONATHAN RIFKIN
Managing News Editor

Senior Kelly Donahue learned three things this summer

Opportunities present themselves when you act like yourself

N'Sync tickets with back stage passes are only worth so much hassle.

Raw clams attract maggots.

Donahue said she learned these lessons while participating in a Q102 radio contest that required her to live in a Dumpster with four other people for 12 days. The contest, called "N'Stink for N'Sync," rewarded the last remaining individual with tickets and back stage passes to an N'Sync concert.

"I lasted for five days," she said. "I like N'Sync and thought it would be cool to meet them, but I'm just not crazy about them like some of the other people in the contest."

Although the contest was inspired by the popularity of the boy band, Donahue said, the game's content and ratings revolved around the more negative traits of human nature.

"The DJs wanted us to fight with each other," she said. "We were

encouraged to speak our mind. If we didn't like someone, we should say it on the air."

Those things that were not aired on the radio could be seen on the 24-hour Web cam, which Donahue said captured some of the more physical trials endured by contestants.

Originally from Upper Darby, Pa., Donahue claimed her spot in the Dumpster after applying for the contest and submitting a spoofed version of the N'Sync song "I Want You Back." Her submission, titled "I'd Lay in Trash," was said to be so good by the DJs of Q102 that an already-selected contestant was dismissed to allow Donahue's participation.

"I wrote the song and recorded it on a karaoke machine with my friend Stacey from home," she said. "Apparently they really liked it, because they were playing it on the radio a whole bunch during the contest."

Donahue said simply having the song played on the radio was a victory, and actually being selected for the contest was an added bonus that cured a summer filled with

boredom and a wish to do something spontaneous.

A smaller part of Donahue's initial motivation came from the possibility that her dream of being involved in show business could become a reality.

"Before I decided to get involved in the contest, I talked to my dad about it," she said. "We both agreed that if there was someone out there listening who liked my voice on the CD or thought I was creative, then I could get a good break. So I did it."

The contest was located in the parking lot of the Deptford Mall, in New Jersey, Donahue said. She was impressed with the cleanliness of the Dumpster but horrified at the prospect of spending 12 days with two of her three companions.

"The Dumpster itself was clean when we arrived," she said. "We were each allowed to bring four articles. I brought a lounge cushion, a book [She's Come Undone by Wally Lamb], a pillow and a comforter."

The rules of the contest said that

see LIVING page A8

THE REVIEW/Caitlin Thom
Senior Kelly Donahue tried to win N'Sync tickets by living in a Dumpster for five days during a Q102 radio promotion this summer.

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Experience, credibility and change central topics at U.S. Senate debate

MITCHELL PATTERSON
City Editor

The Democratic primary elections nationwide have been marked by incumbent moderates challenged by a wide array of younger, more progressive candidates with fewer years of political experience under their belts. Meanwhile, Republicans are undergoing an identity shift of their own as the party moves farther to the right.

On Monday night, these new rifts within the parties were on full display before a full house at a primary debate at the Cab Calloway School of the Arts in Wilmington. Registered party members will have the opportunity to determine the future of the first state's political identity at the voting booth on Sept. 6.

In the main event, incumbent Democratic Sen. Tom Carper sought to defend his seat against his primary opponent, Kerri Evelyn Harris. Harris, a political newcomer from Dover operating a grassroots campaign, took aim at Carper's political record, while Carper repeatedly pointed to key legislation passed throughout his career.

Republican primary candidate Gene Truono also appeared, but spoke alone to open the event. His primary opponent, Rob Arlett, a County Councilman of Sussex County, declined to participate due to scheduling conflicts.

The event, hosted by The News Journal, asked candidates to address questions submitted by readers and panelists.

Carper, 71, a Delaware senator for 18 years, has never lost an election. He has previously served as Delaware's governor and the state's U.S. representative, and recently gained the direct support of Joe Biden in the race. Harris, 38, has gained unexpected momentum throughout the summer, garnering a dedicated progressive-left following. She has received an endorsement

from Alexandria Ocasio-Cortez, a progressive candidate from New York who defeated top ranking House Democrat Joseph Crowley in a June primary.

Carper and Harris agreed on many issues in principle yet differed on their perspectives on the solutions to those issues. Climate change, corruption, immigration and healthcare were key points of discussion.

"Harris and I agree about the right thing to do," Carper said at the debate. "But the question is, how do you get the 'right thing' done?"

Carper's political record, drawing from a career that spans four decades, and his work ethic were central to many of his arguments in the debate against Harris. Harris, who has never held elected office, repeatedly questioned his credibility as a liberal and referenced instances in Carper's political history which she said disqualify him from being reelected.

Harris, relying on a platform that stresses being in touch with Delaware constituents, cited her experiences as a military veteran and a Delaware community organizer.

"Living in Delaware, I know that oftentimes people will pat themselves on the back, thinking that they're helping people, and actually they're not," Harris said. "Senator Carper, when he was governor, believed people should work in order to receive welfare. As a result, more people are in poverty than ever in the State of Delaware. You say he's experienced because he's been in office; that's wrong because his experience has actually hurt us."

When asked if they would advocate a constitutional amendment specifically establishing equal rights for women, Harris answered "Yes," and Carper answered "I have."

The candidates were also questioned about their stances on healthcare, a critical topic in the 2018 midterms. Carper claimed he played a key role in the passage of the market-based Affordable

Care Act (ACA) and believes it is a starting point from which better healthcare coverage can be extended to all citizens. Harris stated that healthcare coverage should be legally recognized as a human right and publicly funded.

The debate then turned from health care to immigration, which has grown increasingly controversial and politically pivotal since the 2016 presidential election. If elected, Harris would advocate the abolition of the U.S. Immigration and Customs Enforcement (ICE) because she believes that all efforts to reform the agency have failed. Carper blames the destructiveness of U.S. foreign policy for causing the refugee crisis. He claimed that the nation's immigration problems would be resolved with the election of a majority of Democrats to the Senate.

Regarding the environment, Harris criticized Carper for voting for the controversial Keystone XL oil pipeline in North Dakota and approving the nomination of former Governor Rick Perry to U.S. Secretary of Energy. She regarded these decisions as dangerous to the environment.

To ward off the effects of climate change, Harris called for the creation of a "Green New Deal" designed to create jobs in more environmentally friendly industries.

As an alternative to Harris' ideas, Carper, the ranking member of the U.S. Senate Committee on Environment and Public Works, outlined his plan to regulate automobile and factory emissions to stymie air pollution and use tax incentives to promote renewable energy usage.

Regarding campaign finance reform, Carper said that more laws ought to be passed so that citizens "know where money in politics is coming from and where it's going."

Harris' grassroots campaign has promised never to accept donations from corporations, declaring corrupt corporations to be "enemies of

our democracy."

Raising the minimum wage to \$15 per hour is also a major tenet of Harris' campaign. According to Harris, the current minimum wage is too low to meet people's basic needs, and she cited the difficulties of making simple purchases like diapers for her son. She does not expect that increasing the minimum wage will overburden business owners.

"People are hurting," Harris said. "If you're putting in so many hours at work and still not making ends meet, that's a big problem. We have a government that works in tax cuts for the wealthy but not for the working class. When I speak to small business owners, they're onboard because they know their workers' money goes right back into the economy."

In the closing rapid-fire round, during which the candidates were only allowed to answer yes or no, Carper said he too supported a \$15 minimum wage.

Before Carper and Harris took to the debate floor, Truono articulated his platform on many issues and took aim at his absent opponent.

Truono claimed that Arlett's refusal to appear in the debate was evidence of his insufficient commitment to the constituents. Truono also criticized Arlett for alleged tax evasion.

"My opponent chose not to be here tonight," Truono said. "My opponent chose not to pay his taxes. How can we send someone to Washington [D.C.] who has not paid their federal and state taxes to make policy decisions on taxes?"

Truono, a financial services worker and former PayPal executive, opposes expanding Medicare to all citizens because of the potential cost to taxpayers. In addition, he believes an expanded Medicare program would potentially disrupt the majority of healthcare recipients who receive coverage through a private employer by making

healthcare the responsibility of the federal government.

Truono advocated instead for refining the existing insurance market for the benefit of the 15 percent of people without any healthcare coverage.

"Medicare for all is estimated to cost \$32 trillion over the next ten years," Truono claimed. "That is not sustainable."

Truono, a self-proclaimed constitutionalist, said he would not approve strict gun control laws if elected to the Senate and that gun violence can be reduced without violating the Second Amendment to the U.S. Constitution. This can be accomplished, according to Truono, by reforming mental health care to better treat potential mass-shooters and improving the ability of the police to quickly respond to emergencies and decentralizing gun control.

When questions regarding President Donald J. Trump were asked, Truono offered approval of the President's nomination of Justice Brett Kavanaugh to the U.S. Supreme Court and the tax cuts passed by Congress in December 2017.

However, Truono did speak out against Trump's other major policies, particularly those regarding immigration.

"I think some of [Trump's] decisions on policy, his major decisions on policy I don't agree with," Truono said. "Things like the issue that happened at the border, the policy which created the separation of children [from their families] which were only ended because there was an outcry."

Truono advocated an immigration policy which would prioritize the entry of foreigners into the country based on their need for work.

Registered party members will be able to vote in their party's primary elections on Sept. 6. General elections will take place on Nov. 6.

First State is the first to ban lead paint outdoors

MITCHELL PATTERSON
City Editor

In the summer of 2016, Wilmington resident Sarah Bucic, a registered nurse, realized the potential danger of living 83 feet from a water tower when she discovered that, not only was the tower originally coated with a poisonous lead-based paint, but also that the use of lead paint outdoors was not regulated in Delaware.

On Aug. 29, after two years of public outreach, Bucic stood behind Governor John Carney as he passed a bill into law which made Delaware the first in the nation to ban the application of lead-based paints on outdoor structures in order to protect public health.

Lead-based paints were federally banned for indoor use in 1978. Although lead is a known neurotoxin, the outdoor use of lead paint was not regulated in Delaware, making it nearly impossible to track its usage. Bridges, roofs, water towers and other

outdoor structures may have been painted with lead-based products, which risk deteriorating and flaking away.

The bill, titled HB-456, was supported by a broad coalition of public officials and interest groups. It received bipartisan support upon being introduced into the Delaware General Assembly on Aug. 12, where it was unanimously passed by both the State House of Representatives and the Senate.

Many present at the signing ceremony, including the governor, attributed the passage of HB-456 to the campaign spearheaded by Bucic and Amy W. Roe, a Newark resident. However, the pair do not intend to end their regulatory efforts following this success in Delaware. They look forward to pressing for a similar ban at the federal level.

"We want them to be aware of what has happened here, because a federal ban on lead paint would protect all states," Roe said. "But

first, we need other states to do this themselves because the federal government takes a while to get things done."

Bucic and Roe's campaign gained traction at the state level when they received the support of Andrew C. Slater, Delaware's Public Advocate, in the spring. The role of the Public Advocate is to appear before courts, administrative and regulatory agencies on behalf of consumer interest regarding rates and practices of public utilities.

"It seemed like a no-brainer," Slater said. "My first thought was 'Really, we don't already ban this stuff outside?' The bill sailed through the legislature in about a week or two, which is really impressive."

Carney credited the speedy passage of the bill to lawmakers' willingness to work together to protect the public good.

"I knew a child a while back, before I was elected, when I worked in New Castle County," Carney said



COURTESY OF MITCHELL PATTERSON/THE REVIEW
In a national first, Gov. John Carney signed a bill into law on Aug. 29 which banned the use of lead paint outdoors.

after signing HB-456. "They had lead poisoning, and that can be so severe and cause developmental issues for a child. The broad support, the bipartisan support, the community working together, it just shows that

the people of Delaware really care about their environment and each other. When we work together, Democrats and Republicans, we can protect the people whom we were elected to serve."

Twilight Induction Ceremony at sunset celebrates new Hens

Kevin Travers
Senior Reporter

The hot summer humidity broke and gave way to a sunset, as groups of first-year students led by resident assistants sprung up in circles across the university's main drag.

The freshman crowd made its way past blue and gold archways to the South Green for the annual Twilight Induction Ceremony on Monday, which marked the beginning of the Class of 2022's journey as Blue Hens. A swamp-like late August dampness humidified the gathering crowd of newly feathered hens into nervous excitement.

On the south steps of Memorial Hall, a stage and large video monitors greeted the 3,000-person crowd, who packed in cross-legged on the green. University President Dennis Assanis, Provost Robin Morgan, Courtney Ringgold, a senior psychology major and Kevin Peterson, the Student Government Association (SGA) President, addressed the freshmen class before a ceremonial candle lighting.

Interim Vice President of Student Life Jose-Luis Riera took the spotlight and led the students in lighting the candles, the hallmark moment of the event. The lighting of the candles began with Riera's candlestick, which he explained was a gift to the

university from this summer's Young African Leaders Initiative (YALI). The YALI encourages young leadership in the African community and is welcomed annually at the university.

"As they [the candles] light

ed into cheers.

"Welcome to the University of Delaware, this is the best university in the world," President Dennis Assanis said.

The crowd cheered as Assa-



MINJI KONG/THE REVIEW

The incoming class raising their candles at the end of the 2018 Twilight Induction Ceremony.

I encourage you to think about how you will live the central values of the community you're entering," Riera said. "Think about what being a Blue Hen means to you."

The flame passed from the faculty to the students, until the entire green was lit and the new class erupt-

nis went on to highlight opportunities at the university. Joe Biden and other successful Delaware alumni were named to demonstrate the heights that graduates have reached.

"What's most exciting about being a Blue Hen is that you get to choose your own path," Assanis said.

"You get to define who you get to be at the university. Starting right here, right now you get to write the script of your life story."

When the candles went out, students started to wander back to their dorms. In the crowd was Annie Hoffman, an incoming freshmen medical diagnostic major in the pre-physician assistant program. Hoffman has known she wanted to be a Blue Hen since her junior year in high school. The induction ceremony was the final step in reaching that goal.

"I always knew I loved this school and it is where I belonged," she said. "I just really want to pursue my career using the tools this school provides for me."

Freshman weren't the only students in attendance. Monis Anwar, an incoming mechanical engineering graduate student from India, also lit a candle.

"University of Delaware's engineering programs fit very well, especially the biomedical division," he said. "I haven't told my parents about the party school thing."

Recently, the university was ranked the number one party school by The Princeton Review. While unsure of the impacts of such a label, Anwar is excited to take part in the universities great academics.

Sean Goodwin, a university Welcome Ambassador and se-

nior English major, described why he helped with the event.

"My first year, the Helping Hens were so kind and expressed a sense of community," he said. "It was something I really wanted to give back."

As a Welcome Ambassador, Goodwin helped new students move in to residence halls and find their way across campus throughout the first weekend. Throughout he offered advice to Delaware's newest residents.

"Don't be afraid to change gears," he said. "Be ready to dive back in and find something new."

Courtney Ringgold, a senior psychology major and former Welcome Ambassador took the podium after Assanis and Morgan to impart what she has learned through her journey at the university upon the incoming class.

Ringgold said she struggled to find her place on campus when she first arrived and worried she was being left behind while others were getting involved. After a rocky first year, she switched her major to psychology, and learned to push through challenges.

"Don't let college change yourself into who you think you need to be," she said. "Let college change you into the better person you want to be."

CONTINUED FROM PAGE 1

The Plastino Scholars: funding dreams

VICTORIA ANASTASI
Senior Reporter

College is an experience that gives you as much as you put into it, it's often said. Recently, students at the university have brought new meaning to this age-old cliché. The university offers a program to exceptionally passionate intellectuals that can spark great things for college students — even change lives.

The David A. Plastino Scholars Program began in 2007 as a gift from university alumnus David Plastino, who has a life philosophy of learning, living and giving back. He wanted to make an impact on undergraduates with a dream — whatever that may be. It could be self-discovery, research or simply exploration.

Up to six Plastino Scholars can be selected for each academic year. Four students were chosen in 2018. The maximum amount awarded to these students is \$6,000.

The program's director, Patricia Sloane-White described the scholars program as "the most positive thing offered to students at UD."

Over 50 students have gone on trips to over 30 countries through the program and nearly a quarter of a million dollars has been awarded.

Sloane-White said it is an experience that does not necessarily have to change others, but it will most certainly change the recipient.

"You can't define a perfect Plastino," Sloane-White said. "There is no one to call and ask 'How do I

make my dream come true?'"

Drew Sanclemente, a senior exercise science major and was one of the most recent Plastino Scholars, traveled to Tanzania this past summer.

"This scholar program gives you the freedom to dream, imagine and create an endless possibility of experiences, but it expects you to utilize the unique opportunity to better not only yourself but also the world," Sanclemente said.

She climbed Mount Kilimanjaro to learn more about the acclimation process of climbing a mountain, and while she was on the ground, she did work with a non-governmental organization that provides free legal council to women who were victims of physical and sexual abuse.

In a blog post she said something from her interview for the Plastino process, "Once you find your voice, it is your responsibility to be the voice of those who haven't yet found theirs." Finding other women who had experienced sexual assault and gender-based violence helped Sanclemente find peace with her past. She hopes her message of hope and empowerment has stuck with the women of Tanzania.

She also extended her work to a school where she learned more of the prevalence of physical violence on children in the classroom.

"I think it's really unfair to the trip as a whole to try to condense the experience into a few sentences or words," she said. "It was truly moving and life changing for me."

Mickey Nguyen, a senior neuroscience major and public health minor was another one of the 2018 scholars. She spent two months this past summer at a Buddhist orphanage in Vietnam conducting an ethnographic study to address the following question: How do caregivers (nuns, in this case) who frequently practice mindfulness take care of especially vulnerable populations?

Nguyen grew up as the only member of her Vietnamese-American family who could speak English. She was the translator for her family in situations like doctor's appointments.

"I learned about how mindfulness changes the brain and being an aspiring doctor, I wanted to better understand the role mindfulness can play in caregiving professions," Nguyen said. "The program afforded me the intellectual and personal development that is simply unmatched by traditional courses. What Mr. Plastino does is allow students to engage with complex issues that are completely personal to them, in any discipline they're interested in."

With many places to see, and endless opportunities, "the world is open," Sloane-White said.

Plastino Awards Information Sessions for the 2018 Plastino Program
Location: 204 Gore Hall
Dates: Oct. 15 and Oct. 31 at 7 p.m.

Red Zone

aspects of sexual misconduct, including understanding consent, healthy relationships, bystander intervention and campus resources.

First-year student Kya McIntyre is going through this programming currently and believes it has been valuable.

"I'm glad they make everyone do the trainings — it makes everyone engaged in the issue and making sure it is not a taboo topic," McIntyre said.

While sexual assault may be particularly prevalent in the Red Zone, it is a pressing issue year-round. According to Sampson, long-term education and constant awareness are effective in reducing stigma and increasing knowledge. According to Sampson, the Sexual Offense Support (SOS) poster campaigns play a large role in this, conveying messages of victim support and education.

Due to stigmas around sexual assault, Schenk believes that it's important to address misconceptions. For example, keeping in mind that both men and women can be victims of sexual assault vitally important to a culture shift.

Educational programs are also moving towards a bystander intervention approach in order to train students to safely intervene in potentially dangerous situations.

"I think it's important for students to know how to watch out for each other," Schenk said.

The two-hour "Bringing in the Bystander" program out of Student Wellness and Health Promotion has been facilitated for over 2,000 people at the university, according to Sampson.

The university has made progress in addressing sexual assault, in large part due to the activist student groups like V-Day, Students Acting for Gender Equity (SAGE), It's On Us, kNOW MORE and SOS.

"This is an ongoing process requiring a comprehensive culture shift, and we're moving in a positive direction," Sampson says.

She wants to see professors normalizing discussions of sexual assault in the classroom by talking about bystander intervention and other resources for students.

There are several resources for students on-campus that have experienced sexual assault, including the SOS 24-hour crisis line (302-831-1001), press 1), Student Wellness and Health Promotion, Center for Counseling and Student Development and the Title IX office.

For children, it's hard to speak out about abuse. For rats, it's impossible.

STOP FUTILE "CHILD ABUSE" EXPERIMENTS ON RATS AT THE UNIVERSITY OF DELAWARE



PETA

Interns sell self-grown organic produce

JACOB BAUMGART
Senior Reporter

Storm clouds hovered over south campus on Friday, as six student-interns stood under white tents, preparing for the looming rain.

But the threat of storms did not hinder the interns' tomatoes, eggplants, peppers and okra from lining milk crates next to a sign listing their prices.

The summer interns sold this self-grown produce Friday at their certified organic food stand, Fresh to You.

The interns managed the entire process from sowing the seeds, to cultivating the plants and harvesting the crops, to eventually selling them at their stand.

"UD Fresh to You is experiential learning at its finest," Michael Popovich, a manager of the Newark farm said. "When [the interns] leave this position, they could go out and do this [as a career] if they had to."

In its fourth year of business,

Fresh to You also donates produce to food insecurity projects.

Popovich said Fresh to You donates at least 100 pounds

of produce weekly to Newark's Helen F. Graham Cancer Center and Research Institute as part of one such project. The Center then

distributes the food to its cancer patients, 80 percent of whom Popovich said have low incomes.

Popovich also said Fresh to You sells its organic produce to Home Grown Café on Main Street and The House of William and Merry in Hockessin.

"I don't think people should have to pay an arm and a leg for organic produce," Popovich said.

Fresh to You earned its organic certification in January through Quality Certification Services and worked to expand its accreditation in March to cover all its produce.

Madeline Hannah, a 2018 graduate who is finishing her third year as an intern with Fresh to You, said she appreciates the certification, which took a five-year review to earn. She added that the produce's localness is even more important to her.

"To me, the biggest thing is the local aspect [of the produce] because everything is grown right here," Hannah said. "Then, we can get it out to people in Newark

... cutting transportation costs, cutting packaging."

Camryn McGrath, a Fresh to You intern and senior Environmental Science major, said she valued observing the produce's growth.

"Seeing the whole process of growing something from seed to actual food is really cool," McGrath said.

Fresh to You will continue selling its produce every Friday until October 26 from 11:00 a.m. to 5:00 p.m. on South Campus's Farm Lane.



JACOB BAUMGART/THE REVIEW
Through Fresh to You, students sell self-grown produce at a certified organic food stand.

Student political organizations stack up local and statewide elections

JUSTIN RICHARDS
Senior Reporter

With the Delaware primaries just six days away, the campaign season is beginning to heat up.

Throughout the first state with close races for many statewide offices and local districts, student organizations on campus are taking notice.

"Right now we are facing a massive crisis of people not showing up," Kelly Read, the vice president of the College Democrats, said.

Voter turnout is an issue faced by both Republicans and Democrats. In the 2014 midterm election only 36.6 percent of eligible voters throughout the nation voted, according to U.S. News & World Report.

But this has not stopped student organizations from trying to buck the trend.

"Voter turnout and voter registration became a perennial cause," Read said. "Not just UD Democrats, but people across the nation and all voters."

Bailey Weatherbee, president of Young Progressives Demanding Action, said the group is not "affiliated with any political party." College Democrats would not endorse any candidates before the primaries.

The Review reached out to College Republicans and Young Americans Demanding Liberty for this story, but did not receive a response.

Democrats may ride an anti-Trump wave back into office as they seek to regain a majority in the house.

History is on their side. Since the Civil War, according to NBC News, the president's party has lost on average 32 seats in



LORRAINE COOK/THE REVIEW
Student groups weigh in on the Delaware primaries.

the House and two in the Senate. Republicans, however, have dominated in terms of turnout in recent midterm elections. In the last two midterm elections, Republicans were more than 20 percent more likely to vote than Democrats, according to an analysis of voter data from the company L2.

Alexa Adams, Media Director for The College Democrats, said the public, no matter which party, should be "figuring out which candidate will be best for the community."

Adams believes the national trends should be separate from local elections in Delaware.

"[Elections are] a toss-

up on how it can go, it is tough in areas where it wasn't 'tough before for both parties," Read added.

Progressive challengers like Kerri Evelyn Harris, who is running for Tom Carper's Senate seat are looking to take advantage of the uncertainty surrounding midterms. According to Weatherbee, Harris in particular is "shaking the old guard."

"People are aware of them [progressive challengers] now more than ever before," Weatherbee said. "I don't know if that is because of the Harris Campaign or Trump."

It's no new phenomenon in the state of Delaware, as Weatherbee pointed out. In 2008, current Delaware Senator Chris Coons appeared to have slim chances against incumbent Mike Castle, before Castle lost to primary challenger Christine O'Donnell.

"Many are rising that may not have political experience," Adams said. "Voters have to see what works best for them and their values."

Adams believes the main purpose of her organization, the College Democrats, and the midterms is to spark a conversation on current events.

"There hasn't been a lot of talk about what happens next," said Read, Adams' colleague on recent election results. "Because I don't think anyone is that certain."

Meet the Candidates for U.S. Senate - Delaware



Sen. Tom Carper

Candidate Statement: I'm a husband, father, retired Navy captain, Vietnam Veteran, former governor and U.S. Senator for Delaware. I am running to continue to grow our economy, protect our environment and provide affordable, quality healthcare for all Americans.



Kerri Evelyn Harris

Candidate Statement: My name is Kerri Evelyn Harris, and I am running to represent all of the people of Delaware. When I announced my candidacy I announced my support for single-payer healthcare, universal pre-K, a \$15 minimum wage and opposition to all bills that expand fracking and offshore drilling, and I also believe that public funding for higher education will lift working families out of poverty, and that we need to forgive all student loans.



Gene Truono

Candidate Statement: I am a native Delawarean and graduated from Salesianum, have a BS in Marketing from the University of Delaware, and a Juris Doctorate from Delaware Law School at Widener. My two core principles are the Constitution and state's rights, two things that must be returned to Washington.

Rob Arlett did not immediately respond to comment.

Start the campus conversation by participating in new weekly essay contests

Looking for opportunities to write outside the classroom?
Want to say something provocative?
Have some really strange ideas that nobody else will publish?

We might have just the thing for you.

This fall, The Review is introducing weekly essay contests, designed to push conversation and creativity in new directions. This isn't a place for predictable political grumbling or sappy columns. We don't care if you've been "published" in the Odyssey, and you can spare us the stale Black Sheep humor. This is a place for your writing and ideas to come alive. To prove to the campus community why you, more than your peers, deserve to be heard.

So how exactly can you do that? Each week, you can submit an essay of no more than 500 words in response to the week's prompt. That's pretty much the only rule. Nothing too profane, obscene or defamatory, of course, but otherwise it's yours to make your own. Deadlines for submission will be 12:00 p.m. on Saturdays, and all UD students, graduate and undergraduate, are invited to participate.

Essays will be reviewed by The Review's editorial board and evaluated on the basis of ingenuity of thought and quality of writing. The winning essay will be published in the week's print edition.

Already bursting with ideas?
All submissions can be sent to essaycontest@udreview.com. Have at it.

This week's prompt:
Are there Juuls in hell? Explain

EDITORIAL

Get Out and Vote, Delaware

The upcoming Delaware state primaries are a significant and consequential election. Delawareans will vote on which candidates who could end up serving as their U.S. senator, auditor and attorney general, among other positions. The outcomes of these primaries will be instrumental in dictating what the future identity of each party will look like and what shape the legislature will take over the next several years.

In order to encourage democratic engagement, a race has to seem attractive to voters. Often, however, local elections are not as appealing as those at the federal level. In wake of a recent emphasis on party loyalty, local politics is becoming increasingly important in ensuring that things actually get done. Which candidate a voter chooses to support in the upcoming primary, or a voter's decision to abstain from voting altogether, will have repercussions that extend into their future and that of those around them. Healthcare and tax policy are two examples of political issues that will affect the lives of University of Delaware voters once they graduate and enter the real world, and are affecting many students today.

Local politics is the realm

where the most tangible changes are being made, and that is why voting in primaries is so crucial. The attorney general represents Delaware in all legal matters. The State Auditor oversees local government spending and certifies that funds are used for the intended purposes. Those elected to these positions will have a substantial influence on the quality of Delaware residents' everyday lives.

The race for the Delaware U.S. Senate seat is unsurprisingly receiving the most attention from voters and media outlets. Democratic incumbent Tom Carper is facing off against progressive political newcomer Kerri Evelyn Harris. Additionally, in the Republican race, Rob Arlett is running against Gene Truono.

It is critical that each individual voter chooses a preferred candidate based on their own vision for the future of Delaware, and not solely on party affiliation. Citizens should not be absorbed in the fiery rhetoric regarding party loyalty that has come to dominate most current political conversations. Feeding into the trend of increased polarization forces voters to abandon their own ideas for what defines a prosperous state and



COURTESY OF TAYLOR NGUYEN/THE REVIEW

country.

Perspective should also be a touchstone of the individual voting process. The outcome of any given election has more palpable effects on the less fortunate, but wealthy students and citizens typically do not consider this when throwing their support to a candidate. It is easy for issues to be construed by a candidate's emotional appeal, but voting is not a totally individual process. The winners of this election will represent and impact everyone in the state. Politics affects each person's life on a daily basis and something as arbitrary as party affiliation or personal preference should not be the only thing inspiring one's decisions.

If every Delaware resident currently attending the University of Delaware voted in the upcoming primary elections, the results could be swayed significantly. If this past election cycle has taught us anything, it is that polling and predictions only go so far. What impacts an election is who shows up at the polls and votes. This year, do not find an excuse not to vote — get to the polls to decide the fate of your state and country.

UD: Our culture of inspiration and impact

President Dennis Asanis

This is a special time. We are now in the 275th year of the journey of the University of Delaware... a place where ideas are born, boundaries are pushed, and opportunities are unlocked. Our strong legacy of innovation and the pursuit of knowledge have served the university well for nearly three centuries, but what I am most excited about is the future.

This is not only a special time because of the awesome milestone in the institution's history, but also because of where we are in its evolution. We are exploring new ways to teach and learn as we challenge the education paradigm with greater opportunities for interdisciplinary enrichment. Our beautiful campus is constantly reinventing itself, embracing tradition and realizing a shared vision to enhance the student experience. In short, we are connecting UD with the world — and the world with UD — in new and exciting ways every day.

With so much activity going on, I am inspired by what I experience on our campus. Every

walk on our Green, every discussion with our esteemed faculty, every encounter with our talented students, every contribution of our dedicated staff, every opportunity we consider to advance the institution... all of this brings great energy and meaning as we foster a culture that is built for inclusion, connectivity and new adventures ahead.

What inspires you? Is it the thrill of learning something new or the lure of discovery? Perhaps it is the opportunity to shape the future, to forge a deeper connection with others or to become part of something larger than yourself. Whatever it may be, you are in the right place at the right time. Since our institution's earliest roots back in 1743, UD has cultivated a community of idea giants who have inspired each other and — just as important — worked together to transform that inspiration into impact.

Today, our campus is defined by countless inspiring moments of creativity, teaching, research and service. As we embark on a new academic year at UD, I am inspired by all of you — your talent and curiosity, your passion and drive and your abiding com-

mitment to make the world a better place. We just welcomed one of our largest classes ever at UD, 4,300 new Blue Hens on the Newark Campus and about 500 in the Associate in Arts program who are poised to make their mark on the world. Just this spring, more than 6,000 graduate and undergraduate students left the campus to do exactly that, embarking on a new chapter of their lives as UD alumni who will lead the charge of the next generation of leaders.

The next generation of our world is one that will be defined by many dynamic changes... the role of technology as a catalyst for innovation, the impact of globalization as an operational game-changer for business, the connectedness of cultural consciousness to make a difference and the power of ideas to become transformative with tangible impact. With this in mind, our university has no time for complacency. We must constantly challenge ourselves to create, evolve and reimagine in parallel fashion.

This pertains to every aspect of the UD experience...the people we attract, the buildings we construct, the programs we

develop, the curricula we create and the graduates we advance to society. As a nexus of opportunity for education, business, community and culture, the UD campus does not only educate students, it empowers leaders. Our faculty do not only teach, they inspire. Our students do not only achieve, they challenge. And that is inspiring!

We cannot always predict what lies ahead, but I do know one thing: It will be extraordinary. Our diverse student community continues to evolve and grow with new thinking. New and renovated buildings such as those occurring on UD's Science, Technology and Advanced Research (STAR) Campus and around The Green will continue to open doors for innovation and professional development...not just for any purpose, but for meaningful initiatives that impact society. Think next-generation medicines to prevent, treat or cure some of the most devastating diseases. Or new technologies and enterprises to accelerate the connectivity of "smart" cities. Or engaged and lasting partnerships with communities to advance arts, culture, education, well-being and resil-

ienty. As businesses become campus neighbors, new internship possibilities will enrich learning and personal progress for our students. The list goes on.

This is a time for UD to be at its best. Sharing our intellectual experiences with each other is one of the great benefits of being part of a university community. Inspiration rarely hits us as a bolt of lightning out of a blue sky; it comes from somewhere. While we can't force it to happen, we can foster a creative environment where ideas don't just emerge; they bounce, collide, grow and thrive. Build on our culture of inclusiveness and surround yourself with open minds and curious perspectives; accumulate a deep and broad body of knowledge about the world; seek diverse experiences, take on internships and remain open to the possibility of transformation. In other words, never stop being a student!

The year ahead promises endless opportunities for both inspiration and impact. What will be the next big idea? Will it be yours? And what will you do with it? At the University of Delaware, those questions drive us every day. I can't wait to see how you

Be sure to follow The Review on social media to stay up to date on breaking stories.



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CORRECTIONS

The Review staff is dedicated to accuracy and fair representation of all sources. If you notice a factual inaccuracy in a story, please email a correction to eic@udreview.com.

FORMER REFUGEE JANITOR AND CURRENT MAYOR SPEAKS AT CLAYTON HALL

THE CITY OF HELENA, MONTANA ELECTED WILMOT COLLINS AS ITS FIRST AFRICAN-AMERICAN MAYOR ON NOVEMBER 7, 2017

The Helena victory was newsworthy on many levels. The least black state in the United States had elected its first black mayor. A first-time candidate had unseated a 16 year incumbent. The former refugee now leads Helena and inspires hope at a time when refugees are perceived more as civic leeches than civic leaders. Come hear his empowering story and the lessons he learned from the historic campaign on...

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PHYSICIAN | MARYLAND

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Recovery on a college campus

LEANNA SMITH
Creative Content Editor

On college campuses across the country, many students arrive seeking not only a higher education, but also fulfillment of a "college experience" - often one defined by parties and drinking. But this desire is not ubiquitous, especially for students whose path toward earning a degree coincides with a journey toward sobriety and recovery from substance use disorders.

Approximately 21 percent of the 18-to-21-year-old population in the U.S. meets the criteria for substance use disorders, according to the Association of Recovery in Higher Education (ARHE).

At the university, about one-to-two percent of students are reported to be in recovery, according to Jessica Estok, the Assistant Director of Substance Use Recovery Services at Student Wellness & Health Promotion.

According to Estok, the most common myth about substance use recovery in college is that students think, "I can't be considered a person with a use disorder, I can't be addicted because it's college and everybody does it and I'm young."

The Collegiate Recovery Community (CRC) is an on-campus resource for students who are seeking help with substance use disorders. CRC meets weekly on Tuesdays at 2 p.m. at Student Wellness & Health Promotion, located at 231 S. College Ave., and is open to students of all levels who are going through any type of recovery, impacted by a family member or friend with a substance use disorder or interested in advocacy and learning more.

The CRC also hosts a variety of events throughout the year including All Recovery Yoga, training on how to administer Naloxone - a drug that can reverse effects of an opioid overdose - speakers on campus and anything else the students are driven to make happen.

John Czartorijkskij, a senior human services major, started attending the weekly CRC meetings after he transferred to the university last semester.

"I like having something on campus where it is a peer group and I know that a majority of the people are students who aren't from around here," Czartorijkskij says. "There's a sense that I can go in there and I can talk more, so I find it to be very helpful for me."

A fear among many students is that if they seek help they will get in trouble



LEANNA SMITH/THE REVIEW

Student Wellness and Health Promotion is home to the Collegiate Recovery Community, a community for students of all levels going through any type of recovery.

with the university, but Czartorijkskij says everyone at Student Wellness & Health Promotion and CRC are there to help people by providing the resources needed to help themselves. There is no judgement and no negative consequences.

Throughout his almost nine years of recovery, Czartorijkskij says that he is a big believer in going to meetings and has also benefited from becoming self-aware and cutting negative influences out of his life when necessary.

"Sometimes people from my past will call me and be like, 'Do you want to hang out' and it's just like for what? What are we going to talk about?" Czartorijkskij says. "The glue of our relationship was getting high and bar hopping, so what do we really have to talk about any more?"

The biggest support from others is knowing that they are there for him and want to see him do well, Czartorijkskij says.

According to Estok, one of the best ways to be supportive of a friend going through recovery is to be respectful of the boundaries of whatever their recovery might look like. That includes being aware of the words you are using, not making fun of someone for not drinking and not pressuring someone into drinking, using or going out if they don't want to.

"A common misconception is that if you're not part of that scene, then there's nothing else to do, you're not going to have fun, you're not going to have a college experience," Czartorijkskij says. "Yeah, a lot of people do that, but it doesn't have to be that way. There are other things you can do."

According to Estok, it is extremely common for people who go through recovery to have the sentiment: "I started

having more fun after I got sober."

Students interested in more information about substance use recovery and the Collegiate Recovery Community can contact Jessica Estok at jestok@udel.edu or visit sites.udel.edu/collegiate-recovery/.

Navigating UD's attendance policy with chronic illness

JENNIFER WEST
Senior Reporter

For the average student, the first week of the semester means going out, not doing coursework and reading syllabi to find out the best way to skip as many classes as possible without damaging grades.

But for a number of university students, even courses with lax attendance policies become daunting.

According to Disability Support Services (DSS), the university has over 1,500 students registered. 17 percent of students registered listed a chronic illness as their primary disability. Even more attend class without registration and assistance, navigating attendance policies while balancing appointments, symptoms and flare-ups.

In most cases, attendance policies fall upon

individual professors who determine how many absences are allowed and how that affects course grades. Frequently, professors only offer a finite number of absences before lowering grades.

"I've had a number that only allow one absence and more that allow zero absences," Maggie Billingsley, a recent alumna diagnosed with Crohn's disease says. "I've also had courses that allow absences, but will have in-class assignments that can't be made up."

"I feel embarrassed by my illness, and I don't want to be seen as unhealthy, so I don't let it affect my attendance as much as it should," Billingsley says. "This results in even more severe symptoms for me later or even bigger flare-ups."

An anonymous student with postural orthostatic tachycardia syndrome also mentioned embarrassment in talking

would be "impossible to make up even with official excused absences."

Senior Rachel DeLauder is the president of Chronic Illness Advocates, a Registered Student Organization (RSO) working with DSS to create a supportive environment on campus for students with chronic illnesses.

When asked about how the university excuses chronic illness, DeLauder raised concerns that the policy does not consider illness flare-ups, only provides aid in withdrawal and "doesn't reflect or advocate for students with chronic illnesses at all."

DeLauder is referring to the university's one-sentence policy stating: "Students who experience long-term absences of a week or more should consult with their Assistant Dean; in such cases, it may be possible to negotiate with faculty for the opportunity to take an incomplete grade, or a withdrawal may be more prudent."

For Billingsley, a self-described "academically-motivated student," withdrawal has never been an option.

"The policies do not discuss meeting the student halfway and making the requirements of the course be completed virtually," DeLauder says.

Anne Jannarone, director of DSS, discussed advocacy on behalf of students. If students require additional absences, DSS will work with students and faculty to excuse absences. Additionally, students can register with DSS even through the diagnostic process to accommodate absences and gain additional services.

Despite the aid offered by them, many believe professors still need to ensure flexibility in syllabi to avoid sentiments like those of Billingsley, who questioned her role as a student.

"The syllabus said no reason would be acceptable," Billingsley says. "So why would my case be different?"

to professors after having a professor criticize a lack of documentation after a flare-up that sent them to the hospital.

"He told me my hospital note would 'be enough



COURTESY OF CREATIVE COMMONS
Students learn to navigate college life while living with chronic illnesses.

just this time," the student says. "I was so worried about talking to him about my illness that I dropped the class."

The student continued to say that the work

EMAIL GUIDE

The Review is here with a guide to not sounding silly in emails to professors.

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ACTIVITIES NIGHT

Students check out the first activities fair of the school year.

/ PAGE 13

JOE WALKER

Blue Hens look to unlock Joe Walker's potential as a wide receiver.

/ PAGE 14

A guide for properly emailing university professors

GRACE MCKENNA
Managing Mosaic Editor

A new college semester has started, and so have all the questions students may have about correct etiquette when it comes to emailing a professor.

First-year students, this is new to you, but there are also still some upper-division students who struggle with the concept of professionalism when it comes to a school setting. Many students complain the professors never respond with the same amount of professionalism. However, they are your professor, and they really can answer however they choose.

To help with these questions, we've created an essential guide, with a list of do's and don'ts for addressing your professors.

DO:

- Address the email properly. "Dear Professor _____" is a good way to do it, but it's also okay to scrap the "dear" altogether.

- Write something kind at the beginning, like how you're enjoying their class so far, or are looking forward to one of the assignments they have listed on the syllabus.

- Keep it short and to the point. These are busy people, and they probably don't have all the time in the world to read an email about how confused you are with every aspect of the syllabus. Mention the main problems, quickly and briefly, and keep it at that.

- Come with solutions, such as meeting for office hours. Bring your ideas and throw them out there.

- Have a straightforward subject line. Sometimes it helps to add which section of the course you're in, especially if the professor teaches more than one course and/or section.



- Sign off your email with your full name. You can add an automatic signature to all of your emails. We recommend that you input your name, major(s) and minor(s), important organizations you belong to on campus and any current internships you're holding.

DON'T:

- Write to your professors while under the influence of any alcohol, drugs, prescription painkillers or anything else along those lines. You will regret it in the morning when you go back and read all the mistakes you made, including those slang terms or textspeak.

- Write just one sentence. "Won't be in class, see ya," doesn't show any care or respect for the professor's work, and it also looks like you are throwing your money down the drain.

- Talk to your professor like a friend. No matter how friendly you are, or how much you guys enjoy the same subject area, they are at a higher level than you.

- Email after 8 p.m.—almost nobody is checking their email at midnight, and if you send one too late, it looks like you were procrastinating and that you don't care about the class.

- Have an "@udel.edu" email

address that is something like "butterflycakes." This is your professional email, one that you are going to be using to contact people for the next four years of your life. Employers, professors and countless other opportunities are going to judge you significantly if your email is anything other than a variation of your last name and initials.

These are just the basics, but they're some of the most important things that people don't think about when they're writing an email. You want to create a good appearance of yourself, one without any worry

about unprofessionalism coming back to haunt you.

Now get out there, and show your professors who's professional!

SAMANTHA FORD/THE REVIEW

The Review is here with a guide to not sounding silly in emails to professors.

Local crystal healers host Metaphysical Night at The Perfect Blend

BIANCA THIRUCHITTAMPALAM
Column Editor

Friday evening brought not only the end of my first week back, but also a surprising, unforeseen situation: I was sitting with my legs crossed in a comfy armchair at The Perfect Blend, staring at a deck of tarot cards fanned out before me.

Friday's circumstances were not typical at The Perfect Blend, a Main Street coffee shop that specializes in waffles. Jeanne Koreas, owner of The Perfect Blend, invited Sindar Isis Fae, Michael Wann, Amaya Cerridwen and Lynn "Lynx Cat" Neal, a collection of crystal healers and oracle readers, for Metaphysical Night. Clients could get a tarot card reading by Fae, Wann or Cerridwen, or receive a crystal healing from Neal, all the while enjoying a cup of coffee or a waffle.

"We did one [a Metaphysical Night] about a month ago and people were really grateful for it," Koreas says. "There was so much insight that these folks [the healers and readers] gave to people that I was like, 'Let's do it again.'"

Going into the reading, I admit that I was a bit skeptical: I had always held a faint interest and belief in crystals, readings and the supernatural; however, I never believed that cards or iridescent stones could reveal my psyche. The enthusiasm of Koreas and the twenty or so clients helped erode my skepticism.

While Fae and Wann had different approaches to the reading,



BIANCA THIRUCHITTAMPALAM/THE REVIEW

VIEW

"I've been studying the metaphysical, the occult, and healing since I was a kid," Fae says. "I'm an intuitive healer" (from left to right: Wann, Fae's son Lucian, Fae, and Cerridwen).

both readings adhered to the same basic structure.

Both would ask me to pose a question — I chose the same question for both readings — and ruminate over it. Then I picked a tarot card from three different decks, and a crystal to correspond

to each card. Fae and Wann would then interpret the meaning of the card and crystal together.

Unlike the stereotype of crystal healers and oracle readers seen on television, neither Fae nor Wann promised to tell my future. Rather, they promised me insight on my

life. During my reading with Fae, I picked the dog card, which Fae interpreted as my spirit animal and representative of a close bond with a dog. I immediately began to reflect on the strong, emotional relationship I had built with my dog at home and the copious amounts of

time we had spent together. While this could be merely coincidence, I found that many of the cards and crystals I chose bore an uncanny likeness to my life: for example, one card revealed a close relationship with my mother and another discussed my enjoyment of being introverted.

Fae's interest in crystals was met with some resistance from her family, whom she describes as "very Christian."

"I have a big Christian background and I love everyone but my family is afraid of what I do," Fae says. "They think it's evil. My aunt is a pastor and it scares her, which is strange to me. If you've ever seen a crystal, there's nothing scary about it. It's beautiful."

Although the crowd was largely receptive to the alleged power of crystals, Metaphysical Night brought in a few critics. One of these critics was Hasan Mahdi, a junior at the university studying math and economics, whose friends convinced him to attend.

"It's a scam," Mahdi says. "It may not be real or true but it makes you feel content. It's a good thing."

Koreas — who is very much a believer in the power of crystals — also shares Mahdi's thoughts on the contentment crystals can bring.

"Whatever gets you from point A to point B, use it," Koreas says. "If it's crystals, if it's rocks, if it's tarot cards, then be open to it and use it. Use it for the greater good."

Lit Lens: Hope Jahren's 'Lab Girl'

OLIVIA MANN
Managing Mosaic Editor

I approached "Lab Girl," the 2018 First Year Common Reader, with a bit of dread. Hope Jahren is a blue-chip geobiologist. Three Fulbright awards, Young Scientist awards from both the American Geophysical Union and Geological Society of America and recognition by "Popular Science" and "Time" as an influential scientist.

Suddenly, being the speaker at my high school graduation doesn't feel like as big of a deal as my mom likes to make it out to be. My mom hasn't let me weed the garden for years. This is because I thought it would be a fine idea to indiscriminately pull out anything that is green. (Disclaimer: I was four and also had a habit of eating worms.)

But in all seriousness, my trepidation came from a very real place. As someone who studies the humanities, I often feel the tight grasp of the science, technology, engineering and math agenda. But Jahren uses the humanities to paint poetic portraits of flora.

"A leaf is a platter of pigment strung with vascular lace," Jahren writes.

'Leaf,' 'pigment,' and 'vascular' are coupled with 'platter' and 'lace,' imbuing the scientific unfamiliar with the cherished familiar. Throughout "Lab Girl," Jahren twirls dense, indigestible material into lyrical fables; "[a] tree's wood is also its memoir."

But for every time Jahren snaps to her writer self, she snaps back

to her scientist self. To organize "Lab Girl," Jahren exploits the life history of a tree: as a seed, finding a place to sprout; as a sapling,

bloom and bear fruit. By jumbling chapters about the life cycle of trees and chapters about her own coming-of-age as a scientist,



OLIVIA MANN/THE REVIEW

The 2018 First Year Common Reader, "Lab Girl," is a combination of dense, indigestible material that Jahren turns into lyrical fables.

finding the room to bud; and as an adult, finding the resources to

Jahren employs a kind of "Trees—They're Just Like Us" gambit.

Today, Jahren is a professor of geobiology at the University of Oslo. But like most memoirs, "Lab Girl" begins in the past. I found myself dumped in a small Minnesota town filled with stoic hushes. Jahren found comfort in the laboratory of her father, who taught introductory physics and earth science at a local community college. The rest of "Lab Girl" serves as a reflection on the forces that inspired — and frustrated — Jahren's journey from steely Minnesota to California, Atlanta, Baltimore and Hawaii.

But as much as "Lab Girl" is a coming-of-age story, it is also the story of two lab partners and their peculiar bond. As a graduate school teaching assistant at University of California, Berkeley, Jahren meets Bill. Their coupling transcends classification; at times, it resembles mother-son; at others, brother-sister. It's a great love affair, despite Jahren and Bill never being lovers.

Here's where I suggest undergraduate students who aspire to join the ranks of academia read "Lab Girl." Jahren contends that even "the best and hardest-working scientist" like Bill "has no long-term job security."

Stories of 3 a.m. grant writing and pinching pennies are in line with the rhythm of undergraduate students, but seldom told in the world of academia. The path to becoming a scientist is sowed with unremitting financial anguish.

Jahren also does good work for undergraduate students who aspire to join the ranks of academia by bringing light to the mental health catastrophe that leeches just under the surface of academia.

"Full-blown mania lets you see the other side of death," Jahren writes. "Its onset is profoundly visceral and unexpected, no matter how many times you've been through it. It is your body that first senses the urgency of a new world about to bloom."

But if Jahren does a disservice to anyone in "Lab Girl," it's women. Jahren feels constantly belittled by male scientists, but offers only spliced vignettes — no factual evidence of gender bias. When Jahren becomes the first woman in her department at Johns Hopkins University to go on maternity leave, she believes she has been banned from visiting her lab. Probably true, but Jahren does nothing to back up her belief with cold hard facts. Yes, academia abounds with sexism, but without fully exhibiting this, Jahren misses the mark.

"Lab Girl" is a tender memoir. But it's going to take more to allay the slant that academia is just for boys.

Album Review: "TA1300"

DYLAN GERSTLEY
Senior Reporter

Every so often, an album comes along that recalibrates expectations for an artist. Carol City, Fla., native Denzel Curry has always worn his Soundcloud roots on his sleeves, communicating at once the good and the bad of the genre he helped popularize.

But "TA1300," Curry's third studio effort, is grand in its vision and ambition, helping the young star shed the baggage of his divisive beginnings with an evolved, mature sound.

The title track opens the album and immediately makes the listener to cast aside their expectations and grapple with the new Curry. "Welcome to the darker side of 'TA1300'/All I've got is permanent scars and tattoos," sings Curry, in a soulful voice over a moody and introspective beat. It's one of the best intro tracks of the year, an ambitious blend of his hallmark aggressive rapping combined with smoothed out, heartfelt vocals used to tell the story of bridging an emotional gap between two damaged people.

The introduction provided a stark contrast to Curry's previous work and symbolizes the lofty aspirations of the project, continued by the equally smooth second track, "BLACK BALLOONS." Curry enlists the help of vocalist Twelve'len for a catchy and enjoyable chorus while picking up the talents of rapper Goldlink to round out the track.

The third track, "CASH MANIAC," rips the listener out of the somber mood of the first



COURTESY OF CREATIVE COMMONS

Curry performs at Osheaga in the summer of 2017.

two tracks. I felt more like I was listening to a West Coast summer album, a la Kamaiyah or 03 Greedo, and the slightly disjointed nature speaks to one of the first obvious signs of wanting execution on "TA1300."

The album is supposed to be broken into three sections, light, gray and dark, but I did not find each section to be vastly different from the other. I mean, is the opening track not one of the darkest tales of suffering on this record?

And then there's the fourth track, "SUMO," an infectious Soundcloud banger that longtime fans will rejoice in. Curry has no problem showcasing his versatile rap talents over the opening tracks, and "SUMO" is no different as he adds in clever, catchy, caption-worthy lines like: "Givin' out bricks like Shaq at the free throw."

The following track, "SUPER SAIYAN SUPERMAN," continues the sound set by "SUMO." It's not a bad track, but it just isn't

memorable and again shows sloppy execution on an admittedly grand concept.

I was not impressed again until "SIRENS," a track featuring the young and talented rapper J.I.D and vocalist Billie Eilish. The chorus is soft and beautiful, while J.I.D channels his inner Kendrick Lamar to deliver a conscious, powerful verse. Curry's verse centers on government-minority relationships in this country, lambasting the government for forcing minorities to only feel

comfortable associating with each other.

"CLOUT COBAIN" follows and continues with an infectious, catchy hook that brings the listener into Curry's dark mood as he points to the desensitized nature of kids today. "I stay low so my demons don't acknowledge me/When I go, I know death don't do apologies," shows how Curry stays away from temptation and tries valiantly to stay firmly in reality, evidenced by his blunt but honest understanding of the finality of death.

"TA1300" features the versatile Denzel Curry at his hardcore singing, aggressive rapping best — while also making clear what needs to be improved. "TA1300" is grand in its vision, and Curry should be applauded for his effort and intention here, not because he always gets it right, but because he was able to transcend the pitfalls of the genre where he got his start and actually create something with its own unique merits.

Denzel Curry didn't knock "TA1300" out of the park, but he did show amazing and exciting growth to go with his precocious and varying talents. Curry didn't give us a masterpiece, but rather established his ability to make one.

"SNL" comedian Pete Davidson warns against college in Perkins Live performance

GRACE MCKENNA
Managing Mosaic Editor

He walks on stage in a gray University of Delaware hoodie, first premiered on his Snapchat story earlier in the evening. At first look, he looks tired, rugged and like he just woke up from a nap backstage. Pete Davidson looks at the crowd and says "So... Delaware?"

Although the performance was advertised as a 10 p.m. Perkins Live event, Davidson took the stage in the Trabant Multipurpose rooms at about midnight, cracking jokes about the emptiness of Delaware.

"You guys smoke a lot?" Davidson says. "What else are you going to do?"

Growing up on Staten Island, Davidson knew from a very young age that he wanted to be a comedian. His career began when he was on shows like "Wild N' Out" and "Guy Code" on MTV, until he became one of the youngest "Saturday Night Live" ("SNL") cast members at 20 years old. Recently, he has become more well-known for his engagement to celebrity pop star, Ariana Grande.

His comedy act was intertwined with prepared pieces and jokes he made about the crowd of students. In the very front, there was a series of auditorium chairs that made up the VIP section, filled with those who had gotten their wristbands so early in the day that they'd been waiting for Davidson's arrival for nine hours.

In fact, many students were told they had to stand in line in Trabant to acquire wristbands for the event, an announcement that was spread through word-of-mouth, so many students

were unaware of the last-minute changes. Throughout the evening, students showed up to Perkins in hopes of seeing his performance, only to walk away disappointed when they saw signs saying that his performance was sold-out.

"You guys are a bunch of losers," Davidson says. "The college performer is never as good as he says he is. Go to that party instead."

Students in the crowd seemed entertained with his performance, as they repeatedly laughed at his comments about the loneliness of Delaware and how he dropped out of college.

One of his opening acts was Neko White, a stand-up comedian who first started on Tru TV's "Laugh Tracks."

"Nobody has as much confidence as a drunk, white woman," White says. "My next door neighbor, Elizabeth... a nice lady, is peeing between cars one day and I was watching her talk to the police, when she says to the officer, 'go to hell! You f----- pig!'"

After White's performance, childhood friend of Davidson and fellow comedian Ricky Velez took the stage. There, he told jokes about how he was going to become a father in 10 days.

"I'm not excited, I'm not," Velez says. "I was taking a piss the other day and this dad had to bring his child into the stall with him to take a s---, I don't want to have to do that."

Velez was reintroduced later on as Davidson called him to the stage so they could share comedic stories about growing up, including a man named Uncle Lou who had started attending Davidson's events early on.

"He walked up to me and told



me I was doing a great job, then he slipped 100 dollars into my pocket, deep enough that he just touched the tip of my d---," Davidson says.

Before leaving the stage, he and Velez held a question-and-answer session. Questions ranged from inquiries about his life with fiance, Grande, to becoming a successful member of "SNL".

Earlier in the evening, both men had mentioned that they dropped out of college, so the question on how to be successful prompted them both to start laughing out loud on stage.

"I don't know," Davidson says. "You think I know how I got here? I dropped out. Drop out of college!"

The editor would like to give a huge thank you to the student who gave her a wristband, when she was uninformed that she should have waited in line for eight hours to get one, in order to have access to the event. Wherever you are, I hope good things come your way.



XANDER OPIYO /THE REVIEW
With a handful of snags, Perkins Live kicks off the fall 2018 semester with a comedic trio of Davidson, pictured here, White, and Velez.

Top five apps for new students

MATTHEW MCKEE
Senior Reporter

With the start of the new year upon us, some new students may find getting into university life more challenging than expected. Freshmen face new struggles with keeping up in classes, finding new opportunities or maintaining a healthy social life — anyone could find it overwhelming.

One of the most effective strategies to keeping up this balancing act is to download helpful digital apps.

The following list provides new students with some apps that can help keep everything in order and help with the newfound stress of university life:

1. Handshake

For students looking for job opportunities and internships, Handshake is the university's way of providing up-to-date positions and listings. Just checking this app a few times a month can help you find offerings that you may miss out on otherwise.

With all the great positions and services offered through Handshake, there is no reason for new students not to start looking as soon as possible. The positions are offered specifically to university students, so be sure

to see if there are any positions that interest you.

2. Simple Habit

With the hectic nature of a normal student's day, it's easy to let stress take over. That's why apps like Simple Habit, a five-minute meditation app, can be helpful. Providing students with easy anti-anxiety activities in short time they may actually have to spare, Simple Habit makes managing the stress feel attainable. Using this app for a short period of time daily has helped many students with keeping a clear and focused mind no matter what they're up against.

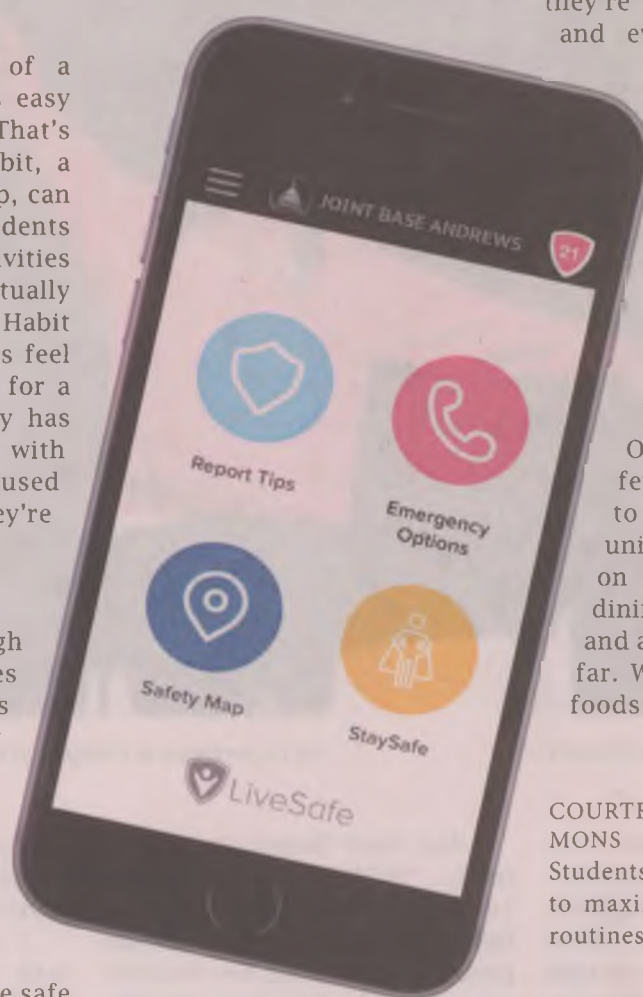
3. LiveSafe

LiveSafe, offered through the UD Police, provides students with notifications of dangerous activity on campus grounds as quickly as possible. Students can also use the LiveSafe app to contact campus police over text or over live chat. This extra security lets students know that they are safe at any time at school.

4. Instagram

It's difficult nowadays for students to stay fully up-to-date with everything going on around them without the assistance of

social media, and when it comes to university life,



Instagram provides the most help. With most clubs and departments having their own Instagram page, it's easy for students to find what they need.

Students on Instagram will

quickly and easily be able to find pages for most any group they're considering joining, and even classes and many student services

use Instagram to get out information. If you don't already have Instagram socially, consider downloading for the student benefits. And, of course, to follow The Review @udreview.

5. GoPuff

Our final app is one of the few food delivery services to be found around the university, a lifesaver on those nights when the dining halls already closed and a walk to the P.O.D. is too far. With a large selection of foods and easy fast delivery,

with students. If late-night snacking is something that interests you, keep GoPuff in mind.

While there are countless helpful apps to look into, this short list is a good start for most any student. As a person who spends much of the day moving and getting work done, it is always nice to have small applications that, in all these ways, help to keep life just a bit more organized and manageable. For any new students that might be finding their first weeks daunting, do yourselves a favor and take advantage of these apps to put much of what you need to know right in front of you.

COURTESY OF CREATIVE COMMONS

Students can use these five apps to maximizing efficiency in daily routines.

for food apps on campus it's hard to beat GoPuff.

The service, which has only been in Newark for the last year, has quickly rose in popularity

Activities Night Fall 2018

GRACE HAUMERSEN
Senior Reporter

This Wednesday, throngs of students found their way to Perkins, Trabant and the Harrington Turf to explore extra and co-curricular opportunities at Fall Activities Night. Marked by plastic tablecloths, tri-folds, flyers, candy and crowds, the event was a first-stop shop where students searched for their niche within UD's large population.

While Student Central acts as a virtual hub for Registered Student Organizations (RSOs), Activities Night is an opportunity for students and organizations to get valuable face-to-face interaction. Of the 370 plus RSOs on campus, 200 were scheduled to be in attendance on the humid fall night.

"I thought it would be scrambled and overwhelming," freshman Maddy Thompson says. "It's definitely more organized than I expected, and pretty easy to navigate."

Thompson's assumption was shared by many first-years



Students check out the first activities fair of the school year.

GRACE MCKENNA/THE REVIEW

who learned of Activities Night only a few days into their stay at the university. The students are invited to dive into a horde of opportunity, enthusiasm and new experiences in the form of a

crowded event on campus.

Understanding students had spent hours making small talk with strangers with similar interests, first-years were asked for only one word

that encapsulated how they felt walking through Activities Night. Freshman Alex Bellantine pondered the question for a few moments.

"Just one word?" Bellantine

says. "Lit."

Discomfort did ring true as freshmen students often cited being "overwhelmed," and "stressed." Yet, many saw the night in a more positive light, citing that they were "excited," "overzealous," "confident" and "hopeful."

"I'm more excited than anything else," freshman PJ Russo says. "There's lots of opportunities. Whatever you're interested, there's something for you."

Freshman computer engineering student Cam Frey stood with classmate and friend Alex Hayes in the Trabant Multipurpose room.

"It's nice to see a diversity of interests and people."

He added, "in a school of 20,000, it's nice to know there's a space for anyone."

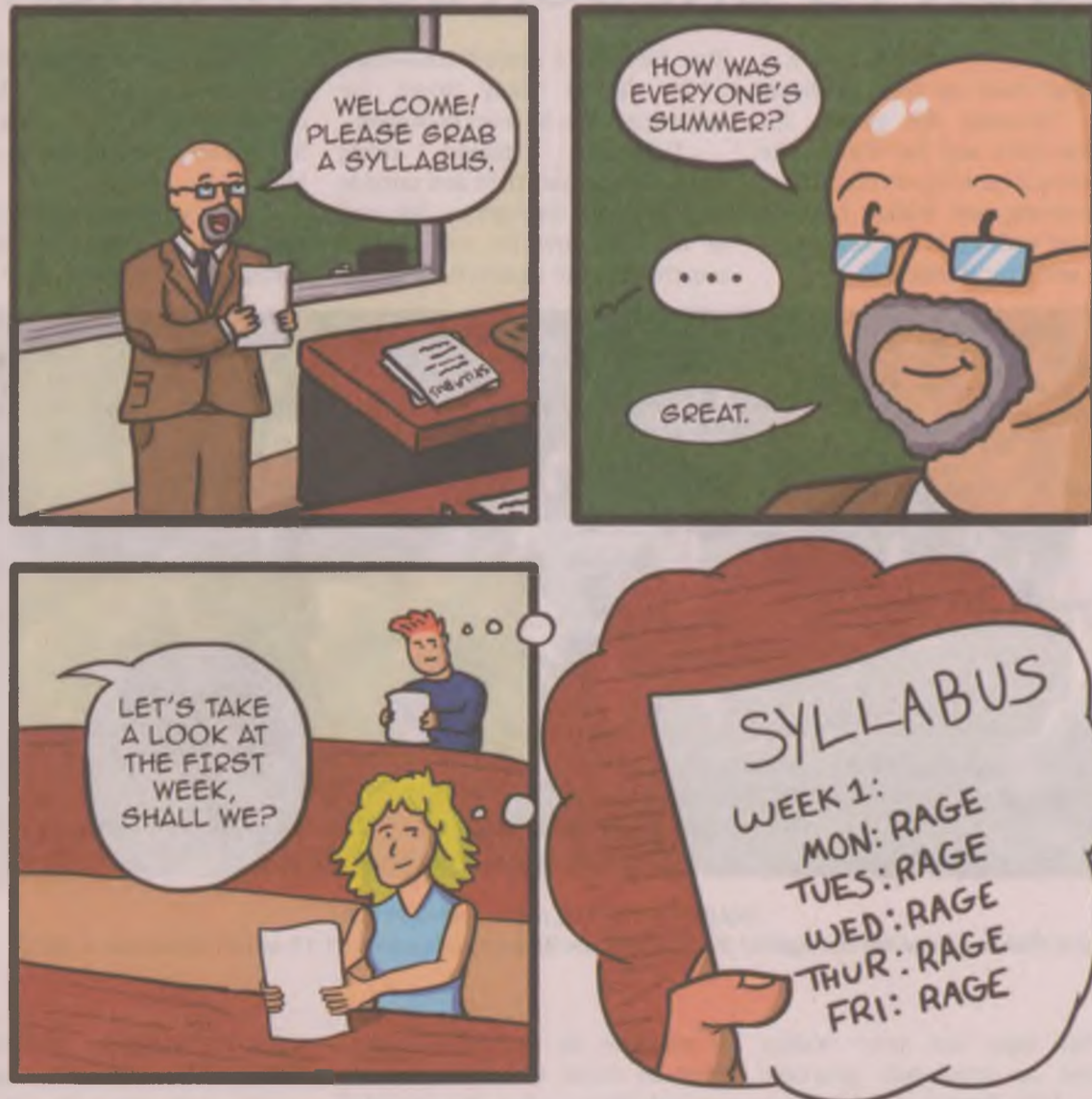


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TAYLOR NGUYEN/THE REVIEW

Send us your "out-of-context" blurbs to get drawn to svford@udel.edu

"SYLLABUS WEEK"



DELAWARE FOOTBALL FALLS TO RHODE ISLAND IN HOME OPENER

MEAGAN MCKINLEY
Senior Reporter

CONTINUED FROM FRONT PAGE

Trailing 21-19 with 3:58 remaining in the game, Kani Kane lost a fumble at the Rhode Island 40-yard line. It was the second fumble Kane lost in the game.

The Blue Hens defense, with two timeouts, did not get the ball back for their offense until there were 16 seconds left on the clock.

"It was more than just us not executing," linebacker Troy Reeder said. "There was certain stuff that we'd done all camp and done really well that for some reason we went out there and didn't do tonight."

Delaware's offense got off to a slow start, remaining scoreless until halfway through the second quarter when quarterback Pat Kehoe found tight end Charles Scarff for a 28-yard touchdown pass to tie the game. A 26-yard field goal from kicker Frank Raggo put Delaware ahead 10-7 at halftime.

Their lead — and the excitement — did not last.

Rhode Island scored another touchdown and extra point in the third quarter. Raggo managed to cut the lead in half with a 48-yard

field goal three minutes later, only to watch as Rams' Quarterback JaJuan Lawson delivered a neat pass to tight end Tyler Burke on a broken third-down play, which

two-point conversion attempt, breaking up a fade intended for wide receiver Jamie Jarmon to keep a two-point lead at 21-19.

Kehoe made his first collegiate

Another constant Thursday night for Delaware was number seven on both sides of the field. Kane posted his third career game with 100 or more yards rushing,

indication, he will excel there as well.

Rocco said that earlier in the week he had a feeling the game was going to be close. His instincts

turned out to be right, though the Blue Hens ended up on the wrong side of the "dog fight." Rhode Island played their own game, one for which Rocco wanted to "give Rhode Island a lot of credit," possessing the ball for stretches of time that kept Delaware's offense sidelined and watching. The Rams won the time of possession battle, 31:07 to 28:57.

Moving forward, Rocco's message is clear. Everyone will be back tomorrow, ready to work and learn.

They'll turn their attention now to Lafayette, who visits Delaware Stadium Saturday, September 8 at 3:30 p.m.



LOUIS MASON/THE REVIEW

The Delaware defense lines up against the Rhode Island offense late in the game Thursday at Delaware Stadium.

resulted in a 57-yard touchdown.

Down 21-13 going into the fourth quarter, Kehoe tried to lead his team back from defeat, hitting wide receiver Joe Walker for a touchdown with just under seven minutes to go. The Rams successfully defended Delaware's

start, completing 12 of 22 passes for 202 yards and two touchdowns. A redshirt junior, Kehoe had never thrown a collegiate pass before starting Thursday.

Not a brilliant start, but one he called "a wake up call," as well as something to learn from.

He also gained 47 yards receiving. Defensively, Ray Jones, who also wears number seven, led the team in tackles with seven solo tackles and five assists. It was Jones' first collegiate start at linebacker, his third position in four seasons. If Thursday's game was any

BLUE HENS LOOK TO UNLOCK JOE WALKER'S POTENTIAL

BRANDON HOLVECK
Executive Editor

There is no mistaking that Joe Walker is now a wide receiver.

The maligned former quarterback has not only run with the number ones all summer, but has a chance to be among Delaware's top offensive threats. For his closing act, the redshirt senior captain is ready to "dominate" and boost the Blue Hens offense, which enters yet another season searching for offensive production, but this time in a new way.

Delaware has ranked last in yards through the air in the CAA the past three seasons, averaging less than 100 passing yards per game. In the first two of those seasons and part of the third, Walker took the majority of the snaps from behind center.

"Obviously there is no looking back, but I feel like our football team is a better football team with Joe out there on the edge creating that threat, that speed, as a wide receiver," Head Coach Danny Rocco said Monday.

Last season, Delaware missed out on the playoffs after finishing 7-4 overall and 5-3 in CAA play and extended a school-record playoff drought that dates back to 2010. Delaware is ranked 15th in the STATS FCS Top 25 national poll and third in the CAA preseason poll as the team enters the 2018 season.

When the Blue Hens opened their season Thursday against

Rhode Island, it was Pat Kehoe, a three-year back up from Madison, Conn., throwing the passes for the Blue Hens and Joe Walker, the quarterback turned pass catcher, on the receiving end. Walker finished the game with three catches for 22 yards and a touchdown.

Blue Hens to a come-from-behind 24-20 win at Stony Brook the following week, in relief of Walker.

Delaware explored using Walker in the backfield and outside as a receiver throughout the rest of the year, but he still worked mostly with the quarterback group

After an offseason and preseason camp spent working exclusively with the receiver group, his confidence is now at an all-time high.

"A lot of support from coaches and players," Walker said when asked what enabled him to fast

talent and a very impressive body, strength, explosion, speed and skill set," Rocco said. "These techniques and fine-tuning these fundamentals will give him an opportunity to create some space and get open and really make some plays with us."

Rocco also called Walker "a natural receiver." While he may still occasionally line up behind center or in the backfield, there is little doubt the coaching staff is relying on him to be one of the team's primary pass catchers, joining a group that includes Jamie Jarmon, last year's team-leader in receiving yards, Charles Scarff, a preseason All-CAA selection at tight end and slot receiver Vinny Papale.

Delaware has not had a pass catcher surpass 500 receiving yards since 2014, when Michael Johnson reeled in 78 passes for 830 yards.

"I don't think it'll be anything surprising to any teams," Walker said. "I think a lot of teams are going to expect stuff. They might think it's trickery or anything, but we just ready to dominate whatever we do out there."

"My mindset has never changed."



COURTESY OF DELAWARE ATHLETICS

Joe Walker carries the ball against the Maine Black Bears in Delaware's 31-17 win on November 4, 2017.

This time last year, Walker dazzled in preseason practices with a daily display of athleticism and arm strength, and beat out transfer quarterback J.P. Caruso to retain the starting job for the third consecutive season.

But he soon lost the position, as Caruso cracked the lineup late in the fourth game of the season against James Madison and led the

at practices. He showed a flash of what he could become as an all-around threat when he recorded 165 all-purpose yards at Maine on November 4. Against the Black Bears, Walker caught two passes for 68 yards, carried nine times for 55 yards and completed a 42 yard pass.

Before then, Walker had never played wide receiver.

track his progress this summer. "They really helped me grow as much as I've done this offseason. It's just been really fast honestly, changing roles like that, but I have all the confidence in the world."

Rocco credited wide receivers coach Erik Campbell with helping Walker improve his basic fundamentals.

"Joe has an amazing amount of

DELAWARE MAKES A DATE WITH PENN STATE



COURTESY OF DELAWARE ATHLETICS

Troy Reeder (9), Colby Reeder (4) and Dillon Zimmerman (41) celebrate at a home game in 2017. Troy Reeder started his college football career at Penn State, where he started at outside linebacker as a redshirt freshman.

BRANDON HOLVECK

Executive Editor

Delaware is set to match up with the Penn State Nittany Lions for the very first time.

On the morning of the team's 2018 season opener against Rhode Island, Delaware announced that it will play Penn State twice — first in 2023 and then in 2027. Both games will be played in Happy Valley at Penn State's Beaver Stadium, which seats 106,823.

Should the games be filled to or close to capacity, they will be the largest crowd Delaware has ever played before.

The News Journal first reported in May that a deal between Delaware and Penn State was likely to be agreed upon.

Penn State and Delaware operate in different ranks within NCAA Division I football. Penn State competes in the Bowl subdivision and Delaware competes in the lower Championship subdivision, named for their postseason structure. The schools are typically regarded as having two of the most reputable sports program in the

mid-atlantic region.

The Blue Hens are currently in the middle of a six game series against ACC schools that was scheduled by former Athletic Director Eric Ziady. Delaware has played four of the six games in the series, with the final two set to be played at Pittsburgh in 2019 and at North Carolina State in 2020.

The ACC series began in 2014, when Delaware lost to Pitt 62-0. The Blue Hens lost to North Carolina,



41-14 in 2015, Wake Forest, 38-21 in 2016 and to Virginia Tech last season, 27-0.

Matchups between FBS and FCS teams, like Penn State and Delaware respectively, are rarely competitive. Playing in larger stadiums before rambunctious crowds offer players a valuable new perspective, but the main draw for FCS schools are the paydays that come along with the trips.

The News Journal reported last season that Delaware received upwards of \$400,000 for playing Virginia Tech.

Delaware does not face an ACC opponent this season, but will face a similar challenge when the team travels to Fargo, North Dakota on Sept. 22 to face perennial FCS powerhouse North Dakota State.



"A TRIP OF A LIFETIME": WOMEN'S BASKETBALL TEAM BRINGS ITS GAME TO SPAIN

TYE RICHMOND

Senior Reporter

While in Spain on their first ever trip abroad, the Delaware women's basketball team enjoyed a new culture, different from that of the states, and saw a different way of life while interacting with people from another country.

They not only competed internationally, but also tried new foods, learned about the country's rich history and took in the beautiful scenery on their trip, which took place Aug. 11-Aug. 20.

"It was a trip of a lifetime," Head Coach Natasha Adair said. "Anytime you get to go abroad it helps you value what you have and you can appreciate how other people

Adair said one of the biggest differences for the women to adjust to was the shot clock going from 30 seconds to 24. Not only was the tempo faster, but the teams the Blue Hens faced were more "seasoned" playing at a higher and more competitive level.

"Now you can't think," Adair said. "In 24 seconds by the time you get the ball over half court you have to know what you are going to do. It helps our team that we have a veteran point guard [referring to junior Abby Gonzales] so you never really see her frazzled."

Another unique opportunity that came out of the Blue Hens' trip was that they were able to exchange a commemorative coin from the university with the three teams they competed against while overseas.



COURTESY OF DELAWARE ATHLETICS

Delaware Women's Basketball team gets the chance to enjoy the scenery in Spain while on their trip abroad.

"How blessed we are to be able to have experienced this," Adair said. "It was such a blessing."

Last year, the Blue Hens finished with a 19-13 record — a three-win improvement from the previous year.

The team finished the season on a two game losing streak. First, a tough overtime loss to Drexel in the semifinals of the CAA tournament and then a loss to Georgetown in the WNIT opening round.

The Hens will begin their 2018-2019 season on Nov. 9 in a preseason game against the University of Northern Iowa.

live ... It was beautiful to go and learn about just different cultures. To be able to spend nine days starting in Madrid then going to Valencia and ending in Barcelona ... You get to go through the temples the chapels and get to go to where the Olympics were in Barcelona."

In addition to the sightseeing and visiting historical landmarks, the team played three basketball games while abroad.

SPORTS COMMENTARY: DESPITE SETBACK, DELAWARE CAN STILL SPRING INTO A NEW ERA

DANIEL ZABORSKY

Senior Reporter

"Together, we make the remarkable happen," boldly headlines the Delaware First campaign online page. As the effort nears completion, the university looks to fundraise 750 million dollars for the years to come. Their plan includes a \$60 million renovation to Delaware Stadium, as well as a state-of-the-art athletic center for student athletes.

The school's athletics don't pay for themselves. According to an article previously published in The Review, Delaware athletics relies on the financial support from the university for 82 percent of their athletic budget. That's exactly why the 2018 season holds so much weight for the rising Blue Hens football team. It's imperative for Head Coach Danny Rocco and company to garner momentum, not just in the standings, but as a university and national brand.

With the active roster ballooning to 120 players and a fundraising initiative with an emphasis on rebuilding a new state of the art athletics "home," dates planned in 2023 and 2027 against

perennial powerhouse Penn State along with a newly designated area in The Barn, specifically pointed towards building an all-new home-field advantage by priming Newark's finest tailgaters. All signs and excitement point to Delaware



Delaware football ready to tackle a new season.

LOUIS MASON/THE REVIEW

eventually coming into a power of their own.

Rocco turned a 4-7 team into a 7-4 team in less than a year of coaching, and looks to gain

momentum during his second year. The Hens nearly missed the playoffs following losing their final game to Villanova. Delaware enters the season ranked 15th in the STATS FCS Top 25. Heavily favored and opposed, their schedule

includes No. 1 ranked North Dakota State as well as a loaded CAA. All these factors contribute to the rolling momentum surrounding Delaware athletics, specifically the

football program.

Nothing worth having ever comes easy, however. Delaware lost their home opener against Rhode Island, a team ranked twelfth in conference standings a year ago. If Rocco wants to lead his team to the

promised land of the playoffs, a land Delaware hasn't seen in eight seasons, they'll have to bounce back strong against Lafayette. Their chances have decreased, but

have not completely diminished.

Schools in power five conferences like the SEC and ACC don't have to worry about subsidizing their athletic budget by the university, since their athletics bring in enough revenue to spot other expenses. With timely play by the Hens, Delaware could replicate this formula.

Including rising freshman enrollment numbers, the erection of the freshman-only South Academy Street dorms and more construction to come, Delaware is a growing school. The talk surrounding Newark will grow, with every win by the nationally-ranked Blue Hens.

It's deeper than just football, too. The Delaware First initiative looks to gain funds to further increase student and faculty support, lay the foundation for the Biden Institute, further develop graduate education and expand the growing programs amongst the colleges.

With every touchdown, every spike and every goal scored, the university gains momentum towards doing what they set out to do: making the remarkable happen.

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