

The changes that went through our UGS committee this year involved the addition of the 1-credit HESC 317 course. The curriculum is as follows:

HESC 207	Introduction to Recreation and Sport Management (3)
HESC 220	Anatomy and Physiology (3)
HESC 320	Principles of Strength and Conditioning (3)
HESC 317	Strength and Conditioning Laboratory (1)
HESC 440	Strategies of Peak Athletic Performance (3)
HESC 355	Figure Skating Practicum I (3)
HESC 356	Figure Skating Practicum II (3)
HESC 455	Figure Skating Practicum III (3)
HESC 456	Figure Skating Practicum IV (3)