

## SERVING UP A TUNE

Bowling for Soup hits a high note with an all-age Stone Balloon crowd

Mosaic / B1



## On the ball

The Review profiles men's basketball junior forward Harding Nana, who scored 30 points in the Hens' recent loss to VCU.

Sports / B6

# THE REVIEW

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## Area burglaries spawn task force

BY SONDRA ABEL

Staff Reporter

Senior citizens were given lessons in home safety Tuesday at the Newark Senior Center.

The Newark Police Department held a special meeting for elder residents to help them deal with a string of recent burglaries in the area.

Cpl. Tracy Simpson said more than 100 burglaries have occurred in Newark since last November, five of which have been home invasions.

Mayor Vance A. Funk III said the burglar is targeting the elderly.

The burglar seems to know the victims keep cash around and have no alarm systems, he said. There have also been instances where phone wires have been cut, and victims who do not have cell phones are unable to contact authorities.

Simpson offered a few inexpensive home safety options.

The easiest and cheapest way to protect your home is to have adequate lighting, she said.

Seniors should look at their homes during the evening to be aware of shadows and dark areas burglars can hide in.

Simpson also advised keeping all doors and

windows locked, purchase an alarm system or a dog, noting the serial numbers of valuables and taking multiple photos of possessions.

"They don't care what it's worth," Simpson said, "they'll sell it on the street for a bag of drugs."

She especially warned seniors not to resist, should they be confronted.

"There's nothing in your house worth your life," she said.

In addition, Simpson said holding meetings for residents is meant to help, not worry them.

"We're not trying to alarm anybody. See editorial, A5. We just want to be sure everyone is informed," she said. "Being informed empowers you."

Newark resident Ben McCormick said he will be prepared if anyone tries to break into his house.

"I'm gonna have my shotgun loaded," he said. "I'm serious about that — that's my true feelings."

McCormick said he has lived in his home in Newark for 82 years.

As a result of the high instances of burglaries, Funk has assembled a special task force consisting of various police units.

"There's an enormous increase of manpower in this investigation," he said.

New Castle County Police Department, Delaware and Pennsylvania State Police, Cecil County Sheriff's Office and Public Safety are all collaborating with Newark Police to stop the burglaries.

Funk said some components of the force include an increase in K-9 units and unmarked police cars.

The new cars have caused some minor concerns for citizens, he said, because they do not recognize it is an undercover vehicle.

The increase in units has shown effective results, Funk said.

Simpson said by bringing the departments together, police will be able to gather and exchange more information, investigate leads and have more units on patrol.

Funk said the increase in police units shows the urgency of the situation at hand and the aggressiveness with which officials are pursuing the burglar.

"We want to catch [criminals] in the worst way," Funk said.



THE REVIEW/Mary Beth Wilde

Newark Police Cpl. Tracy Simpson gave advice to residents about home security Tuesday at the Newark Senior Center.



THE REVIEW/Mary Beth Wilde

"Tough Crowd" regular Sherrod Small joked about race relations, the news and sex during SCPAB's first spring Coffeehouse Series performance Tuesday.

## Coffeehouse Series

### Comedian cracks up Scrounge

BY SUSAN RINKUNAS

Copy Editor

The Student Centers Programming Advisory Board kicked off its spring Coffeehouse Comedy Series in the Scrounge Tuesday evening with an audience of more than 250 people.

The SCPAB spring opener was a big hit, featuring comedian Sherrod Small, a regular on "Tough Crowd with Colin Quimm" and VH1's "Best Week Ever," and also an opening routine from comedian Cal Verduchi.

Small said he is a repeat Coffeehouse Series performer.

"I'm back in the fucking cafeteria slash theater," Small said of the stage setup in the Scrounge.

He joked about events in the news and said he is surprised to see so many wealthy people in jail, such as Martha Stewart, although he said he feels safer knowing she is behind bars.

"I can finally go to bed and not worry that some white girl is gonna redecorate my shit," he said. Small then commented that unlikely ethnic groups are adopting black culture.

"I get out-blacked by young white kids every day," he said. "Some guy walked up to me outside and asked 'What's the dilly, yo?' I had to consult my urban dictionary."

"Next thing you know there will be Jewish kids walking around in FUBU yarmulkes saying things like 'Je-Je-Jew Unit' and 'West Baaaaank.'"

He talked about the War on Terror and its negative effects on the Arab-American population.

"Arabs, just hang in there. In a few years, everyone will be wearing your clothes and listening to your music," he said.

Terrorism occupies so much of the media's airtime that no one hears about things like Viagra anymore, he said.

He informed the audience that the makers of Viagra have released Viagra cream, which gives the user an erection after applying the cream to the genitals for 15 minutes.

"Fellas, here's a news flash: rub any kind of

cream on your genitals for 15 minutes and you'll get an erection," he said. "It could be sour cream — I don't care, just rub it in."

After his jokes and comments on ethnic groups, Small returned to the subject of news.

"Did you ever notice how the TV stations send the black reporter to the ghetto? If they do send a white reporter, they're up in a helicopter," Small said as he tapped his fingers on the microphone to simulate the sound of propellers. "Then they tell the pilot, 'Go up, they can jump!'"

The audience roared with laughter as the comedian took a bow and jumped off-stage.

Senior Kaitlin Hoffman, president of SCPAB, said the organization books comedians such as Small through talent agencies.

Attendance depends on timing during the semester and the performer scheduled for that week, she said.

"Fewer students show up when tests start," Hoffman said. "But normally we can expect between 100 and 150 people."

When we had the Upright Citizens Brigade, a New York improvisation comedy group, performed, 600 people attended.

She said the group considered moving the location of the series to the more spacious Bacchus Theatre in the lower level of Perkins Student Center, but shows in the Scrounge can attract the flow of people walking through the building, unlike the alternate basement setting.

The group has reserved the Bacchus Theatre for March 15 for the return of the Upright Citizens Brigade.

Freshman Sarah Westby, a Coffeehouse Series regular, said Small's helicopter joke was her favorite of the night.

Freshman Clark Davis preferred the bit about Jewish "thugs."

"That hit so close to home," he said patting his heart. "Because of him I want to get some Star of David bling."

## Democratic strategist says 'wake up' to race relations

BY KENNY RIEDEL

Staff Reporter

Black people nationwide need to take a more active role in improving their world and enhancing their social and political standing, the chair of the Democratic National Committee's Voting Rights Institute said in a lecture Feb. 15 in the Trabant University Multipurpose Room.

Donna Brazile engaged an audience of approximately 200 students, faculty and politicians, by discussing the state of the black community and issues facing the Democratic Party.

A black Louisiana-born political strategist, activist and Georgetown University professor, she managed the Gore-Lieberman presidential campaign in 2000 and served as deputy campaign manager for the Rev. Jesse Jackson in his 1984 run for the White House.

Brazile, author of "Cooking With Grease: Stirring the Pots in American Politics," a collection of memoirs compiled from her political career, calls upon America's black youth to take action.

"Take your seats at the table, find your voices, and become true public servants," she said. "This is a day that requires new leadership, new blood. I'm tired of seeing the same few black leaders at the podium every two years."

"Use the opportunities you have to learn who you really are, to look into your hearts and souls, to take a stand for the black commu-

nity. You've got to speak up — you can do it. Dream bold dreams."

Brazile said black people face problems that can only be resolved with fresh perspectives from a new generation of thinkers. They need not only cultivate a consciousness for their collective condition, but also do something about it.

"We need people who are willing to stir the pot," she said. "W.E.B. DuBois was willing to be scapegoated by the rest of America, to be blacklisted, but it didn't stop him from challenging young blacks to bring about change. He would be appalled at the black leadership of today and the indifference to our troubles displayed everywhere."

Brazile said the black population has been ravaged by unemployment and a lack of health insurance, as well as staggering arrest figures among black men.

"Forget your hip-hop moment or your soul or blues or whatever," she said. "Wake up to what's happening."

After she suggested remedies for a host of issues affecting black people, Brazile told stories from her time on the campaign trail and recounted her tumultuous childhood.

She also spoke about the future of the Democratic Party.

"The vast majority of Americans don't know who we are or what we stand for as Democrats," Brazile said. "They

don't know us. Most just think we're godless and gutless. But I'm confident Howard Dean will revive this party."

Brazile said the Democratic Party must rejuvenate its backbone.

"Every two years, we reinvent the party, throwing out the good with the bad," she said.

Brazile said she decided to devote her time and energy to activism the day after the assassination of Dr. Martin Luther King, Jr., in 1968 and began campaign work at age nine.

She was a key proponent of the movement to recognize King's birthday as a national holiday.

Freshman Anecia Moore said the lecture had an effect on her.

"For one, I'm going to be more aware of what's going on, watch the news and congressional hearings," she said. "That's a start."

Freshman Nina Grillo-Balthrop said she found Brazile's speech very inspirational.

"Usually when I hear speakers, they're very one-sided about their stances on issues. She balanced her material out, discussed the pros and cons of everything and was fair in her assessment of society," she said.

The lecture, the first in the "African Consciousness Celebration 2005" series, was sponsored by the Center for Black Culture.

## New concentration approved

BY JASON TOMASSINI

Staff Reporter

A conflict arose when a new concentration was approved for the departments of sociology and criminal justice at a faculty senate meeting Feb. 7.

Jeremy Firestone, marine studies professor, said the proposed concentration titled Emergency and Environmental Management did not require enough related courses, but the faculty senate passed the proposal with a vote of 26-17 with one abstention.

"[The concentration] does not require a student to take a course in environment and management," Firestone said, "and students could avoid environment classes and get a degree."

Tricia Wachtendorf, sociology professor and faculty member for the Disaster Research Center, said events such as the Sept. 11, 2001 terrorist attacks and the Indian Ocean tsunami make the timing of the decision relevant although the department has wanted to do it for awhile.

Eric Rise, criminal justice professor, said he thinks the courses are appropriate for the departments.

"The concentration is not about what causes a tidal wave," he said. "It asks what are the social effects of the tidal wave, why it affects areas more than others and what plans can be made to minimize the cost."

Wachtendorf said the concentration is intended for students who want to work with the Disaster

Research Center, which is located on East Main Street, and claim the course requirements are intended to cater to the students.

"The courses do have emergency and environmental aspects," she said. "But there are opportunities for students to take courses in other departments for their own interest."

The new concentration includes courses such as Disasters and Society (SOC 325), Sociology of Risk (SOC 323) and Environmental Sociology (SOC 470), with new courses being developed.

Rise said the concentration is significant in part because of the political situation that is emerging.

"The concentration is important given the growing concern with homeland security and the need for environmental preparation for manmade and natural disasters," he said.

Firestone said the concentration should be renamed to Disaster Response.

"A degree in environmental management should not be in sociology and criminal justice," he said. "The degree seems to be focused on emergency response to either terrorism or natural disaster. When I think of environment I think of things like pollution."

The lack of correlation between the courses, departments and the concentration's subjects is still an issue, Firestone said, but what the department ultimately decides appropriate for sociology.



# Sex Toy BINGO

BY AARTI MAHTANI  
Student Affairs Editor

To compliment the passionate and intimate side of Valentine's Day, more than 100 students and couples played a modern style of traditional Bingo at V-DAY's Sex Toy Bingo Monday evening.

After paying \$10 at the door, each player received 10 sheets, with three bingo cards, in hopes of winning a sex toy at the end of each game.

Some of the prizes distributed were erotic magnetic poetry, edible crotchless underwear, penis gummies, a "clit flicker" to be used during intercourse, a metallic phallic-shaped vibrator, anal beads, books on instructions for sex toys and an "oro-simulator" for a man's pleasure.

If a spectator won the Bingo game, senior Carolyn Schneck, president of V-DAY, informed the audience, there was a stipulation to claiming the sex toy.

"If you get Bingo, the only way you can claim your prize is if you fake an orgasm," Schneck said. After each game, the winner had to let out a somewhat believable moan or groan.

Sophomore Glea James, member of the group, walked around the pink and black decorated Trabant Multipurpose Room, while showing the audience which prize they could win.

The game itself had a sexy

twist.

When James was calling out numbers, she created sex-inspired words to go with each letter.

The N's were either "naughty" or "nice," the G's were the "G-Spot" and the I's were "Inside."

In addition to the prospect of winning sex toys, audience members were treated with "mock-tails," a non-alcoholic version of cocktails.

The drink of the night was Sex on the Beach, James said.

All toys were donated by the adult store, Birds and Bees.

V-DAY, which also puts on the annual performance of "Vagina Monologues" that will take place Feb. 25, hosted the event.

The group also sold V-DAY T-shirts and raffle tickets for three possible prizes, each donated by Starbucks, The National 5&10 and Hyacinths and Butterflies.

Alumna Miranda Hutson, former member of the group, won the most desirable prize of the night, the Adult Play Pal, which includes whipped cream, massage oil, kissing potion and an exotic feather.

She said she attended the event because she went last year and won a prize, loves bingo and supports the group.

"I have been working with Vagina Monologues for the past four years," Hutson said.

Schneck said the event's proceeds were going to three organi-



THE REVIEW/Tammy Lew  
Senior Emilie Tenenbaum displays the prizes she won at V-DAY's Sex Toy Bingo Monday.

zations: YWCA, Contact Delaware and the Delaware Commission Against Domestic Violence.

Approximately \$1,000 was raised, she said.

Last year's Sex Toy Bingo was at East End Café, Schneck said, but since the fundraiser had a great turnout, they decided to bring the event on campus this year.

Junior Amber Hikes said although she attended the event to have a good time, she also came because the money goes to a good cause.

Hikes said she was disappointed she did not win a prize.

"I was really devastated," she said. "[But] I would come again next year."

## Institute teams up with NASA

BY CAIT SIMPSON  
Staff Reporter

The Institute of Energy Conversion at the university is working with NASA to contract a major deal to develop thin film solar panels that could be placed on spaceships.

Robert Birkmire, director of IEC, said the contract is not in place yet, but entails a substantial amount of money.

Steve Hegedus, permanent researcher for IEC, said the institute submitted a proposal to NASA, and won the bid for the contract because of its ability to make lightweight solar panels.

The IEC is such a prominent institution for solar energy because of its production of thin film panels, Birkmire said.

"Thin film panels are one hundred times thinner than the regularly used crystalline silicon panels," he said.

The width of the panels makes it easier to produce as well as apply them on NASA projects.

In addition to the NASA contract, Birkmire said the institute receives financial backing from the Departments of Energy and Defense, as well as individual corporations.

Fraser Russell, former director of IEC, said the institute was created in 1972 by former professor Karl Boer at the dawn of the space age with the expectation of a market for alternative energy.

"The Institute of Energy Conversion was created in anticipation of a need to develop an energy source which uses sunlight and converts it directly into electricity," he said.

IEC is able to maintain a permanent staff of researchers and developers in addition to undergraduate, graduate, post-doctoral students and visiting researchers who work in the labs.

"As a Department of Energy Center of Excellence, we receive anywhere between 50 and 70 percent of our funding from the federal government," he said.

Hegedus said the institute is nationally and internationally acclaimed for its unique combination of research and industry.

"We're one of Newark's best kept secrets," he said. Birkmire said IEC is unique because it uses all three of the possible materials that use solar panels and the university has one of the nation's highest levels of funding for this area of research.

Russell said the ability to make the thin film panels at a low manufacturing cost was also a major factor in attracting the NASA contract.

Russell's leadership of the institute in the 1980s changed the focus of IEC to working closely with industries and national labs, Birkmire said.

"The institute's collaboration of industry and research brought manufacturing scientists to the next step and put the IEC on unique footing," he said.

Hegedus said businesses were attracted to the institute because thin film panels are easier to manufacture.

Russell said the institute won national and international recognition by being the first to perfect a process in thin film panel production that enables them to convert enough electricity for practical applications.

Hegedus said IEC attracts many foreign students and scientists.

The institute grew from its breakthrough and became a prominent entity in the Newark community, he said.

"The city actually holds the nation's first all-solar houses, built in 1973," he said. "It was a test case for early solar technology."

Hegedus said he is perplexed by the fact that the university does not use solar power when it has such a prestigious resource.

"UD has been a leader in technology labs and policy research but not in applying renewable energy to its own campus," he said.

Birkmire applied the situation to a national level and said the nation needs to expand its energy sources as well.

"The U.S. used to be the leader in solar panel production," he said. "But now, Japan produces 50 percent of the world's solar cells, Europe produces roughly 35 percent and the U.S. produces less than 20 percent."

The federal government is not taking a leadership role in the renewable energy campaign and is instead leaving the effort up to state governments, he said.

Hegedus said a transfer to solar energy would be beneficial because it would provide a domestic source of energy, does not contribute to global warming and would provide a technical base for high-skilled jobs.

## Official proposes prison budget increase

BY EMILY PICILLO  
Staff Reporter

In an attempt to alleviate problems with Delaware's prison system, Commissioner Stanley Taylor, Jr. asked the Joint Finance Committee to approve a \$209 million budget Feb. 10, a 7.3 percent increase from last year.

Understaffing by approximately 300 corrections officers has prevented the Department of Corrections from initiating programs, such as a \$4 million women's work release center.

Beth Welch, spokeswoman for DOC, said the department has identified several areas that are important to address.

Commissioner Taylor's request also reflects a \$14.3 million increase from the original budget for the upcoming fiscal year.

"We have full confidence that the Joint Finance Committee will give our request proper consideration," she said.

Welch said several factors have contributed to the current shortage in staff.

Upturns in the economy have provided the workforce with other choices of employment, she said. The department has had to compete for qualified workers because of these alternate opportunities.

Concerns that salaries for corrections officers are not high enough have also turned many potential employees away from the field, Welch said.

The absence of approximately 45 corrections officers on military leave has also con-

tributed to the problem, she said. The department must hold these positions until the officers return.

In addition, the department's inability to open a woman's work release center, a transitional facility for former prisoner inmates who are not yet ready to live in the community, but can work in the outside society, has largely been due to the need to fill empty positions in other facilities, she said.

"It's been difficult, and we have a lot of officers working overtime," Welch said.

State Sen. David McBride, D-13th District, said \$8 million has been spent in overtime pay in the past year.

Welch said in order to improve the situation, DOC has authorized higher-ranking officers to work overtime to fill staff vacancies. Before this change, those officers were not allowed to work overtime hours.

McBride said he is concerned about the lack of an adequate amount of employees in the department.

Supportive of the increase in budget, especially for a raise in corrections officers' salaries, he said, he is hopeful the committee will be able to provide officers with a significant and substantial increase in pay.

Both McBride and Welch expressed the need to make the job of a corrections officer more appealing.

Welch said as of Jan. 1, corrections officers received a 5 percent raise. They also received a

\$600 increase in their hazardous duty pay last July and will receive a similar raise this July.

McBride said Commissioner Taylor demonstrated responsible leadership by proposing an increase in budget for the simple fact that there is a need for more money.

Although the budget has proposed positions to fund a work release center, he said the department will still have to struggle to fill vacancies in other facilities.

Welch said the work release facilities that exist in the state are currently had men and women. However, it is important to have a center just for women because their needs are different.

State Sen. James Vaughn, D-14th District, said some of the money requested is in anticipation of an increase in the inmate population, as well as medical and drug programs.

However if no such increases occur the budget could be reduced, he said. Nevertheless, the proposal is a normal part of the process.

"We'll see what is available to match up with the request," he said.

McBride said prioritizing the budget remains a difficult task.

Welch said at a job fair on Feb. 12, 140 applicants out of 200 were approved to begin the long process of becoming corrections officers.

However, many of these applicants will not make it into a cadet class, and others will fall out of the process along the way leaving many positions vacant.

## Student acting group uses skits to educate about sexual violence

BY GENEVIEVE BAPTISTE  
Staff Reporter

Student athletes were given an instructional lesson on dealing with violence by a Rutgers University acting troupe Sunday in Purnell Hall.

The Student Athlete Advisory Council sponsored the interactive improvisational theater performance by Students Challenging Reality and Educating Myths on dating violence and sexual abuse.

Rather than presenting the subject in lecture format, the SCREAM Theater opted to use short skits involving humor and real life dating situations.

Senior and SAAC President

Kelley Pastic said the show's comic format took the edge off otherwise serious issues, but it still made important points.

"My favorite part was definitely the humor," she said. "It was in good taste and kept the audience's attention, but still treated the topic sensitively."

One skit exhibited the "cycle of violence," in which small instances of verbal abuse eventually built into a climax of violence.

The actors depicted the relationship as one actor hit another and the language escalated to profane.

Pastic said the SAAC sponsored the event with the hope of

**"I know a victim of sexual violence, so the message was good to hear after seeing the way they were affected."**

— Kelly Pastic, president of the Student Athlete Advisory Council

bringing the athletic community closer together.

SCREAM Theater, created in the early 1990s, travels nationwide to educate students about the types of interpersonal violence, including dating violence, sexual assault, same-sex

violence, stalking, bullying and peer harassment.

SCREAM Athletics is a new addition to the program and addresses the aspects of the athletic culture that supports the prevalence of sexual assault.

"Professional and college

athletes often get bad press coverage for things like sexual assault," Pastic said. "Even if one person got something out of the presentation then it was worth it."

Deborah Roche, assistant coordinator of the Student Services for Athletics Program, said the performers are all student athletes and are aware of many of the same pressures.

Senior lacrosse player Diana Hall said she appreciated the true-life aspects of the performance.

"I liked how it was realistic and involved friends who either helped the situation or didn't," she said.

The interactive performance allowed audience members to ask the actors questions regarding dating violence.

Roche said she was glad the performances addressed physical violence along with less visible emotional violence.

"The emotional part is often overlooked," she said.

For Pastic, however, the presentation also had a more personal meaning.

"I know a victim of dating violence," she said, "so the message was good to hear after I've seen the way they were affected."

## Police Reports

### ROBBERY ON MAIN STREET

Formal Affairs, located on East Main Street, was robbed Wednesday evening, Newark Police said.

A man armed with a handgun entered the store at 9 p.m., Cpl. Tracy Simpson said.

The man removed an undisclosed amount of money from the cash register drawer, she said. No one was harmed in the incident.

The man was last seen heading westbound on foot on East Main Street, Simpson said.

There are no suspects at this time.

### TAILGATE REMOVED

A tailgate was stolen from a pickup truck parked on East Main

Street some time between Tuesday night and Wednesday afternoon, Simpson said.

Between approximately 7:30 p.m. Tuesday and 3 p.m. Wednesday the tailgate was removed from the car, she said.

No prints were found on the car, Simpson said, and there are no suspects at this time.

Damages to the truck were estimated at \$700.

### FLYING TRASH CAN

A trashcan was thrown at a car parked in front of its owner's house on Cornwall Drive Tuesday night, Simpson said.

At 9 p.m. the owner looked out his window and saw a 55-gallon trashcan being thrown at his Black Chevy Impala that was parked in

the street, she said.

Damages are estimated at \$500, Simpson said, and there are no suspects at this time.

### STEREO EQUIPMENT REMOVED

Stereo equipment was removed from a car on Elkton Road between Tuesday night and Wednesday morning, Simpson said.

Between approximately 7:30 p.m. Tuesday and 10 a.m. Wednesday the driver's door was pried open and \$540 worth of stereo equipment was removed from the vehicle, she said.

Damages are estimated at \$300, Simpson said, and there are no suspects at this time.

— Kathryn Drescher

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## 54TH ANNUAL NATIONAL ENGINEERS WEEK

SATURDAY, FEB. 19

•Engineering Dodgeball, Carpenter Sports Building, 1-4 p.m.

SUNDAY, FEB. 20

- Engineering Broom Hockey, Rust Ice Arena, midnight-2 a.m.
- Engineering Alumni Association Panel Discussion & Reception, Center for Composite Materials Lobby, 3-5 p.m.
- Engineering Photo Treasure Hunt, Evans Hall, 6-8 p.m.

MONDAY, FEB. 21

- Ethics Speaker, 114 Spencer Hall, 4-5 p.m.
- Engineering Quiz Night, Scrounge, 7-9 p.m.

TUESDAY, FEB. 22

- Money Management Workshop, 120 Smith Hall, 4:30-6 p.m.
- Order of the Engineer Ring Ceremony, Mitchell Hall, 6:30-7:30 p.m.

WEDNESDAY, FEB. 23

- Women in Engineering Mentoring Reception, Center for Composite Materials Lobby, 4:30-6 p.m.
- UD Senior Design Presentations, Clayton Hall, 6-9:30 p.m.

THURSDAY, FEB. 24

- Seventh Annual Engineering & Technology Jobs Fair, Trabant University Center Multipurpose Room, 1-4 p.m.
- 2005 Engineers Week Celebration, DuPont Country Club, 5:30-7:30 p.m.

FRIDAY, FEB. 25

- Engineering Carnival, Collins Room, Perkins Student Center, noon-4 p.m.
- College of Engineering EWeek Banquet, Trabant University Center Multipurpose Room, 7-9 p.m.

SATURDAY, FEB. 26

- Teams Competition, Smith Hall, 8:30 a.m.-1:30 p.m.

# Bill would standardize curriculums

BY KATHLEEN COLLINS

Staff Writer

Concern over the disparity between school district curriculums led two state legislators to propose a bill to unify the curriculums of all 19 school districts in Delaware in an effort to provide a similar educational experience for children across the state.

State Sen. David Sokola, D-8th District, co-sponsor of House Bill 47 with State Rep. Stephanie Ulbrich, R-25th District, said it is necessary because the state already requires students to take standardized tests to prove they meet state requirements.

"If you identify standards of what students should learn and everyone agrees," he said, "it makes sense to see students in a uniform curriculum."

Harold Roberts, superintendent of the Caesar Rodney School District in Kent County, said a mandatory, unified curriculum is unnecessary because state standards already act as a curriculum.

"The state would be telling us what is taught and when it's taught," he said. "It would just be another level of specificity, and state testing already covers this. We don't need anything we already have."

While a uniform curriculum will align districts and alleviate problems for students that switch schools mid-year, Roberts said, it will not solve every problem.

Students would still face differences in teaching styles or the pace at which the material is covered — something they could experience simply by changing schedules, he said.

Sokola said he understands the concerns held by opponents to unifying the school curriculums. A former teacher, Sokola said he knows educators and the community will resist changes, especially to unique programs.

"I respect the idea of academic freedom," he said. "I support the idea of keeping some flexibility in the curriculum. Some teachers have unique skills and different abilities when teaching."

Wendy Lapham, spokeswoman for the Christiana School District, said the district was working internally to improve the curriculum and was not fully in favor of a statewide mandatory curriculum.

"We do believe there are some areas where the districts can work together to improve the cohesiveness in the curriculums to best benefit the students," she said.

Sokola said initially only parents were in favor of a uniform curriculum, but now teachers also support it, especially since the recent success of a special elementary science curriculum called the Smithsonian Program.

The program was developed by the National Science Foundation and implemented in three Delaware schools, he said. Due to its success rate in having students meet the state requirements for elementary science more schools have asked for it.

"We should try to implement a program everywhere if it's proven to work like this one has," Sokola said.

Ron Gough, spokesman for the State Department of Education, stated in an e-mail message there has never been a law mandating a curriculum within the school districts. The recommended elementary science curriculum is not a mandatory program.

"A recommended curriculum is not about every school being on the same page on the same day, but rather, a guide for what should be covered in instruction," he said.

The state established education standards for students in 1995, Gough said, and students are required to take standardized tests as part of the Delaware State Testing Program.

"These help measure how well students are performing against the standards established by Delaware educators, parents and the community," he said.

"DSTP test results help identify student strengths and individual learning needs and guide teachers as they enhance instruction."

Sokola said the alignment of curriculums was supposed to occur years ago.

State standards have been in place for 10 years, leaving a gap between implementing standards and a curriculum, he said.

"There are still large gaps in some curriculums, especially math," Sokola said. "Only six districts have successful alignments of curriculums. That is not fair to the students in districts that are not aligned."

The draft of the bill does not currently have specifics for how a curriculum would be shaped, he said. It only details how the DOE could develop and establish a uniform curriculum.

Sokola said more discussion as to whether a statewide curriculum should be mandatory is expected when the legislature is back in session in March.

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FEB. 22-MAR. 22, 2005 004 KIRKBRIDE, 7 PM



#### FEB. 22 Standing on My Sisters' Shoulders

This film approaches the Civil Rights movement in Mississippi in the 1950s and 1960s from the point of view of the courageous women who lived it—and emerged as its grassroots leaders. These women stood up and fought for the right to vote and the right to an equal education. They not only brought about change in Mississippi, but they altered the course of American history. The film has received many awards including two awards for Best Documentary (from the 2004 Pensacola Film Festival and the 2004 Pan African Film Festival).

Speaker: Jeanne Nutter, Bloomfield College Photo courtesy J. Schuman

#### MAR. 1 Tupperware!

"Tupperware" is a funny, thought-provoking film that reveals the secret behind Tupperware's success: the women of all shapes, sizes, and backgrounds who discovered they could move up in the world without leaving the house. "Tupperware" charts the origins of the small plastics company that unpredictably became a cultural phenomenon. The film focuses on the experiences of Brownie Wise, a self-taught salesperson, who convinced Earl Tupper that his products should be sold at home parties, and who suffered disastrous career consequences when the press began to imply that Tupper's plastic products owed their success entirely to Wise's marketing know-how.

Speaker: Susan Strasser, Department of History Photo courtesy Tupperware Archives, National Archives, Washington, DC



#### MAR. 8 Peace by Peace: Women on the Frontlines

"Peace by Peace: Women on the Frontlines" celebrates women who join together, stand up for peace, advocate restorative justice, heal their communities, and educate future generations that war is not the answer. Focusing on women from Afghanistan, Argentina, Bosnia-Herzegovina, Burundi, and the United States, this feature-length documentary takes viewers into the lives of women who are engaged in often-ignored aspects of peace building.

Speaker: Arancha Garcia del Soto, Director of Refugee Initiatives for the Solomon Asch Center Photo courtesy arancha@peacebuilding.org



#### MAR. 15 Sex in a Cold Climate

"Sex in a Cold Climate" follows the stories of four women detained in Magdalene laundries between the 1940s and the 1960s. The purpose of the Magdalene laundries—named after the repentant biblical prostitute Mary Magdalene and run by the Catholic Church in Ireland—was to correct the supposed sexual deviance of young women. However, the criteria for deviance were so vague and broad that some young women had no idea why they were incarcerated. This documentary film served as the inspiration for the feature film "The Magdalene Sisters."

Speaker: Anne Boylan, Department of History

#### MAR. 22 Blossoms of Fire (Ramo de Fuego)

"Blossoms of Fire" will immerse you in a culture that has kept its soul. This gorgeous film focuses on the legendary women of Juchitán, a city in Oaxaca, Mexico, who have been celebrated in paintings by Miguel Covarrubias and Frida Kahlo. "Blossoms of Fire" shows them in all their brightly colored, opinionated glory as they run their own businesses, embroider their signature fiery blossoms on clothing, and comment with humor about misrepresentations of them in the foreign press. A fiercely independent streak, nurtured in their Zapotec culture, has resulted in powerful women, progressive politics, and tolerance of homosexuality. See why the people of the Juchitán would not willingly change places with anyone in the first world.

Speaker: Meri Clark, Department of History Photo courtesy Independent Productions, Museum Gueling



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# Editorial

February 18, 2005 A5

## Task Force

In light of the more than 100 burglaries that have occurred in Newark since November, Newark police have smartly taken action.

A special task force has been assembled consisting of various police units, which are collaborating to put an end to the burglaries.

The decision shows that the city has realized the urgency of the situation at hand. The Review applauds Mayor Vance A. Funk III for encouraging the police to increase their efforts.

New Castle County Police Department, Delaware State Police, Pennsylvania State Police, Cecil County Sheriff's Office and Public Safety are working with Newark Police, and all of their resources together will hopefully be effective.

It is evident there are more police cars patrolling Newark, and there are already more K-9 units and unmarked police cars as well.

The burglaries have terrorized the elderly in Newark, and it is helpful that police are providing

meetings to help residents deal with them.

Police have offered reasonable advice, and The Review encourages senior citizens to follow it.

Although sympathetic to the residents' situations, The Review strongly supports the police's suggestion to not resist the burglars. Taking action against the intruder could be dangerous.

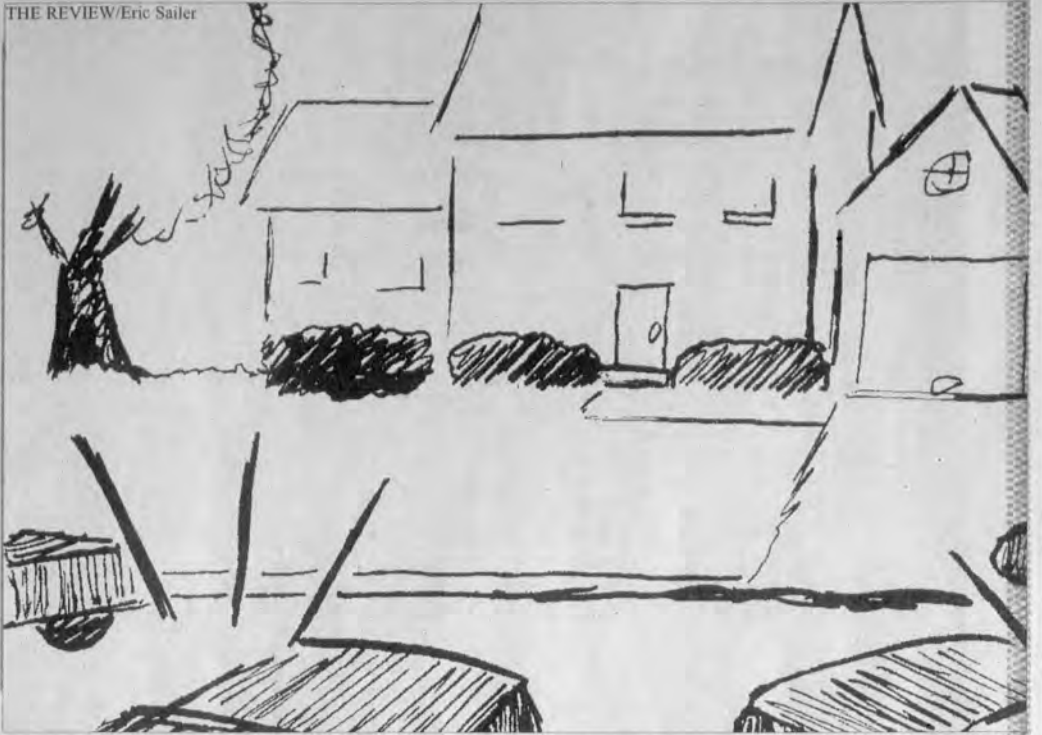
In addition, it has been recommended residents install adequate lighting, keep all windows and doors locked, buy an alarm system or a dog, note the serial numbers of valuables and take multiple photos of possessions.

Although the burglar has not targeted students, they should be mindful of the situation and take the police's suggestions as well.

Students should also be responsible and alert.

If a burglary is witnessed, report it to the police immediately. The sooner they have the information the more quickly they can act and catch the Newark burglar.

THE REVIEW/Eric Sailer



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## Letters to the Editor

### America's condition after four more years of Bush' is not a valid prediction of the future

Numerous things struck me while reading Mike Fox's recent editorial "A look at America's condition after four more years of Bush." Unfortunately, not one of those things was he in any sense correct in predicting.

First off, had he sat down and researched Fox News, he would find that its parent company is actually the top media contributor to the Democratic party, so what was that about Univox?

Then he decides to make light of the countries helping America's effort by using the analogy of goats from Luxembourg. For the record I am currently studying in London and do not believe that anyone here would enjoy the unappreciative tone of that comment.

What he fails to realize is that by proportion of population

(US to Britain) that our Allies have a good percentage of troops fighting side by side Americans day in and day out, and do not need someone behind a computer, like Mr. Fox, to play the role of cynic and belittle their efforts. He then proceeds to make light of Russian Prime Minister Vladimir Putin and France's Prime Minister Jacques Chirac, who are both getting off rather easy with their oil for food deals, but you do not hear too much about that these days.

Mr. Fox also seems to have a warped view of where Bush's priorities lie. None of the things he has proposed have come close to happening in the first four years of Bush's term, so where does he get off implying they will happen now?

The NRA has not gotten any stronger, abortion has only taken a hit in third trimester

abortions (which to be honest is a heinous action) and last time I heard the Ten Commandments had been taken out of a courtroom in Alabama, not put in. But I suppose in his haste to blast the right side Mr. Fox opted to enter not only the left, but the land of make-believe.

Mr. Fox also stated, "Joe arrives at Super Duper Wal-Mart for work, a job he's had since his small business hardware store was forced to close." I'm sorry the last time I checked Wal-Mart was actually struggling, and Bush had decided to aid small business, unlike Sen. John Kerry, who not only wanted to heavily tax small business owners (who just barely made it into the upper tax bracket) but also wanted to raise the minimum wage. Forcing small business owners to not only pay higher taxes but also to pay employees more at

the same time ... now I would think that would cause small businesses to close.

Mr. Fox also mentions Halliburton, I hate to break it to him but in 2009 Dick Cheney will have been out of Halliburton as an owner and investor for more than five years.

In the end it just seems that Mike Fox's editorial "A look at America's condition after four more years of Bush" is nothing more than a sad attempt at humor with no real validity, by someone who is still bitter his candidate didn't win. It was little more than a "Bush" league version of A Brave New World (forgive my pun).

Carson Walker  
Junior  
eswalker@udel.edu

## Howard Dean brings hope for Democrats



Brook Patterson

With no 'e'

The Democratic National Committee took what it believes is a step forward Saturday and announced Howard Dean will replace former Chairman Terry McAuliffe, hoping he will help advance the party in a Republican dominated Washington.

In his acceptance speech to the 447-member committee, Dean told party faithfuls Democrats need to take back the White House, Congress and governorships across the country that were lost in last November's elections.

His ideas and proposals are key to many Democrats, and aim to protect social programs the party has fought for and stood by since President Franklin D. Roosevelt. Under the leadership of President George W. Bush, the future of these programs is in jeopardy, as he pledges to restructure and reform social security.

Dean said he will fight for fiscal responsibility, something he believes the Republicans lack, and said the 2006 budget proposed by President Bush last week "deliberately conceals the cost of their [Republican] fiscal recklessness."

While some Democrats do not know if they like the sound of Chairman Dean, the decision cannot do anything but help the party, one that has felt helpless and overpowered by Republicans lately.

Known for his infamous "screaming" speech at a rally while running for the Democratic presidential nomination in 2004, Dean offers a powerful, honest and reassuring aspect to the party, and he will most likely stand up for what he and the party believe in.

In that run for the nomination, Dean proved he has a strong base,



THE REVIEW/Todd Miyashiro

which he was able to motivate from the grassroots level, mostly through the Internet.

Until his fateful speech, Dean was the frontrunner for the nomination, and will likely use the same strategies as chair to elevate the Democratic Party.

The job of the DNC chair is not to campaign and develop his own ideas or platforms, but rather to encourage Democrats across the country, and perhaps most importantly help the 2008 Democratic presidential candidate secure the election. As DNC chair, he will help to elevate the party and improve its reputation to one of strength and motivation.

Dean brings hope for Democrats, especially with rising stars in the party such as Sen. Barack Obama, D-Ill., who some believe will become the first African American President of the United States, or Sen. Hillary Clinton, D-N.Y., who some speculate is looking to run in 2008.

Republican critics see many faults in Dean and believe he is an example of the problems and instabilities within the party, which could bring it down.

Former House Minority Leader Newt Gingrich was quoted as saying, "I think if [Democrats] have a true death wish, he's the perfect guy to go with."

It is reassuring to see Dean named chair, especially since all he wants is to help the party. He has a genuine interest in the party, cares for its future and is enthusiastic about what he believes in. Who does not like and appreciate someone who is so motivated?

Perhaps more important than what party dominates Washington is the concept of bipartisan action. Right now, the country is so sharply divided with red and blue states that it has become hard to focus on what is really at stake.

Many believe Dean is a radical Democrat who wants to take over the party, and the country, but that is simply not true.

Dean's heart is in the right place, and if he sticks to his convictions and continues to be open minded, there is hope not only for the party, but also for the future of the United States.

Brook Patterson is a Managing News Editor for The Review. Please send comments to bepers@udel.edu

## SUVs have taken over New Jersey, next up, the world



Steph Andersen

Steph it up

Its official, North Jersey has become Sport Utility Vehicle capital of the world, and being one of its residents, I am angry. Hummers, Suburans,

tendencies to flip over, causing more accidents on roadways. SUV drivers tend to be obnoxious as well. They tailgate little cars fiercely and barrel down highways as if they are the only ones on them.

There's got to be some sort of psychological connection to owning a car that big, kind of like, "My car is bigger than everyone else's ... that means I rule the road, and I can do what I want."

Maybe some people need SUVs, like families with five kids, or business owners who use the vehicles like trucks. In driving around Newark though, a common sight is a college student rounding the corner in a gigantic SUV ... why does one person need such an enormous vehicle?

Americans have always liked things big and flashy, but the SUV craze is ridiculous. In watching an episode of MTV's "Sweet Sixteen" last week, I witnessed a 16-year-old brat begging her daddy for an enormous RangeRover. Insanity.

Another reason to hate SUVs — they heavily

contribute to the pollution of our environment. SUVs pollute like trucks because they are freed from the more stringent fuel emission standards passenger cars have to meet.

Decreasing the amount of SUVs on the road would certainly help to cut greenhouse gas emissions, like carbon dioxide, which scientists have linked to global warming. One quarter of the world's carbon dioxide emissions actually comes from the United States, which is extremely embarrassing and deplorable.

Thanks to human pollution, scientists have recently determined that ecological changes are occurring in the Arctic right now. Because of global warming, air temperatures are rising and ice sheets are thinning, putting all sorts of wildlife at risk as well.

Another thing scientists have predicted is that oil will not be around forever. Its quantities have become incredibly limited, and most of the oil that

actually exists on earth has been found ... meaning there is essentially none to be discovered.

So, why are Americans still buying huge 'trucks' that use up so much gas? It is no secret that many SUVs are a status symbol. The bigger the car, the more it will stand out I suppose.

Still, is it really worth destroying the environment we live in just so we can show off our big, fancy cars? As college students, we are young enough that sometime in our future we will have to face serious ecological conditions due to global warming in the Arctic and other places, as well as the depletion of oil reserves. Therefore, it is us who need to start making intelligent and considerate choices.

Do America and the world a favor: go buy a hybrid.

Stephanie Andersen is the Editorial Editor for The Review. Please send comments to stepha@udel.edu



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**Lurking Within:**  
Aromatherapy lines are just one way to alleviate stress.

B3

Friday, February 18, 2005

# Mosaic

ENTERTAINMENT THE ARTS PEOPLE FEATURES

**Movie Reviews:**  
"Because of Winn Dixie,"  
"Constantine"  
and  
"Ong-Bak"

B2



THE REVIEW / Jessica Sitkoff

BY JESSICA SITKOFF

Photography Editor

The lack of alcoholic drinks at the Stone Balloon might be a problem for the beer-loving Bowling for Soup. Their admiration for alcohol can be even found in their lyrics, "All we need is love and beer."

"They don't serve alcohol?" Mark Johnson, guitarist for opening act Riddlin' Kids asks backstage, upset over the liquor shortage. Because Bowling for Soup, supported by American Hi-Fi, Riddlin' Kids and MC Lars is an all-ages show, no alcohol is served. The crowd doesn't seem to mind, though, as MC Lars warms them with his "post-punk laptop rap." Members of Bowling for Soup join Lars for his last song giving the audience a taste of what's to come.

The pace changes quickly as Riddlin' Kids take the stage. "It's time for a rock show, don't you think?" vocalist Clint Baker asks the crowd. The band is clad in matching black T-shirts and jeans.

They perform songs from their new album, "Stop the World," including "Ship Jumpers," which gets a excellent response from the audience. They end their set with Baker dedicating the last song to the "Rodney girls" which includes a number of freshmen in the crowd.

American Hi-Fi, no stranger to the radio, is best known for their 2001 hit, "Flavor of the Week."

Frontman, Stacy Jones, former drummer for Letters to Cleo and Veruca Salt, suffers from a cold, but doesn't show it. He holds the crowd's attention with catchy lyrics and up-tempo beats from the upcoming album, "Hearts on Parade," which will be released in March.

The band performs "Vertigo," a special treat for fans, since they do not usually play the track that appeared on the soundtrack for "American Pie 2." "Hi-Fi Killer!" freshman Steve Fox yells from the back of the pit. Taking Fox's suggestion, American Hi-Fi concludes their set with his request.

"Thank you for being so cool even though there is no beer," Jones says.

Chatting with the audience like old friends catching up, Bowling for Soup's lead vocalist/guitarist Jared Reddick butters up the crowd. Bantering back and forth with his bandmates, the audience feels like they are hanging out with the band rather than watching them perform.

They begin with an ode to their home state of Texas aptly named, "Ohio (Come Back to Texas)." Texas paraphernalia dots the stage in the form of Reddick's guitar and guitarist Chris Burney's Dallas Cowboys jersey.

Their goofy humor is present as talk turns to ice cream and Dairy Queen's trademark blizzard sundae. Bassist, Erik Chandler admits to Reddick, "You could

pee in a blizzard and I'd eat it."

Blizzards and toilet humour aside, the music starts up again with "Last Rock Show" and their current single, "Almost," which currently plays on VH1.

A rock version of labelmate Britney Spears' "Baby ... One More Time" keeps the crowd amped. Reddick complains it takes a Britney song to get the audience to come alive and sing along.

"Everyone sings better — just need to work on the dancing part," he jokes.

Reddick realizes mid-show this is the first time Bowling for Soup has ever performed in Delaware.

"This is the first and best show ever in the great state of Delaware."

He acknowledges the legends that have played the Balloon before them: "Everyone has played here and now so have we."

Fan favorite, "The Bitch Song," is next as the band sings, "You're a bitch / But I love you anyway." People in the crowd raise their cell phones to take pictures. "Sweet Home Alabama"

keeps everyone in good spirits. Bowling for Soup adds words to the song to give props to the bands they are touring with.

Finally, they play "Girl All the Bad Guys Want" and "1985" — the songs they are most known for — back-to-back, to conclude the show.

"This goes out to all the moms in the audience," Reddick says recognizing all the adults that bring their children to concerts.

Before the show Chandler says, "The parents are cool because they are not as lame as their children think they are."

There is a lull in the song, and junior Rachel Posner yells out the line, "On the radio" prematurely. Reddick breaks from the song to acknowledge Posner's craziness.

After the show, the audience shifts to a line in front of the merchandise booth with the promise of meeting the band. Fans leave with adrenaline still pumping.

"I'm going to be excited for the next five hours," exclaims sophomore Michelle Schultz.



Image courtesy of Bowling for Soup



THE REVIEW/Jenna Villano

Stress relief is not limited strictly to pills anymore. Aromatherapy and herbal supplements are also becoming popular.

## Herbal supplements and teas relieve stressed out students

BY MIKE HAZELTINE

Staff Reporter

Stress. What could today's world possibly know about stress? That's a rhetorical question, but for anyone who thinks they need relief from their so-called stress, they can try one of two things — quit crying and go home, or do what the telemarketers say and find the natural solution to your needs.

Believe it or not, a lot of answers to stress relief might lie within the secrets of teas and herbs. These remedies have been around for quite sometime, so something must be working.

There was a time in ancient history when people relied on the earth and its bounties. What they found to work they were kind enough to pass along. These are the herbal products that can be found today.

Peg Dalessandro, an independent distributor of Herbalife in Philadelphia, says she used to hate to get out of bed-to go to work, but then tried a soy protein mix.

"After taking it I was ready to go and fight the day," she says.

For those who think a protein shake is too mainstream,

they can try Schisandra or Zangle Juice.

Dalessandro says herbal supplements have kept her healthy.

"When I go to the doctor and they tell me my blood pressure is too high, I just say I'll take care of it myself," she says.

Of course, people should not replace their doctors with herbal remedies until they get a second opinion.

It's a good idea to do research first before going out and buying the first herbal supplement found upon walking into a nutrition store.

Mary DeMare Stivers, general manager for the Food Co-op in Newark, says the products aren't FDA approved.

"The products are for educated shoppers," she says. "We never prescribe the products, but we're very careful to make the people know what they are getting into."

The Food Co-op offers computers as resources to guide the buyers. Stivers says, so shoppers can be more aware of what they are getting into.

Of course, to aide in stress

see STRESS page B3

## From suburbs to subwoofers

### Local rappers keep things real and in the 'Family'

BY AMY KATES

Assistant Entertainment Editor

Junior Joey Bassford has a tiny, lavender colored bedroom in his home on East Park Place that he shares with both male and female members of the university cheerleading squad. The living room is spotless, with a suave black leather couch, and the boardgame Cranium sits on the tabletop. The dining room is strewn with ruby roses, half-eaten chocolates and other remnants of Valentine's Day placed here and there. The scene isn't exactly inspiring. However, give Bassford a pen, some loose-leaf and a loose mind, and the scene has the potential to transform into lyrical madness.

Although rapping about purple walls and Russel Stover's candies is definitely not typical fodder for the Ventnor, N.J., native, it is the kind of "real" material Bassford and his rap outfit, The Fittest, place more emphasis on.

"Rap music today isn't [original, everyone is trying to be someone they're not]," he says. "[The Fittest is] five white kids from the suburbs. We don't talk about guns and things like that."

The Fittest is made up of Bassford and his four childhood friends, Ryan "Bucc" Buccafurni, Erik "E-Legal" Thomas, Marco "Lansky" Majia and Donnie "Coffee" Petullo, all from Ventnor. Bassford says the group has been friends since kindergarten. Growing up, they were constantly influenced by Bassford's older brother, who was passionate about rapping.

"We grew up listening to him, and other kids in our neighborhood. It was kind of just the thing to do," he says. "One day we were just messing around, recording over industry beats and soon after I bought a beat box."

The Fittest has only recently become seriously interested in rapping. Listening to their debut disc "Family Business," one would never know it was a novice beat pulsating through the speakers.

With the help of Bassford's friend Rain and his computer software, The Fittest was able to record in Bassford's bedroom and garage. The sound quality of the album is impressive, with fresh beats provided by the Beat Breakers (a trio of Bassford and two others who create hot beats together for the group) and has a fluid, organized, professional studio flow.

"We didn't even think about rapping, seriously, until about a year and a half ago. We were all washed up from sports basically and figured we needed something else to do," he says.

Perhaps a precocious bunch, the fivesome knew years before Eminem burst onto the scene it would be difficult spitting bars as themselves, white boys, standing in just their New Balance sneakers and button-down shirts. It was with that thought in mind that the group dubbed themselves The Fittest, while only fifth-graders.

"We used to rap after watching my brother sometimes," he says. "We needed a name. To this day we still argue over who officially made it up, but we called ourselves The

Fittest because, as white boys, only The Fittest would make it."

Bassford says most opposition to The Fittest comes from people in his neighborhood, not his friends at school. While most campus students will cruise around with 40s of Old E jammed into their back pockets, Bassford's friends hit the party scene with CD's tucked into theirs.

"Where there is a party and there is a CD player, [my friends] just go up to it, take the disc out, and put mine in," he says. "They love it. They get everyone dancing ... they get it played."

"Family Business" boasts 16 tracks, some sampling songs by artists like White Snake, Bette Midler and Eddie Money. Bassford admits to having an eclectic taste in music when it comes to sampling for The Fittest.

"I sample anything, like rock 'n' roll. I like Motown. I grew up listening to rap, but I don't like rap today," he says. "There are some Journey samples that I really like and want to use."

The Fittest writes all their own music, being inspired by every day things people can relate to, not the hyped up, conventional and hackneyed material rappers produce now. The Fittest is truly in love with the simplest element in the hip-hop game — the music.

"Now I got a disc out / pursuing my first love, she needs me inside of her / she's tired of fake thugs they don't even admire her / they take her for granted / if you don't love hip-hop / you just don't understand it."

Although The Fittest aren't rapping about the usual bling-bling, club mingling and drug slinging, some lyrics still could warrant an eyebrow raising from traditional, mini-van suburbia folks. However, the home Bassford grew up in is not in the business of narrow-mindedness, and he says his parents are two of his biggest fans.

"My parents like my music. It's almost embarrassing sometimes," he says. "They'll come in from dinner and they'll say, 'Yeah, we were just bumpin' The Fittest.'"

The Bassfords also have a tendency to play his music when entertaining friends, he says, even though most reactions show that his parents friends aren't always feeling the flow.

"It's just not their type of music," he says. "I tell my mom that all the time."

When it comes to the question of exactly what Bassford intends to do with the incredible talent he and The Fittest are currently nurturing, he says he's staying focused on what he wants to do — educate.

"I'm not dedicating my life to music because I know that's not realistic ... I want to be a teacher," he says. "But whatever comes along with it, I'll welcome it. I'd love any chance I got to make it, but more so to help out the people that are with me, or those who are less fortunate than me in my neighborhood."

The Fittest have no set goal. Their mission statement seems to be to keep it real, and keep it true to the roots they first formed each years ago.

"It's for us," he says. "It's for fun."



Image courtesy of The Fittest



# Don't rush to 'Winn-Dixie'

"Because of Winn-Dixie"  
20th Century Fox  
Rating: 1/2

## Sneak Peek

### HOLLYWOOD

It's only the second month of 2005 but, "Because of Winn-Dixie" is only one of the few family films that will be released in the theaters this year. Parents constantly grumble there aren't enough films that can be enjoyed by a family with a vast age range. Although not much can be done about this, "Because of Winn-Dixie" is a perfect example.

"Because of Winn-Dixie" is a film based on the Kate DiCamillo novel of the same title. In it, viewers enter the life of a 10-year-old girl named Opal, (Annasophia Robb). Opal has just moved into town with her father, finding herself lonely

without any friends.

Opal's mother left when she was very young. To make matters worse, she maintains a strained relationship with her father, played by Jeff Daniels, who is the town's new priest and is allegorically named Preacher. With her problems weighing heavily on her heart, Opal is looking for something special to boost her spirits.

While at the local grocery store, Winn-Dixie, Opal encounters a stray dog that she adopts and names Winn-Dixie. The two wander the small town together, meeting people and learning valuable life lessons.

In the adventuresome spirit of children's entertainment, Opal meets some interesting characters in her travels. Among them, Otis (Dave Matthews), the sole employee of the town's small pet store, and Gloria (Cicely Tyson), a blind hermit. These characters are mildly entertaining, but fail to make the film more interesting.

Robb's acting is solid for her part. Although, it's important to note the part she has to play doesn't require much skill at all. She merely has to act like a lonely 10-year-old girl who loves her dog and misses her mother, and in that respect she is convincing. The same can be said for Daniels, as his character never changes throughout the film.

The humor that results from watching Matthews act should not be underestimated. Matthews never once looks directly at the characters he talks to, and one begins to wonder if he knows why he is on the set. Because no one can deny he has a wonderful voice, it is a treat to hear him play the guitar and sing in several scenes.

As it turns out, Winn-Dixie is clearly the best part of the film. The scraggly, long-haired dog is actually an extremely rare breed from France called an Epagneul Picardi. The dog grows on the



audience, and quickly becomes the best part of the film, with its numerous tricks, like barking on command and howling while people were singing. Interestingly enough, the dog's gender is never established, as everyone keeps referring to it as "that dog."

Throughout some of the funnier slapstick scenes involving the dog, sporadic laughter broke out from small, isolated clusters of children. Sadly, none of the film's other humor strikes a chord with children or adults. As the film draws to an end, sounds of tearing Velcro and whispers began to emanate from antsy kids whose willpower to pay attention had long since been expended.

Director Wane Wang finds himself between a rock and a hard place. He has to make Opal's problems simple and identifiable to young chil-

dren, while maintaining maturity for adults. Wang does neither. Instead, he creates a film whose star was a dog named after a grocery store.

Ultimately, the goal of "Because of Winn-Dixie" is to serve as a gentle and heartwarming family film reaching out to everyone. In the end, the film appeals to neither audience. Without tangible and sustained humor, it would be more sensible to lock the television onto TVLand and force the kids to watch reruns of "CHiPs."

Matthew Feldman is a staff reporter for The Review. His past reviews include "Elektra" (zero stars) and "Hide and Seek" (★).

"Constantine"  
Warner Bros.  
Rating: ★★

Audiences remember the scientific masterpiece "The Matrix" for its original storyline and industry-changing visual effects. Keanu Reeves is not the reason people love the movie.

"Constantine," the latest failure in comic book movies, has audiences leaving the theater remembering the one-liners, not the action, visual effects or characters. In an angels versus demons, heaven versus hell movie, that clearly is not a promising sign.

"Constantine" is based on the DC/Vertigo comic, "Hellblazer," which follows John Constantine, a supernatural detective hunting demons trying to transport to this world. "Hellblazer" was created by comic book legend Alan Moore in 1985.

"Constantine" draws in the audience with the first scene, when John must exorcise a demon from a possessed girl. However, the film drags on for an hour without a clue why John wants to get into heaven, or why he sees these demons and angels — by this time viewers might not care.

As the titular character, Reeves is a combination of "The Matrix's" Neo, as he dons a black trench coat, and his surfer-dude, as he draws a black trench coat.



Break." In most movies about the devil, such as "The Exorcist" and "The Omen," thematic elements such as music, sounds and lack of images create a creepy feeling. These scare more than a computer-generated demon could ever accomplish.

"Constantine" borrows its action from "End of Days," and its themes from "Paradise Lost," "The Omen" and "The Exorcist." Its one-liners seem too comedic for a film aimed at a serious approach to this serious subject.

Those looking for straight action in a movie in which the main character fights computer-generated villains similar to those in the disastrous "Van Helsing" might feel satisfied with "Constantine." However, if they are looking for "Hellblazer," they should certainly stick with the comic book.

— Kevin McVey

"Ong-Bak"  
Magnolia Pictures  
Rating: ★ 1/2

Tony Jaa would be the next Jet Li. Jaa plays the Muay Thai warrior Ting in the new martial arts/action flick "Ong-Bak: The Thai Warrior."

"Ong-Bak," like most martial arts films, has a multitude of clichéd plot sequences and conversations between characters, but its shining star is Jaa in the lead role.

Jaa's fight scenes parallel Li and Jean Claude Van Damme's best, artistically dancing from opponent to opponent in a brutal attempt to save his village.

"Ong-Bak" tells the simple story of the quest to find the stolen head of Ong-Bak, the sacred Buddha Statuette of a small village in Thailand.

Ting, the village's greatest warrior, travels to Bangkok to retrieve the stolen treasure from the drugged business scoundrel who stole it.

Ting becomes reacquainted with his estranged cousin Humlea (Perttaya Wongkamlao). The two, along with Humlea's best friend Muaylek (Pumwaree Yodkamlao) make for a comedic trio as they come across Bangkok's most brutal gangs, drug-lords and mafia men.

Wongkamlao does an excellent job as comic relief.



His character uses Ting's fighting skills to save him from repaying old debts. Humlea's unskillful nature makes for the funniest parts of movie, reenacts Ting's expert moves.

Ting's skills are the only thing that could save this movie from complete direction and plot disaster. For what it was, a martial arts film in subtitles, it was not a total failure.

Obviously, the filmmaker's goal was not to develop an Oscar-worthy flick from the directional or impact point of view, but to create an action-packed film full of off-the-wall stunts and carefully choreographed fight scenes.

In the end, "Ong-Bak" provides for a night of kick-ass fight scenes and hilarious slapstick comedy if the audience has the patience to read the subtitles.

— Kim Dixon

## SAY WHAT?

The Review asks students:

How do you cope with the stress of school?

— compiled by Brian Downey



Katey Allis  
Sophomore

"I go shopping."



Reena Auplish  
Senior

"I talk to my boyfriend and friends about things."



Jef Cramer  
Senior

"Last semester was tough so stress doesn't really phase me anymore."



Michelle Dallaire  
Junior

"I go on long, intense runs through White Clay Creek Park."

## THE HITLIST

FRIDAY

Trabant University Center Theater: "Bridget Jones: The Edge of Reason," 7:30 p.m., \$3

Deer Park Tavern: DJ Rick Daring, 10 p.m., no cover

Stone Balloon: DJ Dance Party, 8 p.m., no cover

Klondike Kate's: Weekend Shakedown with DJ Andrew Hugh, 9 p.m., no cover with university ID

East End Café: Soraia, 10 p.m.

SATURDAY

Trabant University Center Theater: "Bridget Jones: The Edge of Reason," 7:30 p.m., \$3

Stone Balloon: Mad Sweet Pangs, No Vacancy, Chase Her and Moffa Attack, 7 p.m., all ages, alcohol free, \$5 with university ID \$7 without

East End Café: Montana Wild Act, 10 p.m.

Deer Park Tavern: Big Toe, 10 p.m., \$3

Klondike Kate's: Awesome '80s Night with Tom Travers, 9 p.m.

## VIE TIMES MOVIE TIMES

REGAL PEOPLES PLAZA  
(834-8510)

Are We There Yet? 1:50, 4:20, 7:20, 9:50

The Aviator 12:05, 4:05, 8:05

Boogeyman 11:15, 1:45, 4:10, 7:55, 10:25

Constantine 11, 12:20, 1:50, 2:40, 3:40, 4:40, 6:45, 7:15, 7:45, 9:45, 9:45, 10:10, 10:40

Hide and Seek 11:20, 2:05, 4:35, 7:40, 10:05

Hitch 11:15, 12, 2, 3:45, 4:45, 7:30, 8, 10:15, 10:45

In Good Company 10:30

Meet the Fockers 11:50, 2:50, 6:55, 9:55

Million Dollar Baby 11:40, 2:45, 6:50, 9:55

Ong-Bak: The Thai Warrior 7:25, 10

Pooh's Heffalump Movie 11:05, 12:15, 1, 2:15, 2:55, 4:15, 5, 7:35

Racing Stripes 11:35

Sideways 12:10, 3:35, 7:10, 10:20

Son of the Mask 11:30, 2:10, 4:35, 7, 9:30

The Wedding Date 11:25, 2:20, 4:50, 7:50, 10:35

NEWARK CINEMA  
(737-3720)

Million Dollar Baby Fri. and Sat. 1, 3:45, 6:40, 9:20

Hitch Fri. and Sat. 1:30, 4, 7, 9:30

Sun. 1:30, 4, 6:45, 9:15

Because of Winn-Dixie Fri. and Sat. 1:15, 3:30, 6:30, 8:45, Sun. 1:15, 3:30, 6:15, 8:30

Rocky Horror Picture Show Sat. 11:59 pm

THEATRE N AT NEMOURS  
(658-6070)

The Sea Inside (Mar Adentro) Fri., 8, Sat., 3 and 8, Sun., 2

media darling

Leah Conway

Features Editor

lconway@audel.edu



## A healthy addiction to 'Ellen'

booming from my now-reserved seat on the couch.

Two weeks ago, before the big event starting with an S that Philadelphia's like myself are trying not to think about until the Phillies, opening day, my roommate pointed out a fairly obvious fact.

"You know, Ellen is so much fun."

I watched the chaos of little kids dressed up in football jerseys running around one side of the stage while a full marching band played on the main stage. After Ellen jokingly taunted them, she broke it down with Donovan McNabb's mom in the middle of the audience.

Suddenly, it hit me why I love this show. Just as my roommate said, Ellen is a fun chick.

She seems like the kind of girl you want to bring out to a party, or come to think of it, anywhere. Even if it were just to Pathmark, I could see her riding around on the carts and causing a raucous, dancing up and down the aisles.

In addition to her being extremely entertaining, she is more down-to-earth than any other daytime talk show host. In her first season alone she invited Jennifer Aniston, Justin Timberlake, Sir Elton John, Britney Spears, Tom Hanks, Charlize Theron, John Travolta, Kate Hudson, Christina Aguilera, Jim Carrey, Cameron Diaz, Halle Berry and others. Ellen also seems to have just as much respect for everyday people.

One of my favorite parts, which always leads to something hysterically funny, is the "What Are You Doing While You're Watching?" segment. Here Ellen looks into how fans multi-task while watching the show. Not surprisingly these stunts are enough to make me fall out of my saved seat.

In some of these episodes one can find things like Ellen and Britney Spears playing basketball (and Britney was even wearing shoes and not sporting a wife beater and a side ponytail as usual) or Janet Jackson helping Ellen perfect her abs.

I doubt anyone would ever find Oprah working on her abs. All she ever really does for the full hour is sit on that couch. And if she did work on her abs she would enlist the help of her five bazillion dollar trainer, publish an article in her magazine and then tell every woman in the world it is easy to be just like her.

I'm sorry, but I would take Ellen out for drinks or for a quick game of bumper shopping carts any day over the whole cast of "The View" or any other daytime talk show. When is the last time Barbara Walters was found dancing onto the set?

Watching Ellen always does the trick, putting me in a great mood and managing to make my side hurt from laughing.

It is no easy task to keep me captivated, but Ellen usually seems to be expending enough energy for both her and I.



THE REVIEW / Lauren Zane



# Everyday activities for stress relief

BY KATRINA MITZELIOTIS

Staff Reporter

Starting off the Spring Semester is an exhilarating experience. Excitement to greet friends and anticipation of warmer weather ahead excites everyone. Dreaded days of examinations and due dates surreptitiously begin to creep up almost as if out of nowhere, and maintaining commitments becomes chaotic.

There are many ways to find outlets for these stressful times. Exercise is beneficial for a variety of reasons.

Avron Abraham, health, nutrition and exercise sciences associate professor, says research has proven the positive effects of exercise as a stress reliever. "There is some research out there that proves neurotransmitters, such as endorphins, improve mood and stress relief," Abraham says.

He explains the brain releases endorphins during exercise and daily activity, and as a result, stress fades.

"You must do what you want to do and take time

for yourself to do something physically active and mentally relaxing," Abraham says, who emphasizes the benefit of moderate activity.

Sophomore Emily Anderson says joining the intramural soccer and volleyball teams her freshman year helped her cope with the new found pressures of college life and allowed her to meet new people.

"Playing an intramural sport does not entail the pressures of an organized team, however, still allowed me time to spend with my friends and interact with other people. When I am playing a sport, whether it may be soccer or volleyball, my mind is free from the work that usually occupies my time."

Students who dread the thought of lacing up their Nikes, can find alternative ways of stress relief, such as massages, knitting or crocheting.

Senior Melissa Cox, co-founder of Students of Holistic Living, says massage has more depth than merely just tension relief.

"It is a very strong interaction between humans," Cox says. "It is almost like a life-force exchange."

Massage is a cost-effective way to find some

tranquility in hectic schedules, she says, recommending aromatherapy massage, specifically using lavender and geranium.

"Geranium is a hormone used to balance and reduce stress and is proven to be very uplifting," Cox says.

For crafty students searching for a new hobby, crocheting and knitting offer stress-free rewards. Joleen Richwine, Senior Administrative Assistant at Creighton University, crochets and knits often in her free time and in a group.

"Research has studied and proven the calming effects of the repetitive motion that is created when crocheting and knitting," she says. "Chemicals are released in the brain that create the calming effect. You are lost in your project and have a sense of fulfillment when your project is completed."

Prayer can be an outlet for the more religiously-minded student. Philosophy Professor Chris Largent is knowledgeable in the customs of many religious denominations.

"It does not matter if it is prayer, meditation or

contemplation that people use to gain a sense of relaxation. The physiological response in the brain goes into the mental state of alpha, which is the brain wave frequency that essentially slows down a little bit," Largent says.

Blake Hardecker, director of the Baptist Student Ministry, uses prayer as his main form of stress relief. "Prayer reminds us that God is big and we and our problems are small."

He explains, busy students often take on too much in both school and in their personal lives, losing track of what is important.

Cohen says a variety of religious activities can be utilized to aide in anxiety.

"There are a number of types of religious coping that help stress relief, including prayer, discussion with clergy, attending service and social support from other members," he says.

As the semester continues, the days get longer and chapters seem to be unending. A relaxing activity, however, can make it possible to get through those painstakingly long assignments.

## Smells, sounds offer alternative to medication

BY HEATHER STONER

Staff Reporter

For college students on a budget, the idea of spending money to relieve stress may only serve to create more stress. But many low-price products exist to help students relax.

James Radack, a representative of the National Mental Health Association, says the key to relieving stress is finding something both enjoyable and relaxing.

"Simple things can help give you perspective in life," he says. "There are a lot of ways you can reduce stress on your own. Different things work for different people."

Items that are thrown or squeezed, such as stress balls, work because they allow the user to focus on something unrelated to their stress, Radack says. They relieve stress by providing an outlet for energy.

According to the American Music Therapy Association, music can serve as an excellent tool for relieving stress. In particular, many people find sounds of nature and classical music especially relaxing.

Online retailer serenitysupply.com, offers relaxation and specialty products, including a wide selection of stress-relieving CDs designed to calm and soothe the listener.

Al Bumanis, a representative for the AMTA, says studies have shown physiological responses to music.

"For centuries, people have used music to relax," he says. "It cuts across cultural and age dimensions."

Bumanis also says when it comes to relieving stress through music, it all comes down to personal preference. Not every person finds the same type of music calming.

"People think that there's a simple prescription," he says. "But it seems to be very personalized."

Beyond music, there are many other options for stress relief, some as close as the nearest mall.

Johanna Krentz, manager of Bath and Body Works in the Christiana Mall, says the store carries a wide array of stress-relieving products at reasonable prices. The aromatherapy line is one of the most popular.

"Aromatherapy is scent-based therapy to calm and de-stress," she says. "It promotes calming and relaxation, and can even help jet-lag and travel stress."



THE REVIEW / Christopher Moore

She says basic items such as lotion, body wash and foaming bath items can provide physical relief for ailments such as dry skin, as well as the therapeutic effects of aromatherapy.

Essential oils are the basis of aromatherapy, says Krentz, and can be used in a bath, or steamed. However, they are too concentrated to be used directly on skin. In order to use them for massage purposes, they should be combined with a base.

"No two people are exactly alike, so there is no blanket answer for what people should use," Krentz says. "It depends on specific needs."

According to the American Massage Therapy Association, massage is another alternative for relieving stress. Massage can improve circulation, lower heart rate, lower anxiety levels and relieve chronic tension.

Self massagers are a helpful tool to relieve stress. Avon offers a simple foot massager for \$9.99, while stores such as Brookstone offer higher priced electric massagers.

Dale Howe, salesperson for Brookstone in the Christiana Mall, says the store's products are centered on stress relief and relaxation. They carry sound machines that produce the natural sounds of oceans, bonfires and waterfalls.

"Back in the day, they were just ocean sounds," he says. "Now they enhance sleep, almost like a lullaby. They have all sorts of different sounds."

Brookstone also carries hand operated massagers, a wide variety of CDs which promote relaxation and creativity and an assortment of foam pillows designed for comfort.

"They're relaxing," Howe says. "Just a soft pillow filled with beads that you can curl up to while watching TV."

## Stress-free teas

continued from B1

relief there are products that should be avoided.

Vincent Lavorante, manager of the General Nutrition Center in Wilmington, says calcium in the diet should be increased and sodas and caffeine should be avoided.

The sugars, he says, will break down bones and reduce vitamin C and calcium absorption.

"Soda throws the immune system out of whack," he says. "Stay away from unnatural sweeteners."

There is another natural and always popular route — teas.

Tea seems to be the most familiar stress and even cold relief for people. Drink some tea and magically a person feels better, give or take a few days.

Maybe it's that warm inviting aroma it gives off, convincing the brain that the body is rejuvenated. Or maybe it's the ingredients and the fact that tea is an antiseptic.

Lu Langston, co-owner of Camille's Tea, says she gets good business from college students, who use the tea as a study aid because it helps in mind clarity and concentration.

The most popular and relaxing tea is lavender, she says, which has no caffeine in it. It is one of the most soothing herbs Langston sells.

Her Web site-based store stretches beyond tea products, offering items such as comfort slippers, which are heated and then put on the feet.

They are full of herbs, she says, which help give the slip-

pers a sleep-inducing quality.

While college students might be the big tea drinkers, the trend seems to be that all ages and all walks of life are going to herbal stores for stress relief remedies.

"Even young kids want to be healthy," Lavorante says.

Dalessandro agrees young people are more aware of their health.

With seemingly easy solutions as the Atkins Diet, why



would people want to turn to natural and healthy solutions?

Dalessandro says, "People are becoming more aware of their health."

Many Americans have experienced their share of unhealthy stress from not only their own lives but also from events of the past few years.

Dalessandro says, "They are wonderful, beautiful products. I wouldn't be without them."

## Book ponders split decisions

BY DANA SCHWARTZ

Entertainment Editor

Unforeseeable promises, such as the ability to see the future, the potential to be in two places at one time and the chance to live forever, seem like they would come from a fairy godmother. However, the promise of the "power of thinking without thinking" doesn't come from a fairy godmother, it comes from Malcolm Gladwell, author of the New York Times bestseller "Blink."

"Blink," the follow-up to Gladwell's best-selling "The Tipping Point," encompasses the initial instant in which a decision or judgment is made, mostly unconsciously and little skill involved. Gladwell attempts to convince the reader quick decision-making, made with as much thought as blinking an eye, might be just as reliable as decisions made with time and effort.

The book focuses on why the reader's instincts betray him or her at times, and teaches the reader how to make snap judgments and first impressions educated and controlled.

Before the reader gets past the second chapter it is clear thinking that has already become quite tedious, in contrast to the book's main objective — how to cut down thinking time.

If the reader is still convinced of Gladwell's promises, he or she is certainly in for more work as they trudge through assorted case studies, used to explain the phenomenon of how the mind works.

Gladwell introduces the successes of the art of "Blink" with case studies based on experts who intuitively can tell if an artwork is a fake, a psychologist able to read whether a marriage will be successful after only minutes of observation and a tennis coach who can predict the rare action of double-faulting by a player before the serve makes contact with the tennis racket.

In essence, these are experts trained so well in their field that decision-making has become instantaneous. However, convincing a reader that after reading this book he or she will be able to make decisions as well as trained experts is far fetched.

When presenting case studies, Gladwell takes time and effort to introduce the characters in great detail. He believes he is helping readers develop a mental picture and form their own initial judgments. Basically, more time wasted thinking. Halfway through the book if the reader isn't wondering why they are wasting their time learning how to think then it might be a question if they can even think at all.

Gladwell attributes the success of many of these cases to a way of thinking called "thin slicing." Thin slicing is the ability the unconscious has to find continuous patterns of behavior based on tiny pieces of information in experiences. The psychology mumbo-jumbo has got to stop. In layman's terms, thin slicing is not overanalyzing a situation.

Oddly enough, Gladwell focuses on the negatives of his new form of thinking and actually



Malcolm Gladwell's newest release challenges the power of thinking.

seems to spend more time pursuing cases which highlight more negatives than positives.

One of the most interesting case studies proposing the negative is the "Pepsi Challenge."

The "Pepsi Challenge" focuses on a taste test between Coca Cola and Pepsi. Taste testers choose Pepsi over Coke after their first taste. However, when tasted over a period of time, Coke wins. Pepsi simply has a sweet flavor, which is appealing after the initial taste.

If something as simple as the "Pepsi Challenge" can disprove Gladwell's teachings then it might be a clear indicator there isn't much basis in it all.

While one of the strengths of "Blink" is considered the use of case studies, it is also one of its weaknesses. The studies tend to become monotonous and boring over time.

For a reader beginning "Blink" with the interest and belief, he or she will, in fact, learn how to use the "power of thinking without thinking" as the cover states, the outcome might be disappointing.

While it could be a wake-up call for a reader who often catches themselves overanalyzing situations, most people don't need a lengthy explanation, such as "Blink" on how to trust their first instincts.

Simply put, one should use the power of thinking they already possess and not pick up this book. It will be the quickest decision made, without even reading the book.

## British comedy foursome, 'The Hollow Men' plans humorous U.S. invasion

BY ROSE OVERBEY

Staff Reporter

The scene opens with four guys standing together in a quiet park, chanting, "Drink! Drink! Drink!" They each have British accents and all look young enough to be university exchange students. The camera pans to an irritated mother, attempting to nurse her baby on a park bench. The viewer then realizes instead of cheering on a rowdy game of flip cup, the group is encouraging the baby to drink up.

The four-some make up The Hollow Men, a sketch comedy group bringing their slap-stick routine to the United States via Comedy Central this March.

The group members, Nick Tanner, Rupert Russell, David Ammand and Sam Spedding, are all in their twenties and talented at playing different roles — from antique dealers to archaeologists.

Not only are the four men Cambridge University graduates, they are also intelligent in the way they know how to make as many people laugh as they can.

It seems Americans have always enjoyed a British influence in entertainment. The Beatles come to mind, bursting into the American entertainment scene and bringing British culture with them. Showing promising talent, "The Hollow Men" could prove to do the same thing.

The opening song for the episodes shows the men running around the American southwest, bowling, playing croquet and drinking martinis and beer. It's impossible not to feel like this is the new millennium's version of a British invasion.

Comedy Central has compared the show to "Monty Python's Flying Circus," which ran from 1969-1974. Twenty years later, it seems this force has reappeared in the form of a group of four guys named after the title of a

T.S. Elliot poem.

Ironically, Elliot was an American-born citizen who, after finishing his studies at Harvard University, settled in Britain where his poetic genius was soon discovered in London. The soon continental swap of talent is a force that keeps ideas fresh in entertainment for all countries.

All spirits and forces aside, what made Monty Python's slapstick humor so successful was its structure as a sketch show.

### "The Hollow Men" is set to premiere this March on Comedy Central.

Sketch comedy allows viewers to watch regularly, but without the die-hard devotion of dramas. This is refreshing in contrast of the deep drama of popular TV shows like "The OC" or "Desperate Housewives;" if a viewer misses one episode they feel like they've missed their high school senior homecoming.

Sure, there are recaps and reviews to read about what happened, but it is impossible to get the full effect without actually seeing the episodes in order. Sketch comedy allows viewers to come back to it at anytime and watch reruns without feeling out of the loop. There is no story to follow, just scenes to laugh at.

The sketches The Hollow

Men present are independent of each other. There are a few recurring segments to keep the viewer watching the entire episode, but in each new sketch, each member plays a different character, jumping from poker games to cross dressing in the office.

The show's fresh start in every scene keeps the viewer interested. Viewers will appreciate the smart humor and spin on working situations such as a marketing boardroom where they try to target certain stereotypical groups in the selling of items based on ridiculous criteria.

While The Hollow Men are taking marketing as a joke, Steve Albani, spokesman for Comedy Central says the station is an ad-supported network and promises advertising companies that support them by targeting a certain demographic ranging in age from 18-49. However, the target age group is 25-34. It's this group that "The Hollow Men" seem to specifically be aiming for with their humor involving high school reunions and archeological presentations.

The people at Comedy Central are intent on promoting these first few episodes.

Advertising to their current viewers might be enough for Comedy Central to get "The Hollow Men" recognition, which could lead to greater things.

After impressing critics at the Edinburgh Festival in 2002, they received an invitation to the U.S. Comedy Arts Festival in Aspen, Colo. It was at this festival in 2003 that they won the prestigious Jory Award, and were signed immediately by Comedy Central to a pilot deal.

Even with their burgeoning success in America, right now the men are back in their homes in London performing and preparing for their American debut — nursing mothers and comedy fans beware.



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# Baseball set to open season

BY TIM PARSONS  
Managing Sports Editor

The sun is out and the weather is getting warmer, so that means boys of summer are back again.

Delaware baseball will kick off its 2005 campaign when the Hens travel to UNC—Greensboro for a three-game series starting today.

Delaware is returning the majority of its players from last year's squad that fell just one game short of capturing the Colonial Athletic Association title and a berth in the NCAA tournament.

The Hens finished 2004 33-24 overall and advanced to the CAA finals in 2004 but were defeated 8-7 and 15-3 in consecutive losses to UNC—Wilmington.

Only three players were lost from last year's squad, but they were all big contributors. First baseman Steve Van Note and pitchers Jarame Beaupre and Mike Mihalik are all gone after the three posted strong numbers for the Hens in 2004.

Van Note hit .333 with 12 homers and 58 RBI and started at first base for Delaware and was named the team's 2004 Most Valuable Player.

The other eight positional starters return for another shot at a conference title this season led by senior co-captain Dave Harden.

Harden compiled a .311 batting average with 14 home runs and 56 RBI.

Junior Brian Valichka returns behind the plate. He led all returning players with a .362 batting average and added 17 doubles, seven homers and 27 RBI.

Senior infielders Brock Donovan and Ryan Graham and junior Todd Davison will look to continue to contribute to the offense as the three combined for nine home runs and 94 RBI.

Sophomore Bryan Hagerich and junior Brent Rogers will join Harden in the outfield and senior designated hitter Kelly Buber who hit .343 in his first season after transferring from junior college.

Beaupre, who tossed a no-hitter against Buffalo, led all Hens' starters in 2004 with a 3.07 ERA while compiling a team-best 7-2 record. Mihalik was right on his heels with a 3.14 ERA and a 5-3 record with 98 strikeouts in 104.1 innings.

Heading the Delaware staff in 2005 will be senior co-captain Scott Rambo who compiled a 7-6 record with a 5.29 ERA.

Other returning pitchers are senior Chris Garrick, sophomores Chad Kerfoot, Billy Harris and Mitch Heckert and junior Jason Rogers who missed all of 2004 due to injury.

The Hens were picked to finish fourth in the CAA this season behind defending champion UNC—Wilmington, George Mason and William & Mary.

Delaware opens its home schedule at Bob Hannah Stadium when they host Saint Joseph's on March 3 followed by a three-game series with Massachusetts on March 5-6.

The Hens will get their first and only shot for revenge against UNC—Wilmington when Delaware visits the Seahawks on April 15-17 for a three-game set.



THE REVIEW/File Photo  
Senior Dave Harden was one of Delaware's top hitters last year, stroking 14 home runs and 56 RBI in addition to his .311 average.



THE REVIEW/File Photo  
The Delaware men's basketball team will attempt to bring its conference record back up to .500 tomorrow vs. Hofstra.

## UD, Hofstra jostle for position

BY PHILIP WAYNE  
Staff Reporter

Off the heels of an 83-73 loss at Virginia Commonwealth on Wednesday night, the Delaware men's basketball team will look to rebound as they entertain the Hofstra Pride at 2 p.m. Saturday.

The Hens enter the game 10-16 overall with a record of 7-8 in conference, while the Pride are at 17-7, 9-6 in conference play, following a 68-59 victory against Towson on Wednesday night.

Saturday's game could greatly influence positioning for the upcoming Colonial Athletic Association tournament. The Hens currently sit seventh in the conference standings. Hofstra sits one spot above the Hens, tied with Drexel for fifth place in the conference. A win for the Hens could inch them closer to the No. 6 seed for the conference tournament, therefore allowing them to bypass a play in round.

Head coach David Henderson said "it's clearly everyone's goal to play on Saturday," which is the second day of the tournament and after the play in round.

The Hens are led by junior forward Harding Nana, who leads the team in many statistical categories including points and rebounds, and enters the game with 16 double-doubles. Recently the Hens have used a balanced scoring attack with junior guard Andrew Washington and senior guard Mike Slattery contributing to help spark the team to victories over Towson, William and Mary and James Madison.

Slattery is looking to become the first player in the history of the CAA to accumulate 1,000 career points and 600 assists. He currently has 573 assists, and 965 points.

Hofstra got off this season to a 10-0 start before struggling in conference play. They are led by current CAA Player of the Week, sophomore forward Loren Stokes, and freshman guard Antoine Agudio. Agudio has been named CAA Rookie of the Week seven times already this season. Stokes and Agudio both had big games when they took on the Hens on Long Island, Jan. 22. Stokes had 25 points and

Agudio 14 in leading the Pride to an 80-66 victory.

"Stokes is great off the dribble and Agudio is a great shooter, you can't give Agudio any open looks," Henderson said.

Henderson felt Agudio plays well off of Stokes, and that when the defense is forced to close in on Stokes, this allows Agudio to get good looks.

Delaware has struggled at the beginnings of games throughout the season, including their last encounter against Hofstra when the Pride used an early 11-0 run to create a 10-point half-time lead, which led them to their 14 point victory. However, following a 27-point comeback against James Madison on Feb. 2, the Hens have gotten off to stronger starts.

Henderson said the team has benefited from being able to practice together a lot longer at this point of the season.

"We had so many players out [earlier in the season]," he said. "Recently we've had much more consistency in practice and

we've played very good defense of late."

Following the Hofstra game, the Hens will conclude the regular season with road games at Drexel and UNC—Wilmington. The Hens defeated Drexel in its first outing at the Bob on Dec. 8, but are looking to avenge a 62-59 defeat to the Seahawks of UNC—Wilmington.

Henderson and staff are busy preparing for the end of the regular season and the upcoming conference tournament, taking place in Richmond on March 4-7.

"This is the most critical part of the season," Henderson said. "This is when you want to play your best ball."

The CAA tournament champion receives an automatic bid to the NCAA tournament, and is most likely a one bid league.

"If a team gets hot and concentrates on playing well, a lot rests on the weekend," he concluded, saying the team is looking to take advantage of the conference tournament following "a lot of adversity during the season."

## Nana, Hens look for consistency

continued from page B6

Before Maepa's humorous interjection, Nana was explaining the ups and downs of the season.

"I think the past three games our defense has really started to pick up," he says. "[Offensively], you have some guys contribute some nights, and some of the time you won't see that [same contribution]."

Nana said he believes that once the Hens' consistent and sturdy defense meshes with the offense, the team can be a threat come the CAA tournament in Richmond, Va. next month.

"Our defense is going to be there every night, and our defense is going to put [us] into game situations," he said. "Once people are going to contribute more, especially off the bench, I think we're going to be good."

Away from basketball, Nana does have other interests. Basketball in fact was not his first sport. Soccer was Nana's first love, and it was encouragement from his brother that led him to try basketball.

"I was growing and I was kind of taller and he pushed me — 'Why can't you try the game of basketball?' and I said ok," he said. "Right now I can't really do it too much because basketball and studies are consuming a lot of time."



THE REVIEW/File Photo  
Junior Harding Nana is one of the top contenders for Colonial Athletic Association Player of the Year honors.



THE REVIEW/File Photo  
Sophomore guard Alena Koshansky is averaging 7.2 points a game and is Delaware's leading three-point and free-throw shooter.

## Koshansky an 'unsung hero' for Delaware

BY STEVE RUSSOLILLO  
Staff Reporter

Every good basketball team in sports history is known for one or two star players that draw all the attention and are given all the credit for a team's success.

But most of the time, the success of the supporting cast and the lesser-known players can prove to be the difference between a good team and a championship team.

For the women's basketball team, sophomore guard Alena Koshansky has quietly become a key role player and important contributor for the first place Hens (19-3, 12-1 Colonial Athletic Association).

The 5-foot-8 point guard, from Fairfax, Va., began playing basketball in second grade and set a tremendous amount of records during her high school career. As a senior, the Associated Press voted her the 2003 Virginia State group AAA Player of the Year. She is Chantilly High School's all-time leading scorer and had her No. 12 jersey retired.

After high school, Delaware was Koshansky's No. 1 choice for a number of reasons.

"I chose Delaware because I liked the coaches and their competitive attitudes, and I loved the team, it reminded me of my AAU team," Koshansky said. "The whole school atmosphere was what I really thought college would be about."

As a freshman, Koshansky's role as a college basketball player changed quite a bit from her high school days. After being a tremendous scorer in high school, she became a key role player in her first year at Delaware, averaging 4.9 points in 18.1 minutes per game.

Koshansky has stepped into the starting lineup as a point guard this season and has started all 22 games. She splits time with fellow sophomore guard Liz Hayes.

According to the media guide, Koshansky "battled" Hayes for the starting point guard position, but that is the furthest thing from these players' minds.

"We are best friends and roommates," Koshansky said. "We do everything together."

Hayes agreed with Koshansky's views completely.

"We support each other 100 percent," Hayes said. "Playing time is not a competition, we are more of a tag team, a good one-two punch."

Koshansky is averaging 7.2 points per game, fourth on the team, but it is her contributions other than scoring that really distinguish her as an important player for the Hens. She is second on the team in both assists and steals, and is the leading three-point and free throw

shooter.

"She is a very bright girl who possesses a lot of court savvy," said ninth-year head coach Tina Martin. "She knows exactly what we are trying to run on offense and is excellent at reading defenses."

The women's basketball team is known for three dominant players that lead the way. Senior forward Tiara Malcom is the emotional leader of the team. She averages 16 points per game, fifth in the CAA and grabs 6.5 rebounds per game to lead the team.

Senior forward and tri-captain Tiffany Young provides an inside presence off the bench. She is second on the team, averaging 11 points and six rebounds in 25 minutes per game.

Sophomore guard Tyresa Smith is the spark that lights the Hens fire, always causing turnovers and running the fast break. She is second on the team in steals and is 12 away from the single season steals record.

When compared to the big three, Koshansky can be thought of as the unsung hero for this squad. She is the one who brings the ball downcourt and sets up the offense. She has learned to accept her new role of not being the main scorer, but being the consistent force on both sides of the ball that can step up and make the big play.

"It's definitely a different role than in high school. I like the role a lot," Koshansky said. "I like being able to distribute the ball and get rebounds or steals. I'm willing to do whatever the team needs."

Martin described Koshansky's ability to recognize her role on the team and embrace it.

"She does a great job of handling the ball and keeping her composure," Martin said. "She stays within herself and has accepted her role. She constantly gives 110 percent."

Koshansky had one of her best all-around games of the season at Old Dominion Jan. 9, playign a season high 33 minutes, scoring 12 points, dishing out a season-high seven assists and grabbed six rebounds. She led the Hens to a dramatic three-point win, 73-70, and halted Old Dominion's 122-game conference home winning streak.

The Hens are coming off a very difficult loss and need to re-establish themselves as the team to beat in the CAA. Delaware will need Koshansky to keep playing her game and staying within her role if they want to be factors in the CAA tournament.



- Baseball set to open
- Men's basketball preview
- Koshansky feature
- ... see page B5

February 18, 2005 • B6

## REVIEW SPORTS

Who popped out this day?

1895 - George Gipp  
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1945 - Judy Rankin  
1967 - John Valentin  
1973 - Shawn Estes

## Commentary

ROB MCFADDEN



## The Phils are cursed

**A**s a world-famous up-and-comer in the sports world, I have taken to checking my e-mail every 4.69 seconds. The process goes something like this:

1. Go to Juno.com.
2. Type in my username and password.
3. Spot the "0" that represents the number of new e-mails I have received.
4. Cry bitter tears of disappointment.

But yesterday I had a brief moment of jubilation when that "0" was replaced with a "1." In true Napoleon Dynamite fashion, I let out a long, loud "Yessssssssssss."

Then I realized it was from fellow Review sports staffer Bob Thurlow. I considered deleting it out of sheer spite, but the subject "Fantasy Baseball" was intriguing.

Call me crazy, but I opened that e-mail.

"Yo dudes, this is a little review-ish fantasy league so feel free to join and if you have a bud who wants to join they can come in but hopefully we can end up with a phillie on the winning team so at least they get something this year."

Fantasy baseball. Hell wants it. Heaven won't take it. Earth is friggin' sick of it.

But for some strange reason, I get a kick out of it. Maybe I just enjoy that slight feeling of power I get when I decide to cut a multi-million dollar player from my team. Or maybe it's the sheer joy that comes with the mocking of other people's draft picks.

Alright, alright, so I'm just a little overexcited about baseball this year due to the implosion of the NHL.

In any case, an e-mail like Bob's signals the start of the baseball season for me. And the start of the baseball season signals another championship-less year for the Philadelphia Phillies.

Don't get me wrong, I have been a Phillies fan since I was old enough to correctly spell "Mike Schmidt" on my bedroom wall in purple crayon, but the Phillies will be lucky to finish third in the N.L. East this year. A second-place finish would require an act of God and The Big Man Upstairs would lose money if they somehow squeaked into the playoffs.

And yet, I say all this knowing the Fightin' have a potentially explosive offense, a young starting rotation that will continue to improve and one of the best closers in the country.

Bobby Abreu and Jim Thome are money. Jimmy Rollins was amazing last September. Mike Lieberthal and Pat Burrell are frustratingly almost good.

Vicente Padilla and Randy Wolf are on the verge of stardom. Billy Wagner is scary.

But ever since 1993, that certain something has been missing.

I call it "The Curse of Eisy."

Jim Eisenreich was the man. I'm not sure what separated him from the other personalities that have come and gone through Philadelphia during my lifetime — Nails, the Krukker, Wild Thing — but for some reason, a 9-year-old Rob McFadden thought Eisy was the coolest.

Then after the 1996 season, in which he hit .361, the Phillies didn't resign him. It was without a doubt the first time I ever considered the general manager of a professional sports team to be stupid. Definitely not the last.

Why let go one of your best bench players? It's not like the 1997 Phillies were stacked either (Rex Hudler? Wendell Magee? Danny "Three-Game" Tartabull anyone?). Plus he had Tourette's Syndrome. Um, yeah.

To top it off, he signed with the Marlins and helped them win a World Series.

I hereby declare the Phillies to be cursed. And I don't care that they recognized him when the Marlins came to the Vet the following year (a game I attended for that sole purpose).

Go Nationals!

Rob McFadden is a managing sports editor at The Review. Please send questions, comments and some chapstick to robmcf@udel.edu because his lips hurt real bad.

## UD looks to get back on track

BY RAVI GUPTA

Staff Reporter

**Statement Game** — *noun*: A game played by a team in search of establishing (or re-establishing) dominance over their league.

Sunday's game versus Towson is exactly that for the women's basketball team, who is looking to avenge its first home loss since over a year ago.

However, Delaware's first home game after its crushing upset loss against Virginia Commonwealth, will not be a walk in the park.

The loss versus Virginia Commonwealth last Sunday, which snapped a 17-game win streak, proved that any team could beat any other team, on any given court.

The Hens need to win this game in order to restore their sense of swagger over the Colonial Athletic Association. They will have to prove that the loss to the Rams was an aberration, and that they are still the dominating force that took down 13-time CAA champs Old Dominion twice this season. Hence the key term, "statement game."

The Tigers come to town looking to split the season series with Delaware. In the teams' last meeting on Jan. 20, the Hens capitalized off clutch free-throw shooting to hold off a Towson comeback in a 63-52 victory.

Strong performances by Tiffany Young, Tyresa Smith and Tiara Malcom propelled Delaware to their eleventh consecutive victory, while improving the school's all-time record versus the Tigers to 33-10.

The "Triple T's" accounted for 45 of the teams 63 points, as Young led the way with 19 points in addition to her nine rebounds.

The Tigers shot themselves in the foot for the loss, as they were 50 percent from the free-throw line. The grotesque stat was accompanied by another disturbing number, as they shot a measly 33 percent from the field.

One bright spot Towson could take comfort in was the play of starting forward Tierra Jackson.

Jackson tallied a double-double, pouring in 18 points and grabbing 10 boards. She shot more than 50 percent, however her strong play was not enough to support the rest of the team who failed to get anything going throughout the course of the game.

This time around, Jackson will have the bullseye on her back. As the main scoring threat for the Tigers, Jackson's location on the floor will be monitored at all times.

A transfer from Syracuse, Jackson joined the team this season, and became eligible to play on Dec. 18. In her first game as a Tiger on Dec. 20, she notched a double-double and led Towson to a 59-51 victory over Toledo.

On January 31, Jackson's efforts were finally rewarded when she was named CAA Co-Player of the Week. She posted back-to-back double-doubles during the week, averaging 21 points and 12.5 rebounds per game.

Delaware head coach Tina Martin is not taking the team lightly, considering its aggressive style of play.



THE REVIEW/File Photo

Delaware will look to reassert itself Sunday against Towson after a disappointing loss to Virginia Commonwealth.

"[The Tigers] are a very athletic team," she said. "They are much improved with their new transfers and offer a brand new look."

It is a known fact that the Hens squad this year is not the most athletic or physically talented one in their history. Rather, Delaware prides itself on smart, high-intensity basketball, in addition to stellar free-throw shooting.

Inevitably, it boils down to following through with the game plan, a staple in Martin's program.

"They are a very solid team, so it's going to come down to execution," Martin said. "We must execute our offenses while remaining consistent."

The Hens own three of the top 10 spots in the CAA in free-throw shooting. Young, Malcom, and sophomore guard Alena Koshansky are all shooting above 82 percent, helping the team average to a CAA-leading 78 percent.

Sunday's loss to Virginia Commonwealth proved that there is no such thing as an easy win.

In order for Delaware to regain any lost respect, they will need to play smart in defeating the athletic and powerful Tigers squad.

The Hens will look to make their statement Sunday at 1 p.m. at the Bob Carpenter Center.



THE REVIEW/File Photo

Junior forward Harding Nana is ranked 13th in the nation in rebound per game (10.0) and 45th in points per game (18.9).

Player of the Year?  
Nana puts up big numbers

BY GREG PRICE

Sports Editor

There are many ways to spend one's Valentine's Day. Some love-struck college students take time out from their busy class and work schedules to dress up in clothes they normally wouldn't wear and eat at a restaurant they normally wouldn't visit. Others sit at home, continuing the routine of a typical dorm-bound college student — T.V., procrastination and maybe finishing that reading for philosophy class.

There are, however, some students who are hard at work, both academically and athletically. Junior power forward Harding Nana is one of those special students.

After completing another grueling practice session with head men's basketball coach David Henderson, Nana and the other Hens pile into their locker room inside the Bob Carpenter Center.

In the long corridor outside, a muffled chant can be heard rumbling through the walls, evoking mental pictures of an entire team chanting and screaming at the top of its lungs, arms outstretched in a circle of team unity.

Henderson and the assistant coaches exit afterward. Physical trainers and team managers scuttle through the hallway. Then Nana emerges from the locker room with a grin as big as his wingspan.

Upon quick observation, the 6-foot-7 Cameroonain has a warm personality and appears eager to answer questions.

With an overall record of 10-16 and a 7-8 record in the Colonial Athletic Association, Nana's team has not exactly had the kind of season that collegiate players dream of. When senior point guard Mike Slattery broke his thumb against Rider on Dec. 11, it was the latest of several crippling injuries that limited the Hens' roster. For six straight games, there was a losing atmosphere amongst the team.

Since the skid, the Hens have teetered back and forth. They suffered through a five-game losing streak, but have bounced back and won three of their last four games.

"We thought we had a chance to have a very good season," Nana said. "Pretty much everyone was coming back and we were feeling pretty comfortable."

In spite of the Hens' woes, Nana has made an excellent case for CAA Player of the Year honors. Each week he adds to his double-double total, which ranks among the top players nationally, and racks up an average of 18.9 points (45th nationally) and 10 rebounds (13th) per game.

"So far this season, coaches expect me to provide offensively and defensively," he says. "I think I'm having an okay season."

Halfway through the interview, sophomore forward Lebo Maepa exits the locker room and wishes Nana a happy Valentine's Day. Nana chuckles and replies, "Thank you."

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## Delaware set for challenge

BY DAN MESURE

Sports Editor

A sign of a good team is a team that comes to play every game with the same intensity and passion. A sign of a great team is a team who plays with that same intensity, but even when they win they are not totally satisfied, they strive to do better.

This is the case with Delaware's men's lacrosse team. Although the Hens dominated a St. Joseph's team with ease in the season opener, head coach Bob Shillinglaw feels his team can do better in its upcoming game against Lehigh.

The Hens (1-0) offense has proved to be a force to be reckoned with, scoring a whopping 18 goals in their first game.

This weekend's game should be a bigger challenge for the Delaware attack, due to the Mountain Hawks' experienced senior goaltender Tom Ellis.

The last time the two teams met, the Hens shellacked Ellis with 49 shots on goal. However, Ellis managed to keep the game close, holding Delaware to only 5 goals in the Hens 5-3 win.

Delaware's offensive attack will rely on its mid-fielders coming up big in key situations throughout the game, much like they did against St. Joseph's.

Leading the way for the Hens in the early stages of the season is senior midfielder Dave Powers, who perfected a hat trick in his last game. If Powers and the rest of his mid-field squad plays with the same intensity as last game, Ellis could be in for a long day.

Similar to Delaware, the Mountain Hawks are very experienced on both sides of the field. Lehigh brought back 22 letter winners, compared to the Hens 20.

One advantage the Hens have is that they have already brushed off any rust when they played their first contest against St. Joseph's. Shillinglaw feels this could be beneficial for his team.

"We feel that this being their first game could be an advantage to us," Shillinglaw said. "Although Lehigh has played some tough scrimmage games, it is different when you play an actual game that counts."

Defensively the Hens would like to win the battle of matchups on the field. Defending the Mountain Hawks attack is no easy task. Lehigh has a balanced offense, with sophomore attackman Stephen Marino, who led the team in scoring last season with 32 points. Marino's supporting cast is not to shabby as well with such notable players as: senior attackman Andrew Lucas, and senior mid-fielder Greg Morin, who managed a combined 34 points last season.

The Hens depth at the mid-fielder position could make the difference in the game not only offensively but also back on defense as well.

"What we like to do is get three mid-fielders lines running," Shillinglaw said. "We like to have fresh legs the whole time."

The Hens fresh legs Shillinglaw was talking about could help wear down the Mountain Hawks offense, just as the Hens wore down St. Joseph's in their last game. Delaware only allowed the Hawks one goal in the second half.

Also, the Hens need not worry too much if their defense breaks down once in awhile, due to the play of their senior all-CAA second team goaltender and tri-captain Chris Collins. Collins, one of the most consistent goaltenders in the league is averaging only three goals against a game so far in the early season.

Besides wanting to come up with the win on Saturday, the Hens have other goals in mind as well, for example limiting their turnovers to only 15, as opposed to the 30 balls they gave up against St. Joseph's.

The Hens will look to clip the Mountain Hawks' wings at 3 p.m. in Rullo Stadium on Saturday.