

Local skaters discuss
their culture in Newark

page 17

www.
UDreview
.com

Be sure to log on to our
Friday online edition.

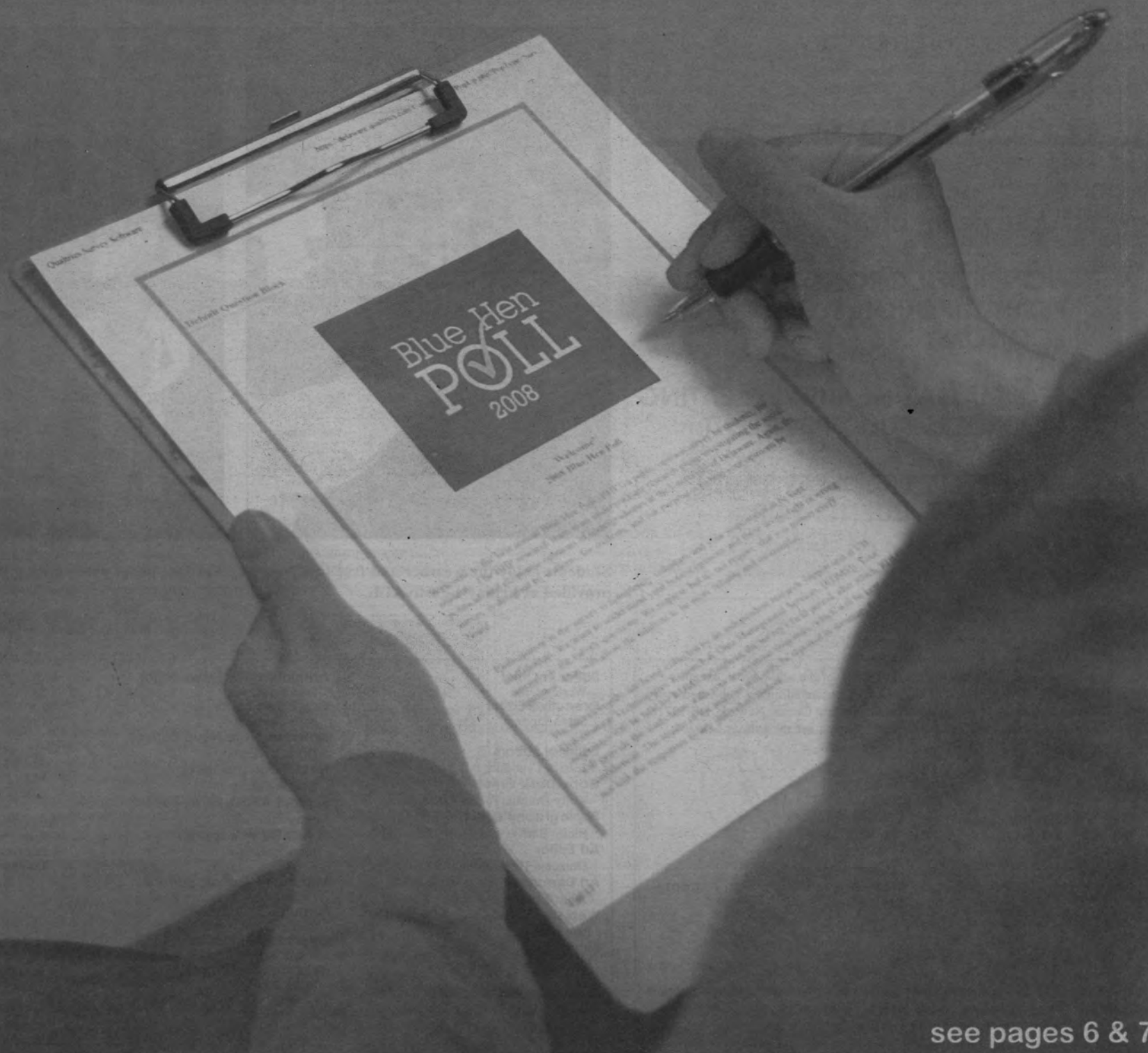
the review

The University of Delaware's Independent Newspaper Since 1882



THE RESULTS ARE IN

Blue Hen Poll 2008 gives insight into students' most pressing issues



see pages 6 & 7

inside

- 2 News
- 4 Who's who in Newark
- 12 Editorial
- 13 Opinion
- 17 Mosaic
- 21 delaware UNdressed
- 26 Classifieds
- 28 Sports
- 28 Sports Commentary

web exclusives

Check out these articles and more only on udreview.com

- **NONPROFIT ORGANIZATIONS FIGHT THROUGH SLOW ECONOMY**
- **SELF MAGAZINE SURVEY: EATING DISORDERS STILL PREVALENT**
- **UNIVERSITY PREPARES SAUDI ARABIAN STUDENTS FOR AMERICAN COLLEGE EXPERIENCE**



THE REVIEW/Steven Gold

Students protest the Residence Life policies that caused controversy last semester.



THE REVIEW/Allie Williams

Students enjoy the weather and free food provided at Friday's FestivALL.



THE REVIEW/Steven Gold

YoUDee poses with smiling students on the Green.

The Review is published once weekly every Tuesday of the school year, except during Winter and Summer Sessions. An exclusive, online edition is published every Friday. Our main office is located at 250 Perkins Student Center, Newark, DE 19716. If you have questions about advertising or news content, see the listings below.

Display Advertising (302) 831-1398
 Classified Advertising (302) 831-2771
 Fax (302) 831-1396
 Web site www.udreview.com
 E-mail thereview.editorial@gmail.com

The Review reserves the right to refuse any ads that are of an improper or inappropriate time, place and manner. The ideas and opinions of advertisements appearing in this publication are not necessarily those of The Review staff or the university.

Editor in Chief
 Wesley Case
Executive Editor
 Sarah Lipman

Editorial Editors
 Jessica Lapointe, Jeff Ruoss
Copy Desk Chiefs
 Kelly Durkin, Tucker Liszkiewicz
Photography Editor
 Ricky Berl
Art Editor
 Domenic DiBerardinis
Art Director
 John Transue
Web site Editor
 Paul Fenlon
Blogger
 Elena Chin

Managing News Editors
 Katie Rogers, Brittany Talarico

Administrative News Editor
 Jennifer Hayes
City News Editor
 Josh Shannon
National/State News Editor
 Brian Anderson
News Features Editor
 Sara Wahlberg
Student Affairs News Editor
 Amy Prazniak
Senior News Reporter
 Jennifer Heine

Managing Mosaic Editors
 Laura Dattaro, Andrea Ramsay
Features Editors
 Caitlin Birch, Liz Seasholtz
Entertainment Editors
 Adam Asher, Sammi Cassin
delaware UNdressed Columnist
 Sarah Niles
Fashion Forward Columnist
 Larissa Cruz

Managing Sports Editors
 Kevin Mackiewicz, Michael LoRe
Sports Editors
 Greg Arent, Seif Hussain

Copy Editors
 Sarah Esralew, Elisa Lala,
 Mike Pina, Emily Riley,
 Caitlin Wolters, Maria Zinszer

Advertising Director
 Amy Prazniak
Business Manager
 Lisa McGough



THE REVIEW/Justin Bleiler

University students ate without trays during Earth Week, which was April 21-25.

Trayless dining cuts food and water consumption

BY ASHLEY WAYNE

Staff Reporter

As universities nationwide begin to expand and modernize their dining halls and offer a wider variety of healthy dining options, they are also beginning to take something away — the trays.

Edward Vicedo, senior director of Dining Services at San Francisco State University, said trayless dining is a product of the 21st century and its concern with going green and staying thin. The project is based on the theory that if students do not have a tray to carry their food, they will take smaller portions, therefore reducing their waistlines and wasted food, he said.

The elimination of trays also contributes to the reduction of water and energy previously used to wash all the serving dishes, according to Vicedo.

Georgia Institute of Technology, Plymouth State University, Colby College and San Francisco State University are some of the universities leading the way in this movement.

Vicedo said SFSU went trayless this year and that the decision has left a positive impact on the university.

"We had heard about the success of this program at other universities and determined that by eliminating the trays in the City Eats Dining Center, we could reduce food waste while also encouraging patrons to consume only what they should eat, not all they can eat," he said.

Vicedo said there is less food wasted by students, large savings on the cost of food because they are not purchasing as much and

less water being used to wash the trays.

The University of Delaware is following suit, and recently became one of many universities to experiment with trayless dining.

During Earth Week 2008, from April 21 to 25, the university removed all trays from dining halls around campus in an effort to minimize the amount of food consumed and wasted by students.

According to the university's Web site, "Waste reduction has also been a focus for Dining Services and we continue to seek out opportunities to further reduce waste in our facilities."

The Web site also lists many of the other efforts the university is taking to reduce waste, including preparing appropriate amounts of food and maintaining smaller inventories.

Student responses have been mixed.

Freshman Dan Fox said he resides in the Dickinson Complex and mainly eats at the Rodney Dining Hall. He said the removal of trays from the dining hall has been inconvenient for him.

"I realize that it's important to raise awareness about the earth," Fox said, "But to take away trays to save water is more of an inconvenience that doesn't affect Earth as much as other changes to daily life would."

Sophomore Justin Wood said he feels going trayless has been a step in the right direction for the university.

"There is a reason for not having the trays and it is to help save water from not having to clean them," Wood said. "Plus, I feel as

if getting rid of the trays helps the students understand portion control and it will help them reduce the amount of food they put on their plates that they might not eat therefore it kind of helps two problems in one."

Fox said he does not think trayless dining will cause students to eat less.

"I saw all around the dining hall plates and bowls stacked up in front of people," he said. "Everyone just saw it as an excuse to use more plates instead of a tray."

Vicedo said SFSU did not receive a negative reaction from their new students.

"Because we began this program at the beginning of the year, the incoming freshmen had no historical perspective of using trays to which they could compare," Vicedo said. "However, returning staff and students felt inconvenienced and were frustrated that multiple trips were required to get all the food they wanted."

One of the drawbacks of going trayless has been an increased mess in the dining halls, he said. SFSU has been forced to hire additional employees to clean the facilities since removing trays.

Freshman Stephanie Laraque said she does not think the new initiative is beneficial when it comes to fighting the freshman 15.

Laraque said she does not think the weight students gain comes from what they eat in the dining halls, but rather their hectic college lifestyles.

"I doubt trayless dining halls are going to affect what people order from Pizza U," she said.

Faculty Senate postpones ResLife proposal decision

BY JENNIFER HAYES

Administrative News Editor

After a lengthy discussion about the proposed Residence Life curriculum on Monday, the Faculty Senate decided to postpone voting on the issue until its meeting next week.

University President Patrick Harker suspended the former program in November after controversy arose about the diversity-training initiatives, which were implemented in the residence halls throughout campus.

Professor Alan Fox, Faculty Senate president, said the Residence Education Advisory Committee was formed to advise the Residence Life staff on producing a report that outlined the problems of the previous program. REAC, along with the Faculty Senate's Student Life committee and Residence Life officials collaborated to produce the current proposal.

During the Faculty Senate meeting, which took place in 104 Gore Hall, debate arose regarding the content of the proposal.

Ma t t Robinson, chairman of the Faculty Senate's Student Life committee, told attendees he wanted to bring up a number of points about the proposal. He said the new program being put forth is completely voluntary. All students have the opportunity to opt out of the events being held.

Second, Robinson said the program will be administered by trained faculty and/or professionals. The role of the resident assistant is to facilitate in identifying potential speakers and directing students to the appropriate professionals.

"If there is an event in the dorm complex, the role of the RA is to encourage students to attend and inform students that those opportunities are available," he said.

Robinson said the new program will include extensive assessment and oversight.

"In our recommendations and our observations of the past program, we thought that there wasn't faculty input," he said. "There was faculty input in developing this program. Several components of the new program were direct recommendations from faculty members."

During the course of the program, there will be an independent assessment conducted by the Office of Educational Assessment, Robinson said.

When faculty had the opportunity to discuss its views and concerns

of the program, Philosophy professor Kate Rogers addressed issues about the ambiguous definition of sustainability.

"I think we need a very clear, written definition of sustainability so that we can see that it is turning off the showers and that it's not a code word for the kind of political agenda that Residence Life is pushing throughout the fall," Rogers said.

She said the proposal also needs to include a clear and developed explanation on how students are going to be encouraged not to feel pressured to attend events.

"I think given the history of this, it's not enough to say it's voluntary," Rogers said. "I think we need a developed plan for how students are not going to be pressured in terms of peer pressure and in terms of RA pressure."

Robinson replied by saying Michael Gilbert, vice president for Student Life, will communicate to incoming students in a letter, that this is a voluntary program.

"I think we need a developed plan for how students are not going to be pressured in terms of peer pressure and in terms of RA pressure."

— Kate Rogers, philosophy professor

Education professor Jan Blits, who was one of the two faculty members who informed the Foundation for Individual Rights in Education about the university's Residence Life programs in the fall, spoke at the meeting. He said the new program still seems to be about students' concepts of justice, their values and attitudes.

"On the first page, the goal of the program is to affect people's

thoughts, values, beliefs and actions," Blits said. "That is not simply protecting the environment."

Adam Kissel, director of FIRE's Individual Rights Defense Program, said in an interview Friday, FIRE ultimately would like to see the Faculty Senate reject the new Residence Life proposal.

"ResLife has changed the wording of its goals slightly," Kissel said. "It has changed the names of its activities somewhat, but it looks like the programming remains the same."

Senior Casey Patriarco, Student Government Association president and a student representative on the Faculty Senate Committee's Student Life committee, in an interview after the speech, said she understood all sides of the argument, but feels the program could be beneficial for students.

"To encourage people to explore things, to understand differences are all positive things and the academic environment is a place to stimulate those ideas and thoughts," Patriarco said.

who's who in Newark

Local poet proves her craft is ageless

BY TIM MCDONOUGH

Staff Reporter

Despite writing poetry since she was in high school, Joann Balingit said she still considers herself a new poet.

"I feel like I'm just getting started in a way," Balingit said. "The first poems I got published were 20 years ago, but I haven't always spent the time I could have writing with raising four kids and working. Now I feel like I'm just getting started, with more time to devote to the craft."

"It's not a pastime, it's not a hobby — it's a responsibility."

Balingit is being featured in "The Best New Poets" anthology, a collection of 50 poems chosen from literary magazines, writing programs and an open Internet competition.

While the subjects of her poetry vary, Balingit said she believes poets will always revert back to specific memories, or "obsessions."

"The real important events in your life tend to be anchors, or cornerstones," she said. "There are scenes that repeat, 'Oh gee, I'm going to try and figure out what my relationship with my father meant to me.' There are important memories that keep surfacing, obsessions that keep surfacing over again."

Balingit's family life is one of the cornerstones from where she draws inspiration. Born in Ohio to a mother of German descent and a Filipino father, Balingit's family soon moved to central Florida where she grew up.

Her Filipino heritage and her childhood are a thought-provoking subject for Balingit, she said.

"I thought about how traits and cultural characteristics get passed down being raised in a culture," Balingit said. "I have some Filipino traits without being raised there and I wonder how much of that is ingrained because of parents and genetics."

She said she specifically thinks about her Filipino heritage when discussing her father. Her father was in the Philippines when the United States annexed the country, and he was brought up as a product of the American ideal.

"My father was trained to want to be a product of American



Courtesy of Fred Hofstetter

Joann Balingit is featured in "The Best New Poets" book.

colonialism and that Americans were better," Balingit said. "He grew up during the time of the insurgency and grew up around a lot of violence. He left for America and never came back and never saw his family again. He felt a lot of pain about that."

After attending Florida State University, she attended graduate school at the University of California, Irvine and Indiana University and is now finishing her doctorate degree at the University of Delaware.

Balingit said location plays a big part in choosing subject matter.

"I live near White Clay Creek and one of the things that really gives me energy is walking through the woods," Balingit

said. "I could never picture myself really living in a city — I need to be in a place where I could really dig my feet into the dirt."

Writing inspiration for Balingit can come from anywhere, she said.

"Hearing phrases, listening to people talk, talking with my kids, reading other poets, looking at things," Balingit said. "Even if I'm driving and see a bumper sticker or walking in the woods, or thinking of my childhood in central Florida, it's just really about being wide awake, then when you sit down and write, you have fun with language."

Maggie Rowe, a close friend of Balingit and poetry teacher at the Wellness Community Center in New Castle, said she is thrilled to see a fellow poet's work getting noticed on a wide scale.

"Joann is a terrific poet and she has such a rich history to draw on in her work," Rowe said. "She has a wonderful ear for the way a poem sounds and has a very fresh take on things. With poetry it's not just the experience — it's also the talent and the ability to reach a wider audience and be recognized."

Rowe said she believes it is impressive to get noticed at an older age.

"What's sad is it's so hard to get books of poems published, and all contests and awards are for younger poets," she said. "There are so many more opportunities for poets at age 20 than there are at age 50."

Balingit said she is just getting started. She is working on a manuscript and hoping to get a book published soon; however, poetry remains her favorite.

"What's nice about poetry is you can turn a love of language into a work of art and it can connect you to other people very closely," she said. "To get a better understanding of a poem and to identify strongly is almost like a shock cause you understand it so well."

"You can reflect back and understand something about yourself and have it said to you so clearly by someone else."

Inaugural FestivALL brings crowd to Green

BY KAITLYN KILMETIS

Staff Reporter

Last Friday from noon to 5 p.m., hundreds of students gathered on the North Green. They sat in rows of chairs cheering on performers, lounged on blankets in clusters on the lawn, danced at the edge of the main stage and stood in lines waiting for a meal. Colorful balloons decorated the perimeter fences, music echoed throughout the campus and the smell of hamburgers filled the air.

FestivALL was in full swing.

It was the first year for FestivALL — an event sponsored by the university's Student Government Association that offered both food and entertainment to students, free of charge.

The idea for FestivALL was conceived by SGA president, junior Casey Patriarco.

"The vision for this event came to me one day in the dining hall with my friends," Patriarco said. "We were trying to think of a cool thing for SGA to do to bring together students and to start a new tradition."

She said FestivALL is a fun-filled event with the aim of bringing together students and student groups to show off talent at the university.

The event involved approximately 40 different student organizations including 24 student group performances. The talents displayed ranged from the music of the Fife & Drum Corp to dances by UD Swing

to jokes by the Rubber Chickens.

Sophomore Nicole Pegno said she was impressed by the vast diversity that existed from performance to performance.

"I thought the best thing about FestivALL was that SGA was able to get so many groups from the school to perform," Pegno said. "It had a great variety of acts and was very enjoyable."

Sophomore Tom Ford, a performer with the university's South Asian dance troop DE Kamaal, said he appreciated the opportunity to showcase his group's talent to the enthusiastic crowd.

"FestivALL is an awesome chance for groups to be able to show what they've got," Ford said. "It provides groups with the chance to get noticed. The crowd is awesome. Everyone's really into it."

Freshman Dan Cole, a member of SGA and organizer of FestivALL, said his favorite part of the event was how it exposed students to groups on campus they were not previously familiar with and brought such a diverse group of students together.

"People got the chance to hear and see groups they never knew about before and get excited about them and that's great," Cole said.

He said another special aspect of FestivALL was that WVUD, the university's radio station, broadcasted the entire event live.

"It's cool that you didn't even

need to be here at FestivALL to enjoy it," he said. "It's being broadcast on campus and in the dining halls so people are enjoying it all over."

Cole said FestivALL was a great success.

"I'm elated with how the event has turned out," he said. "The weather has been gorgeous. The students are enthusiastic and the groups are eager to perform for the student body. It turned out just how we wanted it to."

Members of SGA, including senior Mike DeRienzo, president of the Student Centers Programming Advisory Board who emceed the event, were extremely impressed with the amount of people that attended FestivALL in its first year.

"I think it had a really great turnout," DeRienzo said. "At first we thought the draw was the free food, but we're all out of food and there are still hundreds of people here."

Though the food may not have been what kept people at FestivALL, it still was a major aspect of the event.

Cole said students could sample anything from pizza to baklava for a main course, and crepes to cupcakes for dessert provided by Dining Services.

The menu for FestivALL was carefully considered and determined earlier in the semester through a competition hosted by SGA, called Iron Chef RSO Edition: SGA's

Quest for FestivALL Cuisine, he said.

Junior Bob D'Agostino said not only did he enjoy the food but also FestivALL's performances, energetic atmosphere and the philanthropic side of the event.

"It's a good event because it's students giving back to other students," D'Agostino said. "It's a fun thing to bring students together on a nice sunny day and also it raised money for charity."

SGA donated proceeds from the event to Alex's Lemonade Stand and Relay for Life, two organiza-

tions that raise money to fight cancer.

D'Agostino said he would support the cause for FestivALL next year as well.

"I would definitely come back next year for the donations, the dancing, the music and of course, for the free food," he said.

Patriarco said based on this year's outcome, the SGA has already begun to look forward to the next FestivALL.

"Overall it's been a great success, and we'll have a lot to live up to next year," she said.



THE REVIEW/Allie Williams

The first-ever FestivALL was the brain child of Casey Patriarco.

Drawing the Delaware poverty line

Part three of three: an in-depth look at poverty in New Castle County

BY KATIE ROGERS

Managing News Editor

In Delaware, the poverty line is drawn at a gross income between \$22,000 to \$23,000 per year for a family of four.

In Wilmington alone, 21.3 percent of people are considered to be poor, or living in poverty.

Scot Felderman, community impact director for United Way of Delaware, said he believes education and stability are at the origin of these statistics.

"People have relied on the safety net," Felderman said. "The emergency income, food — it doesn't get to the root cause of this. Its about increasing income for low-income families, its about increasing education."

Last year, United Way, an organization that seeks to maximize the community's resources to improve the quality of life for Delawareans, aided 225,000 residents throughout the state. Of these people, 58 percent were at or below the poverty level.

Felderman said he believes a multifaceted approach is needed in order to turn these numbers around. United Way funds 19 different programs to bring aid to the community, one of which focuses on financial stability, in an attempt to increase income for those who are grappling with poverty throughout the state.

"It's hard to find work above minimum wage," he said. "It's hard to create job skills that are marketable, and find a job that pays sufficiently and provides benefits, and a track to financial independence."

Mary Ellen Green, co-executive director of the Emmaus House shelter in Newark, said she believes the economy is also at the root of the struggles of the poor in the state.

"Right now, when we're in a recession, who suffers the most?" Green said. "The poor. Who can afford to pay \$3.50 for a gallon of gas, car insurance, taking care of your children and

everything else? Minimum wage people are struggling more.

"I really believe that as other people succeed, if they can reach down and help someone else, we'd all be in better shape."

Green said the Emmaus House was originally confronted with disapproval from the city, because they did not believe Newark needed a shelter to address issues of homelessness and poverty throughout New Castle County. However, after nearly 25 years, they have become accepted as a part of the community.

She said last year, the Emmaus House aided 46 families, of which 26 percent obtained permanent housing after their stays. Those living in the shelter are counseled in a "family atmosphere" with classes offered on how to interview for a job, parenting and interacting with your child in a non-violent way, and money management, which she said is most important for the families.

The less money a person has, is all the more reason for budgeting it, in order to know what each dollar they have is going to, she said.

"We don't subscribe to the philosophy that they are homeless, so they should be grateful for what they get," Green said. "We say this is the house we are happy to share with you."

One of the most important things for a family to get their lives on track is providing a stable life and proper education for their children, she said. By federal law, if the trip is feasible, the school the child formerly attended must provide transportation for them to and from the shelter.

Children are also given a regular bedtime each night, as a part of their new structured lifestyle. Green said a lack of structure is often what keeps children of struggling families from being able to concentrate and thrive in school.

"This is a cycle that is self-destructive and implodes on the very weakest of our population," she said. "I think what we're seeing is

years and years of people that are stuck between a rock and a hard place, and their children are not having role models to help them make good choices."

Green also said she believes fear greatly affects families of lower class levels from prospering.

"I think there's a fair amount of fear going on here," she said. "Persons of a lower economic level, they have the fear of being taken advantage of, of not getting what they need. It makes it really hard on the children."

Martha Bolling, president of Social Venture Partners Inc. of Delaware, said her organization also works to focus its efforts on educating the youth of the state. Bolling said SVP Inc. supports three schools in Wilmington, and six other programs in the area, helping between five and six hundred children annually.

Through different programs, SVP Inc. helps teachers to become better educated, teaches parents to become their child's first teacher and best role model, and also puts a curriculum in place in each school, she said.

The focuses of the organization's efforts are on children from birth to age five, Bolling said.

"We are trying to create equality in the schools," she said. "Once a child enters the school system, and they are behind, the chances of them ever catching up fall further and further and further."

Bolling said the organization's goal is to have a child ready to learn properly by the start of kindergarten. Much of this is done through parenting programs, which give struggling parents the opportunity to hear how they can help their children themselves.

"With the issue of poverty, it's hard for parents to afford the best education," she said. "So they go where they can. As a result, it might not be with the best teachers, and the best education, in the safest building."

"We are trying to supercede poverty and take that piece of the puzzle off the table."

Sophomore Jessica Shinn, a member of Circle K, said she began to volunteer with the

children at the Emmaus House this year. She said she believes many students on campus are unaware that there is a shelter so close to the university.

Shinn said the children and parents at the Emmaus House are very appreciative of the efforts the volunteers put forth.

"The kids are so happy over there," she said. "They get so excited when you come and don't want you to leave. That's what keeps me coming back, they just really love it."

She said volunteering is an important part of her life, and she would encourage more students to take part.

"I am so lucky, and if I have extra time, why not give it to other people?" Shinn said.

Sophomore Abby Riggins, also a member of Circle K, said she joined the club to volunteer and give back to the community. She said her favorite part about volunteering at the Emmaus House has been helping the children.

"They have no cares in the world," Riggins said. "I think it's so great to see them just being happy and active. You can do little things and make a big impact, and it makes you feel good knowing you're helping someone else."

Green said the shelter is appreciative of the volunteering efforts of university students. She said she believes the students are a great help in getting the families to achieve stable lifestyles during their stay at the shelter.

"You have to work so you are able to achieve stability," she said. "That is the wonderful example the students give up. They [the families] just get that from the osmosis of the air around here, which is really great."

Green said she has many philosophies as to how to end the disparity plaguing the country.

"I think if we didn't have this idea that we were all different, if we realized we were all part of the same family, there would be more sharing of the world's resources and we would all prosper," she said. "We are here to awaken from the illusion of our separateness, and I really believe that."

"If we would not elevate one person above another, and just live as a family, it would all be better."

Town and gown continues Chapelfest debate

BY SABINA ELLAHI

Staff Reporter

Newark City Council will consider a proposal Monday to modify its policy on large parties and events inspired by Chapelfest, one of the biggest block parties of the year.

In the meantime, the event is scheduled to be held as usual on Saturday.

Chapelfest, a fundraiser that features bands, DJs and lots of beer, has been a university staple for many years. It was also the subject of the proposal to limit and contain big parties. Since last October, the city council worked on initiating a bill that would require large social gatherings to register for a permit with the city.

The ordinance, which is not yet in effect, mandates that anyone who wishes to hold a public event must register for a permit with Newark. The ordinance decreased to 250, down from the current 500, the maximum number of attendees before the event is considered a public event that requires a permit.

Councilman Paul Pomeroy said the main focus of the bill was to strike an appropriate balance between students and other city residents.

"It's about balance and having mutual respect for each other while living in a community," Pomeroy said. "It's not inappropriate to have celebrations in the city, but there needs to be respect for others."

Mayor Vance A. Funk III said Newark

does not have a policy against any event, but organizers must follow city rules.

"In the past, Chapelfest has chosen not to follow the rules and not apply for a permit," Funk said. "It is a requirement of the city permit system for tenants to get permission from their landlords, and it is my understanding that Chapelfest was not able to do that in the past."

Casey Patriarco, president of the Student Government Association and a member of the Town & Gown Committee, said she and other students held a valuable discussion session with council members.

Previously, the ordinance had a clause stating that people who violate the policy could be evicted, Patriarco said.

She said her concern focused on the initial eviction clause of the bill, which was omitted after meeting with the City Council.

"Initially, the clause indicated eviction for tenants who were responsible for the event," Patriarco said. "I didn't think it was fair because the clause was more focused on judicial sanctions and did not serve the purpose of protecting the students and ensuring safety of the community."

She said she and other students shared their opinions with the city council and said students expressed their concerns of safety as well. Some students who resided on North Chapel Street attended the meeting and shared their opinions as well.

"The students wanted to work with the

city," Patriarco

said. "It's great to see the students open up and show that they are more willing to work and compromise with the city as long as the officers do the same."

Councilman Stu Markham said Chapelfest sparked a public safety issue.

"Chapelfest is not like Wilburfest or Skidfest where the parties are contained in a specific area," Markham said. "People tend to spill out into the streets, causing disruptions to traffic and endangering the safety of others."

He said he and Councilman Jerry Clifton have been working on the ordinance since last October. Markham said the main problem was trying to figure out who was responsible for Chapelfest.

"It's difficult to pinpoint who is responsible for the event," he said. "That was why the eviction clause was the most controversial topic in discussion."



THE REVIEW/Jenny Lin

This year's Chapelfest will be held as scheduled this weekend.

Since the ordinance is not in place yet, Markham said he predicts there will be a large police presence at Saturday's Chapelfest.

"The main concern is the well-being of the citizens of this city," he said. "We're not trying to prevent people from having a good time, but we want them to be respectful and responsible."

Patriarco said although she does not agree with parts of the ordinance, it is a good compromise with the city.

"The ordinance is reasonable and I am definitely satisfied," she said. "There is conversation happening with students and officers, which I think is a success in itself."

Student-run survey gives voice to campus

First-ever Blue Hen Poll results reveal student body sentiments

BY SARAH LIPMAN

Executive Editor

Tucked away in the Pearson Hall computer lab on any given Thursday afternoon, all is quiet — except for the incessant clicking of computer mice and tapping on keyboards. The students of professor David Wilson, who teaches POSC413 — Problems in American Government: Advanced Data Analysis, are frantically decoding the results of a survey.

"I'm yawning," Wilson says to his class. "Give me a reason to care about it."

"Maybe we could run a cross-tabulation on student groups and morality to see what results that generates," a student says.

Wilson encourages the student, and the rest of his class, to do so and keep their minds open to other results that may be hiding underneath the pages and lists of data from the survey. He tells the class they need to think about each story and result and find out what makes it different from their original theory.

"Think about it for more than 30 minutes," he says. "Ask people and find out what they have to say. Then take that and see what you can extract from it."

Wilson and his students are working to learn the results from the data of the first-ever Blue Hen Poll, a public opinion survey run by students, which will be released today at 2 p.m. in the Trabant University Center Multipurpose Room A.

Blue Hen Poll 2008 — an idea conceived by Wilson last Spring Semester — was the central focus of his course, which provided his class of 13 the opportunity to apply data analysis skills first-hand. The project was funded in conjunction by the Center for Teaching Effectiveness and the Vice Provost for Academic Affairs, Havidan Rodriguez, with the intention that the project could sustain itself after the grant and can continue in future years.

"The whole basis of this project, the learning goal, was quantitative reasoning — to make students not be afraid of sta-



THE REVIEW/Ricky Berl

Professor David Wilson decided to create a student-run poll so his class could get hands-on experience in data analysis.

tistics and numbers in their learning and in their classes," Wilson, who has taught at the university for almost two years, said. "One way you can do this is to do something that's real, conduct the poll, and then have them just apply the numeracy."

Before teaching at the university, Wilson worked as a statistical consultant at Gallup, an organization which studies numerical research on human behavior and opinions. While there, he helped create reports on methodological issues and researched people's attitudes and behaviors on specific surveys and results. He said the Blue Hen Poll draws the most influence from Gallup in its methodology.

"Polling is something that happens every day, so I'm just applying the methodology — just like being a cook," Wilson said. "You can be a cook and learn to cook at Burger King, but when you go to teach cooking you're not applying Burger King's principles. You're applying the principles Burger King uses to do their cooking."

In the case of the Blue Hen Poll, the methodology is called survey methodology, something Wilson said works no matter who conducts it. The class applied the same principles Gallup would use to the University of Delaware.

The survey sampled 1,500 full-time undergraduate students provided by the Office of Institutional Research and Planning on a variety of questions including topics such as satisfaction with the university, career preparation, civic engagement, political behaviors, the War in Iraq and terrorism, United States foreign policy, moral values and more.

The Web-based Blue Hen Poll was released on March 13 through a program called Qualtrics, which sends the survey via e-mail, and remained in the field until April 11. Students took an average of 12 to 15 minutes to complete the poll. During that time, 643 students, or 43 percent, of those surveyed responded. Wilson said the return response of the survey is a successful one because everything is relative to population.

"The response rate is an indicator of how much people took part," Wilson said. "It doesn't indicate how representative your sample is — that's indicated by the randomness of your sample."

The margin of error of the results, Wilson said, is 4 percent. This means the class has a 95 percent confidence level in the results they discovered.

Junior Mary Beth Lombardo, a student of Wilson's, first served as a teaching assistant for his POSC300 class, Introduction to Data Analysis — a course required for all political science majors. She said Wilson approached her and two other teaching assistants with the idea of the survey and they began researching how to make it come to fruition. When it came time to register for the Spring Semester, they enrolled in the class.

When creating the survey, Lombardo said Wilson and his students set out to promote demo-

cratic values within the university. They were interested in learning how students think and behave, and believed that because the survey was run by students for students, they would likely receive a more honest response.

"This survey is so important because it's coming from the student body and it's giving students a voice for the first time," Lombardo said. "It's allowing them to feel freer to tell us what they really think. A lot of the time, if a survey comes from the administration, they may be more inclined to lie or fudge the truth, but since it's coming from us, maybe they feel they can be completely 100 percent honest."

"Students think, 'They're not going to take my data and use it against me,'" she continued, adding, "Maybe they just trust us more."

How satisfied are students with the university?

In an undergraduate student body of approximately 16,000, many students find it hard to decipher whether or not university administrators care about what they have to say about the university.

"I feel like the university treats its students as a number and a paycheck instead of actual people," one student wrote in the open-ended comments section at the end of the Blue Hen Poll.

Another wrote, "Good to see at least someone cares what the students think."

Some students even believe they were "tricked" by the university into taking the Blue Hen Poll because of the number of other surveys campus administrators put out.

Not all of the comments, however, were negative.

Many students enjoy their time at the university — from the Registered Student Organizations down to their majors and sustainability efforts — prefacing their comments with "I love UD" or a "thanks for letting us get our voices heard."

According to the results of the Blue Hen Poll, the vast majority of students are satisfied with the university. There was a 90 percent consensus on satisfaction and 87 percent of respondents felt a sense of pride in the University of Delaware. The highest statistics regarding feelings about the university were in the "friends" and "major" categories. Approximately 90 percent of respondents were satisfied with their friends and 85 percent of students were satisfied with their major. Students were most dissatisfied with Student Health Services and the quality of the fitness facilities on campus.

Junior Caitlin Kennedy focused her story and data analysis on student-faculty relationships and feelings about majors on campus. She said her class decided to grade the university in the satisfaction category, much like students receive grades in their classes.

The university received three A's — representative of the respondents' contentment with the value of their education for their money, friends and major. The university was given a B in students' confidence that UD will help them reach career goals and a C+ in how much they believe the university cares about students.

According to the Blue Hen Poll, 34 percent of students believe the university pays "little" or "no" attention to them.

Kennedy said she found the correlation between student-

Blue Hen Poll 2008: A Closer Look

- The Blue Hen Poll was conducted by Professor David Wilson's POSC413 class titled "Problems in American Government: Advanced Data Analysis."

- The poll, which is the first of its kind at the university, is a public opinion survey run entirely by students.

- It is designed to promote democratic values through research.

- The Blue Hen Poll's major topics include:
 - ♦ Opinions toward UD
 - ♦ Student-faculty relationships
 - ♦ Political behaviors and issues
 - ♦ Morality and religiosity
 - ♦ Socialization

- The Office of Institutional Research & Planning provided a random sample of 1,500 full-time undergraduate students at the Newark campus.

- Students used the Statistical Package for the Social Sciences program to determine and code results of the survey.

- Out of the 1,500 students who were sampled, there were 643 respondents, or 43 percent.

- The survey was in the field from March 13 until April 11. Students took approximately 12 to 15 minutes to complete the survey.

- The margin of error in the Blue Hen Poll findings was 4 percent.

- If a result is significant, the results show a 95 percent confidence level that there is a relationship between the data.

- For the complete results, visit:
<http://udel.edu/~dcwilson/bluehenpoll.html>

— Compiled from the 2008 Blue Hen Poll

The Blue Hen Poll reports 34 percent of students believe the university pays 'little' or 'no' attention to them

faculty relationships and approval of the university most interesting and decided to focus her analyses on that significance.

"I found that the faculty at the University of Delaware is giving more in supply than students demand for in the realm of professional development," Kennedy said. "These factors correlate with satisfaction and pride in the university because when students seek opportunities for professional development, they're more likely to be more satisfied with their major."

"If they're more satisfied with their major, they may be more likely to recommend the university to others in the future."

Take that, Princeton Review

Senior Laura Coogan and the rest of Wilson's class had not heard of the Princeton Review's ranking of the University of Delaware in their survey titled, "Election, What Election?"

Out of 366 colleges and universities throughout the United States, the Princeton Review ranked the university fourth based on its perception of political awareness of the student bodies.

"When this class concept came up, we didn't know about the Princeton Review report," Coogan said. "It almost came as an added bonus and gave us even more purpose to look at ways to make people see why we're doing this."

Wilson said the political behavior questions in the Blue Hen Poll attempted to falsify or verify the Princeton Review's claims.

The survey found approximately 75 percent of respondents reported they were "very" or "somewhat interested" in politics. The more interested a student is in politics, the more they exhibit political behaviors like planning to vote in the November 2008 presidential election (92 percent), commit time to volunteer work (53 percent) or attend a meeting about a political issue (24 percent).

Coogan said students are more likely to take part in private political behaviors rather than public.

"People are more likely to engage in private political behaviors for a couple of reasons," she said, "possibly because of the fear of offending others on campus."

Fifty-three percent of university students are Democrats, whereas only 22 percent of the respondent population identified themselves as Republican.

Coogan said she and her partner, senior Richard Goldschein, decided to study the results of political behaviors and feelings about presidential candidates as their story, or main focus of the Blue Hen Poll outcome.

"I'm a political science major, so obviously politics and the election interests me," she said. "But the political interest results have become even more fascinating because it turns out so many people actually are talking about it."

Goldschein said he chose to code the results for presidential candidates' appeal to university students. He discovered students have a "love-hate relationship" with Sen. Hillary Clinton (D-N.Y.) and Sen. Barack Obama (D-Ill.) is everyone's "second favorite." When analyzing the results surrounding Republican Sen. John McCain from Arizona, the data shows he has little chance of winning over students on campus.

Goldschein said he and Coogan also found that political party affiliation weighs most heavily on issue approval, but not on political involvement.

"When this first started, we didn't know what the political barometer at UD was," he said. "Now, we kind of have a good idea of that, or at least a better one. When everything is said and done, we created a bigger and clearer picture."

Presenting the data

"Our first dry run?" Wilson asked. "It went as a dry run should go."

After weeks of coding and recoding data to decipher results of the Blue Hen Poll, the students of POSC413 are set to present their findings to administration, poll respondents and the student body.

Junior Lucas Dominica was one student enrolled in the class who gained experience in statistical analysis and the program used to run tests. The program, Statistical Package for the Social Sciences, took a lot of time outside of the classroom to understand.

"We spent a lot of time outside of the classroom meeting to put together our presentation and analyzing the data," Dominica said. "I would say this week — almost 10 hours."

Coogan agrees, and said she and her peers have gotten to know one another on a different level, becoming friends more than classmates.

"We're just students so we'll kick back and enjoy ourselves in the [Pearson] lab," she said, "but when it's time to get our work done, we all do. We have a well-functioning working relationship with one another and Professor Wilson."

Yesterday, the students met one last time in a small conference room in Smith Hall to hold another dry run before the presentation at 2 p.m. today.

"We're on a time restraint here, so let's pretend this is the actual event," Wilson said.

He promises to be their harshest critic, this way they are prepared for any questions that may come their way during the actual event. Wilson's students take a deep breath and open their final version of the slides, briefly reviewing index cards with prepared speeches and points they plan to reveal during the 45-minute presentation, which will be followed by a question and answer session.

Ultimately, the students of POSC413 said they hope the results will be heard by students and faculty and can be elaborated on or taken to the next level. Coogan believes there is so much to the data that has yet to be uncovered and would like to see a change or result come from further examining the results.

"I think what we have is very interesting stuff and it can be taken to 10 other levels just diving into it," she said. "You can do that for a 35-minute presentation, but now that the data's out there, I hope the university can utilize it and do more with it."

"We did the first step to see the response, so now groups can take that data and if they see a change, they can work with it."



THE REVIEW/Ricky Berl
Students will present the Blue Hen Poll results today.

Blue Hen POLL 2008

How likely are you to recommend the UNIVERSITY OF DELAWARE to a friend or associate as a place to attend college?

- Extremely likely • Likely • Neither • Unlikely
- Extremely unlikely

How much influence do you think someone like you can have on decisions made at the UNIVERSITY OF DELAWARE?

- A lot • Some • Very little • None at all
- I don't know

Some people don't pay much attention to political campaigns. How about you? Would you say that you have been VERY MUCH interested, SOMEWHAT interested, NOT MUCH interested or NOT AT ALL interested in the political campaigns so far this year?

- Very much interested • Somewhat interested
- Not much interested • Not at all interested

How would you rate the overall state of moral values in this country today? Is it excellent, good, only fair or poor?

- Excellent • Good • Fair • Poor • Don't know

How would you describe your political views?

- Very conservative
- Conservative
- Moderate
- Liberal
- Very liberal
- I don't know

— Compiled from the Blue Hen Poll questionnaire

Prescription drug abuse a growing trend

University of Michigan study reports one-fifth of college students get high on pills

BY TIM MCDONOUGH

Staff Reporter

There is a vaguely familiar face at the door. The person walks in, exchanges a quick hello and proceeds upstairs where he will purchase and probably snort Percocet, a prescription drug.

This is daily routine for Randy, a sophomore at the university who requested anonymity.

Randy's roommate sells, and is addicted to Percocet, with the "six or seven" pills he takes per day being eclipsed by the number of people who enter the apartment looking to buy each day.

A University of Michigan study conducted one month ago reported on what is increasingly becoming a problem on college campuses. The study found about one-fifth of U.S. college students are taking painkillers and other prescription pills to get high. The study also concluded that students who take prescription drugs for non-medical reasons are at least five times more likely to meet the definition of having a drug-buse problem than students not misusing prescription pills.

There were 3,639 U.S. college students surveyed, with the average age being just under 20. Students were asked if they had taken four types of prescription drugs: opioids, stimulants, sleeping pills and sedative or anti-anxiety pills.

Randy said he is surprised at the results.

"One in five?" Randy said. "Try one in three. The majority of people I know have taken Adderall at least once while studying. With painkillers also people take one here and there and the next they know, they're hooked. It's not really being naive necessarily, there just isn't the awareness or stigma about it that there is with other drugs."

Randy said he believes the university is too concerned with drinking and does not make as much of an effort to curb the use of prescription drugs.

"The university is ridiculous," he said. "They cause such an issue about people drinking. Yet, drinking is illegal unless you're 21, while prescription drugs are illegal unless your name is on the bottle. You tell me what's worse."

Barbara Deichert, a substance-abuse counselor at the university, stated in an e-mail message that Wellspring, the university student wellness program, supports gaining more information in regard to prescription drugs.

"There should be an increase in education about the dangers of misuse of prescription drugs for students and an increase in education for student affairs professionals and faculty about the signs of prescription drug abuse," Deichert said.

"Something very important for campuses to focus on in the coming years is to ensure that healthy and realistic norms exist on campus by surveying students to determine the prevalence of Ritalin and other prescription drug abuse on their specific campus."

Dan O'Connell, associate scientist at the Center for Drug and Alcohol Studies, said there are not any statistics available about prescription drug use at the university.

"There has been no systematic research to my knowledge here at UD about prescription drugs," O'Connell said. "For high school surveys and criminal justice surveys we include questions on prescription drugs, but we don't have any data on University of Delaware students."

O'Connell said he is not sure if a study will be done. "It's not a priority right now," he said. "We have a pretty full plate right now. It's a difficult thing to gauge without short of some kind of valid instrumentation."

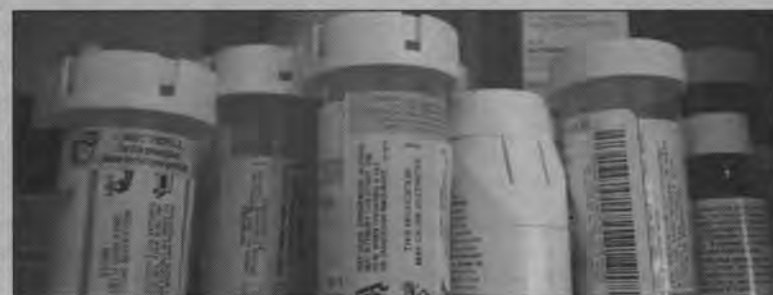
Junior Kyle Henn said he has experienced the troubles that come with addiction to pills, because his brother struggled with addiction for years in high school.

"The one thing with pills — people don't ever realize how dangerous they can be," Henn said. "Growing up people warn you about all kinds of drugs and all the hardships, but don't really with pills."

He said another issue with prescription pills is friends and relatives of users sometimes do not realize there is an addiction problem.

"It's a lot easier to hide the use and people just may not realize right away if somebody has a problem," Henn said. Randy said painkillers like Percocet have the same problems that harder drugs do.

"Percocets are just as dangerous as something like coke," he said. "There's addiction and withdrawals, and it's only getting worse on this campus with pills."



THE REVIEW/Virginia Rollison

The university is currently unsure if a prescription pill study will be conducted, as it is "not a priority right now."

A professor's journey to tenure at the university

BY SEAN CONSIDINE

Staff Reporter

Bernard McKenna's office is covered in books. Two walls are lined floor to ceiling with books. A quarter of the next wall is covered by the James Joyce section. Beside that bookshelf are two flags: the Irish tricolor and the Plough and the Stars, which is used to teach Sean O'Casey, the early 20th century Irish Playwright. Above is a map of Ireland. In the center of the room lies another small pile of books.

On the last wall is a dark wooden antique-looking desk. It sits under plain wood picture frames. In them are the "POBLAHT NA H. EIREANN" and an original Time cover featuring Joyce. In the center of the desk stands another frame with two bright yellow plastic palm trees on it. In it is a photograph of McKenna's wife and daughter.

McKenna is an assistant professor specializing in modern Irish and British Literature. He has been teaching at the university for three years, and will be going for tenure soon.

John Brennan, director of public relations, said each year approximately 50 assistant professors vie for promotion to associate professor. Only 25 are granted tenure. Assistant professors must be evaluated for tenure in their sixth year. They are judged on teaching and research. If they are denied tenure, their contract is terminated after the seventh. Instructors cannot be granted tenure.

According to the university census, there are 1,199 faculty members, and 61 percent are tenured. The faculty handbook maps out the intricate promotion process in which the professor makes up a dossier of work and published materials. At the professor's department level, a committee on promotion and tenure reviews the dossier. The committee then votes on the candidate. The department chair writes a separate assessment of

the candidate.

All of the information gets passed on to the college where the process begins again. According to the handbook, once the college committee reviews the candidate the dean writes another assessment.

The dossier then gets passed on to the Faculty Senate. The faculty handbook states that the senate committee, which ideally comprises of seven members that make up all aspects of university demographics, votes and sends everything to the provost.

Alan Fox, president of the Faculty Senate, said everything is technically advice to the provost. The provost is the highest academic officer and has the final say.

Fox said even if the candidate received all positive reviews, it does not guarantee promotion.

A candidate can appeal a negative recommendation, but a negative vote does not mean that the candidate will not go to the next level, he said.

"No matter what the vote is," Fox said, "it's the candidate's decision to take it to the next level."

After the provost approves the candidate, everything goes to the president who, after making his decision, sends all of the reviews to the board of trustees. After seven recommendations, the candidate is granted tenure.

English Professor Charles Robinson has been teaching at the university for 43 years. Over that time he said he has advised more than 200 students in job searches.

Robinson said he usually dedicates a class with his graduate students to explain the professor hierarchy so they understand the complex process.

Tenured positions are investments for universities, he said. A tenured position is similar to being a Supreme Court justice — absolute job security in good behavior. Robinson said "publish or perish" best describes the stressful road to tenure.

Tenure does have its dangers, he said. A professor could become counterproductive after securing the life position.

"Does tenure and tenure track process make for a better teacher? Not necessarily," Robinson said. "Does tenure and tenure track process encourage productivity? Yes."

He stresses a balance between scholarship and teaching, using himself as an example.

"Teaching and research go hand in hand," Robinson said. "That is, anyone doing research is going to improve his or her teaching. As I continue to learn more about 'Frankenstein,' I'm all the better in the classroom."

All university faculty members are also protected by a contract the American Association of University Professors has with the university. Gerry Turkel, the chief negotiator from the AAUP for the new contract, said it guarantees professors' rights and establishes a ratio of full-time faculty members to students.

Turkel said approximately 50 percent of the faculty are members, meaning they get to vote on the contract.

"Tenure is fundamental to academic freedom," she said. "It allows professors to be free in their teaching and research without fear of retribution."

In the last 10 years, AAUP membership has gotten younger, prompting different securities, Turkel said.

"We provide support through the contract so that people have good benefits, and a good sense of security," she said. "We provide greater support and security for faculty members that are starting families."

McKenna said a lot has changed for him over the years. His autobiography is hidden in an edition of the complete poetry of W.B. Yeats. The book is covered with notes and an occasional picture or postcard hidden between the pages. Written in pencil on the inside left cover over many erased words is

his name and "University of Delaware."

He said he bought the book in Belfast as a student at Queen's University in Belfast. Since then the inside cover has traced his movements — University of Miami, Barry University, Wesley College, University of the Virgin Islands, Drew University.

"I read a Yeats poem and I say to myself, 'Oh, I remember I wrote that down sitting under the mango tree outside of my office in St. Croix, or I was having a café on Miami Beach,'" McKenna said.

He said he believes he would be tenured at one of those erased places had he stayed. However, the University of Delaware offered him something the other institutions did not. His workload gives him a personal balance that allowed him to start a family.

He has a daughter Aedin, which means Little Fire in Irish, but he always calls her Little One, he said. Sometimes the two research together in the library.

"She wants to be part of everything," McKenna said. "I used to take her to some meetings, but now that she's two she wants to participate in the meeting. She wants to say things. She calls the shots at home but I can't let her do that during a meeting."

His wife Lisa works for the Delaware Autism Program while working on her doctorate degree in education at the University of North Carolina Chapel Hill. She is probably the source of Little One's fire, he said.

McKenna is the author of two books and many articles. He was working on a book about Joyce's "Finnegans Wake" before coming to the university. He said his advisers suggested he save writing that book when seeking promotion to full professor.

For his tenure research, McKenna said he is contextually studying Irish writers work during heavy censorship periods in special collections.

"I'm relaxed yet diligent," he said about promotion, citing his Jesuit education as the source of his vigilance.

Nursing students drill for mock school shooting

BY BRIAN ANDERSON
National/State News Editor

At approximately 12:20 pm on April 28, the first floor of McDowell Hall became a scene of chaos. More than 100 junior nursing majors responded to a mock shooting in one of the classrooms as a disaster drill was run by the university's school of nursing.

Approximately 100 juniors acted as triage nurses and helped the approximately 50 sophomores who acted as wounded students in the simulation. More than 10 seniors also took part, acting as triage leaders who told nurses what to do to help the wounded patients. Teachers in the school of nursing were also on hand, helping the students with the drill.

Bethany Hall-Long, associate nursing professor, said she teaches a community health class about disaster training, and this exercise was one of the main projects for students enrolled in the course.

Hall-Long said the class was taught for a number of years before bioterrorism and school shootings became issues within the country.

"One of the real important things we find is the preparation," Hall-Long said. "Not only for an episode of violence but also just for Homeland Security and other initiatives."

She said she sits on the Homeland Security panel in Delaware and finds many schools and community agencies do not have plans in place if a disaster were to occur.

Many disasters, such as earthquakes or a train derailling, cannot be prevented, Hall-Long said. However, she said she hopes these students learn what kind of emergency situations are preventable and what to do in case of a disaster.

"I think it's really important and I'm proud that our students are trying," she said. "For them to have that understanding — that it is chaotic. If you don't have a good plan in place then it really comes back with repercussions."

Hall-Long said while school shootings are a sensitive subject, she thinks people are happy the school is being proactive and progressive about the issue.

Amy Cowperthwait, simulation laboratory coordinator in the school of nursing, said the drill ran

as expected. Even with training, disaster relief never runs as smoothly as the drills, but the drilling helps students understand what to expect in a disaster.

Cowperthwait said these disaster drills are conducted once per semester and the theme of the disaster differs each time.

"The school shooting was appropriate just because of what's been going on lately in the media," she said. "We just felt that the nursing students need to have some kind of handle on what to do."

Sophomore Ryan Miller, a nursing major who was wounded in the mock shooting, said he was hurt "pretty bad" in the drill. He said the drill was very surreal to him because he was wounded.

"It was pretty weird, hearing them talk about you like you were dead," Miller said. "It was definitely a strange thing."

Junior nursing major Emily Sizemore said she thinks school shootings are important to drill for, because they are such a big issue today. She said she feels it is beneficial for every student to know what to do in case of an emergency.

Sizemore said for the past two to three weeks, the focus of the community health class has been disasters and disaster drilling and she has learned what to do during an emergency.

"I thought it sounded kind of chaotic but in real life, disasters are," she said. "I guess its good practice."

Katie Davis, another junior nursing major, said the drill was overwhelming when it first began because so many people needed help but once she relaxed and knew what to do, it became easier.

Davis said she was nervous when she was told about the drill, but is glad she participated because disasters do often occur.

"Once you learn how to handle the disaster situation, it'll be easier in the future to handle a bigger one," she said.

Miller said he thinks it is a good thing to practice because the issue is so important.

"It's definitely a scary thing," he said. "Anything is real, anything can happen nowadays and you might as well be prepared for the worst."

"Once you learn to handle the disaster situation, it'll be easier in the future to handle a bigger one."

— Katie Davis,
junior nursing major and
participant in campus
mock shooting



All Day ~ Everday Low Prices

Bud Light cans \$2.50
Yuengling Pints \$2.50
Tall Capt & Coke \$2.50
Red Bull Drink \$3
So Co & Lime \$3
Corona & Corona Light Bottles \$3
Cherry, Grape & Jager Bombs \$5

Join our Frequent Dining Club!
Earn 250 points and
receive \$30 off your next check.
Free and easy to join!

Tonight Tuesday May 6
JEFE -no cover

Wednesday May 7
WHAT MAMA SAID
- no cover

1/2 price nachos & quesadillas

Thursday May 8
Kristen & the Noise
In Your Mug - Bud or Bud Light \$1.50 or
Any Rail Drink \$2.50
All You Can Eat Wings \$8.95

Friday May 9
DJ Tom Travers Awesome 80's Dance
Party - no cover

Saturday May 10
Mad Sweet Pangs

Sunday Feb May 11
MOTHER'S DAY
Brunch 9am to 2pm-Rick Fusco
Chorduroy - no cover

108 W. Main Street Newark, DE 19711

PH 302-369-9414

www.deerparktavern.com

WIFI Now Available!!!

The things a criminal record can do to your future ought to be a crime

What's the value of a clean record? Employers, graduate schools, the military services, professional licensing boards, immigration authorities-- the gate keepers to a lot of the good stuff in life-- look carefully at your record. Exactly how much a criminal record will affect your life, no one knows. What is known is that many students-- because of stepped up efforts to control alcohol, occupancy of private residences, or noise-- will be arrested this year.

Most things for which you receive citations from the University or Newark police are reported as criminal arrests in national and State crime reporting. Convictions of City ordinances are reported as criminal convictions. They are not like "parking tickets". And an arrest record will turn up in the future. On background searches for employment. In FAFSA applications. When you request a passport. Or want to do military service. Or apply to graduate school. And an arrest can result in University discipline, up to and including expulsion. Even if you complete PBJ successfully after an arrest, the arrest will still show on your record unless it is expunged. Scrutiny of criminal records for all these purposes has increased dramatically since September 11, 2001, as reported in the Wall Street Journal.

If you have been arrested in the past--or are arrested this year--don't panic. Maybe you were arrested in the past, and would like to talk about expunging your arrest record. Maybe you have charges pending now. You have the right to legal representation. I served as Newark City Prosecutor for many years, and have since that time represented many students in the Delaware courts. If you have been arrested and have questions about your pending case, or your past arrest record--contact us. You, or your parents, or both, can consult with me by phone at no charge.

The things a criminal record can do to your future ought to be a crime. If you have questions, call or e-mail.

MARK D. SISK, ATTORNEY

(302)268-1200 x 15

299 East Main Street, Newark

Email your questions to: SiskMD@marksisklaw.com

Visit us on the web at www.marksisklaw.com



THE REVIEW/Justin Bleiler

Some students have complained about construction on the Beach.

Harrington Beach gets a facelift: Plans to turf area begins

BY STEFANIE GORDON

Staff Reporter

Construction to cover the Harrington/Russell Beach with FieldTurf began last Tuesday. However, the project has been met with mixed reactions from many students.

Vic Costa, director for Facilities Planning and Construction, stated in an e-mail message that the purpose of the project is to provide students with a higher-quality recreational area.

"The reason for construction would be to provide the students in the area a better playing surface for daily activities," Costa said. "Harrington Beach is getting a new look with the installation of a synthetic field. The project for the field began this week and will be ready for use in the fall."

Russell Johnson, service coordinator for Facilities Maintenance, said the construction should be completed by this summer. The tentative date is currently July 1.

Hesaid he was unsure why construction began while students were still in class and using the Beach.

"It could be a lot of reasons," Johnson said. "The availability of contractors, or running close to the end of the school year. They probably want to be done before the end of summer and began the construction as close to the end of the semester as they possibly could."

Brian Singleton, manager of Lawn Doctor of Brandywine, a lawn-maintenance service in Wilmington, said depending on the use, turf may or may not be a good idea.

"It's all relative to the usage," Singleton said. "Natural grass is certainly a much better environmental type of grass coverage. If you're experiencing a situation with soil and grass with rainfall, versus artificial turf, the rainfall will run off the turf almost like a parking lot."

Singleton said that run-off problems can occur if the water has nowhere to go.

"You would need to be able to make sure that there would be enough drainage," he said. "The water needs to go somewhere. There would have to be drainage installed in order to have that. It seems to be a common-sense issue."

Singleton said in an area with a lot of activity, turf may be a good solution.

"If it's a regularly used area, then you're dealing with wear," he said. "With heavy traffic, you probably can't even grow natural turf."

Sophomore Lisa Goyette said she did not realize the construction would be of such a large magnitude.

"It bothers me a lot," Goyette said. "I didn't realize they'd be blocking off the whole Beach. It's so annoying, and it's the last month of me living here."

Goyette said next year she probably will not visit the Beach due to the remodeling.

"I like it because it's relaxing," she said. "I really liked how it was. Now that it's just turf, I won't come over here to play frisbee or anything."

Sophomore Meghan McGrath said she was frustrated the construction began while she was still living on campus.

"I'm pissed," McGrath said. "They should have waited until after classes were over. Plus, it also cuts the shortcut we use to go to the dining hall."

She said she thinks a different material other than turf could have been used for the resurfacing.

"At least sod could be pretty," McGrath said. "It'll hurt if I fall now."

She said the noise from the construction is distracting and she thinks the beach should remain as it was.

"We already have a noisy garbage truck," she said. "If it's a beach, they should leave it as a beach. Not add turf."

Speed Track

THIS SUMMER,
EARN UP TO 3 CREDITS
IN 3 WEEKS OR LESS

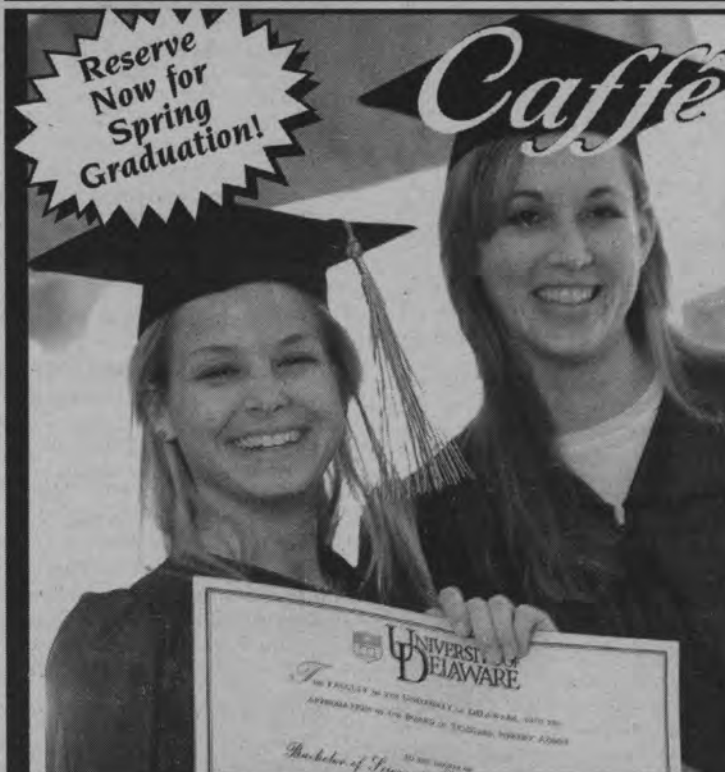
This is AACC.

At Anne Arundel Community College, we realize your summer months are very important to you. That's why we're offering Speed Track. Courses that you can complete in three weeks or less and earn up to three credits! Plus, our credits are easy to transfer and those hard-to-schedule courses easier to find! Call today and get on board with AACC's Speed Track! *Students First.*



Anne Arundel Community College

CALL 410-777-AACC AND ASK FOR SPEED TRACK.



Caffè

Gelato
RESTAURANT

Wine Spectator Award
of Excellence
2005, 2006, 2007

Wine Enthusiast Award
of Distinction
2007

Best Newark Restaurant
Delaware Today,
2003, 2005, 2006, 2007

"Caffè Gelato goes to the head
of the class for a return visit."
The Boston Globe

"Reasonably priced and
inventive Mediterranean-
inspired cuisine...well-crafted
desserts...solid specials that
show a more exciting edge."
The News Journal

Make your Spring graduation dinner
special—make reservations at Caffè Gelato.

Friday, May 23 — Dinner: 4 pm-10 pm

Saturday, May 24 — Brunch: 10 am-Noon,
Dinner: Noon-10 pm

Sunday, May 25 — Brunch: 9:30 am-3 pm

90 E. MAIN STREET • Newark • (302) 738-5811 • www.caffegelato.net

in the news

FACED WITH BUDGET CRUNCH, STATES MAY RELEASE PRISONERS

Reversing decades of tough-on-crime policies, including mandatory minimum prison sentences for some drug offenders, many cash-strapped states are embracing a view once dismissed as dangerously naive: It costs far less to let some felons go free than to keep them locked up.

It is a theory that has long been pushed by criminal justice advocates and liberal politicians—some felons, particularly those convicted of minor drug offenses, would be better served by treatment, parole or early release for good behavior.

AMAZON.COM FILES LAWSUIT OVER N.Y. SALES TAX

E-tailing juggernaut Amazon.com has filed suit against the state of New York, challenging a new law that requires it to collect sales taxes on transactions here.

The lawsuit, filed in state Supreme Court in Manhattan April 25, disputes the constitutionality of a statute that presumes that an out-of-state retailer solicits business if any in-state entity is compensated for referring customers to it. Amazon.com pays independent third parties, some of them based here, to advertise it by posting links to Amazon.com on their own Web sites.

New York lawmakers approved

But the states' conversion to that view has less to do with a change of heart on crime than with stark fiscal realities. At a time of shrinking resources, prisons are eating up an increasing share of many state budgets.

Proposals to free prisoners are still met with opposition, particularly from law enforcement officials who fear that a flood of released felons could return to their communities and from victims groups that worry that justice is being sacrificed for budgetary concerns.

the new requirement with the state budget April 9. It is expected to yield \$50 million in new taxes this year and \$73 million next year.

Seattle-based Amazon, which is being represented in the case by former New York City deputy mayor Randy Mastro, argues that the new law is overly broad and vague and violates the equal protection clauses of both the state and U.S. constitutions because it intentionally targets Amazon. It argues that Amazon maintains no physical presence in the state and that its independent advertisers are not Amazon representatives or agents.

CYCLONE DEATH TOLL COULD REACH 10,000 IN MYANMAR

The government of Myanmar said Monday the death toll from a weekend cyclone in the Southeast Asian nation could hit 10,000, with potentially hundreds of thousands of people left homeless, aid agencies reported.

The estimate of 10,000 killed was a sharp escalation from the previous official tally of 351 and was provided in a briefing by the Myanmar government to U.N. agencies, said Stephanie Bunker, the spokeswoman for the U.N.'s Office for the Coordination of Humanitarian Affairs. At least 3,000 people were reported missing

from a single district.

Tropical Cyclone Nargis struck Myanmar, which also is known as Burma, on Saturday with winds as strong as 120 mph. Particularly hard hit was the fertile, low-lying Irrawaddy River delta, which empties into the Andaman Sea.

Telephone and Internet lines were down, making communication even more difficult in a country whose ruling military junta keeps a tight rein on contact with the outside world. Aid officials said it could be several days or even weeks before an accurate assessment of death and damage could be made.

—compiled from the L.A. Times and Washington Post wire reports

police reports

STUDENT ROBBED OF PIZZA

A 20-year-old university student was robbed Saturday morning, Cpl. Scott Simpson, of the Newark Police Department, said.

The student was walking on South Chapel Street, between Delaware Avenue and East Main Street, at 3:21 a.m., carrying a pizza. Four males, believed to be in their late teens or 20s, approached him and one asked him why he was walking so fast.

The victim felt what he thought was a gun in his back, and the suspects demanded the pizza. The victim obliged, and the suspects fled in a gray GMC Sierra minivan that was parked in a nearby lot, Simpson said.

THREE ARRESTED IN MONDAY ROBBERY

Three people were arrested Monday after robbing a 24-year-old university graduate student of \$10, Simpson said.

The student was walking in front of 55 E. Main St. at 1 a.m. Monday when the three defendants surrounded him and asked him for a dollar. After the victim refused to give them his money, the defendants searched through his pockets and took a \$10 bill.

The defendants fled on bicycles and were later taken into custody by police.

The defendants, Paul Gore, 19, and Nabil Abdula, of Newark, and Noa Garcia, 18, of New Castle, were all charged with 2nd degree robbery and conspiracy. All remain in the Young Correctional Facility in lieu of \$7,000 bail, Simpson said.

—Josh Shannon

Delaware cancer rates studied by Public Health

Reveals areas of cancer clusters in state

BY HALEY MARKS

Staff Reporter

A study exploring incidence and mortality rates of cancer in Delaware, by district, was recently released by Delaware Health and Social Services Division of Public Health.

Dividing Delaware into 27 Census County Divisions, the study reports on five distinct areas of cancer incidence—all cancer sites combined, breast cancer, colorectal cancer, lung cancer and prostate cancer. The study labeled eight districts including Wilmington and New Castle as having higher than state average incidence rates for one or more cancer types.

A cancer incidence rate is defined as the number of new cancer cases diagnosed in a population over a period of time, according to the report.

Greater Newark County was ranked highest for the average annual age-adjusted incidence rate of breast cancer. It was not labeled a cancer cluster because its rate was not statistically high enough in comparison to the state average.

The causes of higher cancer rates in certain areas were not addressed in the study, however, the labeling of cancer clusters by county will hopefully enable further research into why certain areas are facing increased rates of incidence.

A cancer cluster is similar to putting a push pin in a map of where cancer occurrences are highest, nursing professor Carolee Polek said.

"In the movie 'Erin Brockovich,' the area was a cancer cluster," Polek said. "Anytime one city has an over abundance of cancer, that warrants attention."

Professor of Biological Sciences, Mary Farach-Carson, a member of the Delaware Cancer Consortium and Delaware prevention committee, said that the complexities of cancer must be taken into account when dealing with the labeling of an area high in cancer incidence.

"It's environment, it's genetics, it's behavior," Farach-Carson said. "We need to do the research to sort through the causes."

She said in the last decade, Delaware became aware that it had one of the highest rates of cancer incidence and mortality in the country.

"The public is just now coming around and hearing more about this," Farach-Carson said. "At this time we don't have a cure so a number of things have been done over the past decade to grasp hold of this issue and deal with it to the best of our ability, given state funding."

The Delaware Cancer Consortium, a task force created by Gov. Ruth Ann Minner to

assess the causes of Delaware's high cancer incidence and mortality rates, has made considerable progress in taking action to lower cancer rates in Delaware. Its efforts include increased screening and early detection, tobacco prevention, environmental risk reduction, disparities elimination, enhancing the quality of cancer care statewide and paying for treatment for the uninsured, according to the American Cancer Society.

Farach-Carson said the most important message is that more scientific research needs to be done before people overreact.

"Cancer is a disease that can take 40 years to develop," she said. "We've done a lot of things in the last 40 years, and in Delaware in particular in the last 10 years, to grasp hold of this issue, but you're not going to see it. No matter what we've done in the last 10 years, you may not see those effects for a few more decades."

Farach-Carson said she believes that a lack of funding from the government may hinder further analysis of cancer cluster data.

"We need to do the research and we really need to look at what are the things that would cause new cancers," she said. "We have 800,000 or so people in the state. If every person gave one dollar a year, that's the price of Coke, we would have enough money where we could do all of these studies and answer all of these questions."

Sean Hebbel, program director of the wellness community, a cancer patient support group in Wilmington, said while many diagnosed cancer patients reacted to the study with strong emotions, he feels the results are not all that surprising.

"Many felt they were cheated," Hebbel said. "They believe there was information that could

have been given to them earlier."

Hebbel said when dealing with the emotions of cancer patients, a lack of control over one's life can result in anger.

"People become angry," he said. "If they live near a cluster they place blame when often cancer occurrence is related to one's lifestyle. If he happens to live three miles from DuPont, he wants to place blame on the chemical plant, not on his lifestyle choices."

One completely preventable environmental factor adding to cancer rates is tobacco use.

While Delaware is one of only three states which have invested at least the minimum amount of money recommended for tobacco control programs, the adult smoking rate was still 21.7 percent in the year 2006 according to the American Cancer Society, with \$284 million spent annually on smoking related health care.

Sophomore Tara Patel said with such high rates of cancer incidence in Delaware more should be done to combat the disease.

"It's scary that Delaware has such high cancer rates," Patel said. "It's something that affects you and you don't know about it. You don't see immediate results and that frightens people because it doesn't seem to the public that much is being done."

"My parents are both neuroscientists for AstraZeneca, so I see from their point of view that drugs are being created and work is being done to try and combat cancer, but I feel more emphasis should be placed on the importance of prevention and treatment."

Patel said with so many students on campus smoking, Delaware and the university should pass stronger laws to try and stop young adults from picking up a habit which has long been proven to cause cancer.



ONLINE POLL

Q: Do you think the university should have alerted all students about the mock shooting?

Vote online at www.udreview.com

12



editorial

Mock shooting not promoted

In future nursing program must make students aware

Last Monday, a scene of chaos erupted in one of the classrooms on the first floor of McDowell Hall as a mock gun shooting ran its course.

The event was originally planned to take place on the Green, but was forced inside because of inclement weather.

The staging was organized by the university's nursing school as an exercise for students in a disaster training class. A different disaster is staged once per semester so nursing students can practice and prepare how to react in different stressful situations.

Approximately 100 juniors took part in the "shooting" as nurses, aiding roughly 50 "injured" sophomores and freshmen with help from approximately 10 seniors.

Fake blood and other theatrics were used to make the situation more realistic.

The scenario of a shooting was chosen based on its recent coverage in the media.

While the reasoning of preparing students to aid in a time of need is understood, this could have been a very frightening event for an unsuspecting passerby.

The mock shooting should have been promoted and advertised more so as to make students and faculty not involved in the event aware it was occurring.

The only mention of the mock shooting event appeared on UDaily, which students do not necessarily always read. Thus, had the event taken place on the Green, as was initially planned, students may have assumed the "shooting" was a genuine cause for alarm and panic.

Next semester, administrators in the school of nursing should have an e-mail message sent out to students making them aware of the mock disaster, its time and location.

If the administrators want to take the drill even further, they may want to consider using the UD Alert system to share this information.

These mock disasters are important to train nursing students; however, in the future, the nursing program can avoid any ambiguity by making sure non-nursing students are aware of what is happening. This way, any bystanders will be able to know how to react without fear.

First FestivALL event a success

Occasion on Green should be made annual tradition

This past Friday, the university held its first-ever FestivALL, a day when students were invited to the Green for food and a day of relaxing.

The weather was perfect and the day turned out to be pretty close to perfect itself.

It was nice to see the university do something for the students and involve many Registered Student Organizations on campus to make it feel like everyone was welcome to join in on the day's festivities.

The Student Government Association also needs to be commended for its effort in getting this event out to the university.

Another highlight of the day was the environment itself. The entire day was a sober event which can be a rarity on this campus and many others.

Let's hope if this event does become an annual occurrence, it does not turn into the type of day-long drinking fest many other university events have in the spring.

For as well as it turned out, FestivALL could have been an event even more people could have enjoyed. One way to help

this event grow in the future is to advertise it earlier.

For some students, they did not see the advertisements until the week before.

Had the SGA pushed harder to advertise the event, it could have included an even greater portion of the student body.

With this said, the turnout for the first FestivALL was well above what was expected — and that can't ever be a bad thing.

Another idea to help this event become what it could be is to possibly tie it in with SCPAB's Spring concert, if it ever returns. This way FestivALL would become an all day set-up for the evening's event.

Or, possibly, have one of the local cover bands finish out the day on the Green and play for the students. This way the university could make FestivALL an all inclusive even for everyone to enjoy.

In all, FestivALL succeeded on many levels. The university should be excited with the way everything went and consider making this an annual event, if it hasn't already.

Attention university artists:

The Review is need of a new cartoonist for next year.
For more information, e-mail ldattaro@udel.edu.

LETTERS TO THE EDITOR

'Rape' in headline unacceptable

In the April 29, 2008 edition of The Review titled "Pesticides 'rape' university environment," I commend you on writing on an issue which should be brought out to the student's awareness.

However, as a concerned student and a strong advocate for women's issues, I was shocked by the headline. To use the word rape in such a context is a deplorable use of trying to catch the reader's attention.

This article was placed in during Sexual Assault Awareness Month, a time when we are trying to raise awareness and create support, not shun and offend survivors. Rape is a crime that should be taken seriously. Using that word in a headline about pesticides was uncalled for. I enjoy reading The Review, but in the future I please ask you to take a critical look at the headlines.

Lauren Gibson
Senior
lgibson@udel.edu

A grounds worker's point of view

I believe the article titled "Pesticides 'rape' university environment," published in the April 29, 2008 issue of The Review was written in a way to inflame the student population. I realize we are working toward a greener campus but at what point do you draw a line? The students, faculty, staff and visitors of the university enjoy one of the most pristine campuses in the United States.

As a groundsworker I am proud of what we do with so little. The person who wrote this article did not think about what

they were saying, nor did they do enough homework. First, the people who spray are not groundsworkers, they are in the skilled trades, which requires them to be licensed in their field — including the safe application of chemicals. Groundsworkers are the people you see cutting grass and cleaning up leaves. As a grounds worker myself, I would like to ask how the students are helping this to become a greener campus, by throwing trash everywhere? We spend a lot of man hours picking up litter alone.

To say we are obsessed with our jobs, well, I take that as a compliment. There is a big difference between pride in what we do and obsession. As for my question as to where you draw the line, the greener way to do our jobs would be at great cost to the university and just not feasible.

For example, in the fall it would be better to clean up leaves by hand-raking everything and physically lifting the leaves into a truck and compost them. It would take an army of employees to accomplish this and major overtime.

Instead, we use leaf blowers which omit carbon in the air. Should the grounds department hire an army of employees to hand pick weeds out of the grass?

Did the writer of this article cite a solution? No. Instead they opted to talk with an organic pesticide person, who of course is going to say their product is better, so they can fill their wallet.

The last thing I want to say is the use of the term "rape" is totally uncalled for. It is insensitive to people who may have experienced what the term really means.

Tammy Zebley
Grounds Worker and
President Local 439
tzebley@udel.edu

Reviewers deem 2,4-D harmless

After considering the full body of scientific evidence, the U.S. Environmental Protection Agency released its re-registration decision for the chemical 2,4-D in 2005, and again in 2007, a decision not to initiate a Special Review for 2,4-D.

These expert reviews determined the use of 2,4-D does not present an unacceptable risk to human health or the environment when used according to label directions.

These scientific assessments concur with other public agencies mandated with protecting human health, including Health Canada's Pesticide Management Regulatory Agency, the European Commission and the World Health Organization.

In Canada, Europe and the United States, public consultation processes have provided the opportunity for those with an interest to examine the science-based evaluations.

After considering the public's input, these agencies all reached the same conclusion — 2,4-D does not cause cancer in animals and is not a human carcinogen.

I invite readers of The Review to visit www.24d.org where these decisions and many other expert reviews have been made available to the public.

Jim Gray
Executive Director Industry Task
Force II on 2, 4-D Research Data
james.gray@24d.org

WRITE TO THE REVIEW

250 Perkins Student Center

Newark, DE 19716

Fax: 302-831-1396

E-mail: revieweditorial@gmail.com

or visit us online at www.udreview.com

The Editorial section is an open forum for public debate and discussion. The Review welcomes responses from its readers. The editorial staff reserves the right to edit all letters to the editor. Letters and columns represent the ideas and beliefs of the authors and should not be taken as representative of The Review. Staff editorials represent the ideas and beliefs of The Review Editorial Board on behalf of the editors. All letters become property of The Review and may be published in print or electronic form.

The Review welcomes guest columns from those interested in writing.

Please e-mail
revieweditorial@gmail.com
for more information and do
not forget to check out
www.udreview.com

Last week's poll results

Q: Would you rather sit on the Green with weeds or with 2,4-D?

51% Neither, the university should find an organic alternative.
25% Weeds
24% 2,4-D



Opinion

13

Help stop sexual violence in Darfur

Guest Commentary

Katherine Gibson

There are many ways for students to get involved

Since the conflict in Darfur began five years ago, more than 1 million children have been forced to live in refugee camps without an education and without a home. If my 3-year-old sister had been born in Darfur, she would know nothing other than the violence, fear and hunger of life in these overcrowded and understaffed camps.

Hundreds of thousands of innocent civilians have died in Darfur and more than 2.5 million people have been displaced from their homes. The Janjaweed militia has been running a systematic campaign of rape, torture, murder and the destruction of homes, villages and crops.

This is a military campaign aimed at destroying the civilian population and it has been carried out with complete impunity.

The prevalence of sexual violence in Darfur is particularly horrendous. Women are publicly raped in front of their husbands, families and communities and are beaten or killed for resisting. Girls as young as 8 years old are

kidnapped and forced into sexual slavery in Janjaweed camps — the social taboos against rape mean that these women and their children are often ostracized by the community. Women are not even safe in the refugee camps.

The government of Sudan is actively sponsoring the violence. It provides arms to the Janjaweed and has obstructed the efforts of United Nations peacekeeping forces and aid workers.

All this has happened despite the fact President George W. Bush's administration called the conflict a genocide in 2003 and vowed it would not continue "on his watch."

Maybe it is the fact that so many young people are victimized in Darfur that inspires students across the United States to act on this issue. Many of these students work through Amnesty International, a grassroots organization which fights to promote and protect human rights around the world.

On Sunday, April 13, the university's chapters of Amnesty International and STAND attended the Global Day for Darfur protest and rally in Washington, D.C. to pressure the government to take more action on Darfur.

The event included tents that model the environment of a Sudanese refugee camp with information about living conditions there. It also featured Sudanese music and speakers

from Amnesty International and Darfur. We signed petitions to pressure the Sudanese, American and Chinese governments.

The protest started on the National Mall and turned into a march to the White House featuring more inspirational speeches from student activists, a Sudanese activist and a Holocaust survivor. Several protesters participated in acts of civil disobedience and were arrested in front of the White House.

Amnesty International is currently working with Delaware African Student Association and Uganda Untold to hold a displaced event on campus. This event, which will take place on May 15 on the Green in front of Memorial and Gore Hall, is designed to simulate a refugee camp in Darfur or Uganda.

Students from all three groups will provide information on what is happening in Darfur and Uganda and what you can do to help.

Amnesty International has a strong history of advocacy in this campaign and has had some major successes. In 2003 and 2004, Amnesty International provided some of the earliest documentation of the events in Darfur, including eyewitness testimonies. Amnesty International also organized a letter-writing campaign to the U.S. and U.N. Security Council government members in support of the resolution to send peacekeepers to Darfur.

Amnesty International also identified the fact that the conflict was spilling over the border into Chad.

In August 2007, the Chadian government

publicly credited Amnesty International activism as a key reason why they changed their policy and agreed to let peacekeeping forces into the country, which was authorized by the U.N. that September.

Amnesty International also exposed the continuing sale of arms to Sudan by Russia and China despite a U.N. arms embargo and because of China's role as Sudan's largest foreign investor, Amnesty International has protested and rallied outside of China's embassies and consulates in the U.S., and sent a letter signed by 96 senators to the government of China calling on President Hu Jintao to pressure Sudan's government.

Amnesty International has monitored the situation in Darfur through its "Eyes on Darfur" campaign, which uses satellite imagery and geospatial technology to observe villages at risk of destruction and to ensure the government in Khartoum knows the world can see what is happening in Sudan.

Amnesty International also sponsored a global petition calling on Bush to ensure the deployment of UNAMID with more than 500,000 signatures.

University students can get involved in fighting for justice and peace in Darfur by attending Displaced, Amnesty International or STAND meetings and by signing petitions on Amnesty's Web site.

Katherine Gibson is a senior at the university. Her viewpoints do not necessarily represent those of The Review staff. Please send comments to kgibson@udel.edu.

A former smoker changes his mind



Mother Tucker

Tucker Liskiewicz

No matter the reasons, it's never too late to quit cigarettes.

Earlier this year, I wrote an editorial in defense of smokers' rights.

I said it was a person's own choice to decide whether or not to willfully ingest tar and chemicals.

I romanticized cigarette smoking as the last bastion of a simpler, bygone era. It was never run due to the fact it was essentially a love letter to Big Tobacco from a long-time fan.

Irony, today, is spelled COPD. This four-letter acronym is short for Chronic Obstructive Pulmonary Disease, a diagnosis that includes chronic bronchitis and emphysema. The primary risk factor is cigarette smoking and, according to the National Center for Health Statistics, is responsible for more than 100,000 American deaths per year.

Imagine my shock, when a week ago, my

doctor told me I had the first signs of lung disease. Smoking is supposed to take away the final years of your life — the unwanted ones spent walking very slowly for fear of breaking a hip.

The consequences of smoking aren't supposed to start rearing their ugly heads at the age of 22. My parents and grandparents smoked for years, and I never even heard my Nana cough. This strikes me as somewhat unfair, as I have only smoked for the past four years.

In truth, I've been around it since the day I was born.

My early childhood was a different time — there were still cigarette vending machines in bars and restaurants, and Joe Cool and the Marlboro Man had life-sized cardboard cut outs in every corner drug store in Wilmington.

At the Posthouse restaurant on Union Street, a chef used to smoke non-filtered Lucky Strikes as he whipped up my homefries after school.

Whenever my family got into the station wagon for a trip during the winter months, cigarettes were lit with the heater blaring and the windows up.

There used to be ashtrays in shopping carts at the grocery store; every time they mopped the floor, the bucket water would be jet black from the cigarette residue.

Then again, cigarettes cost less than a dollar and there wasn't as much concrete information about the risks of smoking, so I can understand their excessive use.

To this day, my parents smoke inside the house. I did not realize my clothes smelled different from other kids' or that white curtains did not usually have a yellow tinge to them until I started sleeping over other kids' houses. I remember when I was 7; a friend's father asked me if I smoked because my clothes reeked so badly of it. It was not the first time, and it wasn't the last someone asked me if I smoked before I was even in junior high.

I never thought as a 4-year-old boy that sitting with my Babci reading Dr. Seuss while she puffed away on Virginia Slims would ever come back to hurt me.

I don't know if this was a typical case for the tail end of Generation X, but it was how I grew up, and how a sizeable portion of my friends did.

Cigarette smoking can affect your life much sooner than expected, whether you do it yourself or are just around it. It is easy to shrug off when the anticipated negative effects are 30

years off, but no as much when they are staring you in the face.

There's a chance that I will probably have to deal with the repercussions of my exposure and my actions for the rest of my life. I already get lung infections several times per year; I can get out of breath just talking and sometimes wheeze when I laugh.

Five years ago, I was a three-sport varsity high-school athlete and all-conference in lacrosse — now, I have an inhaler.

The whole situation is so stressful that I could really use a cigarette.

I do not mean to be the petulant child who's only repentant because he got caught with his hand in the cookie jar — I aided to my problems.

Life is going to be different — cracking open a pack of Nicorette isn't nearly as satisfying as a cigarette when you've got a Long Island Iced Tea in your other hand.

Like many before me, I was told by my doctor to quit smoking. I ignored him before, but hopefully it's not too late. It doesn't matter the time frame, 4 or 40 — it can kill you, and it may do it sooner than you think.

Tucker Liskiewicz is a copy desk chief at The Review. His viewpoints do not necessarily represent those of The Review staff. Please send comments to tucker@udel.edu.

LIVE and WORK at the BEACH!


Ocean City, Maryland and Virginia Beach, Virginia
Now hiring for the Summer Season!

Apply and learn more today at
www.ocbeachphotos.com

We need fun, outgoing, and self-motivated students who are looking for valuable career building experience and an unforgettable summer. Paid internships are available and come with a great tan.
(no photography experience necessary)



SENTINEL SELF STORAGE




1100 Elkton Rd, Newark DE

- Boxes & moving supplies
- 2.5 miles from campus
- FREE TRUCK RENTAL with certain sizes
- Mention this ad & receive 10% off boxes/moving supplies

302-731-8108


WWW.STORE.AT.SENTINEL.COM



IT CAREERS

Newark, DE

Email Resume:
careers@hostmysite.com

 **HostMySite.com**



relaxing living

fully loaded
.....hassle free student living
...unbeatable prices & convenience

towne court & park place

 91-2 Thorne Lane, Newark, DE 19711 • www.townecourt.com • 302.368.7000

NUCAR *Newark*

PONTIAC • BUICK • GMC

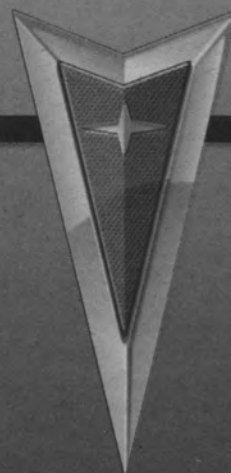
250 E. Cleveland Avenue • Newark, DE 19711

1-888-701-9869

nucarmotors.com



PONTIAC



G8

verizonwireless

Be the enV of your friends.



Get the enV and see what it can do!

enV™ by LG

\$79.99

after rebate
LG VX9900: \$129.99 2-yr.
price — \$50 mail-in rebate.
With new 2-yr. activation.

connect in more ways:
txt, pix, video, email & IM

know what's going on:
download new music & video on the
go, get the game score and keep an
eye on social networking sites

Win a hybrid!

Sign up for service at a participating Verizon Wireless Communications Store and ask how you could win a brand new hybrid car! Your friends — and the planet — will love you!



Switch to America's Most Reliable Wireless Network®

For sweepstakes details and store locations go to vzwcarr.com.

Sweepstakes: NO PURCHASE NECESSARY. Visit a Verizon Wireless Communications Store (BJ's and Circuit City not included) and activate a new line of service on a calling plan \$39.99 monthly access or higher w/ 2-yr. Agmt, then register online by May 31st to enter. New line of service must be active for at least 30 days to remain eligible. On how to enter for free, see Official Rules at vzwcarr.com. Sweepstakes begins on 4/14/08 and ends on 5/31/08. Must be 18 yrs. of age with valid driver's license and legal U.S. resident. Void where prohibited. Limit one entry per person.

Activation fee/line: \$35 (\$25 for secondary Family SharePlan® lines w/ 2-yr. Agmts).

IMPORTANT CONSUMER INFORMATION: Subject to Customer Agmt, Calling Plan, rebate form & credit approval. Up to \$175 early termination fee/line & other charges & \$1.99/MB (incl. Mobile Web ads). Offers and coverage, varying by service, not available everywhere. V CAST Music: per song charges req'd; airtime may apply for music downloads. Rebates take up to 6 weeks. Limited-time offers. While supplies last. Network details and coverage maps at verizonwireless.com. © 2008 Verizon Wireless.

mosaic

THE NEWARK

skate

CULTURE

see page 18



A Newark community looking for a home

Wilmington group promotes building of local skate park

BY RYAN LANGSHAW

Staff Reporter

It doesn't take a genius to figure out what makes Newark what it is — sprawling campus buildings, lines of stores on Main Street and residential houses tucked in between. However, for skateboarders such as Tommy Zhao, it just about takes a genius to find a place to skate within the city.

"There's nowhere to skate in Newark — it sucks," Zhao says. "UD is really not very skater friendly."

The answer to Zhao's problem, along with that of many other Newark skaters, may be solved quicker than they might think, thanks to the Wilmington Skate Project, a company focusing on building skate parks around Wilmington. Marc Calder, who founded WSP in 1999, has recently set a deadline for completion of a state-of-the-art skate park to be located in Wilmington. The city is also putting up \$250,000 toward the park's completion.

According to the group, the park, which has been in the works since the group's inception, would provide skaters with a plaza-style skate park with world-class facilities. Calder says one of the main reasons for the park's potential prestige is thanks to the design team WSP has enlisted to make it. The team, headed by Anthony

Bracali and Brian Nugent, has spent year's designing parks across the United States and Canada.

"Our design team is world-class," Calder says. "They won't settle to create anything less."

Calder says one of the biggest goals in the design process was to create a skate park with not only a unique design, but also a layout that, above all, was the choice of skaters. Calder says the plaza-style layout was a favorite among skaters and seemed to be the best choice after he researched different skate parks throughout the country.

"I have done a lot of research on skateboarding and skate parks in general," he says. "But we really wanted the skaters themselves to tell us what they wanted in a skate park."

He says one of the biggest reasons for the group's efforts over the years to keep its skate-park dream alive has been its hopes to give skaters an outlet to skate and create more awareness of the local skateboarding scene in general. "I think the perception of skaters has changed over time,"

he says. "But I also feel that doing a project like this is important just so we can show exactly how positive the sport is."

Former university student Tyler Jacobson, who works at Switch, a skateboarding shop in Newark, feels the perception of skating is only part of the problem. Although Jacobson says other people's perception of skaters is important, he feels over the years the mass appeal of skateboarding has started to soften many outsiders' viewpoints.

The biggest issue to him, however, is Newark itself as a bad skating venue.

"There are a lot of good places to skate around here, but the city just is not very tolerant of it in general," Jacobson says. "A lot of people that come into the shop are just bummed there is nowhere good to skate, so what WSP is doing is really great."

Zhao feels that along with improving the image of skaters, having a world-class skate-park could also help Delaware attract skaters from other areas of the country.

"I usually have to drive to Philly or New York every weekend," Zhao says. "But if this goes through, then maybe I can get some of them to come down here."

All three feel one effect the skate park will have is not just on the skateboarding community, but rather on the economy of Wilmington. Jacobson in particular feels the skate park would draw lots of skaters from all over Delaware as well as the surrounding states, which could have a positive effect on the city's economy.

According to Calder, WSP's goal of building a skate park has not always been an easy one. The original proposal by Wilmington Congressman Kevin Kelley called for a site to be built near the Wilmington Blue Rocks stadium, but funding and logistics issues forced the organization to stop plans. Kelley and the city have worked closely with WSP since then, and although no site has been set in stone, the group believes it has many viable options.

"That's a main reason why we're setting this timeline," Calder says. "That way we can get this done and have some positive news to announce to everyone in the community."

One of the primary concerns of Jacobson has been waiting for the skate park's completion.

"A lot of people have been hearing about this idea for a long time, but there really has never been any action, so I think it



THE REVIEW/Justin Maurer

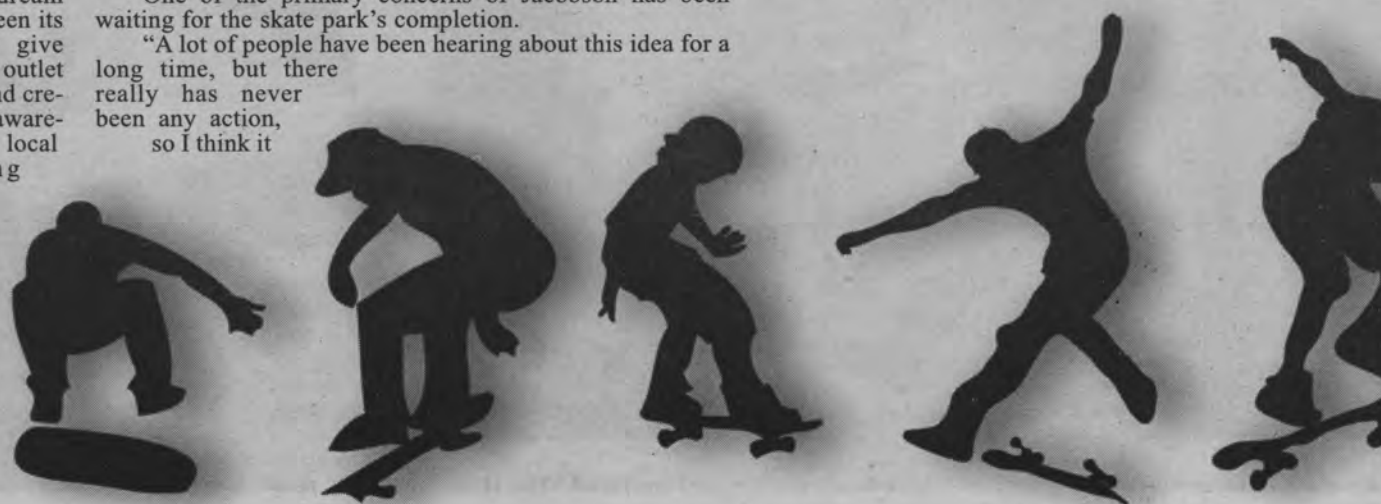
The words "No Skate Boarding" were modified on the Laird Campus foot bridge.

is good they are making a timeline and doing something about it," he says.

Calder says WSP is considering two tentative deadlines for its park and will look at something in early summer. If there are any hitches in the park's construction a final winter deadline will be set near the end of next year.

The group is also in the process of scheduling some summer events in the hopes of raising awareness of not only WSP, but also the new skate park. Calder says some ideas being discussed to bring people to the new park are concerts and a "go skateboarding day," which would be held in the town of Newark and would raise awareness about the sport. The group also held a benefit show last month at music venue Mojo 13.

"We really need everyone's support to get this thing going," Calder says. "The more everyone does to contribute, the better it will turn out."



Finding the beauty in a trying situation

Brain cancer diagnosis shakes life of former Miss Delaware USA

BY JORDAN ALLEN

Staff Reporter

For the majority of individuals, Nov. 16, 2006, was just another day on the calendar. For Jackie Pilla, it changed her life — it was the day she found out she had a brain tumor.

Pilla is a 1995 university alumna who was named Miss Delaware U.S.A. in 1999. Throughout her years as a student and as Miss Delaware U.S.A., she was experiencing the symptoms of her brain tumor.

Pilla says the most difficult symptom for her to deal with was depression. She was diagnosed with depression and had been in treatment for several years. She underwent psychotherapy and medication, but nothing was effective.

Four years ago, Pilla's problems with her memory and balance began. She would run into walls and then laugh it off.

"I would just joke and say I'm clumsy because that's what I thought," Pilla says.

It became increasingly frustrating for Pilla once she saw herself changing as a person.

"I used to be very sharp, quick, on-the-ball, and I wasn't like that anymore," she says.

This point was especially difficult

because she felt as though she was the only one who was aware of the change. She says people around her didn't notice her symptoms because she could still function well.

"They would say, 'Look at how well you're doing, look at how successful you are, it can't be that big of a deal,'" Pilla says.

Yet she noticed the change, and her symptoms continued to worsen. Pilla says her migraine headaches, which she had experienced for approximately six to eight years, grew longer and more intense. Her doctor ordered that she have an MRI, through which he discovered she had a type of brain tumor called meningioma.

Pilla first heard the news when driving home from work. She talked to a physician's assistant who would only say she had enlarged brain tissue.

"After that I had a half hour drive home," she says. "I was thinking a million different things."

Pilla says she was in a state of disbelief for a few months.

"I think I was in shock," she says.

see HEADLINE page ?



Courtesy of Jackie Pilla

Jackie Pilla (center), 1999 Miss Delaware U.S.A., poses with her family.

Alum gets 'Luckey' with MTV megahits

BY SAMANTHA BRIX

Staff Reporter

As a freshman at the university living in Lane Hall, Gary Auerbach had no idea he would one day reside right outside Santa Monica, Calif., run a successful production company and call Lauren Conrad from the MTV reality show "The Hills" a good friend.

The '81 alumnus majored in economics during his time in school, but paid more

attention to his first love — theater.

"We would shoot stuff at friends' [houses] and just goof around," Auerbach says. "I had grand plans to be an actor."

He says his time at the university bridged the gap between boyhood and manhood, giving him confidence to move to the Big Apple on his own.

Auerbach left Newark after graduation and headed for New York City, where he

lived for the next 10 years. In New York, Auerbach discovered he had a talent for cutting theatrical trailers and started to create dance videos for nightclubs. When people at MTV got a hold of his work, they extended a job offer to him. While working on and off for the television network, Auerbach created his own company, Go Go Luckey.

"Owning my own business gives me the freedom to experiment with different forms of entertainment," he says.

Best known for its popular reality TV shows including "Laguna Beach" and "The Hills," Go Go Luckey also produces documentaries and Webisodes, which are TV shows no longer than three minutes that appear on Web sites. Auerbach says the company boasts compelling narratives and dramatic storytelling.

Auerbach devised the idea for a television show on MTV that would follow high school kids living near a beach. This morphed into the successful "Laguna Beach." He says the reason for the sensation of "Laguna Beach" is that it's a wishful show that takes a fresh look at high school and is shot in a creative way.

"High school is high school and you have the same universal problems all high schoolers have even if you live on a mansion at the beach," he says.

Auerbach says "Laguna Beach" is a "docu-soap," a term he coined meaning a story-driven reality show.

Auerbach created "The Hills," the spin-off of "Laguna Beach," which he doesn't love as much as the original show. He says it's hard to label the type of genre "The Hills" has become, as it's awkwardly stuck between celebrity and real life.

"It was never scripted," he says. "It's always been real people with their real lives. It's getting a little set-up."

Auerbach says producing shows is mainly people management. As a producer,

he is in charge of inventing feasible ideas and creating a team that can shake the vision of that idea to life. He says producing is never a solo project, but always a collaborative effort.

Go Go Luckey is currently taking on many big projects. The company was the first approached by the Web site WB.com, the newly restored version of the WB television network, to create programming. The Web site will feature seasons of five to 10 Webisodes in hopes of attracting advertisers.

Auerbach says the mechanism in brainstorming TV show ideas doesn't differ much from generating article ideas for newspapers. He says his team brings concepts of its own interests to the table and pitches them to broadcasters. People come to his company with television show storylines as well, recently including Tara Reid.

"The real fun about our company is that one day we'll go from literally meeting a group of witches down in Orange County to pitching a show to Jerry Seinfeld," he says.

Auerbach's company is also involved in interactive media by creating social networking for viewers of their TV shows. The Web sites have evolved into platforms where people communicate on the Web about a TV show as much as they watch the show.

Go Go Luckey produced the hit A&E series, "Paranormal State," which, currently in its second season, follows a group of Pennsylvania State University students who feel haunted by supernatural creatures. The company also created a social networking Web site for fans of the show who rally online and discuss their own paranormal experiences.

He says the genius behind the show plays on people's fascination with the unknown.

"It's about hitting upon things people can relate to," he says. "Something not so far from their own lives."



Courtesy of Gary Auerbach

University alumnus Gary Auerbach created Go Go Luckey, which produced "The Hills."

Dempsey's flick offers nothing new

"Made of Honor"
Columbia Pictures
Rating: ★★ (out of ★★★★★)

Patrick Dempsey's character in "Made of Honor" is the perfect leading man for a chick flick. He's beautiful, suave and a complete player, but he's not so far gone that his spinster ways can't be reformed in the time it takes to plan a wedding.

Picture "My Best Friend's Wedding," but in reverse, with a lot more kilts and a sex-toy party thrown in for good measure, and you get the often cliché and overly predictable romantic comedy "Made of Honor."

Tom (Dempsey) and Hannah (Michelle Monaghan) meet in college and become pals, despite the fact that Tom is a womanizer and Hannah is a total bookworm. After 10 years of friendship, Tom realizes he's in love with her, but he's too late, as she has inconveniently gotten engaged to a strapping Irishman (Kevin McKidd) while away on vacation.

For Tom, there is only one thing to do — agree to be Hannah's maid of honor so he can sabotage the wedding from the inside, stop it in the nick of time and win Hannah back.

Predictable doesn't even begin to describe this movie. At no point in the 101 minutes of "Made of Honor" is there any suspense over whether or not Tom will make it to the wedding in time or if he will get stuck in traffic and arrive late, only to find out that Hannah doesn't return his feelings, leaving Tom and his bruised ego to watch the only woman he's ever really loved ride off into the sunset with another man.

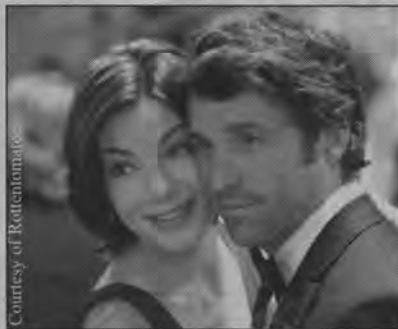
Director Paul Weiland managed to take

the "can men and women really be just friends" question from "When Harry Met Sally," the "falling in love with your engaged best friend" aspect from "My Best Friend's Wedding," and the "will they, won't they" debacle from almost every other romantic comedy ever created to create his finished product.

Although the film starts out slow, the antics of Tom and his loyal buddies who offer up their sometimes-misguided advice when they see fit are increasingly funny as the film progresses. The running jokes about bad Scottish food, overweight bridesmaids and glow-in-the-dark sex beads (which belong to Grandma), give the film comedic character.

If what audiences want is a cute romantic comedy where you don't have to think too hard, "Made of Honor" works well. Dempsey is adorable as usual and Monaghan is fresh and likeable — with a combined charm and quick banter, the two mesh well and create a good dynamic for a cookie-cutter comedy.

— Sammi Cassin,
scassin@udel.edu



Hero flick flies where most fall flat

"Iron Man"
Marvel Enterprises
Rating: ★★★★★ (out of ★★★★★)

Forget about the man of steel — this spring it's all about the man of iron. After a series of super-flops, Marvel Enterprises is finally redeeming itself with "Iron Man," a visually stunning — often mid-air — thrill ride directed by Jon Favreau.

In Marvel's newest endeavor, Robert Downey Jr. plays Tony Stark, a wealthy weapons manufacturer who designs tools of destruction for the U.S. Army. While performing a demonstration in Afghanistan, he is captured by terrorists and discovers that the U.S. government isn't his only

client. His captors hold him hostage until he can make a bomb for them with his materials they have mysteriously acquired.

Instead, Stark, who is at this point being kept alive by an electromagnet that keeps metal particles from entering his heart, designs and builds a metal suit that is not only resistant to fire and bullets, but has a built in flame thrower and can fly. Seeing the possibilities of his weapons in the wrong hands, Stark escapes to America where he shuts down his weapons manufacturing plant, perfects his suit — complete with a snazzy red and gold paint job — and adapts to his new role in which he can better protect people by being a weapon than by making them.

When making a superhero movie there is always a significant potential for failure,

but "Iron Man" succeeds where many others have failed. The hero in Favreau's movie is identical, in ethics and action, to the hero from the comics. In addition, there was clearly time taken to avoid any campy action or sappy love sequences to which other films have fallen victim.

Although the original "Iron Man" took place during the Cold War, Favreau's adaptation could not possibly have better timing. Putting Stark, the quintessential rich, hedonistic American, in a modern war is eerily poignant and Downey Jr. is the perfect man for the job.

Downey Jr., who is no stranger to the bottle himself, has no trouble grappling with the ethical questions of weapons development as the Hugh Hefner-esque Stark. Playing alongside Downey Jr. is Jeff Bridges as Obadiah Stane, Tony Stark's bald, bearded, bad-guy business partner. There is a special chemistry that must exist for a friends-turned-enemies story to properly play out, and Bridges and Downey Jr. play off of each other to perfectly accentuate the development of a good vs. evil relationship.

For long-time "Iron Man" fans, this movie will not disappoint. Although there is plenty of action, including frequent mid-air battles and elaborate explosions, the filmmakers let nothing come second to the plot. As far as superhero movies go, "Iron Man" is the new heavy hitter this year, but some may consider it a fun pre-game before "The Dark Knight" this summer.

— Adam Asher, aasher@udel.edu

DeGraw loses his better half

Gavin DeGraw
Gavin DeGraw
RCA Records
Rating: ★★ 1/2 (out of ★★★★★)

Relationships often drive music. They provide inspiration, emotion and critical opportunities for growth. In the pop-rock-R&B-fused case of Gavin DeGraw, the relationship behind the music is with a piano, and the artist and his keys seem to be on the outs.

DeGraw released his first album, *Chariot*, in 2005, and central to almost all of the tracks was the piano. The resulting anomaly was puzzling at first — here was a soulful crooner, pounding out unapologetic piano melodies with a rock band's backing — but once critics and music fans reconciled themselves with DeGraw's unconventional sound, the piano became an equal partner in the singer/songwriter's success.

On his self-titled sophomore effort, DeGraw seems to have all but abandoned that partner. The album includes 12 tracks, and only four of them feature the piano in a significant role. Change isn't always a bad thing for an artist, but in this case, DeGraw has ditched a fresh sound for a generic one.

The first four tracks on *Gavin DeGraw*, including the opening single, "In Love With A Girl," exhibit moments of piano inspiration, as if to remind listeners of what DeGraw is capable, but ultimately fall prey to substandard lyrics and a dominating rock sound. On "I Have You To Thank," DeGraw sings, "I have you to thank for making me so, so hard to please because / you treated me so good that no one else could hold your makeup / because of you, girl, I never wanna breakup."

Really? The unique poetry prevalent on DeGraw's first album doesn't appear nearly as fre-



quently on his new tracks, and it's no coincidence that the lyrical muse has flown in conjunction with those 88 keys. DeGraw only manages to pull it together on album No. 2 when he returns to the piano.

Fortunately, DeGraw makes this return at critical points. The dark horse of the album is the fifth track, "Cop Stop," where DeGraw combines spot-on lyrics, unexpected backup vocals, perfect instrumentation and his easy voice with the piano jams characteristic of *Chariot*.

DeGraw also goes out on a better note than he starts, finishing with strong performances on "She Holds The Key," "Untamed" and "Let It Go," all of which reunite the artist with his piano.

Vocally, DeGraw is consistently and expectedly powerful throughout, but the album lives up to its predecessor only when all is right between the man and his keys.

— Caitlin Birch, jecabi@udel.edu

On My Way Here
Clay Aiken
RCA Records
Rating: ★★★★★ (out of ★★★★★)

In his fourth studio release, titled *On My Way Here*, Clay Aiken continues to impress listeners with a soothing voice, sweet lyrics and overall solid songs. Albums like this make it clear why the former runner-up of American Idol is still putting out records — he's talented.

Aiken's first single off the album, title track "On My Way Here," is somewhat autobiographical about growing up and learning from the past. Written by OneRepublic frontman Ryan Tedder, the song is a great way to promote and start an album.

"Where I Draw The Line" is clearly the best track off the album although each one is worth more than one listen. "The Real Me," written by Natalie Grant

Trust Me
Craig David
Warner Brothers
Rating: ★★ 1/2 (out of ★★★★★)

Trust Me is an appropriate title for Craig David's fourth album, as the British singer is practically harmless in every way.

On the disc's first track and single, "Hot Stuff (Let's Dance)," David shows his colors as he opts to initiate a girl in dancing rather than sex, the more common R&B subject matter.

He continues the upbeat, feel-good cuts as the album goes on, but without delivering a smash hit of "Walking Away" or "Fill Me In" proportions. David then delivers a

few ballads, with some hitting the mark, and others missing.

On "Kinda Girl For Me," he sings "The truth is I got it bad / but ain't nothing wrong with that."

There's nothing wrong with a tame album.

However, although David is a genuine talent, his status in America continues to pale in comparison to his UK stardom, and *Trust Me* isn't the triumphant comeback to change that.

— Ted Simmons,
tsim@udel.edu



delawareUNdressed Facing the facts



Sarah Niles
Columnist

After weeks upon weeks of talking about oral sex, pubic hair, kissing techniques, friendcest and many other bar-room topics, I thought it was time to buckle down and tackle a more serious issue college kids must face as well: safe sex and testing. There are options right on campus that allow you to take your sexual health into your own hands and be responsible.

The university's Student Health Center is a helpful resource many students just don't use enough. OK, so maybe you've been there when you couldn't stop sniffing for days and needed a cold pack. Or perhaps your last visit was when you missed your 8 a.m. and needed a doctor's note to get you out of attendance trouble (come on, we've all done it). Whatever your reason, it's time you head back over there and make an appointment to get tested.

If you've been tested recently by your own doctor, then you're in the clear until you have sex with a new partner. If you're one of those students who has had

sex, protected or not, and still hasn't asked to see some STD test results, head over to Laurel Hall.

I understand how difficult it may be to psych yourself up enough to make moves and actually get tested. It can be terribly nerve-racking to address the situation and make the initial appointment, but once it's all over you can pat yourself on the back for being responsible. In most cases, it will be nice to know you don't have to worry about spreading anything you caught last

Got SEX on your mind?
THE REVIEW
is currently looking for its
next sex columnist!

For more information...
ldattaro@udel.edu

month after dancing a little too much with the devil while in Acapulco. It's important to remember that whether you have symptoms or not, you could be carrying an infection and passing it on to your partners without even realizing.

According to the Planned Parenthood Web site, chlamydia, gonorrhea, hepatitis, herpes, HIV, HPV and syphilis can have little or no symptoms. It's important to find out whether you have contracted any of these infections so you can take the proper steps to get treatable. In fact, many of these infections are easily treated. Without treatment, however, these same low-stress

infections could lead to complications later in life.

Don't forget that using a condom doesn't always guarantee you'll be infection-free. Using a condom helps to ensure your sexual safety, but often condoms break, slip off or malfunction in the heat of the moment. Let's be realistic — sex in college with a new partner might occur under the influence, when using a condom properly is much more difficult. That being said, even if you think your use of a condom put you in the safety zone, it's much better to get tested and prove yourself right than walk around carrying, and potentially spreading, an infection.

In order to plan a routine gynecological exam or a regular STD screening at the Student Health Center, the Web site suggests calling four to six weeks in advance to schedule an appointment. If you notice something scary, however, they will make sure to see you as soon as possible.

With STDs, it's always better to be safe than sorry. If you haven't been tested, call (302) 831-8035 now and schedule your appointment today. It's quick, easy and an important step to take in order to be sexually responsible.



fashionforward

An art to the mess

It's no secret that the fashion world is a woman's world — the two practically go hand in hand. I bet the fact that I'm a lady writing a fashion column probably doesn't surprise you. A female's passion for clothes is in her genes, right next to sugar and spice and everything nice.

But despite its many feminine qualities, fashion isn't solely what little girls are made of. There's a significant side of fashion that often goes unnoticed — and it doesn't involve stilettos, frocks, floral prints or "it" bags.

Guys everywhere, from the boy who sits next to you in class to the gentleman who works at the deli, are a major part of the fashion world, whether they wish to believe it or not.

Many try to hide their inner fashionists with "I-don't-care" styles and indifferent attitudes, but when it comes down to it, they care about their appearances.

There's an art behind the mess, in the way their hair falls in their face, their wallets coolly indent the back pocket of their jeans, their artful band T-shirts reveal their musical taste and their hats match their outfits.

Alas, there are some guys, like several of my beloved friends, who aren't as incognito about their affection for fashion.

One particular guy pal is obsessed, to say the least, with sneakers. He blows his paychecks on rare-edition, brightly colored, crazy-printed footwear. We once spent an evening exploring the many varieties of sneakers online, because I was so intrigued by this area of fashion I had never known before — and he was more than eager to show me.

Another male companion of my mine is very fond of his Ben Sherman parka — and allow me to include that it has a fur-lined hood. He could be seen wearing it throughout the wintry months and I'm convinced he'd still be wearing it now, if it weren't for the warmer weather.

The other week, an additional guy friend asked me, "What are some new clothing styles or trends for guys?" I was at a loss for words, not only because I'm not used to hearing this type of question from a male, but also because I know little on the subject.

I have numerous other guy pals that secretly fix their hair by using a blow-dryer or gel, are pickier than I am when purchasing a piece of clothing, change multiple times before going out, get upset when something they're wearing gets ruined and look in the mirror more than most girls to check for flaws. I've seen them coyly pick at my extensive sunglass collection and sometimes they even wear them in public.

And in case you're wondering, all of these men are heterosexual, as are many fashion designers who create clothing for women.

What's the conclusion, aside from my realization that I still have a lot to learn about fashion?

Guys heart fashion just as much as girls do. They have the same insecurities and, instead of being afraid of their hidden style stars, they should appreciate and embrace them.

It's OK to enjoy how your clothes look and make you feel. It's OK to spend your money on your closet's contents. It's OK to be conscious about your garment choices.

The line that was once drawn between boys and girls is no longer there.

So leave out the snips and snails and puppy dogs' tails, and I think you'll find what little boys are truly made of — a touch of fashion and a hint of style.



Larissa Cruz
Columnist

mediadarling Souring another celeb reputation

Miley Cyrus grew on me.

At first, I thought the Disney tween-sensation was trying too hard to attain the coveted triple threat status — actress, singer and songwriter — and I didn't understand what was so great about her alter ego, the husky-voiced, over-accessorized "Hannah Montana" character.

However, when her sugary-sweet songs like "Nobody's Perfect," "True Friend" and "Life's What You Make It" started to pack the rhinestone-studded iPod of the 12-year-old girl I babysit, I realized Cyrus represents a dying breed — innocent, well-intentioned celebrities.

So I decided to like Miley, and even enjoy jamming out to "See You Again" when it comes on at the bars (and it does).

But recently my faith in her was diminished by an arguably racy *Vanity Fair* photo shoot, and the media seems to agree that her shining good girl aura has started to fade.

In one particularly scandalous photo, Cyrus appears topless with a bare back and her front covered by a white blanket. Her hair is tousled and her plump lips are shaded a vibrant red. All in all, the 15-year-old looks about twice her age, not to mention like a sex kitten.

"I mean I had a big blanket on," Cyrus says in the photo's caption, when asked if she was anxious about the shot. "And I thought, this looks pretty, and really natural. I think it's really artsy."

Artsy is one way to say it. Now she's in full-fledged damage control because of the photos, and trying desperately to clean up her good-girl image.

"I took part in a photo shoot that was supposed to be 'artistic' and now, seeing the photographs and reading the story, I feel so embarrassed," Cyrus says in a statement. "I never intended for any of this to happen and I apologize to my fans who I care so deeply about."

Ah yes, the fans, ranging from an average of 6 to 14 years old, who now have a pin-up of Cyrus looking post-coital to hang up next to their Jonas Brothers poster. Wholesome material for anyone's bedroom wall.

Moreover, the content of *Vanity Fair's* accompanying article also calls into question Cyrus's values and if she's fit to be a role model for pre-adolescent girls.

In the article Cyrus says her favorite TV show is "Sex and the City" — I'm hoping

she's referring to the edited TBS versions. She also says she is personally friends with Britney Spears and Lindsay Lohan, and understands their struggle.

All this information doesn't seem Disney-approved, and in fact, it's not. Disney learned of the photos only after they aired on "Entertainment Tonight" last week.

A Disney spokeswoman, Patti McTeague, faulted *Vanity Fair* for the photos.

"Unfortunately, as the article suggests, a situation was created to deliberately manipulate a 15-year-old in order to sell magazines," she said in a press statement.

You might be asking where her parents were during the shoot. Surely they would protect Hannah Montana from letting down her pigtails and over-exposing herself. But both Billy Ray and Tish Cyrus were on-set for the shoot, and well aware of their daughter's exploitation.

Racy photos, stage parents and an infinitely expanding career — a recipe for disaster, or it was in the case of Britney and Lindsay.

But despite the photos, I haven't lost hope in the young starlette. I have faith she'll come back from the mishap, and continue to be a good role model for the little girl I babysit, as well as millions of other kids.

Maybe Cyrus says it best in one of her songs:

"Everybody makes mistakes / Everybody has those days," she croons. "But my intentions are good, sometimes just misunderstood."

Hey, nobody's perfect.

— Liz Seasholtz, eseash@udel.edu



An organic twist on a classic recipe

BY ANDREW LYNCH

Staff Reporter

Move over Chips Ahoy! — a couple from Milford has opened an organic cookie business out of their home. Bella's Cookies, which Mark and Kelly Leishear named after their daughter, Bella, is now making a name for itself in the Delaware organic market.

The company recently found itself in the

national spotlight when it was featured as the Snack of the Day segment on the daytime talk show "Rachael Ray."

Mark says the idea came from his experience in the marketing field. After graduating from Randolph Macon College with a degree in business marketing, he began working for a CBS affiliate selling advertising packages. He soon realized the benefits of owning a business.

His wife, Kelly, says she has always been a health person. She graduated with a degree in exercise science from Syracuse University and worked for a time as a personal trainer. When she decided to have children, she and Mark made an effort to keep them as healthy as possible.

"We made a commitment to feed our kids right," Mark says. "Chemical pesticides, trans fats, hydrogenated oils — these are things kids shouldn't be eating."

He says the cookie idea came about in February 2005, when his 6-year-old daughter was helping Kelly make a batch of organic cookies. Mark had a business trip to the university and decided to take some of Bella's cookies with his lunch. After a co-worker loved the cookies as much as he did, he saw the business opportunity.

ness opportunity.

"When you work in the business world you realize how easy it is to start and manage your own business," Mark says. "I thought an organic cookie business was a really original idea."

Mark and Kelly agreed on the idea and, with support from family, began constructing a commercial kitchen in their backyard. He says the kitchen had to be full service and pass state standards. Once it was completed in April 2006, Bella's Cookies was well under way.

Kelly says the health-conscious mindset has defined Bella's Cookies' niche in the market. They cater to people with food allergies and use all organic materials to support healthy living.

"If someone calls us and needs a birthday cake with no eggs, we can do that," Kelly says. "That's not something you can get at a Giant or Food Lion."

Mark says they can take special orders, but they focus mainly on cookie baking.

"We always had the mindset that it's better to be great at one product than mediocre at many of them," he says.

Kelly says her role in the business is to bake all of the goods while Mark handles all marketing and clientele and manages the company's Web site.

Because Bella's Cookies is a retail bakery, Mark says he and Kelly rarely sell the cookies themselves. Instead, organic food markets purchase large orders and carry the products in their stores. Mark says he then manages these business relationships and makes sure that his product is selling.

Andy Meddick, who runs Good For You Natural Market in Milford, says Bella's Cookies have been a popular product to have

on his shelves.

"They make the cookies in small batches," Meddick says. "That is the key."

Kelly says farmer's markets have proven to be a great place to sell the organic cookies. They set up a vendor and bring some products, sharing the story and the concept with local Delawareans. She says it's one of the only times the Leishears actually sell the cookies themselves.

"Over the past few years, the Delaware Department of Agriculture has really kicked up its farmer's market program," Mark says. "That's great for us."

Aside from the farmer's markets, the only other sales the Leishears do personally take place online. An online customer will receive their order along with a welcome box explaining the company and including several product samples, she says.

Bella's Cookies recently went national when they were featured on "Rachael Ray." Mark says he contacted Ray's program and they immediately loved the idea.

The appearance, however, was a bit of a let down, Kelly says. Ray only highlighted the cookies for a brief moment and didn't help get the word of Bella's Cookies out.

On the other hand, Kelly's appearance on the front cover of *Delaware Today's* "People to Watch: 40 Under 40" has noticeably brought new customers to the business. She says she now has organic food distributors calling her after she made the cover of the downstate issue.

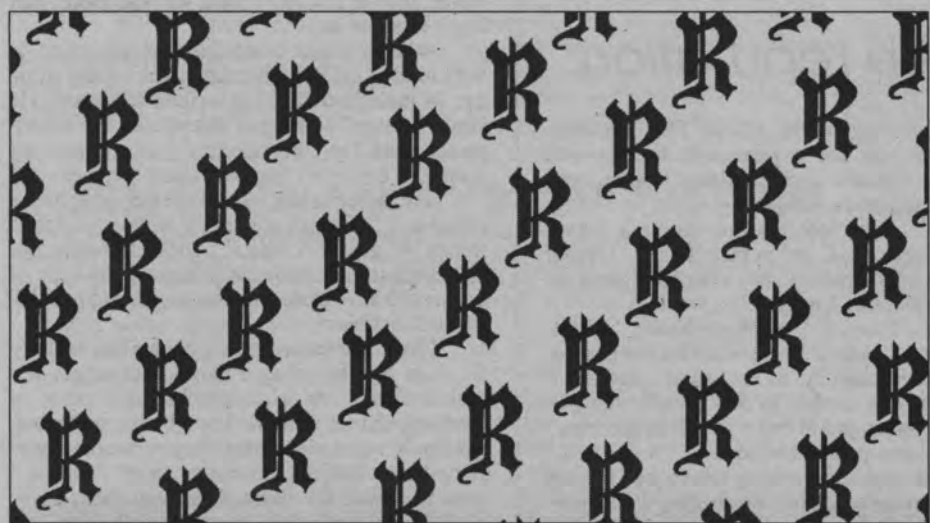
After all is said and done, Mark says it comes down to Kelly and her talent in the kitchen.

"From cakes to pies to cookies — she can do it all," he says.



Courtesy of Kelly Leishear

Bella's Cookies was recently featured as the Snack of the Day on "Rachel Ray."



udreview.com
for breaking news,
blogs, classifieds and
more!

Sudoku



				3				
4								7
			1		5			
	3						2	
	8			7			6	
	6						1	
			4		3			
7								5
				9				

brainfreezepuzzles.com

Jigsaw Sudoku Rules: Fill in the grid so that each row, column, 3x3 block, and jigsaw region contains 1-9 exactly once.

Preserving a piece of automotive history

Delaware home to one of country's largest Stanley Steamer collections

BY JANEL MUELLER

Staff Reporter

Thomas Marshall Jr. isn't surprised many people don't know much about Stanley Steamers today.

"They were a scarce item 80 to 90 years ago so today many have just forgotten or didn't even know they existed," Marshall says.

When the Stanleys were first introduced in 1897, mechanics often knew more about these steam-powered engines than they did about gas-powered engines, otherwise known as internal combustion engines, which were also becoming popular.

According to the Web site of Friends of Auburn Heights Preserve Web site, located in Yorklyn, the two types achieved comparable fuel mileage but it was the Stanley that was arguably a more efficient engine. It was also less complicated to operate and repair.

"Compared to other cars made at the time, Stanleys were very quiet, very smooth and very powerful," Marshall says. "They were very popular in 1900, but by 1908 to 1910 they were losing out to gasoline cars."

The industry eventually outgrew the Stanleys and they were last produced in 1924.

Only 11,000 to 12,000 Stanley Steamers were built during their 27 years of production by the Stanley Motor Carriage Company, which was founded by twins Francis and Freelan Stanley. This was a small amount considering Henry Ford built more than 1 million Model T's in a year by the mid-1920s.

According to Friends of Auburn Heights, it's estimated that between 400 and 600 Stanley Steamers still exist today — half of which remain in factory or semi-original condition.

The Friends of Auburn Heights Preserve houses 14 of the original Stanley Steamers in its museum along with a mobile steamer, two Packards, an electric car from 1916 and more. The collection of Stanleys includes models made between 1902 and 1922 and is considered one of the largest in the country.

Marshall, owner of Auburn Heights, is quick to point out that while there are larger collections of Stanleys in the United States and overseas, the "Marshall Collection" held at the Preserve poses a particular uniqueness.

"We call ours the largest operating collection of Steamers," he says, adding that all 14 Stanleys are in road-worthy condition and that many are used almost every month for special events.

The collection is named after Marshall's father, who bought his first Stanley Steamer, a 1906 Model H, in 1908 and began selling and servicing Stanleys in Delaware and Pennsylvania shortly thereafter. Though his father gave up the dealership in 1920, his desire to own a Stanley grew further. He acquired a collection between the 1940s and '50s, eventu-

ally owning approximately 25 Stanleys.

The museum, which houses the remaining 14 Stanleys, was built in 1947 and was opened and closed several times during the years that followed.

In 1981, Marshall began reviving the property through a series of renovations.

"We painted the inside and made some little rooms where we could have special exhibits," Marshall says. "It looks better now because it's been spruced up but it's basically the same building since it was first built."

In 1997, the Marshall Steam Team was created to help maintain and operate the steam cars as well as the one-eighth inch size live steam train railroad that surrounded the property. The team, which originally consisted of approximately one dozen volunteers, met for lectures and driving lessons given by Marshall himself to learn how to properly operate the steam vehicles.

According to Marshall, the Steam Team became more formal as time went on and in 2003 they organized themselves into a nonprofit support group under his leadership that became known as the Friends of Auburn Heights Preserve, Inc. This was also the year Marshall began donating portions of the Stanley collection to the Preserve as part of his retirement plan.

The rest of the property, which includes the Marshall family home, carriage house, museum, railroad and 200 acres of surrounding park land, has been donated to Delaware with the understanding that the Preserve maintains use of the museum and carriage house to allow the Stanley collection to remain there. These arrangements are expected to be completed by the end of 2008.

Marshall says there are approximately 230 members in the nonprofit group, adding that not all of them live in Delaware. Some join as a means of supporting the mission of the Preserve, which aims to educate the public about the steam vehicles, in addition to maintaining their integrity. Other members play a more physical role in the organization.

"We have about 60 active members and volunteers that come here on a regular basis to do mechanical work or help on public days," he says.

Robert Wilhelm Jr., a 1974 university alumnus and a resident of Wilmington, is one of the original members of the Marshall Steam Team and continues to work as a volunteer at the museum.

"I've driven approximately half the collection and I teach classes on steam cars there on occasion," Wilhelm states in an e-mail message.

A love for steam is what he says led him to purchase his



Courtesy of Thomas Dawson

It is estimated that only 400 to 600 Stanley Steamers still exist today.

own 1918 Model 735 Stanley in 1997. He says it was Marshall who taught him how to drive a Stanley, adding that he also played a key role in the restoration of his car.

"Driving a Stanley or any car from the early part of the last century is a totally different experience than driving today's automobile," he says. "As I drive the car, what I hear it doing and what I feel it doing through the steering wheel, the floorboards and the seat tells me a lot about how the car is running. You have to know how to listen to what they are telling you."

Although he performed a full restoration of his Stanley over the course of seven years, Wilhelm says his goal was always "to keep the car as close to the way Stanley would have built it as possible, at least by looking at it."

"The car has a personality," he says. "Today's cars have been stripped of all that. I'll take today's convenience but I love the nostalgia of an earlier time."

Thomas Dawson of Laconia, N.H., says it is this quality of distinctiveness that led him to purchase his 1924 Stanley Model 750A.

"I really like and enjoy how unique and different of a car it is," Dawson says. "The average person can't drive it because they wouldn't know how to operate it and I feel like I have a special skill in being able to do so."

He says he feels his Stanley is unique in that it was one of the last Stanleys ever made.

"There were 102 cars made that last year and my car was No. 91. It's my claim to fame," he says with a laugh.

Though he always had an interest in antique cars, Dawson admits he didn't know much about Stanleys when he first purchased his, so he decided to learn all he could about them.

"The learning curve was slow," he says. "It took many years to master how to start it up and run it around the block."

Dawson wrote articles about his experiences with the

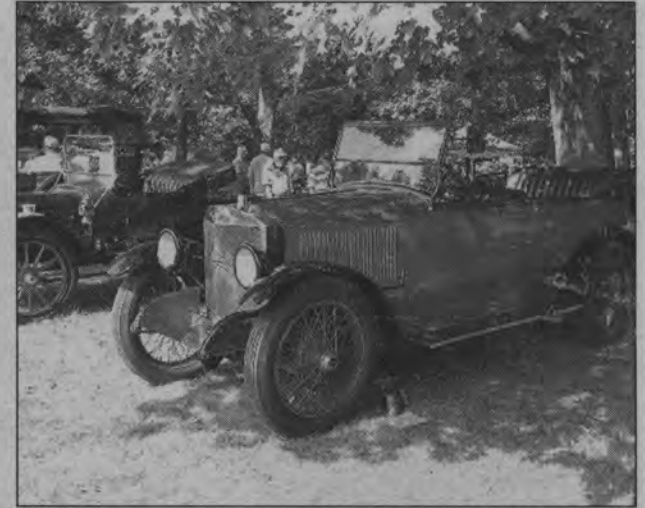
See CHANCE page 25



Courtesy of Thomas Dawson



Courtesy of Robert Wilhelm



Courtesy of Robert Wilhelm

The "Marshall Collection," housed at The Friends of Auburn Heights Preserve, consists of 14 road-worthy Stanley Steamers, like the ones above, that are used for special events.

A high school graduation in the pre-teen years

University student wins national award at age 13

BY JENNIFER HEINE

Senior News Reporter

Junior Spencer Tofts scored a 1250 on his SATs, took Advanced Placement classes before college and enjoys baseball.

A mathematics major, Spencer is like many other students at the university with one major exception — he is 13 years old.

Spencer, a Newark resident, says he received his high school diploma when he was 10 years old and was enrolled as a university freshman at age 11.

Now 13, Spencer has been selected as a winner of a 2008-09 scholarship by the Barry M. Goldwater Scholarship and Excellence in Education Foundation. Approximately 300 students from across the country receive this award as they plan to pursue careers in mathematics, natural sciences or engineering.

Jeanne Tofts, Spencer's mother, says her son started reading words when he was 19 months old. His love for numbers started with a baby cassette tape that played rap songs about math.

"Before I knew it, my baby was adding," Jeanne says. "Before I knew it, my baby was subtracting."

By age 3, Spencer was doing multiplication and long division, she says. He was sent a test from the Center for Talented Youth at Johns Hopkins University, and he was placed into third-grade math at 3 years old.

Jeanne, who homeschools her other children, says she decided to homeschool Spencer because elementary schools could-

n't accommodate his abilities.

Spencer says he learned all of his school subjects quickly, and he eventually ran out of math classes to take.

"After I finished Calculus AB, there was nothing else for me to learn in high school mathematics," Spencer says. "The only natural thing to do was to take math at college."

He says he achieved a 740 on the math section and a 510 on the verbal section of his SATs when he was 9 years old.

Jeanne says because her son scored more than a 700 on one SAT section and was younger than 13 years old, he was qualified for a one-course scholarship from the Julian C. Stanley Study of Exceptional Talent. Spencer used the scholarship to take an English class at the university at age 10.

She says after taking a university math class, Spencer applied to the university. He was enrolled full-time the following Fall Semester, shortly after he turned 11 years old.

Jeanne says since Spencer had been homeschooled his entire life, she told him about class expectations before he started taking courses at the university.

"Because he had never been in a formal classroom, I gave him advice like 'raise your hand, don't interrupt,'" she says.

Spencer says he doesn't experience too many problems being a younger student. He said one of his biggest challenges is that he cannot drive so his parents take him to class each day.

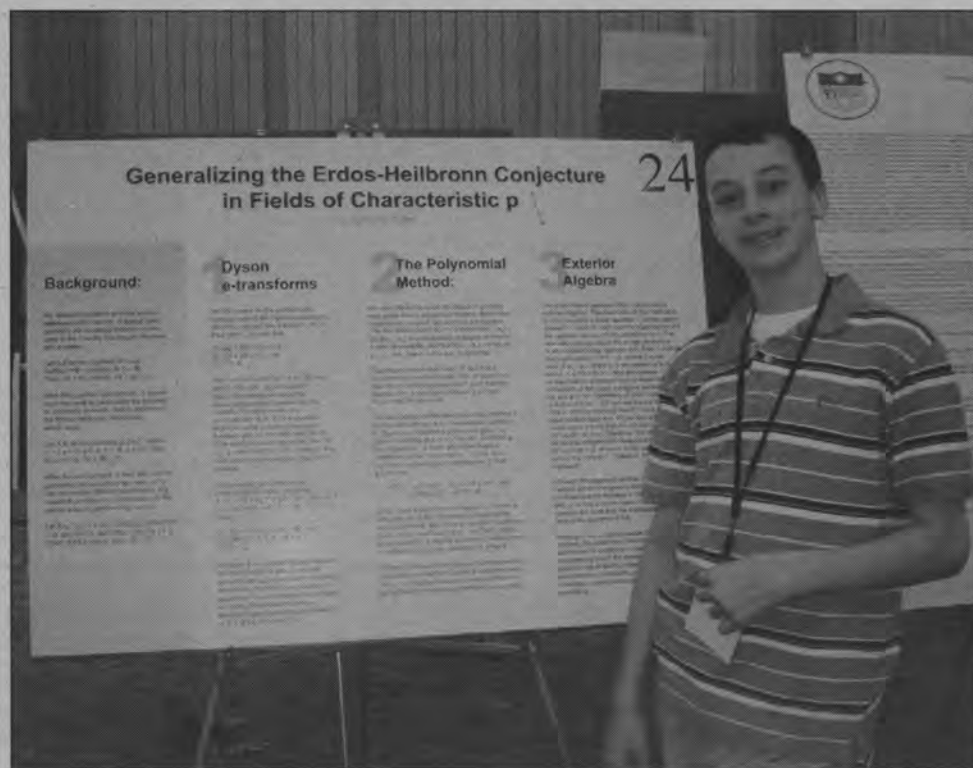
Jeanne said she was not too worried about how Spencer would handle being in college with older students.

"Socialization and friendships weren't really a concern because he was going there to learn," she says. "He has found no girl-friends at the University of Delaware."

Spencer says when other students see a 13-year-old in their class, they are a bit astounded and assume he always knows the answers even if he makes a simple arithmetic mistake.

"At first I dare say there is a little surprise," he says. "But sometimes I become the answer man when I answer something in class."

Spencer says he's doing research on number theory with his research adviser, Qing Xiang, professor of mathematical sciences. He presented his research at a poster session



THE REVIEW/Jenny Lin

Tofts, 13, was recently awarded a scholarship by the Barry M. Goldwater Scholarship and Excellence in Education Foundation

Friday at Trabant University Center.

He says he does research through the university during the summer and over Winter Session but always makes sure he takes a week off to relax.

Spencer says besides mathematics, he's also interested in physics.

"I don't have quite the natural intuition for physics as I do math," he says. "But I still learn it quickly."

Qaisar Shafi, professor of physics and astronomy, says although Spencer has never taken one of his classes, the 13-year-old has approached him about M-theory, the ultimate or unified theory. Spencer is interested in taking more physics classes.

Shafi says Spencer is currently taking a 600-level physics class and 800-level classes in mathematics.

"In physics, I can think of him as an advanced undergraduate, and in math I would think of him as an advanced graduate student," Shafi says.

He says he has seen intelligent students and researchers in his field, but none as young as Spencer. Shafi says although Spencer has many of the same interests as a 13-year-old and looks his age, he is on another level academically.

"When you start discussing things with him or talking about your field, the questions are deeper, mature," he says.

Shafi says he believes Spencer has a bright future ahead of him.

"I think the guy has highly unusual potential," he says. "He has very exceptional abilities, potential abilities."

Spencer says he eventually would like to earn a master's degree in mathematics at the university and then earn a doctorate degree at Princeton University.

Jeanne says neither she nor her husband are involved in mathematics fields. She majored in communications at the university and her husband went to art school and is now a graphic designer.

Besides taking classes, Spencer says he takes piano lessons and goes to church. Most of his friends come from his church.

"I have friends outside of school," he

says. "It's important to have friends your own age."

Spencer says his faith is very important to him, and he thinks God plays a role in his academic success.

"I owe a lot to various professors, my family and friends," he says. "If there's one thing I owe this to, it's God."

Gerald Smith, president of the Barry M. Goldwater Scholarship and Excellence in Education Foundation, says Spencer isn't the youngest student to receive a Goldwater Scholarship. Two 12-year-olds have won the award since the foundation's conception in 1986.

He says to date, almost 6,000 students have received the award throughout the United States and approximately \$60 million has been spent on the scholarships. Students can receive up to \$7,500 per year to help cover tuition, books, fees and room and board.

The Goldwater Scholarship, which honors the late U.S. Republican Sen. Barry M. Goldwater of Arizona, is designed to encourage college students to pursue careers in mathematics, science and engineering, Smith says.

He says the Goldwater Scholarship is "extraordinarily competitive." The average GPA of applicants is approximately 3.98 and having student research experience is critical in order to be considered for the award. Many Goldwater Scholarship winners go on to achieve Rhodes scholarships or Marshall Awards.

Junior Jeffrey Bosco, a chemical engineering major, and junior Ritika Samant, a biological sciences major, also were awarded the 2008-09 Goldwater Scholarship. The university was one of 39 colleges or universities to have at least three students receive the award.

Smith says all of the students applying for the Goldwater Scholarship are highly qualified individuals, in part because faculty at all the colleges and universities screen students who apply for the scholarship.

"We've created a national asset in these youngsters," he says.



Courtesy of Jeanne Tofts

Spencer Tofts (center) became a freshman at the university at age 11.



Courtesy of Jackie Pilla

Jackie Pilla was diagnosed with brain cancer on Nov. 16, 2006.

Beauty queen hosts walk to raise brain cancer awareness

continued from page 19

On Nov. 26, 2007, she underwent a craniotomy to remove the tumor. She had met with her surgeon previously.

"He said it looked atypical," Pilla says. "They wanted to remove it to make sure."

The surgery was a success and the tumor was removed. She returned to work as a school counselor three weeks later.

"After four weeks, I knew that that had changed my life," she says. "I felt like this heavy gray cloud was gone."

Pilla says she has more energy than she did before the surgery and is also happier and more optimistic.

She had an MRI in February 2007 to see if there had been any change, and again in August 2007, which revealed everything has been clear.

"I haven't had a migraine since," she says.

During the time she was coping with her brain tumor, Pilla says she joined an online support group, where many of the members had the same symptoms as her.

"They were told by their doctors they weren't related," she says.

However, those who had the craniotomy no longer had depression. Pilla says this is something of which individuals must be made aware.

"We need to educate people so they know to raise the question, 'Is it a brain tumor?'" she says.

Today, Pilla works in Phoenix, Ariz., where she raises

brain tumor awareness among the public. She hosted the Get Your Head In The Game Awareness Walk on Saturday at Dravo Plaza at Riverfront Wilmington. The walk was sponsored by the Kelly Heinz-Grundner Brain Tumor Foundation, which was started by Chris Grundner in honor of his wife Kelly, who died of a tumor at age 31.

The day of the walk was officially declared Brain Tumor Awareness Day, and all the activities promoted awareness and early detection of brain tumors. There was a two-mile walk, and an inspiration wall displaying photos, letters and related items to honor and memorialize those who have had or died from a brain tumor.

Pilla says it's important for individuals to monitor their own health. She says being diagnosed with a brain tumor is difficult to accept, and is life changing for everyone involved. However, it's not something to run away from.

"Pay attention to your body and trust your instincts," she says. "Don't be afraid of what you might find out."

After facing her diagnosis and successfully having her brain tumor removed, Pilla is finally able to live a life full of excitement and enthusiasm. This is why, she says, it's so important for individuals to know what is happening with their health.

"What some people think was the most horrible thing in the world turned out to be the greatest thing that happened to me," Pilla says.

A chance to ride an automotive antique

Continued from page 23

Stanley and later turned them into a book titled "Stanley Steamer Tales of a Novice Steam Car Owner and Other Antique Auto Adventures."

"Stanleys are quite rare and interesting and they're not seen very often," he says. "Whenever I take mine out there's always a crowd around the car asking, 'What does it burn?' and 'How fast does it go?'"

David Nergaard of Littleton, Mass., says he experiences a similar reaction when he takes his 1922 Stanley 735M ("M" standing for modified as it was originally a seven passenger touring car and is now a two passenger roadster) out for parades and car shows — to which he drives his Stanley to, compared to other owners who often rely on the use of trailers to transport their Stanleys.

"There's a great deal of curiosity because Stanleys are not that common these days," Nergaard says. "Many people say it's the only Stanley they've ever seen."

Wilhelm has experienced a similar situation.

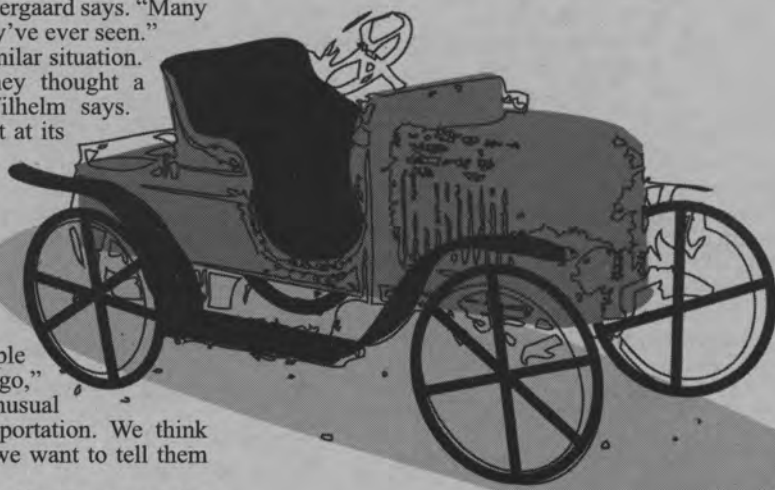
"I've had people tell me they thought a Stanley was a fictitious car," Wilhelm says.

"Others simply stare in amazement at its simplicity. Once folks get over the shock of the car then the questions start."

It's this lack of exposure and awareness many Stanley owners feel leads to the need to preserve the integrity of today's remaining Stanleys.

"It's important to educate people about how things were 100 years ago," Marshall says. "Steam was an unusual and important part of early transportation. We think people should know about it and we want to tell them about it."

Dawson says he believes it is vital to preserve the history of steam cars, especially Stanleys.



THE REVIEW/John Transue

BAND OR FAN?

BRING THE BEST UNTAPPED MUSIC TO THE TOP!

JOIN RALLYFORMUSIC

THE LATEST COMMUNITY FOR CUTTING EDGE BANDS.

FANS! BE THE FIRST TO DISCOVER THE BEST NEW MUSIC.
BANDS! GET YOUR MUSIC HEARD AND COMPETE FOR \$15,000.

Enter to win huge cash prizes,
LG phones, and flat screen TVs at
WWW.RALLYFORMUSIC.COM



RALLY FOR MUSIC

Prizes are subject to change without notice. Sweepstakes ends 5/31/08. Open to legal residents of the United States only. Sweepstakes begins 5/1/08 and ends 5/31/08. Sweepstakes prizes include: (1) \$15,000 cash prize; (2) LG flat screen TV; (3) LG phone; (4) LG digital camera; (5) LG digital camcorder; (6) LG digital music player; (7) LG digital MP3 player; (8) LG digital MP4 player; (9) LG digital MP5 player; (10) LG digital MP6 player; (11) LG digital MP7 player; (12) LG digital MP8 player; (13) LG digital MP9 player; (14) LG digital MP10 player; (15) LG digital MP11 player; (16) LG digital MP12 player; (17) LG digital MP13 player; (18) LG digital MP14 player; (19) LG digital MP15 player; (20) LG digital MP16 player; (21) LG digital MP17 player; (22) LG digital MP18 player; (23) LG digital MP19 player; (24) LG digital MP20 player; (25) LG digital MP21 player; (26) LG digital MP22 player; (27) LG digital MP23 player; (28) LG digital MP24 player; (29) LG digital MP25 player; (30) LG digital MP26 player; (31) LG digital MP27 player; (32) LG digital MP28 player; (33) LG digital MP29 player; (34) LG digital MP30 player; (35) LG digital MP31 player; (36) LG digital MP32 player; (37) LG digital MP33 player; (38) LG digital MP34 player; (39) LG digital MP35 player; (40) LG digital MP36 player; (41) LG digital MP37 player; (42) LG digital MP38 player; (43) LG digital MP39 player; (44) LG digital MP40 player; (45) LG digital MP41 player; (46) LG digital MP42 player; (47) LG digital MP43 player; (48) LG digital MP44 player; (49) LG digital MP45 player; (50) LG digital MP46 player; (51) LG digital MP47 player; (52) LG digital MP48 player; (53) LG digital MP49 player; (54) LG digital MP50 player; (55) LG digital MP51 player; (56) LG digital MP52 player; (57) LG digital MP53 player; (58) LG digital MP54 player; (59) LG digital MP55 player; (60) LG digital MP56 player; (61) LG digital MP57 player; (62) LG digital MP58 player; (63) LG digital MP59 player; (64) LG digital MP60 player; (65) LG digital MP61 player; (66) LG digital MP62 player; (67) LG digital MP63 player; (68) LG digital MP64 player; (69) LG digital MP65 player; (70) LG digital MP66 player; (71) LG digital MP67 player; (72) LG digital MP68 player; (73) LG digital MP69 player; (74) LG digital MP70 player; (75) LG digital MP71 player; (76) LG digital MP72 player; (77) LG digital MP73 player; (78) LG digital MP74 player; (79) LG digital MP75 player; (80) LG digital MP76 player; (81) LG digital MP77 player; (82) LG digital MP78 player; (83) LG digital MP79 player; (84) LG digital MP80 player; (85) LG digital MP81 player; (86) LG digital MP82 player; (87) LG digital MP83 player; (88) LG digital MP84 player; (89) LG digital MP85 player; (90) LG digital MP86 player; (91) LG digital MP87 player; (92) LG digital MP88 player; (93) LG digital MP89 player; (94) LG digital MP90 player; (95) LG digital MP91 player; (96) LG digital MP92 player; (97) LG digital MP93 player; (98) LG digital MP94 player; (99) LG digital MP95 player; (100) LG digital MP96 player; (101) LG digital MP97 player; (102) LG digital MP98 player; (103) LG digital MP99 player; (104) LG digital MP100 player; (105) LG digital MP101 player; (106) LG digital MP102 player; (107) LG digital MP103 player; (108) LG digital MP104 player; (109) LG digital MP105 player; (110) LG digital MP106 player; (111) LG digital MP107 player; (112) LG digital MP108 player; (113) LG digital MP109 player; (114) LG digital MP110 player; (115) LG digital MP111 player; (116) LG digital MP112 player; (117) LG digital MP113 player; (118) LG digital MP114 player; (119) LG digital MP115 player; (120) LG digital MP116 player; (121) LG digital MP117 player; (122) LG digital MP118 player; (123) LG digital MP119 player; (124) LG digital MP120 player; (125) LG digital MP121 player; (126) LG digital MP122 player; (127) LG digital MP123 player; (128) LG digital MP124 player; (129) LG digital MP125 player; (130) LG digital MP126 player; (131) LG digital MP127 player; (132) LG digital MP128 player; (133) LG digital MP129 player; (134) LG digital MP130 player; (135) LG digital MP131 player; (136) LG digital MP132 player; (137) LG digital MP133 player; (138) LG digital MP134 player; (139) LG digital MP135 player; (140) LG digital MP136 player; (141) LG digital MP137 player; (142) LG digital MP138 player; (143) LG digital MP139 player; (144) LG digital MP140 player; (145) LG digital MP141 player; (146) LG digital MP142 player; (147) LG digital MP143 player; (148) LG digital MP144 player; (149) LG digital MP145 player; (150) LG digital MP146 player; (151) LG digital MP147 player; (152) LG digital MP148 player; (153) LG digital MP149 player; (154) LG digital MP150 player; (155) LG digital MP151 player; (156) LG digital MP152 player; (157) LG digital MP153 player; (158) LG digital MP154 player; (159) LG digital MP155 player; (160) LG digital MP156 player; (161) LG digital MP157 player; (162) LG digital MP158 player; (163) LG digital MP159 player; (164) LG digital MP160 player; (165) LG digital MP161 player; (166) LG digital MP162 player; (167) LG digital MP163 player; (168) LG digital MP164 player; (169) LG digital MP165 player; (170) LG digital MP166 player; (171) LG digital MP167 player; (172) LG digital MP168 player; (173) LG digital MP169 player; (174) LG digital MP170 player; (175) LG digital MP171 player; (176) LG digital MP172 player; (177) LG digital MP173 player; (178) LG digital MP174 player; (179) LG digital MP175 player; (180) LG digital MP176 player; (181) LG digital MP177 player; (182) LG digital MP178 player; (183) LG digital MP179 player; (184) LG digital MP180 player; (185) LG digital MP181 player; (186) LG digital MP182 player; (187) LG digital MP183 player; (188) LG digital MP184 player; (189) LG digital MP185 player; (190) LG digital MP186 player; (191) LG digital MP187 player; (192) LG digital MP188 player; (193) LG digital MP189 player; (194) LG digital MP190 player; (195) LG digital MP191 player; (196) LG digital MP192 player; (197) LG digital MP193 player; (198) LG digital MP194 player; (199) LG digital MP195 player; (200) LG digital MP196 player; (201) LG digital MP197 player; (202) LG digital MP198 player; (203) LG digital MP199 player; (204) LG digital MP200 player; (205) LG digital MP201 player; (206) LG digital MP202 player; (207) LG digital MP203 player; (208) LG digital MP204 player; (209) LG digital MP205 player; (210) LG digital MP206 player; (211) LG digital MP207 player; (212) LG digital MP208 player; (213) LG digital MP209 player; (214) LG digital MP210 player; (215) LG digital MP211 player; (216) LG digital MP212 player; (217) LG digital MP213 player; (218) LG digital MP214 player; (219) LG digital MP215 player; (220) LG digital MP216 player; (221) LG digital MP217 player; (222) LG digital MP218 player; (223) LG digital MP219 player; (224) LG digital MP220 player; (225) LG digital MP221 player; (226) LG digital MP222 player; (227) LG digital MP223 player; (228) LG digital MP224 player; (229) LG digital MP225 player; (230) LG digital MP226 player; (231) LG digital MP227 player; (232) LG digital MP228 player; (233) LG digital MP229 player; (234) LG digital MP230 player; (235) LG digital MP231 player; (236) LG digital MP232 player; (237) LG digital MP233 player; (238) LG digital MP234 player; (239) LG digital MP235 player; (240) LG digital MP236 player; (241) LG digital MP237 player; (242) LG digital MP238 player; (243) LG digital MP239 player; (244) LG digital MP240 player; (245) LG digital MP241 player; (246) LG digital MP242 player; (247) LG digital MP243 player; (248) LG digital MP244 player; (249) LG digital MP245 player; (250) LG digital MP246 player; (251) LG digital MP247 player; (252) LG digital MP248 player; (253) LG digital MP249 player; (254) LG digital MP250 player; (255) LG digital MP251 player; (256) LG digital MP252 player; (257) LG digital MP253 player; (258) LG digital MP254 player; (259) LG digital MP255 player; (260) LG digital MP256 player; (261) LG digital MP257 player; (262) LG digital MP258 player; (263) LG digital MP259 player; (264) LG digital MP260 player; (265) LG digital MP261 player; (266) LG digital MP262 player; (267) LG digital MP263 player; (268) LG digital MP264 player; (269) LG digital MP265 player; (270) LG digital MP266 player; (271) LG digital MP267 player; (272) LG digital MP268 player; (273) LG digital MP269 player; (274) LG digital MP270 player; (275) LG digital MP271 player; (276) LG digital MP272 player; (277) LG digital MP273 player; (278) LG digital MP274 player; (279) LG digital MP275 player; (280) LG digital MP276 player; (281) LG digital MP277 player; (282) LG digital MP278 player; (283) LG digital MP279 player; (284) LG digital MP280 player; (285) LG digital MP281 player; (286) LG digital MP282 player; (287) LG digital MP283 player; (288) LG digital MP284 player; (289) LG digital MP285 player; (290) LG digital MP286 player; (291) LG digital MP287 player; (292) LG digital MP288 player; (293) LG digital MP289 player; (294) LG digital MP290 player; (295) LG digital MP291 player; (296) LG digital MP292 player; (297) LG digital MP293 player; (298) LG digital MP294 player; (299) LG digital MP295 player; (300) LG digital MP296 player; (301) LG digital MP297 player; (302) LG digital MP298 player; (303) LG digital MP299 player; (304) LG digital MP300 player; (305) LG digital MP301 player; (306) LG digital MP302 player; (307) LG digital MP303 player; (308) LG digital MP304 player; (309) LG digital MP305 player; (310) LG digital MP306 player; (311) LG digital MP307 player; (312) LG digital MP308 player; (313) LG digital MP309 player; (314) LG digital MP310 player; (315) LG digital MP311 player; (316) LG digital MP312 player; (317) LG digital MP313 player; (318) LG digital MP314 player; (319) LG digital MP315 player; (320) LG digital MP316 player; (321) LG digital MP317 player; (322) LG digital MP318 player; (323) LG digital MP319 player; (324) LG digital MP320 player; (325) LG digital MP321 player; (326) LG digital MP322 player; (327) LG digital MP323 player; (328) LG digital MP324 player; (329) LG digital MP325 player; (330) LG digital MP326 player; (331) LG digital MP327 player; (332) LG digital MP328 player; (333) LG digital MP329 player; (334) LG digital MP330 player; (335) LG digital MP331 player; (336) LG digital MP332 player; (337) LG digital MP333 player; (338) LG digital MP334 player; (339) LG digital MP335 player; (340) LG digital MP336 player; (341) LG digital MP337 player; (342) LG digital MP338 player; (343) LG digital MP339 player; (344) LG digital MP340 player; (345) LG digital MP341 player; (346) LG digital MP342 player; (347) LG digital MP343 player; (348) LG digital MP344 player; (349) LG digital MP345 player; (350) LG digital MP346 player; (351) LG digital MP347 player; (352) LG digital MP348 player; (353) LG digital MP349 player; (354) LG digital MP350 player; (355) LG digital MP351 player; (356) LG digital MP352 player; (357) LG digital MP353 player; (358) LG digital MP354 player; (359) LG digital MP355 player; (360) LG digital MP356 player; (361) LG digital MP357 player; (362) LG digital MP358 player; (363) LG digital MP359 player; (364) LG digital MP360 player; (365) LG digital MP361 player; (366) LG digital MP362 player; (367) LG digital MP363 player; (368) LG digital MP364 player; (369) LG digital MP365 player; (370) LG digital MP366 player; (371) LG digital MP367 player; (372) LG digital MP368 player; (373) LG digital MP369 player; (374) LG digital MP370 player; (375) LG digital MP371 player; (376) LG digital MP372 player; (377) LG digital MP373 player; (378) LG digital MP374 player; (379) LG digital MP375 player; (380) LG digital MP376 player; (381) LG digital MP377 player; (382) LG digital MP378 player; (383) LG digital MP379 player; (384) LG digital MP380 player; (385) LG digital MP381 player; (386) LG digital MP382 player; (387) LG digital MP383 player; (388) LG digital MP384 player; (389) LG digital MP385 player; (390) LG digital MP386 player; (391) LG digital MP387 player; (392) LG digital MP388 player; (393) LG digital MP389 player; (394) LG digital MP390 player; (395) LG digital MP391 player; (396) LG digital MP392 player; (397) LG digital MP393 player; (398) LG digital MP394 player; (399) LG digital MP395 player; (400) LG digital MP396 player; (401) LG digital MP397 player; (402) LG digital MP398 player; (403) LG digital MP399 player; (404) LG digital MP400 player; (405) LG digital MP401 player; (406) LG digital MP402 player; (407) LG digital MP403 player; (408) LG digital MP404 player; (409) LG digital MP405 player; (410) LG digital MP406 player; (411) LG digital MP407 player; (412) LG digital MP408 player; (413) LG digital MP409 player; (414) LG digital MP410 player; (415) LG digital MP411 player; (416) LG digital MP412 player; (417) LG digital MP413 player; (418) LG digital MP414 player; (419) LG digital MP415 player; (420) LG digital MP416 player; (421) LG digital MP417 player; (422) LG digital MP418 player; (423) LG digital MP419 player; (424) LG digital MP420 player; (425) LG digital MP421 player; (426) LG digital MP422 player; (427) LG digital MP423 player; (428) LG digital MP424 player; (429) LG digital MP425 player; (430) LG digital MP426 player; (431) LG digital MP427 player; (432) LG digital MP428 player; (433) LG digital MP429 player; (434) LG digital MP430 player; (435) LG digital MP431 player; (436) LG digital MP432 player; (437) LG digital MP433 player; (438) LG digital MP434 player; (439) LG digital MP435 player; (440) LG digital MP436 player; (441) LG digital MP437 player; (442) LG digital MP438 player; (443) LG digital MP439 player; (444) LG digital MP440 player; (445) LG digital MP441 player; (446) LG digital MP442 player; (447) LG digital MP443 player; (448) LG digital MP444 player; (449) LG digital MP445 player; (450) LG digital MP446 player; (451) LG digital MP447 player; (452) LG digital MP448 player; (453) LG digital MP449 player; (454) LG digital MP450 player; (455) LG digital MP451 player; (456) LG digital MP452 player; (457) LG digital MP453 player; (458) LG digital MP454 player; (459) LG digital MP455 player; (460) LG digital MP456 player; (461) LG digital MP457 player; (462) LG digital MP458 player; (463) LG digital MP459 player; (464) LG digital MP460 player; (465) LG digital MP461 player; (466) LG digital MP462 player; (467) LG digital MP463 player; (468) LG digital MP464 player; (469) LG digital MP465 player; (470) LG digital MP466 player; (471) LG digital MP467 player; (472) LG digital MP468 player; (473) LG digital MP469 player; (474) LG digital MP470 player; (475) LG digital MP471 player; (476) LG digital MP472 player; (477) LG digital MP473 player; (478) LG digital MP474 player; (479) LG digital MP475 player; (480) LG digital MP476 player; (481) LG digital MP477 player; (482) LG digital MP478 player; (483) LG digital MP479 player; (484) LG digital MP480 player; (485) LG digital MP481 player; (486) LG digital MP482 player; (487) LG digital MP483 player; (488) LG digital MP484 player; (489) LG digital MP485 player; (490) LG digital MP486 player; (491) LG digital MP487 player; (492) LG digital MP488 player; (493) LG digital MP489 player; (494) LG digital MP490 player; (495) LG digital MP491 player; (496) LG digital MP492 player; (497) LG digital MP493 player; (498) LG digital MP494 player; (499) LG digital MP495 player; (500) LG digital MP496 player; (501) LG digital MP497 player; (502) LG digital MP498 player; (503) LG digital MP499 player; (504) LG digital MP500 player; (505) LG digital MP501 player; (506) LG digital MP502 player; (507) LG digital MP503 player; (508) LG digital MP504 player; (509) LG digital MP505 player; (510) LG digital MP506 player; (511) LG digital MP507 player; (512) LG digital MP508 player; (513) LG digital MP509 player; (514) LG digital MP510 player; (515) LG digital MP511 player; (516) LG digital MP512 player; (517) LG digital MP513 player; (518) LG digital MP514 player; (519) LG digital MP515 player; (520) LG digital MP516 player; (521) LG digital MP517 player; (522) LG digital MP518 player; (523) LG digital MP519 player; (524) LG digital MP520 player; (525) LG digital MP521 player; (526) LG digital MP522 player; (527) LG digital MP523 player; (528) LG digital MP524 player; (529) LG digital MP525 player; (530) LG digital MP526 player; (531) LG digital MP527 player; (532) LG digital MP528 player; (533) LG digital MP529 player; (534) LG digital MP530 player; (535) LG digital MP531 player; (536) LG digital MP532 player; (537) LG digital MP533 player; (538) LG digital MP534 player; (539) LG digital MP535 player; (540) LG digital MP536 player; (541) LG digital MP537 player; (542) LG digital MP538 player; (543) LG digital MP539 player; (544) LG digital MP540 player; (545) LG digital MP541 player; (546) LG digital MP542 player; (547) LG digital MP543 player; (548) LG digital MP544 player; (549) LG digital MP545 player; (550) LG digital MP546 player; (551) LG digital MP547 player; (552) LG digital MP548 player; (553) LG digital MP549 player; (554) LG digital MP550 player; (555) LG digital MP551 player; (556) LG digital MP552 player; (557) LG digital MP553 player; (558) LG digital MP554 player; (559) LG digital MP555 player; (560) LG digital MP556 player; (561) LG digital MP557 player; (562) LG digital MP558 player; (563) LG digital MP559 player; (564) LG digital MP560 player; (565) LG digital MP561 player; (566) LG digital MP562 player; (567) LG digital MP563 player; (568) LG digital MP564 player; (569) LG digital MP565 player; (570) LG digital MP566 player; (571) LG digital MP567 player; (572) LG digital MP568 player; (573) LG digital MP569 player; (574) LG digital MP570 player; (575) LG digital MP571 player; (576) LG digital MP572 player; (577) LG digital MP573 player; (578) LG digital MP574 player; (579) LG digital MP575 player; (580) LG digital MP576 player; (581) LG digital MP577 player; (582) LG digital MP578 player; (583) LG digital MP579 player; (584) LG digital MP580 player; (585) LG digital MP581 player; (586) LG digital MP582 player; (587) LG digital MP583 player; (588) LG digital MP584 player; (589) LG digital MP585 player; (590) LG digital MP586 player; (591) LG digital MP587 player; (592) LG digital MP588 player; (593) LG digital MP589 player; (594) LG digital MP590 player; (595) LG digital MP591 player; (596) LG digital MP592 player; (597) LG digital MP593 player; (598) LG digital MP594 player; (599) LG digital MP595 player; (600) LG digital MP596 player; (601) LG digital MP597 player; (602) LG digital MP598 player; (603) LG digital MP599 player; (604) LG digital MP600 player; (605) LG digital MP601 player; (606) LG digital MP602 player; (607) LG digital MP603 player; (608) LG digital MP604 player; (609) LG digital MP605 player; (610) LG digital MP606 player; (611) LG digital MP607 player; (612) LG digital MP608 player; (613) LG digital MP609 player; (614) LG digital MP610 player; (615) LG digital MP611 player; (616) LG digital MP612 player; (617) LG digital MP613 player; (618) LG digital MP614 player; (619) LG digital MP615 player; (620) LG digital MP616 player; (621) LG digital MP617 player; (622) LG digital MP618 player; (623) LG digital MP619 player; (624) LG digital MP620 player; (625) LG digital MP621 player; (626) LG digital MP622 player; (627) LG digital MP623 player; (628) LG digital MP624 player; (629) LG digital MP625 player; (630) LG digital MP626 player; (631) LG digital MP627 player; (632) LG digital MP628 player; (633) LG digital MP629 player; (634) LG digital MP630 player; (635) LG digital MP631 player; (636) LG digital MP632 player; (637) LG digital MP633 player; (638) LG digital MP634 player; (639) LG digital MP635 player; (640) LG digital MP636 player; (641) LG digital MP637 player; (642) LG digital MP638 player; (643) LG digital MP639 player; (644) LG digital MP640 player; (645) LG digital MP641 player; (646) LG digital MP642 player; (647) LG digital MP643 player; (648) LG digital MP644 player; (649) LG digital MP645 player; (650) LG digital MP646 player; (651) LG digital MP647 player; (652) LG digital MP648 player; (653) LG digital MP649 player; (654) LG digital MP650 player; (655) LG digital MP651 player; (656) LG digital MP652 player; (657) LG digital MP653 player; (658) LG digital MP654 player; (659) LG digital MP655 player; (660) LG digital MP656 player; (661) LG digital MP657 player; (662) LG digital MP658 player; (663) LG digital MP659 player; (664) LG digital MP660 player; (665) LG digital MP661 player; (666) LG digital MP662 player; (667) LG digital MP663 player; (668) LG digital MP664 player; (669) LG digital MP665 player; (670) LG digital MP666 player; (671) LG digital MP667 player; (672) LG digital MP668 player; (673) LG digital MP669 player; (674) LG digital MP670 player; (675) LG digital MP671 player; (676) LG digital MP672 player; (677) LG digital MP673 player; (678) LG digital MP674 player; (679) LG digital MP675 player; (680) LG digital MP676 player; (681) LG digital MP677 player; (682) LG digital MP678 player; (683) LG digital MP679 player; (684) LG digital MP680 player; (685) LG digital MP681 player; (686) LG digital MP682 player; (687) LG digital MP683 player; (688) LG digital MP684 player; (689) LG digital MP685 player; (690) LG digital MP686 player; (691) LG digital MP687 player; (692) LG digital MP688 player; (693) LG digital MP689 player; (694) LG digital MP690 player; (695) LG digital MP691 player; (696) LG digital MP692 player; (697) LG digital MP693 player; (698) LG digital MP694 player; (699) LG digital MP695 player; (700) LG digital MP696 player; (701) LG digital MP697 player; (702) LG digital MP698 player; (703) LG digital MP699 player; (704) LG digital MP700 player; (705) LG digital MP701 player; (706) LG digital MP702 player; (707) LG digital MP703 player; (708) LG digital MP704 player; (709) LG digital MP705 player; (710) LG digital MP706 player; (711) LG digital MP707 player; (712) LG digital MP708 player; (713) LG digital MP709 player; (714) LG digital MP710 player; (715) LG digital MP711 player; (716) LG digital MP712 player; (717) LG digital MP713 player; (718) LG digital MP714 player; (719) LG digital MP715 player; (720) LG digital MP716 player; (721) LG digital MP717 player; (722) LG digital MP718 player; (723) LG digital MP719 player; (724) LG digital MP720 player; (725) LG digital MP721 player; (726) LG digital MP722 player; (727) LG digital MP723 player; (728) LG digital MP724 player; (729) LG digital MP725 player; (730) LG digital MP726 player; (731) LG digital MP727 player; (732) LG digital MP728 player; (733) LG digital MP729 player; (734) LG digital MP730 player; (735) LG digital MP731 player; (736) LG digital MP732 player; (737) LG digital MP733 player; (738) LG digital MP734 player; (739) LG digital MP735 player; (740) LG digital MP736 player; (741) LG digital MP737 player; (742) LG digital MP738 player; (743) LG digital MP739 player; (744) LG digital MP740 player; (745) LG digital MP741 player; (746) LG digital MP742 player; (747)



We Are Ready For Your Mother's Day With All Price Ranges

www.HarrisJewelers.net
(302) 475-3101

Branmar Plaza
Marsh Road
Wilmington, DE 19810
and
4377 Kirkwood Highway

Earrings

1/4 Ct. T.W.
Value \$366.00 Our Price \$239.00
1/2 Ct. T.W.
Value \$600.00 Our Price \$399.00
1 Ct. T.W.
Value \$1200.00 Our Price \$799.00

Pendants

1/6 Ct. T.W.
Value \$250.00 Our Price \$99.00
1/4 Ct. T.W.
Value \$300.00 Our Price \$199.00
1/2 Ct. T.W.
Value \$660.00 Our Price \$449.00
3/4 Ct. T.W.
Value \$1200.00 Our Price \$799.00
1 Ct. T.W.
Value \$1527.00 Our Price \$999.00
1 1/4 Ct. T.W.
Value \$1947.00 Our Price \$1299.00

Diamond Circle of Life Necklaces set in 14kt. Yellow or White gold

1/10 Ct. T.W.
Value \$400.00 Our Price \$99.98
1/4 Ct. T.W.
Value \$460 Our Price \$199.98
1/2 Ct. T.W.
Value \$689.00 Our Price \$459.00
3/4 Ct. T.W.
Value \$900.00 Our Price \$599.00
1 Ct. T.W.
Value \$1100.00 Our Price \$699.00
1 1/2 Ct. T.W.
Value \$1650.00 Our Price \$1099.00
2 Ct. T.W.
Value \$2250.00 Our Price \$1499.00

A Quality

1/10 Ct. T.W.
Value \$120.00 Our Price \$59.00
1/4 Ct. T.W.
Value \$300.00 Our Price \$149.00
1/3 Ct. T.W.
Value \$400.00 Our Price \$199.00
1/2 Ct. T.W.
Value \$840.00 Our Price \$399.00
3/4 Ct. T.W.
Value \$1500.00 Our Price \$699.00
1 Ct. T.W.
Value \$2000.00 Our Price \$995.00

15% off entire purchase for UD students and employees
12 months layaway and financing available
No service fee
Beautiful Selection for all Price Ranges

For Your Past, Present, and Future Diamond 3-stone Necklaces set in 14kt. Yellow or White Gold

1/4 Ct. T.W.
Value \$435.00 Our Price \$279.00
1/2 Ct. T.W.
Value \$945.00 Our Price \$499.00
3/4 Ct. T.W.
Value \$1500.00 Our Price \$799.00
1 Ct. T.W.
Value \$2247.00 Our Price \$1299.00

1/2 Ct. T.W.
Value \$900.00 Our Price \$599.00
3/4 Ct. T.W.
Value \$1575.00 Our Price \$899.00
1 Ct. T.W.
Value \$2250.00 Our Price \$1299.00
2 Ct. T.W.
Value \$10500.00 Our Price \$4999.00

Don't Forget Mother's Day



Genuine 14k Birthstone Journey & Circle Pendants

Reg. \$299
\$149



This summer get paid for being a student!

Looking for freshmen and sophomore engineering and science students (must be male) to serve as **peer-mentors** for incoming male engineering freshmen from **Saudi Arabia** from July 7- August 2 on the University of Delaware campus. The program, offered by the English Language Institute, provides course work in Math, Physics and Chemistry to prepare Saudi students for a successful start of their academic career.



American students will be participating in courses, team building activities and field excursions along-side their Saudi peers.

Requirements: UD students who are on the Dean's list

Live in dormitory with Saudi peers
Be open to other cultures and customs
Available for the program dates of July 7 to August 2,
Available for two day orientation on July 1 and 2

Stipend: \$2000 plus fee meal plan and dormitory accommoda-
tion



**SIMON EYE
ASSOCIATES**
"Eye Care for Life"

We're Focused on Eye Care®

Adult and Pediatric Eye Care • Experienced Doctors
Professional and Caring Staff • Lasik Vision Correction
Clear Explanations of Procedures • Designer Eyewear
Contact Lenses • Most Insurances/HMO's Accepted
Treatment of Eye Diseases

Bring in this ad to receive
\$50 Off
Glasses or Sunglasses

On complete Frames & Lenses from a select group.
Cannot be combined with any insurances
or any other discounts

(302) 239-1933 | www.simoneye.com

Visit our convenient location at 19 Haines Street, Suite B, Newark

Additional locations: Bear • Middletown • Pike Creek • Rehoboth • Concord Pike • Union Street

CRIMINAL DEFENSE

LAW OFFICES OF FRANCIS E. FARREN, ESQ.

Former Deputy Attorney General
Former Probation/Parole Officer

- DUI (Drunk Driving) Offenses • Drug Offenses
- Felonies • Misdemeanors
- Underage Drinking • Traffic Violations

• **FREE INITIAL CONSULTATION**

302-224-2053

24 Prestbury Square Newark, DE 19713-2609

feffarren@farren-law.com

Evening & Weekend Hours By Appointment

www.farren-law.com

classifieds

To place an ad call: 302-831-2771
or e-mail: reviewclassy@yahoo.com
or for display advertising call: 302-831-1398

ANNOUNCEMENTS

PREGNANT? LATE AND WORRIED?

Pregnancy testing, options, counseling, and contraception available through the Women's Health Clinic at the Student Health Service. For more information or an appointment call

831-8035
M-F 8:30-12 and 1:00-4:00
CONFIDENTIAL SERVICES

STUDENT HEALTH SERVICE TELEPHONE COMMENT LINE

CALL THE "COMMENT LINE"
WITH QUESTIONS,
COMMENTS, AND/OR
SUGGESTIONS ABOUT OUR
SERVICES 831-4898

FOR RENT

FIRST MONTH'S RENT IS FREE!

MAIN STREET COURT
LUXURY APTS. (NEXT TO
BURGER KING ON E. DEL
AVE.)

2BR 2BATH TOWNHOUSE
UNITS FOR GROUPS OF
3 OR 4

\$1600-\$1700 P/MONTH=\$425
P/PERSON FOR GROUP OF 4
AVAILABLE JUNE, JULY, &
AUG. *ONLY SIX UNITS
REMAINING*

ONE 3 BR TOWNHOUSE
REMAINING!

CALL 302-368-4748; OFFICE
HOURS DAILY 1-5PM M-F.
FOR NEW APPLICANTS ONLY

4 person house across from The Bob
Call 302-528-7765

Sharp DUPLEXES near EAST
CAMPUS. 2/4 person. \$775-1550
month. Call 369-1288

FOR RENT

FOXCROFT TOWNHOUSES
Now renting for 2008-2009
School Yr! 1 & 2 bdrms, walk to
U of D
Call Gail today 456-9267
www.midatlanticrealtyco.com

Houses & Apts. 2 & 3 bdrms, walk
to campus \$750 and up. No pets,
w/d. Email for list
bluehenrentals@aol.com or
call 302-731-7000

Continental Court Apartments
2 bedroom, 2 full bath, W/D,
dishwasher, microwave. 2
reserved parking. 4 person unit
\$1800/mo. Lease begins June
2008. Contact Angela at
302-369-8895 or 302-530-2149

NEAT, CLEAN AFFORDABLE
HOUSES AVAIL JUNE 1 FOR
GROUPS OF 2, 3, 4 & MORE.
W/D, & GRASS CUT INCL.
NEXT TO CLASS OR MAIN ST.
E-MAIL
livinlargerentals@gmail.com

Fish out of your bedroom window!
Beautiful setting-Creek House-14 &
16 White Clay Drive. 3 BR, W/D,
permit for 4 per side. \$1600 plus
utilities. (302) 454-8698

House on Choate St. near Main
St., Klondikes and Iron Hill.
Renovated and cleaned by maid
service. Fresh pain, new carpet
linoleum, remodeled kitchen bath,
front porch, super parking+w/d.
3-4 person. Call 369-1288/leave
message

4 blocks from campus & UD bus &
trolley. 4 br, w/d, d/w, AC-College
Park, Madison Drive. Permit for 4,
\$1200 plus utilities. 302-454-8698

TOWNHOUSES FOR RENT!
GREAT LOCATIONS!
GREAT PRICES!
GREAT MAINTENANCE CALL
FOR MORE INFORMATION.
EJS PROPERTIES 302-368-8864

FOR RENT

Friendly females looking for
female roommate for Spring '09
in a house with 4 other girls.
House has big backyard, dish-
washer, W/D, 10 minute walk to
class. Contact Jill at
jharig@udel.edu or
call 401-480-2078

Wanted! Clubs, Teams, or Large
Groups! Live together with a
bunch of your floor mates or
friends. Our house on Elkton
Road is huge and will legally
house 7-12 people! 3 kitchens, 3
bathrms, 7 bdrms, 2W/D, DW,
large yard w/ grass cut incl., lots
of parking & UD bus comes every
20 min. Cheap rent. Avail. 6/1.
Email
livinlargerentals@gmail.com

HELP WANTED

!Bartending! \$300 a Day Potential.
No Experience Necessary. Training
Provided. 1-800-965-6520 ext. 175

Lifeguards, pool managers, and
swim team coaches needed! Flexible
scheduling, top pay. Positions open at
over 100 pools in DE, PA, and NJ.
Lifeguard training programs offered.
Visit progressivepool.com or call
1-888-766-POOL for more
information.

Great Summer Job. Earn \$3500
to \$5000. Powerwash and Stain
decks with reputable business.
Not student painting. Call Ben
302-528-4724

Need to learn "The Mac" i.e.
"Garageband" & Window's
"Front Page" & how to update
my website. I have lectures/files
from the 1980's that need to go to
MP3 and be cleaned up using
"CD Earth" or "Audacity" and
made into DVDs. \$20/hr. Please
call: Gregg Hill (302) 489-9002
www.japanesemassage.net

HELP WANTED

Fine dining servers needed at La
Casa Pasta, just ten minutes from
campus! Email resumes to
info@lacasapasta.com, or contact
Vince at 302-738-9935 for more
info.

Activism
SUMMER JOBS
with
PENNENVIRONMENT

\$9-\$14/Hour

-Stop Global Warming!
-Work with Great People!
-Make a Difference!

Work with PennEnvironment on a
campaign to stop global warming.
Career opportunities and benefits
available.

Philadelphia, PA.
www.jobsfortheenvironment.org
Call George 215-732-1525

CAMPUS EVENTS

Tuesday, May 6

Jazz Clinic with Roger Ingram,
trumpet Guest Artist
Loudis Recital Hall
Amy E. duPont Music Building
12:30pm Free Admission

"Educational Issues Related to
Sexual Orientation" with Robert
Hampel, UD.
Part of Lesbian, Gay, Bisexual,
Transgendered Lecture Series
318 Gore Hall 12:30-1:45pm

Jazz Ensembles I & II with guest
artist Roger Ingram
Loudis Recital Hall
Amy E. duPont Music Building
8pm
Admission: \$12 adults, \$8 seniors,
\$3 students

CAMPUS EVENTS

Thursday, May 8

Collegium Musicum
Gore Recital Hall
Roselle Center for the Arts
5:30pm
Admission: \$12 adults, \$8 seniors,
\$3 students

"An Ideal Husband" by Oscar Wilde
sponsored by E-52 Student Theatre
Bacchus Theatre
Perkins Student Center
8-10pm
Admission: \$3 students, \$5 general
public

Black Violin sponsored by Student
Centers Programming Advisory
Board & HOLA
Multipurpose Rooms
Trabant University Center 8:30pm

Saturday, May 10

Concert Choir
Newark United Methodist Church
3pm Free Admission

RATES

University Affiliated: \$1 per line
Outside: \$2 per line
Bolding: \$2 one-time fee
Boxing: \$5 one-time fee

USE CAUTION WHEN RESPONDING TO ADS

The Review cannot research the
reputability of advertisers or the
validity of their claims. Because we
care about our readership and we
value our honest advertisers, we
advise anyone responding to ads in
our paper to be wary of those who
would prey on the inexperienced
and naive. Especially when rep-
sponding to Help Wanted, Travel,
and Research Subjects advertise-
ments, please
thoroughly investigate all claims,
offers, expectations, risks, and
costs. Please report any
questionable
business practices to our
advertising department at 831-1398.
No advertisers or the services or
products offered are endorsed or
promoted by The Review or the
University of Delaware.

Did you know?

Since 2004, both Delaware lacrosse teams have not advanced past the CAA Tournament semifinals in the same year.

R sports

28

weekly calendar

Tuesday, May 6

Baseball at UMBC, 6 p.m.

Wednesday, May 7

Baseball vs. Temple, 3 p.m.

Friday, May 9

Baseball vs. Towson, 3 p.m.

Women's Rowing at Dad Vail Regatta (Philadelphia)

Saturday, May 10

Baseball vs. Towson, 1 p.m.

Women's rowing at Dad Vail Regatta (Philadelphia)

Sunday, May 11

Baseball vs. Towson, 1 p.m.

Monday, May 12

Men's outdoor track at Tuppern Twilight Open (Villanova/Swarthmore)

Women's outdoor track at Tuppern Twilight Open (Villanova/Swarthmore)

UD lax falls short



THE REVIEW/File Photo

The men's lacrosse team ended its season in the first round of the conference tournament this past Sat.

BY GREG ARENT

Sports Editor

When the season began for the men's and women's lacrosse teams, both were ranked No. 2 in the Colonial Athletic Association. The two squads had high hopes of winning the conference championships. The men hoped to match their miraculous run to the final four in 2007.

The Hens fell short of their goals.

The men's lacrosse season came to an end in the first round when No. 3 seed Delaware lost 9-7 to No. 2 seed Hofstra last Wednesday night. Women's lacrosse mirrored the men by losing 15-14 to No. 1 William & Mary on Friday in Williamsburg, Va.

The women earned an 11-6 record, but only a 4-3 CAA record. On April 20, the Hens played their last conference match-up of the year against William & Mary, losing the contest, 17-13. They received another chance against the Tribe in the conference tournament.

Delaware relinquished a 9-6 halftime lead on Saturday. After the Hens went down six to five, they scored the last four goals of the half. William & Mary pounced on Delaware after the break, scoring four unanswered goals in the first six minutes of the second half to regain the lead. During the rest of the second half, neither team held more than a one goal lead.

When Hens' senior Katie Muth tied the game at 14, it was the 11th time the game was even.

After a goal by Tribe freshman Ashley Holofcener to put her team up 15-14, William & Mary won the ensuing faceoff and held possession for the final six-plus minutes of the game. The Hens were crippled by penalties during the matchup, committing 18, doubling the number of fouls committed by the Tribe.

This is the second-straight year Delaware fell short in the first round, losing 15-13 to James Madison in 2007.

The Hens top-three scorers this season were sophomore Emily Schaknowski (56), senior Muth (48) and senior Casey McCrudden (45). Schaknowski's 56 points were the third-best total in the league this season.

The Hens turned the ball over less than any other team in the league, but forced the least turnovers. Junior midfielder Alexis Curcio said the team fell short of expectations.

"I don't think we should have lost," Curcio said. "I believe next year is going to be our year. We made a lot of stupid mistakes during the game and overall, the season was just not where we wanted it to be in the end."

The men's lacrosse team went to the NCAA Final Four before losing to No. 5 Johns Hopkins 8-3 last year. The Hens failed to match the high expectations, losing to No. 2 Hofstra, 9-7 on Wednesday. The Pride won the CAA Championship after beating No. 1 Drexel 10-9 in the title game on Saturday.

Hens' senior goalie Tommy Scherr stopped 15 shots

in his final game, but his team failed on 9-of-21 clearing attempts and committed 18 turnovers.

Head coach Bob Shillinglaw said turnovers were not a main issue for the Hens all season, but against Hofstra, the penalties hurt the team. He said any time the Hens give a successful team like the Pride more opportunities than they deserve, they will make a team pay.

The Hens have not beaten Hofstra at Long Island since 1999. In an earlier match at Hofstra Stadium, the Pride beat Delaware, 11-8. Sophomore midfielder Tommy Lee said the team did not lose because they were less talented.

"We were sloppy," Lee said. "We had trouble clearing the ball and getting ground balls. We had the talent. We just didn't play our best game."

Shillinglaw said the Hens beat themselves by making too many mistakes. After the Hens scored three goals, they were shut out for 35:45, before senior J.J. Moran pulled Delaware to within three goals. The Pride proved too strong to catch. Senior Cam Howard scored a late goal in the game. He ends his career as the No. 6 all-time leading scorer in Hens' history with 186 points (84 goals and 102 assists).

Sophomore attackman Curtis Dickson scored two goals. His season-total 46 goals rank him in the top-10 nationally in the NCAA. He scored a goal in the past 25 games, the third best in university history. He was No. 2 in the voting for CAA player of the year and was a candidate for the Tewaaraton national player of the year award.

Shillinglaw expects a lot from Dickson next year.

"We have Curtis coming back and obviously he does a terrific job putting the ball in the net," Shillinglaw said. "He's a terrific finisher who sees the field very well. We are hoping he takes his game to another level next year."

Delaware ranked No. 1 in the CAA in goals per game (10.81), points per game (16.56) and shots per game (40.12). One aspect in which the Hens struggled all year was taking too many penalties, averaging a league-low 7.38 penalties per game. They caused more turnovers than any other team (9.19 per game).

Shillinglaw said the season was disappointing for everyone. He said although the Hens had a winning season, their goal was a conference title.

He said the team was too inconsistent and after winning its first five games of the season, the Hens went on to win just four of the next 11. He said he wants to prove the Delaware lacrosse program is the real deal.

"We are hoping we are not a one-time flash in the pan in terms of making the final four," he said. "We have some guys on the team right now who are capable of stepping up. We have a couple of transfers. So we will see if we can blend those guys with the returning players and make for a competitive team."

commentary



MICHAEL LORE

"It's a hard-knock life"

Another day, another problem in the NFL.

Names like Adam "Pacman" Jones, Tank Johnson, Chris Henry and others have floated around in the media not for on-field accomplishments, but for off-field stupidity.

Prior to the 2007 NFL Draft, Pacman "made it rain" at a Las Vegas strip club and got into a fist fight. He was also allegedly involved with a shooting that resulted in one man being paralyzed. NFL commissioner Roger Goodell suspended the Tennessee Titans cornerback for one year.

Prior to this year's draft, the Titans shipped their troublesome player out of the Music City to Dallas, where owner Jerry Jones accepted him with open arms.

Johnson was caught with nothing short of an arsenal in his trunk, resulting in a suspension from Goodell. Again, Jerry looked past the player's legal problems and signed Johnson, who had been cut by the Chicago Bears.

Henry, one of Cincinnati's many players who are famous for off-field issues, had run-ins with the law including DUI, sex crimes and failed drug tests. Goodell kept stern and suspended the former West Virginia alumnus for the 2007 season. The Bengals waived Henry.

With images of those three players not far on the backburner, yet another NFL player with too much money and power had a run in with the police.

On May 4, Chicago running back Cedric Benson was charged with boating while intoxicated and had to be pepper sprayed by authorities for being uncooperative as they tried to take him ashore. He was stopped by a Lower Colorado River Authority officer for a random safety inspection.

It is probably not safe to be half in the bag when in control of a boat.

Benson was released from jail early Sunday morning on a \$14,500 bail bond.

See TOO page 31

Rugby players going down under

BY JACOB OWENS

Staff Reporter

There is a growing interest in expanding markets and promoting American sports overseas today with the NFL playing in Mexico and England the past few years, MLB playing in China and Japan this past spring and the NHL holding season-opening games in London last November.

What Americans do not often think about is the overseas interest in U.S. promotion.

This upcoming July, four newly graduated seniors will fly to Sydney, Australia to take part in an eight-week rugby training session, called the "Down Under Rugby Program."

The trip is designed to immerse North American players in the rugby culture, teach them a higher level of skills and allow the athletes to play against foreign opponents when they practice with the affiliated Randwick Rugby Club and the University of New South Wales Rugby Club.

"The idea behind the program is to get better exposure and experience into the sport by sending trained players back to America and to get more of the world involved and competing at the international level," senior Phil Giordano said. "The kind of excitement Americans build around football and basketball is the kind of excitement Australia and other nations build around rugby."

The players will begin a weekly regiment of strength and conditioning training in the mornings and daily sessions with coaches Matthew Bowman and Grant Houldsworth, once they arrive in Sydney. Both coaches are former players of the Randwick Rugby Club and Houldsworth, the former coach of the Chicago Lions from the Superleague Rugby Union, will provide guidance of the skills and knowledge needed in the game.

"Americans have a lot to learn when it comes to the game's IQ," Delaware rugby head coach Bjorn Haglid said. "We are physically just as good as any nation in the world and are capable of breaking down walls, but these guys already are up field with the ball because mentally they are on another level."

What the coaches will be able to verbally supply will be offset by what the Delaware players observe from the established club players from Australia. The club athletes usually have played their entire lives. Where we may play tee-



Courtesy of Jason Vanterpool

Jason Vanterpool will travel to Australia in the summer.

ball in America, Australians play rugby early on, senior Jason Vanterpool said. Haglid added that it is difficult to emulate something players have not been able to watch and they are not able to pick up the little things as easily as if they could watch rugby on TV.

"If I can go [to Australia] and just share in the friendships, bonding, knowledge and little nuances of playing, that will go a long way to making me a better player," recent Delaware graduate Tim Lowe said.

After returning from the program, the university play-

ers hope to get into contention for the United States Eagles national rugby team or get opportunities to play overseas. The pathway to the big leagues of rugby in the United States is not as codified as other sports like football and basketball with no drafts or developmental leagues.

Players attempt to make collegiate all-star teams and if they are accepted, receive the opportunity to play for one of North America's four teams; otherwise, they work their way through the ranks of lower club leagues. Most "rugger" do not start playing until college, unlike most American sports that start in high school, Lowe said. After Lowe graduated in December, he found a place on the Schuylkill River Exiles club team in Philadelphia knowing it was a self-supporting team, like most American clubs and he would have to pay dues to support his passion.

"Rugby sport and culture is heavily reliant on relationships and contacts because at least at the collegiate-level, we are a very close community," Giordano said. "When opportunities like this program came around, a lot of our rival coaches vouched for us along with coach Haglid to help bolster our applications," Giordano said.

Delaware has experienced a growing success with its club rugby in recent years, with the women's team placing second after losing this season's Mid-Atlantic Rugby Football Union Championship to Shippensburg in overtime. The men's club won the Eastern Pennsylvania Rugby Union Championship in 2006, when the team defeated rival Kutztown.

The Australian program is just one step, but a good one, in the direction of the dreams players carry, Vanterpool said.

Giordano said rugby players are the best in their post-college years and these eight weeks will give him more training than his prior eight years of experience ever could have done.

Lowe said he would continue working for the glory of representing America on the international field someday, no matter how trying the process becomes.

"That is rugby, they are giving up a portion of their life to go overseas and get this kind of training where when they come back they aren't guaranteed anything," Haglid said. "That is the love of the game."

Amateur referees feel pressures

BY MIKE PINA

Copy Editor

For nearly every sport imaginable, one ingredient is desperately needed to prevent games from spiraling out of control. Without this piece, chaos would ensue.

The missing link is referees. Unnoticeable perfection is expected of them every time they lace up their shoes or skates.

A game with no referee is like a courtroom with no judge. Rules would be argued back and forth with no winner and loser decided, junior Kyle Green said. In other words, the main objective for sports, especially on the professional level, would no longer exist.

Green said he decided to referee intramural games at Delaware because, without the officials, the program would be unable to run.

"I feel like I'm contributing to keeping people active and healthy," he said.

Junior Brian Handell, a referee for the past two winters for the Elkton Parks and Recreation Department, said he knew he would enjoy being a referee because he and his brother ran a baseball camp for children during the summer and he enjoyed feeling helpful.

"I reffed basketball games for third graders up to middle school-aged kids and I love giving little pointers here and there to help them out," Handell said. "I played basketball in high school and have a good knowledge of the game, so I feel like I was really able to help."

Every once in a while, a referee is treated as a scapegoat for a team or a player's bad performance, Green said. Referees are human beings capable of making mistakes. A bad call here and there is bound to happen, but if it ends up costing a team a win, the situation can get ugly, he said.

"I was refereeing a basketball game and working the clock this one time," Green said. "The other ref with me did not call a 10-second violation when there clearly was one and the team was complaining to me, but we couldn't reset

the clock.

"They were only down by one point and it was the final possession, so it really messed them up."

Handell recalls officiating a basketball game involving 7-year-old athletes last winter where the children were not a problem, but a father in the stands became a nuisance.

"The game was getting a little chippy and kids were falling over each other," Handell said. "As I was running down the court, a dad yelled out that I was letting the game get out of hand. I ignored him and next thing I know, he's out on the court getting restrained by other parents."

"I had to call the game and let him know that he was the one who ruined the game, not me."

Green agrees being harassed is the most difficult part of being a referee, but it comes with the territory. The good, sometimes comical things, usually outweigh the bad.

"In flag football, there's a rule that says you can't play if you're wearing shorts with pockets," Green said. "People show up all the time with pockets anyway and I have to turn them away, but this one time, a kid showed up with pockets, and when I said he couldn't play, he ran to a nearby Port-o-Potty and put his boxers over his shorts. It was hilarious, so of course I let him play."

Being a referee and making big decisions that can possibly sway games might give some people power trips, Green said. With amateur officials having a serious influence on a game that can ultimately be decided by a blow of the whistle could tempt some referees to affect the outcome of games.

"It's always in the back of my head," he said. "If I have a buddy on one of the teams, I'm not going to blow the entire game for him, but if it's a close call, I'm going to side with my friend's team."

Handell said he is obviously not perfect and that he has made some poor calls before, but never on purpose.

"After the game, if I made a bad call, I'll probably remember it, but that happens to the best refs in the world,



THE REVIEW/File Photo

Referees deal with pressures unknown to the public.

so it doesn't really bother me."

Both students said they love reffing in good fun, but are not sure they could handle the pressures of being a referee at the professional level.

"After college, the only time I see myself being a referee would be for my kids' Little League games or something like that," Green said.

Hens struggled to fill Smith's void

Three players cycle in and out of position to win faceoffs

BY SEIF HUSSAIN

Sports Editor

It is not easy filling the shoes of a legend.

A 70 percent career faceoff percentage is a statistic not matched by many lacrosse players. Former Delaware men's lacrosse specialist Alex Smith's achievements were nothing short of extraordinary.

When Smith graduated from Delaware after last season, he left a gaping void at the faceoff position. Attempting to fill his spot was redshirt freshman Anthony Ruiz and sophomore Tommy Lee.

"Obviously it's really tough for us to step into those shoes," Lee said. "He's the best faceoff guy of all time. Even though you don't want to think about it, you are always playing in his shadow. You are always just that guy after Alex."

Ruiz started the 2008 season strong, with Lee and freshman midfielder Carter Bloor substituting for him. Ruiz began to have unfortunate back problems and by the game against Drexel on April 9, he was unable to start. Head coach Bob Shillinglaw said Lee developed some consistency towards the end of the season, but said he was still disappointed by the performance at the position overall.

The committee of specialists managed only a paltry 51 percent faceoff winning percentage on the season.

"There was no way we were going to come close to the records that Alex had set last year," Shillinglaw said. "Alex pretty much won the faceoff every time himself. He was bang-bang and then he was off running."

"What we were hoping for though, was to be somewhere in that 60 percent range."

Smith repeatedly and successfully used a clamping, jamming faceoff technique that worked so well for him that he did not need to often switch his style. Shillinglaw said many of the younger players have not been as successful using that type of technique and the coaching staff attempts to implement a variety of methods the players can use in different situations.

Smith, who led the nation in faceoff winning percentage from 2005-07, said he still follows the Delaware team he led to the NCAA Tournament Final Four last season and was impressed by Ruiz and Lee. The newcomers need a lot of practice, he said, and they will improve with time.

"You've got to remember that when I was there, I took close to 1,500 faceoffs in live games and probably another 50,000 live practice faceoffs," Smith, a four-time All-Colonial Athletic Association player, said. "I didn't expect those guys to come in and win 70 percent. Their first year, they are splitting time with each other, which is tough. Give

them time. Hopefully they really work for it in practice and I'm sure they'll get a lot better."

Lee said it has been difficult for him and his teammates to deal with Smith's absence. There is a mental toughness required to perform after somebody as successful as Smith, he said. If people cannot forget about Smith's dominant force, the criticism can be intense for the new players.

"Personally, I definitely use that as fuel," Lee said. "I practiced with [Smith] all last year, so I try to do what he did and model myself after him, because who better to try and learn from."

Smith returns to the university on occasion to help the players as they try and sort out the faceoff situation. Shillinglaw said Smith maintains a good relationship with the players and they know they can ask Smith for help whenever they need advice.

Smith has attended practice to take live faceoffs with Ruiz, Lee and Bloor. The practice is beneficial for everyone, as Smith continues his lacrosse career as a member of Major League Lacrosse's Rochester Rattlers.

Shillinglaw said that even as a tenured coach, he does

not shy away from asking for help from arguably one of his best pupils.

"I've coached for 30 years, but I will listen to Alex Smith," he said. "I'm smart enough to realize that when you've got a guy that good, you take his advice."

Daniel Cooney is an incoming freshman recruit who Smith helped to scout out and the New Jersey native is expected to spark some competition among the group.

Shillinglaw said he is excited to have Cooney on the team and hopes that next season the Hens can get their faceoff winning percentage back into the 60s.

The incumbents at the position said they welcome the competition and will be ready to face the challenge of replacing the incomparable Smith yet another year.

"The best thing for us is competition. There's always another guy just as good as you wanting to take that spot," Lee said. "I'm going to be playing in a league this summer and working out to come in as the most prepared, because at this level, the best guy gets the job."



THE REVIEW/File Photo

Alex Smith (left) was named Major League Lacrosse's Rookie of the Year in 2007 while winning 190-of-331 faceoffs.

Breaking down the perfect serve

BY SEIF HUSSAIN

Sports Editor

It only takes two-thirds of a second.

He stands calmly on the other side of the net. Casually tosses the ball up. It is merely a blink of an eye. And then? It is all over because Andy Roddick's 150 miles per hour serve whizzes by his opponent as the Sultan of Serve chalks up another ace.

In 2004, Roddick put the heat on his opponents as he dropped a mind-numbing 155 miles per hour serve during a Davis Cup semifinal match with Vladimir Voltchkov, placing himself at the top of the list of the world's fastest tennis servers.

So how complicated could it be? Roddick is physical specimen. Sure, he is in prime physical condition, but there are no Popeye arms on this 25-year-old tennis standout.

A strong serve, Delaware's head tennis coach Laura Travis said, comes from good form and mechanics.

"Serving is definitely an important part of the game, especially on the men's side," Travis said. "It is one of those things that typically isn't practiced a lot."

She said being muscled up does not mean a player will be able to hit a fast serve. There is a lot going on short period of time. Everything has to be practiced u



it is a single fluid motion, from the toss to the follow through," she said.

"The lower the level you are playing at, perhaps raw athleticism can make up for the actual technique, but as you get more competitive, you have got to have good mechanics," she said.

Junior women's tennis player Amanda Campbell, whose mechanics garner high praise from her coach, said the first step in learning to serve properly is finding the proper grip on the racket.

With the tip of the racket moving upwards of 100 miles per hour during serves and strings pulled to an average of 60 pounds of tension, according to *Popular Mechanics*, the grip is important to get all that power of the swing translated to the ball.

"A lot of people have the wrong grips on their serves," Campbell said. "If you have the wrong grip — first of all, you can get injured much

h a player's improper grip, the chances of wrist or tennis elbow are greatly increased due to the velocity and force involved with powerful serves. The toss, which begins the serve, is an often overlooked step, Travis said. There are three types of



THE REVIEW/File Photo

Delaware tennis players say serving is very complicated.

See GRIPPING page 31

Too many NFL players act irresponsibly with fame & fortune

Continued from page 28

This is not Benson's first time being in trouble, having been sentenced to the big house for eight days in 2003 after forcing his way into an apartment in search of his reported stolen TV.

What is the old saying—history repeats itself? If history has any say in this new situation, which it will, Benson will be suspended by Goodell and most likely waived by his team.

What is it with Chicago and Cincinnati that these two franchises seem to attract thugs? Adam Sandler's jailhouse football team in "The Longest Yard" behaved better than the players on the Bears and Bengals.

Cheeseburger Eddie smuggled Big Macs in his pants, not 9MMs.

The future looked bright for Benson. Initially stuck behind Thomas Jones on the Bears' depth chart, Lovie Smith and Chicago's franchise were set on Benson after shipping Jones to the New York Jets last season. Benson was placed on injured reserve in November, but rushed for 674 yards and four touchdowns, prior to sitting out the rest of the season.

While Benson was at the University of Texas, he was named the country's top running back in 2004, receiving the Doak Walker Award. Benson, who was a 2004 All-American, ranks No. 6 all-time in college rushing with 5,540 yards and is second at Texas behind only Ricky Williams.

There were countless comparisons to Williams, even down to the players' hair style—they both were big fans of dreadlocks.

Once Williams' hair was gone, problems arose for the running back, failing drug test after drug test for persistent marijuana use. Benson, who still has his pretty locks, was liquored up while cruising around on his 30-foot boat on Lake Travis in Texas this past weekend.

The countless comparisons between Benson and Williams, which were made in the past, are still true

today. It is said Benson had the opportunity to get out of Williams' shadow, which is almost nonexistent since he is now just a small blip on the league's radar, hopefully making his second return to the NFL as a backup to Miami starting running back Ronnie Brown.

This is why so many NFL general managers, owners and coaches are almost as concerned with a player's personality and character as they are with on-field prowess. Arkansas running back Darren McFadden was scrutinized prior to the 2008 NFL Draft for having his own problems with the law, including two nightclub altercations and having to hire a lawyer to solve paternity problems.

What is it with these players—once a felon, always a felon? All of these other players had problems in college whether it was a fight at a nightclub or a DUI or whatever. Look at them now. I would not be surprised to see McFadden's name thumbtacked on a corkboard with the rest of the suspended NFL players.

It is sad that when given a chance for millions of dollars and fame, some athletes cannot handle it. The list of athletes is remarkable, not just NFL players, who cannot control their fun.

The only real way to enjoy a nice boat ride is while intoxicated and with 15 passengers, who were probably as drunk. Right, Cedric?

It is too bad Pacman, Tank and Benson will not be suspended at the same time. I was looking forward to hearing about three NFL players being arrested for being drunk and shooting off firearms while cruising Lake Erie.

Michael LoRé is a managing sports editor for The Review. His viewpoints do not necessarily represent those of the Review staff. Send questions, comments and a good lawyer's phone number to mlore@udel.edu.

Gripping the racket right is as important as athleticism

Continued from page 30

The toss, which begins the serve, is an often overlooked step, Travis said. There are three types of serves—the flat serve, which is the fast and hard equivalent of the fastball pitch in baseball, the slice serve, which spins sideways and curves as it crosses the net and the top-spin serve, which dives downward due to the forward spin and bounces high, making it harder to return.

Once a player is comfortable with all three of the serving styles, she said the next step is to get a consistent toss for each serve so there is an element of deception to the game.

"The key for the better players is trying to have the same toss for all three serves," Travis said. "Typically when you break it down to learn the three types of serves, it's easiest to teach it with a little different toss for each specific serve, but as you get more advanced, you want to be able to complete the different serves with the same or similar toss so that the person trying to return your serve isn't really sure of what to expect."

Imparting power upon the ball

is no easy task either. The power for a serve does not come just from the shoulder, arm and wrist, which are the obvious suspects during the tricky maneuver. Campbell said much of the power comes from the trunk and the legs during a serve, and it is important for players to pay attention to the form of their entire body and not just everything past their shoulder.

"Knee bend is very important for power," she said. "When you jump up to hit your serve, if you don't bend your knees and use your legs, you're not going to get enough power and as much speed as you want."

She said that many people learn how to serve improperly when they are younger and then have trouble adjusting to the proper form.

Most people would be surprised by how complicated it can be to replicate a decent serve, but she said it is easy to be taken in by just how easy the professionals make it look.

Two-thirds of a second never seemed so complicated.

Colonial Athletic Association Standings

Men's Lacrosse

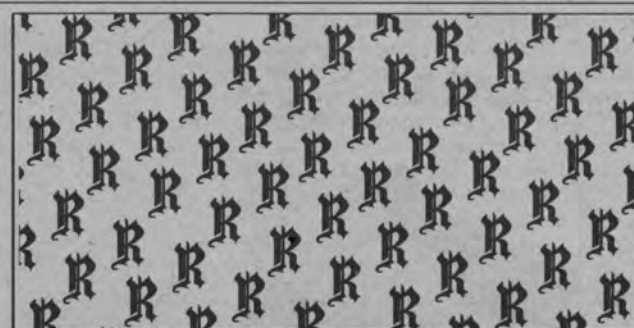
	Conf	Pct	All	Pct
Drexel	5-1	.833	13-4	.765
Hofstra	5-1	.833	10-5	.667
Delaware	3-3	.500	9-7	.562
Towson	3-3	.500	5-9	.357
Villanova	3-3	.500	5-10	.333
Sacred Heart	2-4	.333	7-5	.583
Robert Morris	0-6	.000	4-11	.267

Hofstra scored the game-winning goal 11 seconds into overtime against Drexel on Saturday to secure the Colonial Athletic Association Title. Delaware was eliminated 9-7 in the semi-finals by the eventual champions.

Women's Lacrosse

	Conf	Pct	All	Pct
Towson	0-0	.000	6-2	.750
George Mason	0-0	.000	6-1	.857
William & Mary	0-0	.000	2-6	.250
Delaware	0-0	.000	5-2	.710
Hofstra	0-0	.000	3-4	.430
James Madison	0-0	.000	3-4	.430
Drexel	0-0	.000	7-1	.875
Old Dominion	0-0	.000	4-0	1.00

Towson beat William & Mary 16-7 on Sunday afternoon for the CAA Championship. Towson started the game with five-straight goals. Delaware lost 15-14 to William & Mary in the semifinals.



check out the Web site:
udreview.com

Athletes of the Issue



Ryan Cuneo

Delaware baseball first baseman Ryan Cuneo has been on a tear lately, currently on a 19-game hit streak. In Sunday's 5-4 loss to Georgia State, the sophomore went 3-for-5 with one RBI.

Cuneo's 2-for-3 and 2 RBIs helped the Hens win 8-5 against the Panthers on May 3. Not only is the Freehold, N.J. native delivering a plethora of hits, many of his base knocks are coming through in the clutch. On May 2 with the game tied against Georgia State, Cuneo delivered a two-run single that broke the deadlock and helped Delaware win 10-8. In the game, he tallied three hits including a three-run home run in the seventh inning.



Amanda Marshall

Junior thrower Amanda Marshall dominated this past Saturday at the Delaware Open Track & Field Meet. She dominated in the weight events, earning first place finishes in the shotput (39-1), hammer (154-11) and discus throws (137-4).

She has been a steady contributor to the team this season. On April 19, during the Colonial Athletic Association Outdoor Track & Field Championships, she contributed by finishing second in the discus (137-7) and No. 5 in the shot put (42-7). She also helped Delaware to a first-place finish in the Rider University Invitational on April 12 with a first place finish in the hammer (154-11).



THE REVIEW/Domic Dibbern

rainbow

MUSIC & BOOKS

54 East Main St.
Phone: 368-7738
Mon-Sat 10AM-9PM
Sun 11AM-5PM



Need Cash? We buy CDs, DVDs, LPs and Books

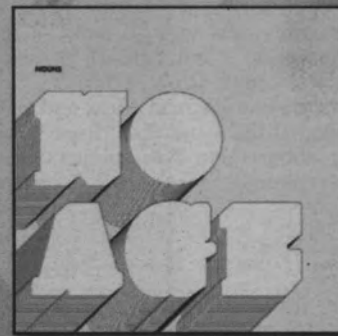
Music



Gavin Degraw
"Gavin Degraw"
\$13.99 ON SALE!



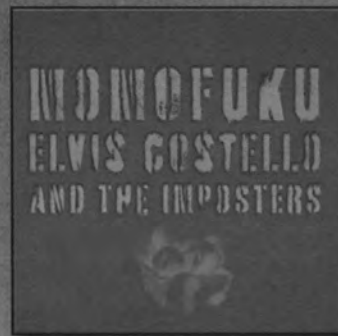
Animal Collective
"Water Curses"
\$5.99 ON SALE!



No Age
"Nouns"
\$10.99 ON SALE!!



The Last Shadow Puppets
"The Age of the Understatement"
\$10.99 ON SALE!



Elvis Costello
"Momofuku"
\$11.99 ON SALE!



From First To Last
"From First To Last"
\$8.99 ON SALE!



The Roots
"Rising Down"
\$11.99 ON SALE!



Portishead
"Third"
\$11.99 ON SALE!



Band Marino
"The Sea & The Beast"
\$4.99 ON SALE!

DVD



I'm Not There
\$23.99 ON SALE!



SLC Punk
\$11.99 ON SALE!



The Big Lebowski
\$9.99 ON SALE!

Going Out-Of-Print!
Only a few left!

AMERICAN
INDIE!

SAVE AMERICA!
SHOP INDIE!

SAVE AMERICA!
SHOP INDIE!

SAVE AMERICA!
SHOP INDIE!

SAVE A
SHOP



A publication of the Student Health Advisory Council and the Student Health Service

UD STUDENT HEALTH SERVICE
• LAUREL HALL •

Campus Emergencies.....	911
Appointments/Information.....	831-2226
Women's Health.....	831-8035
Sports Medicine.....	831-2482
Comment Line.....	831-4898

www.udel.edu/shs

Exercise good hydration

Summer will soon be upon us and a great deal of our activities will be outdoors. One of the most serious health concerns related to summer exercise is heat-related illness. Prevention is, of course, the best medicine. Most cases of heat-related illnesses are a direct consequence of dehydration. Proper hydration is extremely important when exercising in warm weather because our main cooling mechanism is sweating.

Many people think they should only drink when they are thirsty. This is not true because most people's thirst mechanism does not activate until they are 1-2% dehydrated. Waiting until you are this far dehydrated can be very dangerous since central nervous system changes begin at a 3-4% water deficit.

The best way to prevent dehydration is to drink water routinely throughout the day. When you are planning to exercise later in the day, you should superhydrate to prevent excessive water loss while exercising. A decrease of body weight greater than 1% with exercise is considered dehydrated. The following is an easy, reliable strategy to prehydrate by drinking cool, uncarbonated water:

- Two hours before exercising, drink 20 oz.
- A half-hour before exercising, drink 8-16 oz.
- Every fifteen minutes during exercise, drink 4-6 oz.
- In the first 1-2 hours after exercising if the activity was very strenuous or lasts longer than 40 minutes, you should drink another 32-48 oz.

Water is the best solution for hydration. Sports drinks can be used for some carbohydrate replacement during

endurance events. Caffeinated or carbonated beverages should never be used for hydration. Have a safe and enjoyable summer.

Overdone in the sun

Although viewed as healthy, there is no such thing as a "healthy tan." Some people tend to burn while others tan. Factors that increase the chance of sunburn include a light complexion, light colored hair, the time of day, amount of exposure and even altitude. Some medications such as oral contraceptives, antibiotics, tranquilizers, and topical products may cause a photosensitivity reaction.

Protective measures should be used. Apply sunscreen to exposed skin 30 minutes before exposure; reapply after swimming. Don't forget the nose, face, ears and shoulders. Use a sunscreen with an SPF (sun protective factor) of at least 15 or more. Some dermatologists recommend a minimum of 30. Use a sunscreen that is PABA free (para aminobenzoic acid) since this ingredient can irritate the skin. Try avoiding the time when the sunrays are the strongest—10 a.m. to 2 p.m. If you are in intense sun, use a total block such as zinc oxide. **Sunscreens** absorb certain UV rays, but **sunblocks** prevent the rays from penetrating the skin. Wear a hat and sunglasses in addition to your UV protection.

Although the sun feels good and the skin doesn't look red, hours later you may be surprised. The slightly pink skin may become bright red, painful and blistered within 24 hours. What to do if this happens? Cool compresses, baths several times a day, and the use of a pain reliever such as acetaminophen (Tylenol®) or ibuprofen (Advil®) may help. Avoid harsh or scented soaps; avoid petroleum jelly; and benzocaine products which can cause allergic reactions and, finally, don't pop any blisters. Consult a health care provider if you develop a headache, rash, nausea, vomiting or a fever.

What may happen to your skin after years of unprotected exposure? The skin develops brown

areas known as "liver spots" as well as thickens, sags, and wrinkles. The eyes may develop cataracts. With long-term exposure to the sun, the risk of cancer increases. The three main types of skin cancer are basal cell, squamous cell, and melanoma. Basal cell usually occurs in those with light hair and complexion; those who easily burn and don't tan. It appears as shiny, fleshy, slow-growing nodules. Squamous cell usually appears on the face, ears, lips, and mouth of fair-skinned people as red, scaly, patches. If detected early, both types have a high cure rate. Melanoma, the most dangerous form, usually appears as a dark brown or black mole with an irregular border. Lesions may become red, blue, or white. The most common sites for melanomas are the upper back in men and upper back, chest, and lower legs in women. Consult a clinician to examine suspicious lesions.

Tanning at a salon is not a healthy way to achieve a golden glow. Rays from tanning beds can penetrate deeper into the skin. As for "suntan accelerants," the FDA warns against their use. Artificial tanning agents, which stain your skin, are generally safe.

Remember the sun's rays are everywhere so take precautions year-round whether skiing, hiking, sunbathing, in the car, or out for a walk.



Smooth Pedalling

Keeping the Ride Safe and Comfortable Marc R. Silberman, M.D.

Proper bike fit is essential for comfort, injury prevention and performance. There are three contact areas a rider makes with the bicycle: the pedals, the saddle, and the handlebars. By addressing these sites with simple rules of thumb, a rider may be set up properly.

A proper frame size is the first step. Most respectable bike shops will be able to properly fit you. Remember that the shoe-pedal interface should be set up such that the balls of your feet contact directly over the spindle of the pedal.

The saddle should be approximately parallel to the ground. Stand and shift your weight periodically to prevent prolonged pressure in the pubic arch. Set the saddle height so your knee is flexed 25 to 30 degrees with the pedal in the 6 o'clock position. If your saddle is properly positioned, you should have no numbness, pain, or discomfort. The saddle fore-aft position should be set so your kneecap is positioned directly over the pedal spindle when the cranks are horizontal to the ground.

Neck, shoulder, or back pain, may indicate improper handlebar position. The height difference between the top of the

saddle and handlebar should be about 1 to 4 inches, depending on your flexibility and upper torso length. The reach should be set so your torso is flexed 45 degrees and your elbows have a slight bend when holding the bars.

Most overuse injuries can be prevented with proper positioning. Knee pain is the most common complaint. Anterior knee pain may be a result of a saddle set too low or too far forward. Posterior knee pain may be the result of a saddle set too high or too far back.

Always wear a proper fitting helmet and follow the rules of the road. Spills can occur in the parking lot and at low speeds. These spills can result in a serious injury, such as a concussion or a clavicle fracture. Always be wary of cars. Assume they do not see you. If riding at night, which is not recommended, wear reflective gear, turn on your rear flashing lights, and headlights.

Cycling should be safe, pain free, and comfortable. If you have any questions, consult a sports medicine physician skilled in fitting cyclists.



Suggested reading: Burke,

Edmund R. and Andrew L. Pruitt,

"Body Positioning for Cycling," in *High-*

Tech Cycling, Edmund R. Burke, ed., Human

Kinetics Publishers: Champaign, Ill., 2003, pp. 69-92.

May is Melanoma/Skin Cancer Detection and Prevention Month

www.aad.org/public/index.html

Bumps & bruises

Many of our students will be going to summer jobs at the end of this semester. Some will participate in recreational activities or friendly competitions. Inevitably, someone will get a sprain or strain.

Here are some first aid tips for minor injuries.

- Protect from further injury.
- Relative rest.
- Ice for 20-minute intervals over the next 3 hours.

- Compress with an ace wrap or tight garment.
- Elevate the injury above your head.
- Safely return to normal activity.

If the injury is more serious, go to the local emergency room or your Primary Care Physician if you are away from campus. On campus, the Student Health Services can provide many levels of care for your injury. All of our medical staff are able to treat a minor injury.

FEELING THE BURN

What is heartburn? Heartburn, or acid indigestion, is a burning feeling that starts low behind your breastbone. This feeling might move up into your throat or may give you a sour taste in your mouth. Doctors call it gastroesophageal reflux disease or GERD.

What other symptoms can heartburn cause? You might spit up stomach acid, have chest pain, nausea, hoarseness, a cough, or shortness of breath.

What causes heartburn? Heartburn is what happens when stomach acid moves from your stomach up into your esophagus, the tube that connects your mouth to your stomach. Sometimes this happens because the muscle between the esophagus and the stomach is weak and can't stop the stomach acid from backing up.

What can trigger heartburn? Many things can trigger heartburn, and triggers are different for different people. They can include:

- Eating fried, spicy, and fatty foods or chocolate.
- Drinking carbonated beverages, citrus juices, peppermint, or coffee.
- Smoking.
- Being overweight.
- Taking certain medicines that affect the muscle between the esophagus and the stomach such as antibiotics, heart, and blood pressure medications.
- Lying down right after eating.
- Wearing tight-fitting clothes.
- Having a disease that weakens the muscle of the esophagus, such as diabetes mellitus.

How can I avoid heartburn? A few simple steps can help you avoid heartburn:

- Stop smoking.
- Stop drinking alcohol.
- Try not to lie down for at least 3 to 4 hours after eating.
- Maintain a healthy weight.
- Avoid the foods that trigger heartburn episodes.

How can I treat my heartburn? For immediate relief, you can take antacids like Mylanta, Maalox, Tums, and Rolaids. You can also take over-the-counter beta-blockers like Pepcid AC or Zantac 75. If you have frequent symptoms and are using antacids regularly to control heartburn, you should see your physician.