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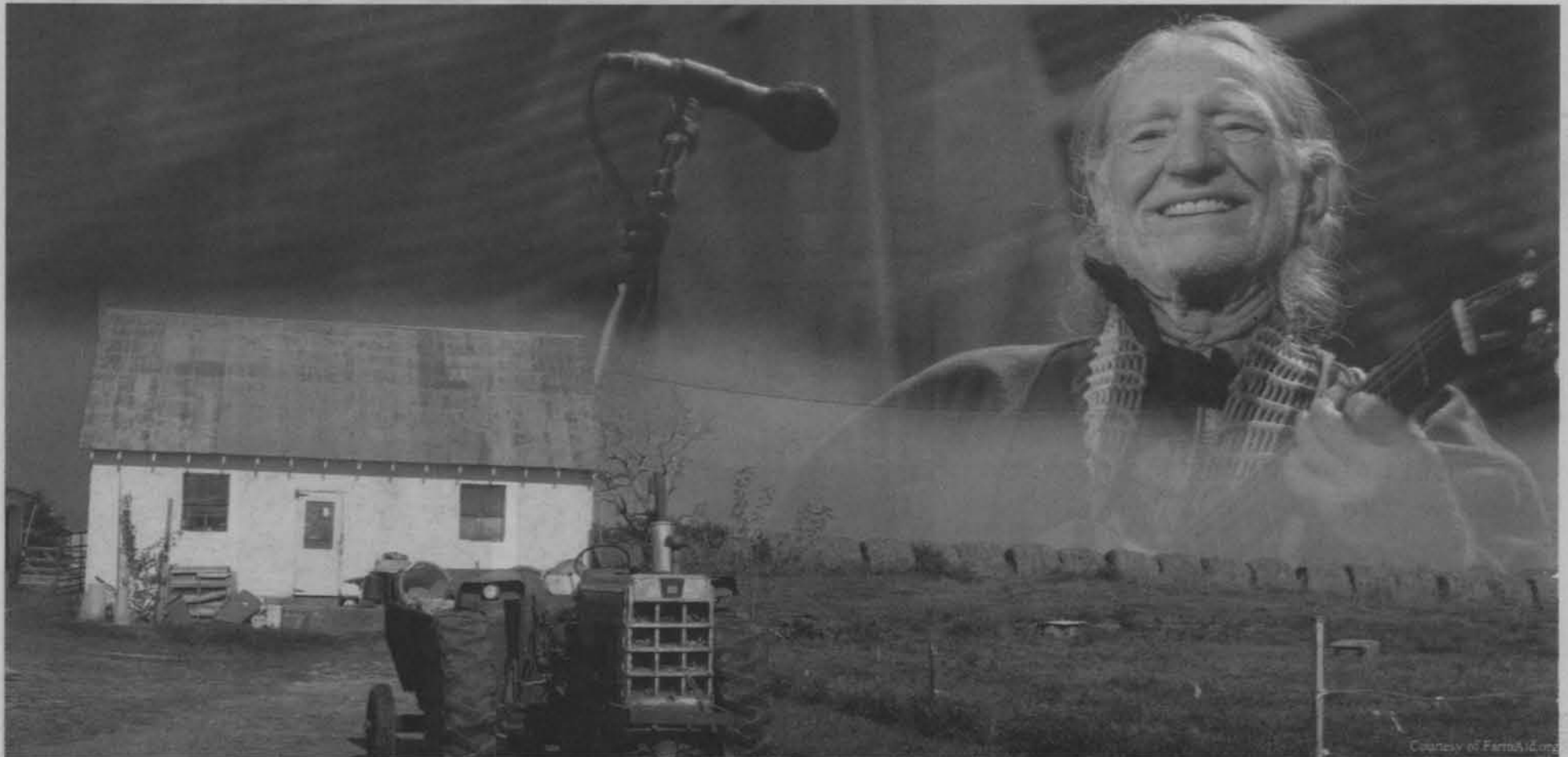
# the review

The University of Delaware's Independent Newspaper Since 1882



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## Harvesting hope: saving the family farm

BY BRIAN CITINO  
Managing News Editor

When one thinks of Camden, N.J., usually a vision of run-down neighborhoods flooded with crime and violence comes to mind. But for one day, this city took on new face, transforming itself to host the annual Farm Aid concert.

Held at the Tweeter Center on the Waterfront, the concert featured more than 15 bands to a sold-out crowd of 25,000.

Farm Aid, which was founded in 1985 as a result of comments made by Bob Dylan at Live Aid, is an organization which aims to keep family farmers on their land and prevent the spread of corporate farming.

Country music icon Willie Nelson, one of the founders and directors of the organization, said by helping to keep family farms thriving in the country, Farm Aid is strengthening the economy.

"I do believe the family farmer is the bottom rung on the economic ladder, so we have to help the farmer," Nelson said. "By helping him we help ourselves."

"We started out trying to save the family farmer and it looks like the family farmer is gonna save us."

One of the main focuses of the event, which in past years has been held in a more rural setting than Camden, was promoting organic farming and encouraging younger people to get involved in farm work.

Farm Aid invited a group of young successful farmers to promote these ideas. Carolyn Mugar, executive director for the organization, said it is these young farmers who help bring agri-

culture back to where it needs to be.

"When we say farming, this is in a very broad sense," Mugar said. "They're farming ideas. They're farmers of the land and farmers in the community."

Pop musician Dave Matthews, who joined the Farm Aid board of directors in 2001 and owns a working organic farm in Virginia, said encouraging young people to farm will start to fix the agricultural problem in the country.

"It's inspiring to see young people saving our food and helping our communities and also saving the planet," Matthews said. "Small farms and family farms and young farmers are the solution."

The stereotypical view of farmers in this country, in recent years, has faded into something unrecognizable to the average citizen because of corporate farm takeovers, he said.

"Getting to see farmers look the way they should — in the field and loving the land and producing something that's delicious — that's something that really is not common," Matthews said. "A lot of the food is a giant machine spinning around and scooping up the land and poisoning the planet to produce sub-standard food."

Travis Forgue, an organic dairy farmer from Vermont, said with corporate farms as easily accessible as they are, the family farmers are losing their land at increasing rates.

Forgue said Vermont is the state most affected by agriculture in the country, due to its main dependency on dairy products. Even with the need for a sustained farming system, he said the state is on the verge of an agricultural crisis.

"You see a decline in dairy farms and you're about to see a tremendous drop off," Forgue said. "It's something that I haven't seen in my life. We're gonna start losing farmers left and right."

This issue is something he said hits close to home for him, with members of his family being affected by the decrease on a regular basis.

"My uncle had one of those picturesque farms that went out of business this past Thursday," Forgue said.

Matthews said the disappearing farm land is a large result of the corporate takeover destroying the capitalist ideals our country has thrived on.

"I think that real capitalism is a healthy mom and pop, sort of philosophical way of running the community," he said. "And I think that sort of starts at the farm."

Corporatism is not capitalism but instead a monster, Matthews said, with its main concern profiting from what it produces, disregarding what it creates or destroys.

"Mom and pop organizations can't think like that because they love what they do," he said. "And that's what the small farm is."

Matthews proposed the idea that importance lies in food quality, not profits from food sales, a theme of one of his between-song-rants, which have become affectionately known as "Davespeak" to his fans.

"Ain't nothing like a good tomato. You can't eat money," Matthews said. "I mean, I suppose you could, but you'd probably get constipated."

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## web exclusives

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- **LECTURE FOCUSES ON LANDMARK WOMEN'S RIGHTS TRIAL**  
Prof. Carol Haber highlights Laura D. Fair's murder trial in 19th century America.



THE REVIEW/Meaghan Jones  
Black-eyed Susans are currently covering the field near the agricultural school's farm.



THE REVIEW/Meaghan Jones  
Students and professors take a coffee break outside the Round House on Academy Street.



THE REVIEW/Meaghan Jones  
Some students enjoy the nice weather outside Pearson Hall.

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## in the news

### FBI INVESTIGATES FORMER REPRESENTATIVE'S ACTIONS

The FBI announced Sunday night that it is looking into whether former representative Mark Foley, R-Fla., broke federal law by sending inappropriate e-mails and instant messages to teenage House pages.

The announcement came hours after House Speaker Dennis Hastert, R-Ill., asked for a Justice Department investigation into Foley's actions, as well as Congress' handling of the matter once it learned of the incidents.

In his letter to Attorney General Alberto Gonzales, Hastert acknowledged some of Foley's most sexually explicit instant messages were sent to former House pages in 2003. Due to an e-mail discovered in 2005, Foley received a quiet warning to cease contact with pages.

Foley, 52, abruptly resigned Friday and Democrats have since been hammering Hastert and other GOP leaders. They have accused Republicans of covering up the matter and allowing Foley to remain as co-chair of the Congressional Missing and Exploited Children's Caucus, instead of launching an inquiry into the 2005 incident to possibly uncover the inappropriate communications.

As the scandal broke, Hastert contended he learned of concerns about Foley only last week. Rep. Thomas Reynolds, R-N.Y., said Saturday he had notified Hastert months ago. Hastert's office acknowledged some aides knew last year that Foley had been ordered to cease contact with the youth.

### SENATE APPROVES MEXICAN BORDER BARRIER

On Friday night, the U.S. Senate approved a 700-mile high-tech border barrier in a bid to stop the immigrant flow from Mexico. The decision, a seminal event in the two neighbors' relations, has left many Mexicans wondering if the open door to the north is closing.

Some Mexicans saw the vote as a collective slap in the face that highlighted the failure of their country's leaders to give Mexicans a reason to stay home.

Few expect the new barriers to stop people from Mexico and Central America from seeking a better life in the United States. New smuggling

routes are expected to open through even more remote stretches of desert or via the river that Mexicans call the Rio Bravo del Norte.

But the bill, approved by both houses of Congress and soon to be signed by President Bush, might signal the end of an era that has seen dramatic cultural and demographic changes in both countries.

Latin Americans see the initiative as a rejection to the cultural changes brought forth by Hispanics in the United States. In angry editorials and speeches, Mexican writers and politicians have compared the project to the Berlin Wall.

### TALL WOMEN FOUND MORE LIKELY TO HAVE TWINS

Tall women are more likely to have twins, according to a study in the September issue of the *Journal of Reproductive Medicine*.

Gary Steinman, an obstetrician at Long Island Jewish Medical Center who specializes in multiple-birth pregnancies, has linked twin births to having higher levels of insulin-like growth factor (IGF), a protein released from the liver in response to growth hormone. This protein increases the

ovaries' sensitivity to a hormone called follicle-stimulating hormone, which increases ovulation.

In his study, Steinman compared the height of 129 women who gave birth to identical or fraternal twins or triplets with the average height of women in the United States. The mothers who had twins or triplets averaged 5 feet 5 inches tall, more than an inch taller than average.

— compiled from the L.A. Times and Washington Post wire reports

## police reports

### TWO PIZZA U EMPLOYEES ASSAULTED

Two Pizza University employees were assaulted in the Newark Shopping Center after attempting to break up a fight outside the restaurant, Lt. Thomas Le Min said. Five male suspects were taken into custody by police after attempting to flee the scene.

The 18-year-old suspect hit the 43-year-old employee in the back with a pole from a table umbrella while two other suspects held the victim, Le Min said. The victim suffered abrasions on his back and also a laceration below his left eye.

The suspect who allegedly hit the employee with the pole was charged with assault, aggravated menacing, possession of a deadly weapon and resisting arrest, Le Min said.

The suspect was held in the Howard Young Correctional Facility after he failed to post a \$9,500 bail.

### VICTIM HIT BY CAR AFTER ARGUMENT

A 19-year-old male victim was hit by a vehicle after getting in an argument with the driver, Cpl. Scott Simpson said. The verbal disagreement began inside the movie theatre in the Newark Shopping Center.

When the movie ended, the two males continued the argument in the parking lot, Simpson said. The suspect proceeded to get inside his car and drove into the victim.

The suspect complained of soreness in his legs and was taken to Christina Hospital, Simpson said.

—Kevin Mackiewicz

# Student stabbed on Friday

BY KEVIN MACKIEWICZ

City News Editor

A Wilmington man was arrested early Friday morning after he allegedly stabbed a 20-year-old male university student in the chest, Lt. Thomas Le Min said.

Bryan J. Oneschuk Jr., 20, was arrested after Newark Police responded to a fight that occurred on the corner of North Chapel Street and East Cleveland Avenue at approximately 1:12 a.m.

The victim had been involved in an altercation

with the suspect and received a stab wound in the lower left chest area, Le Min said.

The victim was transported to Christiana Hospital and treated for a two-and-a-half centimeter wound, Le Min said.

After the arrest, Oneschuk was arraigned by the Justice of the Peace Court 11, where he was given a \$60,000 secured bond, Le Min said.

Oneschuk is currently being held at the Howard Young Correctional Institution.

# Del. beach gets clean-up

## 30th Coast Day draws students

BY MICHAEL LORE

Student Affairs News Editor

One, two, three, charge. Swimming down makeshift race-tracks go two baby crabs as they compete during the Great Crab Race at the university's 30th annual Coast Day, which was held Sunday at the Hugh R. Sharp Campus in Lewes, Del.

Nancy Targett, dean of the College of Marine and Earth Studies, said the university and city of Lewes held "Boast the Coast" this past weekend in order to further educate local people about Delaware's coasts.

As part of the opening ceremonies for the event, Lewes mayor James L. Ford III said the relationship between the university and the city can be compared to a boat ride.

"We're just under motorization," Ford said. "We haven't even gotten up on plain yet."

The Great Crab Race was not

the only event that occurred Sunday. A crab cake cook-off, the Seafood Chowder Challenge, touch tanks, lectures and ship tours were among the day's other attractions.

The event did not just appeal to local residents, but also people from the university, Baltimore and even Oregon.

Maureen Andrew, a Baltimore native and first-timer to Coast Day, was there with her son, Sam.

Sam, 11, took part in a water safety demonstration put on by the National Oceanic & Atmospheric Administration.

He was put in a red survival safety suit and placed into a pool of cold, murky water. The suit did not fail as he stayed dry and simply floated around until he was taken out.

Not only did children partake in Coast Day activities, university students and sisters, freshman Kelsey and junior Kaitlyn Schadt,

were at the event. Kaitlyn first enjoyed Coast Day when she took The Oceans, a marine studies course (MAST200).

"I've been coming since freshman year," Kaitlyn said.

Even though the *Hugh R. Sharp*, the university's research vessel, was out at sea, other ships were docked for tours Sunday.

Stephen Dexter, professor of applied science and marine biology, said the event appeals to all types of people from all locations.

"Coast day has gotten a reputation," Dexter said. "It is regarded among the marine-scientific community as the premier social outreach event in the country."

Gov. Ruth Ann Minner stressed the importance of Coast Day and Delaware's waterways to the community in a speech she gave at the beginning of the day.

"I have a great deal of respect for that water," Minner said.



THE REVIEW/Michael Lore

The university's 30th annual Coast Day attracted students as well as the environmentally conscious from across the country.



# Has the noise subsided one year later?

BY GEORGE MAST

Senior News Reporter

Last October Newark Police implemented a zero-tolerance policy on noisy and disruptive parties that immediately raised concerns with many students. Now, nearly one year later, opinions vary as to whether this policy has been effective.

Newark Police Chief William Nefosky said the goal of the policy was to end the relationship between parties and violence.

"Last year we had a spike in the number of assaults and burglaries and one common denominator we noticed was they were all related to parties," Nefosky said.

He said the department wanted to put police where the problems were occurring, so they decided to crack down on parties.

Under the policy, if officers observed a party they would break it up, even if no complaint had been made, he said. They would then make necessary arrests and refer students to the Office of Judicial Affairs.

According to Newark Police statistics, the number of arrests for noise violations and the number of aggravated assaults have increased

since the policy went into effect.

From January to the end of September 2005, Newark Police charged 281 people with noise and disorderly premise. Since the policy went into effect last October, they charged 318 people for the same violation. In addition, aggravated assaults jumped from 12 in 2005 to 35 in 2006 — one of the latest involved a student who was stabbed on Cleveland Avenue.

Despite the rise in arrests and crimes, Nefosky said the policy seems to have worked since its goal was to cut down on party violence.

"We have had some assaults, but we didn't have the assaults at the parties," he said.

In respect to the increase in the number of charges for noise and disorderly premise, Nefosky said many of those arrests came soon after the policy was instituted.

"When we first started there were more arrests," he said. "We had police officers taking force and action if they saw a disorderly party, even if there wasn't a complaint. But now they're not doing that unless it's a very, very egregious party."

However, Nefosky said his officers have not slacked off and never will.

"We still have a very strict policy on order maintenance," he said. "We always have, and will continue to do that. If someone is having a loud party or a disorderly party, we go out there and make an arrest."

Chuck Ayres, a senior at the university who lives on North Chapel Street, said he does not think the policy has helped stop violence.

"A lot of times the violence doesn't start until after they break the parties up," Ayres said. "Everyone starts filing out and standing around on the sidewalk and then people start talking trash to each other."

Mayor Vance A. Funk III said much of the recent violence could be attributed to out-of-state or out-of-town people coming into Newark and causing disturbances.

"It was very rare for a fight or physical disturbance to occur between two students and I don't think that has changed," Funk said.

He said there will always be zero tolerance in that officers will make an arrest when they see a crime committed, but officers will also use their judgment.

"I think what you will find is individual officers have different tolerances on whether or not to give a warning or make an arrest," Funk said. "And I think that's what has happened — the individual officers have a little bit more discretion now than they did when zero tolerance came in."

Senior D.J. Helmstetter received a noise violation for a Halloween party he hosted last year. He said police presence does not seem to be as high as it was when the policy first started.

"From Fall break until near the end of last spring, no one had any large parties," Helmstetter said. "Everyone was afraid to have people over, even just like 10 people, because the cops were so strict."

"But now I hear about 10 different parties a night and I haven't heard of a single cop showing up at any of them."

Ayres said he has seen more police on his street this year as compared to last year but has not heard of anyone getting charged for a noise violation recently.

He said he was at several parties that were broken up by police but no one was charged or given a warning.

This may be a result of better behavior on the part of the students. According to Nefosky, the recent decrease in arrest rates is a result of less rowdy parties.

"The students became aware of the policy and they obviously didn't want to be arrested," he said. "So I think they were more responsible in conducting their parties and had less of them."

Funk agreed that students seem to be better behaved so far this semester.

"There are parties and things that get out of hand, but the number of them has greatly reduced," Funk said. "I don't know if that is a result of the zero-tolerance policy or maybe Delaware is attracting better students."

Nefosky said the only official change to the zero-tolerance policy since its installment is that university Public Safety no longer assists the Newark department on weekends. Previously, two Public Safety officers aided the Newark Police on Friday and Saturday nights to help in preventing assaults.

James Flatley, director of Public Safety,

said his department only assisted with the policy from October through mid-November.

However, some long term Newark residents do not think things have quieted down since the policy started.

Two residents who live on "popular party streets" near campus, said there are several houses around them that should be investigated because they have had 100 people outside them at 2 or 3 in the morning. These residents wished to keep both their names and street name anonymous due to fear of retaliation by students.

"I keep my windows closed and my drapes drawn to keep as much noise out as I can," one said.

The other said she feels less safe now than ever and has been laughing at the zero-tolerance law since it was implemented. She said her neighbors often have large parties that make it hard for her to sleep.

"I put ear plugs in and if I can go back to sleep in my bedroom, I don't holler at them," she said. "But if I put ear plugs in and still can't go back to sleep I'll start flashing my lights at them."

Both residents said they do not report the parties to the police because they want to avoid conflict with their neighbors.

While some students think police presence has decreased, Helmstetter said many students still fear the policy.

"I think it's still in the back of a lot of students' minds," he said. "No one wants to go through all that hassle — it's really a pain in the butt."

Ayres said he is now more careful about having parties at his house.

"We don't blast our music at all, we just don't," he said. "We put a couch in front of the door and have everybody stay out back. We're not asking for noise violations."

Nefosky does not guarantee Newark Police will keep the zero-tolerance policy, but said he does guarantee they will always be strict on disorderly parties.

"You may call it what you want, you may call it zero tolerance or whatever, but we're still going to be very strict in respect to parties, alcohol violations, public drinking and things like that," he said.

## A Closer Look

■ The zero-tolerance policy was announced Oct. 20, 2005, allowing police to take immediate action to end loud parties or noise violations without issuing a warning or waiting for a complaint to be made.

■ The Newark Police made connections between loud parties and assaults. In 2005, 12 people were charged for aggravated assaults. So far, in 2006, 35 people have been charged.

■ Since the zero-tolerance policy went into effect Oct. 20, 2005, 318 people have been charged with noise and disorderly premise.

■ Since mid-November, university Public Safety has stopped assisting the Newark Police Department.

# Local forum addresses homelessness

BY SARAH LIPMAN

Staff Reporter

In order to address homelessness on both a local and national level, community members need to engage in advocacy for the homeless and volunteer, activists said at a homeless forum held at the Newark United Methodist Church Saturday.

The forum attracted members of the Newark community to hear people speak about how they can actively help the homeless problem in the United States.

Rev. James Faltot opened the forum with a prayer for the homeless and Mayor Vance Funk III issued greetings from the city.

"We need more caring spirit," Funk said. "The people we see on Main Street walking around and recognize as having a problem need our help. We have to break down that fear of helping them."

The forum continued with Michael Stoops, the executive director of the National Coalition for the Homeless, speaking on a national level.

He said homelessness is on the rise with a 6 percent increase from the previous year. The majority of homeless people in the the country live in and out of shelters, but 40 percent sleep outside on the streets. These numbers do not include Hurricane Katrina victims.

Stoops said there are multiple reasons a person can become homeless, including a lack of housing or healthcare, becoming a victim of domestic violence, having a mental illness and losing employment.

"Homelessness is a test, not just to the homeless, but to us as community members as well," he said.

Stoops introduced two of his close friends, Jesse Smith and Francine Triplett, both of whom have been homeless.

Smith, who is currently homeless in Washington, D.C., said his divorce from a woman he was married to for 32 years caused his problematic living situation. It was not an addiction problem or mental disability as homeless people are stereotypically all believed to have.

"We're here to give a face to the homeless population and dispel the stereotypes that surround us," he said. "I am not a drug addict and I am well educated — like many homeless people are."

Triplett, who was formerly homeless, said she did not become homeless because of the many stereotypes that are commonly believed.

"I was a victim of domestic violence for 13 years," she said. "I took a bus to Dupont Circle in Washington, D.C., and lived on the streets for five years."

Both Smith and Triplett agreed that with the proper help of the community and the NCH they were able to turn their lives around.

The local aspect of the homeless forum focused on how residents of Newark can alleviate the problem.

Richard Waibel of the Newark Coalition, Carl Mazza of Meeting Ground, Bill Perkins of Friendship House and Donna Clark of Salisbury Urban Ministries proposed that a drop-in center should be built for the homeless in Newark.

Although it takes a lot of work and the community needs to put their heart into the issue, Perkins said a drop-in center is one of the best ways to help the homeless problem locally.

"We can do something to help them," he said. "You do something practical, something hands on, something that people can see the difference — not in a hall in Congress, but in real people's lives."

The center, which the city will potentially call an "empow-



THE REVIEW/Joshua Baumann

The Newark United Methodist Church hosted a national forum to urge advocacy on Saturday.

erment center," would be located near Main Street. It would be open from 9 a.m. to 5 p.m. and welcome anyone who is considered to be homeless, providing showers, telephones, storage, mail, restrooms and an on-site social worker.

Waibel said if the city of Newark takes part in the issue, then they are helping the country as a whole.

"I think Dorothy had it right," he said. "There's no place like home — especially if you don't have one."





THE REVIEW/Meaghan Jones

The university was ranked 75 out of 100 of the nation's colleges for sexual health.

## Trojan Condoms flunks UD

### Univ. sexual health status in question

BY KRISTIN VORCE  
National/State News Editor

The university failed.

According to the Trojan Sexual Health Report Card, a survey which grades the sexual health of public and private colleges across the country, the university ranked 75 out of 100 schools, with a GPA of 1.3 on a 4.0 scale.

The report gave the university F's for condom availability and advice columns on sex. In the categories of HIV and STD testing, sexual assault services and lecture and outreach programs, the university received D's. The availability of sexual health information on the university Web site was worthy of a C. The only A the university received was for contraception availability.

Yale University was ranked first with A's in all categories. The University of Notre Dame and Brigham Young University tied for last place, with straight F's.

Bert Sperling, author of the study and president of Sperling's Best Places, a research company, stated in an e-mail message that a low grade meant access to information in that category was limited. Although Student Health Services may have the capabilities to meet students' sexual health needs, Sperling said this was not made clear on the university's Web site.

"We wanted to put ourselves in the position of a college student looking for information because we believe it's important to have as much information as possible when it comes to making a decision," he said.

Dr. Joseph Siebold, director of Student Health Service, stated in an e-mail message this survey is a misrepresentation of the university, his office and the student wellness program, Wellspring.

Siebold said the SHS Web site advertises free HIV counseling and testing.

"The 'D' grade here is ridiculous," he said.

Siebold said the Web site also contains a link to the Sexual Offense Support page.

"The University of Delaware was one of the very first universities in the country to offer Sexual Offense Support services," he said.

Siebold said students can purchase 10 condoms for a dollar at the SHS dispensary.

"Do you not find it interesting that Trojan, a for-profit manufacturer of condoms, is advocating free condoms?" he said. "They don't provide them free to us."

All universities can do a better job of sexual health education, Siebold said, and SHS will continue to try to improve.

"This 'survey' and 'ranking' of this university was poorly researched and poorly done," he said.

Laura Magee, a hall director on Central Campus, said Residence Life is not proactive in promoting sexual awareness.

"We hope that they got that in high school, which is sort of sad," Magee said.

She said most sexual health programs occur at the beginning of the year and are confined to freshmen. The primary focus in programming is diversity education.

Junior Julie Babcock said the university provides enough sexual health programs. The problem is no one goes to them.

"A lot of people either don't care or they know the

basics and that's enough to get by," Babcock said. "Do I really need to know the name of every single STD if I practice safe sex?"

She said students should take responsibility for their own sexual health education. Babcock has never attended a sexual health lecture on campus because she does not think it would provide new information.

"I think they'll just say, 'Practice safe sex' and I'll say, 'OK' and then leave," she said.

Babcock said condom availability is not a problem on campus. When she had a women's health appointment at Student Health Services she noticed a basket of condoms in the waiting room.

"Sure, condoms in campus bathrooms would be convenient," Babcock said. "But who's going to pay to put condoms in every bathroom?"

Professor Julie Mapes Wilgen, an expert on sexuality and STDs, said students have knowledge about sexual health, but do not always apply what they know.

"I think when they're out partying that sort of goes by the wayside," Wilgen said.

She said students need to consider their long-term health. They should talk about what kind of sexual behavior they want to engage in and what their boundaries are.

Wilgen said both men and women should carry condoms and make sure they are not expired.

"I don't think students are aware of how prevalent sexual infections are," she said.

Senior Vince Buerger was a resident assistant for freshmen last year. He said at RA training there was a table where they could pick up a stack of condoms to distribute to residents.

Buerger said he grabbed a dozen or so and tacked them to a wall in his building. Within a week, they were gone.

"They definitely didn't have enough for 40 students for the entire semester," he said. "And they never gave us a new supply."

Buerger said RAs can choose to create sexual health awareness bulletin boards or programs, but they are not obligated by the Office of Residence Life to do so.

"They told us all about Wellspring, but they didn't tell us enough about what to give them or what to tell them beforehand," he said. "It was more like, 'if you get raped, what could you do? Where could you call?'"

Buerger said sexual health seems like a taboo subject at the university. He said male students seem to feel as if discussing sexual health would compromise their manhood.

"From what I see on campus, it seems like people think it's really something girls should worry about," he said. "Like, guys are off the hook at UD."

Senior Doug Norquest, a former resident assistant in Rodney residence hall, said he remembers a performing group called "The Not Quite Ready for Bed Players." They performed skits in the residence halls about initiating sexual health conversations and using condoms correctly.

"At the very least it exposed them to the varieties of protection to use," he said.

## Routine HIV testing urged by the CDC

BY STEPHANIE HAIGHT

Copy Editor

All individuals ages 13 to 64 should be routinely tested for HIV, according to the revised recommendations recently released by the Centers for Disease Control and Prevention.

Peter Houle, executive director of the Delaware HIV Consortium, said the CDC wants individuals to be tested for HIV as routinely as they have their cholesterol checked.

Houle said there are approximately 3,500 Delawareans living with HIV and AIDS — 72 percent of whom live in New Castle County — and an estimated 1,500 have died from the disease.

"HIV is probably our No. 1 health concern in the state of Delaware," he said.

Darcy Brasure, director of counseling and testing at AIDS Delaware, said the state has always ranked in the top ten states with the highest incidence of HIV per capita.

Brasure said nationally there are approximately one million individuals infected with HIV and it is estimated that one-fourth of HIV-positive individuals are unaware that they are infected.

Nancy Nutt, program director of Wellspring, stated in an e-mail message that there are preventative measures individuals can take to stop the spread of HIV, yet many are unaware of these precautions or fail to practice them.

"Largely it requires being frank about sexual practices, something we do not do very well in this society," Nutt said.

She said society has made the mistake of stigmatizing the HIV since its discovery, but it is possible these recommendations will start to change this.

"I know this is very optimistic of me," Nutt said, "but I wonder if making HIV screening more a part of the routine health practices of many people may help to reduce the stigma associated with the disease, which I believe is still one of the No. 1 reasons why people do not opt testing and do not more consistently protect themselves from acquiring the disease."

Houle said although the recommendations are wonderful, the practicality of implementing them needs to be considered. There would need to be a great deal of education of primary-care physicians to be sure that HIV-positive individuals receive the proper information regarding services and care.

Anthony Salandy, associate scientist at the Center for Drug and Alcohol Studies, said more individuals discovering they are HIV-positive will lead to an increased need for health care.

Salandy said the call for universal testing, in theory, is a good thing. But in reality, there are things that need to be in place in order to achieve the CDC's goal, such as an increase in medical professionals trained to deal with HIV and AIDS and a decrease in the cost of medications.

"The bottom line is more money needs to be allocated from the federal, state and local government and private

industry for HIV prevention, treatment and care if we're going to have universal testing," Salandy said.

Brasure said he does not think that age 13 is too young to be tested for HIV, but there will be individuals who will have a problem with this part of the recommendations.

In Delaware, individuals can be tested for HIV without the consent of their parents starting at age 12. Although some do not want to admit it, he said, 12- and 13-year-olds are having sex.

Dr. Sangita Modi, a pediatrician at Newark Pediatrics, said she thinks some parents would object to routine HIV testing of 13-year-olds. Modi said sex is the last thing some 13-year-olds are thinking about.

"I think it should be dependent upon risk factors," she said.

Nutt said even if doctors do not follow the recommendations and perform routine screenings, they might at least discuss the benefits of being tested more frequently with their patients.

"I do think that if more people are talked through the benefits of being screened for HIV and what the risk factors are that would require a screening, more people who are deemed to be at risk will opt to have the screening and we will be able to diagnose the disease earlier in many people," she said.

Houle said some are concerned the recommendations could lead to inadequate counseling and post-assessment for HIV-positive individuals. Much procedure is involved in giving an individual a positive result and he said most general practitioners would not be knowledgeable about resources and services for those with HIV.

Modi said she thinks all the doctors at her practice would be comfortable giving a patient a positive result. The patient would be asked to come into the office to receive the results and would then be referred to counseling.

Dr. Joseph Siebold, director of Student Health Services, said Student Health offers free HIV testing. The results are confidential but are kept as part of the student's medical record.

Students can call to set up a half-hour appointment, Siebold said, during which the individual would be given the test and then would receive information and counseling while the results were being processed.

Brasure said he believes everyone should be tested for HIV at least once. He said individuals should educate themselves about HIV and he would encourage those who have never been tested to do so.

Individuals should wait 12 weeks before being tested, Brasure said, because antibodies will not appear until approximately four to eight weeks after the disease is contracted. The test is 99.7 percent accurate.

Brasure said individuals can call the AIDS Delaware hotline at 1-800-422-0429 for the location of HIV testing sites in the state.

"If you find out you're HIV-positive it's not a death sentence," he said. "It's better to know than not to know."



## who's who in Newark

## Post House cook serving Newark for 40 years

BY JULIA PARMLEY

News Features Editor

Dressed all in white, Jane Woolsey, 59, looks like an angel. To many hungry customers at the Post House Restaurant, she might just be one.

Woolsey's cooking is systematic, and with the narrow aisles and constant orders, it has to be. She knows where the waitresses are at all times and knows what to cook and how to cook it. With the turnover of customers and variety of orders, Woolsey said she has to have a system.

"If anyone gets in the way of it, I get very upset," she said.

Woolsey spends 13 hours per day cooking and preparing food for the hungry. Her day begins at 4 a.m., when she makes, among other things, soups, salads, potatoes and pancake mix in the small Main Street restaurant. Woolsey said it is her favorite part of the day, a time to meditate and work on her craft.

"I'm a morning person," she said. "It's me and WJBR."

By the time the large glass doors open at 6:30 a.m., Woolsey is ready for business. The Post House is known for its breakfasts, having been named "Best Breakfast" by *Delaware Today* eight times since 1996. Woolsey said she hopes she played a part in the title.

"I work really hard at it," she said. "It's important to me because I want the business to do well. If it doesn't do well, it's my fault because I do everything. I don't like failing."

Failure does not seem to be an issue for the Post House, which has been open since 1957. Woolsey and the waitresses enjoy the service of many regular customers and to Woolsey, they have become a part of her extended family. She has become close to many adults and students who have made the business a constant part of their university life. Woolsey said it is hard for her when the students graduate.

"When they leave, I cry," she said. "My husband says I have separation anxiety."

Some of these students continue to communicate with Woolsey, who recently received wedding pictures from one of them. Customers have also shown Woolsey support after her back surgery, visiting her in the hospital and bringing her flowers.

"They tell us their problems and show us pictures of their kids, grandkids," she said. "They become family, they really do."

Woolsey greets many customers by name, talking to them as she flips eggs and fries hash browns on the long metal skillet.

"Hi Ray, they did a good job on your hair again," she said



THE REVIEW/Sara Davidson

**Jane Woolsey's cooking and cheery disposition has brightened the mornings of residents and students.**

as she places a plate of buttered toast in front of a customer.

As easily as Woolsey flips pancakes, she could have easily not been cook or manager of the business. After graduating from a college in West Virginia, Woolsey came to Newark for the summer to visit family. It was 1965 and Woolsey was working behind the food counter at the Woolworth's in the Newark Shopping Center. She had plans to go to nursing school after the summer but decided to stay through the fall and winter. In April 1966, a friend from church convinced Woolsey to work with her as a waitress at the Post House.

"I only intended to come for one summer," she said, laughing. "Well, 40 years later, I'm still here."

Woolsey worked as a waitress for five years before beginning to cook part time, lending her cooking skills in emergencies. She always loved food, so the transition was easy. In 1972, the owner of the Post House offered Woolsey a position as cook and manager.

"It was something I had to think about because it's a lot of work," she said. "I said I'd try it."

In 1992, the Post House was bought by a new owner, who also operated both Wilmington restaurants. Woolsey said he asked her to stay on and she did, deciding to take it day by day.

One woman has worked by Woolsey's side since the 1960s. Bertha Meredith is 78 years old and works, like Woolsey, five days a week.

"It's been wonderful," Meredith said. "Her and I have been friends for 40 years."

"We've had our spats," Woolsey said, "but we've seen each other through many difficult times."

Although the Post House closes at 3 p.m., Woolsey stays until 5 p.m. to clean and order food. Her retired husband, Charles, comes to help Woolsey at the end of the day.

Woolsey's days off are Monday and Tuesday, but she often finds herself coming in to help out.

"You don't know with this business," she said, shaking her head. "Your phone rings and you aren't even out of bed."

When she has days off, Woolsey donates platelets at a local blood bank every three months.

"I had a good friend who died of leukemia," she said. "I was at the hospital after she died and saw a sign for this. I couldn't do anything for her but I can do it for someone else."

For 18 years, Woolsey also ran an adult foster care for extra income after her divorce from her first husband. She took care of three mentally-challenged women, completing such tasks as making their doctors appointments, monitoring their medication and meeting with dietitians.

"It was the closest I came to a nursing career," she laughs. Woolsey said it was a rewarding experience, but leaving the women after her second marriage was hard.

"I had one lady for 16 years," she said. "She was like family. It was very hard to give her up."

The Post House has become a part of Woolsey's immediate family as well. Her daughter, Jacque, worked there as a waitress in high school for many years and her two grandchildren worked their first jobs at the restaurant.

"That was my real goal, to have my grandkids have their first job with me," she said.

Woolsey said she could not have been successful without her boss and employees. It is the enjoyment she gets out of cooking and the friends she has made that makes her come back year after year.

"I love people and I love being around them," she said. "You come in and if they don't, you start wondering where they are."

## Embryo screening sparks ethical controversy

BY SARAH KENNEY

Staff Reporter

Most couples desire a child without a disease. Some have more specific preferences, such as gender or appearance. Couples that visit in vitro fertilization clinics now have a variety of new options, courtesy of pre-implantation genetic diagnosis.

Susannah Baruch is a director at the Washington-based Genetics and Public Policy Center, which recently conducted a study of IVF clinics and the services they offer.

Baruch said PGD is the genetic testing of embryos through in vitro fertilization.

According to the survey, approximately 74 percent of IVF clinics provide PGD services to its patients.

Of this 74 percent, most clinics said they offer PGD to screen for disease. Baruch said some clinics also offer more controversial services.

According to the survey, approximately 42 percent of IVF-PGD clinics have performed PGD for non-medical sex selection. Approximately 24 percent of clinics have performed PGD to assist families in having a child who is an immunological match for an existing seriously-ill child so the new child can be a stem cell donor.

Marc Portmann, senior embryologist at Reproductive Associates of Delaware, said PGD is a complex procedure.

"We take a cell out of an eight-cell embryo. That's a three-day-old embryo," Portmann said. "It should represent the genetic constitution of the rest of the embryo at that point. Then we send it out to one of the three or four clinics in this country who can do the analysis."

Philosophy professor David Silver said this procedure raises many ethical issues.

"The strongest argument is going to be that life begins at conception and that this process is the killing or wasting of human life," Silver said, referring to the destruction or freezing of undesired embryos.

He said he does not agree with the argument that this process interferes with the course of nature.

"Each time you visit the doctor, you are interfering with nature," Silver said. "Each time you build a house, you are interfering with nature by not letting the rain fall on your head. We interfere with nature all the time and we think it is perfectly acceptable to do so."

Audrey Dandoy, president of the university's Pro-Life Vanguard, said she disagrees with the use of PGD as a selective process.

"I am not against screening to be prepared," Dandoy said. "But it shouldn't determine whether or not you keep your child."

"I feel that it shows a lack of respect for human life. It says, 'We chose you because you satisfy these conditions.'"

Dandoy said screening for disease is possibly the worst form of PGD.

"It's sending the message to disabled people that they are not worthwhile people," she said. "If you talk to them, I'm sure they'd say they'd rather be born with this disease than not be born at all."

Dandoy said screening for gender should be a feminist issue because she said boys tend to be preferred over girls when gender selection is possible.

"We are opening the door to something scary," she said.

Junior Laura West said she could understand screening embryos for disease.

"I can see it being ethical in the sense that you do not want your children to have these illnesses," she said.

Senior Noah Abrahams said he agreed with screening for health purposes, but limits may be hard to set.

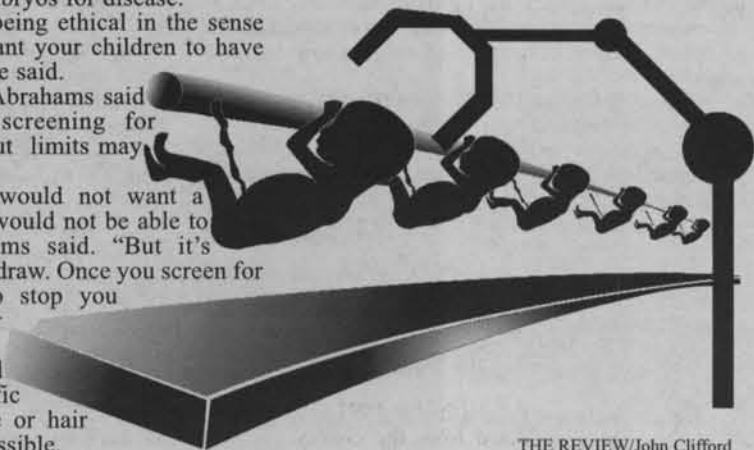
"I definitely would not want a child that I know would not be able to function," Abrahams said. "But it's such a hard line to draw. Once you screen for disease, what's to stop you from screening for other things?"

Baruch said selection of specific traits, such as eye or hair color, is not yet possible.

"A lot of people have speculated a lot of things," she said. "But we don't have a genetic test right now for tall or strong. A lot of these traits have multiple genetic and environmental factors."

Portmann said he does not rule out the possibility of more specific characteristic screening in the future.

"We've made unbelievable advances," he said. "It may sound ridiculous and absurd, but maybe 15 years from now it will be a common thing. I don't know. It's up to the public to decide."



THE REVIEW/John Clifford



# UBuddies program brings smiles to disabled adults

BY SARAH KENNEY

Staff Reporter

"Let the good times roll."

"Bingo."

"False alarm."

"Oh yeah. I got that one. I got a lot of them."

Some of the adults in the room are in wheelchairs but everyone is having a good time. University students are in the room as well — one student turns on the movie "Walk the Line," while others are playing bingo or checkers and others are just enjoying a magazine.

Everyone is congregated in the All Star Room of the Mary Campbell Center, which is the main location to hang out and have fun.

Director of External Affairs Meredith Rosenthal said the Mary Campbell Center, which opened in 1976, is a home in Wilmington that houses approximately 60 adults with disabilities.

The students who volunteer between Monday and Thursday are part of the UBuddies program, previously known as Best Buddies.

Senior Matt Cohen, a coordinator in the organization, said a lot of the residents have a form of cerebral palsy, but some have Down Syndrome or other disorders. Each resident has different needs, he said.

"Some residents require intensive care," Cohen said. "Some just need help getting dressed and bathing."

Junior Kristen McColgan, membership coordinator of the UBuddies program, said there are approximately 60 students involved. Each student is paired one on one with a resident. The volunteers drive to the center once a week between Monday and Thursday to spend an hour with their buddy.

"We try to pair them with residents that have similar interests. Also, some residents cannot speak or communicate very well, so we try to match these residents up with students who are comfortable with that," she said.

One of the major events of the

year is the UBall, complete with a DJ and food, McColgan said.

"All the residents call it 'the prom,'" she said. "It's the highlight of their year. They are talking about it already and it's not until May."

McColgan's buddy, Missy Grimaldi, is a resident with cerebral palsy who uses a motorized wheelchair to get around and enjoys joking with the volunteers.

"Missy is probably one of the most amazing people I have ever met," McColgan said. "She knows everything. She remembers everything."

Grimaldi said she loves the UBuddies program and McColgan.

"She comes every Tuesday," Grimaldi said. "I wait for her. She paints my nails and we talk about everything."

Grimaldi said her highlight of the year is definitely "the prom."

"It's a lot of fun. I get to wear a dress," she said, beaming.

McColgan is proud of the accomplishments Grimaldi has made while participating in the Special Olympics.

"I've won silver medals and gold medals," Grimaldi said. "I play bocce."

Brian Fleischut, resident in the Mary Campbell Center, communicates by typing on a keyboard attached to his wheelchair. The keyboard speaks each letter he types and then reads the entire word or sentence when he is finished. When asked his buddy's name, his fingers reach out to the keyboard.

"Laura Coogan," he typed. "What do you do when she comes?"

"We are writing my biography," he typed.

Do you like it when the Buddies come?

"Yes," he typed, smiling and giving his famous thumbs up.

McColgan and Cohen said they feel like they get a lot out of the UBuddies Program.

"During the week I don't feel like I have two hours to spare. But I never regret going," Cohen said.



THE REVIEW/Tom Bentley

**Kristen McColgan volunteers with buddy Missy Grimaldi.**

"An hour of my time means so much more when it is spent with them."

He said the program is beneficial for the residents.

"A lot of the people they see every day are there to care for them," Cohen said. "They are doctors and nurses. This program gives them contacts that they wouldn't normally have."

The UBuddies program is also beneficial and important to the volunteers, he said.

"It has taught me a lot about people. There are many kinds of people in this world, not just the 20-year old middle-class people you see in college," Cohen said.

McColgan said she agreed.

"It is such a rewarding experience," she said. "We learn from each other. It's not just me helping her. I've learned that being in a wheelchair doesn't have to confine you. There are plenty of things you can do."

# Students face off against faculty for good cause

BY ALEX CHEW

Staff Reporter

Athletic competition has always been an activity to bring people together, and it did just that Thursday night at the Bob Carpenter Sports Building. The event, presented by the Center for Black Culture's Each One Reach One mentoring program, pitted university faculty and staff and EORO alumni against students in a basketball game.

The EORO program gives freshmen mentors at the university who are older students and have similar interests, both academically and socially.

Senior Petra Palmer is one of six Mentor Coordinators that oversees the program. She said one of the biggest problems for freshmen is getting assimilated with the university while staying out of trouble.

"Right now there are around 100 students involved in the program, either as mentors or mentees," Palmer said.

The coordinators get feedback each month from both sides of the EORO relationship and then decide if more help is needed for specific students. The program has been running for more than 10 years and has grown in size each year.

As for the game itself, there were 12 representatives on the faculty, staff and alumni team against a team of approximately 15 students. Among those on the older team were university alumni Andre Buck and Lt. Vince Shipman of the University Police.

Shipman said he has been at the university for 18 years and has been involved with the EORO program for more than 10 years. He helps organize the basketball game from the faculty and staff side by getting alumni to attend.

He said he enjoys being able to ensure that new students can get as much help as possible from those who have been here before.

"I've known some of these guys when they were students and they came back to help," Shipman said.

The program is effective not only from the students' standpoint of getting involved in productive activities on campus, but also by getting

staff and faculty members involved in a manner they may not have normally been able to contribute, he said. Shipman knew many of the faculty and staff players while they were undergraduates here at the university.

Contributing to the university community in some way is important, Shipman said.

"It's important to graduate and then give back," he said.

Among the alumni who attended the event was Andre Buck, a former university basketball player who now works as a professional sports agent. Also present were staff members from the library, IT-User Services and other areas of campus.

From the students' perspective, the EORO program is also effective. Sophomore Don Lilley was a mentee as a freshman and is now a mentor. He said the value of the program is how it motivates students to start on the right track at the university.

"It got me in the right crowd at school and it keeps your head in the books," Lilley said.

As for the game itself, the pace was quick, as the sharp-shooting Andre Buck knocked down several three-pointers to give his team an early lead. The students stormed back, however, and took the lead at halftime. They went on to win 80-66.



THE REVIEW/Joshua Baumann

**The students beat the faculty 80-66 at Thursday night's mentor event.**

# Bud Light and Kate's team up to fight cancer

BY DESIREE NORWOOD

Staff Reporter

Bud Light is collaborating with NKS Distributors and local restaurants in order to raise money for the Delaware Breast Cancer Coalition. The fundraiser began in August and will continue until Homecoming weekend.

Chris Devlin, area sales manager for NKS Distributors, who distributes Bud Light and Budweiser, said his company was seeking a way to promote its product and help the community at the same time.

NKS Distributors will donate 50 cents for every case of Bud Light sold from the restaurants to the Delaware Breast Cancer Coalition.

The coalition was established in 1991 and all of the money collected from the charity event will go toward education and awareness

of breast cancer.

The goal for NKS Distributors is to raise as much money as possible while selling their product, Devlin said.

Klondike Kate's is taking an active role in the charity event. Manager Jen Houser said she is helping to organize the fundraiser at the restaurant.

"I did a 60-mile walk for Breast Cancer last September and I thought it would be a good idea to try to do something for breast cancer survivors," Houser said.

She said she decided to collaborate with Bud Light on the effort of helping raise money so Kate's will have two events designed to raise money for the Delaware Breast Cancer Coalition.

On Oct. 12, Kate's will hold a Pink Night, which will serve beef and beer along with a

silent auction, Houser said. Each ticket will cost \$25 with \$10 from each ticket being donated to the Delaware Breast Cancer Coalition.

The second event will be a late night special where people can donate \$1 for a pink bracelet, Houser said. Servers will also donate a part of their earnings that night and Kate's will match the servers' donations. Bud Light girls will attend this event to give away pink Bud Light T-shirts.

Senior and member of Chi Omega sorority, Kerri Link, said she wants to get the students involved with the charity event.

"When I talked to someone in the public relations department, they told me that I couldn't advertise on UDaily unless it was a student organization co-sponsoring it," Link said. "I spoke to the girls in the sorority and

there was 100 percent interest."

The pink breast cancer awareness bracelet will be provided by Chi Omega, she said.

Cathy Holloway of the Delaware Breast Cancer Coalition said the organization is grateful for the donation and will use the money for statewide programming.

Numerous restaurants and liquor stores in Newark will participate in the fundraiser sponsored on by NKS Distributors.

On Oct. 14, Bud Light will end the fundraiser by encouraging people to wear breast cancer awareness shirts to the football game where they will take photographs, Devlin said.

Alcohol is connected to many negative things and it is nice to use alcohol to promote something positive and empowering, he said.



# West Campus: still crazy after all these years

## Part 1 in our 4 week residence hall series

BY LAUREN DEZINNO

Staff Reporter

Air conditioning. A dry cleaning service. Faculty offices. A library. These were just a few of the services the university hoped to offer its bell bottom-wearing students in the Rodney Complex when its first residence hall, Rodney, opened in 1966.

Stuart Sharkey, the director of housing and residence life during the opening of the Rodney and Dickinson residence halls, said the first residence hall on West Campus was built while John Perkins was president at the students' request for more single rooms.

The university was also starting to see its summer programs growing and did not have any air-conditioned residence halls, he said.

"So they built Rodney with air conditioning and put the summer students there," Sharkey said. "Then they decided to

build Dickinson and they didn't have enough money."

Sharkey said enrollment at the university was steadily increasing by approximately 400 to 500 students per year during that time.

"Some people say Rodney looks like a fortress," he said. "The reason the windows are so narrow is because the university realized the rooms were air-conditioned and decided there was no need to have large windows."

According to University Archives, Rodney was named after Caesar Rodney, a native of Delaware and signer of the Declaration of Independence.

As the first residence hall with floor lounges, Rodney enjoyed a coffeehouse in the A/B lounge during the early 1970s. The coffeehouse was equipped with tables, carpeting, refreshments and live music.

Kathleen Kerr, director of Residence Life, said she would not be opposed to bringing back the coffeehouse in Rodney.

"I think anything's a possibility," she said. "But we have such great services now with Perkins and Trabant. I think that atmosphere is much more suitable than the dorms."

Kerr, the Rodney Complex coordinator from 1990 to 1993, said Rodney could be less attractive to incoming students.

"They're concerned about the singles, they're concerned about it looking like a fortress," she said. "Once students live there, I think they really enjoy it. I think that once students have been there awhile, they forget some of their initial concerns."

Freshman Lauren Ochsenreiter, a resident of Rodney, said she loves living in the residence hall.

"It has air conditioning which is definitely nice," Ochsenreiter said. "I'm in a single and I like that a lot. I didn't think I was going to — but I love it."

She said the location, dining hall and gym are also convenient.

Sharkey said the Rodney Mart was originally supposed to be a dry cleaning service.

"We had the idea of having classes taught in the Rodney Complex and having a sort of reference library down there as well as several faculty offices," he said. "We tried that for several years. Unfortunately, faculty did not like being there as it kept them away from their colleagues."

Due to lack of interest, classes in the complex were also terminated after three years.

Dickinson, constructed in 1968, was originally home to the Honors Program. The residence hall was named after John Dickinson, a prominent figure in Delaware history. According to the University Archives, although Dickinson did not actually sign the Constitution, he authorized his friend, George Read, to do so in his stead.

"People think the double rooms in Dickinson were originally single rooms but that is not true," Sharkey said.

When the architect presented the design for Dickinson, the bids came in too high, he said.



Courtesy of the University of Delaware Archives

The Rodney Complex opened in 1966.



THE REVIEW/Meaghan Jones

Today, Dickinson and Rodney house hundreds of students.

"So instead of cutting one set of rooms off in each of the buildings, they shrunk them and made them smaller so there would be less square footage for each building," Sharkey said. "They are still too small for doubles."

Due to low funding, Dickinson was also unable to provide air conditioning for its units.

He said freshmen living in Dickinson, like those in Rodney, complain about its location at first.

"But by the time Thanksgiving comes along, they are very happy living there," Sharkey said. "People's friendships are much stronger than in other parts of campus."

Today, minus a dry cleaner's and a few thousand pairs of bell bottoms, Rodney and Dickinson stand alone on the university's West campus. Despite the complaints about singles, location and air conditioning, student reports are generally positive.

"When I found out I was in a single, I cried," Ochsenreiter said. "I really wanted a double. But I would say that having a single as a freshman is no big deal. You make it what it is."

## Prof. wins city council election for District 3

BY KEVIN MACKIEWICZ

City News Editor

Last week in the Newark City Council District 3 election, professor in the School of Urban Affairs, Douglas Tuttle, claimed the position over his running mate, Susan Eggert, by a vote of 277 to 238. He will begin his term on Oct. 9 at the council meeting.

Tuttle said he is eager to attend his orientation classes this week so he can begin serving the city council. The seminars will run every day from Monday until Thursday and he will meet all of the heads of the city departments.

Mayor Vance A. Funk III said Tuttle has a great deal of experience with law enforcement and will be a stellar addition to the council. Tuttle served 25 years as director of Public Safety for the university and is currently employed with the Institute for Public Administration where he coordinates training for local officials.

"I've known Doug for about 35 years and have always found him to be a very special person," Funk said. "I swore him in

when he became a police officer."

Tuttle has lived in the district since 1979 and said he is a qualified candidate because he knows the area well. District 3, the southwest corner of the city, includes parts of Madison Drive and Towne Court Apartments.

Councilman Stu Markham, District 6, said the turnout of the election was impressive. He said numerous voters came out to the polls because the two candidates were well-qualified.

"That was more than double that came out to vote in the election in April," he said, referring to his election that occurred last April.

Tuttle is familiar with the university and said he understands how to relate to issues involved in a college town. He has had experience throughout the country with

numerous towns similar to Newark and said it is exciting because of the access to technology.

"This is the first time I've run for office and it was a lot of fun."

— Douglas Tuttle, urban affairs and public policy professor and District 3 city councilman

as an undergraduate and then went on to work for Public Safety.

Students can find Tuttle on campus either helping the Sailing Team as its faculty advisor or teaching students in the School of Urban Affairs.

The tradition of law enforcement has been passed down to his children, he said. His son and daughter live in Florida and have careers as an attorney and police officer.

It will be overwhelming for Tuttle in the beginning to catch up on the policies, but the council members will assist him with any questions he will have concerning the city, Markham said. There is lot of reading and studying of the rules to complete during the start of a person's term in office.

"It could easily be more than a full-time job," he said.

Tuttle credits his success to visiting the members of his district during his campaign. He talked to more than 600 residents while running for city council.

"I got a good idea of what people's issues are," he said. "My goal was to try to get as many residents in the district as I could."

"This is the first time I've run for office and it was a lot of fun."



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# City loses \$1.5 M in electric deal with UD

BY LAURA DATTARO

Staff Reporter

The Newark City Council met Sept. 25 to discuss possible solutions to a \$1.5 million electricity contract error between the university and the city.

Jay Kumar of Economic and Technical Consultants Inc., the electric rate consultant, said the city recently redesigned its electricity rates to reflect rising costs of power in the area. When making adjustments to the contract they violated the rules between the city and the university.

Finance director George Sarris stated in an e-mail message sent to City Manager Carl Luft that the university and the city have a 20-year contract which began in 1996. This contract specifies the overall percentage change in the rates to the university can never be raised more than the change given to the rest of the city. The recent rate changes made by the city violated this clause of the agreement, Sarris said.

Councilman Jerry Clifton, District 2, said the result is a \$1.5 million loss to the city, which is roughly 5 percent of the city's annual operating budget.

"That's a heck of a hit," he said.

The new electric rates were shown to the university in June but the error was not discovered until August, Kumar said. The rates were designed

with the initial understanding that the university's rates would remain competitive with those of Delmarva Power, which complies with the spirit of the contract.

"I do take the blame for not taking the strict letter of the contract," Kumar said.

Bob Stozek, vice president of facilities at the university, said the university discovered the error in July when the effect of the new rates on the budget was being examined. The error has a large effect on the university's budget.

The university brought up the issue quickly through phone calls and e-mail messages, when it first discovered the contract error, he said.

Councilman Paul Pomeroy, District 1, said he disagreed with Kumar's explanation of why the error occurred in the first place. The written terms in the contract should have been thoroughly looked over when changing the rates.

The important issue is figuring out how to regain the lost revenue, Sarris said. The electric revenue is the single largest revenue to the city.

The university contributes

more than \$10 million to the city, making it the city's largest customer, he said. The money the university pays for electricity is its most important contribution to the financial state of the city, he said.

Due to the strong financial contribution the university makes to Newark, the council members voiced their concerns about what would happen if the university decides to close the contract deal. The contract has a termination clause of three years, Kumar said.

Although termination is a legal possibility, Stozek said this is not an option the university is currently considering.

"They have to resolve the issue, but as long as they live within the language of the contract we will be satisfied," he said.

Council members at the meeting stressed the importance of finding a solution to the problem.

Although there are different possibilities, the most likely is to raise the base rate for the rest of the customers in Newark to cover the deficiency, Kumar said. This would result in approximately a \$3.43 per month raise for the tax payers of Newark.

Clifton said he wants to see other possible answers that would not place the burden directly on the citizens.

"I have neighbors that that means something to," he said. "It doesn't seem like much and it might not be, but it is to

some people."

Pomeroy said he wants to see creative solutions to the situation.

The city council is concerned about the message this error is sending to the public, he said. The people had been told the rate increases were set and now the city has to go back and ask them for more money, Clifton said.

"The public trust has been breached," he said.

Newark residents in attendance of the meeting voiced their opinions. Steve Hegedus, a local electrical engineer, proposed his ideas to the council.

His speech echoed concerns of the council members that the city is relying too heavily on electric costs. He proposed the city reassess homes and tax residents based on the updated property value.

He would not be upset if the city turned to its residents to cover the cost of their error, Hegedus said.

"I think it was a simple misunderstanding," he said. "When people start paying the fair price for electricity they will start thinking about how they use their energy and I think that's a good goal for society."

"When people start paying the fair price for electricity they will start thinking about how they use their energy and I think that's a good goal for society."

— Steve Hegedus, local electrical engineer

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Courtesy of FarmAid.org

Twenty-five thousand people attended Farm Aid at the Tweeter Center in Camden, N.J.

## Musicians unite at Farm Aid benefit

Continued from page 1

John Goode, who owns of a small organic farm in Pennsylvania with his wife, Amy, said the struggling family farms and the idea of difficult work should not discourage younger generations from becoming involved in agriculture.

Goode, a young farmer who did not come from a farming background, said the work he and his wife do is not just a job, but a proclamation of their principles.

"Our daily work is a form of activism and something we can be proud of," he said.

Despite the exhausting lifestyle a farmer must face, Goode said what he accomplishes has affected him on more than one level.

"Emotionally and socially it's been very successful for us," he said, "because we have a relationship with all of our buyers."

"When things are great, they're out there telling us and that sort of feedback is what makes you able to go through the extremely difficult work of farming on a day to day basis."

"Southern Man" Neil Young, who helped Nelson create Farm Aid and also sits on the board of directors, said the idea of promoting organic family farms instills proper and healthy eating habits in children, something schools currently lack.

"Some of these foods our kids are eating in the small schools and in the kindergartens and the beginning grades obviously is very sub-par food," Young said. "And it's not the way we want to teach our children to live."

He said by not providing healthy food options, schools are making children more prone to learning disorders, such as attention deficit disorder.

"This is more than just 'let's teach the kids that good food is good,'" Young said. "Let's enable the children to learn by giving them the fuel to make their brains work correctly."

"It feels really good to eat good food and know where it came from."

Musician John Mellencamp, who shares the same role in the organization as Young and Nelson, stressed the importance of knowing

what you are eating and even cited the recent E. coli scare as negligence for concern about the healthy food produced by family farmers.

"We all saw what happened with the spinach in the last few months and that's why it's important to know where your food is coming from," Mellencamp said.

Anne Cooper, the "renegade lunch lady," said she tries to create these good habits in children every day.

Cooper, who works as a lunch lady in a Moss Beach, Calif., school district, said she quit her job as a celebrity chef because she felt a responsibility to start teaching children how to eat correctly.

"We're feeding our kids crap and it's killing them," she said. "I'm trying to change the world, save the world, one child's lunch plate at a time."

Young said these eating habits are not just important to young children, but in college-aged students as well. He even started an organization at his daughter's college after she complained about the lack of healthy food.

"When she first started going there the first thing she said is, 'Dad the food really sucks,'" he said.

After going to the school and meeting with different people, Young said he helped establish the Food For Thought program, in which local farmers provided the school cafeteria with healthy, organic food options.

"The cafeteria started showing that they had organic, or at least home grown food that was there for people to eat," he said. "Then they started cooking it a little differently and not overcooking it into, sort of, boiled stuff."

Mellencamp said when he and his colleagues started Farm Aid, they did not have any idea what they were getting into and thought they could have the concert and immediately see results.

"Here it is 21 years later and you see the ghost towns along the highway now and you see how our communities have changed," he said.

"Farm Aid and everything we're talking about boils down to one thing — if you want a better world, it starts with you."

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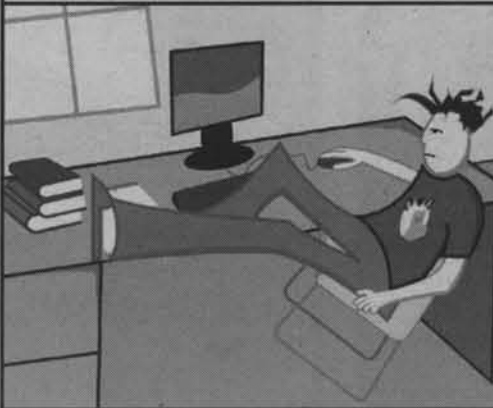
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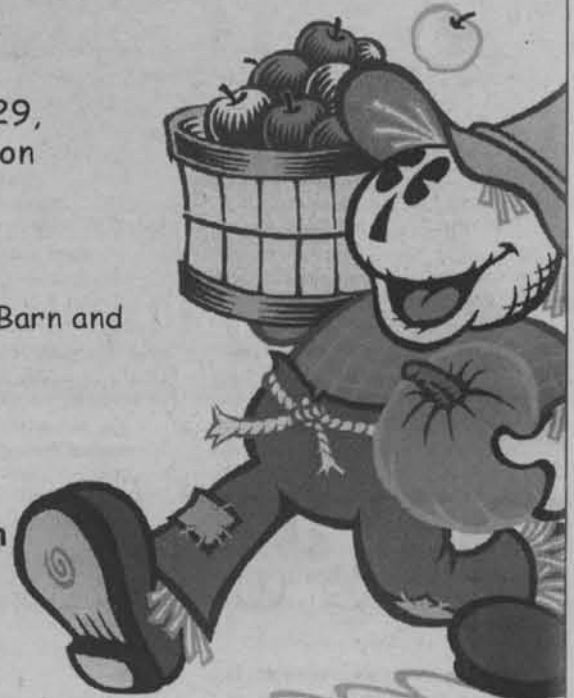
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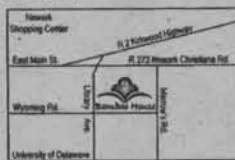


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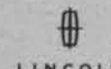
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# editorial

## Sexual health issues raised

The university falls short on Trojan report card

According to Trojan Brand Condoms, the university does not stack up to schools around the country in terms of promoting sexual health and providing sexual health information.

In their Sexual Health report card the university ranked an abysmal 75 out of 100 when compared to other schools.

The university's grade point average was low enough to get a student booted from the university, — 1.3. The student health Web site was given a C and the university's only A was given for contraception availability.

While Student Health Services does offer free HIV testing and free condoms, it is the information presented to students about sex that is puzzling.

Some student groups are taking the lead when educating new students. The "Not Quite Ready for Bed Players" provide important information to students once a school year in residence halls and perform skits for university students. The Resident Student Organization has established a forum for students to ask questions to which they may have a hard

time finding answers.

The university, however, should be the group to take the lead on this issue. While they provide massive amounts of information and literature on topics like underage drinking and illegal downloading, why not address sexual health on campus?

The problem does not seem to be the availability of such information, but how Student Health goes about providing it. While counselors are available, incoming freshmen are not exposed to the idea that such help exists.

Students know about alcohol abuse assistance through posters and fliers handed out by resident assistants in the first few weeks of school, however, sexual health assistance is much more difficult to come by. A simple Web site is not enough. The university needs to start promoting sexual health campus wide.

This survey should not just be slid under the rug and ignored. Compared to other schools, we have a problem.

The university has a "Code of the Web," shouldn't we have a "Code of the Bed," too?

## Noise and the city of Newark

As assaults increase, Newark police need a new direction

It seems, at least for the moment, that the noise violation controversy is slowing down among off-campus houses. So one must ask, is the policy effective?

If we are to take the statistics as they are, the answer is no, no matter what Newark Police Chief William Nefosky wants students to believe. The purpose, according to police officials was to halt the rise of aggravated assaults that were apparently taking place at students' parties.

That has not happened. Aggravated assaults increased from 12 in 2005 when there was no policy to 35 this year with the policy in effect.

The noise violation restrictions were initiated in October of last year. Since that time 318 people have been charged with disorderly premise and Newark streets still remain as dangerous as ever with the rise in assault numbers.

Just this week, a student was stabbed in an incident on Cleveland

Avenue.

The fact is, students need to feel safe from these assaults that Newark police promised to fight.

This information allows the question to be raised, what is there to do now?

Have Newark police cracked down on the cause of assaults? What

"You may call it zero tolerance or whatever, but we're still going to be very strict in retrospect to parties."

—Newark Police Chief William Nefosky

now that those assaults have ballooned this fall as the policy remained in place? Yet, what will the Newark police try to do now to cut the number of assaults occurring on the streets of this city.

Currently there is no solution to the crime spree attacking the city, and according to Nefosky the noise policies will probably remain in place.

If it is not helping the situation, then why will the policy remain on the books?

So many questions are posed to Newark police now that its plan to eliminate aggravated assaults has failed.



THE REVIEW/ Domenic DiBerardinis

## LETTERS TO THE EDITOR

### Mistakes in an editorial

In the editorial "Losing the Early Decision," the author boasts "We are pleased to be following in the footsteps of distinguished schools like Harvard University and the University of North Carolina."

Perhaps the author should remember that Harvard announced its intention to drop early decision on Sept. 12 when, in fact, the University of Delaware announced its intention to end the process on June 6 of this year. In the future, the author would do well by himself to notice what has happened when, and who is following whose trend.

Matthew Claypotch  
Junior  
[potch@udel.edu](mailto:potch@udel.edu)

### Reaction to "Decade of Change"

In response to the article published on Sept. 19, I say the technology of today has not produced a generation of teens who are ignorant to innate social behaviors, but rather Generation Y has learned to adapt to the technology that prevails in so many aspects of its

lives.

Generation Y was thrown into a world where the Internet was not just convenient, but necessary. Teachers began to view handwritten papers as completely unacceptable and online sources were often required. E-mail has become the prevalent way to contact professors or employers. And, most employers tend to contact prospective employees on their listed cell-phone number, ignoring the home phone and rendering the answering machine obsolete.

Technology has forced itself upon Generation Y and it has simply exemplified Darwinian survival techniques by acclimating to the changing world around them.

Generation Y students entering the university this year are the most accomplished class in university history with 479 entering with a 4.0 high school grade point average. This is proof enough that this generation has used the technology around them for its own advancement and it can only hope that Generation Z can do the same.

Charmaine Leyenaar  
Freshman  
[leyenaar@udel.edu](mailto:leyenaar@udel.edu)

Conclusions drawn from

### "Decade of Change"

The access our generation has to communication tools has not made our communication skills worse than other generations.

Just because we listen to our iPods does not mean that we are incapable of having a face to face conversation. Although many of us use the word "like" numerous times throughout conversations, it does not mean we can not write anything in a "coherent manner". Being able to socialize online does not inhibit our communication skills.

I completely agree with sociology professor Anne Bowler who said, "I am consistently impressed by the number of students in my classroom who are aware of and concerned about national and international affairs."

If anything, our generation is better at communicating because we have so many different ways of interacting with people.

Maggie Lynn Tart  
Freshman  
[mltart@udel.edu](mailto:mltart@udel.edu)

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**Last week's poll results**  
Q: Should the university have eliminated early decision?

Yes: 42% No: 58%



# Opinion

15

## University: equal rights for...some?

### Direct Action Committee Commentary

Karen Middlekauff

*Unjust policies at the university are sparking controversy over gay rights.*

Thomas Jefferson once said, "Equal rights for all, special privileges for none." Mr. Jefferson is squirming in his grave. He is rolling over and screaming for justice.

The reason he's not resting comfortably is University Policy No. 4-40. This policy explicitly states, "The University of Delaware is committed to assuring equal opportunity to all persons and does not discriminate on the basis of race, creed, color, gender, age, religion, national origin, veteran or handicapped status or sexual orientation in its educational programs, activities, admissions or employment practices."

The university is actively engaging in blatant discriminatory practices by refusing to grant domestic partner benefits to its faculty and staff.

Why does the university from the first state to ratify the constitution continue to deny equal rights to many members of its faculty and staff?

That is the question Mr. Jefferson would like to ask along with a growing number of university students, faculty, staff and alumni.

What are DPBs? Universities and major corporations across the nation grant their employees and their partners many benefits such as health and dental care, tuition breaks, library and gym access, pension and savings programs and family and bereavement leave. Unless the employee and his or her partner cannot legally marry, a circumstance common in same-sex couples, they will not receive proper benefits. The partners and children of the unmarried family are denied these benefits and are left without the health care, tuition, insurance, financial and material benefits that married couples receive. This is an obvious case of discrimination on the basis of sexual orientation.

In order to treat these couples equally, 297 other universities across the country, including most Ivy League and Big Ten schools, offer DPBs to the families of employees prevented by state law from marrying their partners. DPBs grant these families the same health care, tuition benefits, facility access among other privileges that married couples and their families receive.

However, the university refuses to treat these unmarried couples and families equally by denying them the same benefits as their married heterosexual colleagues. These faculty and staff members are struggling to afford adequate

healthcare for their families because they must purchase it from private companies. Does it seem equal that their children may not be able to afford the university's tuition rates while the child of a married couple is offered a great opportunity through the benefits of a tuition break?

As a student at the university, I am appalled at the discrimination and lack of concern the administration has shown toward its employees. The university is risking the loss of valued professors and staff members. At the same time, the university is running the risk of developing a reputation of being an institution that discriminates against its faculty and staff.

The time to rectify this situation has come. Last spring, a group of students held rallies, solicited support through signed petitions and distributed handouts to raise awareness about DPBs. This year, these same students will continue to move forward and have established this campaign as an official student organization.

The Direct Action Committee is stepping up to demand equal treatment of all faculty and staff.

This semester, the efforts to raise awareness and support for this cause will include a benefit show with comedy and a cappella groups. There will also be a drive to collect signatures on petitions to the administration in front of Trabant University Center on Thursdays and Fridays. Plans include holding interest meetings, rallies,

handing out flyers and making statements to the media.

Many other organizations have offered their support to these efforts. The Campus Alliance de La Raza, College Democrats, HAVEN, Civil Liberties Union, Amnesty International and Greek Life are just a few of the organizations allied in support of this fight.

As voices of support resonate louder from an ever growing number of both on and off-campus organizations and individuals. It is vital that the administration listen and act in the best interest of its students, staff, supporters and alumni. The university must recognize the basic right that all members of the faculty and staff have to be offered the same benefits to keep themselves and their families healthy, safe and secure.

Please hold the university to their anti-discrimination policies. Join in the fight for equality for everyone that makes university the special place it is. By doing this we will surely make it better.

The time is now for the administration of the university to do what is just and right and overdue by providing DPBs to its faculty and staff.

Sleep well Mr. Jefferson.

*Karen Middlekauff is the president of the Direct Action Committee. Please send comments to [kmid@udel.edu](mailto:kmid@udel.edu)*

## Are your models too skinny? Here is a solution



### Are you gonna eat that?

Becky Polini

*Madrid just banned skinny models. Isn't there a better way to say you're too small?*

Let's take it back to the good ole days when models had butts and boobs. Remember that? No? Neither do I, most likely because our generation has only had the pleasure of seeing waif-like models trotting down couture catwalks.

Did you know in 1965, the average model weighed 8 percent less than the average woman. Now, according to the National Eating Disorders Association, she weighs 23 percent less.

With Madrid's recent ban on Fashion Week models with a body mass index less than 18.5 comes heated discussion within the industry. The average American's BMI is 28.

Is it fair? Should we all just pin it on society's idea of beauty as being coat hanger-esque and let the ladies walk?

I am torn. I agree that there are some people in this world who can eat as much fried meat and cholesterol-heavy garbage as they want and still not gain a pound. I am not one of those people, and I don't personally know any of those people, but surely they are at Burger King as we

speak. There are also those models that have not hit puberty yet and though they may be unusually tall, their metabolism has yet to slow down, leaving them looking grotesquely skinny.

Heroin-chic. I can honestly say Fiona Apple's video, "Criminal," was the first example of the term I can remember. I thought at the time she was the embodiment of all that was beautiful. Looking back at Fiona's sunken eyes and chopstick arms, I am grossed out. N-a-s-t-y.

We were raised on the idea that skinny equals sexy thanks to magazines, television and runways. I will give it to some publications, which really do strive to show us that curves are classy.

There are only a few actresses who seem to be living that lifestyle: Beyonce, Jessica Simpson and anyone in Hollywood with a great butt. Even those ladies have done their time in the tabloid spotlight when they were accused of losing too much weight. Perhaps it is pressure from the media? Perhaps it is pressure from

your agent? Perhaps it is your mother's fault for cursing you with cellulite?

I thought we were all concerned with America's obesity problem anyway. How about we lay off the walking-rails who parade down the catwalk and focus more on the fatty at the

Wendy's drive-thru.

Nope, it will never work. If only we could switch the eating habits of Paris Hilton with those of pre-diet Janet Jackson, then everyone would be equal.

Look at the polls printed in such, ahem, credible sources as Star, US Weekly and In Touch magazine. Most readers, when asked if they prefer a certain celebrity in her plump-period or her emaciated-era, will say they liked the rounder version of their favorite star more.

If the fans like it — and they are really the only ones who matter — then why do we still insist that the less you weigh, the more you are liked? As a society, are we so sick that watching Kate Bosworth waste away to absolutely nothing is more entertaining than watching what is going on in her career? But we want stars such

as Britney Spears to slim-down — poor girl has really let herself go, right? Need I remind you that homegirl just had like, six babies in the span of a year. I think a little weight-gain is OK.

I do not disagree with Madrid's ban. The government's wish to promote a healthy body image comes with good intentions, however unattainable they may be. Taking a step back I realize that yes, in order to change some people's view of beauty you've got to start somewhere, whether it's magazines or movies or Madrid. The media has an incredible amount of influence over young girls, but I hardly think their ultimate goal is the promotion of eating disorders. Different cultures see different body types as beautiful — walking death, however, should not be one of them.

I do think models are too thin, but I do not think they should be banned from the runway without some warning. If it is apparent that a model has an eating disorder, I can assure you she's got a lot more than just being thin going on in her head. Take a girl with already low self-esteem off the runway and chances are you will be doing more harm than good.

My solution: help her recover. Let her do the runway thing but make her see that if she does not get better, the consequences will be far worse than a little slap on the wrist at Fashion Week.

So you know what? Viva España. This is one small step for mannequin, one giant strut for manne-kind.

*Becky Polini is an entertainment editor for The Review. Please send comments to [beckyp@udel.edu](mailto:beckyp@udel.edu)*



THE REVIEW/ Domenic DiBerardinis



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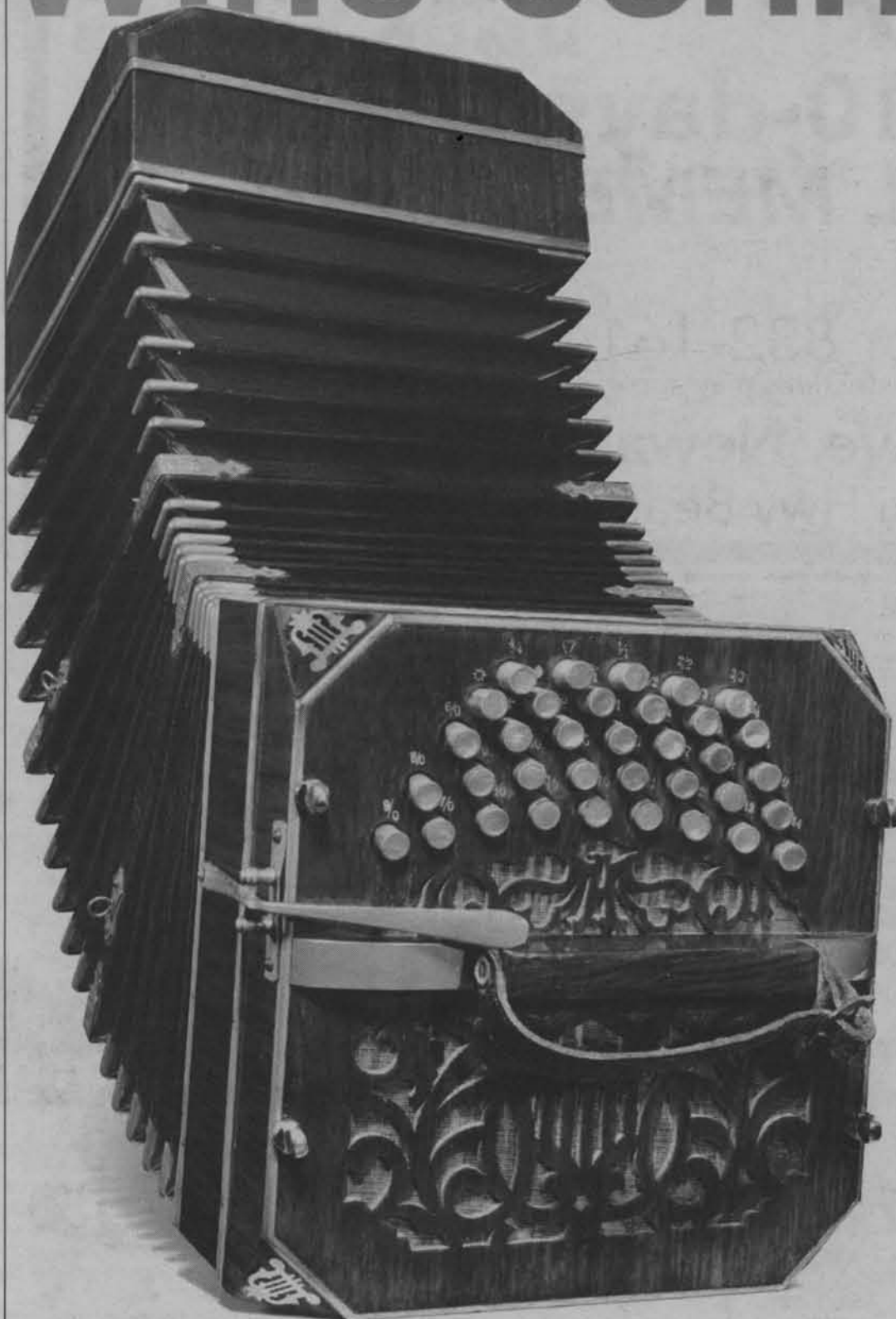
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Female soldier shares  
her experience  
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# mosaic



You are not alone:  
Everyone has a story  
delaware UNdressed page 23

## From the backyard to Dewey Beach

Alumna and band mix pop  
sensibilities and rock 'n' roll

BY KENDRA ACKER

Staff Reporter

On any given night in the summer of Kaitlin Sweeney's third-grade year, she and her band, "Girls With Attitude" could be found in her Long Island backyard, crooning to an audience of neighborhood kids holding flashlights serving as stage lights.

"'Girls With Attitude' didn't really work out," Sweeney, now 24, says. However, she's on to bigger and better things — now she plays on real stages with real stage lights. Her current band, which goes by the name "The Kaitlin Sweeney Band," or sometimes just "Kaitlin Sweeney," consists of a guitarist, bassist, keyboardist, drummer and two background singers.

"We started out pop-rock and now we've evolved into more of a pop, R&B, rock type thing," Sweeney says.

She graduated from the university in 2004 with a degree in English and now writes the lyrics for her songs. While at the university, Sweeney served for two years as director of the Deltonas, the university's a capella group. She was also a member of the Sigma Kappa sorority.

This summer, "The Kaitlin Sweeney Band" won *Spark* magazine's "Spark Summer Music Series." Bands were asked to enter a press package complete with photo, demo CD and biography. However, Sweeney wasn't even aware of the contest. While playing a show at the Rusty Rudder in Dewey Beach, Sweeney was approached by someone from *Spark* and was told her band was a finalist in the competition.

"I was really excited, but I didn't know what it was," she says.

For the competition, Sweeney's band filled an hour and a half slot at the Logan House in Wilmington and competed against 16 bands, some of which she had admired for years such as "Mad Sweet Pangs," "Hoots & Hellmouth" and singer Amanda Kaletsky.

Drummer Matt Galletti, 24, has been playing with Sweeney's band for more than a year. Both he and Sweeney agree the most exciting part of the win was it was based solely on fan votes.

"It meant so much that people took the time to go online and vote for the band," Sweeney says.

Galletti says he feels all of their hard work paid off with the win.

"Just to be a part of it was an honor," he says.

The win secured the band a spot in the Dewey

Music Conference, which was held on Sept. 29. Other prizes included \$1,000 in equipment and 20 hours of recording time at Wonderland Records.

But that's not all that winning the "Spark Summer Music Series" did for Sweeney — she recently received an e-mail from Newark defense attorney Francis E. Farren saying he was giving her \$800 worth of equipment. The band received microphone stands, wireless microphones, and sound equipment. Farren and Sweeney had never met, but he had read about her and the band and decided to help the group.

"It was something I had lying around," Farren says. "I thought, 'I might as well give it to her.'"

Farren had previously been in a band and told her he understood how hard starting out can be.

Not all the feedback from the "Spark Summer Music Series" has been positive, however. Sweeney says she was at Grotto's Pizza on Main Street soon after *Spark* magazine ran a front-page photo of her. She says although most people were friendly and the bartender was giving her free drinks, others weren't so genial.

"I had a group of girls in the corner making fun of me," she says.

According to Sweeney, it's usually girls that don't like her right away.

"Girls can be mean," she says. "I take the good with the bad."

Sweeney says she's hoping to get a record out by November of this year, while still playing shows whenever the opportunity arises.

Sweeney says if need be she and the band practice every night.

"We don't mess around," Sweeney says. "We take it seriously."

"It's not easy to find musicians who want to practice hard and play pop music," she says.

Sweeney has come a long way from "Girls With Attitude." She says she's always loved singing and when pop princesses like Christina Aguilera came onto the scene, she had a clearer idea of what kind of performer she wanted to be.

Sweeney took Hip-hop classes in Long Island, N.Y. She also choreographs routines for local area high school dance teams and cheerleading squads and says she's hoping to incorporate her choreography into the band's shows for her and her female back-up vocalists.

see SINGER'S page 26





# Specialty parties educate curious females

BY JILLIAN BOBOWICZ

Staff Reporter

"OK ladies, the secret to a good BJ is focus. I don't care if we're talking about your husband of 10 years or some hot sailor you met at T.G.I. Friday's," Andy Dick preaches in the film "Old School."

For some, this scene was the first introduction to the world of blow job parties, but on Saturday night it was translated from the screen to an apartment in the Main Street Courtyards. There, Christina Dickinson, director of the sex-toy company, For Your Pleasure, shared her wisdom on the art of oral sex with a group of approximately 40 college women.

"It's basically a girls' night out," Dickinson says of a typical party. "I don't care what anybody says. When you get a group of girls together and a couple glasses of wine, the conversation always ends up being about sex. I don't care how old or how young you are, it always happens."

With that said, there is no hesitation to get down and dirty Saturday night. While a company catalogue is passed around the room, the hostesses hand out every high-school health class' worst nightmare — bananas.

"Practice makes perfect girls," Dickinson says. "And I'm going to be open and honest tonight."

Dickinson's open approach to the party made the atmosphere comfortable for everyone, including sophomore Lindsey Hopper.

"It was great, especially because she talked so honestly about things you don't talk about on an everyday basis," Hopper says. "She wasn't holding anything back and told you things exactly how they are."

Dickinson says the majority of her business comes from housewives, but she does enjoy working with college girls when asked. It's more convenient to throw parties for housewives during the week but it's different for college women.

"One of the reasons I love going to UD is because 9 times out of 10 they either want their weekends to party or

work," Dickinson says. "When they want to party, it means I can come at 8 or 9 at night. With housewives you generally can't get in their house on the weekends at that time because, according to federal law, no one under 18 can be there."

Junior Emily Lettieri is the hostess of the party and says she first found out about the company freshman year, when she attended a party thrown by a sorority sister.

"I wanted to throw one of my



www.foryourpleasure.com

own because it was just something different that you don't do every night," Lettieri says. "I wanted my friends to come and see what it was like. It's a unique experience and it's a chance to find out something you don't know a lot about."

Dickinson says she enjoys being able to go out and educate a group of people. While this particular party is strictly

on the subject of blow jobs, For Your Pleasure throws other types of events. There's a basic party where she goes through all of the different products in the company catalogue. Dickinson also holds a women's self-exploration class that was developed out of what she calls "pure necessity."

"I had so many women coming in not know their own anatomy," she says. "And you'd be surprised it's not just the young ones. I have had housewives who have been married for 20 years that had children and didn't know things about G-spots or anything like that."

The fact that For Your Pleasure offers different types of parties makes it unique from many of other sex-toy companies, Dickinson says. She decided to work with For Your Pleasure because they have the biggest catalogue and her job is less restrictive than other organizations.

"I don't have to do a minimum amount every month," Dickinson says. "As long as I do 150 parties every six months I'm fine. This worked out great because I didn't do anything for several months because of my pregnancy. I didn't have to take a leave of absence or anything like that. It's a normal life as long as I keep track of when my last party was."

On Saturday night, the invitations were restricted to females, but For Your Pleasure is one of the few sex-toy companies that allow men to come, that is, if the representative instructing the party and hostess agree to it.

"I don't have a problem with it," Dickinson says. "Some women are very uncomfortable having men around. But I've done all male parties and date parties. We even have a couple of male reps as well."

Dickinson says she's happy to be able to open people's eyes and make sex something they are comfortable talking about.

"The best thing is I can go out I can have a good time," she says. "I can feel like I am educating a group of people and make some money from it."

## Prof. spooks locals with historical ghost tour



Courtesy of Ed Okonowicz.

Folklore professor Ed Okonowicz tells tales of local horror on his ghost walk through Elkton, Md.

BY MARIA MICCHELLI

Staff Reporter

Chains clang and metal doors slam in the Cecil County Detention Center. Prisoners chat and create a disturbance.

Sounds normal, except the prisoners are long gone and the building was converted to a retirement center in 1985.

In the new jail on Landing Lane in Elkton, Md., inmates are held down by 'phantom Indians' until the sun comes up — the Native American burial ground underneath the prison was not respected during the building's construction.

In the Turnquist housing development by People's Plaza in Cecil County, heavy footsteps are heard on carpeted floors. Cabinets and refrigerator doors are left open and lights flicker — the neighborhood was built on top of the wreckage of 81 passengers, whose plane was struck by lightning in December 1963.

These are just a few of the ghost stories Ed Okonowicz, author, storyteller and professor of folklore, tells at Historic Elk Landing in Elkton, Md. on Sept. 30. In his ghost walk program,

"Spooky Ghost Tales of Cecil County and Maryland," Okonowicz entertains audiences with his unique brand of ghost stories based on factual events and interviews in the Mid-Atlantic region.

Elk Landing has its own share of spirits, including the ghosts of former owner, Mary Hollingsworth, and a 12-year-old soldier who put out his cigarette on some ammunition. These days, according to Okonowicz, Mary walks through the walls of the Hollingsworth property, while the young boy floats across the Elk River, regretting his choice to smoke against his mother's wishes.

Okonowicz has been telling ghost stories since 1993, when the Delaware native met his first storyteller. He started out in public relations for the university, but when he found it wasn't creative enough for him, he moved to freelance feature writing for newspapers and magazines.

At the time, Okonowicz knew nothing about storytellers and was disinterested when he was assigned an article on one. However, once he began talking to her he was hooked.

"I stayed for three hours and talked to this woman," he says. "Then I took a graduate storytelling course, and I decided to start doing that."

Storytelling has become a career for Okonowicz, who says it's incorporated into his teaching and writing.

"That accidental meeting with that woman changed my life," he says. "Storytelling helps me deliver the stories that I write in the books, but it also feeds more stories. It helps in the classroom to create a nice mix. It's a nice juggling act, they all relate and feed off of each other."

Okonowicz develops his programs by matching a time period with the geographical location and regional history of the site. The programs change as new stories are discovered and developed. He says each location has its own legends, but some stories evolve based on audience reactions and children's comments.

Okonowicz creates cemetery tours and ghost walks at other historic sights in order to draw interest to the history.

"Sometimes people will call you in and say we have this historic plantation, can you develop a ghost tour," he says. "The ghosts serve to entice people to learn about the history. People come to a campfire to be scared, but it's a trick. They end up finding out all this neat stuff and they want to learn about it."

Okonowicz says although some sites frown upon using ghosts to attract visitors, he says he feels his tours are a good

way to raise money and share the history of a particular site. However, he says if his programs were advertised as historical, people wouldn't come.

"Ghost history, they come for. But you give them the history while you're doing it," he says. "People like that stuff, and you've got to get them in the door. Folks will walk away with a good dose of history that they normally wouldn't be exposed to."

Mike Dixon, historian and professor of communication, provides the history portion of many of Okonowicz's programs. "He's the historian and I'm the ghost guy," Okonowicz says.

Dixon has been on the board of directors of Elk Landing since Elkton purchased the property from Hollingsworth descendants in 1999. Dixon says he met Okonowicz while taking one of his tours. Since then, the pair have been creating programs together.

"I went on one of Ed's walks at Fort Delaware and I saw it as a great opportunity and a way to make history more fun," Dixon says. "The way people want to get their history has changed over the years. I have definitely borrowed from Ed as a storyteller."

Bruce Leith, director of programming and events for Elk Landing, says although he has yet to see any spirits in the house, he still enjoys the ghost walk.

"It's a great fund-raiser for the place," Leith says. "It brings attention to Elk Landing and draws people to our other events."

For Okonowicz, storytelling has evolved into a career in books. In 1994, he started his own publishing company with his wife, Kathleen, called Myst and Lace. Since then, he has been voted "Best Local Book Author" in 2005 by *Delaware Today* and has published 26 titles, all of which mix history with mystery.

His books include the nine volume series, "Spirits Between the Bays," "Terrifying Tales of the Beaches and Bays," "Possessed Possessions," the "DelMarVa Murder Mystery Series" and multiple volumes about historical ghosts, lighthouses and local folklore.

Okonowicz says he enjoys his job because it keeps him out of the ordinary. "I get to go everywhere from restaurants and inns to cemeteries and plantations," he says. "It's fun, as opposed to a classroom or a library."

"This is my life," he says.



# 'A different world' for females in the military

BY JENNA ALIFANTE

Managing Mosaic Editor

Fear has no place in the heart of a soldier. It's night and Specialist Jennifer Sun waits at the edge of a football field. She observes the task before her with anxiety and disbelief.

One hundred yards of barbed wire, a tangled maze of spikes meant to tear the flesh, stand between her and the finish line. Her task — to slither underneath the mass of spirals without letting any part of her body become too elevated.

To prevent this tendency, the platoon's drill sergeant fires shots strategically into the air — a warning to any soldier who mistakenly becomes too exhausted to use his or her elbows as a source of balance and tries to crawl.

Hesitation is not an option.

Sun, a university senior and member of the Delaware National Guard, takes on the test like any other, with determination and skill. However, such perseverance wasn't always so natural, so instinctive. Early on in Sun's 10-week stay at boot camp in Ft. Jackson, S.C. she thought, "Oh my god, what am I doing here?" she says. "You feel like you're nothing."

Despite the sometimes wavering enthusiasm, Sun was steadfast in her decision to join the Guard.

She says she discovered her need to serve during her junior year of high school. It was on a day that struck all Americans to the core — a tragedy that just hit too close to home.

"Sept. 11th really affected my life, especially being from New York," she says.

Sun, who was living in Hockessin, Del. at the time of the attack, spent a majority of her childhood in New York City.

Her grandmother stills lives in the Chinatown neighborhood of Manhattan, Sun says. It was the image of the elderly woman walking the streets surrounding her home, wearing a mask to block the dust in the once indestructible city, that altered her life's path.

Unlike many of her fellow Americans, Sun did not blame Arab nations for what had happened. Instead, she found an opportunity in the armed forces.

"I saw the Army as a way to bridge misunderstanding between the West and the Middle East," she says. "[People] see extremists on TV and like to generalize."

On May 16, 2003, Sun signed herself to the Delaware National Guard for the next six years. Her friends were admittedly taken aback by her decision.

"Whatever, you can't do it," they told her.

Understandably, Sun is not the stereotype one might associate with a female soldier. Her long, silky, dark brown hair, petite, 115-pound frame and delicate features look far too dainty for the dirt and grime of a battlefield.

Even so, in less than a month Sun shipped off to boot camp never having handled a weapon and only able to complete seven pushups.

During her first few weeks, Sun's stamina and self-assurance were tested. Drill sergeants barked orders and pushed the trainees to the limits of emotional sanity.

"They try to break you down," she says. "People come with egos. Then they build back your spirit."

Sun remembers the first time she held an M-16 assault rifle, a weapon she would learn to shoot like a pro.

"I felt so powerful," she says.

Other firsts are memorable for various reasons.

Sun's introduction to the gas chamber is not one she recalls fondly. First, the soldiers are required to suit up with protective masks. After obligingly entering the chamber, the drill sergeant tells the nervous trainees to take off the only barrier between them and the ele-

ments. The tear gas is instant and suffocating. "Within seconds you feel it," Sun says.

The drill sergeant then commands each individual to yell his or her name, rank, social security number and the sergeant's name amidst flowing tears and snot. After 20 recitations, the hacking soldiers are relieved of their discomfort and allowed to put their masks back on — but only momentarily. As they exit, they are again forced to remove their face shields and yell. The sergeant compellingly shouts, "I can't hear you." After the ordeal is over, the trainees wipe the tears and snot that drips from their faces, while some try to discretely vomit.

As the weeks progressed, Sun says she slowly stopped questioning herself. Her soft, feminine curves were hardened by the hours of physical activity taking place from dawn to dusk. There were still some aspects of herself Sun could not enhance.

Ruck marches, where trainees must wear fully-loaded backpacks and helmets and carry M-16s, were led by the company's drill sergeant who was much taller than the 5-foot, 4-inch Sun.

"Tall people have longer legs," she says. "I was always hustling to catch up."

Throughout the course of training, Sun says she completed approximately 10 marches, each longer than the previous, the last being 15 kilometers.

To graduate from the program, Sun took a PT test in which she had to run, do sit-ups and pushups and illustrate her shooting accuracy. To her amazement, Sun was able to do 44 pushups in two minutes — a feat that would have been impossible a mere 10 weeks earlier.

Graduation was a special event for both Sun and her family, she says. All of her relatives attended the ceremony — even her mother who didn't want Sun to enlist.

"Dad and I convinced her to sign the paper," she says. "She was bawling when I left. I didn't think she would come."

Although Sun didn't mind the food at the camp, she did have one request immediately after graduation — a quick trip to Burger King to satisfy her junk food craving.

The adjustment back to civilian life was awkward at first for Sun. She says she had to fight the urge to salute people and would indiscriminately call people sir or ma'am. Even the way Sun spoke had been influenced by her training.

"I would talk in a robotic kind of voice," she says.

Since then, Sun has learned to mediate her civilian and soldier lives. She has active duty at least two weeks per year and travels to Bethany, Del. one weekend per month for training.

She currently holds the title of administrative specialist and hopes to someday do military intelligence and become a linguist. Her current superior, Staff Sgt. Mark Del Vecchio, says Sun is an outstanding administrative clerk who helps with all of the unit's record keeping.

"She has excellent attention to detail," Del Vecchio says. "She's part of the group that keeps the unit moving and is critical for the success of the company as a whole."

Del Vecchio says he has witnessed how difficult it has been for Sun to balance both her civilian and military commitments.

Sun has certainly not limited her school-oriented, extra-curricular activities. She is currently the programming director for YAL-LAH, an RSO targeted at spreading Arab culture, and president of ESAU, which celebrates Asian culture.

As an international relations major with a minor in history, Sun has a solid academic load as well. She says she would like to attend graduate school one day to aid her aspirations of becoming a linguist. One of the benefits of

being in the National Guard, Sun says, is that the military pays her tuition. The military will also pay her to teach a language.

Sun's zeal is infectious. Her boyfriend, Michael Balan, will soon join the Air Force and admits Sun has influenced his decision. The two agree there's a certain connection only people who are in the Armed Forces can share.

"You can bond with them right away," Sun says. "It's such a different world."

Balan says there's often a negative stereotype associated with those in the military and the misconception is that not everyone can find fulfillment in its cause.

"Anyone can do it," he says. "You don't have to be gung-ho about killing people."

Sun's friends would tend to agree. Tiffany Zee, Sun's best friend since the fourth grade, says "passionate" and "genuine" are more appropriate words to describe her.

"She's always been really concerned with

what's going on the world," Zee says. "The Guard reaffirmed that."

Even though Sun's decision to enlist may have been unanticipated, Zee says the responsibility suits her.

"You wouldn't suspect that kind of thing," she says, "but it makes sense when you meet her."

Sun is such a strong supporter of military duty, Zee says, she will try to recruit people anywhere, even at the drug store.

With so many impressive attributes, one might expect Sun to be arrogant or egotistical, but instead she's humble. Sun feels a strong sense of duty to donate so much of her time and energy because of what others have done for her.

"Both of my parents are immigrants," she says. "They sacrificed so much."

These sacrifices — from both those who came before her and who fight alongside her — are what keep this soldier marching on.



Courtesy of Jennifer Sun

Above: Specialist Jennifer Sun celebrates graduating from boot camp with her family.  
Below: Sun poses with fellow soldiers at boot camp in Ft. Jackson, S.C.





# Drowning in mediocrity

## Kutcher, Costner fail to rescue flick

"The Guardian"  
Touchstone Pictures  
Rating: ★★

Oh Hollywood, you don't quite know what to do with yourself, do you? At the tired age of 80, you're feeling worn out, reduced to sticking to what you know, saving the hard work for the next generation. You invest in what you know will work, as the old saying goes, "If it ain't broke, don't fix it." We understand.

It seems Hollywood has a problem these days. The impatient, impulsive mass of people that make up most of moviegoers today care nothing about the art of film — they want to cut to the chase. Give them the action scene, the pretty A-list actors, the predictable romance. They want to be entertained, and they don't want to think too much about it.

Well here you go fans, the new Costner-Kutcher flick, "The Guardian," offers all that and much, much more.

Save for Kevin Costner's seasoned acting skills and a handful of flashy action scenes, "The Guardian" delivers the latest in the blockbuster, paint-by-numbers action-drama.

The film follows Coast Guard rescue-swimmer Ben Randall (Costner) as he struggles to stay afloat after a tragic accident involving the loss of a friend. Randall takes a break from many years as a rescuer to teach "A" school, the Coast Guard's version of boot camp. There, he meets young swim-champ Jake Fischer (Ashton Kutcher), the typical pompous know-it-all. From there, the formulaic plot begins.

Set in Kodiak, Ala., home of a real-life Coast Guard Air Station, Randall attempts to teach his students the truth about what they are getting themselves into. He says at one point his intention is to bridge the gap between training and what happens in the field. Randall's hard-as-nails teaching philosophy allows for a series of clichéd military school scenes in which he challenges Fischer to see what he can handle.

The relationship between the two characters is nothing we haven't seen before. The older man challenges his protégé, the younger man realizes he doesn't know as much as he thought — they both realize they need each other. Basically, the film is "Armageddon" without the natural disaster or Steve Buscemi.

And Kutcher's performance is as expected — unfortunately unconvincing. Actors who make their name in comedy often have a hard time succeeding in drama or action, and poor Mr. Demi Moore is no different. At no point in the film is Kutcher believable as a military student, and it doesn't help that his character is

incredibly hard to like to begin with. Although every actor deserves a chance to expand his craft, Kutcher comes off a little too goofy for such an action-packed role.

Costner, on the other hand, reminds us why he has had such a long and successful stay in the limelight. Something about Costner's delivery lends a genuine feeling to any character he plays. And while Ben Randall may be too much of a tragic hero by the end of the film, Costner skillfully evokes a vulnerability to the character that makes him human.

In the supporting cast, Sela Ward, John Heard and Neal McDonough make small appearances as Randall's wife, the A-school chief and the rival A-school instructor, respectively. Melissa Sagemiller plays Fischer's witty object of affection Emily Thomas. Former "The West Wing" star Dulé Hill joins the cast in a small role, and at first it seems he'll be a contributing character. However, he doesn't turn out to have any relevance at all. The only supporting role (other than Sagemiller's) with any significance is Brian Geraghty's stint as Billy Hodge, the A-school's triple repeat.

In terms of the film's nuts and bolts, director Andrew Davis ("The Fugitive") had his work cut out for him. With a script chock-full of clichéd banter and overemotional breakdowns, it seems Davis had no choice but to emphasize the one aspect that saves the film from complete disaster — larger-than-life action sequencing.

Aerial shots of the rescue scenes succeed in making the audience feel as if the aggressive Bering Sea will swallow the characters whole at any moment. In this way, Davis does justice to how dangerous it is to be a Coast Guard rescue swimmer and how incredibly brave those men are.

This, however, seems to be the only way the film gives the Coast Guard its due. A dramatic speech by a commanding officer at the academy and a reference to the Coast Guard's work during Hurricane Katrina come off more as a commercial advertisement than a realistic depiction. "The Guardian" would make Uncle Sam proud.

Whether the film's intent is to inspire future heroes or merely entertain a crowd of action fans, it's fairly obvious "The Guardian" is not a film for those looking for depth or artistry. It is what it is — a 2006 blockbuster that relies heavily on action scenes and hunky actors. Thanks Hollywood, we needed another one of those.

Kim Dixon is a Managing Mosaic Editor for The Review. Please send comments and swim-mies to [kimmyr@udel.edu](mailto:kimmyr@udel.edu).



# Sisters come of age

## Glam rock revivalists' sophomore effort channels disco, Elton John

"Ta-Dah"  
Scissor Sisters  
Universal  
Rating: ★★☆☆

When you've lived in the United States your entire life, you have two choices when it comes to music — you can either conform to the brainless crap that spews from the radio, or you can search for alternatives to what the common folk prefer.

If you have any taste whatsoever, you'll choose the latter. If you went with the former, you're in the majority. Not only was the Scissor Sisters' self-titled debut ignored by radio when it was released in 2004, but they have maintained the label underground in spite of massive popularity throughout the rest of the world.

Perhaps the band's second album could change all that. A perfect marriage of honky-tonk boogie and disco shimmer, "Ta-Dah" takes the Sisters' formula one step further — careless romps have turned to bitter heartache, fabulous lovers have faded to worthless fools and coked-up insanity has led to stinging sobriety.

"Ta-Dah" is Scissor Sisters' coming-of-age moment — the chance to parlay European success into a more accessible medium for an American audience.

While "I Don't Feel Like Dancing" sounds like the gay cousin of Elton John's mid-'70s output, the song serves as little more than an energizing warm-up to the exhausting musical gauntlet that lies ahead.

"She's My Man" is instantly familiar, with lead singer Jake Sheers whining in a lower register that leaps into a chorus of horns and layered vocals. Sheers sings, "So bye bye ladies / May the best queen hold the crown / For the most bush sold on the levee / My my, how word gets around."

It immediately becomes clear the care-free nature of the band's first album has been ripped apart to reveal the sinister underbelly of the human soul, proving it's all fun and games until someone's heart

gets broken.

That pain is magnified when the band's token female, Ana Matronic, takes the lead on "Kiss You Off," an acerbic shout out that does exactly what the title implies. She sings, "Kiss you off my list / I don't need another tube of that dime-store lipstick / Well I think I'm gonna buy me a brand new shade of man."

Everything in-between is just as delicious, with somewhat calculated attempts to reconnect with the Elton John-esque quality of the band's earlier hit, "Take Your Mama." What the band lacks in John's timeless nature, it makes up for in modern personality. You'd be hard pressed to find a band this flamboyant yet accessible at the same time.

That accessibility is due in part to the variety of negative emotions emitted in each song. But, there is also a sense of self-discovery that emerges toward the album's end. On "I Might Tell You Tonight," Sheers even seems to move on from his anger, singing, "I've been waiting for the day / When I can throw away these numbers / That line my dresser drawers and cupboards / Start me over / Life seems so much slower."

It's the circular patterns of life that seem to inspire Scissor Sisters and its material, the same patterns that formed shallow flirtations on its debut and the patterns that allow for a glimpse into the band's surprisingly mature point-of-view on "Ta-Dah."

Where will the band go from here? Perhaps even they don't know, with Sheers pondering, "Is it the party that ain't over 'til it's through? / Is it the wiring that's suddenly blown a fuse? / Is it a chemical that makes this moment true? / Is it the music that connects me to you?"

Christopher Moore is a contributing editor for The Review. Please send comments and "Oprah" episodes to [moore.cc@gmail.com](mailto:moore.cc@gmail.com).



## delaware UNdressed

## Embarrassing tales from between the sheets



Laura Beth Dlugatch  
Columnist

You're in the heat of the moment. You are both about to hit that spot...you're so close to climaxing...

Pftooooofft.

You turn red hot and flush in the face, not because of the sex, but because you just farted!

Before you run out of there faster than a freshman fleeing from the cops, relax. Embarrassing moments happen all the time, even during sex. Yeah, you may want to crawl into a hole when it happens, but handling that awkward situation afterward is crucial. You can either turn it into a big joke or an even bigger embarrassment.

All kinds of crazy things can happen when you're hooking up. You can get caught by a roommate, accidentally call someone by the wrong name or even lose your clothes.

But if it makes you feel any better, you're not alone. Here are some stories to prove that you aren't the only one making weird bodily noises or falling

over during sex:

"We were in the shower having sex when suddenly the boy fell out of the shower and knocked the entire shower rod down. Some of it fell into the toilet. When he fell out, I fell on top of him."

— Jessica, senior

"My boyfriend and I were long distance, so when he came to visit me at home we had to have sex even though my parents were home. We started having sex when I thought my parents were sleeping. So, when my mom came in and saw us I almost died. Instead of letting my boyfriend not be embarrassed, I ripped the blanket from him and covered myself and let my mom see him there stark naked."

**Tell me what you think  
...for next week:**

1. What topics do you want to see in delaware UNdressed?
2. Do you have any questions about dating, relationships or sex?

Respond to:  
delaware\_undressed@yahoo.com

— Kristin, junior

"I was hooking up with this guy in the bathroom with the lights off. When we were done I couldn't find my underwear. When he turned on the lights I found them in the toilet! The guy took them out and I told him to throw them in the garbage. I found out later that he took them out of the garbage and hung them up in his car for like a week afterwards."

— Lauren, senior

"There was this one time me and my boys were at a party. One of my boys and

his girlfriend were having sex in the back of our friend's car. They found out when they got out of the car that everyone at the party was watching them."

— Dan, junior

"I hooked up with my boss from my internship this past summer and had to walk the walk of shame to the office the next day with him. I wore the same clothes to the office both days, so everyone knew that we had hooked up."

— Megan, senior

"I met this guy, who I thought looked like Vince from 'Entourage' when I went to go visit my friend at school. We were hooking up on the top bunk, which I don't recommend. When I climbed down the bunk bed, I completely flashed my friend by accident."

— Lindsay, junior

"I took this girl home after leaving the bar one night. We started hooking up in my bed but her mouth got really wet. I thought she was a sloppy kisser but when I opened my eyes I saw it was blood. Her entire face was covered in blood and so was my shirt. I realized my nose started bleeding. But since I drank so much it took like 20 minutes for my nose to stop bleeding. Finally it stopped bleeding and we went back to what we were doing."

— Drew, junior

"My ex-boyfriend and I were at a party where we consumed a lot of beverages. We went upstairs to fool around. I was performing fellatio when I suddenly began to feel nauseous and I puked all over his junk! After that, we broke up."

— Allison, senior

"One night after the bar, I went home with this guy I have been hooking up with. We were both pretty drunk so we just passed out. In the morning we woke up and started hooking up until he realized there was puke all over my bed. I guess I was way drunker than I thought because I threw up in my bed, slept in it and hooked up in it the next morning. I was so embarrassed but he swore he didn't care."

— Michelle, senior

The best way to handle uncomfortable instances is just to laugh. It's the easiest way of dealing with your embarrassing bodily functions or clumsy movements. Rather than dwell on what happened, cut through that awkward tension and just laugh.

If that doesn't work — well, hopefully your hook-up won't tell all their friends.

THE REVIEW/Danielle Pacheco

## mediadarling Duchess Fergie can't stop the party

Fergie, I'll give it to you — you've got killer abs, an incredible voice and a chart-topping new solo-album.

But honey, I've got a problem.

No, it's not drugs and it's not that throwback to the '90s accessory you call an eyebrow ring (you can't be good at everything). It's your recent interview with *Blender* magazine in which you talk about overcoming your crystal methamphetamine addiction. Judging by the fact that your fully-stocked bar is mentioned quite blatantly in the article, I'd say you're a few steps away from recovery, like, 12.

You seem to have been cured simply through the art of hypnotherapy. Fifty minutes to "deal with your issues" and 10 minutes to "get positive suggestions under hypnosis." Give this hypnotist an hour and he'll give you your life back.

Whatever. You want to be cured of an addiction through hypnosis, be my guest — the 12 steps aren't for everyone. However, I was a little shocked, angry and confused when I read further in the article and found that you are still drinking.

"It's cool I'm still able to drink, because wine is nice," she says to *Blender*, smiling. "Wine is very nice."

Actually, you're not still able to drink. Any drug counselor will tell you that if you're an addict, no way in hell are you allowed to even partake in the champagne toast at your best friend's wedding, let alone drink wine on a consistent basis. One thing leads to another, Ferg.

I hate to go into the whole "you're a role-model to America's youth" thing, but you are. Britney got scolded for driving with her baby in her lap (Hey, she's "country." I guess that makes it OK.) and even Paris got a DUI. (She's an heiress, don't they just inherit a high BAC?). Not that those two are role models, to me at least, but

that's a different story. I'm more offended that you spoke out in an entertainment magazine about continuing your alcohol consumption while there are people out there, true addicts, who are in the recovery process and have been told by every professional they encounter that drinking is NOT OK when you have (or had) a problem. In the world of rehabilitation, drugs and alcohol play on the same field — the field of addictive substances. Until you're free of everything, you're still under everything's control.

I love you Fergie, I really do. I mean you've been through a lot, right? A bad '80s TV show, a bad pop band (can we say, Wild Orchid?), a bad methamphetamine habit and now a bad choice in hypnotists. Perhaps your magician of a drug counselor just wanted a look at your humps because he can't honestly believe his hypnosis was the cure-all for your addiction. I'm sorry, "habit." Just like biting your nails.

You talk about abusing yourself and that the songs on your album are about you "getting over it." I believe you're still "under it," Ferg — kick the booze, lady. Or, if you so choose to play the hero in all the interviews you seem to be doing lately, then skip the part where you say you had a drug problem in the past but you've since overcome the habit. As far as I'm concerned, you're still very much an addict. And a public one, at that.

Stop drinking and then tell me you're recovered — the Grey Goose can't be getting my girl feelin' loose anymore. Perhaps a Shirley Temple, Duchess?

Becky Polini is the entertainment editor for *The Review*. Please send comments and surgical steel jewelry to [beckyp@udel.edu](mailto:beckyp@udel.edu).

Courtesy of A&M Records, Inc.





# For some, caffeine is an all-nighter routine

BY JASON CLINE

Staff Reporter

With fall semester in full swing and the workload becoming more intense, the vicious ritual of procrastination begins.

Staying up late at night, finishing a paper due for the next morning's class or cramming for an exam in an 8 a.m. course is a common practice among university students. In order to deal with such demanding conditions, students are turning to a new studying companion.

These days, it's common for students to down a few cups of coffee, pop a caffeine pill or chug a can or two of the many energy drinks currently on the market before getting started on school work.

Students hope to feel a stimulated jolt of energy and alertness accompanying the use of such products, helping many stay up longer and concentrate better.

Sophomore Christian Lyu says the night before he has an exam, he drinks coffee to keep him up all night.

"I always have at least one cup when I need to study — a very strong cup," Lyu says.

According to the American Beverage Association's Web site, one 8-ounce cup of coffee can contain anywhere from 104 to 192 milligrams of caffeine. Energy drinks can contain anywhere from 60 to 140 milligrams of caffeine, depending on the brand.

The ABA also describes the most prevalent ingredients, other than caffeine, found in most energy drinks.

One such ingredient, taurine, an amino acid, acts as an antioxidant. Glucuronolactone, a carbohydrate, is involved in detoxification processes. The site states, "B-group vitamins play an important role in energy metabolism, such as the build-up and break-down of carbohydrates, fat and protein." Guarana is an herb that is chemically similar to caffeine that can be used to regain strength.

These substances help support the body in eliminating waste substances and promoting detoxification by binding together with harmful substances and thereby accelerating excretion from the body. They have also been shown to support mental and physical performance in its consumer, according to the ABA.

The site also states these products contain doses of caffeine

similar to a cup of coffee, and some even have the same energy supplements found in energy drinks.

According to its advertisements, two pieces of Jolt caffeine-energy gum equals the caffeine in one cup of coffee and is just as safe. Jolt's caffeine is exactly the same as that in coffee, and it even has guarana and ginseng, "to give you maximum energy."

Nancy Nutt, program director of Wellspring, the university's Student Wellness Program, explains the many misconceptions students have regarding such energy products.

She states in an e-mail message that students have no idea about the amount of actual substance in supplements or caffeine containing products. Informing people about milligrams of caffeine doesn't help, they need this information in "common-sensical" terms.

"When we say that the grande-sized coffee at Starbucks is actually equivalent to about three regular cups, not mugs, of coffee, this seems to get through," Nutt says. "But you have to make the point that just because the beverage comes in a single cup that it does not mean it is only one cup of coffee, or one standard serving of caffeine. It is in fact three servings."

"The other thing that people don't always connect the dots about is that caffeine is a drug, a substance that alters the body and mind like any other drug, and it is addictive in nature," Nutt says. "It just happens to have milder and/or socially acceptable affects than some other substances, and it is legal and readily consumed and enjoyed."

The fact that a substance is legal doesn't mean it's safe for all people, and it doesn't mean that it is safe at any and every intake level, Nutt says. Consumers should stick to the recommended intake levels, which most health practitioners recommend to be less than three servings of caffeine per day.

Another misunderstanding that is related to caffeine intake is that people do not recognize when it has potentially begun to cause them problems, Nutt says.

Many who have sleeping problems or experience symptoms of anxiety might not connect this with their caffeine intake, she says.

Of course, the catch for college students is they will use caffeine to stay awake and study, but then feel anxious about the exam or paper, Nutt says. The more they use the caffeine to help

them continue to hit the books, the more anxious the substance intake makes them.

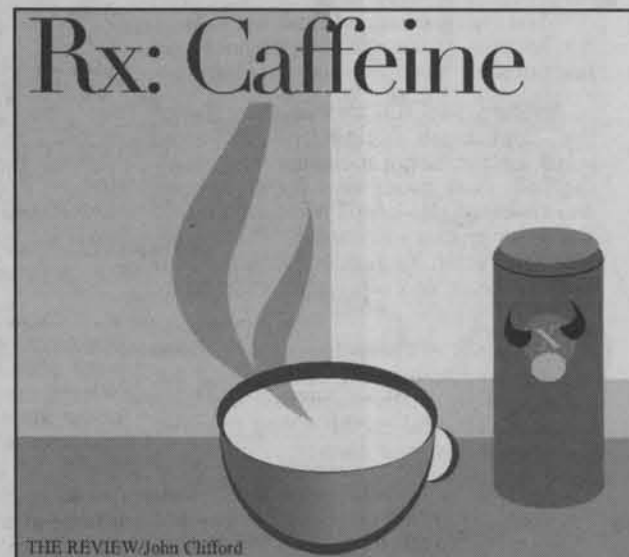
"It has the potential to become a vicious cycle and we have seen students have acute reactions to caffeine overdose," she says.

Wellspring usually recommends students use caffeine in moderation, and stick within the recommended daily allowances, Nutt says.

"We work with folks on strategies to help them cut down slowly so they do not experience severe side effects when weaning themselves off the substance," she says.

Senior Katie Faulkner says she has used energy supplements on more than one occasion to help her study for an exam. Faulkner says she has used caffeine pills before, but had to cut them in half because she couldn't handle the whole pill.

"The pill made me feel sick," Faulkner says. "It kept me up for a while but it didn't keep me from being tired when I studied. I did pass my test though."



THE REVIEW/John Clifford

# Female gamers: 'Because Women DO Play'

BY KAITLYN DEROY

Staff Reporter

Junior Lauren Gibson is playing Animal Crossing on her Nintendo DS in the Scrounge.

"The object of the game," Gibson says, moving the pink pointer across the tiny screen, "is to pay off your mortgage, interact with other characters and be able to buy things for your house."

She says the game system is not hers — she's borrowing it from a friend — but she plays video games every chance she gets.

"I'm partial to Super Nintendo and I like playing games like Super Mario and Mario Kart," Gibson says. "I'm hoping to get my own Nintendo DS for Christmas."

Gibson represents a growing trend amongst the female population. More females are trading in their make-up kits and Barbie

dolls for video game systems like Nintendo DS, Game Cube and Play Station 2.

Sony has even recognized this growing trend and will release a limited edition pink PS2 on Nov. 1, just in time for the holiday season. Sony says on its Web site the company hopes the pink PS2 will further broaden the console's popularity.

"I have two younger brothers," Gibson says. "So I started playing video games with them. I'm pretty good at fighting games like Soul Caliber and Mortal Kombat."

Video games have always been geared toward a male audience, but female gamers are starting to make their mark.

"I think there's more of a variety of games out there and I think girls are realizing that it's not just something guys can do," she says.

Senior Kaitlin Birch agrees.

"I think that games are becoming so popular in general with a variety of ages as well as with both genders," Birch says. "There are a lot of different genres of games now, and they are becoming a bigger part of society."

Female gamers are attracted to a variety of game genres, including role-playing games like the Legend of Zelda and old school games like Super Mario Brothers and Mario Kart 64.

Senior Susan Wright says Mario Kart 64 is one of her favorite games of all time.

"Even though I've been through every course about

five gazillion times, it's still so much fun to play," Wright says.

She says she's expanded her collection recently with her purchase of a PS2.

"I did buy a PS2 specifically so that I could play Dance Dance Revolution," Wright says. "That game is ingenious because it combines the strategy of video games with the fun of actually getting up and physically doing something."

Many female gamers agree the plethora of different genres and game systems that are offered now is one reason more females are gaming. Web sites like Fraggdolls.com and WomenGamers.com promote the growing trend of female gamers.

WomenGamers.com — with a banner reading "Because Women DO Play" — allows gamers to download games and interact with other female gamers. Some gaming Web sites even allow gamers to form teams and compete against others in online tournaments.

Fraggdolls.com was established in 2004 and is comprised of female gamers recruited by Ubisoft to represent their video games and promote the presence of women in the gaming industry. The Fraggdolls are known, not only for being skilled gamers with multiple titles, but for their advocacy for female gamers.

For years, video gaming has been thought to be a male-dominated activity, but with more females picking up controllers and purchasing game consoles, video game marketing may have to adjust to its change in audience.

"I think eventually the gaming advertisement strategy is going to have to change," Birch says. "The marketing is definitely geared toward guys."

Senior Alicia Coit says she thinks parents also have something to learn about this new trend.

"Parents tend not to think about buying game consoles for their little girl," Coit says. "I think if it were sold as something for both sexes more girls would have the opportunity to play."

As female gamers become more popular, male gamers are noticing the trend as well. Which raises the question, are these new female gamers getting any respect from the guys?

Junior James Aaron states in an e-mail message he thinks female video game players are awesome.

"I think it's great when women start to get involved in activities that are male dominated, it shows that women can do anything men do, and I respect that," Aaron says.

On the other hand, Coit says respect is definitely hard to come by.

"Usually you have to beat them before you get respect and even then, they may blame the fact that they lost on the game itself," she says.

Alumnus Matt Ratcliffe states in an e-mail message that he doesn't think female gamers are respected as much as males.

"I don't think many males have accepted female gamers as equals," Ratcliffe says. "Many still think that females can't play as well as males and offer easy competition."

However, the general public will soon have to open its eyes to the fact that video-game playing is something enjoyed by females too and not something geared just towards males.

Wright says her roommate is actually a big gamer as well.

"It's funny," she says, "between the two of us, visitors who happen to notice our systems always comment about how it looks like guys live here."

THE REVIEW/John Clifford





# Poet memorializes loved ones with 'Vigil'

Graduate school alumnus publishes collection of introspective works

BY DANE SECOR

Features Editor

When Alexander Long was visiting the university for the Arak Award celebration in May 2005, he didn't expect to receive news about his writing.

"I was on the steps of Memorial Hall and I got a call on my cell phone," Long says. "It ended up being the editor and he said, 'We want to take your book,' and I said, 'Holy crap — I mean this is great.'"

Long, a recent Ph.D at the university, had his collection of poems selected in an open competition by New Issues Press. His book was released yesterday.

The collection, "Vigil," is a series of documentations of where Long was at certain times in his life, he says. The collection is primarily elegies and many of the poems were influenced by the deaths of two close friends in the same year.

Long says he wanted to address his friends and memorialize them, as well as pay tribute to some of his influences.

"I'm just trying to communicate with people who I can't communicate with in any sort of dimensional sense anymore," he says. "I use the poems to keep in touch."

The manuscript went through many changes before he had something that could be settled on, Long says. Coming up with a title for his collection was a struggle.

"After a long couple of months of being frustrated, I threw my hands up and said 'Eh, Vigil,'" he says. "Then I slept on it and a couple weeks later I thought it wasn't too bad, maybe it works."

Long spent his undergraduate career at West Chester University. After graduating, he worked long hours as a fry cook and wrote obituaries for a local newspaper.

"I worked a succession of stupid jobs," he says.

Long says the obituaries, in particular, affected his work and being reminded of his mortality 15 to 20 times a day had a large effect on his writing.

Balancing his jobs with his poetry writing was tricky, Long says, but he had his mornings free to write.

"It was just something I did, for a lack of a better phrasing, to keep my sanity," he says.

Long says he first started writing poetry in the spring semester of his sophomore year at West Chester, after reading a collection of poems by Larry Levis.

"Something really clicked, something in that book was really speaking to me," he says. "I was like, 'I want to try this too. I can hear this book, I can feel this book.'"

The transition to graduate school was made when a professor at West Chester asked him what he was planning to do with his life, Long says.

"He saw some talent in my work that I couldn't see then," he says. "He said I should probably go to grad school, and I said 'OK, it beats writing obituaries.'"

Long says he also started submitting his poems for publication at the suggestion of a professor.

"I got lucky a couple times, I got unlucky many more times," he says. "I

used to have a folder of rejection slips."

The initial rejection Long received did not discourage him.

"It kind of triggered the West Philly in me that I can't shake, the 'Oh, yeah? I'll show you' kind of thing," he says. "It was blind ambition or youthful rebellion, which is silly, but at the time I remember feeling that."

Long says he moved around the country after undergraduate school and lived in Michigan while he worked toward his master's degree, but eventually settled back in the West Philadelphia area.

He applied to the university for his doctorate in English in 2001, primarily because of its close location.

"It was stupidly and ignorantly based on geography and it turned out to be a blessing beyond blessings," Long says. "I just encountered all these wonderful things in my own backyard."

Long says one of the greatest benefits of attending the university was his opportunity to work with Delaware poet laureate Fleda Brown.

Long was a teaching assistant at the university and taught introductory English classes.

"Teaching isn't all roses," he says. "But in my time in Delaware, I can say it really was."

Senior Tom Keegan says he was lucky to have Long as a professor in his Introduction to Poetry (ENGL 207) class.

"At the time, I was writing some poems and I just needed somebody to bounce them off of," Keegan says. "He was willing to look at them and not just tell me, 'Oh yeah, it's great,' he actually gave me criticism and advice."

In addition to his poetry and teaching at West Chester, Long says he spends his free time playing in a band.

Long says he writes lyrics for the band, which takes a different process than his poetry writing.

"You're limited to the melody, which forces you to really get in what you have to say in a small amount of time," he says. "When I go back to trying to write a poem, I feel a little more free."

The band plays accessible, melodic-based music, he says. The group's music is influenced by rock acts such as the Beatles and U2, as well as newer artists like Radiohead and Coldplay.

"We're just trying to hit people in the gut and the heart," he says.

Long is currently exploring the academic job market and has a number of readings scheduled in the West Chester and Philadelphia areas. He is working on having some readings in the Wilmington and Newark areas, he says.

English professor Charles Robinson says he worked with Long in putting together job applications.

"It was fun to work with him because I could be mean-spirited to him and he would correct it and send something back," Robinson says.

Robinson says Long should be commended for finding the teaching position at West Chester because there are a lot of poets looking for jobs in the academic market.

"He is an extremely hard worker and he has street smarts," he says. "I think he will survive in the profession."



Courtesy of Alexander Long

Alexander Long, a former graduate student at the university, released a collection of poems, titled "Vigil," yesterday.

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# Student actors: the art of performance

*Tight-knit HTAC cast practices, bonds before upcoming season opener*

BY CARTER PERRY

Senior Mosaic Reporter

Twenty-four hours per week may seem like a lot of time to some but to others it's simply not enough.

For the eight-member cast of the Harrington Theatre Arts Company's annual fall play, "Lend Me A Tenor," 24 hours are grueling, yet expected.

Natasha Horowitz, Claire Boustred, Mark Brainard, Dana Peragallo, Mike Husni, Mike McFadden, Jenny Saperstone and Scott Pendergrass will be starring in the show, which opens Oct. 6 in Bacchus Theater.

The comedy by Ken Ludwig revolves around a case of mistaken identity and sheer silliness.

Set in 1934, the play begins when the Cleveland Grand Opera Company hires famous opera singer, Tito Merelli to perform the role of Othello. Numerous mishaps and many comedic twists later, Merelli is unconscious. In a pinch, a pseudo-Merelli is created to go on with the show. Everything falls apart when the true Tito Merelli wakes, leaving two women confused as to whom they have slept with.

Lauren Winiker, HTAC treasurer and "Lend Me a Tenor" director, says she selected the play based on personal experience.

"I was in the cast of this play my senior year of high school and absolutely fell in love with it," Winiker says.

Now a senior, she says she proposed the play freshman year. Three years later she got her wish — for someone to have the experience of playing the role of Maria, Tito Merelli's wife, just as she once did.

For Winiker, picking a cast of eight from a group of 20 was hard enough.

"They totally blew us out of the water at auditions," she says.

It didn't stop there, however. Winiker says the cast grows tighter with each subsequent rehearsal.

Cast dynamic is practiced every rehearsal through acting exercises and games. The object of one such game, "Mafia," is to avoid getting killed. The leader picks two people to be in the mob, one person serves as a stool pigeon and those remaining are the townspeople. The catch — the selection process is secretive, therefore no one knows who was picked, like grade school 7-UP, heads down, thumbs up. After selection everyone must guess who the mobsters are before the townspeople get killed. The key is acting — if it's believable enough, the others will buy the story.

HTAC isn't all fun and games says sophomore Mark Brainard, who briefly acted in high school as well.

"HTAC is a lot more professional and a lot more work," Brainard says, comparing the experience with high school acting.

He also says it's incredible to come in and be treated with such respect. He says a lot of the cast has been acting for a long time and working with them is incredible.

Junior Dana Peragallo is one such seasoned actress. Peragallo has been in more than 30 shows, but says "Lend Me A Tenor" is one of her favorites.

"I love working in small casts and it's because of the bonds we develop," she says. "The chemistry onstage is amazing. We just link."

Peragallo says she finds the difference between HTAC and high school acting is the people. She says everyone feels like family and the fun and enjoyment of the experience is why everyone does it.

Regardless of the cast's reasons behind choosing to act, there is one man responsible for making sure every member is at rehearsal. Senior and stage manager Greg Coleman has six years of theater experience, but it wasn't until Winiker personally requested Coleman to help that he joined HTAC.

Though the cast is small, Coleman says the management responsibilities are not.

"I am in charge of rehearsal schedules, keeping contact with actors in the cast and once the show goes up," he says, "I'm in charge of making sure the show is in order and everything works out correctly."

With one month to put on a production from start to finish, Winiker and Coleman say they have to work efficiently.

The first day of production involves a read-through of the script. The following two weeks include straight blocking and scene studies in which the cast figures out character relationships with one another. Then, the cast moves off-book and to the stage, with lighting, sound, props and costumes.

Normally, everyone is given more time to prepare.

"We usually don't have these early dates," Winiker says. "It was just the luck of the draw this year. But I knew whatever actors we picked would be able to take on a five-week rehearsal period and we are ahead of schedule."

Brainard says the show appeals to all audiences.

"The comedy is universal. It stands the test of time," he says.



THE REVIEW/Mike DeVoll

The cast of HTAC's latest production, "Lend Me A Tenor," does acting exercises to prepare for its upcoming performance opening Oct. 6.



## Singer's 'different sound'

continued from page 19

"I'm a pop person, as cheesy as it is," she says. Her musical inspiration comes from singers such as Alicia Keys, Justin Timberlake and Kelly Clarkson.

Sweeney says she followed advice from friends to not hire an agent. She has learned to connect with her fans not only on stage with her lyrics, but also off-stage before and after sets.

"I'd give people a card and tell them, 'If you liked us, great. If you didn't, rip it up,'" she says.

Sweeney has done all the booking for the band's shows, but says the task has become overwhelming.

"It's at the point where I can't do it on my own anymore, it's just too much," she says.

Sweeney says she is aware a lot of her fans are under the age of 21 and can't come to the majority of her shows since the band plays mostly in bars. She's

trying to get shows lined up with SCPAB so her underage fans can see her perform.

In addition to her music, Sweeney works part-time as a waitress at the Home Grown Café on Main Street. Sweeney says her employers understand music is her first priority. She'll be playing her first Home Grown Café show on Dec. 16.

Sweeney says she's looking forward to the upcoming months of recording, playing shows and attracting new fans. At the Dewey Music Conference she was approached by managers and received a standing ovation from the audience. She says part of her success comes from her band being unique compared to other bands in the area, which are led by male vocalists and stay away from the pop music feel.

"We're a very different sound around here," she says.

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Register Monday - Friday between the hours of 8:30am - 5:00pm at the Municipal Building at 220 Elktion Road. Contact at 366-7060, [newark.de.us](http://newark.de.us).

Newark Parks and Recreation has scheduled the following youth classes.  
Learn to ice skate, learn to roller skate, cheerleading, Iron Hill Museum science/discovery classes, introduction to archery, piano adventures, certified red cross baby-sitting for ages 11-15 will be held Saturday, October 14 from 9-4pm or Wednesday and Thursday, November 1 & 2, from 6-9pm at the Newark Senior Center. For information, call (302) 366-7060.

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## ON CAMPUS

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Tuesday, October 3  
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~Nacho Libre~  
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102 Gore Hall, 3:35-6:35 p.m.  
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## ON CAMPUS

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# R sports

Students have taken over The Cockpit in an effort to make Delaware a scary place for opposing teams. page 34

32

## UD gets last score, UNH gets last laugh

BY JASON TOMASSINI

Sports Editor

When the clock ran out at Delaware Stadium Saturday night, the 52 on the scoreboard under "UNH" was no surprise. But the 49 under "Hens" and the way Delaware and New Hampshire got to those numbers is something the 22,055 in the stands at Delaware Stadium did not see coming.

In a game that would rival most basketball line scores, No. 1 New Hampshire barely edged out No. 18 Delaware 52-49 in a classic, back-and-forth shootout between two Atlantic 10 juggernauts.

The offenses were remarkably even as neither team led by more than 11 points at any time. Junior running back Omar Cuff said the Hens were on the short end of the final score not because they were outplayed, but because they ran out of time.

"Our offense was doing our thing the whole game," Cuff said. "If we just had some extra time or even just another play, because I knew we were wearing them down."

Cuff was integral in wearing down the New Hampshire defense. He rushed for 109 yards and four touchdowns and also had eight receptions for 79 yards.

Much of the focus coming into the game was away from the Hens (2-2, 1-1 A-10) and on the No. 1 Wildcats. Senior wide receiver David Ball came into the game with 50 career touchdowns, tied for the most in Division I-AA with NFL legend Jerry Rice. While Ball still tallied seven catches for 126 yards, he failed to score a touchdown and was outshone by one of his teammates, junior quarterback Ricky Santos.

Santos used his arm, his feet and a handful of tricky play-action fakes to slice through the Delaware defense and keep the Hens off-guard. Head coach K.C. Keeler said Santos' knack for

making the big play tired out his defense.

"He made so many plays where I thought we had good coverage and we bounced off him," Keeler said.

Santos finished with 281 yards passing, three touchdowns and 112 yards rushing with two touchdowns on the ground.

Lost in Santos' brilliance was a drastic improvement by junior quarterback Joe Flacco and the Hens' offense. Coming into the game averaging only 295.3 yards per game, Delaware racked up 466 yards against New Hampshire (4-0, 1-0 A-10), but were still always a step behind the Wildcats.

"I thought Joe did a great job and obviously when you have Omar run like that, it helps," Keeler said.

The game remained close down the stretch, but Santos and the Wildcats managed to stay one big play ahead.

Possibly Santos' most jaw-dropping play came on a first and goal with 4:40 left in the game and the Wildcats up 38-34. He fielded a low snap, broke a tackle in the back field, squirmed his way up the middle and eluded Delaware defenders for a nine-yard touchdown and a 45-34 lead.

"He played unbelievable tonight," Ball said. "He's the big reason why we won this game. We were making mistakes and he put us on his shoulders tonight."

Delaware got a big return on the ensuing kick by Rashaad Woodard to the New Hampshire 23-yard line and scored three plays later on a three-yard run by Cuff. A two-point conversion by Cuff cut the lead to 45-42.

Again, the Wildcats had an answer: after a kick return to the Delaware 45-yard line, junior running back Chris Ward broke through the Hens' defense on the first play of the drive for a 45-yard touchdown run, putting New



THE REVIEW/Mike DeVoll

Kick returner Rashaad Woodard (left) had a crucial return to keep Delaware in the game.

Hampshire up 52-42.

Delaware fired back a shot of its own, scoring on a 10-yard pass from Flacco to sophomore Aaron Love with 56 seconds remaining to cap a frantic 13-play, 64-yard drive.

With the lead for the Wildcats 52-49, the Hens tried an onside kick which was recovered by New Hampshire.

Although the Hens were unable to pull off the upset, Keeler was encouraged by his team's play, just hoping the final score had been different.

"I told our kids in the locker room, I'm proud of them," Keeler said. We battled our butts off but there are no moral victories at the University of Delaware."

### game rewind

New Hampshire — 52  
Delaware — 49

Attendance: 22,055

#### Hens' Stat Leaders:

Passing - Flacco: 28-45-0 315  
Rushing - Cuff: 21-109  
Receiving - Patrick: 9-109

#### Wildcats' Stat Leaders:

Cassidy: 21-30-0 281  
Santos: 13-110  
Hughes: 7-126

#### Next Game:

Who: Northeastern  
When: Saturday 12 Noon  
Where: Boston, Mass.  
TV/Radio: THE RIVER 94.7 FM, WVUD 91.3 FM

For an in-depth preview, check Friday's online edition of The Review at [UDreview.com](http://UDreview.com)

## Even in loss, Cuff shines

BY BRENDAN REED

Sports Editor

Mixed reviews have certainly been the result of Delaware's 52-49 loss to New Hampshire Saturday night. Whether there should be optimism that Delaware narrowly lost to the No. 1 team in the nation or disappointment that it missed tackles and dropped passes were the reason they could not pull out the victory remains unseen. Whatever your opinion might be, the Delaware football fan should rejoice at the notion that junior running back Omar Cuff has officially returned.

Cuff's performance Saturday night set the tone for the rest of the team. His 189 total yards and four touchdowns brought back memories of the Cuff of last year, the one who led the Atlantic 10 in all-purpose yards and finished second in scoring and rushing.

During the first half, there was talk of Cuff going into the locker room for X-rays after he limped off the field.

"I refused to go in for X-rays," Cuff said. "I know my body better than anyone knows me. I knew for a fact I was going back in that game."

Toughness has never been a question for Cuff, who was so successful in turning what looked to be defensive stops into significant gains. In the first quarter,

Cuff scored Delaware's first touchdown on a 39-yard scamper, from a direct snap, that initially seemed as if he was going to be stopped around the line of scrimmage. But second and third efforts enabled him to cut through the defense, a theme that continued for the rest of the night.

"I knew we were wearing them down," he said. "Their defense was getting very tired."

Cuff was helped by a number of plays that called for a direct snap to him instead of the hand-off from the quarterback.

"It's a great play actually," he said. "What it does is gives me an extra step ahead of the defense. I can see things a whole lot quicker and I know with my speed I can get to the outside."

Saturday night was a shootout with the two teams combining for 101 total points, 982 offensive yards and 50 first downs. Junior quarterback Joe Flacco continued to play well, completing 28 of 45 passes for 315 yards, three touchdowns and no interceptions. With Flacco at the helm it seems as if Delaware's offense has officially arrived.

"We've been working hard all week in practice,"

See OFFENSE page 35



# Young and restless freshmen make big impact

BY PETER HINCKLEY

Staff Reporter

They represent the future, the newborn babies of their teams. They are the freshmen who arrive on campus, wide-eyed and eager to contribute to their respective teams. Some of the newbies will fall flat on their faces while learning to walk among the tested upperclassmen. For others, it can take two or three years to land on their feet.

But a select few are able to shed their training wheels and have an immediate impact as soon as they step on campus.

One such example is Jared Bradley, a 6-0, 215-pound freshman running back from Swarthmore, Pa. Like many other freshmen, Bradley entered the university with outstanding athletic credentials. He amassed nearly 4,000 rushing yards and scored 59 touchdowns in his four-year career at Strath Haven High School. As a senior, he was named Delaware County Player of the Year and was recruited by Division I programs such as Syracuse, Boston College and Rutgers.

"I want to be great," Bradley says. "I want to be the best freshman running back to ever come through here. That may be a bold statement, but I want to work to that point."

Bradley wasted no time introducing himself to Hens fans by carrying the ball 20 times for 91 yards and catching a touchdown against West Chester in his first collegiate game, earning him Atlantic 10 Rookie of the Week honors. Bradley also scored a touchdown in a 24-17 win over Rhode Island Sept. 23.

Despite being a freshman, Bradley's production did not come as a surprise to head coach K.C. Keeler. In summer camp, Bradley exceeded the coaches' expectations, Keeler says. Bradley validated his extensive playing time against West Chester by playing 50 snaps without missing an assignment, Keeler added. This gave the coaches confidence that if the first stringer, junior All-American candidate Omar Cuff needed a breather, Bradley would not make any "freshman mistakes."

"This past week [at Rhode Island] we felt Omar needed a rest and Jared went in and just killed it," Keeler said last Monday.

While Bradley has made the most of his opportunities backing up Cuff, freshmen on other varsity teams have been able to earn a starting role from the get-go.

6-2 freshman Michelle LaLonde, from Wooster, Ohio, plays middle blocker for the 14-1 volleyball team. LaLonde ranks third on the team with 116 kills and earned Colonial Athletic Association Rookie of the Week honors twice.

LaLonde first made an impact at the Delaware/ASICS Invitational Tournament. Despite missing the first game of the match with an injury, she notched 25 kills, 11 digs and a team-high 13 blocks.

"I knew I wanted to do whatever I could to help the team," LaLonde says. "But I didn't think I'd have such an impact so early."

LaLonde says the toughest adjustment for a freshman is the jump in level of competition from high school to a Division I program. The game moves faster, and players make fewer unforced errors. The transition can be difficult, LaLonde says, but it was one which she was able to accomplish.

"Everyone on the floor is good on both sides," LaLonde says. "You're not going to have that player you're going to serve to and hit to pick on. You have to expect everyone on the other team to be good and you have to work for all your points."

The 7-3-2 women's soccer team also has its own Rookie of the Week. Freshman forward Melissa Kilker, from Morrisville, Pa., seized her opportunity after an injury opened up a spot for her.

Through 12 games, Kilker ranks second on the team in points with three goals and five assists, despite only starting seven games.

Head coach Scott Grzenda says he and his coaching staff realized within the first week of training camp that Kilker would not only fit in on the varsity team, but would be in a position to contribute heavily. She impressed the coaches using her exceptional speed, which enabled her to get behind players that others could not, Grzenda said.

While Grzenda knew of Kilker's speed from recruiting her in high school, it was Kilker's skill in playing within the team that made the biggest impression on the coach.

"The thing that has impressed us the most is her ability to find other players," Grzenda says.

The future is bright for these three freshmen and their respective varsity teams. While many freshmen athletes must patiently wait their turns either red-shirting or standing on the sidelines, Bradley, LaLonde and Kilker have all found ways



THE REVIEW/Ravi Gupta

**Freshman running back Jared Bradley has quickly found his role in a potent Delaware offense.**

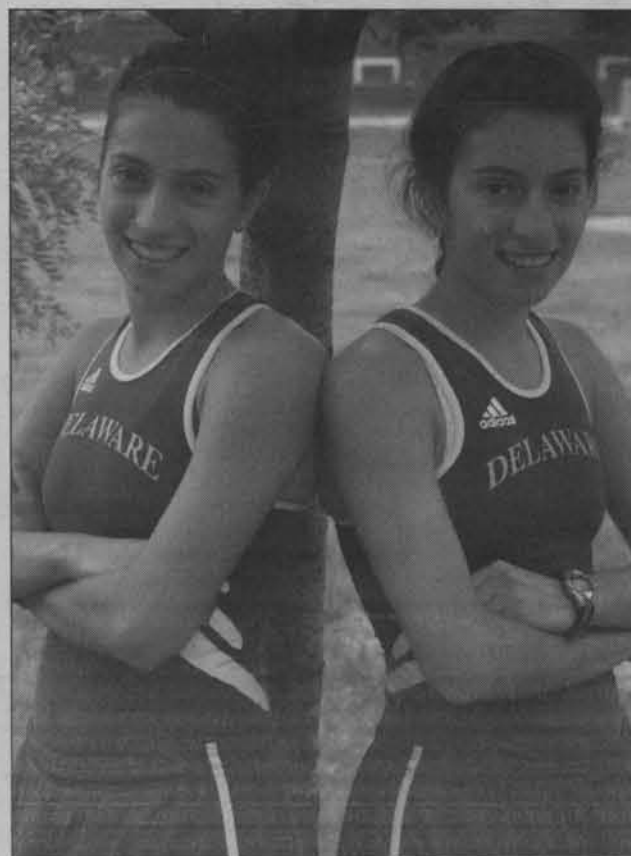
to exceed expectations by playing instrumental roles toward their teams' achievements.

"It's an awesome feeling to know I can help out," LaLonde says. "It's just fun being on a successful team."

## Double the run, double the fun for XC twins

BY ALEX CHEW

Staff Reporter



THE REVIEW/Stefan Katz

**The Antonopoulos twins have given the women's cross country team a solid one-two punch this year.**

People always say there is a special bond between twins, but for Christina and Ioanna Antonopoulos, the bond extends to the athletic field. The redshirt freshmen are members of the women's cross country team, which has started its season with first place finishes in its first two meets.

The pair has already made significant contributions to this year's team. Christina finished fifth in the five-kilometer race at the Hofstra Invitational with a time of 19:11.98 and fifth in the six-kilometer race (23:58.48) at the Delaware Invitational. Ioanna finished eighth (24:38.37) at the Delaware Invitational.

Born on Oct. 16, 1986, the twins have always grown up together. Christina mentions how their mother always wanted them to be similar.

"Our mom always wanted us to do the same stuff," Christina says. "We played soccer, danced and took piano lessons together growing up."

The girls started playing sports at a young age — their athletic careers started on the soccer field at age 7. They say they were very much the stereotypical identical twins, dressing the same and acting alike.

The two did not start running competitively until they joined their middle school track team in the seventh grade. The twins joined the cross country team when they entered York Suburban High School in York, Pa.

The pair credits its success to their high school teammates and coaches.

"Our coaches were awesome," Christina says. "We had four or five of them and the workouts were very structured. That really helped build team unity."

Upon arriving at the university, they decided to pursue their love of soccer rather than running and joined the club soccer team. After a year on the team, however, they realized that a club sport might not have been for them.

"We loved soccer so much we wanted to play in college," Christina says. "But club soccer wasn't what we were looking for."

After their stint on the soccer team, the twins decided they missed running too much and talked to cross country head coach Sue McGrath-Powell about joining. Since they were recruited out of high school, they were welcomed onto the team and have not looked back since.

When asked about whether there is a rivalry between the two, as there are between many siblings, the answer was a resounding no.

"There really isn't a rivalry between us," Ioanna says. "If anything, we push each other to do better."

"We are competitive, but I don't have it in the back of my head that I need to beat my sister," Christina says.

Senior co-captain Leslie Wason says the girls are great teammates and are always supportive no matter the situation.

"They have very good sportsmanship and whenever they aren't running, they are all over the course cheering on our team," Wason says.

Wason says it has taken no time for them to mesh with the rest of the team.

She says running can take up as much as 20 hours per week, which is a difficult schedule for new team members to handle.

One thing both girls professed emphatically was the team unity present in cross country, which some might find surprising due to the individual nature of the sport. But according to the girls, that sense of individual competition only brings the team closer together.

When asked who was faster, neither would really admit to having an advantage over the other.

"When we were in high school we would always switch back and forth," Christina says. "I would win by two seconds one time and she would win by two seconds the next. But from 12th grade on I have been a little faster."

Both Christina and Ioanna agree that although they do miss soccer, they are happy with the way things have worked out because cross country offers a different type of camaraderie than is found in soccer and most other sports. That might be one of the things that allows the sisters to remain so close to not only each other, but their team as well.



# Worth the wait: Bell proud to be starting

BY GEORGE MAST

Senior News Reporter

Senior political science major Nat Bell's dreams for a successful college football career seemed to shatter abruptly one morning in 2002 as he sat watching television in his room during his freshman year.

Bell, now a starting defensive lineman for the Hens, started eight games for St. John's University as a freshman but was left with his career in jeopardy after the football program was abruptly dropped following a dismal 2-8 season.

"I was sitting in my dorm room one morning when the ESPN NEWS Bottom Line came up and it said 'St. John's has dropped their football program,'" Bell said. "I was like 'what the hell is going on?'"



Courtesy of Nat Bell

Nat Bell (right) and teammate Rachid Stoury (left) suit up to play.

"I knew I was going to keep trying to play somewhere, but I didn't know where, or how or anything like that," he said.

Bell said he then began to look around at other schools and finally settled on Delaware after it agreed to let him try to earn a spot on the team as a preferred walk-on.

He then spent the next three years as a Hen doing exactly what head coach K.C. Keeler expected him to do — practice with the team to make the starters better.

In those three years, Bell only saw playing time in the final game of the 2005 season against Villanova.

Keeler said his first impression of Bell was as a great kid who would probably never see any playing time.

"In my wildest dreams I thought he would never take a snap," Keeler said.

Bell said he understood his role was to scrimmage in practices and try to work his way up like any other walk-on but admitted it became frustrating.

"You always hope you are going to get to play every season," he said. "You prepare like everybody else, you spend all summer in the weight room and all winter running."

Bell said he was not sure if he would even get to play this year.

"I knew I had a good shot, but to be a starter and to do all this stuff, it's unreal," he said.

While many other players would have given up, Bell said it was a matter of commitment to himself and his team that kept him motivated to keep trying.

"I really wanted to be a part of this team and help," he said. "Even if they had me on the scout team this year and my role was just to back up some guy doing nothing, I would still be happy just to help the team."

Senior defensive lineman Bubba Jespersen said Bell never complained about his lack of playing time.

"Nat knows his place and he knows what he has to do," Jespersen said. "He is a very hard worker and he never really was discouraged. He just loved being on the team."

With a depleted defensive line due to injuries, Bell saw a significant amount of playing time in the first game this season.

He said he did not know he was going to play until a coach yelled for him to get in the game and tackle somebody.

"I was so nervous before the first game," Bell said. "I was nervous because I wasn't sure if I was going to get to play, or

how much I was going to get to play, or if I was going to play well.

"I knew I had spent all this time trying to get a chance to play and once you get that chance you have to do something with it."

Bell capitalized on this chance by making three tackles and has started for the Hens ever since.

Despite the fact Bell may not be one of the players Keeler initially saw as a starter for this season, he said he has faith in him.

"I have a lot of belief in him," Keeler said. "He gets absolutely every ounce of ability out of that body he has."

"He is a street fighter and he will absolutely go out there and fight every single snap for you. That's all you can ask for and that's why I have so much respect for him."

Getting the nod as a starter is not the only thing Bell has accomplished as a Delaware athlete.

Keeler said the coaching staff noticed Bell's hard work in practice and decided to award him with a partial scholarship two years ago. The team then added onto that scholarship prior to this season.

The football program has helped Bell follow some of his other dreams as well, all the way to Washington.

Keeler and the football department helped Bell achieve internships with Sen. Joseph Biden, D-Del. and State Lt. Gov. John Carney. Biden was once a Delaware football player and Carney was an assistant coach under former head coach Tubby Raymond.

Bell said football and politics both share a quality that he thrives on.

"Politics is actually very similar to football," he said. "It's not physical but it's very competitive and that aspect of it excites me."

With seven regular season games remaining and a shallow defensive line, it looks like Bell will have plenty of time to be as physical as he can before he trades in the pads for a suit jacket.

With other defensive players scheduled to return to the roster, Keeler cannot guarantee Bell will start for the whole season, but said he knows Bell will fight to keep that spot it took him so long to earn.

"We have lost a lot of kids and our numbers are thin," Keeler said. "But he has earned the right to play on that field."

## Cockpit set to take flight for '06-'07 season

BY MICHAEL LORE

Student Affairs Editor

According to its Web site, The Cockpit "is more than just a t-shirt! The Cockpit's goal is to use UD athletic events to promote student involvement and fortify UD spirit. Its purpose is to provide enthusiastic support for our fellow students, thus giving UD an imposing home field/court advantage at ALL UD athletic events."

Keith Bielory, Pilot of Cockpit Traditions, said the main goal of The Cockpit is to get people to join and attend university athletic events.

The Cockpit is also trying to give recognition to and build a larger fan base for the other sports that do not attract as many fans as football or basketball.

This year at specific athletic events, The Cockpit will be rewarding students who show the most spirit with prizes range from Iron Hill Brewery gift certificates to a 15-inch Apple MacBook Pro laptop.

"We reward students who join by letting them in the VIP row during football games," Bielory said.

One Cockpit-run event taking place during every football game is Boot for Books, when one lucky student tries to kick a field goal in order to win a \$300 gift certificate good for the spring 2007 semester at the university bookstore.

So far this year, the VIP row and student section has seen numerous students wear costumes to the games. The row is an ideal spot for some TV exposure or a chance at catching field goals during warm ups.

Sophomore Laura Vazquez got her first experience in the VIP row Saturday night.

"I love it," Vazquez said. "You get everyone pumped up and they listen to you."

Usually standing in the VIP row are students covered in blue and gold paint, a guy in a monkey mask and another one dressed as a chicken. This past week, a student dressed in a wrestler's mask pumped up the crowd with his antics.

As the time ticked down for the start of the game, another student dressed as a banana came running by, being chased by an inflatable monkey.

Wearing paint, costumes or hoodies, all university students chant and yell in harmony at basically anything that moves on or around the field.

Some of the more popular chants are: "Everybody knows, [insert team name] blows," "Go Omar, go Omar, go," and of course, "Who's house? Our House."

As crazy as the student section is, they have a softer side that comes out during the Marching Band's rendition of the National Anthem, Delaware Fight Song and alma mater. Helmets, hats and wigs all come off when they are played.

This year, The Cockpit has made some changes in how to become a member. In order to join, there is a membership form online that students hand in at a specified Cockpit Game.

Upon handing in the form, a Cockpit t-shirt is given out and membership is granted. Students must have their shirt with them in order to get in the VIP row at football



THE REVIEW/Mike DeVoll

Students in The Cockpit let opposing teams know who's house The Tub is.

games. Kelsey Scattergood, Pilot of Membership, said it is a gradual process because they did not want to have a bunch of rules all of a sudden.

Mark Novello, Pilot of Gameday Operations said the front row's limitations will be enforced more strictly due to the fire marshal's capacity limit.

"Starting with the next home game, there is going to be someone monitoring the section to make sure it is safe," Novello said.

Senior Ed Bosler said the changes have improved the structure but should have been advertised better.

"I think it's a little more orderly," Bosler said. "Sometimes you don't get to get in and it's kind of annoying, but it might be better overall."

Others like senior Sean Riley disapprove of the changes.















"I feel last year was better because it's hard to get people to go online and get the form," Riley said. "If you were a fan, that's all you needed to be, but this year you have to go sign up."

Novello said the changes were made to reward passionate fans.

"I think we have the best student section in I-AA football and it's a huge advantage," Novello said.



# The Review's playoff picks

						
<b>RAVI GUPTA</b> <i>Managing Sports Editor</i>	<b>DAN MESURE</b> <i>Editor in Chief</i>	<b>BRENDAN REED</b> <i>Sports Editor</i>	<b>KENNY RIEDEL</b> <i>Online Sports Columnist</i>	<b>STEVE RUSSOLILLO</b> <i>Managing Sports Editor</i>	<b>CAIT SIMPSON</b> <i>Executive Editor</i>	<b>JASON TOMASSINI</b> <i>Sports Editor</i>
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A.L. Champion: <b>TIGERS</b>	* A.L. Champion: <b>YANKEES</b>	A.L. Champion: <b>TWINS</b>	A.L. Champion: <b>YANKEES</b>	A.L. Champion: <b>A's</b>	A.L. Champion: <b>TIGERS</b>	A.L. Champion: <b>TWINS</b>
World Series Champion: 	World Series Champion: 	World Series Champion: 	World Series Champion: 	World Series Champion: 	World Series Champion: 	World Series Champion: 

## Offense gains its stride

Continued from page 32

Cuff said. "It shows, you know. To come out and compete with the No. 1 team in the nation, I can't complain there."

One would think game-planning for a team like New Hampshire, which came into the game averaging 50 points, would entail some scheme to somehow contain such a potent offense. However Delaware decided to forget about containing the Wildcats and just tried to outscore them.

Cuff said, even with the loss, this was a statement game in terms of the offense.

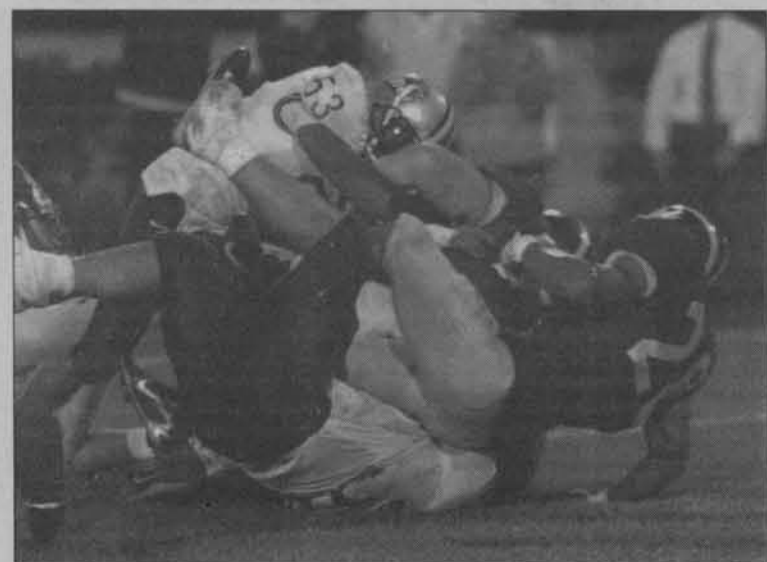
"I was looking at this as an opportunity to see where our team lies," he said. "It was a good game to identify our strengths and weak-

nesses. It was a great challenge for us."

Delaware head coach K.C. Keeler said Cuff was special in every aspect of his game and his success certainly motivated the rest of the team.

"When you have Omar running like that it helps you in so many ways," he said.

Keeler also mentioned that there was a lot of football left to be played this season. Three out of Delaware's next five games are away where the Hens will not be able to rely on more than 20,000 screaming fans like they can at home. But at least they can have some assurance that the offense is finally clicking, especially with No. 28 in the backfield.



THE REVIEW/Mike DeVoll  
Junior running back Omar Cuff (right) found the endzone four times in Saturday's 52-49 loss to New Hampshire.

## commentary



### WESLEY CASE

*The greatest ever*

October is a sports fan's dream. In fact, it's arguably the most exciting time of the year (ask me again in March). And 2006 is no exception.

On first reference, October is automatically associated with our nation's pastime, baseball, and with good reason, as intriguing storylines begin to unfold. Even with the Phillies out, this post season's plots seem scripted by Thomas Hardy (A possible Subway Series? The Detroit Tigers still playing in the fall?)

As if baseball was not enough, the football season is in full swing. The headlines have been spectacular — Terrell Owens' alleged suicide attempt, the New Orleans Saints post-Katrina return to the Superdome, Chad Pennington actually looking like a quarterback. And it's only the fourth week.

But as the Indianapolis Colts attempt to finally live up to its potential and the New York Mets look to bring credibility back to the

National League, there's a story all sports fans should take notice of — Tiger Woods' incredible dominance of the PGA Tour.

Tiger Woods is rewriting not only golf, but sports history as we know it. Before, many wondered if he would break Jack Nicklaus' PGA Tour record of 18 major championship victories. Now, barely in his thirties, Woods has 12 to his name and the question is no longer will he break the record, but instead when will he stop winning majors.

And now, in the midst of a six-tournament winning streak, Woods lifting a championship trophy on Sunday is becoming a safer bet than Sergio Garcia making an ass of himself in the press.

Tiger's latest triumph, Sunday's American Express Championship, was a convincing act of his stranglehold on the Tour. At 23-under par, Woods easily won the tournament, with his closest competitors (Adam Scott and Ian Poulter) both finishing eight strokes behind him. Other players beware — Woods isn't playing to win, he's out for blood.

Speaking of which, the subplot of Woods' lack of competition is fascinating. Every time a player looks to be in striking distance of Woods, the No. 1 player in the world stifles their attempts. Phil Mickelson? Jim Furyk? Vijay Singh? They're not even blips on Woods' radar. Whether he intimidates them to the point of self-destruction or proves he is the greatest clutch performer ever, Woods continues to distance himself from the rest of the inferior pack.

Interestingly enough, the golf

world has even tried to level the playing field between Woods and the other guys.

"What if we add new technology to the clubs that will hit the ball longer and straighter," a golf club technician might have pondered. "Maybe then the other players will hit it like Tiger."

"I know what we can do," a PGA official may have exclaimed. "We'll push the tees back and lengthen the courses. That'll slow him down!"

No dice, guys. You can't Mickelson's driver hit longer or "Tiger-proof" your course enough to slow Woods down. To prove it, Woods even won The British Open without using his driver more than once. Take that, mad scientists.

Here's the scary part — Woods' professional career began only a decade ago. It's hard to grasp how much he has done for golf, not only through competition, but as a catalyst for the progression of an entire sport.

Less than a month ago, ESPN.com's columnist Gene Wojciechowski wrote that Woods is the greatest individual athlete ever. At first glance, I thought he had an argument, yet was not completely sold. But now, as he runs circles around the golfing world, it's time to reevaluate my stance. To those unsure, I suggest doing the same. To the believers like me, let's just sit back in awe.

Wesley Case is the assistant managing Mosaic editor for The Review. Send questions, comments and cowboy hats to [wescase@udel.edu](mailto:wescase@udel.edu).

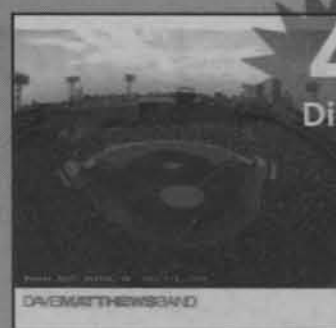




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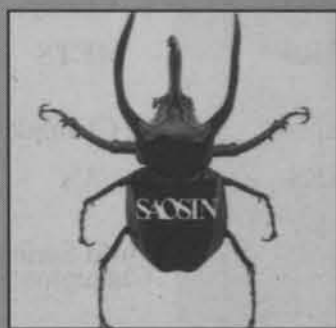
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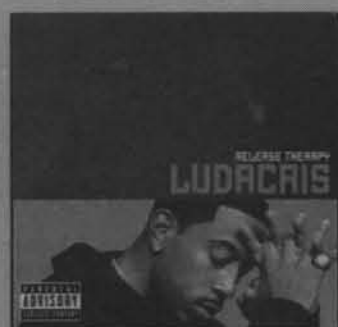
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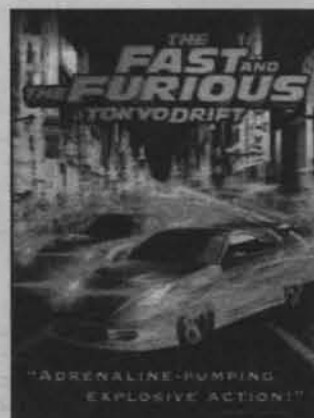


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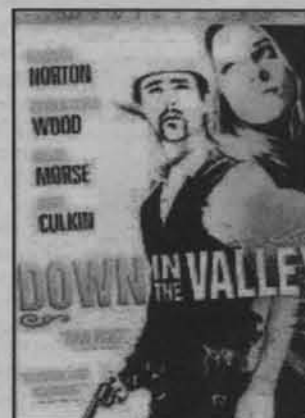
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