

ROW THE BOAT

Men's crew talks about team chemistry and brotherhood

Sports / B6

On the shelf

A graduate student publishes his first book, a mystery novel titled "Epilogue," which crosses many genres.

Mosaic / B1

THE REVIEW

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Rep. talks Social Security

BY ALEXIS BLASO
National State News Editor

Rep. Michael N. Castle, R-Del., visited the university Tuesday to discuss the future of social security in the United States with students.

Castle said there is going to be a problem with social security funds at some point that needs to be addressed, either by introducing more revenue or reducing benefits.

The problem is the issue of demographics, he told students in the Congress and Public Policy (POSC 423) class.

"The demographics are that people are living longer."

"Anytime you have someone who goes from the category of being a worker to the category of being a retired worker, they go from being a contributor to the system to being a beneficiary of the system, and as that ratio changes you have dramatic problems."

In 1950, he said, 16 workers provided benefits for every one person collecting. Currently, approximately three workers pay out social security for every beneficiary.

"By the time all of you retire," he said, "it's going to be two workers for one beneficiary."

There is a strong possibility, Castle said, that some of those in college today will see social security continue to remain intact if the retirement age stays at age 65.

"Can we afford to do this in

the United States of America?" he asked.

Social security will begin paying out more money in benefits than it collects in revenues by the year 2018.

"When I talk about the need for revenue, I'm talking about the fact that revenue is going to be needed in order to pay for social security," Castle said.

The year when benefits will outweigh inputs, said to be near 2042, is the real problem, he said.

"Beneficiaries will only receive about 70 percent or 75 percent of what they are entitled to, unless there is some way of adjusting these things and making these decisions now," Castle said.

In terms of reforming social security, he said, "you've got a real catch-22," involving both Republicans and Democrats.

"This concerns me," Castle said, "because I think it makes it almost impossible to get together to actually fundamentally crack social security."

Republicans are not going to vote for an increase in tax revenues to correct the problem, he said, and Democrats are not going to be in favor of reducing benefits.

Personal retirement accounts, favored by President George W. Bush, would allow workers to voluntarily set aside a portion of their payroll taxes, but do not address the problem, Castle said.

That portion, estimated at 4

percent, would be taken out of the 12.4 percent payroll tax, and be put into a voluntary personal account, Castle said.

"The idea is that you would have a higher rate of return."

"You would still receive 8.4 percent from social security in the regular way, but you can also tap into your own account at the end, he said. And you would have the benefit of actually owning that."

If you died you would have the liberty to leave the amount earned from that 4 percent in your personal account to loved ones, Castle said.

But people must realize 4 percent would not pay out a huge sum of money, he said.

The negative aspect of this would be attempting to keep track of what money goes into the personal fund and what goes into the social security fund for each individual, Castle said.

"There are some scary aspects of this that I don't totally comprehend."

"I just think there are a lot of mechanical investment questions that are quite unanswered at this point before we can start to embrace or endorse this concept," he said.

However, Castle said the idea that the government would actually pay out less for social security in any year is "almost nonsense." The voting power of senior citizens almost prohibits that from happen-



THE REVIEW/File Photo
Rep. Michael N. Castle, R-Del.

ing.

Castle said that this means we are going to have to reduce other expenditures, which could affect college students.

For example, he said, various grant programs at the university could be sacrificed, as well as federal college loans.

Jason Mycoff, political science professor, said he agrees social security is important for students to understand because it is an issue that affects everyone at some time.

"You're continuing to pay for your parents and grandparents," he said, "but there may not be anyone to pay for you."

Junior Kyle Somers said Castle did a thorough job of explaining both the Republican and Democratic sides of the issue.

"I think it's a concern," he said, "just to see what is going to happen."

Commencement speaker chosen

BY ALEXIS BLASO
National State News Editor

Alumni and University Relations announced Monday the speaker for the 156th commencement ceremony.

Jeff Shaara, a nationwide best-selling historical novelist, has produced six works, including the prequel and sequel to his late father Michael Shaara's Civil War novel, "The Killer Angels."

Sharon Dorr, director of Alumni and University Relations, stated in an e-mail message Shaara's ability to marry telling historic detail with characters who engage with the reader's emotions has made all of his novels national bestsellers.

Shaara said it is a great honor to be speaking before the university's graduates.

"The nice thing about speaking to graduates is they're about to begin an extraordinary adventure," he said. "I want to get people to look beyond tomorrow. The whole world is open to them."

He said the nature of his work is to deal with some of the most important historical figures of the country.

People see historical figures as just names in a history book, Shaara said.

"What I've learned is that those characters are three-dimensional and they are very much us, he said. "It's who we are, it's where we came from, and we have to know who they were."

Shaara said he will speak from a historical point of view and envision each of the graduates as having a story not yet been told.

"Fifty years from now," he said, "someone could be writing about [one of them]."



Courtesy of Jeff Shaara
Novelist Jeff Shaara

John Hurt, acting history department chairman, said he is confident Shaara will be a fine commencement speaker.

"He is able to communicate with the public at large," he said.

Shaara will appeal to university students, as well as their families and friends, Hurt said.

"We should all have an interesting morning."

"The Killer Angels," based on the battle of Gettysburg, was awarded the Pulitzer Prize for fiction in 1975 and was later the basis for the film "Gettysburg."

Senior Eva Fowler said she thought a historical novelist was a unique choice.

"I think it is a big comparison going from [past speakers] Tubby Raymond and Joe Biden," she said.

Senior Reagan Hastings agreed that the choice was different from what she would have expected.

"I was thinking it would be someone who was connected to the school," she said. "Because he is a novelist, he might be creative with his speech."



THE REVIEW/Jenna Villani
The White House has proposed cutting Amtrak's \$1 billion federal subsidy but will keep \$360 million for passenger travel in the Northeast corridor.

U.S. House fights for Amtrak subsidies

BY NATALIE TORENTINOS
Features Editor

Amtrak will be forced to limit services after the U.S. Senate voted to scrap the rail operator's \$1 billion federal subsidy March 16.

Cliff Black, director of media relations for Amtrak, said the lack of funds make the passenger rail's operation virtually impossible.

In the 2004 fiscal year, 25 million people traveled on Amtrak with 68,000 passengers daily, he said, which is an all-time record.

In Delaware, nearly 750,000 Amtrak tickets are sold per year.

"We require a subsidy to operate. [We] always have and always will," Black said. "All national passenger rail services in the world require government support."

Without funding, he said, Amtrak will have to increase borrowing and defer maintenance of tracks, signals, tunnels and bridges.

President George W. Bush's 2006 fiscal budget eliminates Amtrak's operating subsidy, but sets aside \$360 million to keep passenger trains running through the Northeast corridor.

Elizabeth B. Wenk, deputy chief of staff for Rep. Michael N. Castle, R-Del., stated in an e-mail message the amount of money President Bush allotted for the rail operator is not enough.

"He recommended money for the northeast corridor," she said. "But he did not recommend

capital funding and other critical funding that is needed to keep trains running."

Wenk said Castle is working in Congress to ensure some Amtrak funding is restored because many commuters in Delaware use the passenger rail.

"He authored a letter signed by 21 House Republicans," she said, "urging the inclusion of Amtrak funding in the fiscal year 2006 Budget Resolution."

Sen. Rick Santorum, R-Pa., voted against maintaining Amtrak's federal subsidies.

Christine Shott, spokeswoman for Santorum, said the senator believes Amtrak should use federal funding more efficiently.

"There are segments of Amtrak's business apart from the Northeast corridor that are unprofitable," she said. "Amtrak should take steps to reduce operating costs and become more efficient."

Stephen Kingsberry, executive director of Delaware Transit Corporation, said the Bush administration supports local funding for Amtrak.

However, Delaware's budget could not cover funds for Amtrak if contributions were required on a local level, he said.

Margaret Aitken, press secretary for Sen. Joseph R. Biden, D-Del., said the senator has fought for years to keep Amtrak fully funded.

Biden hopes Castle is successful in his efforts to fund Amtrak, she said, and Biden's Senate colleagues will see the utility in federal subsidizing.

"This legislative session is far from over and hopefully it will be reintroduced," Aitken said. "The outlook is bleak, but something could happen before October."

JUST THE FACTS

• The U.S. Senate voted March 16 to suspend Amtrak's \$1 billion federal subsidy.

• In 2004, 25 million people used Amtrak with 68,000 daily, including 750,000 tickets sold in Delaware per year.

• Although President George W. Bush's 2006 fiscal budget eliminates the subsidy, \$360 million has been set aside for passenger trains in the Northeast corridor.

• Rep. Michael N. Castle, R-Del., authored a letter signed by 21 House Republicans to keep Amtrak subsidies in the White House's proposed budget, but President Bush is pushing for more local control of the railway service.

Newark ups reward for burglary leads

BY LISA VISCO
Staff Reporter

Newark police have raised the reward for information leading to the arrest of any individuals involved in recent area burglaries to \$5,000.

Newark Police Cpt. William Nefosky said there have been more than 70 burglaries in the tri-state area in the past four months. "There have been 12 burglaries where people have been confronted inside their homes and most of those victims were elderly," he said. "There is evidence that some of these burglaries are linked."

Newark Police and other surrounding law enforcement agencies started a task force last month in an effort to stop the string of burglaries.

The police were offering a prior reward of \$1,000 that generated some leads, Nefosky said. After numerous investigations, a large number of the suspects were cleared and the leads started to dwindle.

The police thought it was a good idea to raise the reward when leads began to diminish, he said.

"We have offered rewards before," Nefosky said, "but I don't recall the last time we offered such a large amount."

Cpl. Tracy Simpson said it is common practice to offer rewards when dealing with crimes such as the recent burglaries that impact the whole community.

"I definitely think a monetary incentive gets people to act on things that they normally would not," she said.

Mayor Vance A. Funk, III said he was notified of the increase and believes it is a good idea.

"Rewards almost always gain more results when compared with cases that no reward was offered," he said.

Outstanding cases are cleared more often when rewards are offered but it is hard to say if they are helpful in preventing future burglaries, he said.

There has been no opposition to the increase in the reward, Funk said. Everyone involved believes it will help in some way.

Funk said police use a nonprofit organization called Crime Stoppers, which is used by many departments, to implement rewards.

The organization receives funds from the state and attorney generals office in an effort to collect crime information resulting in arrests and the solving of crimes, Nefosky said.

Since December 2001, Crime Stoppers has offered more than \$150,000 in rewards, helped to make 2,000 arrests and recovered more than \$2.6 million in stolen property, he said.

"We are confident that this extra incentive will help us solve the crime," Nefosky said.

The community is very supportive of any idea that might help lead to an arrest in the burglary cases, he said.

"I don't think there has been any malicious intent from our callers," he said. "I have not found that anyone is intentionally trying to blame someone for one reason or another they know did not commit the crime."

The police have increased the reward to generate more leads and hopefully it helps, Nefosky said.

Anyone with information regarding the burglaries is asked to call 302-458-8741 or Delaware Crime Stoppers at 1-888-TIP-3333.



Comedian Tim Young joked about college life, sex and religion in the Scrounge Tuesday.

THE REVIEW/Mary Beth Wilde

Ga. courthouse shooting sparks security concerns

BY DANA SCHWARTZ

Entertainment Editor

A recent courtroom shooting in Atlanta has caused some state officials to question the safety of Delaware courtrooms.

Earlier this month in Atlanta, Brian Nichols, who was on trial for rape and other felony charges, stole a female deputy's gun, shot her in the face and then killed a court reporter and judge presiding over his case.

State Rep. Peter Schwartzkopf, D-14th District, said Delaware officials handle security issues much differently than Georgia.

"The one thing I have said about this situation is that to compare what happened in Atlanta to what goes on in Delaware is like comparing apples and oranges," he said.

Schwartzkopf said there are several distinct differences in how security is handled in Delaware.

There is a minimum of two correction officers handling an inmate at all times, he said. In addition, inmates are transported in handcuffs by the Control Department of Corrections as opposed to the sheriff.

"The Control Department of Corrections has background on the inmate and are trained with how to handle them," he said. "The sheriff in Atlanta did not know the inmate being dealt with and things went in a horrible direction."

Schwartzkopf said an incident in Lewes approximately 25 years ago caused Delaware to increase security in courtrooms.

According to Schwartzkopf, an inmate overpowered a guard, kidnapped a person and stole a car, which he overturned in a soybean field near Lewes.

"It's sad to say, but things don't usually get fixed until a tragedy occurs," he said.

Supreme Court Chief Justice Myron T. Steele said a proposal for eight more officers in Delaware courtrooms was made to the Joint Finance Committee before the Atlanta shooting occurred.

However, the state only agreed to fund one additional officer. Since the shooting, the issue over the seven additional positions has been readdressed.

Steele said all people involved with court security in Delaware have come together to alter procedures and evaluate the effectiveness of current security.

"We have also asked the U.S. Marshall Services to review our procedures to see if we are as good with security as we think we are," he said.

Although state officials are looking to hire more officers in courtrooms, Schwartzkopf said hiring more bailiffs would not keep courtrooms any safer.

"Bailiffs in the courtroom are personnel, not law enforcement officers," he said. "They are there to maintain order in the court and the majority of bailiffs are not armed."

Capt. David Hunt of Capitol Police said the force is always looking to hire more courtroom police but staffing is adequate.

Courtroom safety is shared between the courts, the corporal police and the Department of Corrections, he said, so the balance of security seems to work well.

"We have different procedures than Atlanta and what happened in Atlanta is based on a procedural problem," he said. "We are confident that the security we have now is adequate and working well for us."

Coffeehouse Series

'Redneck' entertains Scrounge

BY JENNA ALIFANTE

Staff Reporter

This week's Coffeehouse Comedy Series, sponsored by the Student Centers Programming Advisory Board, featured a returning comedian who critiqued religion, joked with audience members and mocked his own family.

Tim Young tackled various college-oriented topics including drinking, oversleeping, marijuana and sex Tuesday night in the Scrounge.

Young joked about the awkwardness of buying condoms from a drug store clerk.

"Hello, I will be putting these on my penis," he said.

Young asked the audience if they had seen aroused mannequins.

"Hard nipples on a mannequin, is that necessary?" he asked.

Young said he is from a rural area of Virginia and mocked his family.

"I come from a long line of rednecks," he said.

Young said his mom looked like Elton John and his dad, like a Chia pet.

Young also commented on his dad's preferred house attire of badly worn underwear.

Imitating a conversation between he and his father he said, "I don't like the look of your grades, boy. I don't like the look of your balls, Dad."

Young suggested there should be a TV show where Moses, Mohammed, Jesus and Buddha were

all forced to live in a house.

"Jesus keeps changing my water into wine and he thinks it's hilarious," he said.

Young asked the audience if anyone had seen a Web site titled, "Divine Intervention." Reluctantly, one audience member raised her hand.

He described the merchandise on the site, including religious figure dildos. Young said he has fun with the toys during the holidays.

Young said he plans to live to be 100 because women outnumber men 9-1.

"I want a tattoo that says hip breaker and to be called Osteoporosis," he said.

Vice President of Variety for SCPAB Raven Minervino said Young came back to the university for a second performance after being well received in a show last Spring Semester.

"We thought he was funny," she said.

They watched his DVD and his performance was aimed at college students, she said.

Good comedians really attract people, Minervino said. They see comedians on Comedy Central and recognize the names.

Sophomore Michael Franklin said the show was slow at first, but then ended amazingly.

He said some comedians try to poke fun at taboos. Young's jokes were not too offensive, he said.

"His laugh at the end of jokes made him a little [funnier]," he said.

City to host Wine and Dine

BY GREG SLATER

Staff Reporter

Newark residents will have an opportunity to participate in Newark's first "Wine and Dine Downtown" April 2.

The event, started by Mayor Vance-A. Funk III, will allow people to visit a variety of restaurants on Main Street and surrounding areas, and try their food while sampling many fine wines.

Funk said the event will promote downtown businesses, as well as bring Newark together, and he said he was shocked to see the list of wineries involved.

"There are some of the biggest names in the business," he said.

Each winery will have representatives at their respective locations to answer questions as well as teach, Funk said. More than 500 commemorative wine glasses be given away.

Julie Keppel, chairwoman of the Merchants' Committee, said admission for the event is free, and

guests will only pay for food and wine.

Assistant Planning Director for Newark Maureen Feeney-Roser said The Weather Channel's local screen crawl, and WJBR, a local radio station, will run commercials for 10 days prior to the event.

Although the event is during Spring Break while most students are out of town, she expects a good turnout.

"The goal is to promote the restaurants during a slower time in Newark," Feeney-Roser said.

Keppel said "Wine and Dine Downtown" is not restricted to only restaurants.

Many merchants will be staying open and participating in raffles for gift certificates and a Main Street shopping spree worth hundreds of dollars, she said.

Parking will be free for the event, she said, and a trolley will run on a continuous loop and will take people to the participating restaurants.

Feeney-Roser said several university students have been hired as strolling musicians to help add to the festive atmosphere.

Keppel said WJBR will also be holding a live remote broadcast for two hours on location the day of the event.

"I hope people will hear the broadcast and think, 'That sounds like fun, I think I'll go,'" she said.

The 11 wineries taking part in the event are Beaulieu Vineyards, which will be stationed in two locations, Beringer Vineyards, Casa Lapostolle, Chateau St. Jean, Conti of Chile, Mirassou Winery, Solaris, Stag's Leap Wine Cellars, Sterling Winery, Terrazas and Trimbach.

The 12 participating restaurants include Adria Café, Ali Baba, Café Gelato, Cucina Di Napoli, The Deer Park Tavern, East End Café, Iron Hill Brewery, Home Grown Café, Klondike Kate's, Saigon, The Trap and Timothy's.

Taco Bell reaches agreement after nationwide student protests

BY LEE PROCIDA

Staff Reporter

One thousand students and religious supporters gathered in Louisville, Ky., March 12 had originally planned a protest. Instead, they celebrated.

Their celebration marked the landmark agreement between Taco Bell and the Coalition of Immokalee Farmworkers to raise the wages of workers who pick tomatoes for the fast-food company.

Melody Gonzalez, a senior at the University of Notre Dame, participated in the program, said the agreement was not only a victory for farm workers, but for students who have been manipulated by corporations.

"They think we're mindless consumers and don't think about what we buy," she said. "This was our way of saying 'No, we do care, and we won't stand for these human rights violations anymore.'"

According to CIW spokeswoman Julia Perkins, the movement was originally started by CIW to protest wages for tomato pickers in the Immokalee area of southwestern Florida.

The protest quickly picked up supporters when people learned workers were paid 30 to 35 cents for each 32 pound bucket of tomatoes, she said. These rates inevitably kept the workers under the poverty level, Perkins said.

CIW, along with the Student/Farmworker Alliance and other organizations, also contacted more than 300 schools across the country to try spread their message, Perkins said. Notre Dame was one of 22 schools to successfully remove or block the business of Taco Bell since the boycott began in April 2001.

"Students and the faith community were an enormous help in this effort," Perkins said. "This was very important because they are Taco Bell's target mar-

ket—18 to 24-year-olds."

Student/Farmworker Alliance Spokeswoman Tiffany Ten Eyck said the Student/Farmworker Alliance is a decentralized network of students that supported the boycott and participated in the numerous "Truth Tours."

The "Truth Tours" were organized by CIW over the past three years, she said, and traveled around the country educating people about the boycott, as well as stopping at Taco Bell's headquarters and Taco Bell's syndicate, Yum! Brands, Inc.

She said the current agreement is an example of how grassroots' movements can succeed.

"It means a tremendous amount because it is a tangible example that when student workers and faith communities come together we can make changes for workers," she said.

Christina Koah, a student at the University of California at Los

Angeles, said she also participated in the successful removal of Taco Bell's business from her campus.

After presenting facts about the poverty of the workers to the board of directors at UCLA, and receiving more than 1,000 signatures on a petition, the student government at UCLA unanimously decided to remove the Taco Bell restaurant from the campus.

"Fast-food reaches so many people," Koah said, "and to think we will buy food that is grown and produced on the backs of underpaid workers is infuriating."

Perkins said the agreement met the threefold demands of CIW—to almost double the workers wages, create an enforceable code of conduct that properly eliminates modern day slavery through ways to report abuse and install a three-way dialogue between workers, growers and brands.

The Rev. Noelle Damico, former

national coordinator of the Taco Bell boycott for the Presbyterian Church of America, expressed her happiness about the long-awaited agreement.

"I think this decision is having a tremendous impact on the industry," she said. "Never before has a fast-food company worked directly with the workers at the bottom level of the supply chain."

Yum! Brands, Inc., and Taco Bell Media Relations were not available for comment.

In the light of the victory for farm workers, members of faith and students across the country are looking to the future to see what can be done next.

"Students are usually apathetic, but the turnout for this was truly inspirational," Gonzalez said. "Now we are looking to start working on other campaigns as soon as possible."

Police Reports

REFRIGERATOR REMOVED

Sometime between March 15 and 22 a refrigerator was removed from an apartment in the Cleveland Heights housing projects located on Terrace Drive, Newark Police said.

Newark Housing Authority, which owns the buildings, checked the complex and noticed a door to an apartment had been kicked open, Cpl. Tracy Simpson said.

Once inside, the refrigerator was found to be missing, she said. Two blankets were found in the upstairs bedroom of the apartment and an empty beer can was found in the bathroom.

The refrigerator value was estimated at \$288 and damage to the door was approximately \$50.

There are no suspects at this time.

IDENTIFICATION STOLEN

A debit card and driver's license was removed from a man while

he was at Deer Park Tavern Tuesday night, Simpson said.

At approximately 11 p.m. the man was sitting at the bar and gave his debit card and license to the bartender to pay for his drink, she said.

The bartender put his cards back on the bar and the man turned away for a few minutes, Simpson said. When he turned back around both of his cards were missing.

There are no suspects at this time.

LAUNDRY ROOM DAMAGED

Someone damaged a laundry room in the Park Place Apartments on Lehigh Road early Wednesday morning, Simpson said.

At approximately 4 a.m. police officers responded to an anonymous report of loud banging coming from the laundry room, she said.

When the officers entered the room they saw two holes had been

punched through the wall, Simpson said.

Damages are estimated at \$500 and there are no suspects at this time.

WINDOW BROKEN

A window was broken in a house located on Beagle Club Way sometime Tuesday night, Simpson said.

At approximately 8:30 p.m. the owner of the house was watching T.V. when she heard a loud crash coming from somewhere inside her house, she said. The woman checked all the windows in her house but did not see anything that was broken.

The next morning the woman was cleaning her house and saw the window of her downstairs bathroom was broken, Simpson said.

There are no suspects at this time.

— Kathryn Dresher

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Lung cancer high in Del.

BY JULIA PARMLEY

The Cancer Prevention Panel, which covered cancer screening guidelines and information about nutrition and physical activity to raise awareness about cancer prevention, was held Wednesday in Willard Hall.

The panel featured Jane Burton, an oncology nurse, Kristine Henry, an inpatient dietitian from Union Hospital in Elkton, Md., and Linda Smith, program coordinator and exercise physiologist from the Employee Wellness Center.

Graduate assistant Erin Gemmill, who helped organize the lecture, said it was valuable because many types of cancers are preventable.

"It is important for people to be informed on how to reduce their risk of cancer and to be aware of certain symptoms," she said.

Burton started the lecture by educating the audience on screening guidelines for eight different cancers, including prostate and breast cancer.

Approximately 1,500 Americans are expected to die daily from cancer this year alone, she said. Lung cancer is especially prevalent in the Delaware and Maryland area.

Although there are no particular screening guidelines for lung cancer, Burton said to reduce the risk, people must stop smoking and limit the occupational and environmental exposures that cause lung cancer.

Regular screenings and exams are essential to remain healthy, she said.

"There are some cancers that can be screened, detected and diagnosed early and treated effectively," Burton said.

Henry told the audience that about three to four million cancer cases are preventable by making health and lifestyle changes. Eating food from plant sources, limiting high fat intake, maintaining physical activity and limiting alcohol consumption are the best ways to reduce the risk of cancer.

Smith recommended about 30 to 60 minutes of daily exercise and, for those who are already active, to increase the intensity and length of workouts.

"If you aren't active, get active," Smith said. "If you are active, do more."

Smith said one of the biggest barriers for many people is a lack of time. She recommended people keep track of their daily routine



THE REVIEW/Lydia Leclair

The Cancer Prevention Panel Wednesday discussed the best ways to avoid contracting cancer.

and think about where they can put in more time for exercise.

Alice Daugherty, senior secretary for the dean's office at the College of Human Services, Education and Public Policy, said she was not aware of the frequent screenings and tests.

"When you get older, you have concerns about remaining in good health and I wanted to make sure I didn't miss any information," she said.

Retired librarian Jean Lantz said she wanted to use her wellness dollars to learn the information.

"The most important thing

was that [the lecture] reinforced things I already knew," she said.

Gemmill said the lecture was organized to coincide with Colon Cancer Awareness Month.

"I thought [the lecture] turned out well," Gemmill said. "The content is really important and hopefully people left with some beneficial information."

The Cancer Prevention Panel is part of a general lecture series on health. Employees can use wellness dollars issued by the university to attend the lectures.

It was sponsored by the Employee Wellness Center.

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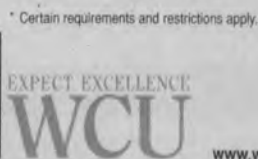
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Yoga helps to relieve stress

BY BETH ANDERSON
Staff Reporter

Students of Holistic Living held a Sahaj Marg meditation session in Perkins Student Center Wednesday night to help students learn new meditation techniques and cope with stress.

Senior Melissa Cox, co-president of SOHL, said meditation is a good stress-reliever. "It would benefit students to do it," she said.

Prakash Mahadevan, an instructor of Sahaj Marg, said this type of meditation originated from the Indian practice Raja Yoga, meaning "Yoga of the Mind."

In a world full of external influences, meditation is very important, he said, so people can be much closer to your self.

The main speaker, Rishi Ranjan, described meditation as spending time on one's self.

He often referred to it as "Natural Path meditation."

There are three levels of existence: the physical level, the mental level and the spiritual level. People generally do not take care of the spiritual part, he said. The goal of Sahaj Marg is to balance these three levels.

"You can realize your true potential, realize what you are, and make sense of the changes around you," Ranjan said.

Graduate student Karthik Kulkarni said he practices Sahaj Marg.

Meditation is not only for peace and stress relief, he said.

"We try to become one with our inner potential."

Those who attended the hour-long workshop participated in multiple meditation exercises.

In one exercise, everyone was told to close their eyes for three minutes and imagine that all their thoughts were vapors evaporating from their backs.

This was meant to demonstrate how experiences control the mind.

"Our thoughts protect us from thinking," Ranjan said.

For another exercise, audience members were told to again close their eyes for three minutes and pretend their hearts were overflowing with infinite love.

This is a meditation that should be done in the morning, Ranjan said, so a person can start his or her day with that thought.

Graduate student Yo Weng Tseng said meditating made her feel relaxed.

Tseng said she has meditated before but wanted to attend a formal lecture to learn more about the practice.

The Sahaj Marg activities and other SOHL events helped ease her worries about academics and material things, she said.

Ranjan told the group they can continue to have feelings of joy and relaxation throughout their lives by meditating for 45 to 60 minutes per day.



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Editorial

March 25, 2005 A5

Speaker

The university has announced that author Jeff Shaara will speak at the 156th commencement in May.

Shaara is a historical novelist, and his books have been on national bestseller lists.

His father, Michael Sharra, wrote the famous "The Killer Angels." Jeff Shaara is perhaps best known for the sequel, "The Last Full Measure," and prequel, "Gods and Generals," he wrote to his father's work.

Shaara's achievements as an author and historian are impressive, but The Review is surprised with the university's choice.

Students want someone prominent, someone they can relate to or at least someone with significance to the university to speak at what is their last hurrah at school before they begin working or go off to graduate school.

However, The Review also contends that someone does not necessarily have to be prominent to be a good speaker.

A commencement speaker is supposed to inspire students and leave them with words of advice for the future. Shaara could certainly do both of these things.

The Review is optimistic and looking forward to hear Shaara's words of wisdom.

The author says he will take a historical perspective and look into the crowd of soon-to-be graduates as people who he could someday be write about.

For the most part, students have responded positively, commenting that Shaara is a unique choice.

Still, the university certainly can afford to attract people with greater prominence, as they do all year round, for various speeches sponsored by different departments on campus.

Which leaves us to wonder, why did they choose Shaara?

He is not a person most students would have thought as their commencement speaker.

As a body of journalists, The Review is interested in hearing Shaara's speech.

Staff Editorial



Staff editorials represent the opinions of The Review Editorial Board

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Letters to the Editor

Send letters and columns to stepha@udel.edu. Please include a name with all submissions.

Lawmaking left behind as Congress plays party lines



Andrew Amsler
Reality Bites

Following the 2004 presidential election, political pundits and members of the media declared a new age in American politics: the partisan era, where Democrats nationwide are pitted against Republicans.

Although this overly simplistic view is a rash generalization about Americans (who are largely pluralistic and rarely make decisions solely based on political party), the truth in the assessment has been borne out by our lawmakers.

The Terri Schiavo case is the most recent example of this. Republicans, the President included, used the sad case in a disgustingly political manner, rushing back at a late hour to battle out morality on the House floor. It also sets a ridiculous precedent, but the case has highlighted another issue dominating Congress.

Perhaps more relevant to Congressional oversight, and also college students, is the Social Security debate. While Congressmen are spending hours of their time debating one case, the Social Security dilemma, which could affect millions, is burgeoning.

Estimates on when the Social Security program will begin to pay out more than it takes in ranges from 2032 to 2052, and most focus on 2042 as the Doms day of social security. I fear that nothing will be accomplished even by then if the current level of partisan bickering continues.

The problem is that Republicans are so hell bent on not raising taxes that any increase in payroll taxes is out of the picture. And Democrats have exacerbated the problem with charges that voluntary



personal accounts, which the administration is pushing, are a form of privatization. Some common ground must be found.

Both parties seem to have lost sight of the people who will really be affected by the problem, namely us. In 2042, college students today will be the principal beneficiaries of Social Security and they are being largely neglected.

The compromise is most likely going to involve concessions made on both sides of the debate.

We are currently fighting a war in Iraq, funding high cost programs like the No Child Left Behind Act and mitigating the ups and downs of a shaky American economy. To do this while cutting taxes

and spending more than \$1 trillion on Social Security is almost insane. In addition, there is no guarantee Americans will opt for the personal accounts that the President is backing. It is all speculation at this point, and the idea that we should pin Social Security to our market economy is frightening.

But charges from the Democrats that this amounts to privatization are just as bad. These claims are not only false but also infuriate Republicans to the point where any useful debate is lost.

So while the two parties bicker about cases like that of Terri Schiavo, which is tragic but not a federal problem, the death of Social Security is being further exacerbated.

Students, this represents our future. We will feel less of an impact by the death of Social Security than others because we are educated and will be more financially stable than most, but the masses of America in 40 years will be struggling to cope. For this reason, it is our duty as citizens to voice our concerns and solutions.

Some version of raising payroll taxes, which could alleviate the problem entirely, and offering individualized accounts will most likely be a necessary step. However, lawmakers who are more concerned about their respective parties than the future of Americans increasingly jeopardize the prospect of such a compromise.

I applaud Rep. Mike N. Castle, R-Del. for visiting the university to consult students about Social Security, but I fear that most representatives are not following his lead. If Congress continues on the party line, nothing will get done and the future of all important legislation is uncertain.

Andrew Amsler is a National State News Editor for The Review. Please send comments to acamsler@udel.edu

Government and media are exploiting Schiavo's situation



K.W. East
Where is My Mind?

Over a year ago, I wrote an editorial in these same pages about a woman in Florida who was in the midst of a right-to-die legal battle.

Terri Schiavo has existed in a persistent vegetative state since collapsing in her home from heart failure in 1990, unable to think, speak, interact or even be conscious of her surroundings.

Over the past weeks, this situation has come to an inevitable, ugly head. After a score of legal thrusts and parries, Schiavo's feeding tube was removed Friday, for the third time. It has yet to be replaced.

The case centers on the opposing wishes of Schiavo's loved ones. Her husband, Michael Schiavo, Terri's legal guardian, insists that she would not want

to be kept alive indefinitely in such a condition. Terri's parents, Bob and Mary Schindler, say their daughter's condition could improve with treatment.

As in my previous editorial, I'm not offering my opinion on Terri Schiavo's fate. I do not know her or what she would have wanted, and therefore my opinion is superfluous and irrelevant. The only people this decision should be left up to are Terri's family.

Unfortunately, some people do not agree, and are exploiting Schiavo's situation to further their own agenda. Maybe they do not realize that by hiding behind Terri's right to dignity, in life or death, they are sacrificing it.

On March 18, a House of Representatives panel met out of session for the sole purpose of issuing a subpoena for Terri Schiavo and others to appear at a hearing. This was quickly blocked by the presiding judge. Efforts to seek an appeal by the House have been rejected by the U.S. Supreme Court.

I am not sure why House members felt they needed to intervene in this case. Surely they thought they

were doing the right thing, but I can't see any motivation for it besides using Terri as an example to further their own beliefs. It made me wonder why they do not move as quickly to assist the scores of people around the world that die from starvation and disease every day.

President George W. Bush even commented that in this situation, it is best to "err on the side of life." This seems contradictory to his decision to cut funding for AIDS-ravaged countries that do not promote abstinence-only programs. Wouldn't it be best to give these countries the benefit of the doubt, even though they do not share his commitment to abstinence?

The media coverage of this situation is disappointing to say the least. The sensationalizing of Terri's suffering has done nothing but blow up what should be a personal issue and brought enough national attention to bring every supporter and protester who thinks their opinion matters out of the woodwork.

I realize that I say this at the risk of becoming part of the media circus, but surely, we as journalists can do

better. It is doubtful that any except the most local of politicians would have even heard of this case had it not received national attention.

There are only three people who should be deciding Terri's fate, her husband and her parents, and very few of us know what it is like to make a decision of that magnitude.

No one wants to see their child die, but Bob and Mary Schindler need to learn that they may have to let their daughter go, in peace and dignity, without a camera in her face and a reporter waiting outside.

Michael Schiavo must be sensitive to the Schindler's instinct to protect their daughter and realize that every possible effort must be made to try to help Terri recover before the most final of decisions is made.

In the meantime, Terri Schiavo lies in a purgatory all her own.

K.W. East is the Copy Desk Chief at The Review. Please send comments to kwest23@aol.com



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Lurking Within:
Long distance relationships can be difficult, especially when an ocean divides. B3

Mosaic

ENTERTAINMENT THE ARTS PEOPLE FEATURES

Movie Reviews:
"Melinda and Melinda," "The Upside of Anger" and "The Ring Two" B2



Friday, March 25, 2005

Grad-student's 'Epilogue' thrills

Joe Anderson releases first novel

BY KATHY DAGENHART
Staff Reporter

About three years ago, Joe Anderson began walking around the campus of West Chester University talking to himself.

No, Anderson didn't have an imaginary friend; he was actually speaking the contents of his first book, "Epilogue," out loud into a tape recorder. Now, as a first-year graduate student and teaching assistant, instructing a section of English 110, with a recently published book, Anderson knows those nights alone with his tape recorder have finally paid off.

"Epilogue," on sale at various bookstores, is classified as a mystery novel, however, Anderson says that it's really a mix of several different genres.

The protagonist, an unnamed businessman, was murdered by a coworker, Bob, on Saturday, April 4 at 10 a.m. This information he knows, but the reason for his sudden death is what he spends the remainder of the book trying to discover.

The deceased businessman wanders through the city as a ghost, trying to understand why he was torn from the life he was so used to living, trying to discover the motivation of Bob, his killer. He realizes as a dead man, he is still connected to the world of the living. In order to move on, he first must face the unresolved issues his former life dealt him.

Anderson says a large part of his novel is the emphasis on the individual characters. For inspiration for the characters, Anderson looks to the people he knows. Friends and his own personality inspired the main character.

Originally Anderson named the main character, but later decided to leave him unidentified, for lack of finding a name he

liked. He also chose to do this for literary effect, because the character is weak.

"The character's smart-ass demeanor tends to get him into a lot of trouble," Anderson says.

The killer fits the image of a stereotypical jolly man — short, fat and balding — but he is actually not jolly at all.

The most interesting character, according to Anderson, is the wife of the killed businessman, whose inspiration came from a woman he knew as an undergraduate. She is involved in a subplot, like many of the characters.

Anderson says "Epilogue" took about two years to write. The idea for the novel just popped into his head.

"I thought it would be interesting to write a book about a murderer from the perspective of the person who was killed."

Prior to "Epilogue," Anderson had written a science fiction novella, but he didn't know how to go about contacting publishers and was rejected by several magazines due to its long length.

He was adamant about getting "Epilogue" published and sought out several publishers ahead of time. In Anderson's search for a publisher, he found Publish America, known for supporting new authors.

Anderson wants to get his ideas out into the public, which is how he feels all writing should be presented.

He says money was a goal, but after receiving his first royalty check, he found himself disappointed.

"It was only about enough to buy dinner at a moderately nice restaurant or a feast at a fast food restaurant," he says.

Despite the light paycheck, Anderson says he feels a great sense of personal satis-

faction after accomplishing his goal of publication.

He describes the writing style of "Epilogue" as being to the point, descriptive, passionate and, at times, insane.

He is influenced and inspired by Ernest Hemingway, Hunter S. Thompson and the writer of "Fight Club," Chuck Palahniuk, who he says uses similar graphic images.

He wants his characters to portray real people, and to show humanity. The book is honest and focused, he says, because books have to be in this time of information overload.

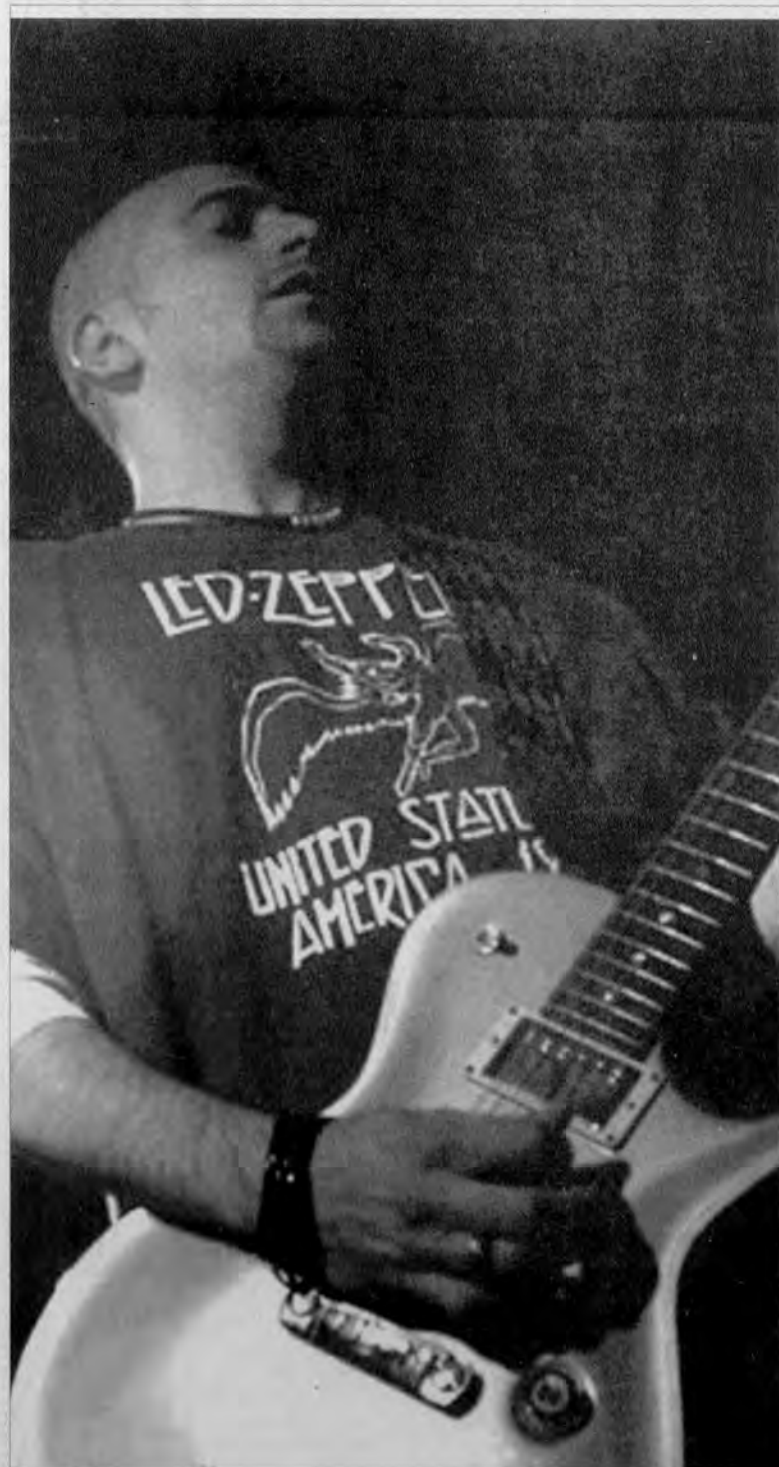
"I think that the world we live in now isn't all flowery," Anderson says. "Sometimes to get the reader's attention you have to slap them in the face."

He says his writing style influences the way he teaches. He says he teaches his students the same ideas he practices in his writing: conciseness and directness. For those who may be aspiring authors themselves, Anderson offers advice, telling them to be persistent and to determine an individual method for writing by experimentation, because the best way is different for everyone.

Anderson is currently working on another book, which he says is not a mystery at all. This book features more ethnic characters and is influenced by authors Isabel Allende and Jose Luis Borges.

"If you like sex and violence, give it a shot," he says.

The next time a guy is walking around campus at 1 a.m. talking to himself, look for a tape recorder before getting nervous and locating the nearest blue light. It just might be Joe Anderson talking through his next novel.



Eight Days Gone guitarist Steve Miceli, a Wilmington native, says his "marriage with music" began after seeing the video for Van Halen's "Panama" in 1984.

Eight Days Gone tours the nation

BY CHUCK RISTANO
Staff Reporter

The city is Coatesville, Pa. The year is 1988. A teenager stands quietly in the back corner of a smoky bar, waiting his turn to entertain yet another crowd. Though he's underage, a permit from the city liquor board allows the young guitar whiz to play tonight. Absolutely no alcohol for him, and again, the most familiar aspect of this bar is not the people in the crowd who will cheer him on but the secluded space where he must reside when not on stage.

The scenario may sound boring, but being an underage rock musician in a bar full of 20 and 30-somethings does have its perks, namely the decidedly older female beauty that approaches our guitar hero after he performs.

"God, that was a great night," Steve Miceli says, laughing and clearly not taking his remark too seriously.

Fast-forward nearly two decades later, Wilmington native Miceli, now 32, has just returned from his first national tour with his latest band, Eight Days Gone. These days, he has a brand-new home and a wife to which he returns. The groupies are long a thing of the past, and though he's certainly old enough to drink, Miceli says he generally abstains. However, one thing remains constant — his passion for the guitar.

Miceli's journey with the guitar, or his self-described "marriage with music," began in 1984 at age 11 when he came across legendary rock band Van Halen's video for "Panama."

"[Eddie Van Halen] made me say, 'I think I want to do that,'" explains Miceli, clad in a vintage gray Led Zeppelin "Tour of the Americas 1977" T-shirt and loose fitting camouflage pants. By the time Miceli turned 13, he knew playing his white Kramer Biretta guitar was his calling.

"I thought it was just a phase," states Steve's older sister, Patty Dunlap, in an e-mail interview, "but after a few months, I began to hear music coming from his room rather than just noise."

Shortly following Miceli's musical epiphany, he played his first show beyond the walls of his bedroom. The performance was for several 13-year-olds at a birthday party in a basement.

"It was big time," Miceli says, laughing.

Over the next several years, the talented young guitar virtuoso played in a mixture of original and cover bands throughout Delaware. Those included Amethyst, Metal Storm, Haywire, Steve Miceli's Nightlife, Twelve Strung Gypsy, Kelly Vale and Lovestone. Locally, Miceli shredded at such venues as M.R. Doc's in Hockessin and Kelly's Logan House in Wilmington.

In June 2002, Miceli's band at the time, Daphne Hero, split up. He received a call soon thereafter from singer/guitarist/songwriter Neil Steinke inviting him to join the Lehigh Valley-based band Eight Days Gone. Miceli accepted. A week later, after just one rehearsal, he and the band were playing showcase gigs for record executives at legendary SIR Studios in New York City.

"It was an instant connection musically," Miceli remembers.

In November 2003, Eight Days Gone scored an independent record deal with Ragin' Grace Music. His life, both musically and personally, has been a whirlwind since.

Shortly after Eight Days Gone was signed, Miceli headed to Orlando, Fla., to record his first album with the band. Headed by Steinke, EDG's original incarnation formed approximately 13 years ago as a speed-metal band with himself and drummer John Zadeh.

"About four years ago, John and I decided to write some songs and go for more of an acoustic rock band,"

states the singer in an e-mail.

It's a formula that has worked. The band's latest album, and first since Miceli joined the band, "Silence to the Naysayers," was produced by Joe Smith of N'SYNC and Backstreet Boys' fame and released on June 22, 2004 to critical acclaim.

The band then took to the road on a largely promotional tour that included shows with such national acts as Puddle of Mudd and Trapt in Beaumont, Tx., and Collective Soul and Shinedown in front of 10,000 people in West Virginia. Miceli considers the latter gig his personal tour highlight.

Miceli began to play a short guitar solo during one of the band's songs that day. Nervous forced him to keep his head down and eyes closed. When he finally peeked his head up, the crowd erupted in applause.

"I can't even explain it," he says.

It was at that same gig where Miceli received a valuable piece of advice from Barry Kerch, drummer for Atlantic recording artists Shinedown. Shinedown had spent a few years touring nonstop and saw no monetary reward. Like Eight Days Gone's road trip, the majority of Shinedown's performances were free promotional shows for radio stations. The band finally caught its break last year with a hit single ("45") and an opening slot on Van Halen's reunion tour. Speaking from experience, Kerch advised Miceli to "keep his head up, keep it on straight and be careful on the road."

For Eight Days Gone, life on the road can be as strenuous as it is rewarding. The band naturally finds serenity in the time it spends on stage. However, what often gets lost is the ongoing struggle simply to find time to eat and sleep.

"We're actually pretty boring," Steinke says. "Touring is a lot of fun; however, it is very exhausting."

But he and Miceli agree that the mutual respect the four band members (bassist Gary Bonneau joined the band two years before Miceli) share with each other, as well as playing for live audiences and meeting different people, make being on the road a worthwhile experience.

"It's all about paying your dues," Miceli says. "No one's gonna give it to you. You have to work for it."

Miceli must also work at balancing a musical career with his personal life. He got married last September. His touring schedule, however, prevented him from having a proper honeymoon, as he and Eight Days Gone were back on tour within two days of the wedding.

Miceli credits his wife, Lindsay, with being the stronger person in their marriage. Touring can be difficult at times, but he believes his lifestyle is decidedly tougher on his wife than on himself. Miceli can draw support from his band members, road crew and management while out on tour, whereas Lindsay is working her day job and coming home to an empty house.

"I think obviously your family comes first," he says, "but it's almost like with music and family there's kinda like that 50/50 balance, which I know sounds cruel, but I feel like I married music a long time ago."

Even so, Miceli's dedication to his family and friends remains unwavering and vice-versa, regardless of the amount of time he spends away from them.

"My brother is my hero," Patty says. "He plays with his heart and soul, and he makes the guitar sing with a beauty that is so rare."

Steinke agrees, "I've never met anyone as talented and dedicated to an instrument as Steve, and that's inspiring to me."

Asking Miceli how he has evolved as a guitar player since he first started, he doesn't hesitate to give his answer.

"I learned how to play," he says with a laugh.

Allen scores with 'Melinda'

"Melinda and Melinda"
Fox Searchlight
Rating: ★★☆☆

Sneak Peek

HOLLYWOOD

In his new film, Woody Allen cleverly interweaves two variations of a story that causes viewers to ponder, is life tragic or comic?

It begins with four refined New Yorkers enjoying dinner in an upscale restaurant, when an anecdote provokes an intriguing discussion. Two of the diners, both writers, offer different scenarios about an unexpected dinner guest named Melinda, one comic, one tragic.

Through the tangling of these parallel scenarios, the drama writer (Larry Pine) and the comedy writer (Wallace Shawn) illustrate that there is in fact a fine line between dark and light.

Rhoda Mitchell ("Finding Neverland," "Man on

Fire") plays Melinda in both of the fabricated Manhattan tales, surrounded by different casts in each.

The tragic Melinda has curly hair with a mind of its own, smokes, drinks and pops pills incessantly and feels hopeless and unhappy with her life.

The comic Melinda is more composed, noted by her contrasting straight and chic hairstyle and less frazzled demeanor. Although she faces unhappy circumstances in her life, like the other Melinda, she takes a more optimistic approach to solving them.

Mitchell does an outstanding job as Melinda, switching back and forth from each role with skill. She makes the transition from one storyline to another smooth for viewers. Although occasionally challenging to keep pace, Allen intelligently chose to let each tale unfold without much interruption, as the film rarely segues back to the New Yorkers' dinner debate.

We first meet the tragic Melinda disrupting a dinner party between old friends. After cheating on her doctor husband, getting cheated on by the man she left him for, losing custody of her children and attempting suicide, she doesn't know where to go next.

She hopes her friend Laurel (Chloe Sevigny), a cultured woman who is unhappy with her marriage, will take her in. Despite opposition from her adulterous husband, Lee (Jonny Lee Miller), a struggling actor, Laurel helps Melinda try and get back on her feet.

The second Melinda also interrupts a dinner, but in this scenario she is a complete stranger who has taken 28 sleeping pills in a weak moment of depression. She lives below Hobie (Will Ferrell), also a struggling actor, and Susan (Amanda Peet), a director, and turns to them for help.

Melinda expresses her misfortunes of how her husband left her, stealing the spotlight from Susan, who wants to impress her guests with her latest script, "Castration Sonata."

Hobie is as unhappy in his marriage as Laurel is



in hers, as Susan never wants to make love to him anymore and doesn't give him much attention. In both cases, Melinda not only interrupts dinner, she disrupts the way the two unhappily married couples live.

Farrell's clumsy character falls in love with Melinda in the comedy and it drives him crazy when she pursues other romantic interests. Although some people might not think Farrell adequately assumes the role as the typical Allen-like character, he is hysterical, delightfully neurotic and a pleasure to watch.

Allen's love for music is obvious in this film, as many characters have musical talent or are moved by the likes of Igor Stravinsky and Bela Bartok. The musical score infuses drama and passion into the film, mirroring characters' powerful emotions.

Twice in the film two characters play a duet on the piano, which reminds viewers there are two different

stories to be told, but occasionally they may blend together into one song.

At one point, the tragic Melinda's eyes well up during a piano song because it reminds her of the first time she met someone. Ellis asks her whether they are tears of joy or sorrow and she says they become the same tears. Again, the idea that a scenario can have both a dark and light side is reinforced.

Allen really makes a comeback with "Melinda and Melinda," uniquely and imaginatively combining drama and romantic comedy in an enjoyable fashion.

Megan Sullivan is the Assistant Entertainment Editor at The Review. The only thing she enjoys more than going to the movies is playing her tamborine for a live audience.

"The Ring Two"
Dreamworks
Rating: ★★☆☆

Opting not to stay in a room alone with a TV and unmarked videotape since seeing "The Ring Two" is not a coincidence.

The sequel to "The Ring" features Naomi Watts as Rachel, a journalist who has escaped the horrors of the first movie by moving to a small town in Oregon. "The Ring Two" is probably not as scary as its predecessor but serves more as an explainer. It pieces together parts of the puzzle that were not left in place after the first movie. For example the film explains that Samara (Kelly Stables), the pale, gremlin-like girl who haunts the characters, was also almost murdered by her birth mother, not just her adoptive mother in the same way by drowning.

While more details are being given, this is not to say there are not a number of scenes that still manage to make you want to sleep with the lights on.

For instance, when the creepy Samara manages to fake over Aiden's (David Dorfman) body, the young son of Rachel suddenly becomes a bit more feminine and pale with a constant bone-chilling look in his eyes.

While Samara has hold of Aiden's body, she is able to do more mischief, killing a few people here and



there, leaving the dead bodies with a look on their face disturbing enough to make someone run out of the theater.

The acting by Dorfman shows a maturity and sense of role-playing beyond his years. The scenes involving him and ghost Samara trying to take over his body are without a doubt the scariest and most startling.

Another notable character is Rachel's coworker at her small time newspaper, Max (Simon Baker). While only in a few scenes, he offers a handsome face to match up with the sexy Watts, leaving the audience wondering if there ever could have been a spark.

With talk of another "Ring" on the way, it seems like the crazy little girl has not had all of her fun just yet. Hopefully, Watts and fellow cast members will be up for providing another unsettling yet strangely enjoyable performance.

— Leah Conway

"The Upside of Anger"
New Line Cinema
Rating: ★★☆☆

One doesn't exactly consider Kevin Costner box-office gold. In the early '90s, a string of hits and an Oscar win for "Dances With Wolves," earned him A-list status that, following the legendary failure of "Water World," was soon ripped from his clutches.

One also doesn't consider Costner to possess any comedic timing, an assumption justified by his always overly-serious portrayals. The truth is, Kevin Costner is actually a pretty funny guy.

If his starring role 1996's "Tin Cup" didn't prove this, his new film, "The Upside of Anger," will.

Costner and costar Joan Allen play neighbors, bitter with life and broken by their dependencies on alcohol. The initial storyline doesn't lend to what turns out to be a hilarious film, but this is what makes "The Upside of Anger" so effective.

Denny Davies (Costner) and Terry Woldmeyer (Allen) are, from the start, polar opposites. Allen, whose dramatic portrayals in "The Contender" and "The Ice Storm," seems at home in a comedy. Her aloof sensibilities that have made her other roles so engaging also adds to the potency of Woldmeyer.

Seeing Costner's name in the opening credits may



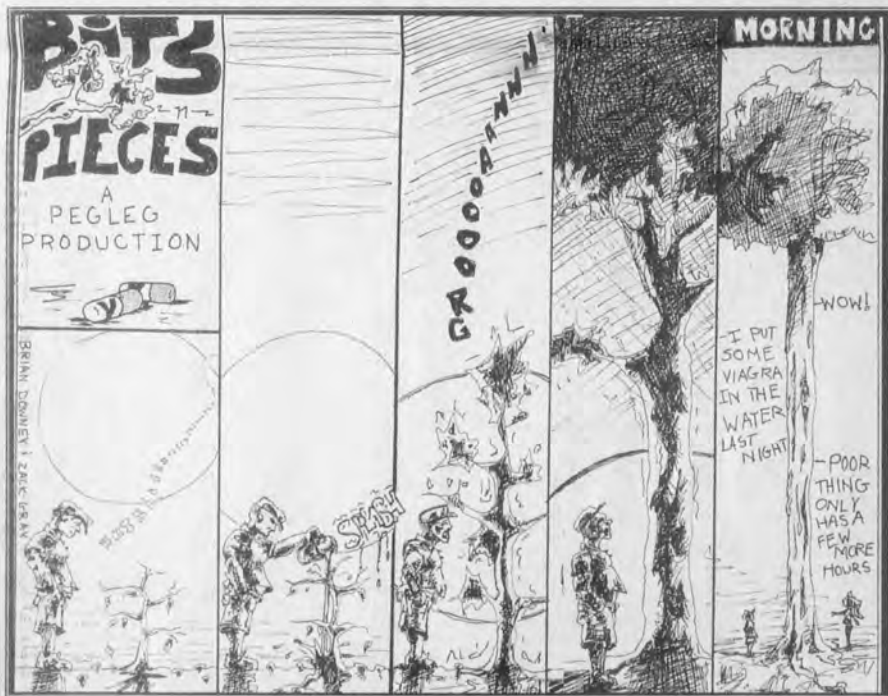
have stirred some unease but his character serves as the perfect foil to his up-tight female costar. An ex-Tiger's pitcher, Davies comes to Woldmeyer's aid — i.e. drinking buddy — when her husband leaves for a new life in Sweden with his brainless, strumpet-of-a-secretary.

Keri Russell, Erinna Christensen and Evan Rachel Wood, who play three of Woldmeyer's four daughters, are somewhat reduced to stereotypes, but their performances enhance the film's uproarious dialogue.

The dialogue is enhanced by the fact that both Costner and Allen appear drunk though the majority of the film.

What makes "The Upside of Anger" good is Allen and Costner's characters aren't likeable — at all. Their self-realizations, though, afford them a human quality often missing in today's films — lives in utter chaos, dealing with the day-to-day drama of real life.

— Christopher Moore



THE HITLIST

FRIDAY

Deer Park Tavern: DJ Rick Daring, 10 p.m., no cover

Stone Balloon: DJ Dance Party, no cover

Klondike Kate's: Friday Night Shakedown with DJ Andrew Hugh, 9 p.m., no cover

East End Café: Sin City Band, 10 p.m., \$3, \$5 minors

SATURDAY

East End Café: The Relay, 10 p.m., \$3, \$5 minors

Deer Park Tavern: Fat Daddy Has Been, 10 p.m., \$3

Klondike Kate's: Awesome '80s Night with Tom Travers, 9 p.m., no cover

VIE TIMES MOVIE TIMES

REGAL PEOPLES PLAZA (834-8510)

Be Cool 11:55, 4:40, 7:40, 10:25
Constantine 11:30, 2:25, 7:10, 9:55

Cursed 9:35

Diary of a Mad Black Woman 11:50, 2:40, 6:55, 9:50

Guess Who 11:25, 12:2, 3:35, 4:45, 7:45, 9:45, 10:25

Hitch 11, 1:30, 4:35, 7:35, 10:20

Hustle 1:55, 4:50, 7:55, 10:30

Ice Princess 11:05, 12:05, 1:30, 3:55, 7:05, 9:25

Million Dollar Baby 11:20, 2:50, 6:50, 10:05

Miss Congeniality 2: Armed and Fabulous 11:10, 11:40, 1:40, 2:10, 3:40, 4:10, 4:40, 6:45, 7:15, 8:30, 10:35

The Pacifier 11:35, 12:10, 2:20, 2:55, 4:50, 5:30, 7:20, 7:50, 9:40, 10:10

The Ring 2 11, 1:45, 4:30, 7:30, 10:15

Robots 11:15, 11:45, 1:35, 2:05, 3:50, 4:25, 4:45, 7:25, 9:45

NEWARK CINEMA (737-3720)

The Ring 2 Fri 1:15, 4:15, 7:10, 9:30 Sat 1:15, 4:15, 7:10, 9:30 Sun 4:15, 6:40, 9

Miss Congeniality 2: Armed and Fabulous Fri 1:30, 4, 6:45, 9:15 Sat 1:30, 4, 6:45, 9:15 Sun 4, 6:25, 8:50

Robots Fri 1, 3, 5, 7, 9 Sat 1, 3, 5, 7, 9 Sun 4, 6, 8

Rocky Horror Picture Show Sat 11:59 p.m.

THEATRE NAI NEUMORS (658-6070)

Sideways Fri, 8, Sat, 3, 8, Sun, 2

media darling

Steph Andersen

Editorial Editor

steph@udel.edu



You're invited to my Sweet 16

teen and the planning and hoopla that surrounds their lavish sweet 16 parties.

My personal favorite is Ava — Ava "will never settle for anything less than a Range Rover." She also drags her mother to Paris shopping for a dress, and literally has a mental breakdown when she realizes Dior is closed. "Oh my god mommy, Dior is like, closed," she cries. How absolutely tragic. But don't worry; Ava has a dress custom made for her later in the episode.

Hart's episode is entertaining as well, particularly when his mother has to bribe all of his girlfriends to come to his party by giving them free shirts to wear from her boutique. Silly Hart scheduled his party for the same day as the school dance. But really, having your mother bribe your friends? Pathetic.

After launching the first six episodes of "Sweet 16," MTV had the fabulous idea of having the kids come in with their parents and have them all react as they watch the show. So we get to hear them say things like, "Mom, I can't believe you said that." This is only slightly annoying compared with some of the sentences that come out of their mouths during the actual show I suppose.

All I have to say is that my sweet 16 was nothing like any of theirs. Maybe that's because my parents weren't millionaires.

Still, how could any of their parents actually agree to their ridiculous demands and spend thousands upon thousands of dollars on a birthday party? The kids are purely run-

ning the show, and it's sad because their parents are allowing them to look like idiots.

"Sweet 16" makes me feel like there is something wrong with the world, but at the same time then, why am I, and so many others who feel the same way for that matter, watching the show?

Maybe it's just people's obsession with those who are really wealthy and wanting to know what they do. Or maybe it's just funny for some people to watch 16 year olds crying about not having enough people at their birthday party (I think I fall into this category).

It's really insane. Sometimes I watch the show and turn off the television with confusion written all over my face. Did I really just watch that? Or, there are really people like that in this world?

My only answer is of course pessimistic, that television is going down-hill, and MTV is simply leading the degeneration with shows like this. But maybe, just maybe, if we all start boycotting these ridiculous shows, producers will actually have to be creative and come up with real plots and dialogue, and not just slap on some stupid teenagers and let them make fools of themselves for our entertainment, as enjoyable as I suppose this is.

I'll be the first to lead the way in the grassroots effort to end stupid reality shows — after this season of "Sweet 16" is over.



THE REVIEW / Kristen Margiotta

Performance gets 'jiggy'

Rideout brings classic Scottish music to Mitchell Hall

BY NICOLE NEWCOMB

Staff Reporter

Less than 24 hours after jolly Irish jigs were heard blasting from Klondike Kate's on Saint Patrick's Day, Mitchell Hall was nearly sold-out with patrons awaiting the lively and authentic sounds of the Bonnie Rideout Scottish Trio.

Internationally acclaimed Scottish fiddler, Bonnie Rideout, strolls on stage, smiles at the audience and begins to play. After the first group of songs, Rideout introduces herself and plays "Whiskey Before Breakfast," a jig to start the evening.

With curly red ringlets and a long, plaid skirt, Rideout looks like she stepped right out of Scotland. Strangely enough, this national Scottish fiddle titleholder was born in a small town outside Portland, Maine.

"I was 8-years-old when I took up the fiddle, we had no TV," Rideout says.

Rideout attended the University of Michigan and studied classical music. She says she is connected to her Scottish heritage and does research to study and learn music from the 18th and 19th centuries.

Rideout describes most of the songs as "small" music, the short, lively, crowd-clapping jigs. However, she prefers the "large" music, which is longer, subtle and forlorn.

Her personal favorite genre is Pibroch, a type of war music originally structured for Highland Bag Pipes.

"When I first heard Pibroch I thought the

musician was just tuning for 20 minutes," she says. "It's very depressing and it takes someone like me to torture everyone and play it."

Rideout instructs the audience to listen to the ground theme of the war song, and as it builds tension, to imagine the two armies meeting each other in an old-style battle.

The piece ends on soft notes and the audience sits in complete silence as the lights slowly dim.

"Pibroch is very emotional and it takes a lot out of me to play it," Rideout says.

She quickly bounces back to play "The Flying Scotsman," a small, feisty jig.

Throughout the night Rideout plays a succession of short jigs intersected by longer selections with more personal meaning.

Before playing "Little Matilda," she tells the story of Matilda, a young Scottish girl, who spends a romantic overnight evening with a young man she meets in town. The song describes her disappointment when her hopes of marriage are denied.

Rideout provides the vocals for this song in addition to playing the fiddle. Afterward, guitarist Bryan Aspey joins her for a short duet.

The other two-thirds of the Scottish trio is made up of Aspey on guitar and Matthew Bell on Celtic percussion.

The show at Mitchell Hall is special for this close-knit trio because it is percussionist Bell's 25th birthday. Before Bell's percussion solo, Rideout praises his talents with admiration for Bell's accomplishments as she has

watched him grow up.

"I've been playing on and off with Bonnie since high school," Bell says.

Bell is a member of the Third United States Infantry — The Old Guard Fife and Drum Corps. He is a professional class pipe band snare drummer and has been playing with Rideout full time since last January.

A special guest, piper Jerry O'Sullivan adds to the Scottish sounds. O'Sullivan has traveled with the group for the past four years on their Christmas tour. He spent Saint Patrick's Day entertaining at a show in Philadelphia and came to Delaware to join his old group for the night. O'Sullivan was raised by his Irish immigrant grandparents. He plays the Uilleann, Small and Great Highland Pipes.

"Jerry can be very serious but has a good sense of humor," Bell says. "We always find strange things backstage at our shows."

"One time Jerry came out with flippers on and continued to play the pipes with them on, tapping his foot to the music."

At the end of the show, after a standing ovation from the audience, the trio comes back on stage.

Rideout begins to play "Happy Birthday" to Bell and a family member brings up two balloons and a bottle of champagne.

The group seems pleased with their performance, never mind that it was at a smaller college venue.

"It's nice to be closer to the audience," Rideout says.



Photo courtesy of Chris Maccallie

Fiddle player Bonnie Rideout performed Friday at Mitchell Hall.

Soldiers serving abroad leave love behind

BY STEPHANIE WALULIK

Staff Reporter

Emily Cummings, formerly known as Emily Schneider, is a glowing newlywed.

Her eyes shine, her smile is all pearls and her left hand glitters with a sparkly diamond as she hands her friend an envelope of wedding photos.

Her friend opens the envelope and three girls at the table gush over Emily — an illuminating bride and pretty in pink, dancing with her groom Kevin Cummings.

"I wore pink because I wanted to wear pink," she gladly explains. She goes on to describe her weekend honeymoon at Lewes Beach. They returned Monday because she had class.

Something other than school cut the honeymoon a little short. Kevin, a Senior Airman in the United States Air Force, had to leave Thursday to begin training for his deployment to Iraq in May. He will be gone for six months before he and Emily can live together as husband and wife. Emily, 20, is a senior at the university and will be graduating in May. Kevin will miss her graduation, both of their birthdays, and simple everyday life with his bride during his deployment.

"When we said 'goodbye,' I thought 'what if this is my last time to look at him or touch his face?'" she asks. "We have so much more to do together."

The couple had been together for almost three years and engaged for more than two. A wedding was planned for September 2005 before it was his unit's turn to be sent to Baghdad.

He did not even know if he would make it home in time for their wedding.

"I can't even remember how or when we made the decision to get married before he left," Emily says. "We thought, screw the planning. I don't have time, I'm trying to graduate. We both wanted a simple wedding anyway." Cummings is one of many college students who, on top of all-nighters and impending final projects, has to deal with both the joys and sorrows of a military long-distance relationship.

These relationships are especially difficult because not only does the service member have to go wherever Uncle Sam requires, they often have to go alone. The significant other has no choice but to be left behind.

As if the anxiety of separation isn't enough, there is also the fear of deployment. Senior Michelle Sohansky says, her fiancé, Specialist Jon Loves, was attending college when the Army National Guard yanked him out of the classroom and sent him to Iraq.

The anticipation of deployment is unsettling but a given. Sgt. Lacey Devine says the prospect of deployment for both her and her fiancé, SSgt. Larry Hamilton, affects her relationship as well as her life.

In her administration job in the Army National Reserve, she has seen paperwork for soldiers who got married shortly after being notified of their deployment, as well as a staggering statistic of divorce that follows later.

"Knowing any day we can get deployed is always a concern," she explains.

Even though they're already planning to marry in December 2005, they would probably get married

sooner if one of them found out they were being deployed.

Sohansky says Loves' deployment is one of the reasons he proposed to her Christmas Day, one week before he left for Iraq.

She says he would have saved the proposal for after her graduation, but his deployment would have caused him to be gone during that time. However, it

of a recruit's life, especially during bootcamp. It is a service member's window to the outside world as well as into the hearts of loved ones.

Cummings asked her husband to write her letters while he is in Iraq because they did not know how often they would get to talk. "Kevin's not the letter writing type, but he said he would write," she says.



Photo courtesy of Michelle Sohansky

Specialist Jon Loves stands on top Saddam Hussein's palace with a special note for his fiancé, Senior Michelle Sohansky, back in the states.

was more than just timing.

"He wanted me to know he loves me that much and would take care of himself overseas," she says.

Staying connected is an important part of the military relationship. Today, military couples have e-mail, the telephone, instant messenger and cell phone text messaging to ensure consistent and immediate contact. Senior Michelle Mingoia and her boyfriend, Emsign Nick Stewart of the U.S. Navy, constantly text message and e-mail each other. Freshman Jeanine Antigua talks on the telephone with her fiancé, who is also in the Navy, every day.

The handwritten letter remains the most personal and romantic option for couples.

Sophomore Lance Corporal Joseph Dewson, who is in the Marine Reserves, says mail is a big part

Sometimes there is a period of adjustment when couples get back together, especially if the service member is fresh out of boot camp. "You come back a different person," Dewson says.

He explains that any time a recruit returns home, they have to make the adjustment from a regimented lifestyle to a flexible one, and have to get used to doing what they want to do rather than having someone else tell them.

For other couples, it seems easy to pick up where they left off. Antigua says she and her fiancé fight when apart, but hardly ever when together.

"The time we spent fighting doesn't even matter, because we have this time to be together. When we're together, we're perfect," she says.

Sohansky says she and Loves spend every possi-

ble second together when he is home, and will be there to pick him up at the airport when he arrives.

"As soon as he comes home everything will be the way that it was," she says.

Sohansky admits she cries a lot when Loves leaves, but the little things they do for each other are reassuring.

She and Loves constantly send packages, e-cards and e-mails to each other, and he often sends flowers to her.

"When someone's not in front of you it's like they're not there," she says. "Jon does more than any person needs to do because he knows it's hard for me."

Jealousy is something every couple may have to deal with, but a military relationship requires a tremendous amount of trust and security. Mingoia believes she found trust in her boyfriend.

"If he's putting so much time into our relationship, why would we do anything to jeopardize it?" she asks.

Antigua says she hears stories about infidelity that occurs overseas, but does not believe it applies to her fiancé. She is afraid he will be lonely because they cannot talk, but is assured he will be faithful to her.

According to Antigua, friends and family might not support the relationship.

"They don't like to see me hurt while he's gone," she says.

Sohansky, on the other hand, says her family is very supportive and helpful. Both her and her fiancé's family keep in touch and offer Loves encouragement while he is overseas.

"We are very lucky to have such great people around us," she says. Sohansky offers advice to those who are either facing a prospective military relationship or are having trouble with one. First of all, both couples must take it seriously, especially during the separation.

"You can't think you should break up just because they're away," she explains. "You have to care about them and support them, especially while they're gone."

She also has a few pointers for friends and family of military relationships. She says respect is the No. 1 thing. It is also important to stay supportive, even if they do not agree with what is going on in the relationship.

It is encouraging when a significant other knows their friends are taking it seriously, too.

"It's nice when people just ask about him ... like where is he, how is he," she says.

Eventually, the months of separation, stress and heartache whittle into weeks and then days of excitement while waiting for their loved one to return home. Cummings's husband is likely to return home in the fall. He will then be stationed in England for a three-year tour.

This time, Emily will be with him on what she calls their three-year honeymoon.

Until that time, Cummings will wear her husband's dog tags around her neck.

"He's in Iraq, I feel like I have to be tied to him in some way," she says softly. "His tags are always there."

University's Circle K volunteers, calls Bingo

BY JENNA ALIFANTE

Staff Reporter

The door opens and a loud doorbell echoes through a small, front hall. In the crowded entranceway, smiling faces excitedly greet their guests and handshakes are exchanged. The visitors know just what to do. They walk into a packed, back room where eager players await the volunteers — bingo night has begun.

The mood is upbeat. There are prizes to be won and fun to be had. Meghan Bills puts on a pair of velvet shamrock antlers for some St. Patrick's Day spirit.

Once Bills gets the OK from her fellow volunteers that everything is in place, she announces, "Are you ready?"

"Yeah, we're ready!" bounces off the walls of the crammed, cinderblock room.

Bills begins shouting out numbers while the other Circle K members stand around the tables helping the seniors fill their cards.

Circle K began in the early 1970s at the university, Bills says. She describes it as a college version of the Key Club, a popular high school community service club whose three objectives are service, fellowship and leadership.

The university's chapter has projects at the Emmaus House, the food bank and Meadows, a residential home for seniors with disabilities in Delaware City.

Community service is nothing new to the

students at the university who participate in Circle K.

Senior Adrian Martin says, from a young age, his parents instilled in him the value of helping people.

"The good feeling you get from it is infectious," he says.

Circle K's members have made sacrifices to continue their altruistic work.

"G20, H17, N34, O6," Bills calls out.

The numbers continue to roll. There is little time for conversation as the concentration of the participants radiates throughout the room.

"You guys are too quiet," Bills teases. This doesn't distract the bingo enthusiasts. They are set on their sport and expect to win.

"Bingo!" is shrieked with pride.

Bills asks the player to repeat back his numbers. The first winner of the night takes a Diet Coke as his prize.

If a participant opts for something other than a soda, the Circle K volunteers also bring with them a bag of inexpensive gifts including gum, perfume, bath products, soap, travel items and other personal hygiene products. Often members will shell out the money for these prizes rather than take them from the club's limited funds.

The night continues without incident. Players come and go, exchange cards and interact with the volunteers.

Despite the seriousness of the game, there is plenty of time for fun. Circle K member Jess Penetar asks Bills if she would like a ride in a spare wheelchair. The two take a spin in between bingo winners.

More winners shout bingo and more sodas are passed out while others choose to select a prize from the bag of wonders.

Meadow resident James Whiteman says he looks forward to playing every Thursday. He used to play in fire halls in Maryland, he says.

"I win a lot," Whiteman says, a multiple winner this evening.

After many "Bingos" and several card clearings, the night begins to draw to a close. The volunteers notice one player has yet to win a deserved prize.

"We make sure everyone wins," says Graham Worrall, treasurer elect of Circle K.

Volunteers peer over the shoulder of the winner-to-be, whispering what number he still needs to win. Miraculously, the very number needed is called out and the last victor receives his Diet Coke.

The game is over and the Meadow residents exchange goodbyes with the volunteers as they pack up the cards and chips. The winners excitedly pop open their sodas and ask if the students will be back next week. All is in a night's work for Circle K.



Photo courtesy of Circle K

Circle K members volunteer at a number of local establishments, including bingo games at Meadow, a home for disabled senior citizens.

The Review

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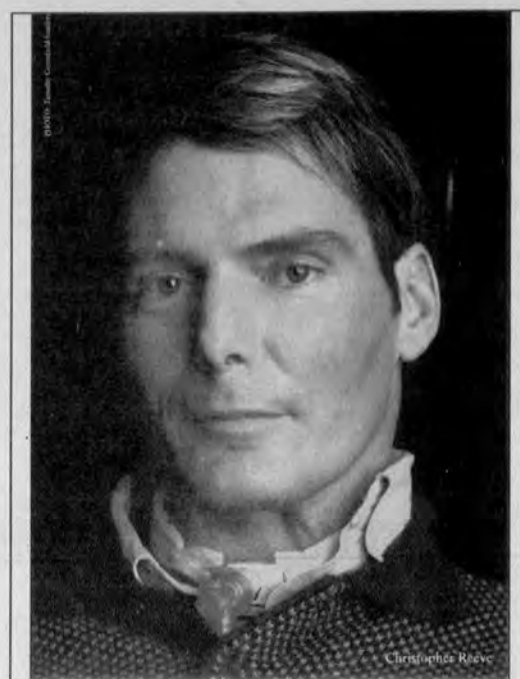
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THE AMERICAN DREAM STILL WORKS.

Freshman athlete on the right track

BY KENNY RIEDEL

Staff Reporter

The windy cadence of her measured breaths syncopates seamlessly with the horse-trot "clap, clap, clap..." of her New Balances as she stalks a William and Mary harrier just a few meters ahead. She gains ground stride by stride as her spikes let loose an organic confetti of grass and topsoil. She is Delaware's latest and greatest talent on the track and in the woods.

But she's clumsy, too.

"During the CAA cross-country meet, we were running at JMU, where there are old Civil War monuments across the course," says Colleen O'Brien, laughter perched on the tip of her tongue. "Well, I'm a really big klutz and I have a tendency to run close to the lines, so I didn't notice this canon just beside me when I passed it. I would've run straight into it, but I saw it at the last second and ended up smacking it with my arm."

O'Brien, an eighteen-year-old freshman from North Hunterdon, N.J., made her presence felt immediately and left no doubt that she will be one of the CAA's — and perhaps the nation's — elite. She stunned the traditional powers; to snatch third for coach Sue McGrath-Powell at the Colonial Athletic Association cross-country championships in November — the near-miss with the relic rocket launcher notwithstanding — and won the small schools mile at the New Balance Collegiate Invitational last month in 4:58.28.

Her CAA medal represented a rare coup for UD cross-country and track and field, which has

long been a second-class citizen in a conference that boasts storied programs like James Madison and William and Mary. Her unexpected triumph at the Adidas meet was a personal best by 14 seconds and the fastest indoor four-lapper by a Hen in nine years and the third best in school history.

"That mile was a huge [personal record] for me and it shows that good competition makes you run a lot faster," O'Brien says.

But she does trip up from time to time. Literally.

In fact, she says her practices often look more like Larry, Moe and Curly's slapstick shenanigans than the foundation for a five-minute mile.

"For some reason, I fall all the time at practice, especially in XC," she says. "I trip over roots, branches, and sometimes myself. We calculated that I have an average of 3.1 falls per practice."

When she's down — which, according to her falls-per-practice ratio, is once every 39 minutes or so — O'Brien relies on a support system of fellow runners to lift her up. They're tighter than Jacko's security, a "family" that keeps her hungry and motivated. And when she's not satiating that hunger in the Delaware Field House or at White Clay State Park, TCBY is a sweet substitute.

"During XC, the team hung out together all the time, and it seems like we went to TCBY almost

every day," says junior Allison Behrle, O'Brien's teammate and close friend. "Colleen loves TCBY, and she would always get this chocolate mousse flavor or something like that."

Their frozen yogurt fix, along with pre-race pasta dinners hosted by upperclassmen, reinforced the sense of sisterhood that has continued through the indoor season. It's what drives O'Brien to the tape when lactic acid build-up borders on unbearable.

"The team's great," she says. "Everyone's so friendly and supportive. That's really my motivation when I'm running, my teammates cheering for me. We're there for each other and I couldn't imagine being at college and not doing this, not being part of something."

McGrath-Powell sees white-hot fire in O'Brien's eyes the moment she sets foot on the track.

"She's a competitive person," McGrath-Powell says of her bubbly young phenom, whose outdoor season is in jeopardy due to a stress fracture suffered as indoor came to a close. "Usually, when someone plays a team sport and then decides to run track, they've got that want-to-win attitude already. Colleen has it."

McGrath-Powell gushes over O'Brien's potential, but admits there are times when she becomes a bit overambitious, when her Little-Engine-That-

Could determination is detrimental.

"She's fun to coach because she's sort of a blank slate. As a freshman, she doesn't know where her limits are and neither do I. We've had to try to keep the reins on her since she's very eager, maybe too eager. She works so hard."

Given her peculiar penchant for missteps and spills, it is only fitting that O'Brien stumbled into the sport.

"I played soccer pretty much my whole life," O'Brien says. "I've only been running distance since my junior year in high school, but I ran the 400 and 800, mostly. Our team was more focused on relays than individual events and it was just something fun to do. I didn't start running the mile and longer races until senior year."

Track was little more than a hobby for O'Brien until her senior year at North Hunterdon High, when coaches noticed her endurance and restructured workouts to maximize her potential as a middle-distance specialist. They succeeded — to the tune of high school bests of 2:15 in the 800 meters and 5:13 for 1600 meters, astounding results for anyone, let alone a clumsy futbol convert in the infancy of her career.

O'Brien came to Delaware after making a recruiting visit to Newark, and if she continues to progress at her present clip, the rest may be Hen history.

If she steers clear of loose cannons, that is.



Freshman track star Colleen O'Brien

No break for athletes

BY RAVI GUPTA
ANDREX PRICE

Sports Editors

While average college students are off on a warm beach in the cool spring air, several different Delaware teams will begin the bulk of their grueling schedules.

The men's tennis team (5-2) will have five matches, including a four-match road trip starting at Bethune-Cookman and culminating in Stetson.

Senior John Tully will have a chance to break the thirty-year-old Delaware record for most career singles wins of 57, set by John Zolin in 1975, over the break.

The women's tennis team (9-1) also has five match-ups over the break, and four road match-ups as well. The team will travel to Webber on March 29 and University of Maryland—Baltimore County on April 4, to play home match against Bucknell that was postponed due to rain on Mar. 23.

Sophomores Liz Perlow and Sari Shuster along with freshman Susan Pollack are the Hens major singles weapons. Perlow has an astounding record of 15-2 at the No. 3 court. Shuster holds down the No. 2 court with a 13-3 record. Pollack comes into the road trip with a 14-3 record at the No. 1 court.

The women's lacrosse team (3-2) will visit Drexel April 1 and host Hofstra April 3 at the end of the break. The Hens made an impressive showing in a 21-4 rout of Villanova and a 14-7 crushing of Mt. St. Mary's.

The Hens average more than five goals than their opponents with 13.2 to 8.4 over their first five games.

Senior midfielder Erin Edell leads the team with 14 goals with a high shooting percentage of 46.7 percent.

The baseball team will have a busy spring break as the Hens play seven games in nine days, weather permitting. The Hens can't seem to go two weeks without a game cancellation or postponement and hopefully next week will bring good weather for all.

The hard-batters start the break by entering conference play as Hofstra (7-11) comes to town for a three-game series. In the beginning of April, the Hens host another CAA three-game set against Towson (8-8). Scattered in between, Delaware will kick off the Liberty Bell Classic against La Salle on March 28, make up a game at George Washington on March 29, and travel to Philadelphia for a duel against St. Joseph's on March 30.

Delaware will be led by fresh-

man up-and-comer Brandon Menchaca who is hitting .327 on the season with five steals and a team-leading .612 slugging percentage.

The men's lacrosse team (5-3) has two home games slated over break against Towson and Sacred Heart. The Hens will take on 12th-ranked Towson (4-2) on March 26 in a CAA showdown featuring two top teams in the nation. Conference play resumes when Delaware takes on Sacred Heart on April 2. The Pioneers (4-2) feature CAA Rookie of the Week Billy Fuchs, who recorded a hat trick in a 9-8 win over Dartmouth last week.

The softball team (9-11) is traveling for spring break. No, they aren't on vacation, but all six of their games are on the road, starting with a three-game set at George Mason (9-15) on March 25 and 26. The Hens then take a trip to downstate Delaware to take on Delaware State in a doubleheader on March 30. To cap off the road trip, Delaware will head further south to UNC—Wilmington (17-21) for a three-game series with the conference foe on April 2 and 3.

The Hens will be led by the dynamic duo of Allison Borchers and Barbara Traynor. The two combine for 41 total bases, more than a third of the team's total.



THE REVIEW/File Photo

Sophomore infielder Michelle Plant and the Delaware softball team will hit the road over Spring Break, playing six games away from Newark.



THE REVIEW/File Photo
The Delaware men's lacrosse team is 5-3 after defeating Manhattan 9-8 last weekend.

Hens seeking win over rival

continued from page B6

their All-American goalie Reed Sothoron, their uniquely efficient offense and their aggressive defense which is similar to Georgetown's, Shillinglaw said.

"We need to take quality shots, control time of possession and give their offense lots of different defensive looks," he said.

Delaware's early success can be attributed to four players with over ten goals this season including senior midfielder Dave Powers.

"Dave is a senior that has not seen a lot of playing time previously but is doing a great job scoring goals this season," Shillinglaw said.

He also credits improved consistency from senior and tri-captain goalie Chris Collins and dominant face-off ability from sophomore midfielder Alex Smith as big reasons for the team's success.

Powers leads the team in goals with 18, sophomore attacker Cam Howard led the team with 21 assists and sophomore midfielder Jordan Hall leads the team in total points with 28.

Although the Hens have distinct goals for their finish this season, their only concentration will be on Towson this week.

"Towson is probably our main rival," Shillinglaw said. "We have to focus on the immediate and not look past the next game."

Men's crew: 'Bad boys for life'

continued from page B6

the finish line first.

"While you're waiting for the race to begin you're nervous and you have butterflies," Dean said. "After the race though, you're tired, you fall over and feel like you are gonna die, but it feels a lot better when you win."

So far, the Hens have competed in one race this spring when they went against La Salle, Lehigh and Drexel on the Schuylkill River in Philadelphia. The Hens' light-

weights were able to come out on top.

A tradition that goes back to the beginning of the sport is that the losing teams must give the lone winning team the shirts off their back. Over the past few years the Delaware crew team has been able to expand their wardrobe to include a number of T-shirts from a cornucopia of different schools.

The Hens are hoping that their hard work will pay off this spring season when they face-off against Georgetown, Columbia and Harvard on Mercer Lake in New Jersey.

"Outlook is good for this year," said

junior vice-president and lightweight Mike Hoffman. "We are going to be competing against some of the top schools out there."

The Hens will be heading down to Cocoa Beach, Fla. for spring break, where they will continue to practice for their upcoming races. Although they will be spending much of their time practicing, the guys will also be finding time to have fun. After all, they are brothers.

Or as sophomore lightweight Ryan Allen jokingly put it, "We row together, we flow together, bad boys for life."



Courtesy of DelawareCrew.com

The Delaware men's crew team is optimistic heading into a schedule that includes some of the nation's top programs.

inside

- Freshman track star already making noise
- Spring Break preview ... see page B5

March 25, 2005 • B6

REVIEWSPORTS

Who popped out this day?

1920 - Howard Cosell
1964 - Ken Wregg
1965 - Avery Johnson
1966 - Tom Glavine
1973 - Bob Sura

Commentary

DAN MESURE



No love for Barry

We got him, oh man did we ever get him! We brought Barry Bonds down, oh happy day!

In case you didn't notice, I was being sarcastic.

Season after season of having to question him about his ever-bulging biceps and his knack for breaking records, Barry Bonds has admitted his defeat to the media. I only have one question in the wake of Bonds' breakdown ... Whose fault is it that Bonds is unhappy about the way he has been treated?

I understand he's upset since he has been criticized and questioned over and over about whether he used steroids, but unfortunately if you're a marquee player in the league that comes with the business, and BALCO Bonds, oh sorry I meant Barry Bonds, is no different.

Am I expected to feel sorry for this pompous ego-driven man who cheated his way to the top of the league?

Since he came into the league he has been nothing but arrogant to the media, the fans and even some of his own teammates. Now, I'm not arguing his impact on the game with or without steroids, but I can't think of a worse superstar "role model" than Bonds.

Bonds can be put right up there with the likes of Michael Jordan, Wayne Gretzky and Dan Marino, but there is one crucial difference; those other three superstars were all class acts.

After all the controversy that has surrounded Bonds, not to mention his daily demeanor, Bonds not only doesn't deserve to be in the conversation as those other superstars, he isn't even worthy enough to hold their jock straps.

How can Bonds blame the media for his woes? I have yet to hear a story involving Bonds bending over for a media member to give him a needle in his behind injecting him with steroids. Bonds put all of this controversy on himself. He made a choice, he could play the game fairly or he could play with fake muscles and an aching gluteus maximus. Unfortunately for the fans, his family and his butt, he made a bad choice.

It's a shame that the "king" of America's pastime (whose crown has been resized numerous times over his career to fit his oddly growing head, both literally and figuratively) is also the poster boy for the worst possible role model for kids today.

What's funny is that the majority of baseball fans won't even miss the steroid-ridden slugger. In a poll done by ESPN.com on Wednesday, 67 percent of fans said that they think Bonds should retire.

Baseball has many other things going for it besides Bonds that will benefit the game. There are many other young stars that can easily fill the void left by Bonds. With Bonds out of the picture, such marquee players as Derek Jeter, Carlos Beltran and Albert Pujols should get even more attention.

Major League Baseball also has the ever-entertaining Red Sox versus Yankees rivalry, which is much more exciting than the Bonds versus the media rivalry.

The race for the division titles looks as if it could be as tight as ever, with the newly improved Mets, Marlins and Dodgers in the National League, and the Angels and Orioles in the American League.

Baseball is in the middle of its new golden age with skilled players coming from all over the globe, and just about every team being able to compete for a chance to play in October.

So don't rush to come back, Barry, baseball will be just fine without you. While you're lounging out by your pool sipping on your protein shake and resting your injured knee, which buckled under the weight of all your lies, baseball will continue. The fans will cheer, the players will play, and this time no one will have an unfair advantage.

Dan Mesure is a Sports Editor for The Review. Send questions, comments and a couple protein shakes to Measures36@aol.com.

Delaware's 'band of brothers'

UD men's crew team respected nationally

BY DAN MESURE

Sports Editor

When someone thinks of a brother, a sibling related by blood comes to mind. However, there is a different type of brother. The other type of brother is something special, something rare. It is a person who sticks by you through hell and high water. Someone who is the first to congratulate you when you do well and the only person you will let talk to you when you perform horribly. It is a person who is willing to go the extra mile for you when you don't even ask. One needs not look further than the men's crew team as the epitome of this type of brother.

This band of brothers feels that their success comes from their camaraderie and chemistry, even though all of them compete with each other to gain a better seat in the boat.

"Yeah, we're competitive and all want the top seat, but as soon as we're off the water, we're brothers," said junior president and heavyweight Tom Dean. "We can be competitive and then just switch it off."

Another factor to which the team credits its success is its coaches.

"We're so lucky to have our coaching staff, they are the best of the best," said junior lightweight Joel



Members of the men's crew team row at the Head of the Charles Regatta in Boston, Mass.

Courtesy of DelawareCrew.com

Sommer.

The "best of the best" is head coach and founder of the team Chuck Crawford. Since Crawford formed the team in 1991, he has molded the club into one of the top programs in the country.

The lightweight rowers are consistently ranked in the top 10 of the country, while the heavyweights are not far behind as they continue to improve every year.

"Even though we're a club team we still participate at a varsity level," Crawford said.

The club faces off against some of

the most renowned programs in the country, such as Harvard, Yale and Princeton.

The Hens aren't able to just get by from their chemistry alone. In order to hold their own against the powerhouse teams, Delaware partakes in an intense workout schedule that goes throughout the entire school year, including winter session.

"It's hard to maintain motivation over winter training," sophomore heavyweight Brian Steimers said. "But we have to keep with it because if we miss one day of training it puts us lightyears behind other teams."

While most of their fellow students are sound asleep in the comfort of their bed at 6 a.m., the crew team is rowing on the Christiana River getting ready for their next big race. When they aren't practicing on the river the club has practice in the field house.

"It is a lot of aerobic and fitness work," Dean said. "It's a lot of lower body work since crew is 99 percent legs."

Like all sports, crew must practice intensely because the races are extremely intense as they compete against other schools, striving to cross

see MEN'S page B6



The Delaware women's lacrosse team will host Towson today at 7 p.m. The Hens are coming off an 11-10 loss to No. 14 Pennsylvania.

THE REVIEW/Dan Egan

Women's lax opens CAA play with TU

BY PHILIP WAYNE

Staff Reporter

Their practices have been ongoing for months, and they started playing games weeks ago, but their season will truly begin on Friday night.

That's when the Delaware women's lacrosse team opens up conference play by hosting Towson.

Following a hard-fought 11-10 loss to 14th-ranked Pennsylvania on today, the Hens will look to tame the Tigers as they return to Rullo Stadium at 7 p.m.

Delaware (3-2), picked to finish sixth in the Colonial Athletic Association, will begin its conference play looking to capture its first conference title since joining one of the toughest lacrosse divisions in the nation. The CAA had four teams placed in the top 20 in a pre-season poll done by the Intercollegiate Women's Lacrosse Coaches Association. This poll included both Towson and Delaware who were picked 18th and 19th respectively.

"The polls mean absolutely nothing," said first year head coach Kim Ciarrocca. "I don't care much about the polls, come late April is when the polls start to matter."

Despite the setback at Penn, the Hens are focusing on the positives, including non-conference wins over Villanova, Mount St. Mary's and Rutgers which helped the women gain confidence as they prepare for the rigorous teams it's about to face in conference play.

The battle taking place Friday night will have an impact not only on conference standings, but also on the national rankings where the Hens currently sit 20th in the nation while the Tigers are four spots ahead at 16th. The Hens will look to hand the Tigers their first loss of the season, who defeated Connecticut last Saturday by the score of 12-9 to improve their record to 5-0, their best start since the 1992 season.

Tonight's game features two of the hottest

players in the CAA, as Delaware's own Casey McCrudden will look to counter Towson's Becky Trumbo. Trumbo was named CAA Player of the Week following an eight-goal performance against Connecticut. Trumbo currently leads all CAA players with 21 goals in leading her team to its red-hot start.

"We have to play tight D, and throw some doubles at her, put her in some tough matchups," Ciarrocca said in regards to Trumbo.

Opposing Trumbo on the Delaware side is McCrudden, a freshman attacker, who was named last week's CAA Rookie of the Week for recording five goals in back-to-back victories over Villanova and Mount St. Mary's, including her first career hat trick against Villanova. McCrudden added another two goals Tuesday at Penn to bring her total to eight for the season.

Also leading the Hens into action are sophomore midfielder Katie Muth and senior midfielder Erin Edell. The duo combined for seven goals in a dominating 21-4 victory over Villanova and six goals in the victory over Mount St. Mary's. Edell currently leads the Hens in many statistical categories including goals and points, and has already tallied three hat tricks on the year.

But the Hens aren't relying on offense alone, as the team often looks to junior goaltender Patrice Hughes as the last line of defense.

Hughes enters the game with a goals against average of 8.42, and was credited with eight saves in the loss to Penn and nine in the victory over Mount St. Mary's.

Ciarrocca believes that her team's non-conference schedule has well prepared her team for their upcoming conference games.

"We played some pretty good teams, including a top 10 team, and a team ranked 14. Four of our first five games were tough games against tough opponents," said Ciarrocca. "We need to play smart, commit no turnovers, and play confidently."

No. 12 Tigers next for Hens

BY JASON TOMASSINI

Staff Reporter

Every coach says they approach each game the same, but deep down they know they give a little extra against their rival. The men's lacrosse team figures to bring all the energy they have Saturday night against Colonial Athletic Association rival Towson at Rullo Stadium.

The Hens take a 5-3 record, including wins in three of their last four games, into the first of four consecutive conference games.

Towson is Delaware's second ranked opponent this season as the Tigers are No. 12 in the United States Intercollegiate Lacrosse Association poll.

The other ranked opponent, No. 5 Georgetown, beat the Hens in a hard-fought 9-8 battle on March 16, a game that head coach Bob Shillinglaw viewed as influential.

"Although we lost the game against Georgetown, it reassured the guys that they can play with anyone," he said. "The next step is to hold on and win."

In contrast to the Georgetown game, the Hens survived a scare

against 1-3 Manhattan in their last game, winning only 9-8.

"We have to keep our confidence going and continue to do things we have been doing," Shillinglaw said. "To only hold on against a weaker team was a wake up call."

Towson sports a 4-2 record and is the preseason favorite in the CAA, a conference in which all six teams are ranked in the top 25.

Although Delaware has been ranked this season, they still need to win the CAA conference tournament to feel comfortable about an NCAA tournament bid, Shillinglaw said.

"The goal is to win the whole thing, we would like to take the easy route and win the regular season and get to play at Rullo Stadium on our own turf," he said. In order to be invited to the CAA tournament the Hens must finish in the top four in the conference.

"When entering the conference play you have to throw away previous success and play a different season," Shillinglaw said.

Towson's best qualities are

see HENS page B5



THE REVIEW/Steve Hannan

The men's lacrosse team will open conference play on Friday when they host Towson.