## The Newark Post

| For The Homemaker's Eye <br> The coming of the warm weather when the auto pienic is a favorite and very pleasant method of serving the evening meal, brings to the housewife the necessity of providing sandwiches. In addition to the ever popular meat sandwich there are numerous sweet sandwiches that satisfy on a warm evening and make a welcome change. Here are a few of these. <br> Pineapple Sandwiches. <br> To 2 tablespoons of juice from a can of pineapple, add 1-2 teaspoon cornstarch and place in a saucepan over the fire. Let boil up for a moment, until the mixture thickens, then remove from fire and cool. When cold cream into this 1 tablespoon butter and 1-2 cup powdered sugar. Spread this thinly on crustless slices of white bread. <br> Orange. <br> Put 1 cup confectioners' sugar into a small bowl and add to it 2 tablespoons orange juice and 1 teaspoon lemon juice. Mix until smooth, then cream into it 1 heaping teaspoon butter. Spread on white or graham bread. Cut diamond-shape. <br> Banana. <br> Slice 2 bananas thinly and let these lie in 2 tablespoons lemon juice until the flavors are well blended-about one-half hour. Then place these banana slices between two crustless pieces of white or entire wheat bread which have been spread with 3 tablespoons thick cream mixed with 1 teaspoon honey. Press well together. <br> Chocolate. <br> Stir 1 1-2 tablespoons cocoa into 2 tablespoons hot water until smooth, then add 1.4 teaspoon vanilla extract | and enough confectioners' sugar to make as thick as butter. Stir in 1-2 cup finely chopped walnut meats and spread this mixture on crustless slices of white bread. <br> Figs. <br> Remove the stems and chop the figs finely. To one-half cup of the chopped figs add 1-2 cup water. Cook in the upper part of a double boile: until a paste is formed, then turn into a bowl, add 1 heaping tablespoon powdered sugar and a few drops of lemon juice, and spread this on triangular pieces of stale, crustless white bread. <br> Stuffed Tomatces <br> Eight small tomatoes, salt, 3 teaspoons butter, 6 tablespoons chopped green pepper, $3-4$ cup soft, stale bread crumbs, $1-2$ cup removed tomato pulp, 1-4 teaspoon salt, 1-8 teaspoon pepper, few drops onion juice. Wipe and remove stem end of tomatoes. Take out seeds and most of pulp, sprinkle inside of tomatoes with salt, invert and let stand twenty minutes. Cook butter with green pepper five minutes. Add bread. <br> Seaports for the Middle West! <br> The project to open a waterway for ocean-going vessels from the Great Lakes to the Atlantic Ocean is again being actively promoted. The Middle Western States have growing organizations to study and push forward the most effective means for this waterway. <br> Steamers from Duluth and Chicago can now run to the Eastern end of Lake Erie. The Canadian Government is deepening the Wellend Canal around Niagara Falls, which means that the route will be lengthened to the rapids of the St. Lawrence River. <br> An International Joint Commission representing the United States and Canada is about ready to conside: a report on a plan for overcoming these rapids, "drowning them out" by a | series of dams, with adequate locks. The expense of the new waterway would be borne jointly by this country and Canada. <br> If this waterway from the Great Lakes to the Atlantic Ocean should be accomplished, the next step would doubtless be connections by canal between the Great Lakes und the Mississippi, opening the wateway to the Gulf of Mexico. <br> The great commercial and military advantages of such an inland waterway will insure its completion some day. When that day comes wonderful steamer trips beginning at our own front door may tempt Delawareans. Sceamers stopping at the new port of Wilmington would be making the round $t: i p$, up the Atlantic Coast to Newfoundland, through the St. Lawrence and the Great Lakes, down the Mississippi to the Gulf of Mexico, and back along the Atlantic Coast to Wilmington. <br> Educatorś Want U. S. Department of Education Excluded from Welfare Dept. <br> President Harding's proposal for a Federal Public Welfare Department with a cabinet member at its head, has not had smooth sailing since a bill for its creation has been introduced into both houses of Congress. The chief objection to the bill comes from educators, who claim that public education is of too great importance to be included in the merger with public welfare, public health, social science and all the government activities for soldiers, particulatly as they claim that education would come out the little end of the horn in regard to appropriation. Representatives of the National Educational Association have made a special protest against any decrease in the amount of Federal aid rendered to the States by the United States Department of Education. | Better Facilities for <br> Exporting Fruit <br> Specialists from the United States Department of Agriculture are studying prevailing transportation conditions with a view to finding some means for remedying the heavy losses which are being sustained in the present methods of handling export shipment of American apples, pears and other fruits. <br> In two important cargoes during the past season the loss was more than 50 per cent. Out of the 2,000 ,000 barrels of fruit exported yearly, it is estimated that more than 15 per cent is a total loss. <br> In order to make definite suggestions for improvement, experiments are planned for the beginning of the coming season which will entail investigation of the kind of containers being used, the culling of injured fruit at the packing house, the loading on the steamship, and the refrigeration or ventilation en route. <br> Have you S <br> made in Philadelphia One register will heat ed to homes with open rooms. It means a pe Call and see one <br> ALSO PLUMBIN | Preference for Soldiers <br> Senator Gooding of Idaho, the new Republican colleague of Senator Borah, would help the American soldiers who participated in the war against Germany by putting through Congress a bill to give preference right of employment on construction work on United States reclamation projects to honorably discharged soldiers, sailors and marines. <br> The Gooding measure provides: <br> "That not only men, but also women who served in the Army or Navy of the United States in the war with Germany and have been honorably separated or discharged therefrom or placed in the Regular Army or Naval Reserve shall have preference in employment upon such projects constructed by the United States Reclamation Service: Provided, That they are found to possess the capacity necessary for the proper discharge of such duties: Provided further, That the rights and benefits conferred by <br> een the Pipeless <br> by people making heaters for the whole house. The system stairways and wide doors; to erfectly cool cellar. on the floor. <br> NG AND STEAM AND HEATING <br> DANIEL STOLL | the bill shall not extend to any person who having been drafted for service under the provisions of the Selective Service Act shall have refused to render such service or to weal the uniform of such service of the United States," $\qquad$ <br> THE USES OF EVIL. <br> There is some goodness in things evil, Would men observingly distill it out; For our bad neighbor makex us early stirrers; <br> Which is both helpful and good hus. bandry, <br> Besides they are our outward consciences, <br> And preachers to us all; admonishing That we should dress us fairly for our end, <br> Thus we may gather honcy from the weed, <br> And make a moral of the devil himself. <br> -Shakespeare's "Henry V." <br> Heater <br> he last seventy years. $m$ is especially adapt. churches and 'store <br> HOT WATER <br> NBWARK |
| :---: | :---: | :---: | :---: | :---: | :---: |

## Another Newark Real Estate Development

## Choice Building Lots of Newark Section ---The Wollaston Property

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Americanism As Expressed by Franklin K. Lane

## THE CLASSIC OF THE FLAG

This morning, as I passed into the Land Office, The Flag Iropped me a most cordial salutation, and from
I heard it say: "Good morning, Mr. Flag Maker."
"I beg your pardon, Oid Glory," I said, "aren't you mistaken? 1 am not the President of the United States, nor a member of congt clerk."

II greet you again, Mr. Flag Maker," replied the gay voice,
now you well. You are the man who worked in the swelter I know you well. You are the man who worked in the swelter
yesterday straightening out the tangle of that farmer's hometead in Idaho, or perhaps you found the mistake in that Indian ontract in Oklahoma, or helped to clear that patent for the hope-
(ul inventor in New York, or pushed the opening of that new ditch in Colorado, or made that mine in \#llinois more safe, or brought in Colorado, or made that mine in . No mo more sate, or whicherer one
relief to the old soldier i Wyoming. No
of these beneficent individuals you may happen to be, I give you of these beneficent individua
greeting, Mr. Flag Maker."

I was about to pass on, when The Flag stopped me with these ords:
"Yesterday the President spoke a word that made happier the future of ten million peons in Mexico; but that act looms no
larger on the flag than the struggle which the boy in Georgia is making to win the Corn Club prize this summer
"Yesterday the Congress spoke a word which will open the
of Alaska; but a mother in Michigan worked from sunrise until far into the night, to give her boy an education. She, too, is
making the flag. making the flag
"Yesterday we made a new law to prevent financial panics
yesterday, maybe a school teacher in Ohio taught his first and yesterday, maybe a school teacher in Ohio taught his first
letters to a boy who will one day write a song that will give cheer letters to a boy who will one day write a song that w.
to millions of our race. We are all making the flag.
"But," I said impatiently, "these people were only working!" Then came a great shout from The Flag:
"The work that we do is the making of the flag
"I am not the flag; not at all. I am but its shadow.
"I am whatever you make me, nothing more. "I am your belief in yourself, your dream of what a People
may become. "I live a changing life,
breaks and tired muscles.
"Sometimes I am strong with pride, when men do an honest fitting the rais together truly
"Sometimes I droop, for then purpose has gone from me, and
cally I play the coward. cynically I play the coward.
judgment.
"But always, I am all that you hope to be, and he the
"I am song and fear, struggle and panic, and ennobling hope. "I am the day's work of the weakest man, and the largest
am of the most daring. "rean "I the most
"I am the Constitution and the courts, statutes and the
statute makers, soldier and dreadnaught, drayman and street statute makers, soldier and dren
sweep, cook, counselor, and clerk.
"I am the battle of yesterday, and the mistake of tomorrow.
"I am the mystery of the men who do without knowing why "I am the clutch of an idea, and the reasoned purpose of
Insolution. "I am no more than
y you believe I can be.
"I am what you make me, nothing more.
"I swing before your eyes as a bright gleam of color, a symbol of yourself, the pictured suggestion of that big thing which makes
this nation. My stars and my stripes are your dream and your this nation. My stars and my stripes are your dream and your
laborst They are bright with cheer, brillint with courage, firm
with faith, because you have made them so out of your hearts. witith faith, because you have made them so out of your hearts.
For you are the makers of the flag and it is well that you glory in the making.

| ASKS SCHOOLS |
| :---: |
| TO CELEBRATE |
| MEMORIAL DAY | State Commissioner Urges Co operation with Local Army Posts

In a recent letter to superintenden and principhas, State Commissioner of
Education Arthur R. Spaíd calls thei attention to Memorial Day, and ask that they
that day.


He says: "According to Rule
under School Holidays, atopted by the
State Board of Education, teacher State Board of Edacation, teanhers
are urged to emphasize the import. are urged to emphasize the import
ance of these days with appropriate ane of these days with
exercises in the scloools.
"For Memorina Day the idea should be for the Superintendent or Princi-
pal to phan o rogram in cooperation
with any local G. A. R., United Statespait plan a program in cooperation
with any local G.A. R.,
Spaited States
Spaish war veterans or veterans of the World War. It is desirable tha
some member from one of these Posts some member from one of these Posts
if there is one in your neighborbood it there is one in your neighborhood
hrould be invited ot make a short ad
dess to the chidren at the school and dress to the children at the sechol and
that the children should kather fowers that the children should gather fower
and march to the cemetery and dec orate the graves at tene time the sol
diers hold their exercises, if there i. diers hold
any local or
exereises.

## o imm inn ried ric

 ried out, atter program shall bece carbrought fre the flowers brought from the children's howees
should be placed upon the graves of soldiers in the neighooring cemeteries
by the pupils under the direction of
bie te

of Education that hie day be observed
in a quilt, diginited way and the the
children shall be under the supervision


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## NEWARK OPERA HOUSE

## PROGRAM WEEK BEGINNING

Thureday, 26th.-
Harry Carey in "Hearts Up," a thrilling western drama, and the second chapter of the Nick Carter Series, "The $\$ 100,000$ Kiss."

Friday, 27th-
Madge Kennedy in "The Girl with the Jazz Heart," a comedy drama from the stage success of the same name.

## Saturday, 28th-

Eugene O'Brien in "The Wonderful Chance," an H. H. Van Loan story; News, and a Sennett Comedy.

Monday, 30th.
Paramount presents Ethel Clayton in "The 13th Commandment," a Rupert Hughes story. Also a Christie Comedy.

Tuesday, 31st-
Vera Gordon in "The Northwind Malice, thrilling drama of the Great Northwest, and Christie Comedy.

Wednesday, June 1st-.
Honeymoon Ranch," a western comedy
drama, and a Ham Comedy.

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NEWARK POST, NEWARK. DEL., MAY 25, 1921.



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S. Bureau of Markets from Washing ton, D. C. Before announcing the plan to the public the Radio-Marketgram of 400 to 600 words in length has been tested out for three months suer a radius of 200 miles.
Plans are under way to receive
these reports in each of the three these reports in each of the thre
counties of Delawre, possibly a Newark, through the College radio; at Dover, by the Collegiate Institute or through Gilibert Cosden; and at Lewes, through the U. S. Naval sta.
tion. Through organization of farmtion. Through organization of farm
ers they can now 'phone from head quarters to their nearest wireless sta tion and receive the latest market re ports "hot off the bat" as it were.
Although our fruit crop is practic Although our fruit crop is practic-
ally lost his year, $i t$ will be well to test ally lost this year, t will be well to test
this scheme out and be in shape for this scheme out an
next year's crops.

## Measuring the Breath

 A highly complicated instrument has been devised which measures the air we breath with absolute accuracy. Aose is attached to the mouth by a used in the mas masks in the as those the air which passes in and wat, ot the lungs is indicated by a delicate instrument. Even the temperature and barometric pressure of a room are taken into consideration. Tests are made with this instrument while a ing any energy, and while he is exercising, or using a typewriter or some every day occupation. The in-strument makes it possible for the first time to measure exactly how
nuch air one consumes

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\author{
\}e Craftsmen at Kells.

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