

THE REVIEW

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Mullen remembered for selflessness, compassion



COURTESY OF THE SIGMA PI FRATERNITY

MICHAEL T. HENRETTY JR.
Managing News Editor

At age 20, Connor Mullen already was starting to accomplish goals many only dream of. A brother of Sigma Pi fraternity at

the university, Mullen was a junior in the Lerner College of Business and Economics, majoring in entrepreneurship and technology innovation, and was an active member of the university's Entrepreneurship Club. He passed away suddenly on Sept. 25.

Mullen graduated in 2014 from Immaculata High School with honors, where he was involved with campus ministry, served on student council and captained varsity football team.

According to his friend, junior Brian Green, Connor was "a big, 'brolic' guy" who always had an eye out for the disadvantaged.

"Connor set up multiple events within our fraternity benefiting people with multiple sclerosis, suicide awareness and children with autism," Green said.

"Even though he wasn't the fundraising chair, he just took it upon himself to schedule these events for us. Being the kind of person he was, with the respect that everyone gave him, we usually had most of the kids in our chapter end up coming to these events. Even though these events weren't mandatory, the respect that Connor commanded always meant

there would be a big turn out."

Senior Eric Murray echoed Green's sentiments, commenting on how Mullen was able to get all of his brothers together to help those in need.

"Connor was able to organize an event that got us all out to help a women with [multiple sclerosis] through the MS Society," Murray said. "We had so many guys volunteer, which is hard to get for an event like that. Connor was so sweet to the woman whose home we were working in, and was one of the last people to stop working on the house that day."

Among other things, one of Mullen's strongest skills resided in his ability and willingness to do his best to resolve conflict whenever possible.

"Connor would always try to see where everyone was coming from, and trying to come up with a solution," Green said. "If there was a conflict between two brothers, he would always try to reason with everyone involved and calm everyone down."

Mullen will be remembered by his brothers for his level-headedness, as well as his loud, yet lovable laugh.

"His laugh was so spontaneous," Green said. "It would just kind of burst out of his lungs. He had such a great laugh, whenever I would hang out with him I would try to to

make my best jokes, just because I enjoyed hearing his laughter so much."

For junior Eric Cecil, Connor was the smiling face and set of open arms that welcomed him and made him feel at home when Cecil transferred to the university last semester.

"Connor was one of of my first friends at UD after I joined Sigma Pi," Cecil said. "Any time I ever felt sad or had something going on in my life, I always came to him to talk about it and he always made me feel better. He always had such a positive mindset, I could never not be happy when I was around him. He had this incredibly funny laugh that I can't even get out of my head."

"He was a very unique character, a very wholesome person," Cecil continued. "Connor was incredibly open minded, he never judged anyone. He always said 'always walk a mile in someone else's shoes, because you never really know what someone is going through,' and that 'you should never judge someone based off of how they act in the heat of the moment.'"

Trevor Beam, a junior and friend of Mullen, remembers him as a kind, selfless man who was a friend to all.

"Last spring my best friend and I were looking to go down

to a music festival in Tennessee called Bonnaroo, and we needed a third person," Beam said. "We were looking all over the place and we couldn't find anybody. Before that, Connor and I were friends but not super close. He had never really been to any concerts, and he just kinda said 'f--- it, let's go' and he came with us."

"He was so friggin' happy to be there, and we got to know him so much better," Beam said. "I had the greatest time of my life with him down there. It was so amazing having him there, and it's even more meaningful to me now, that I got to have that experience with him."

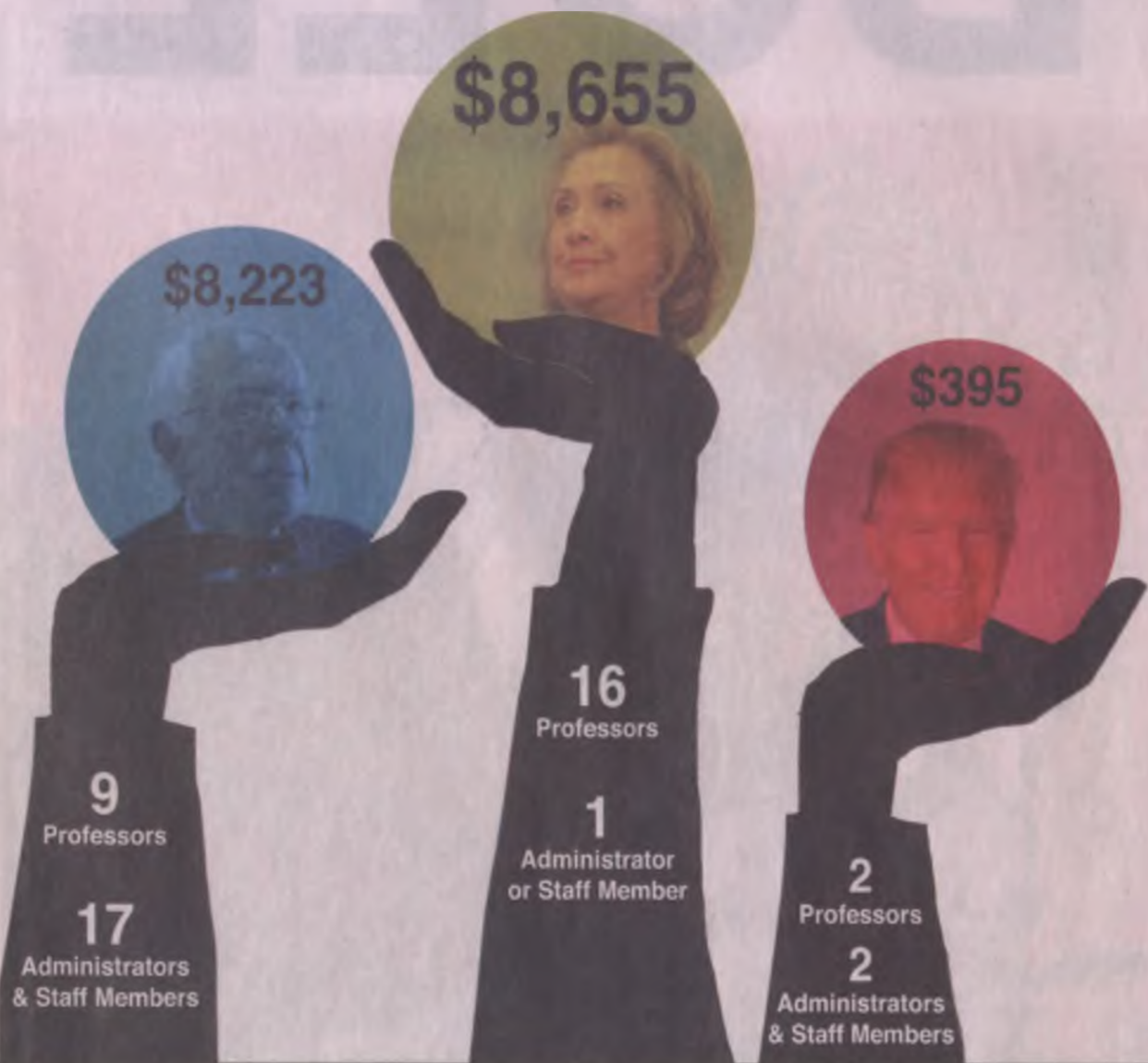
"He was one of the few truly good people that I've ever met," he said. "He was selfless, always looking out for everyone. He was involved with so many things, and so much charity and community service. He was really one of the only kids who ever gave a damn, and it really showed."

"Connor was a complicated person," Beam said. "And I just hope he's at peace, I hope he found the peace that he was looking for."

Mullen is survived by his parents Frank and Lori Mullen, his younger brother Colin and his maternal grandparents Don and Jean Lewis. From Tuesday through Thursday, Oct. 4-6, flags on the Newark campus will be lowered in

Delaware Donations

Donations to political candidates are public information and can be found at Opensecrets.org. Hillary Clinton received the largest sum of donations from members of the university community, but Bernie Sanders, who dropped out of the race before the Democratic Convention, received the largest number of donors, but in smaller sums. Clinton's donators ranged from engineering professors to astronomy professors and history professors. Trump received donations from an agriculture professor and another who teaches a class on the History of Rock.



ALANA STEWART & ALEXANDRA KARLESSES
Staff Reporters

When she walked onstage, roaring cheers drowned out the idle chit chat that had filled the auditorium. Smartphones and iPads polluted the air, which made it impossible to see or hear anything that was happening on stage. Audience members waved their miniature American flags with fervor as others pulled and pointed at their "I'm with Her" shirts.

For those who did not have a front row view, the chaos only confirmed that Michelle Obama had walked onto the makeshift stage in the Tom Gola Arena at La Salle University. The first lady came to Philadelphia on Wednesday to campaign for candidates Hillary Clinton and Tim Kaine.

Obama prompted the audience to make it a priority to go and vote on November 8th. The enthusiastic cheers that reverberated in the gymnasium indicated the audience already was willing to do just that.

"If you vote for someone other than Hillary, or if you do not vote at all, then you are helping Hillary's opponent and the stakes are far too high to take that chance," Obama said.

Obama never mentioned Republican candidate Donald Trump by name, but made several comments clearly directed toward his campaign. She addressed some of his statements from the debate Monday night, including the discussion about the legitimacy of her husband's birthplace.

For the past eight years, President Barack Obama and his family have dealt with accusations that he is not a natural-born citizen. These are "hateful, hurtful comments," Obama said.

She did not address Trump's accusation from Monday night that Clinton's primary campaign in 2008 supported the birther rumors by releasing photos of him in Somali dress and sending a staff member to Kenya to further investigate.

During last Monday's debate, Lester Holt had Trump address a comment he made about Clinton lacking the presidential "look." Trump then denied having said that, claiming he believed she lacked the "stamina" to be president. Obama mentioned these comments in her speech as well.

"For those of you who question her 'stamina' to be president, Hillary is tough," Obama said. "When she gets knocked down, she comes back stronger for the people who need her most."

SEE MICHELLE PAGE 5

WHAT'S INSIDE

RUSH FOR HOUSING

Limited housing options leave students in a scramble.

NEWS Page 3

CAMPUS CRIME UPDATE

High rates of underage consumption, according to UDPD.

NEWS Page 5

FROM THE HEN HOUSE TO THE BEYHIVE

Mosaic tries something new.

MOSAIC Page 9

PENCIL IT IN

FRIDAY, OCTOBER 7

Free Lunch Friday, 11 a.m., Venture Development Center
Major Mania, 2:30 p.m., Trabant Student Center
International Coffee Hour, 4 p.m., 44 Kent Way

TUESDAY, OCTOBER 4

Peace Corps Open Office Hours, 11 a.m., Elliot Hall Conference Room
Astronomy and Space Physics Seminar, 4 p.m., Sharp Lab Room 215
Quizzo, 7 p.m., Perkins West Lounge

SATURDAY, OCTOBER 8

OctKronumfest, 10 a.m., Harrington Turf
Blues Hens Lesson + Dance, 7 p.m., Central Perk
Symphony Orchestra, 8 p.m., Center for the Arts Puglisi Orchestra Hall

WEDNESDAY, OCTOBER 5

Free Diabetes Self Management Workshop, 5:30 p.m., STAR Health Sciences Complex Atrium Room 113
Well-Being Wednesday, 6 p.m., Harrington Commons
National Agenda Speaker Series: Road to Presidency, 7:30 p.m., Mitchell Hall

SUNDAY, OCTOBER 9

Cross Country: vs Delaware Invitational, 10 a.m., White Clay State Park
Football: vs Lafayette, 6 p.m., Easton, Pa. Library and Civic Engagement, 9 p.m., Morris Library

THURSDAY, OCTOBER 6

Healthy HENS Trabant Kiosk, 11 a.m., Trabant Student Center
Library Workshop: Creative Photography Series, 2 p.m., Morris Library
Hip Hop Dance Open Class, 7 p.m., Lil Bob

MONDAY, OCTOBER 10

CCEI Ph.D. Candidate Seminar, 11 a.m., Patrick T. Harker Interdisciplinary Science and Engineering Lab Room 322
ECE Fall Seminar Series, 11:15 a.m., Evans Hall Room 204
Bioinformatics Seminar Series, 3:30 p.m., Delaware Biotechnology Institute Room 102

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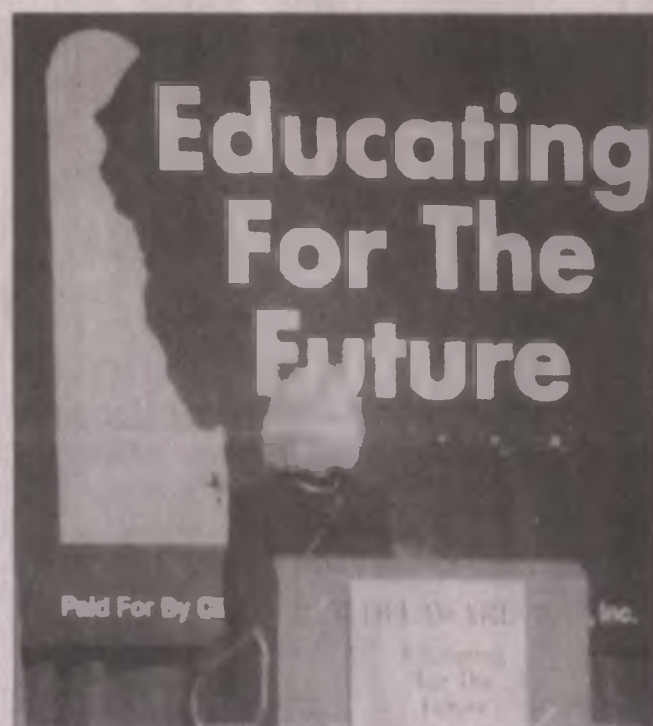
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#TBT



Oct. 4, 1996

First lady Hillary Clinton spoke at Wilmington High School about education and race relations exactly 20 years ago today. Two decades later, she is still bringing up these issues as she runs in the 2016 presidential election, possibly to become the first female president of the United States. Today she is speaking in Pennsylvania at the Delaware County Conversation with Families, article to follow next week.

RED WHITE AND BULL



The source of Trump's insomnia.

EMILY BRYMER/ THE REVIEW

University includes 23 sexual assaults under Clery Act

MEGHAN JUSCZAK
Editor in Chief

Campus police emailed the findings of the 2016 Annual Campus Security Report to the university community Friday. The report, which includes statistics for crimes such as sexual assault and alcohol and drug arrests, shows an increase of nine sexual assault reports in 2015 compared to 2014's figures.

This year's findings included 23 instances of sexual assault (defined as rape and forcible fondling on and off campus in the report), up from 14 incidents in the 2015 report. Two years ago, in the 2014 annual report, only three incidents of sexual assault were included.

The information, which was released in compliance with the Jeanne Clery Disclosure of Campus

Security Policy and Crime Statistics Act, includes statistics not only for sexual assault, but for other notable crimes like alcohol and drug arrests, theft, and additional forms of gender-based violence.

The Clery Act is a landmark federal law that was created following Lehigh University student Jeanne Clery's rape and murder in her residence hall in 1986. According to the Clery Center website, in recent amendments the act particularly focuses on rights for sexual assault victims, expands reporting requirements and provisions dealing with registered sex offender notifications. It also requires schools to provide clear explanations of their policies following sexual violence.

Last October, Yvonne Simpson, the former Clery compliance officer at the university, said the reason the number of reports is

so low — and the reason the Clery reports do not match the number of Title IX reports — is because Clery is geographically-based. Only on campus and specific areas off-campus fit the criteria.

For instance, according to the Office of Equity and Inclusion's 2015-16 annual report, the office received 91 sexual assault reports last year, significantly more than the Annual Security Report's 23 incidents over a similar time period.

"Clery is what happened and where, whereas Title IX is what happened and who," Simpson said last fall. "It's helpful for people to understand that because people often look at the numbers and wonder why they don't match."

With apartments unfinished, students scramble for housing



KIRK SMITH/THE REVIEW

For many students, the prospects of finding off-campus housing brings the promise of freedom, away from residence halls. But many encounter problems along the way.

BRETT BLEE
Staff Reporter

Every fall, students face the task of figuring out where they will live next year. It sounds simple — find a group of friends, sign a lease together and then move into your new apartment in late August. However, for some students this fall, when they moved in, it was not into the apartment they signed a lease for.

Many students each year follow the tradition of camping out for the chance to live in a Lang Development Group property, which includes the majority of the apartments on Main Street. Despite sometimes waiting hours and then signing a lease, some students were forced to find alternate housing because construction on their apartments were not complete — with less than a month to go before their move-in date.

Lang informed the students that the apartments, although under construction, had a projected completion date of August 15. After signing a lease for the North College Crossing complex, they were promised a brand-new luxury apartment with modern kitchens, hardwood floors and two parking spots. Students took a risk and signed with Lang anyway, because Lang told them they would be put up in a hotel in the case that the building was not completed.

"My roommates thought that it would be nice to live in a new apartment building that was relatively close to campus," sophomore Cristyl Colon said. "When we saw that Lang Development Group was building new apartments, we decided to live there."

Colon and her roommates found out that their apartment was not going to be ready in July. The were nervous about finding alternate housing because they did not know what was available. Now, Colon and her roommates are living in the Main Street Courtyard, another Lang apartment complex.

Although Colon and her roommates were relieved that they found a place to live, Colon's parents were angry with the lack of transparency that Lang Development Group had with their tenants.

"We also had not gotten many progress reports about what is actually done on the new building, so we never really knew what was

going on," Colon said.

Colon and her roommates are currently paying rent for their apartment at a price per month that is similar to what will be their rent once they move into North College Crossing. Rent at North College Crossing will be \$650 each month plus utilities per roommate, according to Lang Development Group's website.

Junior Gwen Simpson and her roommates shared the same anger as Colon when they found out they could not move into their brand-new apartment.

"I was extremely frustrated," Simpson said. "It felt like I was being taken advantage of."

Unlike Colon, Simpson and her roommates moved into the more expensive One Easton, where the rent is approximately \$900 per month for each student, including utilities. Lang is covering the difference in rent for each of their relocated residents, Simpson said.

Although this semester has gotten off to a rocky start for the students who were supposed to live in the North College Crossing, former tenants and current Lang Development Group tenants in other buildings said they typically had good experiences.

Junior Ally Waller, a former tenant, said she had a positive experience and even let Lang use her apartment for tours.

"Lang gave us all \$100 gift cards during the fall," she said. "The staff is very professional."

Other than a few minor setbacks, she said she enjoyed her time living with Lang.

The last projected move-in date Colon heard is January, but she said she "does not know what to believe anymore" when it comes to her North College Crossing apartment.

After this process, she said she does not plan to live in a Lang apartment in the future.

However, as October arrives, and students start to sign leases for the next school year, Simpson and her roommates plan to sign again with Lang Development Group.

"I am extremely happy with my living conditions this semester and am so excited to move into the new apartment when it is completed," Simpson said. "I know it will be very nice!"

Lang Development Group declined to comment for this article.

Multicultural Greek chapters frustrated by new membership rule

YANXIN LI
Senior Reporter

Blueprint is an annual event that has been co-hosted by Stacy Chacko's historically Latina sorority, Chi Upsilon Sigma, for years. In May, Chacko was shocked to hear that the event had been rejected by Trabant Now because her sorority has fewer than six members.

Later in the same month, Chacko received a warning saying that any group without at least six members will automatically be considered "satisfactory" for the Greek Chapter Assessment Program (CAP).

After a summer without communicating with anyone at the university, her Greek adviser told her during their one-on-one meeting in early September that her sorority would be considered "satisfactory" because of the small size of its membership. Chacko said a "satisfactory" level makes it more difficult — if not impossible — to reserve certain rooms at the university, such as the Trabant MPRs. In the past, these large-scale events have been important recruiting tools not just for Chi Upsilon Sigma, but for all of multicultural Greek life.

"A lot of us were just not prepared for this," Chacko, who is president of the university's chapter of Chi Upsilon Sigma, said. "Just because my organization doesn't have six members, my program can't be qualified as a program that is new, unique and brings light to issues on the university campus."

According to the University Student Centers website, all registered sorority and fraternities

are required to participate in the Chapter Assessment Program (CAP). Each chapter will be evaluated on academic standing, community involvement, chapter management and member development.

Social and recruitment privileges are determined by the achieved level of assessment: Gold, Silver, Bronze, Satisfactory or Needs Improvement. According to the website, in order to achieve each level, each organization must have at least six members. That being said, Greek organizations, including the ones with fewer than six students, still need to participate and will be graded using CAP points.

While panhellenic sororities and fraternities often have several hundred members, the university's multicultural Greek organizations historically have had smaller pledge classes that may include only two or three students.

So, no matter how many points some of the multicultural Greek organizations receive during the school year as they attend events, they would still be considered as "satisfactory" because of the lack of members, Chacko said.

"It is frustrating because in the past, there have been four or five sisters that have had to run this chapter alone, and they've had it done successfully," Chacko said. "So why is [the university] now all of a sudden putting this pressure on me?"

Anna Huang, the president of Delta Phi Lambda, a historically Asian sorority at the university, said she also was blindsided by the new six member rule — she was first informed of it during the CAP training, which occurred two

weeks ago.

"For me it was kind of a shock," Huang said. "For that to happen, it weighs down on us because what is the point of doing CAP? Even if it is counted value-wise, we will still be under 'satisfactory.'"

Huang said she doesn't feel comfortable about this rule. She said even though she has attended a decent number of events every year, the organization will not be ranked under their usual category.

"There [are] pros and cons of the CAP [system], but the main thing is all about the numbers," Huang said. "And it has affected us a lot."

Chacko said she knows the six members rule has been around for some time, but had not seen it enforced until this fall.

Her Greek adviser did not tell her about the rule until they met individually in early September. Chacko also said the officials were not willing to stress this rule at the CAP training two weeks ago.

"I feel like the university tries to save face or something," Chacko said.

Chacko said they tried to discuss this problem at the Multicultural Greek Congress meeting with advisers who are involved in changing the CAP rules. Her advisers said the message would be relayed to their superiors.

In the past, her sorority almost always received gold and silver ratings for CAP, she said.

"But now it's like, why try?" Chacko said. "Because we are just going to get satisfactory and we are just going to be told we cannot have certain events. It's just frustrating."



Amid rumors of clown sightings around campus, the university police have commented that there are no credible reports of clowns around campus thus far (also noting that it is not illegal to dress as a clown). In honor of the red-nosed creeps, we've hidden several clowns throughout the paper. Halloween came early this year.

Black veteran inductees highlighted in Aviation Hall of Fame

DREW WEBB
Staff Reporter

Families, friends, pilots and Air Force veterans from all over the state gathered in Clayton Hall's conference center Saturday for the 15th annual Delaware Aviation Hall of Fame (DAHF) Induction Ceremony.

This year's class was the most diverse yet with the induction of two African-Americans. Since the first ceremony, there have only been three black inductees total.

The ceremony began in the front lobby with a wine and cocktail reception while casual conversation was accompanied by the sounds of the Delaware National Guard's Stardust Knights Jazz Combo. This was also a time to meet the six inductees, and observe their accomplishments through various memorabilia.

The class of 2016 included LeSans Alexander, David Archino, David Ham, Fred Johnson, Thomas Nale and James Vreeland.

Among this year's inductees, one stood out in particular.

Fred Johnson, 91, is Delaware's last surviving Tuskegee Airman and the second among those inducted into the DAHF. Walter Evans Sr., founder of the Tuskegee Airmen's Delaware chapter, was inducted posthumously in 2001. Evans passed away a year prior to his induction.

Johnson was a member of the 477th Bomber Brigade, which did not get to see field action in World War II because of racial discrimination within the military. Due to a lack of resources and subpar training, the black pilots were not as prepared as they should have been. In addition, they faced prejudice and bigotry within the system.

Racism, however, did not stop Johnson.

"We just took the attitude

that we were as good as them and could do anything," Johnson said. "I didn't feel any different."

Though the 477th Brigade was not deployed overseas, they did win the battle against discrimination. In 1948, President Harry Truman signed Executive Order 9981, which provided several points of equality and inclusion within the military.

Johnson became a second lieutenant in April 1945 after years of training and relocation. He decided he wanted to defend his country and volunteered for the Army Air Corps while in his third year studying pre-med at Indiana University.

Before that, he graduated from Howard High School where his father, the son of a former slave, was the principal for 35 years. After his service, Johnson went on to be a teacher at Warner Junior High School in Wilmington, where he taught earth and physical science and also coached champion track teams. He was the first African-American to teach at the school.

Another notable inductee was LeSans Alexander, who is not only the first Air Traffic Control veteran inductee, but also the first African-American woman to receive the honor.

Alexander joined the force in 1981 during the Ronald Reagan era, when, she said, the air traffic control was dominated by men.

"The field has changed with the women's power movement," Alexander said of the air traffic field. "At least now we have a fair chance."

Alexander served as an air traffic controller in the force for about 16 years, and still works for the Department of Defense. She has many accomplishments under her belt that include supervising the Air Route Control Center, the Dover Tower Facilities

and the Pentagon Tower. She has also trained 65 American and international controllers.

"I don't know what happened to the normal military accolade where you just shake, salute, drink your wine and sit down," Alexander said, followed by crowd laughter after she was presented with the first medal of the night by her wingman, Mike Parry.

Alexander's husband, Anthony Alexander, is also a current air traffic controller at the Dover Air Force Base.

"I taught him everything he knows," LeSans Alexander said. "I was always better."

The DAHF also honors the younger generation with the Youth Achievement Award, which this year was given to Dylan Kelsall, a student at Lake Forest High School in Felton, Del.

Last year, the award was given to Moriah Graham, a student at Smyrna at the time, who was the first African-American student in Delaware to receive a private pilot's license.

While the number of active pilots is declining, students are encouraged to broaden their experiences in the air. Also during the banquet, chapter 240 of the Experimental Aviation Association (EAA) had a table with pamphlets and a sign-up sheet to join the Young Eagles. The chapter celebrated their 50th anniversary this year.

To be inducted into the Hall of Fame, one has to be nominated by another individual. This year's inductees are recognized for their efforts in building aviation in Delaware as well as providing their services for our country. DAHF Board of Trustees member Duane Brown said part of the satisfaction of flying is to be successful in the field, like the inductees are.

Banned Books Read-Out gives challenged literature a voice



MINJI KONG/THE REVIEW

Students come together to celebrate their favorite banned books.

SARAH GIBSON
Senior Reporter

The words of Salinger, Bradbury and Shakespeare rang out in the small library room on a rainy Friday morning, in addition to the words of dozens more authors. As students and faculty members took turns reading passages from banned and challenged books, Sigma Tau Delta and the university library celebrated the freedom of literature at the fourth annual Banned Books Read-Out.

April Kendra, faculty sponsor of Sigma Tau Delta, the university's English honors society, has organized the event every year.

"I'm a professor of English, I care deeply about books," Kendra said. "Sometimes we need to be confronted with things we disagree with."

One of the challenges Kendra faces in creating this event is that national Banned Books Week takes place during the last week in September. Since classes start relatively late at the university, that doesn't give her a lot of time to advertise and organize, Kendra said.

Kendra typically involves whatever class she is currently teaching in the event. This year was Approaches to Literature, a course for non-English majors. Banned Books Week allowed Kendra to focus the class entirely on looking at banned and challenged books.

"It was really great to be able to reach out to people who are non-English majors, who may not think of themselves as readers," Kendra said. "What I keep saying is book challenges are going to affect you as a parent, as a student. The majority of challenges are brought to school texts."

For the first time this year, the library was also involved in organizing Banned Books Week.

Meg Grotti, assistant head of instructional services at the library and a member of library diversity committee — the group that pitched in to co-sponsor the read-out — partnered with Kendra to raise awareness of book censorship.

"At the library, of course, we believe in the freedom to read and the freedom to view," Grotti said. "The library did a bunch of different things to complement the read-out and banned books awareness this week."

Grotti said the library made a guide to banned books and intellectual freedom and a guide to banned film, since the restriction of ideas isn't limited to books. In addition, an exhibit was displayed in the library, including a 1632 copy of Galileo Galilei's "Dialogo," the book that led to his condemnation as a heretic for writing that the Earth revolves around the sun.

"I loved so many of the readings, but I think for me the

reading of 'To Kill A Mockingbird' was really special because I think of that as a great American novel," Grotti said. "So, thinking about that in the context of 'Who doesn't want that out there?' and 'What does it mean to have that book out there?' was a very thoughtful moment for me."

In addition to the Banned Books Read-Out, there was a recording studio open in the basement of the library for people to record themselves reading banned books. This first annual virtual read-out allowed students and faculty members to make recordings of three minutes or less to describe their relationship with a banned book, discuss censorship or simply participate in the read-out from afar.

"I try to be fair to people who challenge books, and I will say this: they are acting out of a sincere desire to protect their children, and they, perhaps more than anybody, believe in the power of books," Kendra said. "They do recognize how profoundly a person can be changed by a book."

The read-out allows students and faculty members to stand in front of the audience for a few minutes and read from books that have been challenged in the past, typically from school curriculums.

The list of challenged books exceeds 1,000 volumes, many of which seem harmless — including the "Harry Potter" series, "Where the Wild Things Are" and other books appropriate for children. They are challenged on the grounds of encouraging disobedience, mentioning alcohol use and homosexuality.

"If it's at all a meaningful book, it's going to contain some things that are controversial," Kendra said.

The first year of the read-out, an English professor approached Kendra requesting that his class read out the poem "Howl" together, with each student reading a few lines. They all waited for over an hour to read, and just when they were about to go up, Facilities came to take down the set-up.

"I thought 'Isn't this funny, we aren't going to get shut down because it's obscene, we're going to get shut down because there's not enough time,'" Kendra said.

She spoke to the man from Facilities explained that the students had been waiting for so long and only wanted to read the one banned poem. He agreed to let them, and his reaction still touches Kendra to this day.

"He stood there and he listened for a few minutes, then he said 'Well, there is nothing wrong with this,' and he went over and actually adjusted the volume because he thought it wasn't loud enough," Kendra said. "It was the most beautiful thing."

Engendering awareness and eradicating stigma: The Preconception Peer Educators

KEN CHANG
Managing News Editor

"If a girl is on birth control, should her partner still wear a condom?" senior nursing student Courtney Kovacs asked a ruminating audience of 40.

A hand in the crowd shot up.

"Using condoms with the pill can help better prevent unplanned pregnancy and it can also protect against the spread of STDs," the audience member answered before clearing her throat and reclining back into her seat.

This, hopefully unsurprising, response was one of many that could have been overheard at the Preconception Peer Educators' (PPE) annual training session, an event held in STAR Campus' Health Sciences Complex on Saturday afternoon.

As the president of Delaware's student-led chapter, Kovacs, along with senior nursing student and vice president Molly Connole, organized the eight-hour long seminar — which addressed various topics in sexual health ranging from alternative forms of contraception to issues regarding infant mortality — to recruit new members into their organization.

A division of the "A Healthy Baby Begins with You" campaign, the PPE program was launched in 2007 by the National Office of Minority Health (OMH) to raise awareness surrounding infant mortality in minority and low income communities.

Their approach to correcting these prevailing social problems centers around the need to erase a longstanding, silencing social stigma — one that has long plagued sexual health education in the United States — with open dialogue.

"What we like to stress is that we are not necessarily promoting anyone to have sex, we are promoting the accessibility of information about sex so that, when they are ready, they're making the right and healthy decisions and will have the resources to do so," Kovacs said.

The services the club provides, namely for lower income populations in the state, come in the form of both campus and community outreach

events. Through these efforts, the PPEs, in conjunction with local organizations like the Delaware Healthy Mother Consortium (DHMC), work to decrease the number of unplanned pregnancies and reduce the incidences of infant mortality.

By making the necessary resources for a comprehensive education on sexual health available, the PPEs provide an invaluable service to individuals with inadequate access to contraceptive education — a need that is magnified in the state of Delaware.

As of 2011, Delaware was one of the highest ranked states for its number of unintended pregnancies, exceeding the national average of 45 percent by more than 12 percentage points. With a rate of 62 unplanned pregnancies for every 1,000 births, the cost to the government to provide publicly funded family planning services is estimated to be upwards of \$94.2 million, \$36 million of which was paid by the state.

"There's definitely a lot of gaps [in sexual education], Connole said. "It's unfortunate because they're coming out with all of these really effective birth control methods, but not everyone has the same access to them."

The PPEs recognize the financial barriers to healthcare and educational resources as a primary contributor to the state's high rate of infant mortality, where Delaware again exceeds the national average with 7.62 deaths in every 1,000 births, according to the Center for Disease Control (CDC).

For this same reason, the community outreach events organized by the PPEs aim to use proactive, preventative measures to address these social problems, according to Kovacs.

"Our community outreach events tend to be more popular with our members," she said. "Those are the events where we actually get to go into the high schools and middle schools, whether it be Christiana [High School] or McKean [High School], and talk to the students about these issues."

The PPE program began at this university when adviser and tenured professor Gail Wade brought four of her students from the nursing

department to a seminar, not unlike the one hosted on Saturday, at the University of Pennsylvania. Now, the registered organization has more than 40 certified practitioners.

Nevertheless, while the club has grown in both size and influence since its inception in 2010, Wade cites membership as an enduring challenge that the organization continues to face.

"The main difficulty is, each year, we have to host a training session to try and recruit more PPEs so we can keep the program going," she said.

Initiatives like these, in tandem with regular recruitment efforts, however, allow for their organization to develop both inwardly and outwardly, Kovacs said.

"I had the opportunity to speak at the Delaware Healthy Infant Consortium this past spring and speak about what we're doing here at the university," she said. "Now, it's great to see people from Delaware Technical Institute and Wellesley College here to start their very own PPE programs on their campuses."

With Kovacs and Connole entering their final year at the university, the PPEs hope to continue this tradition of growth and enable the organization to further effect positive change on the community.

"Each semester, we do about 10 to 15 community outreach events," Kovacs said. "The more members we can train, the more people we can send out into the community to provide these resources about life planning and birth control."

This year, their recruitment efforts have returned 12 additional members this year, according to Wade.

For Connole, a validating and rewarding byproduct of being a PPE is connecting with young people in order to foster healthy familial relationships and give young teens the tools they need to take control of their lives.

"I went to a Catholic school growing up and our entire sexual education was abstinence, which works until it doesn't," Connole said. "That's why it's so important to provide this education to the members of the Delaware community."



ALL PHOTOS: XANDER OPIYO/THE REVIEW

UDance FTK Flag Football

Last Tuesday, UDance, the university's largest student-run philanthropy, hosted a FTK flag football event from 4-7 p.m. on the Harrington Turf. The proceeds of the event go toward UDance's yearlong fundraising efforts to benefit The Andrew McDonough B+ Foundation, a nonprofit that funds childhood cancer research and supports patients and families. UDance will host its annual dance marathon and reveal its fundraising total in March.

Bringing together creative writing and environmental humanities

EMILY TYREE
Staff Reporter

Gore Hall quickly filled last Monday night with students, faculty and others interested in learning more about creative writing and environmental humanities. John Ernest, chair of the English Department at the university, opened the event that would feature wonderful creative writing practitioners. Ernest elaborated on how the English department at the university brings two important aspects together: creative writing and environmental humanities.

"Creative writing is not a luxury, it is a necessity if we are to envision a better world, better lives," Earnest said.

English professor Lisa Dill, newly pronounced a fellow of the Delaware Division of the Arts in creative writing, then took the podium and discussed her novel about her adventure on the Missouri River. She explained how her experience opened up her mind to a whole different perspective.

"The thing that is important to me about this trip is not that I went and had this crazy, ridiculous, adventure," Dill said. "What is important to me is that it changed the way that I think about the way that I see things."

Dill introduced the feature speaker, Scott Sanders, who holds titles including distinguished author, professor, public speaker and more.

He has written fiction and nonfiction books, and shared with the audience one of his science fiction stories titled "Clear Cut." Through science fiction, he addresses concerns about how cause harm, make peace and relate to one another and our home planet. "Clear Cut" is part of that larger effort.

After reading his story, Sanders laughed at how he ended on a "dark note." When an audience member asked why he decided to end it that way, Sanders responded by explaining that people his age will not see the worst of it, but his grandchildren will.

"It's not possible to make art without believing in the human capacity to change," Sanders said.

"We have the resources to turn things around. Whether we do it, who knows."

Sanders answered another audience member's question about the intersection between environmental issues and feminism that he drew on in his story. He alluded to the idea that women and nature are paralleled, so if you treat women subordinately then you also subordinate nature. He further elaborated by explaining how he does not think women possess a wiser attitude toward the Earth than men, but rather believes women are much more informed on human suffering, abuse, empathy and vulnerability.

A question that generated a smirk from Sanders was what a hypothetical sequel to his book might look like. He explained that he has not thought about what the sequel

would potentially be; however, he has addressed it in his personal life with his wife. The question is whether or not the couple in his book should decide to have children.

On one side, Sanders explained, is the question of whether or not you feel in your own circumstances that you can provide for a child, support them and care for them. On the other hand, is the question of whether or not you want to add another mouth to feed in our world. He elaborated, stating that the world population has tripled in his lifetime, so thinking strategically and making smart decisions is crucial to him.

"We need to remember we have these capacities and humanities... because we desperately need them," Sanders said.

McKay Jenkins, journalism professor and director of the environmental humanities program, applauded Sanders for his skillful writing about the reasons that non-human things are important to us. He said he understands that it is difficult to convey that in a story.

"In that story, [Clear Cut] you really feel for these trees that are getting cut down and that's difficult to do in a piece of fiction," Jenkins said. "He brings a compassion to his characters that are human and non-human."

"I hope we can have a lot more events like this," he said.

Mindfulness “a no-brainer” for some students and faculty

KERRI WHELAN
Staff Reporter

Whether it be keeping scholarships or paying rent, students have plenty to be stressed about. But how is that stress solved? By going through a cycle of doing the work, getting the grade back, drinking in celebration and waiting for the next load of assignments bring the stress right back? There is an answer that some professors and avid students of mindfulness believe to work — meditation.

Neuroscience professor Amy Griffin teaches a winter session course called Zen and the Brain. She said meditation is about being present with whatever is going on in your head and using the breath as an anchor to the present moment.

"You are not your thoughts and your thoughts are not as important as you think they are," Griffin said. "Meditation gives you the realization that your thoughts are just thoughts, they're not solid and it's okay to let them go."

Alan Fox, a philosophy professor and expert on Buddhism, said the problem with meditation is that people avoid it because they assume it is a religious activity, but it is not.

"To me it's like gym class, a way to insist people take care of themselves," Fox says. "I don't know why we aren't teaching it as part of the curriculum from kindergarten since it can help with improving the climate in the classroom."

One school in Baltimore has already seen benefits from teaching young students meditation. A recently trending news story from Upworthy covered Robert W. Coleman Elementary School and its decision to replace detention with meditation. After implementing the new policy, the school found that children engaged with meditation and

suspensions decreased to zero over the course of the year.

Alumna Sarah Ottino, former vice president of the Yoga Club and avid meditator, said she would have benefitted from a meditation program replacing detention.

"When I was in high school, I got detention a couple times and just sat there not doing anything, wishing I was somewhere else," Ottino said. "Utilizing that time to teach something instead of saying, 'sit here and don't talk' would have benefitted me a lot."

Griffin said she is not surprised at the results from the meditation program for elementary school children in Baltimore because it can take away the intensity of troubled children's emotions.

"When you're sitting in detention, there's self-judgment," Griffin said. "One of the biggest ideas in meditation is to let go of self-judgment."

Griffin also said a meditation program for college students would be especially beneficial because of how stressed and critical they can be about themselves. She says "making friends with your mind" is a key technique and helps one learn compassion and acceptance.

Ottino said meditation for college students is useful because it is hard to find time for oneself when balancing academics, work and social life, and meditation provides time for self-care.

"The working world put things in perspective for me and how important it is to make time for myself when things feel crazy," Ottino said.

Griffin and Fox said meditation has extra benefits including less depression and anxiety, helping recover from substance abuse and coping with trauma.

"It's beneficial for everybody," Fox said. "It's a no-brainer."

Crime update: Underage consumption high in September

RAQUEL MORRIS
Senior Reporter

Underage consumption charges are up from last September for both UDPD and Newark Police.

Last September, there were 50 underage consumption reports made on campus. This past month there has been 70 reports on campus.

During the weekend of Sept. 23-25, nine reports were made for on-campus, underage consumption out of the total 22 reports for the three days.

On Sept. 19th, multiple Delaware police departments arrested 180 students with underage consumption at a university fraternity party. Although the report was under the Newark Police, the department received assistance from the Delaware State Police, Delaware

Alcohol and Tobacco Enforcement, UDPD and the Middletown Police Department. One student was found to be unresponsive and was transported to the emergency room. The party was hosted by APES, an unsanctioned fraternity not recognized by the university.

According to the Newark Police Department's weekly report, "the goal [of the department] is to reduce the extremely large house parties that disrupt neighborhoods and endanger the underage consumers of alcohol."

The Newark Police Department also has begun planning for this year's Homecoming and Halloween weekend, Oct. 28-30. Extra officers will be on duty and the police department will coordinate with the City of Newark Code Enforcement Division.



MICHELLE

CONTINUED FROM PAGE 1

Also at the event to endorse Clinton was Pennsylvania State Senator Art Haywood, who spoke on a range of prominent issues including raising minimum wage, lowering college tuition and tackling racism in America.

"I trust that Hillary Clinton recognizes that black lives matter," Haywood said. "We can stop the rise of racism and hate, or we can release it."

Josh Shapiro, attorney general candidate, also made an appearance, where he discussed the importance of maintaining the 'first

lady manners' during this campaign and echoing the Clinton campaign's now signature moniker: 'When they go low, we go high.'

All the speakers emphasized the importance of voting in this election, particularly directing their message toward the many young people in attendance. As audience members exited the event, campaign volunteers were ready with clipboards to register people to vote or sign up additional campaign volunteers.

"Right now we have the opportunity to elect one of the

most qualified people to run for president," Obama said. "No one has had as much exposure to the presidency. Not Barack, not Bill, nobody. And yes, she happens to be a woman."

Tim Kaine, Clinton's running mate, will be campaigning in Philadelphia on Wednesday, the day after the vice presidential debate. The event will be hosted at the Sheet Metal Workers' Union 19 Hall, where he will primarily address concerns about the economy.

New program aims to inspire creativity and innovation in students

SHANNON MURPHY
Staff Reporter

Tuesday morning, dozens of students gathered under the opulent ceilings of Daugherty Hall to share breakfast with the provost and deans from each of the university's seven colleges. These students are members of an elite group, new this school year, called the Delaware Innovation Fellows Program (DIF).

More than 350 freshmen applied, but only 40 were handpicked to join the cohort. DIF, administered by the Horn Program, selected new fellows based on the criteria of creativity and leadership. The selective enrichment program works with student fellows over four years to build skills in professionalism and entrepreneurial thinking. Students will receive access to internships, a grant to work on a project of their choosing and unique opportunities to engage with other entrepreneurs and professionals.

According to its website, the program seeks to "empower students who want to change the world by giving them the knowledge, skills, connections

and access to resources needed to successfully manifest innovation."

Freshman pre-vet major Jaclyn Soulas spoke highly of DIF and is excited to see how the program will help her accomplish her goals.

"There are so many opportunities for connection and this breakfast was a great example of that," she said. "I'm very interested in veterinary medicine and how it relates to innovation and improvements in the field. I want to learn what issues there are to tackle or what could be improved upon and network with other people in order to solve those issues."

Though it focuses on entrepreneurship, the program is not just for business or science majors. Student fellows come from a wide variety of disciplines, representing more than 25 majors. The program aims to support students in applying the mindset of creativity to whatever their passions may be.

"I like to write a lot, so I wanted to figure out ways to market myself to people so that I can write for them," Dyan Gerstley, a freshman English education major, said. "I want to be more business-minded."

Provost Domenico Grasso addressed the group and discussed how learning to think in other people's shoes is the best way to achieve a creative thought process. He stressed the importance of making full use of the outlets and resources provided through DIF and encouraged students to take classes in fields outside of their major.

"Luck is when preparation meets opportunity," Grasso said. "If you're well prepared, you can take advantage of different situations."

Program Director Dan Freeman also hopes that diversity will foster greater creativity in students.

"The goal is to bring together a like-minded group that has very diverse interests in terms of interdisciplinary studies in a community, so that they can interact and engage around important problems," he said.

As for the future of the program, Freeman envisions bright things.

"I see it continuing to flourish," he said. "It is something that the Horn Program and the university are committed to and I think it's going to become one of the signature programs of the university."

Upcoming law may allow microbreweries in the city



CHRISTIAN BENSELER/THE REVIEW

The city of Newark is deliberating over whether or not to allow for small-scale alcohol production in the form of microbreweries and beer gardens.

LARISSA KUBITZ
Senior Reporter

A new law on the table for the city of Newark seeks to allow the establishment of small-scale alcohol production in the form of microbreweries and beer gardens.

According to the website Brew York, a beer garden is defined as "an open air space where beer and food are served." The small-scale production, often of specialty or craft beers, is what distinguishes microbreweries from traditional breweries, according to Hop and Wine Beverage.

Prior to this possibility, the production of alcohol has not been permitted within Newark, and even serving alcohol is strictly limited to businesses qualified as "full service restaurants."

Maureen Feeney Roser, Newark's director of planning and development, said that these firm restrictions were put in place in an effort to minimize overconsumption and other negative effects on the community.

The new law being considered is in light of the growing demand for craft brews and the projected benefits these businesses could pose for the local economy, Roser said.

Under the new law, residents could see small-scale wine and beer production as well as tasting rooms, taprooms and beer gardens sprout up in Newark.

Roser said the project still is in its primary stages.

"The planning and development department is currently

researching other communities, which also regulate alcohol sales municipally to determine how to best craft legislation which will benefit underutilized commercial and industrial space in our community," she wrote in an email.

Rose emphasized that protecting the quality of life for Newark residents is a priority. The matter will officially be examined by the planning board in November, after which the city council provides its input on the new revision to the alcohol codes.

Most council members seem open to the proposal to make room for small scale alcohol production in Newark.

"I'm all for it," Councilman Todd Ruckle told the News Journal. Ruckle explained that the change would be reasonable as long as alcohol production facilities were not installed in residential areas.

Councilwoman Jen Wallace was similarly supportive but cautious towards adopting the new law.

She told the News Journal that water usage and the impact of waste on the environment would have to be taken into consideration if the new alcohol production permits were granted.

Wallace also said that approval for microbreweries should not be universal, but regulated based on a special-use permit that would require entrepreneurs to go before the city council.

Ruckle said he is not concerned about the attraction of students to potential microbreweries, citing a youthful disinterest in craft beers and how they are made.

Festival of Nations celebrates diversity of cultures

MARISSA NARDELLA
Staff Reporter

The scene at the Festival of Nations was a huge affair, with people shouting and speaking in different languages all over the multipurpose room in Trabant. Between the fashion show, the talent show and the constant activity of the cultural fair, there was an impressive array of attractions.

On Friday, the English Language Institute (ELI) at the university put on the annual Festival of Nations. ELI tutoring center manager Ken Hyde has worked at ELI for twenty years, first as a tutor, then as a teacher and now as an administrator.

"It's a celebration of international culture and heritage," Hyde said of the festival, which he helped organize this year. "It was originally created to be a way for the ELI students to share their heritage and cultures with the rest of the university."

Since its beginning approximately 14 years ago in the lobby of Smith Hall, the festival has expanded to appeal to ELI students as well as the broader Newark

community. This year, tables at the cultural fair represented countries such as Saudi Arabia, China, Turkey, Rwanda, Tunisia and Brazil, and even a few university RSOs, such as the German Club and Amnesty International.

One of the tables hosted People to People International (PTPI), an international organization dedicated to creating long-lasting cultural connections around the globe. President-elect Carla Sydney Stone was representing the Wilmington chapter of the organization and noted that PTPI has been working with the ELI for over 30 years.

"We have hosted their students, we have applied at dinners...we have brought them speakers, we have matched families," Sydney Stone said.

Some tables offered chocolate, candies or foods native to their countries to the crowd to draw people in. Others, such as the Japanese table, included interactive activities like folding origami. At the Chinese and Kuwaiti tables, people could see what their names would look like written in Chinese

and Arabic, respectively.

Junior Hassan Al Bulushi was one of the people in charge of manning the Omani table. It included everything from pictures of the greenery in Oman, to traditional headwear that is unique to Oman, to general facts about Oman, which is located next to Yemen on the Arabian peninsula.

"Our purpose in having this table was actually to represent Oman to people who have never heard of it and to let all the people — all the students here at UD — know the most interesting things about Oman," Al Bushuli said.

The fashion and talent shows also featured a diverse variety of acts. Hyde acted as the fashion show's master of ceremonies, where models entered in traditional wear for each of their nations. The talent show included everything from the Belly Dancing Club's performance, to current ELI student Orhan Demir playing a song inspired by the rhythm of Turkey, to Confucius Institute staff member Xingqin Liu performing a traditional Chinese cultural dance and more.

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EDITORIAL

Editorial: Campus community must destigmatize mental illness

Eight percent of all undergraduate students have suicidal thoughts, according to CDC statistics. Despite years of intense scrutiny, suicide remains the second highest cause of death in the 15-24 age group. There are more than 1,000 suicides on college campuses per year.

Universities across the country should commit more attention and resources to addressing mental health issues. It is unacceptable for universities to offer limited resources when lives on the line.

Our university has been receptive about this issue in years past, although the Assanis administration has yet to reveal how much they intend to focus on the issue. There are a number of resources available on campus, such as a 24/7 UD helpline available at 302-831-1001. A limited number of free counseling sessions are available to all matriculated undergraduate students at the Center for Counseling and Student Development. The Dean of Students Jose Luis-Riera is a known ally for students, especially those who struggle with mental illness in the pursuit of their academic degree. Resources exist, but they, as well as UD students, suffer from the limited visibility of different services.

There are apparent solutions to remedy the situation in the short term. Residence Life must continue to connect freshman with available resources such as counseling and hotlines. There should be floor and building programming consistent across freshman housing that ensures every student that arrives on this campus is made aware that help is available and that it is okay to seek it.

Another method to bring awareness to mental health issues and appropriately handle such issues between peers would be to mandate annual training for leaders of Registered Student Organizations. RSOs on campus come into contact with the majority of the student body. Training leaders of such groups would allow them to direct their peers to help in case of a crisis. It would not only make campus leaders aware of the different aspects of the issue but also decentralize and expand the support system that exists on campus.

Increasing funding in mental health infrastructure here on campus would be a more direct method for change. Right now the counseling center is understaffed and underfunded, which is possibly why undergraduate

students are provided with limited university counseling sessions before they are referred to an off-campus professional that will often charge hourly rates for such sessions. While unlimited on-campus sessions may not be financially viable, the counseling center should consider students' cases individually before creating limits. It should also advertise its support group options more visibly.

There is only so much the administration can do if the university community does not step up as well. We as a collective student body need to work to erase the stigma around mental health. It is disappointing that many find it shameful or embarrassing to seek help in such situations. We are all human. We all have emotional and psychological needs and we all need help at one time or another to succeed in our endeavors. Together we must recognize that and be supportive of each other.

Familiarize yourself with the warning signs of depression in order to recognize if a friend is having trouble. They are different for men and women. Sometimes recognizing a friend is in need and reaching out can help in and of itself.

It is not enough for our friends to be supportive if we ourselves are not willing to admit we need help and to actively seek it out. Do not be ashamed if you need help. Depression can affect anyone — it does not matter if you are a successful middle-aged adult, a teenager whose self identity is in flux or a student adapting to college.

We as a campus community cannot afford to give up on the eight percent of undergraduate students who have suicidal thoughts during their time at college. We must work together to end the stigma surrounding mental illness and help our friends — and ourselves — get the help we need.

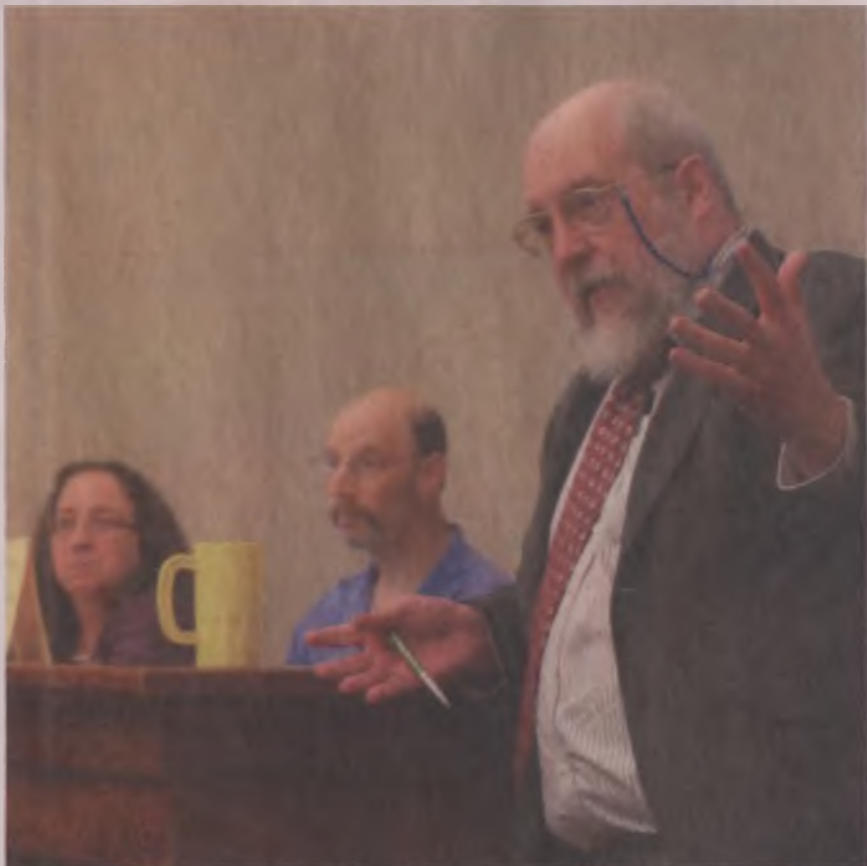
Editorials are developed by The Review staff, led by editorial editor Jacob Orledge.



MADISON BACON/THE REVIEW

Far too many students do not know about their mental health resources on campus.

Two-tiered retirement benefits? Just say “no!”



MELISA SOYSAL/THE REVIEW

Many Faculty Senate members are part of the union, and are frustrated by the recent changes made to their retirement benefits.

In its shocking initial contract proposals in February 2016, the administration sought to end retirement leaves and retirement payouts for all faculty members within six years. Following a unanimous rejection of these proposals by the AAUP's Steering Committee and a surge of AAUP membership last spring, the administration modified its proposals for both retirement leaves and for the retirement payout. Instead of ending major retirement benefits for all faculty members, the administration has proposed two tiers of retirement with current faculty receiving them and new hires not receiving them.

This two-tiered proposal is unacceptable for at least two reasons. First, the proposed “grandfathering” of retirement benefits for all current faculty members would be valid only for the duration of the next contract, after which everything would be subject to renegotiation. Second, by creating deep divisions within the faculty, these proposals would undermine trust and collegiality. Instead of building faculty morale, they would generate resentment among faculty members. By the mere difference of being hired after a specific date, some faculty members would have

significantly better retirement options than their more recently hired colleagues. This is no way to maintain an academic community with a shared sense of mission for educating our students and building collaborative research and educational programs. Moreover, disadvantaging the younger generation is certainly not an example that administrators or faculty members of an institution of higher education should set for their students.

Two tiers of retirement benefits would divide our faculty against itself in future contract negotiations and thereby weaken its bargaining position. Older faculty members with supposedly “grandfathered” retirement benefits would be motivated to preserve these benefits, while younger faculty members without these benefits would have no personal stake in preserving them for their older colleagues, who had agreed to such an inequitable arrangement. These divisions could easily be exploited by the administration to the detriment of both older and younger faculty members. This can be viewed as a “divide and conquer” strategy.

Retirement benefits are provided by our Collective Bargaining Agreements, which must be renegotiated by the AAUP and the administration, usually

every three years. Weakening faculty unity and solidarity in contract negotiations would severely complicate both the current and future negotiations. Over time, as the proportion of faculty members eligible for retirement payouts and with higher 403b university contributions declined, it is likely that these benefits would lose support by faculty in future contract negotiations. With the weakening of faculty unity, the administration's original proposals to end these benefits for all faculty members, including those whose benefits had supposedly been “grandfathered,” would become more likely.

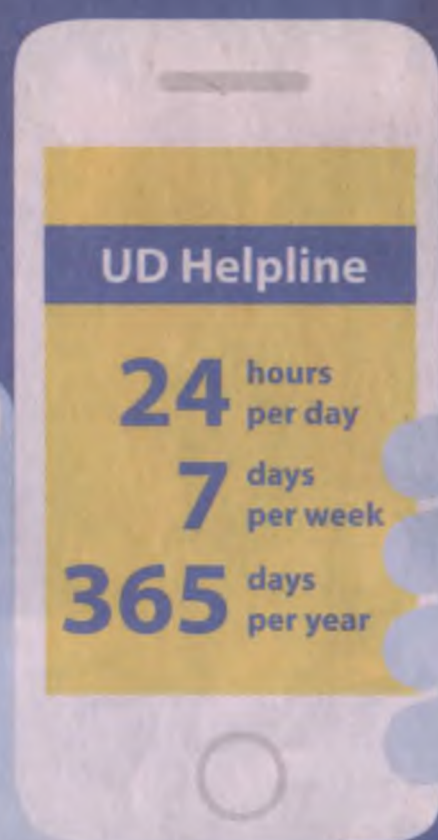
The AAUP shall not acquiesce in the administration's attempt to induce our faculty to disadvantage their younger colleagues in future years. Unity across generations is necessary not only for our own financial well being, but also for preserving our ethical values and upholding our own fiduciary obligations to future generations of University of Delaware faculty members.

- Statement from the UD AAUP

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ALL PHOTOS: GRACE MCKENNA/THE REVIEW

When your first concert is Beyoncé, it is not so hard to try something new.

Mosaic Tries Something New: First concert

GRACE MCKENNA
Senior Reporter

Beyoncé walks onstage amid backup dancers, an all-girl band, fireworks and confetti. She smiles through the rain, and her presence is just as bright as the flames erupting behind her. She outshines the lights glistening from the rain, and her voice is exactly how it sounds on the radio.

Never did I think that my first concert would be The Formation World Tour, which stopped in Philadelphia on Thursday night. I imagined somebody more obscure, somebody who wasn't the pop queen herself.

Beyoncé is...Beyoncé. Everybody knows about Beyoncé, the 20-time Grammy winner, mother of Blue Ivy and wife to rapper Jay Z. Before all of that, she was a member of the girl group Destiny's Child, where she got her start. Her most recent album, "Lemonade," has more than one million sales to date. So when she took her tour to Philadelphia, I decided it was time for me to finally attend a concert.

Before the near two hours of the ethereal enjoyment that was Beyoncé's performance, DJ Khaled hopped onstage for an hour. This was about an hour before the lights in the stadium even dimmed, and he teased the audience repeatedly.

"Are you ready for Beyoncé?!" he shouted, for the fourth time in a half hour.

"WE'RE MORE THAN READY!" the audience responded, again and again, every time he asked. You would think, at some point, he'd get that we were ready for Beyoncé. I was ready to experience my first concert.

Then she finally arrived.

In the rain and the cold, I didn't expect Beyoncé to look as incredible as she did. The diva walked out in her latex and lace bodysuit with the wide-brimmed hat, featured in her "Formation" music video, singing that exact song.

I was awestruck, and so were my friends. Beneath the shivering rain, Beyoncé laughed, sang, rapped and danced with ten of the most talented backup dancers I have ever seen. When she sang the line, "he better call Becky with the good hair," from "Sorry," the audience sang along rigorously and Beyoncé smirked so hard I thought she'd forget the next line.

Beyoncé sang every single one of her most famous songs within the span of an hour and 45 minutes. The audience knew every single word, too. Maybe that's how concerts always are, but as a first-time concertgoer, I was stunned by the thousands of people with impeccable timing who never missed a lyric.

Little kids, moms, dads and even grandparents danced to all the number one hits Beyoncé could fit into one concert. From "All Night," to "Drunk in Love," from "Me,

Myself, and I," to "Countdown" and "Love on Top."

During outfit changes, she kept the audience just as mesmerized. Videos of baby Blue Ivy and of her fans' excitement over album releases had us laughing, crying, kissing and hugging all night long. Maybe she knew we were cold too, because bursts of fire came from behind her nearly every time she came back on stage.

Outfit changes included her new activewear line, Ivy Park. Bedecked in thigh-high boots, fishnets, a gold sequined t-shirt dress and hat and coat to match, she dazzled the crowd with her metallic reflections.

She even paid tribute to Prince. Playing "Purple Rain" with gymnasts hanging from cubes and swinging through the air and her huge, light up revolving video screen shaded purple. The audience swayed with cellphone lights and mourned the loss of the great artist.

Is that how concerts are supposed to be? A group of thousands of strangers all holding hands, swaying, singing, shouting, dancing, crying and cheering? Was it something particularly special about Beyoncé? It seemed very passionate.

Ending the night with her classic love ballad, "Halo," Beyoncé left me feeling like a brand-new person. I am more than ready for my next concert.



DAREDEVIL REVIEW

Jack Beatson reviews the Netflix original.

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HAVEN HOSTS DRAG QUEENS

Fabulous entertainers perform for a Blue Hen crowd.

/ PAGE 12

HENS CRUSHED BY DUKES

The Blue Hens lost 43-20 against James Madison.

/ PAGE 15

Hip-hop's M.V.P. comes to Delaware



Get to know Chance the Rapper before tonight's show.

MATT MOORE
Senior Reporter

Tonight, Chicago's Chance the Rapper is bringing his Magnificent Coloring World Tour to the university - but you probably already knew that. Within the last four years, Chance the Rapper has become one hip-hop's most prominent names, racking up accolades, selling out arenas and collaborating with a range of artists from Kanye West to Madonna. Born Chancelor Johnathan Bennett, the rapper grew up on the southside of Chicago. During his freshman year at Jones College Prep High School, Chance, along with a few friends, formed Instrumentality - a hip-hop group with whom he released two mixtapes. Around this time, Chance's father Ken Williams-Bennett became a deputy chief of staff to Mayor Rahm Emanuel, after serving as an aide to former mayor Harold Washington and

working for then-Senator Barack Obama. Then, in 2011, Chance got caught with marijuana in school, resulting in a 10-day suspension. By this point, he had already been working on releasing a solo mixtape. So, he took the time off to work on the tape. Chance eventually went back and graduated, soon attending Harold Washington Community College briefly before dropping out to finish the tape. During an interview with HipHopDX in 2013, Chance recalled the moment that pushed him to get serious about music. "I had an experience where one of my really close friends was stabbed to death in a fight we were in," he says. "It was just a wake up call, kind of like, I'm young and I could definitely die in Chicago. It's not guaranteed that I'm going to be able to live a full day." At end of the year, he released his first mixtape "10 Day," a soul and indie-sampling collection of tracks, which led to a tour with Childish Gambino

the following month. From there, Chance continued to tour, as well as feature on records by his contemporaries, gaining more popularity. In April of 2013, Chance released "Acid Rap," a drugged-out and tasteful mixtape featuring cunning, socially conscious lyrics, verses from genre-legends like Twista, and nods to the soul-beat production fashioned by the late J Dilla and expanded by fellow Chicagoan Kanye West. "Acid Rap" was released to much critical acclaim, racking up more than 1 million downloads and skyrocketing Chance career as he continued to tour throughout 2014. Chance entered the studio soon after to collaborate with artists like Donnie Trumpet, Janelle Mon e, Erykah Badu, J. Cole and Big Sean to release "Surf," under the name "The Social Experiment" in May 2015. The album was released as a free download on Apple Music. The rapper soon followed

with another mixtape just two months later. Titled "Free (Based Freestyles Mixtape)," the tape works as roughly 35-minute stream of consciousness and collaboration with renowned rapper Lil B. 2016 saw the release of Kanye West's "The Life of Pablo" in February, on which Chance co-wrote five songs, including the album's opener "Ultralight Beam." Then, in May of 2016, just as he had done with his prior releases, Chance released his third mixtape "Coloring Book" independently, as an Apple Music exclusive. With more than 57.3 million streams within its first week, the tape's popularity prompted the Recording Academy to declare online releases eligible for Grammy Award nominations. In September he began his "Magnificent Coloring World Tour" in San Diego, which he'll bring to the Bob Carpenter Center tonight.



Free Will
Accepting
Impermanence



WILLIAM KEBBE/THE REVIEW
This week, Will ponders how to live with impermanence.

WILLIAM KEBBE
Associate News Editor

An average human lifespan is 80 years, but that number is dependent on the myriad of forces both in and out of our control. If you are female, averages indicate a few more years added onto your life. Whether or not you live a healthy lifestyle - one rich in exercise and disciplined dietary control - can afford you with either a longer life or one shortened by sickness and strife. Your mental hygiene contributes greatly to the number of years one will live, and if you are lucky enough to avoid the galaxies of adverse events capable of such terrible destruction, then perhaps life won't get the best of you. But, as the averages would say, we have about 80 years. In this time, it is the dead-set convictions of most to find meaning and value out of a world that has much to offer. This value is predicated much on material goods, the finite objects and pleasures that increase the neural activity of our brains, delivering it signals of happiness, comfort and satisfaction. The best way to make the most of this time is to climb up these imaginary ladders of success. Social, occupational, monetary and many more abstract systems of modern day life use an archetypal model of human success. If you work hard, smile, shake hands firmly and make enough money to thrive, those 80-some-odd years will be worth it. You will have exploited all there is to life. Yet, I find it hard to follow this standard of living when life oscillates and fluctuates moment by moment, and our existence is but a small blip. If I am told to make the most of what my life has to offer, can I also make room to accept the reality that life itself isn't permanent? And that what I do will, in time, recede into the background, making way for new generations of transient beings? To me, it doesn't feel morally incongruent to both strive for the fruits of my labor and understand that the tree of life will come to a halt. In Buddhism, this idea is called "Anicca," and it is one of the three marks of existence taught in Buddhist practices. It is the idea that all of human existence is subject to decline and eventual destruction. Impermanence controls. Upon first glance, the idea of Anicca is unsettling because of constructs we use to ease away our uncertainties. Today, I will worry about my future, the prospects of the job market, whether or not I'm sociable or able to contribute to even the most menial of conversations. I'm made to believe that I have to leave an indelible mark, and indeed I believe that to be true. In return, I choose to relinquish as much of the control I currently bear, no longer assuming the promise of my reputation holding longevity. I try, simply, to just do. I am one with everything and everyone, because we all live collectively, and all of us see the end of our domain. Life will continue on as it always has and always will. And in this impermanence, there is a great deal of comfort.

Playing with knives: Women's self defense training

HOLLY CLAYTOR
Managing Mosaic Editor

My partner and I sat back to back - eyes closed, legs crossed, with a knife lying between us. The goal: find the knife before she does. My adrenaline was at an all time high - even though the knife was rubber. "You're going to cut from the anus to the sternum," Bill Walters says. His words remain imprinted in my brain. This move is called the "vagina cut," and would ultimately disembowel anyone who came in contact with it. The 302 Phalanx Foundation sponsored a women's Self Defense & Knife Training Seminar last Thursday night in a jiu-jitsu studio tucked right off Kirkwood Highway in Wilmington. The foundation has been in effect for a year, and member George Green says it is comprised of like-minded men that share the values of strength, physical defense, protection and outreach. In an attempt to spread their values and assist others in gaining the strength and confidence to defend themselves, the foundation has held a total of four women-only self defense

and knife training seminars, as well as several discounted jiu-jitsu lessons for women and children. They expect to continue these seminars every two to three months. "It works two folds," says Green, of New Castle. "It lets you understand the simple part of jiu-jitsu and how devastating it is, all at the same time." The workshops offer hands-on lessons that teach women how to defend themselves in an unsafe or threatening situation. The women who attend learn how to maneuver several different jiu-jitsu moves that would get them out of a perpetrator's hold, ultimately choking the culprit into unconsciousness. I watched a woman of my size - no more than 120 pounds and just a few inches above five feet tall - flip a full grown, heavyset man over onto his back, then commence to choke him until he could longer speak. The first move the members taught the women was the collar choke. Each woman was instructed to grab hold of their partner's collar, while twisting and squeezing both hands towards each other. If done correctly, this would unfailingly block blood passage through the carotid artery, causing the culprit to lose consciousness. After practicing this maneuver several times, we learned how to fasten this grip from inferior positions. Midway through the seminar, every woman was successfully able to execute the protective move that would release her from a choke hold, restrain the attacker and flip the person onto his or her back. Once those moves had been mastered, out came the knives. The members of the foundation walked each attendee through the different knives that are legal to keep on a person's body.



HOLLY CLAYTOR/THE REVIEW
A women's self-defense and knife fighting class in Wilmington teaches women jiu-jitsu and knife-based self-defense skills.

Walters, also called "Wild Bill," pointed out another member of the foundation during his lesson. "The only person I've ever stabbed is him," he says. The members of the foundation explained that the defense moves they were teaching should be used only in an emergency situation. The first rule about knife defense, they continued to reiterate, was that there would always be blood. Walters, along with other members, also presented what they referred to as their everyday

kits, or the safety items they carried on them everywhere. The kits primarily included a small flashlight, an Emerson knife and a lighter. Green says that he hopes each woman takes away the knowledge that the ability to defend herself is not a difficult task. Because the foundation wants to ensure that as many women that would like to attend are able to, each of these seminars have been free. Donations are raised through bar and auction nights and are open to the public.



EMILY BRYMER/THE REVIEW

Everyone brings something to the table for community potluck



RACHEL CURRY/THE REVIEW

At the Down to Earth co-op, people gather together in the community room of the Natural Food Store for poetry readings and organic homemade recipes.

RACHEL CURRY
Senior Editor

Struggling grocery shoppers wandered the aisles of Newark Natural Foods on Friday evening, searching for just the right ground seasoning or organic long-grain rice. Unbeknownst to them, more than 40 people were gathered one floor below to feast, mingle and listen to inspirational poetry.

On Friday evening, the Down to Earth (DTE) food cooperative held a community-wide potluck, something they host monthly in the community room of Newark Natural Foods.

DTE is a Newark-based organization comprised primarily of university students. The organization seeks to make the community aware of and interested in local, organic food. Members contribute at least four volunteer hours to the local farm each season, and also participate in twice-weekly member dinners and monthly community potlucks.

For each dinner, attendees are expected to bring either a vegetarian or vegan dish, or a minimum five dollar donation. The event is "BYOD," which stands for "bring your own dishes."

People are also encouraged to bring Tupperware in the case that there are leftovers at the end.

A vegan fajita dish, kale salad, beet brownies and more held center stage for Friday's community potluck dinner. By the evening's close, the leftovers were minimal, and people were lining up to fill their to-go containers one last time.

Each monthly community dinner features a different speaker. This particular dinner presented Devon Miller-Duggan, professor of creative writing and poetry at the university. Miller-Duggan read poetry to a noticeably attentive crowd. From James Wright to Rumi, her readings paired fabulously with the homemade raspberry sorbet that filled multiple plates.

Miller-Duggan read poetry that was largely unrelated to sustainability or local farming — although poetic meaning is always up for debate — but she touched on subjects that curtailed the stir of spoons, such as the importance of art in bettering oneself.

"Art is about paying attention, being skinless," says Miller-Duggan. "And I wouldn't choose to be any other way."

DTE hosts speakers that

discuss a variety of topics. Past speakers include Dennis Coker, chief of the Lenape Indian Tribe of Delaware, and Marilyn Barry, a specialist in sustainability.

Sophomore Tim Deska-Khan joined DTE at the start of the fall semester. For him, the type of community that the organization fosters is its most appealing aspect.

"I don't have super strong opinions about food, but I'm very interested in the cooperative aspect of it," Deska-Khan says.

He also says that he is enthused to start doing more with DTE, particularly with food preparation.

"I've never really cooked that much, so it will be exciting to see how that turns out," he says.

The community dinners are not open solely to members of DTE, but everyone who attends is strongly encouraged to RSVP via a form that can be found on the organization's Facebook page, "Down to Earth Food Co-Op."

In true cooperative fashion, everyone stayed to clean up the tables and chairs at the end of the event. Amid the cleanup, a voice could be heard from the crowd:

"Now, who is coming to hang out after this?"



Is pumpkin spice basic? Maybe. But this playlist is anything but.

Fall is undeniably here. The temperature is dropping, our workpile is rising and almost everyone seems to be diving head first into all things pumpkin and flannel. Admittedly, it's all a little cliché, but we here at The Review will embrace any trend that makes it socially acceptable to stuff our faces.

So, invite your friends over for a bonfire, sip some pumpkin spice beer, cry some pumpkin spice tears and enjoy this fall playlist we've made for you.

- Alice Coltrane: "Oceanic Beloved"
- Solange (feat. Lil Wayne): "Mad"
- Moses Sumney: "Worth It"
- The Japanese House: "Cool Blue"
- Amason: "Went to War"
- Parks, Squares and Alleys: "We're Not Just Friends"
- Great Pagans: "Call of the Void"
- Animal Collective (feat. Vashti Bunyan): "Prospect Hummer"
- Big Thief: "Paul"
- Girlpool: "Chinatown"

BlueTracks were compiled this week by senior reporter Matt Moore.

Small-Screen Sound Off: Daredevil



JACK BEATSON
Senior Reporter

The 2010s have been an exciting time for Marvel. They have had many successful movies ("Iron Man," "Captain America," "The Avengers," etc.) and were bought out by Disney, allowing them to expand to never-before-explored territories. With the massive influx of movies, has also come a couple of companion Netflix-original TV shows, one of those being "Daredevil."

Charlie Cox stars as Matt Murdock, also known as Daredevil — a blind lawyer by day and crime fighter by night. One of the things that has been so outstanding about Marvel movies released in this decade, is the incredibly high quality in cinematography, acting, writing and special effects. One might think that this quality would be lost in a Netflix-original TV show, but thankfully, "Daredevil" delivers.

The show, set in Hell's Kitchen, New York City, follows Murdock and his legal partner, Foggy Nelson (Elden Henson), as they attempt to get their small-time law firm up and running. They are soon joined by Karen Page (Deborah Ann Woll), an energetic and fiery secretary, to aid them in their quest to establish themselves as lawyers.

On the side, however, Murdock is off fighting crime in the streets as his vigilante alter ego, Daredevil. The show follows him as he struggles to fight against the endless sea of gang- and drug-related crime that plagues his city, both by day and by night.

After just having finished season two, which was released earlier this year, I can honestly say that I was blown away. The acting is superb — Cox, Henson and Woll have incredible



COURTESY OF NETFLIX.COM

Dare to binge-watch the entire series of Daredevil on Netflix.

chemistry that leaks from each scene they're in together. Jon Bernthal, mainly known for portraying Shane in "The Walking Dead," plays the deadly Punisher, and he truly steals the show. The Punisher's troubled past and noble intentions make him the most human character in the whole series, despite the fact that he spends a good portion of his screen time massacring hordes of gang members with various assault weapons. Bernthal does an incredible job

of playing The Punisher, and the depth of his character only continues as the season goes on.

As I'm not a comic book buff, I'm not entirely sure as to how accurate the show is in comparison to the original comics. However, there seem to be many favorable reviews regarding the accuracy of the show's plotline, save for the character of Elektra, Murdock's former love interest and a deadly assassin. Elodie Yung plays the character, who, apparently, is

much more cold and heartless in the comics. Although her time in the TV show does display her as a badass, Marvel-heads do not believe that the character of Elektra was properly portrayed in the show.

Aside from its accuracy in terms of original content, "Daredevil" is a cinematic masterpiece, with each shot perfectly planned. The acting is beyond superb, which seems to be a standard among Netflix-originals as of late. Some of the

action scenes can seem a little corny, mainly regarding hand-to-hand contact. However, this can be easily overlooked and doesn't take away from the overall value of the show.

Even if you aren't a fan of comics or Marvel in general, "Daredevil" is a fantastic piece of television which will suck you in and keep your eyes glued to the screen throughout the 26 total episodes.

Literary Lens: Milk and Honey

When wandering aimlessly into a bookstore, I usually find myself passing right by the poetry section without a thought. Though I have come across a few poems that I hold close to heart, I don't find particular interest in deciphering rhymes and stanza. Rupi Kaur's "Milk and Honey" seemed to have found me among the other New York Times best sellers. Its simplistic cover design grabbed my attention immediately. As I began to read it, I realized it was a take on poetry I had never encountered before.

Kaur takes her reader on a journey through four chapters: the hurting, the loving, the breaking and the healing. She describes "Milk and Honey" as a reflection of her own troubles including femininity, race, sexuality, love, learning and life. Through short, organic poems, she expresses her thoughts on pain and oppression.

A large part of the first chapter is about male presence in the journey to womanhood. She leaves nothing out in the conversation about sexuality — what seems to be explicit or offensive suddenly becomes real to the reader. By explaining her experiences, Kaur shows how her idea of sex evolved from abusive to empty to emotional.

"you/have been/taught your legs/are a pit stop for men/that need a place to rest/a vacant body empty enough/ for guests but no one/ever comes and is/willing to/stay," she writes.

Since the topic of sex and sexuality is not often discussed frankly in classic poetry, being able to understand her negative attitudes toward it was very powerful. Each individual poem is so raw and uncensored that you can almost feel her crying out to you through each line.

If you compare the explicit nature of Kaur's poetry to classic western poetry, you can see a large shift in the role of women. In many examples of popular love poetry, women are put on a pedestal and used in a hundred similes depicting their beauty. Kaur easily tears that style of writing apart. She criticizes the focus on beauty rather than internal worth.

"He placed his hands/on my mind/before reaching/for my waist/my hips/or my lips/he didn't call me/beautiful first/he called me/sexuater," she writes.

To female readers like myself, recognizing the importance of self-value rather than material beauty is extremely empowering.

milk and
honey

- rupi kaur

COURTESY OF AMAZON.COM
Welcome fall with a book of poetry, a coffee and a blanket.

Though it was an idea I thought was self-evident, this book was able to strengthen my understanding of self-love and its importance in my well-being.

Since I picked up "Milk and Honey," I have already read it three times over. Each time, Kaur's poems encourage me to wander deeper into my own self-reflection. I have immense respect for authors who are able to pour their hearts into their writing. Kaur willingly puts herself in a vulnerable position in order to emphasize the truthfulness of each poem.

"Just being a woman/calling myself/a woman/makes me utterly whole/and complete," she writes.

She stays true to her feminine presence even as it becomes challenging.

The experience of reading such heavy subject matter is softened by the simplicity of the text. Each poem is short and approachable, allowing room for the reader to internalize and relate. I was in no way intimidated by her writing because of the careful way she presented it. Even the physical material of the cover, a soft binding called SilkTouch, encourages the reader to relax into the book and trust its words.

Intended for a vast audience, "Milk and Honey" addresses the struggle of mental pain and recovery. When I read this, I wished that I had experienced it when I was at a low in my life. Kaur's words speak as if they are unedited and right from the soul, leading me to believe that I am not alone in hurting. I would recommend it to anyone who craves passion, truthfulness or healing.

KALEIGH HANSON
Staff Reporter

The views reflected in this column do not necessarily represent those of The Review.

Haven's drag queens love the university



ANDREW KUCZMARSKI/THE REVIEW

Drag queens danced, sang and cracked jokes on stage in Haven's Drag Show.

GRACE MCKENNA
Senior Reporter

Drag Queen Shangela compares performing to "eating a funnel cake on a Six Flags roller coaster with my wig on." This sums up this semester's Haven drag show, which featured dancing, singing, sequined bodysuits and dramatic and comedic dialogues put on by the group of queens.

According to Haven's website, the LGBT Register Student Organization has organized a drag show every semester for nine years. It's a night of dancing, singing, laughing and fun, with performers coming from as close as Rehoboth Beach, Del., and as far as N.Y. Students and staff can perform too. It was created to show students one of the creative art forms of the LGBT community.

Shangela came to perform for the third year in a row, and once again presented a Beyoncé-themed final number. As host of the event, she announced the raffle winners and danced with the whole audience.

Even though she's been through two different seasons of "RuPaul's Drag Race," Shangela

doesn't let losing stop her spirit and love for performing.

"I travel the world to perform, but I keep coming back to UD because you guys have the most energy," Shangela says. "You are the most fun and welcoming crowd. Being a queen always means a lot because when I was younger, it wasn't like this, but now there are a lot of students who make queens feel welcome."

This year, Haven featured their first-ever drag king on the stage. Jimmy Two Finger dazzled the crowd with Justin Bieber songs and a final performance of "Uptown Funk," flipping and sliding his way into the hearts of the audience. This was his first time performing at the university.

After winning Mr. Philadelphia Drag King 2014, Jimmy Two Finger went on to perform on stages across the tri-state area.

"This was an incredible experience, and I hope to come back," Jimmy Two Finger says.

Another new feature to this year's show was a drag queen named Anja Dixon, who is currently a graduate student here at the university. She drew the crowd back after intermission, gaining hoots and hollers with

her dazzling performance.

"I've had a fun involvement with Haven, and I'm glad I could debut at the drag show here," Anja Dixon says.

Perhaps the most striking moment of the night, alongside Shangela's performance, was Phoenix Rising's return. After injuring herself last year, she has only performed twice this year — the other time being Haven's spring drag show.

Onstage, she announced that she loved this place so much that she was more than happy to be here after her injuries. Right after this, Shangela announced Phoenix Rising's 32nd birthday.

"I come back to UD because honestly, you guys are so f---ing amazing," Phoenix Rising says. "You are courteous, friendly, fun, energetic, and everything I was looking for as I turned 32."

All of the queens and the king agreed that the university is a favorite spot to perform.

"You can only perform as well as your audience cares," Phoenix Rising says. "If you're high adrenaline, we feed off of that, and I love performing here because the audience is as strong as they can get."

The Mosaic Questionnaire: Thomas Rocek

LISA RYAN
Managing Mosaic Editor

Managing Mosaic Editor Lisa Ryan sat down for a conversation with anthropology professor Thomas Rocek and got all his answers to the new Mosaic Questionnaire.

Lisa Ryan: What are your hobbies?

Thomas Rocek: I play viola in (an) orchestra. ... Otherwise, hiking, on the rare occasions I get a chance.

LR: What animal best represents you?

TR: Humans, homo sapiens, they're the weirdest animal there is ... I think that you can't get any stranger than humans, and more interesting — though mammoths are cuter.

LR: What did you do before becoming a professor?

TR: I had a very straight track from undergrad, to grad school, to faculty.

LR: Why did you want to be a professor?

TR: Partially family history. Both of my parents were, but also it's something I've found I really like, both the freedom to research what I'm interested in and to teach it.

LR: What appeals to you about your specific field?

TR: There's a bunch of different answers to that question ... One is the holistic nature of the field, because it spans everything from very humanistic

to very physical science-y, with social science in the middle. And I like that because I have interests spanning a broad range.

LR: What are you listening to/watching/reading right now?

TR: I listen to classical music primarily, or folk, country. Reading at the moment — I'm obsessively following the election news, with concern. And the other thing is I follow Czech radio. ... I was originally born in Czech Republic, so I'm interested, and it also helps me keep up my language.

LR: Where did you grow up?

TR: A bunch of places. Born in Prague, but we moved several times. (The) largest part of my childhood was in the Chicago area, a suburb north of Chicago. 'Academic brat.'

LR: What's your weirdest talent?

TR: I guess I'd go back to viola, if that's a talent. [Laughs] Some would call it a handicap.

LR: Favorite place to travel?

TR: I really like to travel, it almost doesn't matter where. I guess I'm particularly drawn to the Czech Republic for personal reasons, but simply going someplace new or someplace that I've been before but haven't been again in a while — I like traveling. My wife and I kind of agree that's the best use of time.

LR: If you were stranded on a deserted island, and could only bring one thing, what would it be?

TR: A boat, to get back to other people. I like people.



COURTESY OF THOMAS ROCEK

Dr. Thomas Rocek, of the university's anthropology department, tells Mosaic about his favorite music, his work and more.

LR: What's one trend from your college days that you wish would come back? What's one trend from your college days that you hope stays dead?

TR: Well, [something] I hope stays dead is ... despite the very nasty things in our society, I do see a very open and more inclusive

society. What makes it so jarring [are] the attempts to revive [the less-inclusive society].

LR: Tell us about your favorite college professor, and why they made an impact on you.

TR: There was a guy [named Peter Stone] when I was an undergraduate ... and he kind-of

drew me into anthropology just by telling stories. He worked up in the Northwest coast amongst some Native American groups, in Alaska and Canada, and was just very good at presenting these aspects of a way of life in a way that grabbed you and made you think about people, and diversity of people.



MELISA SOYSAL/THE REVIEW

Roots Natural Kitchen debuts on Main Street, adding to Newark's bowl craze.

Food review: Roots Natural Kitchen debuts on Main Street

CALEB OWENS
Staff Reporter

The recent departure of YogoBerry from Main Street left behind a vacant plot of fertile real estate. In its place, a root decided to grow.

Roots Natural Kitchen opened last week on Main Street, feeding the growing hunger of the bowl fad. The restaurant offers healthy options for vegans and carnivores alike — everything from avocados to chicken to BBQ tofu — all in a bowl.

Walking into the restaurant may launch some into a state of decade confusion. The vibrant colors and glossy walls add a futuristic flavor to the bowl, while early 2000s hits by Britney Spears and Justin Timberlake keep your tastebuds dancing. That said, the restaurant brings “sexy back” in its own unique way.

Under the assembly line

model, customers can craft their own bowl or select from a number of signature bowls. The ingredients are on display through a glass window, keeping the customer salivating for the entire ordering process. Meanwhile, juicy slabs of chicken and earthy mushrooms sizzle on the grill while new workers panic to throw together correct orders.

The restaurant's signature “Roots Bowl” brings a particularly delectable flavor fusion to the table. While customers sink their teeth into a savory chunk of sweet potato flesh, the kale and cranberry tandem strike with an explosive blast of sweetness. The “Roots Rice” contributes to the battle with tasteful ground support.

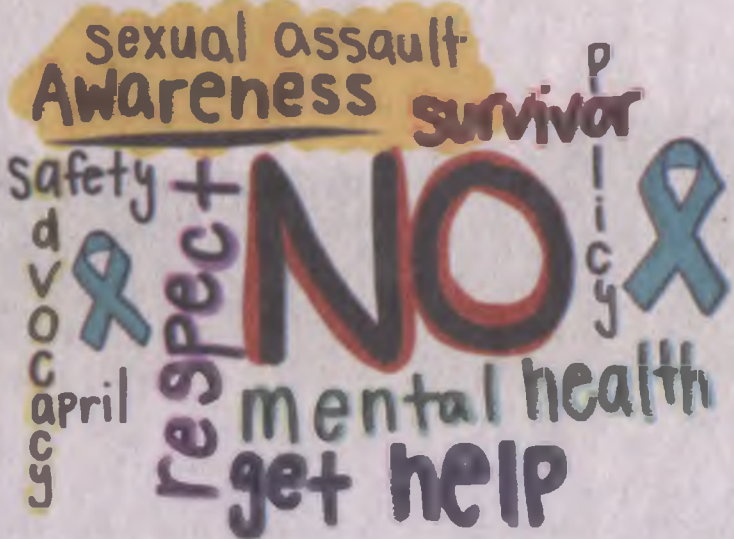
For those who prefer to clean their palate with a refreshing swig of lemonade or raspberry tea, Roots is not the place to go. At that point in the meal where thirst creeps in, the customer will quickly begin to notice all

of the water cups around them. They'll quickly realize that water happens to be the only beverage available. And for some reason, this water just doesn't have the same allure that a pool or waterfall might.

While the transparent cups with their transparent liquid allow for an interesting study of straw refraction, they don't make it easier to enjoy the meal. Other health oriented restaurants like Home Grown and Honeygrow just across the street serve a variety of beverages, making it unlikely that water will help this root grow.

Overall, Roots Natural Kitchen is an excellent place for the health conscious bowl lover to grab a quick lunch. Perhaps it is to the restaurant's advantage that their sole beverage contains no flavor, forcing the customer to focus on the eating experience. An experience which, all things considered, is well-deserving of an 8/10 rating.

Fighting sexual violence one sticky note at a time



LORRAINE COOK/THE REVIEW

The Sexual Assault Prevention and Education committee created the #WeAreUD Vision Wall to encourage students to imagine a world without sexual violence.

HOLLY CLAYTOR
Managing Mosaic Editor

With the help of the #WeAreUD Vision Wall, students across campus are imagining a world free of sexual violence. The wall, a large mobile whiteboard, was left to stand on campus for two weeks. From Sept. 13-20, it sat in the Perkins Student Center, and then was moved to Trabant for the following week.

Students were encouraged to imagine a world without sexual violence and write those aspirations on a sticky note. By the end of each day, the board had become covered in different notes.

“The hope was to have it out pretty much all day, but we only had it out for an hour each day and I was really thrilled by the response,” says Joanne Sampson, a sexual violence prevention specialist at Student Wellness & Health Promotion.

Sampson says the #WeAreUD movement is about raising awareness on campus about sexual violence and providing support to victims.

She says the Sexual Assault Prevention and Education committee wanted to get this movement out early in the semester to provide early support to new students. To Sampson, the movement gives students a voice,

which she says was powerful to see.

“It shows campus there are people here who are deeply committed and passionate about ending [sexual violence],” Sampson says. “We absolutely believe that we can end it or we wouldn't be doing this work.”

Sampson is inspired by the passion students hold for ending sexual violence and promoting awareness.

“The most powerful and inspiring people on this campus are the students,” Sampson says. “They're really the ones behind this movement.”

The committee, along with the members of Sexual Offense Support (S.O.S.), planned to utilize the words written on the wall to create a poem that embodied how students felt about creating a world without sexual violence.

However, the Vision Wall Poetry Reading which occurred last Thursday did not have the dramatic turnout the committee had expected. Sampson says that the committee is planning to take the words and create a new project that they could display to the public.

“The beauty of the vision wall is it's the words of our community,” Sampson says. “I hope it has touched as many students as possible.”



Join The Review as a weekly cartoonist for our comic strip “Chicken Scratch.” **Go to udreview.com/join to apply.**

RYAN ASHKENASE/THE REVIEW



2018: Many local businesses remodel themselves to keep up with main street's growing trend.





ANDREW KUCZMARSKI/THE REVIEW

BLUE HEN ROWING TEAM PARTNERS WITH CYSTIC FIBROSIS FOUNDATION

BRIANNA CIOCCA
Managing Sports Editor

Each stroke and every drive unites the Delaware rowing team. They are on a mission to honor former coxswain Kate Sneddon who lives with cystic fibrosis and yet battled through its limitations on the water.

For the second consecutive year, the rowing team is partnering with the Cystic Fibrosis Foundation to raise money and awareness to help combat the disease. The team was split into two separate groups, consisting of eight rowers and a coxswain, with each boat responsible for raising money from Sept. 19-Oct. 2. The fundraiser culminated on Sunday with the two boats competing in the Battle of the Boats competition on the waterfront in Wilmington.

Although cystic fibrosis is a serious disease, not many people know exactly what the condition entails. It is a genetic disorder that affects mostly the lungs, but also the pancreas, liver, kidneys and intestines. Cystic fibrosis is characterized by difficulty breathing and coughing up mucus as a result of frequent lung infections. There is currently no cure, it worsens over time and stabilization only comes from frequent treatments.

"I do my treatments twice a day. It takes 30 minutes about each time so it's a big chunk out of my day," Sneddon said in an interview with Hens All Access last year. "It kind of shakes you up and gets you to clear all of the mucus out. I do a couple of different breathing treatments and take a whole bunch of pills — about 20 a day."

Despite the many breathing

challenges associated with the disease, Sneddon never backed down from fully competing on the rowing team during her time here as a Blue Hen from 2012-2016. Her drive and determination is what motivated her teammates to develop a partnership with the Cystic Fibrosis Foundation.

Kevin Gruber, the head coach of the rowing team, said he didn't even know Sneddon had cystic fibrosis until he was notified by doctors due to her efforts during practice and on the water. Even her teammate in charge of fundraising, senior Kaitlyn Thomesen, said she was initially never aware of Sneddon's condition either, due to her strong performance on the water.

"Well Kate just has this great, positive attitude. I honestly didn't even know she had CF

until my second year of rowing," Thomesen said. "Just having her support us and encourage us makes us more motivated to help her and show her that we still support her even though she's not on the team anymore."

The team raised more than \$11,000 last year for the foundation and hopes to exceed that number in this year's fundraising efforts. Their determination to beat last year's goal stems from the legacy Sneddon left behind here at Delaware and her drive to never give up or stop pushing no matter how rough the water may get.

After Sneddon became very sick during her sophomore year of college, doctors told her that she should start accepting those types of setbacks — an answer Sneddon refused to accept. By channeling her frustration,

Sneddon signed up for a half marathon and went on to successfully complete the race — a tremendous feat for anyone, let alone for someone living with cystic fibrosis.

"She is a real tough cookie," Gruber said of Sneddon. "Her condition was never something we really thought about too much because she would never let on about what she was dealing with, which speaks a lot to her character."

Even though she graduated in the spring, Sneddon's legacy still resonates with her teammates and drives them to continue their partnership with the Cystic Fibrosis Foundation, even without her presence in Delaware.



FIELD HOCKEY STARTS 2-0 IN CONFERENCE

CONNOR MILLIGAN
Senior Reporter

The Delaware field hockey team continued their dominance this past week, picking up two one-goal victories over conference foes James Madison and William & Mary.

The Blue Hens topped 19th-ranked James Madison 1-0 on Friday, getting the lone goal from sophomore forward Lisa Giezeman in the 17th minute of the first half. The goal, which came off of a penalty corner, was assisted by fellow sophomore, midfielder Kiki Bink. Junior goaltender Emmeline Oltmans recorded her sixth career shutout, only needing to make one save. After grabbing an early lead, Delaware stifled the James Madison offense all night long in route to their sixth consecutive win.

"This was a great victory for

Delaware," Head Coach Rolf van de Kerkhof said after the win on Friday. "I am proud of my team as they dominated the possession most of the game. Thanks to their strong and consistent off ball movement we were able to possess the ball very well, move the play and build the attack."

Despite only winning 1-0, it was a pretty stellar performance from the Blue Hens who outshot the Dukes 10-3 (7-1 on goal).

Delaware kept things rolling on Sunday when they squeezed by William & Mary 3-2 in overtime. Sophomore midfielder Greta Nauck opened the scoring for the Blue Hens, tying things up at one in the 18th minute. The Tribe responded immediately, regaining the lead just two minutes later, before Delaware knotted things back up right before the half on a goal from junior forward Lauren Crudele. The goal was her second of the season, and came just before halftime.

After a high-scoring first half, neither team managed a goal in the rest of regulation as the game headed to overtime tied at two. It nearly took the entire extra period, but the Blue Hens got the decisive goal in the 80th minute, when Nauck found the back of the net for a second time. Delaware was able to generate a season-high 26 shots.

Nauck has been performing at an elite level all season with multiple goals in six games thus far. With 16 goals overall, she is the leading scorer of all CAA players this season.

"We adjusted nicely after half time, but didn't find a way to highlight our domination into a score," van de Kerkhof said. "Our OT performance has been the best in my six seasons as a Blue Hen and I am proud for the way our team controlled the entire OT and the way we finished it."

With these two wins, the Blue Hens now sit at an overall record



ANDREW KUCZMARSKI/THE REVIEW

of 10-2 on the season, and are 2-0 in conference play. The defending CAA champions have gotten off to a great start, and certainly look like a favorite to win the conference again.

They will now return home

to Fred P. Rullo Stadium for two games this upcoming weekend. The first will be against Big Ten opponent Michigan on Saturday Oct. 8, before returning to conference play against Hofstra on Sunday.

WEEKLY ROUNDUP



In the first conference game of the season the Blue Hens got trashed by James Madison. That is not impressive. But you know what is? Gaining 312 yards in a 43-20 loss, averaging eight yards per carry. Even more impressive? The Dukes dropping 43 points against a strong defense, turning our proud Hens into a beaten pile of feathers.

JMU ROLLS THROUGH HENS BEHIND 600 YARDS OF OFFENSE



COURTESY OF DONNA MCBRIDE

KYLE DOHERTY
Senior Reporter

Anyone with knowledge of the game of football will tell you for a team to be successful, they must dominate the running game. So, when the Blue Hens rushed for 312 yards and had three different backs score a touchdown Saturday afternoon, this would usually be a precursor for a winning afternoon of football. This was not the case, however, for the Hens, as their streak of six wins after a bye-week was brought to an end at James Madison.

Scoring appeared to be at a premium for both sides early on. It took 12 minutes of game time for the Dukes to strike first, scoring on a seven-yard rush by quarterback Bryan Schor. Schor would go on to rush for two

more touchdowns and pile up 103 yards on the ground, while also passing for 209.

The Hens showed some life early in the second quarter, when a solid 78-yard drive was capped off with a 24-yard touchdown run by junior running back Wes Hills. With the score knotted at seven and both teams battling to pull ahead, it was shaping up to be a competitive game.

JMU responded to the Blue Hens score with a 10-play, 75-yard touchdown drive, finally looking like the squad that entered the game ranked among the top five nationally in scoring and total offense. The Dukes utilized a nice mix of the run and pass, with the touchdown coming on a 17-yard reception by wide receiver Terrence Alls.

The Dukes offense didn't let up, producing scores on their

next two possessions to give James Madison a commanding 19-point halftime lead. The 26-7 halftime deficit was the largest the Hens faced since trailing Pitt 42-0 in 2014.

JMU's offense continued to fire on all cylinders in the second half and the Dukes lead ballooned to 40-7 after a 41-yard touchdown scamper by Khalid Abdullah. The Blue Hens, however, were able to make some plays late in the game to make the final tally a respectable one.

Jalen Randolph scored on a 12-yard run after the Blue Hens' strongest drive of the day, one that covered 89 yards in just under four minutes. Thomas Jefferson would also add a touchdown of his own to cap the scoring for the day. In all, the Hens would have three different backs go for at least 70

yards and a touchdown but the defense was no match for the powerful JMU offense.

The Dukes finished with 607 yards of total offense, highlighted by 4 total touchdowns by Schor. JMU also out-rushed the Hens, posting a video game-like 398 yards on the ground.

Sophomore linebacker Troy Reeder was one of the few bright spots on the defensive side of the ball. Reeder, a Delaware native who transferred from Penn State, recorded a team-high nine tackles.

The Hens will look to greatly improve their performance when they host Maine this weekend. This is their first home game since Sept. 1 and is part of Parents and Family Weekend.



sports commentary

Our football team just isn't there yet

This past Saturday, I had the opportunity to travel to Harrisonburg, Va. to broadcast the Delaware vs. James Madison football game for WVUD. It was a game in which the Blue Hens were not expected to win, but it was a chance for them to make a statement against the No. 7 ranked team in the country. Despite a respectable start in which both teams were tied in the early stages of the second quarter, a string of 33 unanswered points from the Dukes coincided with the Hens' second half demise. James Madison won the game 43-20, and Delaware fell to 2-2 on the season.

Even before the Dukes asserted their dominance on the field, their newly renovated stadium provided a stark contrast from Delaware Stadium. Consisting of a six-level concourse that was renovated in 2009, Bridgeforth Stadium is now equipped with many of the capabilities and functions that are found in a number of stadiums nationwide that belong to the Power Five conferences. The Dukes were host to ESPN's College Gameday last season and in Saturday's game against the Blue Hens, their stadium was filled to capacity, as has become the norm.

Switching gears to Delaware Stadium — its capacity of 22,000 is only a few thousand fewer than that of Bridgeforth stadium. Historically, the Hens have filled or come close to filling the stadium, exemplified by one of the more devoted FCS fan bases. So then where is the discrepancy, if both teams play in the same conference with similar stadiums? That lies in the progress of each team over the last few seasons.

Delaware last made the playoffs in 2010 and they've only recorded two winning seasons since. James Madison lost in the first round of the playoffs in 2014, and then took a step further and made it to the second round last year. The Blue Hens hold a 14-10 overall record in head-to-head matchups with JMU, but have lost the past two meetings. Yet the greatest difference in the two teams over the last few seasons is based on the fact that James Madison has taken care of business against other CAA competition and competed with teams outside of the CAA, whereas Delaware has struggled to remain consistent against the CAA while being no match for exterior competition, highlighted by blowout losses to Pitt, UNC and Wake Forest over the past few seasons.

Maybe an optimistic fan hoped that the Hens would travel to James Madison and compete against the Dukes. The bitter truth, however, is that as long as James Madison came out of the tunnel ready to play their game, Delaware had little chance. That's not to say that the Dukes and the Blue Hens don't have similarities in their rosters — both rely on star running backs and sound rushing defenses.

Yet, what we saw on Saturday was how the quarterback position plays such a huge role in the success of a team. Joe Walker struggled, consistently missing throws and failing to identify running lanes, while Bryan Schor, the so-called "game manager" for the second best rushing team in the country, proved himself as a dual threat quarterback by throwing for over 200 yards and rushing for three touchdowns.

The current reality is that a Blue Hens team that started 2-0 after wins against Delaware State and Lafayette has finally come crashing back to Earth. Or, as some will say, maybe they just got lucky against inferior competition in the first two weeks. Either way, after a 43-20 thrashing at the hands of James Madison, it's clear that they are just not there yet.

TEDDY GELMAN
Assistant Sports Editor

The views reflected in this column do not necessarily represent those of The Review.

MEN'S AND WOMEN'S SWIM GET OFF TO ROARING START IN SEASON OPENER

JACOB ORLEDGE
Staff Reporter

The men's swimming and diving team got off to a roaring start in the season opener with a win against Georgetown on Saturday. The final score came out to 177-121 in favor of Delaware.

As the university began its swimming season, freshman standout Kevin Basch won a pair of races in his debut in the marathon 1000 freestyle and 500 freestyle with times of 9:48.04 and 4:47.61 respectively. Basch was known at Pottsgrove High School for the 500 freestyle becoming a PIAA state medalist in the event in 2015 and a District gold medalist in 2016 for the same event, and he appears to be poised to achieve the same level of success at the collegiate level.

Meanwhile experienced senior Alex Hillsley made a statement to begin his last season as a Blue Hen. He won the 200 freestyle, 200 backstroke, 200 individual medley and combined with fellow senior Tomás Elder as well as sophomores Andrew Woerth and Asher Kiely to dominate the 400 freestyle relay at a time of 3:09.52. Individually Kiely seized the 100 backstroke, Woerth took 1st in the 100 freestyle and Elder was victorious in the 50 freestyle sprint.

Blue Hens Chris Cornell, Elder, Kiely and Woerth worked together to capture the 200 medley relay. Patrick Savidge and Aaron Nolan were also 1st in their respective events.



ANDREW KUCZMARSKI/THE REVIEW

The women's swimming and diving team, on the other hand, faced both Saint Francis and Georgetown at the meet. They split, defeating St. Francis 185-95 but losing to Georgetown 171-126.

Senior swimmer and Newark native Jordan Sawyer posted notable times with her narrow wins in the 50 freestyle where her time of 24.66 won by a tenth of a second and in the 100 freestyle where she edged fellow Delaware

swimmer Ellie Jogani by four hundredths when she came in at 54.29.

Unlike the men's team, the women were able to capture the 200 butterfly due to the efforts of sophomore Mina Feyrer who dusted the closest competition in her event by an entire two and a half seconds.

The women's 200 medley team, composed by seniors Sawyer, Alyssa Santangelo, Annie Nunes and sophomore Melissa

Manuelli, mirrored the men's with a resounding victory. The women had to beat out relay teams from both St. Francis and Georgetown as opposed to the men whose lone competition lay with the Hoyas.

Santangelo also captured the 100 backstroke.

The next event for both teams will take place on Saturday, Oct. 15 in Fairfax, Va. for a head to head competition with George Mason.

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