

# LAYING THE SMACKDOWN!

WWE Cruiserweight Champion Paul London discusses the upcoming "Smackdown! Wrestlemania Revenge Tour."

Mosaic / B1

## Men's Lacrosse advances

The Hens beat Hofstra 8-5 to advance to the CAA championship game, which will be held at Rullo Stadium Saturday.

Sports / B8

# THE REVIEW

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## Police detail recent crimes



Courtesy of Newark Police  
Newark Police believe this man was responsible for a home invasion on West Park Place April 30.

BY BROOK PATTERSON

Newark Police released a composite sketch Wednesday of a man they believe is responsible for a home invasion on the 200 block of West Park Place in the early morning hours of April 30.

Newark Police Chief Gerald Conway said authorities are still uncertain if the home invasion on West Park Place is related to the murder of sophomore Lindsey Bonistall or a fire that was reported



Courtesy of Newark Police  
This video surveillance was taken at an ATM on Elkton Road hours after the home invasion on West Park Place. The home invasion victim's ATM card was used in the transaction.

on nearby Murray Road early May 1.

Police describe the suspect as a black male in his late 20s and approximately 5 feet 5 inches to 5 feet 8 inches tall. He is said to be of stocky build and was wearing a dark hooded sweatshirt or jacket

and a wool hat when last seen.

According to a police press release, the suspect forcibly entered a residence on West Park Place at approximately 1:18 a.m., and confronted a 27-year-old female university student who lives there. He then demanded money from the

resident and she handed him an undisclosed amount of money.

Conway said the suspect also obtained an ATM card from the resident and attempted to use it at the Wilmington Trust ATM

see BONISTALL'S page A4

## 'Students need to be more vigilant about their safety'

BY ANDREW AMSLER

Managing News Editor

The recent murder of sophomore Lindsey Bonistall, whose body was found by officials in her Towne Court apartment, has left many students guessing what they can do to protect their safety, and administrators scrambling to get information out before the weekend.

In a Tuesday morning press conference, Associate Vice President of Campus Life Cynthia Cummings said it is imperative students take all precautions for protecting themselves.

"Students don't take their safety as seriously as they should," she said. "You must be vigilant."

And as some students attend Bonistall's wake, others may be gearing up for the weekend. So what can students do to protect themselves?

Capt. Jim Flatley of Public Safety said university police have added patrols on campus to alleviate students' fears, but all students must be on alert.

"Lock your doors, look your windows — use good common sense," he said.

In addition, he said always walk with someone when traveling at night, and be aware of your surroundings.

He also encouraged students to use the walkabout paths, indicated by blue lights, on campus and use the escort service provided by the university, which will be expanded to include the area surrounding Towne Court Apartments.

"We have to work together," he said. "I don't think safety is a problem, but I don't think it is something that is paramount in some individuals' minds."

Newark Police have also stepped up patrols around the community to ensure students' safety.

Bonistall's death and a series of home invasions and burglaries have also raised concerns about the safe ride program on campus.

Gianni Zillanella, who runs the Safe Ride program that serves sorority members on campus, said the escort service provided by the university is not enough.

"Students are in desperate need of some type of no-questions-asked safe ride home," he said.

Zillanella said he understands the university's situation, because administrators must

worry about insurance and liability, but suggests their policies are misguided.

"Students should be given the opportunity to make intelligent decisions," he said. "The university has spent too much time combating the sources of drinking than the real problem."

Tracy Downs, program director for the Center for Counseling and Student Development, said the Building Responsibility Coalition has researched safe ride programs and there are a lot of issues involved.

"You're dealing with drunks," she said. "It's important to get students home safely, but you also don't want to be enabling them."

Downs said the problem is not necessarily with underage drinking, but with over-consumption.

"We've been trying to educate students about this for nine years," she said. "The more you drink, the more you become a potential victim."

Still, students are wondering what the university will do in the long-run to address their safety in the aftermath of Bonistall's death.

Four months ago, a man broke into the apartment of Linda Trinh, a John's Hopkins University student, and strangled her to death in her bathroom. Less than one month later, the university announced it was spending an extra \$2 million to beef up security on and around campus.

No word yet as to what the university will do to help alleviate the problem, if there is one, but the implications of such a startling event could be great.

Bonistall's home county of West Chester has one of the highest attendance rates at the university for the entire state of New York.

Louis Hirsh, director of admissions, said 263 students, nearly 2 percent of the university's 16,548 undergraduates, come from Bonistall's county.

But he said he does not believe this will have long term implications for enrollment.

Ironically, Hirsh said, the one good thing that can come from this is to show everyone how important it can be to join together.

"It's sad that it takes a tragedy like this to show all of us what a real community we are," he said.

## Speaker criticizes N. Korea policy

BY EMILY PICILLO

Staff Reporter

American attempts to dismantle North Korea's nuclear weapons program through multiple party talks remain at a standstill and show signs of moving in a backward direction, a former White House advisor said Wednesday night in Mitchell Hall.

Speaking only days after North Korea's reported launching of a short-range missile into the Sea of Japan, Ambassador Wendy R. Sherman said President George W. Bush's administration has not taken the issue seriously and offers little hope in changing its diplomacy in dealing with the Asian nation.

Sherman, a former advisor to President Bill Clinton and Secretaries of State Madeleine Albright and Warren Christopher, is now a principal of The Albright Group, an international advisory firm.

"The U.S., the world, is facing a nuclear weapons proliferation crisis," she said. "Whether confronting that crisis in North Korea or Iran, the U.S. government and the American people are not facing the reality of the threat."

Upon taking office, President Bush organized a series of six-party talks, which include the United States, North and South Korea, China, Japan and Russia, but Sherman said Bush has shown no interest in negotiating directly with the leader of North Korea, Kim Jong Il.

She said the talks are a good idea as a mechanism for discussion, but the forum is not a solution, especially when it loses its appeal and effectiveness.

The situation has also been denigrated by recent press conferences in which Bush called Kim Jong Il a "tyrant" and a "dangerous man," Sherman said. His words have only evoked an

angered response from North Korea.

"The president should remember that we are the big country and [North Korea] is the little country," she said. "Name-calling in this situation only begets name-calling."

North Korea's recent missile test is not significant, Sherman said, but was most likely employed to attract attention to the potential power of its arms program on the eve of a nuclear nonproliferation conference held in Geneva.

In dealing with North Korea, she noted how its sense of dignity and self-reliance underpins all aspects of the country.

Although the United States has provided the impoverished and starving country with food and other resources, Sherman said North Korea resembles a cult in the sense that it believes anything good that comes to it results from the work of Kim Jong Il.

Nevertheless, she said North Korea has been put on the back burner as the United States has placed the majority of its time, resources and efforts in Iraq.

This reality has only caused the Bush Administration to have fewer options to stop North Korea for building nuclear weapons than it did four years ago.

Since the United States has kept North Korea from being a centerpiece of its political agenda, Sherman said it has passed the baton to neighboring China, forcing it to put pressure on North Korea "to straighten up and fly right."

The United States however, should not rely solely on China to carry this power-wielding baton, she said.

"We must all pass it among ourselves, with the United States leading the way," Sherman said.

She declared the United States should have

a nuclear weapons program since it is the last remaining military superpower, but believes the government must be willing to use restraint if it is going to prevent nations from establishing or ending their own programs.

The Bush administration's overall neglect of the conflict in North Korea has increased the threat to all countries and their citizens, she said.

"If the administration is not prepared to change face, we might just see a downward spiral to a nuclear holocaust that will change the face of the earth," Sherman said.

She said during her past diplomatic trips to North Korea, she often told officials nuclear weapons will not guarantee the security of their country.

Sophomore Daniel Siders said Sherman brought up an interesting point about North Korea's use of nuclear weapons as a form of survival.

"Everyone makes it out like they are this crazy, vicious country, but nuclear technology might be their only feasible economic export," he said.

Junior Amber Knight said Sherman's lecture helped her make connections to conflicts in Iraq. She said if Iraq really had nuclear weapons, the United States might not have attacked it.

"I kind of see where North Korea is coming from," she said. "If we have nuclear weapons, they are going to keep us safe from an invasion of the U.S."

Sherman's speech was part of the 2005 Global Agenda series, "Rx for the President: Policy Medicine for Global Challenges," moderated by Ralph Begleiter, distinguished journalist in residence.

## 'Am I supposed to expect that type of reaction to who I am?'



BY DEVIN VARSALONA

Administrative News Editor

The dark car slowly passed senior Ruth Ginsberg, but instead of continuing down Park Place, it turned around and crept toward her from behind.

It was close to midnight, and the car's headlights were the only light on her path. A slight surge of panic ran through her body as the car idled next to her and its front window opened. After that, she never walked anywhere alone again.

"Hey Jew," a male yelled from inside the car.

Ginsberg's body tensed as she kept her stare fixated on the sidewalk in front of her. The voices inside the car screamed out anti-Semitic jokes and slurs through half-open windows.

The unknown passengers laughed as Ginsberg's pulse soared and her mind raced with

confusion and panging fear. There was no other way to identify her as being Jewish. How could they know?

Terrified, Ginsberg somehow mustered the courage to continue walking in silence, never turning once to her side to face the car. Her own pounding thoughts almost drowned out the loud taunts.

"This is it," she thought. "They're going to beat me up. They have to know me somehow, they're going to get out of that car and beat me up for being a Jew."

She knew how easy that would have been — there was nowhere to run and nobody

around.

The car followed her for two terrifying, endless minutes. Then, without ceasing the taunts, the driver sped up and drove away, leaving Ginsberg with more panic and a question that has never been solved — why?

She was silent until the next day, when she reported the incident to Hillel, the university foundation for Jewish campus life, and later to Public Safety. But she knew an investigation would be useless.

She never once turned to face her harassers, she could not even tell the make or exact color

see HATE page A5

## Balloon to remain open Fall Semester

BY LINDSEY LAVENDER

City News Editor

Stone Balloon will remain open for the upcoming Fall Semester due to an impending delay for the approval process of the Waterstone condominium complex proposal.

Jim Baeurle, owner of Stone Balloon, said the approval process is taking longer than expected.

"We have to wait our turn to be heard," he said, "and there are a lot of things happening in Newark right now."

Mayor Vance A. Funk, III said since Baeurle and his partners wanted the proposal heard in front of Newark City Council late in May, the city delayed it.

"They said 'no' because of vacations," Funk said, "so it will be heard in July."

Funk said city council is going along with the planning commission committee and it wants the complex scaled down from 82 apartments to between 50 and 60.

Baeurle said it makes sense to keep Stone Balloon open during the Fall Semester since the Waterstone proposal will not be heard until July, and it could take months for it to be approved.

"The Balloon goes on if the plan is not approved," he said. "We will close in the summer like usual and re-open for Fall Semester, and I assume probably the whole year unless the [Waterstone] process accelerates."

Baeurle said he is excited the staff can continue on for the upcoming semester as well as students.

"I'm glad the rising senior class has a chance to experience the Balloon," he said.



# Town and Gown gives recognition to students

BY GREG SLATER  
Staff Reporter

The city of Newark's Town and Gown committee held its annual community service awards ceremony Monday night at the municipal building on Elkton Road.

The awards are given out as part of Newark's volunteer recognition program, which acknowledges university students who give back to their community. This year 25 students were acknowledged.

The awards were given to students who volunteered for organizations such as Planned Parenthood, Habitat for Humanity, the Tri-State Bird Rescue and various AIDS charities.

Marianne Green, assistant director of Career Services, presented the awards.

Senior Elvis Gisiara, who volunteers for the Delaware Kenya Association, and is a native of Kenya, helped raise approximately \$15,000 in two months for an immigrant with cerebral palsy who

desperately needed medical attention.

The Nikki Wolf Volunteer of the Year award went to senior Stephen Koczirka.

Koczirka, a biology pre-med major, has volunteered for the university's emergency care unit for three years and recently achieved the highest rank as ambulance driver and technician.

In this time, he has logged more than 2,400 hours of service and has responded to approximately 315 emergency calls.

Deb Huff, who represented University President David P. Roselle, said the awards help foster a positive relationship between the city and university.

Also in attendance was Mayor Vance A. Funk, III.

"We are a community. We are not residents," he said. "We are not students. And for the community to be successful, we have to work together. The way to work together and be successful is through being a volunteer."

## New RSO promotes unity

BY JENNA ALIFANTE  
Staff Reporter

A new student organization geared toward promoting Asian culture to both Asians and non-Asians across campus will hold its first meeting May 12.

The East Southeast Asian Union was created by sophomores Jarcy Zee, Jennifer Sun and Alan Nguyen to unite all Asians on campus and promote cultural awareness among students, Sun said.

"There are minority divisions among Asians on campus," she said.

Zee said there is a need to educate non-Asians about Asians.

"There is more diversity on campus than people realize," she said.

Zee said there are two other Asian groups on campus, the Vietnamese Student Association and the Chinese Culture Student Association, specifically for certain Asian groups.

The new group will focus on community events and raising money for charity.

Zee said the group hopes to become involved with the tsunami relief effort and Operation Smile.

She said ESAU has plans to have speakers, themes and special topics at the organization's meetings.

Two possible themes include the Lunar New Year, which is celebrated by the entire Asian community and ethnic foods students may normally be to be too afraid to try.

Sun said the group will tutor students at various Filipino, Chinese and Vietnamese com-

**"A lot of those groups created communities more for Asians. The next step is to increase awareness to other groups."**

— Freshman Colleen Cheong

munity centers.

The process of starting the new Registered Student Organization began in February, when the idea for the group was created.

"We had to come up with a unique idea and get six people interested," Zee said.

From there, the founders went to the activities and programs office for pre-registration, Zee said. After filling out forms, stating the organization's purpose, finding a faculty advisor and drafting a constitution, ESAU became an official RSO.

"It became official sooner than we expected," Zee said.

The goal of ESAU is not to take students away from VSA or CCSA, Zee said.

"We were afraid that might happen," she said.

Junior Sandy Chen, presi-

dent of CCSA, said she is not concerned with competition from ESAU.

CCSA has continued to grow in numbers, she said, and a lot of members in her group like to join every Asian group on campus.

"We help each other out," she said.

Junior Jeremy Molligan, public relations chairman for VSA, said there may be an initial struggle to recruit members, but he does not think the new competition will be a big issue.

"We don't try to be too exclusive — we're not competing," he said.

Freshman Colleen Cheong said the campus could be more diverse and ESAU will be a helpful addition to VSA and CCSA.

"A lot of those groups created communities more for Asians. The next step is to increase awareness to other groups," she said.

Cheong said she would like to see ESAU have cultural events where students who have studied abroad share what they have learned.

Zee said she is pleased with the student interest thus far. She and other board members have started a Facebook group, and 137 people have already joined.

Zee said she does not expect all of those in the Facebook group to show up to the first meeting.

"Half [the amount] would be a great turnout," she said.

Zee said the first meeting is being held to introduce the group. ESAU will fully get underway next semester.



THE REVIEW/Meaghan Jones

Comedian Pete Dominick joked about hair loss, diapers and the noise in the Scrounge at SCPAB's final Coffeehouse series of the semester.

## Coffeehouse Series

### Comedian regrets hair loss

BY SUSAN RINKUNAS  
Copy Editor

More than 60 people attended the final installment of the weekly Coffeehouse Comedy Series for the Spring Semester in the Scrounge Tuesday night.

Comedian Pete Dominick, like most Scrounge performers, was disturbed by the sounds of machines in the food court.

"Could you guys make some more noise over there?" he said. "I'm just trying to follow my dream here."

Dominick is certainly not without a self-deprecating sense of humor. Seconds after taking the stage, he called attention to his prominent forehead — and he did so for the rest of his set.

He suggested that Ash Wednesday rites might cause priests to ask for more ashes to mark his large forehead.

"I'd walk out of church and I'd have helicopters landing on my face," he said.

Dominick said his prominent forehead was exacerbated when he started to go bald and he is now envious of men with hair. He even stopped his act to tell a photographer he had a nice head of hair.

"I don't even look at girls anymore, just at guys' hair," he said.

Dominick said he had many opportunities to look at women during the seven years he worked as a personal trainer in New York City. Some opportunities, however, were less welcomed than others.

He said he remembered a woman who wore a red thong over black spandex pants, in what he called superhero style.

"Who are you, Captain Camel Toe?" he said.

As a new father of a daughter, Dominick is especially concerned with how women present themselves in society.

When he and his girlfriend were brainstorming baby names, she suggested "Sapphire" and asked for his opinion.

"Well, I like it, but it sounds like the name of someone who just gave me a lap dance," Dominick said. "Why don't we put a pole in her bassinet and put ones in her diaper to get her started?"

Dominick plugged his \$10 comedy CD before walking off the stage.

"I have diapers to buy," he said.

The Coffeehouse Comedy Series is presented by the Students Centers Programming Advisory Board.

Senior Raven Minervino, vice president of variety events for SCPAB, said coffeehouse attendance seems to be higher than last year, even at the end of the semester when students are busy.

Freshman Greg Madden said he is hooked to the weekly comedy shows.

"I try to get to every [show]," he said. "I study afterward, so it's nice because you get a coffee buzz."

Dominick said his repertoire consists of performances at New York comedy clubs, appearances on Comedy Central and a lot of college shows.

Dominick said he enjoys the college atmosphere because he can spend an entire hour interacting with the audience, unlike the standard 20-minute set at a comedy club.

But it does not make much of a difference to him, he said.

"When I was 14 years old I read a quotation that really impacted me," he said. "It read: 'Find a job you enjoy doing and you'll never have to work a day in your life.' So here I am."

Dominick said comedy is not a martyr's profession, but he is glad he can at least make people smile. "You can't change people's lives," he said, "but you can add levity to a moment."



THE REVIEW/Meaghan Jones  
David Mura recited original poetry on struggles facing his heritage.

## Asian-American poet talks about diversity

BY ROSE OVERBEY  
Staff Reporter

An Asian-American writer, memoirist, poet and performance artist gave a lecture that included performances of poems he wrote about the unconscious way Americans treat race Tuesday in Purnell Hall.

David Mura spoke to an audience of approximately 150 people and he was the last Asian speaker of the semester scheduled by the Office of Multicultural Programs. May is marked as Asian Heritage month.

Mura said he grew up avoiding the topic of race, instead of embracing his heritage. Rather than being unique from the majority, he said he wanted to blend in.

"A friend said, 'I think of you as a white person,' and I would think, 'Wow, that's great,'" Mura said.

He said Asian-Americans are treated in one of two ways, either as honorary white

people or perpetual foreigners. When Asian-Americans are treated as honorary white people their obvious differences are ignored, which leads them to feel that their differences are negative.

As perpetual foreigners, Mura, a third generation Japanese-American, said he is still asked where he learned English.

Mura's own examination of his identity as a Japanese-American began during a year-long trip to Japan, he said, where he began to accept his diversity and examined other multicultural differences.

Mura said he writes about these issues because he believes if he can show people the experiences of others they do not know, it could help shape the way they think of the world.

"When we meet new people, we have to think about ourselves differently," he said.

At the beginning of his speech he read

a work titled, "Minneapolis Public," which discusses the variety of ethnicities in the Minnesota schools where he is from.

"Still at the spring school dance J-Lo and Ja Rule set the awkward bump-and-grind of junior high girls and the boys watch on the sidelines as boys that age do, whether Bosnian, black, white, Somali, Tibetan," he read.

Mura challenged the audience to choose between a group of 50 white males, 50 Asian males and 50 diverse people as being the best to run a national company. The audience unanimously agreed the diverse group would help reach the needs of the country.

"We all grow up and begin working in a society that is going to become increasingly multicultural and multi-ethnic," he said. "In your lifetime the United States will no longer be an all white majority. We have to

figure out how to communicate and live together."

Mura said America's diversity is what makes it America.

"America is the only place where people come from different parts of the world and can be one country," he said.

Melissa Austin, coordinator for the program, said the Office for Multicultural Programs chose Mura as a speaker because they wanted someone who was willing to be candid and get to the heart of the issue.

The university presented various lectures and concerts throughout the semester to increase students' awareness of Asian Culture.

Graduate student Karen Shishido said she admired the truth of Mura's lecture.

"[Mura] is honest enough to admit racism of people of color toward other people of color."

## Police Reports

### PERSON ON ROOF

A man was on the rooftop of an East Main Street building Tuesday night, Newark Police said.

At approximately 8:33 p.m., a woman was sitting in her bedroom of her second floor apartment when she heard footsteps on the roof of the building, Cpl. Tracy Simpson said. The woman left her apartment and called the police on the way out.

When she was outside the building the woman saw a man standing on the roof, she said. He was wearing a dark hat and facing her apartment.

The man had left by the time officers arrived, Simpson said.

### FLAT TRUCK TIRES

The tires on a man's truck were flattened early Wednesday morning while it was parked on Kershaw Street, Simpson said.

At approximately 2:30 a.m., the man parked his 2000 Dodge Ram Pickup in the driveway of his house, she said, and the tires were intact.

At approximately 8:45 a.m. the man came out of his house and saw both tires on the passenger side of his truck were flattened, Simpson said.

Neither police nor the man noticed any distinct markings on the tires, she said. Damages are estimated to be \$300.

### ITEMS STOLEN FROM HOME

Items were removed from a house located on North Country Club Drive Sunday morning, Simpson said.

A man hosted a party at his house and a fight broke out among guests, she said. The man called police and the people were removed from the party.

The man then went to bed at approximately 12:30 a.m. and went to work early Sunday morning, Simpson said. When the owner returned home at 3:30 p.m. he noticed his shotgun, watch and amplifier were missing from his house.

The cost of the missing items was estimated to be \$980, Simpson said, and there are no suspects at this time.

— Kathryn Dresher

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# Graduation weekend booked

BY LAURA FORD

Staff Reporter

Graduation weekend, May 27-29, brings in large crowds for businesses on Main Street.

Although Klondike Kate's and Caffé Gelato said they are booked solid for graduation dinner, other restaurants such as Iron Hill Brewery, Home Grown Cafe, Cucina Di Napoli and Deer Park said they are close to full seating all for the weekend.

The restaurants' managers and employees said reservations usually begin as far as one year in advance to ensure a good meal after the ceremony.

Elisabeth Dryer, manager of Home Grown, said reservations have been coming in for months. "People want to make sure that they will have a nice place to go," she said.

Danielle Radosti, a Caffé

Gelato employee, said reservations have been for parties ranging in sizes from four to 25.

"There are a lot of big families that come in that weekend," she said.

Caffé Gelato will have a special dinner Friday evening, brunch and dinner the day of graduation, as well as brunch Sunday that will be dedicated to the graduates and their families, she said.

For most of the restaurants, it will be the usual menu with increased staff and supply to prepare for the weekend rush.

Dryer said they will be keeping the same food selection for Home Grown that evening.

"It's gets so crazy in here, it's all we can do to have a regular menu," she said.

Trabant University Center manager Mark Ludwig said he will be ready for the masses and is

preparing in advance for the hungry mix of students and families.

"It is a pretty profitable weekend for the university and the dining halls," Ludwig said.

Smaller businesses such as Peace a Pizza and Brewed Awakenings said they also receive a large crowd during graduation.

Employees of Brewed Awakenings, under new management by Joe and Michelle Marshall, are looking forward to the weekend.

"Everyone [staff] will be pulled on," employee Adam Azoulay said. "We will have a steady run all day and extra seating for people out front."

David Bratton, manager of Super 8 Motel, said this is probably one of the busiest weekends for business.

There are families coming from all over the place for the

event, he said, and the motel is close to full capacity, with a few open rooms.

Bratton said it is an advantage for the motel to be so close to the university during events such as graduation.

However, not all graduates are sticking to tradition and celebrating in Newark.

Senior Jessica O'Donnell said she made restaurant reservations in Wilmington to avoid the crowds.

"We are going to be having about 10 people," she said. "We had to make our reservations last week for the restaurant."

Deer Park general manager Ray Searles offered advice to students who have not yet made plans for graduation day.

"For big parties," he said, "if you don't have reservations you will have a problem."



THE REVIEW/File Photo

Tickets are currently on sale for the Ludacris performance slated for May 12.

## Students take STAND on Sudan

BY BETH SILVESTRINI

Staff Reporter

The delayed action by the U.S. government to address the genocide in Sudan has led campus activist groups across the country to personally raise awareness at a faster pace.

In September 2004 a group of Georgetown University students formed Students Taking Action Now: Darfur. Eight months later, it has become a national movement with more than 80 chapters at universities and high schools across the United States and Canada.

Currently there is no chapter of STAND at the university.

Patrick Schmitt, a Georgetown student and member of STAND, said the U.S. Holocaust Memorial Museum called on college students in September to start working to save Darfur, the western Sudanese province.

"After the meeting a bunch of Georgetown students pulled together to form a more cohesive group," he said.

Since the outbreak of civil war in February 2003, more than 400,000 Sudanese civilians have been murdered in Darfur. More than 1.5 million have been internally displaced and approximately 200,000 have sought refuge in neighboring Chad. All of these people have been subject to brutalization and vast human rights abuses.

In July 2004 the U.S. government unanimously declared the violence in Darfur genocide. Recently the Senate passed a bill calling for the freezing of assets belonging to the genocide perpetrators. The bill also imposes

an internationally backed no-fly zone to stop the Sudanese Army from terrorizing villages. The House of Representatives has not yet passed the bill.

Schmitt said a college campus is an ideal environment to start political movements.

"As students, we have the time, energy and resources to commit to an issue of this importance," he said.

Alex Kone, organizer and member of Tulane University's STAND chapter, said with the technology available on college campuses today, news travels quickly and the potential to start a large movement is strong.

"College is the center of ideas and activism," Kone said. "Ideas can be dispersed really easily. Raising awareness on this issue really begins with the spreading of ideas."

Schmitt said STAND seeks to raise awareness, provide relief funds and instigate more political action.

"Having these three different goals really lets anyone get involved," he said. "If someone is great at marketing but not particularly political, they can have a huge impact on raising money. Or if they have a lot of political interest and don't have time to fundraise, they can write letters and petitions to our government officials."

Alison Lazaro, a Rutgers University student and coordinator of STAND, stated in an e-mail message, because STAND is not a national organization, it has no board of directors, no administration and no funding.

"This allows students to really choose how they want to go about raising awareness,"

she said.

Between September and December 2004, STAND set up tables on Rutgers' campus with information on the crisis in Sudan and letters of appeal to government officials, Lazaro said. During a period of two weeks, the 6-member group amassed 500 signatures on appeals regarding the human rights scandal.

Kone said Tulane's chapter held an open mic night fundraiser on campus that featured student rock bands to draw attention to the cause and student speakers to raise awareness. The money raised was sent to charitable groups working to alleviate the situation in Darfur.

Schmitt said students do not realize the ability they have to make a difference.

"They think the problem is bigger than they are," he said. "Just 50 cents will feed someone in Darfur for a day and 19 cents provides school meals for children at the refugee camps."

Georgetown students held a fast for two weeks during which many people gave up a luxury such as smoking or junk food, or donated the money they would have otherwise spent to the cause, he said.

"We are really working to build a more cohesive movement," Schmitt said. "If we're all writing letters to the government calling for different things nothing will get done. We need to focus our resources and have one unified voice. Only then will we begin to see real change."

## State Senate to discuss tiered diploma

BY ANDREW KINCH

Staff Reporter

The State Senate passed an amended bill, to base Delaware's high school diplomas on a two-tiered system rather than three tiers April 28. The bill, which could go into effect this spring, was delayed in the State House of Representatives once again Tuesday.

Joe Fulgham, House communications officer, said this bill is titled Senate Bill 72, but a concurrent bill, House Bill 2, is still in the Senate and is holding up the vote.

"The House wants to have both bills since they are interrelated," Fulgham said. "Without HB2, there is no possibility that there will be a vote."

Legislators are considering alternatives to gauge whether a student should graduate. Performance on the Advanced Placement exams, along with SAT scores, would be one way to pass. Another idea is to review a student's overall academic record.

AP exams were underway this week at Newark high school where the amount of test takers has doubled from last year.

Linda Raffaele, head of Newark High School's student services department said the school had to rent rooms from the university to accommodate students who were testing.

She said she was glad to see more students taking AP tests.

In addition, it was good the district is administering PSATs to ninth graders, Raffaele said, but there was a problem with the state testing.

"I am concerned about the amount of time dedicated to state testing," she said. "This year, there were five days for testing and the state is adding another."

Raffaele's son graduated from Newark High in 2004, while the state was initially planning to implement the three-tiered diploma.

She said it was a good decision to delay it, but does not see the two-tiered plan as helpful either.

"It is hard to say what I would support," Raffaele said.

The three tiers of diplomas are basic, standard and distinguished. These levels of distinction are based on 10th grade test scores. Raffaele said she has encountered lots of students at the school who are not happy with the system either.

"Many students do not feel their diploma should be based on one test," she said.

Greg Patterson, spokesman for Gov. Ruth Ann Minner, said the governor has frequently sought backing to kill that proposal.

"The governor has repeatedly said that the three-tiered system needs to be eliminated," he said.

However, Minner would prefer not to go back to a single diploma, Patterson said.

"There needs to be standards by which students must graduate," he said.

Minner thinks recognition of the achievements of talented students is a good idea, Patterson said.

Once the bill for a two-tier diploma passes through the House and into her office, Minner will approve the amended bill, he said.

With high school graduations approaching quickly, the House must move fast with its proceedings to implement the bill on time.

Fulgham said it is possible the House could reach an agreement by the end of this week.

"The three-tiered diploma has no support in the General Assembly," he said. "No one wants to see it happen."

## 'Increase your smiles per hour'

BY LAURA LOPEZ

Staff Reporter

Happiness and laughter have the ability to create positive change, a motivational speaker said Tuesday at the annual Employee Wellness Center's humor program.

"There are opportunities everyday to brighten someone's life if we have courage," Bob Czimbal told an audience of 111 people in the Rodney Room of Perkins.

Czimbal blew a whistle to settle down the enthusiastic audience, and begin his program.

"I'm here to invite you to increase your smiles per hour," he said. Inspiring groups since 1970 with his eccentric personality, Czimbal has authored four books such as "Vitamin T: A guide to Healthy Touch."

Wearing a cookie monster puppet in his right hand, Czimbal told of the time he spread his joy to a gas station employee he felt was in need of a boost.

He said the attendant finished pumping his gas, headed to the car window while Czimbal grabbed his cookie monster puppet and placed the money for the attendant in its mouth.

"Thanks for the gas," he said in his cookie monster voice.

Czimbal said the attendant "leaned all the way over, stuck his whole upper body into the car, wrapped his arms around my body and said 'thanks man I needed that.'"

It is this message of happiness he said he wants others to spread. Czimbal said he came to the discovery that happiness is a lifesaver when he awoke in a hospital room with amnesia after being in a car accident.

"When I opened my eyes, some little voice inside said 'you're dead,'" he said.

Sitting in his hospital room, Czimbal said he began to regain his memory.

"I could remember that, 'wait a minute, I'm not dead.' And, a little voice went 'I'm alive,'" he said.



THE REVIEW/Jenna Villani

Bob Czimbal advocated laughter and happiness at an Employee Wellness Program Tuesday.

At this moment, Czimbal said he realized life was precious and he would enjoy every moment.

"I invite you to get up tomorrow morning and stand on the bed, jump up and down and go, 'I'm alive,'" he said.

When people are down, Czimbal said he hopes they will remember "A-Bun-Dance," a little dance he said will pep anyone up.

The audience laughed as he demonstrated his quirky moves.

Linda Smith, the program coordinator for the Employee Wellness Center, said she thought Czimbal did a great job of informing the audience on the importance of humor to better health.

"Humor is a way of sending a message and helping people remember a message that's important and he did a nice job of that," she said. "I think taking care of yourself and taking care of one another in a playful spirit is really key to keeping your sanity and enjoying life," she said.

Erin Gemmill, an employee at the Wellness Center, said the annual event is always popular.

"We do a humor program every year," she said. "It's a really big draw."

## New Jersey debates tomato classification

BY DANE SECOR

Staff Reporter

New Jersey state legislators have recently introduced bills that would make the tomato, which is scientifically classified as a fruit, the state vegetable.

Dallas Hoover, animal and food science professor, said although the tomato is botanically a fruit, custom leads people to believe it is a vegetable.

"It carries seeds of the plant, so it's a fruit," he said, "but we eat as if it were a vegetable."

Ira Schaffer, chairman of the New Jersey Tomato Festival, said he supports the bills and although he agrees the tomato is botanically a fruit, it is legally a vegetable.

"According to a 1893 U.S. Supreme Court decision, the tomato is classified as a common use vegetable," he said.

The case, *Nix v. Hedden*, handled a dispute that resulted from a tariff being placed on imported vegetables, but not fruits.

The court ruled that because the tomato is eaten as a table vegetable and not a dessert, as many fruits are, it should receive the legal status of vegetable.

According to a Quinnipiac University Poll, the Garden State seems to be just as divided on the tomato classifying issue.

The poll, which surveyed 937 New Jersey registered voters, found 48 percent of those polled see it as a fruit, while 46 percent label it as a vegetable.

Clay Richards, assistant director of the polling institute, stated in an e-mail message that although poll numbers show the tomato is a heavily debated topic, the bills should not have a problem being passed.

"For some reason the numbers came out as if there were a partisan difference, but I don't believe there really is," he said. "I'm sure it will pass with strong support from both sides of the aisle."

The poll also clarified an age-old debate, with 95 percent of those surveyed preferring the pronunciation of toe-MAY-toe to toe-MAH-toe.

Schaffer said he has answered calls from as far away as Japan regarding the issue, and he wants the tomato to do for New Jersey what the potato has done for Idaho.

"This would provide a whole new level of marketing support and federal money to market the tomato," he said.

Schaffer said when people think of New Jersey, they think of three things: "The Sopranos," the highway system and the New Jersey tomato.

The tomato's competitor for the position of top vegetable is corn, Schaffer said. New Jersey corn is popular, but it cannot compete with the famous tomato.

"Nothing has reached the status of an icon as Jersey tomatoes have around the world," Schaffer said.

The tomato is a lucrative crop for the state, which has been embarrassed by the lack of a state fruit or vegetable until the blueberry beat out the tomato in 2003 for state fruit honors.

According to a press release from Lynne Richmond, spokeswoman for the New Jersey Department of Agriculture, the value of New Jersey tomatoes are among the top 10 in the nation.

"In 2003, New Jersey ranked seventh in the nation in the value of its tomato crop at \$27.9 million, and eighth in the nation in both acres harvested and amount of tomatoes harvested," she said.

Junior Val Nigro, a New Jersey native, said the culinary crisis could bring unwanted comments from people unfamiliar with the issue.

"Great," she said. "Just another reason for people from other states to make fun of New Jersey."



# Caesura hosts Pulitzer poet

BY DEEPA RAO  
Staff Reporter

Crisp words reflecting the many milestones and influences in the life of a Pulitzer-Prize winning poet filled attentive ears at his poetry reading Tuesday evening in Memorial Hall.

Philip Levine read to more than 100 students, faculty, alumni and community members who were mesmerized by the poet's compelling and descriptive words and jokes.

Levine has authored 16 books of poetry that won a number of awards, including his 1994 Pulitzer Prize for the "The Simple Truth." He read his favorite poems and honored some requests from fans in the audience.

Levine opened by reading dark poems, including "Our Reds," a poem about Communists, and "Call It Music," a poem about the heroin induced breakdown of deceased musician Charlie Parker. He then changed moods.

"I'm now going to move from the somber to the more ridiculous," he said.

Levine read poetry that spoke of his family, including his mother and his feelings on having an identical twin brother.

"People always ask me what it is like to have a twin brother," he said. "I always reply, 'well, I don't know what it is like not to have one.'"

A favorite of the audience included his poem "The Mercy," about his mother's jour-

ney to the United States from Russia.

He explained the idea to write about his mother stemmed from a conversation he had with a man at a seminar he attended.

"He started talking about his mother and how he had to carry the weight of her burden with him," he said. "I didn't have to do that with my mother. She didn't weigh that much."

Levine also read poems that were based on his life growing up in Detroit and his experiences living in New York City and Fresno, Ca.

"New York City is the best city in the world," he said. "The book stores alone fascinate me ... and not to mention the women — no one compares to the women of New York."

Another audience favorite was his reading of "On the Meeting of Garcia Lorca and Hart Crane." The poem was about who Levine believes to be the greatest poets of the 20th century.

"Bless the images that stalk the corners of our eyes and will not let go," he read to the enthused audience.

Levine admitted to being especially proud of his Pulitzer Prize-winning book, "The Simple Truth."

"This is my most arrogant book," he said. "No matter where I put it, it always rises above the other books. It says, 'Love me Philip.'"

Sophomore Rachel Garcia said the poems Levine read from "The Simple Truth" were her favorite.

"They were about the truth you never speak," she said. "Like something you can relate feeling but don't fully express. There was just so much emotion."

Freshman Carlos Planchart said he was fond of "The Poem of Chalk."

"It is just very insightful," he said. "I like how he can take something as simplistic as a piece of chalk and put so much emotion and description based on it."

Levine was very appreciative of the audience's enthusiastic response. He received a standing ovation from some fans and later signed books.

Levine's poetry reading was in celebration of the publication of Caesura, the university Literary Magazine. He opened his reading by announcing the awards he personally judged for works done by students.

The awards included the Academy of American Poets Award, presented to sophomore Grace Patterson, and the Academy of American Poets Honorable Mention, presented to junior Alison VanBuskirk.

The reading was sponsored by the English department and was supported by the Gregory family in memory of Elda Wollaefer Gregory, who supported an award of the same name.

## Social Security reforms discussed

BY BRIAN CITINO  
Staff Reporter

The Social Security program is important to the United States because it provides a financial safety net for millions of people, the commissioner of the Social Security Administration told a small group of students and faculty.

Jo Anne Barnhart, the 14th commissioner of Social Security, discussed current problems and possible solutions for dealing with the federal program Tuesday in Memorial Hall.

As of right now, the financial problem with Social Security is not immediate. However, the long-term situation is serious.

"All of today's retiree's benefits are secured," she said.

People today are living longer, the baby boomers are nearing retirement and the birth rate is low, she said. Because of this situation, the worker-to-beneficiary ratio will be 2-1 in 40 years and there will not be

enough workers to pay scheduled benefits with current taxes.

"It is the quintessential symbol of how America feels about valuing and caring for other people," she said.

There are many issues and alternatives, Barnhart said. She presented several options on how to improve Social Security for the future.

One solution that has been put forth in Washington that Barnhart disagrees with is to tax every dollar earned by American citizens, Barnhart said.

"Instead of taking the cap off completely we should raise it to \$140 thousand," she said. "Then 90 percent of all wages in the country would be subject to the Social Security fund."

Certain state and local workers are not included in the federal system because they receive a state-issued pension after retirement, Barnhart said. These workers could actually be grandfathered into the system, but not

without creating other problems.

"It would be fine to create a solution like that now because you would get a lot of money today," she said, "but then you'd have to pay those workers when they retired."

Barnhart did not limit her discussion to Social Security. She also spoke about how students should conduct their behavior after graduating from college.

Barnhart placed strong emphasis on leadership, which she said is crucial to success.

"Being a leader is so much more important than being something like a manager," she said. "You are supposed to inspire people, remind them how much they are appreciated and make sure everyone is doing a good job."

Barnhart was brought to the university by English Department Chairman Stephen Bernhardt.

Bernhardt said he thought it would be a nice idea to have Barnhart discuss her life and career.



THE REVIEW/Meaghan Jones  
**Alumna Jo Anne Barnhart spoke in Memorial Hall Tuesday.**

"I wanted her to come in and show some undergrads how you can connect what you've learned in your major to careers in public service," he said.

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## Bonistall's murder unsolved

continued from A1

machine on Elkton Road at approximately 4:15 a.m. Police were able to compile information for the sketch from a surveillance tape obtained from the ATM vestibule, and from the victim's description.

Capt. William Nefosky, of the Newark Police Department, said prior to the home invasion a Newark Police officer observed a man approach a couple at the traffic light at the intersection of West Park Place and Elkton Road.

Nefosky said the officer observed the suspect walk up to a small compact car driven by an elderly male and female, speak with them and then walk away.

Police are in the process of trying to identify the couple from the officer's description, Nefosky said.

He said the officer is 70 percent sure the man that approached the car is the same man they believe is responsible for the home invasion, he said.

Nefosky said Bonistall's murder investigation is continuing and he stressed police have not ruled out any links to other incidents that have occurred in the area.

"If we're going to conclude that the home invasion and the murder may be related," he said, "then I guess we can conclude that the murder and the fire may be related."

Nefosky confirmed there was writing found on the walls of Bonistall's apartment.

He could not elaborate on the details of the writing or any other specific details because of the sensitive nature of the investigation.

Police have viewed the surveillance tapes of establishments on Bonistall's route home, and Nefosky said there is no evidence she was followed home.

Although police have not narrowed down any

suspects, Nefosky said the department is confident they will find the culprit.

"I am optimistic we are going to catch the person responsible," he said.

The suspect may reside in Newark, Nefosky said, and he believes he is still in the area.

Eric Schwab, owner of Towne Court Apartments, where Bonistall was killed, said he is offering a \$10,000 reward for any information leading to the apprehension, arrest and conviction of the person responsible for the murder.

"My deepest condolences go out to Lindsey's family and friends," he said. "We are doing everything in our power to aggressively assist and aid the authorities."

Resident safety is of the utmost concern, he said, and residents should contact the rental office with any safety concerns or information.

Conway said police believe there are certain people in the community holding important information that is pertinent to the cases, and they are depending on these individuals stepping forward.

The police anticipate media attention and advisories will aid people in coming forward with information.

Nefosky said Newark Police has placed extra officers on mobile and foot patrol, and residents should see a large increase in police presence.

They have also contacted police forces in the tri-state area to inform them of the incident and ask for help, he said.

Nefosky said he believes Newark is a safe place to live and urges residents to follow common sense safety procedures.

"Everyone should remain calm," he said, "and there is no reason for any kind of uproar."

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# Hate crimes go unreported across community

continued from A1  
of the car.

There would be no justice for her newly embedded distrust of others and nervousness in her surroundings. And to her surprise, when she finally told her friends about what happened, they did not say anything about the people in the car. Instead, they scolded her for walking alone.

"I didn't do anything to provoke this," Ginsberg said. "I should be able to walk alone by myself. It wasn't me doing this, it was other people. ... I wanted to know I was safe, but I didn't feel safe at all."

## On the Record: Hatred

Ginsberg is one of many university students who have been targets of hate crimes or acts of hatred this year on campus.

Since September, Residence Life reports more than 45 acts of hatred in residence halls. These acts are various violations of the Student Code of Conduct predicated on biased hatred toward a person, group or society.

Some incidents, such as Ginsberg's, are severe enough to be sanctioned by Public Safety as hate crimes.

According to Public Safety, in 2004 there were nine hate crimes in residence halls or on other university property. Since the beginning of 2005, there have been three campus hate crimes.

Although the number of hate crimes has remained relatively stable during the past few years, Public Safety Capt. James Flatley shares a concern with many students and administrators: this is a problem, and it needs to be addressed.

While the university has not officially defined a hate crime in the Student Code of Conduct, Flatley said the university police base charges on the state's official definition of a hate crime.

Title 11, Section 1304 of the Delaware Constitution, states a hate crime or attempted crime as "purposefully interfering with the victim's exercise or enjoyment of any right, privilege or immunity protected by the First Amendment" or "Selects the victim because of the victim's race, religion, color, disability, sexual orientation [or] national origin or ancestry."

FBI statistics on total hate crimes in Delaware have not yet been compiled for 2004, but of the 17 committed across the state in 2003, nine were reported on campus.

Of these, four were anti-black, two anti-Jewish, one anti-lesbian, one anti-gay and one anti-homosexual, Flatley said.

The statistics are comparable to the breakdown of hate crimes across the nation, which the Federal Bureau of Investigation officials report are directed overwhelmingly toward blacks; Jews and homosexuals. On campus, eight of the nine crimes were targeted against individuals, and four of those eight were harass-

ment charges. None of the crimes had confirmed perpetrators or arrests.

## Lack of Reporting

Since unknown perpetrators commit most campus hate crimes, Flatley said it is typical for investigations to hit dead ends immediately or shortly after they begin.

For many victims, like Ginsberg, the anonymity of the crime can be almost as trying as the incident itself.

"I didn't know what to do," she said. "I was very frustrated, but I knew [Public Safety] couldn't do anything. What can you really do?"

Flatley said the anonymity of crimes possibly leads to the larger problem — widespread lack of reporting.

He suspects one reason victims never report their crimes is because they do not feel police will take the case seriously, especially if perpetrators are unknown or evidence is limited.

"It hurts everyone besides the victim if the crime goes unreported," Flatley said.

Still, vindication may never come.

Freshman Andy Sacher is open with his bisexuality.

"I'm a bit of a queen, just a little bit," he said, laughing.

His usual attire is comprised of a rainbow bandana, nail polish, a large bell necklace and bulky metal rings.

"I'll walk around Newark and this is normal for me," he said. "It's been this way for years."

Sacher has lived in Newark his entire life, and has been openly bisexual since eighth grade. Even then, he stood at more than six feet tall, so he gained a reputation as being "a freaky tall dude with a deep voice and lipstick — that weird bisexual Goth boy," he said.

For years, he has been fending off prejudicial comments with cool cynicism and self-assurance, but that does not mean he is unscathed. Aside from the usual stares he is met with on the streets or on campus, he has also faced prejudice from his former school administrators.

In middle school, at the one-year anniversary of the Columbine High School shootings, a rumor spread from a joke he made about his sexuality that he would "pull a Columbine."

"Make it easy for us, stay home that day," he remembers the assistant principal telling him. "We know you're not crazy, but

you're one person and we have 1,000 kids and 2,000 parents concerned."

Earlier this year, Sacher was walking back to his dorm with Chinese food, wearing a jacket he did not think anybody would recognize him in. Suddenly, he heard shouts from a car across the street.

"You're a fag, you fag," a man called out.

Sacher, as usual, had a quick response — "Well, fuck you, too" — but he admits the incident bothered him for a while, although it was not the first time he heard that comment. So he did not report it, because it seemed

pointless.

"There probably should be more reporting just for the sake of getting it reported and to get more publicity about these acts of hatred," he said. "But what was the point of going in? I couldn't identify anybody. I didn't even have a license plate. It just wouldn't have been

worth it." Instead of police reports, Sacher sticks to Web log rants and, perhaps like many unreported victims, vents to friends.

## Are victims taken seriously?

It happened to sophomore Stacey Wishowsky three times last year. With every incident, her rising fear trounced her sinking hope of finding an answer. Somebody hated her because she was a lesbian, because she wears mens' clothes, because of her short hair, because she held hands with her girlfriend in public.

It could have been the supposedly homophobic student who hung anti-gay marriage signs from his window and stared at her coldly as she walked to the bus, but how could she prove that? It could have been anybody passing by her outdoor Pencader Residence Hall door. The mystery made being outdoors unsettling.

Three times, Stacey returned home to find anti-homosexual

messages written on her dry erase board or on her door. Somebody wanted Stacey to know her homosexuality was wrong.

"To the two dykes in there: burn in hell," the first said. The second was a simple "Fag," and the third, the most irritating: a penis drawn on her door with "You're gay" written next to it.

"I was a freshman, I was new, I didn't know how to react to it," Wishowsky recalled. "I wasn't sure if somebody was targeting me for a reason or would try to start something when I walked to the bus. You're not completely safe being a female on campus, but then you think about what could happen to you when drunk kids might want to start a fight because your hair is short and you look like a boy — it's unnerving."

Wishowsky was not yet openly homosexual to her parents, so her support network was immediately diminished.

Drawing extra attention from Public Safety may have victimized her, she thought. In the past 15 years, the FBI reports the amount of hate crimes against homosexuals and bisexuals across the nation has doubled, from 650 in 1991 to approximately 1,200 in 2003.

Hate crimes predicated on sexual orientation have had one of the most dramatic increases of any particular bias. Many gay or lesbian students believe hate crimes motivated by a victim's sexual orientation are the most underreported of all hate crimes, due to the taboo nature of homosexuality and bisexuality in American society.

Wishowsky said many homosexual students who are still "in the closet" do not report their crimes because bringing the police into the incident would be the wrong way of coming out and the case would be treated with less sympathy than other types of hate crimes.

Her situation was similar. After friends convinced her to report the first incident, she followed up on the second and third. But she said the Public Safety officer who handled the last crime seemed to lightly mock the incident, and said it was "appalling."

Then, last summer when she finally came out to her parents about her homosexuality and the crimes against her, their initial shock confirmed Wishowsky's

fear. They blamed the crimes on how she "advertised" her sexual orientation.

Eventually, Wishowsky's parents accepted her lifestyle. Yet there were so many more students on campus she came to realize were intolerant, not just of homosexuality, but of general difference.

"It's more of a reality now

that it's not just someone's personal opinion and that some people have no problem going out and harassing someone because they disagree with their lifestyle," she said. "The more I thought about it, the more it got to me. Am I supposed to expect that type of reaction to who I am?"



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# Editorial

May 7, 2005 A7

## Safety Measures

The university needs to step up its efforts to protect students in light of the murder of Lindsey Bonistall.

The university has issued suggestions on how to keep safe, such as locking doors and windows to apartments, houses and residence halls. While it is true students need to be more aware of their surroundings, the university must also become more aware of its students' surroundings.

The university has only increased the number of patrols on campus by two. This is not enough. On the other hand, Newark Police must be commended for increasing its presence.

The Review contends there is a general lack of security at off-campus apartment complexes in Newark. It is a shame it has taken a tragedy of this nature to bring this issue to light.

While it is understandable the city and university has never dealt with a situation of this magnitude, this is a time of crisis.

In the near future, The Review suggests the city pass legislation calling for the increase of security at

apartment complexes around Newark. The Review also recommends the university create a committee to investigate safety on and off-campus.

In addition, the university needs to be more vigilant about keeping its students aware of what is going on. The e-mail sent to students came days after this incident occurred.

While this tragedy is having numerous negative effects on students here and now, it could also have serious repercussions on future enrollment.

### Staff Editorial

From Lindsey's hometown, 678 high school seniors applied to the university this year. Lindsey's death has the potential to affect those numbers.

To fellow students, The Review asks you to drink responsibly, for your own safety. You will be better able to make safe, smart decisions.

Like so many tragedies, this one has attracted local and national attention. Like so many, this one also has the potential to be forgotten.

If only for Lindsey's sake, we can never forget.

*Our hearts go out to the family and friends of Lindsey Bonistall. Lindsey was a staff reporter at The Review and had been writing for more than a semester. She had reported on a variety of subjects, including the Gibraltar Gardens in Wilmington and the Philadelphia Flower Show. She had a remarkable personality that was reflected in her colorful and spirited writing.*

~The Review Staff

Staff editorials represent the opinions of The Review Editorial Board

## WHERE TO WRITE:

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## Letters to the Editor

### Purpose of Greek Week and Greek Games is not to "better the community," but it should be

In a recent issue, The Review printed an article about Greek Week 2005. In the article, the phrase "barbecue, mixer and toga party" was followed closely by the Interfraternity Council President saying that the purpose of Greek Week is to better the community.

Excuse me, but since when did grilled chicken and drunken dancing constitute bettering the community? Which community are we talking about here? The Greek community maybe, if you call two fraternities getting into a street fight over the sorority they were to participate with in the games and hitting beer bottles over each other's heads on Friday night bettering the Greek community.

Later in the article, it mentioned that Greek Games had been moved from Harrington Beach to Frasier Fields, behind the Carpenter Sports Building

because the beach "is not an appropriate setting for such an event."

I thought we were bettering the community here, why not hold the event at a visible spot like, The Beach?

No, it was moved for good reason. "Not appropriate" refers to the drunken, half-clothed students that as a Blue Hen Ambassador, I would have to try to explain to prospective students and parents on my tour, and why the administration had to kick the groups off the field this year.

I think The Review provided a bias explanation of Greek Games and I want to voice the other side. Greek Week is flat out obnoxious to those not involved. The gym gets even more overcrowded than usual. My apartment complex gets trashed, along with a good portion of the campus and community, from frat guys and sorority girls leaving beer

cans and trash everywhere and damaging property. They come and go late at night, loud and drunk, waking the rest of us up and endangering even more people both driving and walking as they stumble around.

As for this event being so-called philanthropy, a friend of mine is part of a sorority whose house is on Haines Street, literally right in front of the Emmaus House. The Emmaus House, where I occasionally volunteer, is a center for families recovering from domestic problems. My friend had never heard of this place, let alone question the huge, gorgeous house that sits right in her backyard. But I mean, why bother with such a philanthropic act of babysitting the kids there or doing yard work on the newly renovated house for an hour one night a week when she could sit around outside Perkins Student Center with her sorority girls,

looking cute and selling lollipops instead?

If a few more of these Greek Week participants spent half as much time really volunteering around the community as they do bettering themselves with learning dance moves for Air Bud like their lives depended on it, maybe these "stupid stereotypes" would not have a legitimate reason to exist.

The purpose of Greek Week is not to better the community, but to uphold the traditional roles and views of Greek life. The week of events should have no other reputation than that.

Jenn Seich  
Senior  
jseich@udel.edu

Send letters and columns to stepha@udel.edu. Please include a name with all submissions.

## 'Quiet Please' is the way to be, in the library



Steph Andersen  
Steph it up

It is that time of the year where I find myself flocking to Morris Library ... oh the joy of finals. Papers, projects, exams, research - you name it, at the end of the semester, I am there. It is really the only place where I can be productive in a short amount of time. Brew Ha

Ha and Starbucks are great for a little reading or homework, but for me, they do not cut it the night before a final exam or when a 15 page research paper is due. When it is crunch time, I need my peace and quiet.

Not everyone thinks of the library in this way though. For some, the library seems to be a social event. Picture this:

You call your friends, and tell them where you are sitting - second floor of course, that is where all the "cool" people are.

They call you just to double check. Your phone rings in a silent room filled with people studying. You answer, and proceed to have a 10 minute conversation about the guy who lives down the hall who you saw when you walked in. You hang up. Your friends then arrive, and slam their belongings down onto the table. You continue the conversation you were having on the phone for a while. Then maybe you study. You get up, walk down to talk to some people you know. You walk back and tell your friends what you just talked about with the people you went to visit.



Does this make anyone else mad?? Most people I have talked to have had similar experiences.

For those who go to the library as a last resort (like me), when they have so much to do and cannot concentrate at home, that kind of situation is aggravating.

I know people who have had to move their seat several times in the library in order to find a quiet place. Somehow though, wherever you are, there is always someone who cannot shut up, or has their phone ring five million times (apparently the vibrating option has

become obsolete).

The best is when you realize the loud, annoying, obnoxious person in the library is someone you know.

My roommate experienced this. She was in the basement studying for an exam, and heard a group of girls laughing and screaming about some hot guy. She was fuming. She gets up to tell them off, walks around the corner, and what do you know it is five girls from her major making the ruckus - all of whom she has classes with. So, instead of screaming her head off she put on a smile, said hello and walked away.

Ridiculous. Now I am not a violent person, but there have been times when I have been in the library trying to study, and people have been so loud and so rude, it has been hard to hold back. If not for my good, common sense, chairs might have been thrown across the room.

I am also from New Jersey, so that little virtue called patience is not something I have.

I would suggest that the librarians walk around and monitor so that everyone is silent, but I feel like that would also be a tad ridiculous. Why can't it be high school when everyone was afraid of the librarians? All they had to do was look at me for opening up a bottle of soda and I would run!

Bottom line - the library is supposed to be quite, the signs even say "Quiet Please." So, respect your fellow students and control yourself in the library.

Stephanie Andersen is the Editorial Editor for The Review. Please send comments to stepha@udel.edu.

## School is not 'Sex and the City,' but this clotheshorse has had enough



Susan Rinkunas  
Call me Carrie

I love hoodies. Love them. The drawstring and kangaroo pocket combo is genius. I purchase them in droves and I would live in them if I could.

But I do not. Do not get me wrong, as soon as I come back from class I put down my books and change into sweats, but I tend to leave my

hoodies in the closet during the day. The hoodie and other clothing items with the prefix "sweat-" are hallmarks of our generation that seems to have been born to dress down.

I see hoodies everywhere: in class, at movie theaters and at restaurants, and I wonder why people choose to present themselves in public wearing the cotton equivalent of a potato sack.

What happened to the distinction between "school clothes" and "play clothes"? Are we simply incapable of telling the difference because our mothers are not around to nag?

I am not saying I wear pearls and ironed shirts to class, as that is hardly the case, but I do make an effort to look presentable.

I recognize that we are at the university to study, not to strut down a catwalk, but there is something to be said for using clothing to convey one's confidence and pride. All-nighters obviously put a damper on anyone's sartorial skills, but I should hope those late nights are few and far between for most of us. If not, seek help for your serious procrastination problem.

It is somewhat sad to be part of a society that places such an emphasis on appearance, but it does not have to be about physical appearance. People can take small steps to present themselves better, in doing so they show respect for their company, be it professors, family or friends.

Here are some dress-to-impress tips straight from the clotheshorse's mouth:

1) If you must wear a hoodie to class, save it for your electives. You should make an effort for classes in your major since you are more likely to ask those professors for recommendations.

2) Wear a belt. No one wants to see your Vickie's, boxers or what have you. If I see one more g-string hanging out of a girl's pants, I might

throw a hissy.

3) Choose clothes that are comfortable. Your "school clothes" should not and do not have to consist of extremely formfitting or restricting garments. My trick? Shop for fabric blends containing five to 10 percent stretch materials, like Lycra or Spandex. They look and feel great.

4) Be conscious of your bra straps, ladies. Bright blue satin might be glamorous for a black tie event, but when hanging off your shoulders it is much more ... trailer park. (See No. 2).

5) Invest in a blazer. Whether you wear it with a button-down shirt or your favorite Goodwill tee, this is definitely a piece that will dress up your look.

6) Refrain from wearing pants made for the opposite sex. FYI, baggy pants look good on approximately 5 percent of the female population. And guys: no girl wants to see you fit into a pair of jeans she could not squeeze into with a shoehorn.

Susan Rinkunas is a Copy Editor at The Review. Please send comments to rinkunas@udel.edu.

STUDENTS  
WHO OVERDOSE  
ON ALCOHOL SAY  
THEY MADE A BAD  
DECISION THAT  
THEY REALLY REGRET.

SOME DON'T LIVE  
TO REGRET.

THIS FALL,

38

UD STUDENTS  
RECEIVED

TREATMENT

FOR ALCOHOL POISONING.

18

WERE FRESHMEN.\*



\*UNDERAGE DRINKING IS ILLEGAL.  
EXCESSIVE DRINKING CAN BE DEADLY,  
AND THOSE WHO PROVIDE ALCOHOL TO  
UNDERAGE INDIVIDUALS ARE  
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**Lurking Within:**  
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B3

# Mosaic

ENTERTAINMENT THE ARTS PEOPLE FEATURES

**Movie Reviews:**  
"House of D,"  
"Crash" and  
"xXx: State of the Union"

B2



Friday, May 6, 2005

## 'Let's get ready to rumble' WWE crashes the Bob

BY CHUCK RISTANO

Staff Reporter

"Man, it's freezing in here," Paul London says from his apartment in Austin, Tx., where it's 90 degrees: London laughs, realizing what he has said, and clarifies. "It's just weird that it's so hot outside but freezing inside my apartment." London, the current World Wrestling Entertainment Cruiserweight Champion, has just returned home for several days off after what he says was a month on tour, including a six-show swing through Europe. His down-to-earth, fun-loving personality and demeanor become apparent the second he speaks on the phone.

The 5-foot-10-inch, 184-pound London is more than a month into his first reign as Cruiserweight Champion, and he will defend the title when the WWE rolls into the university's Bob Carpenter Center on Mon., May 9 for a stop on its "SmackDown! WrestleMania Revenge Tour." It's the WWE's first show in Delaware in two years.

London, who turned 25 on April 16, has also held the WWE Tag Team Championship with fellow "SmackDown!" Superstar Billy Kidman. But he says, winning the Cruiserweight title on March 31 has been the highlight of his career, so far.

"The Cruiserweight title brings the focus on me as an individual, as an individual talent," London says. "I'm in the spotlight because people know 'this is the top guy in the division,' but I don't want to limit myself and say this is the be-all, end-all. I want to go as high as I can and reach every height imaginable."

### "You Need to Eat!"

Paul London has come a long way in just a few years. He says that literally weeks before signing with the WWE in mid-2003, he was refusing handout money from his younger brother, Jonathan. London was traveling the independent wrestling scene, the proverbial minor leagues of sports entertainment, and living out of his car.

Jonathan says when Paul was wrestling in Delaware and Philadelphia before going to WWE, he was directing in New York and would come to see him wrestle.

"He'd be on these road trips with other wrestlers coming from San Antonio, and I'd give him whatever money I had in my pocket, probably only \$20 or \$30, just so he could have lunch on the way back home," Jonathan says. "It was my way of saying, 'I support you in this, I'm okay with this.'"

Jonathan continues, "Usually when you let people know you want to become a wrestler, they say you should go to the loony bin, and Paul has faced that. I'm sure everyone in the WWE has. But a phone call can change your life, and that's inspiring."

Paul's phone call inviting him to join the WWE

came as a result of the positive impression he left on company talent agents during a series of tryout matches, says Jim Kettner, WWE's Delaware promoter and owner of a local independent promotion company. London was signed in July and was sent to Ohio Valley Wrestling, the WWE's training territory. He was called up to its main roster in October 2003.

"[Paul] went in a very short time from being a part-time college student trying to fit in his studies to becoming a professional in his career by using his passion," Jonathan says. "If you knock at the door long enough to keep trying and improving, you can achieve your goal."

For Paul, the amount of success he has achieved in such a short time is surreal.

"I know it's cheesy as hell, but it's really been a dream come true," he says. "I sit here and look at the Cruiserweight title and think 'I didn't buy it.' It's a lot heavier than the toy, foam ones that I used to have as a kid."

### Brothers in Life

Not only does Paul London possess the real thing when it comes to his Cruiserweight title, but his likeness was recently immortalized with the production of his first ever action figure. Jonathan traveled to a local toy store a few days ago to purchase several and even mailed one over to a mutual friend of he and Paul's in Iraq. But there is one other novelty the younger London hopes to see come out of his brother's tenure with WWE.

"I can't wait until a video game comes out with him, because as much as I play video games, I'd love to play as him," Jonathan says. "WWE is really starting to put more focus on Paul and cruiserweights and starting to really figure out how to market him."

While Paul and Jonathan's paths have diverged over the years, their familial bond remains as strong as ever. It is a bond that was forever cemented with the death of their older brother, Daniel, when the two siblings were in high school.

"[Losing Daniel] really made us take inventory of our lives and develop a strong fraternal maturity," Jonathan says. "It definitely brought us closer, even if in our pain. Paul is my brother in life, the only brother I have left."

Jonathan currently directs music videos in Los Angeles, where he called from on a moment's notice to speak about his brother.

"We feed off each other. Ultimately, my goal is to have Paul in one of my projects, an action movie or comedy. He's amazingly handsome," Jonathan says, showing off a humorous side similar to his older brother's. "I picture him with a shotgun in one hand and a babe in the other."

Jonathan catches his brother in action with the

WWE whenever the promotion comes to Los Angeles or whenever he films in Austin and their schedules do not conflict, which translates to about three or four times a year.

### Just a Normal Guy

Paul London will never be as big or strong as Hulk Hogan or The Rock, a fact he readily admits. But he says he wants to change the current perception surrounding the WWE's Cruiserweight division, where people believe athletes of London's size should not be in the ring with heavyweights.

"I think there's a spot for everyone, and I don't like labels," he says. "I guarantee I can go in the ring with anyone and put on a great match, regardless of my size."

And while many aspiring athletes and sports entertainers look at a small stature as a detriment, London sees it as a blessing.

"When I walk through the mall, people aren't in awe," he continues. "I'm just a normal guy, and I love that. I love it."

because I can show kids that you can do it at this size. I don't want to be perceived as anything crazy or a monster. I think it's easier to relate to me than the guy that has 80,000 biceps," he says, laughing.

### A Second Passion

When he is not on the road with the WWE, Paul London indulges in his other passion: acting. London's agent will send him a handful of scripts on his laptop, which Paul reads through while traveling. Then, with the WWE's blessing, he auditions for roles on his time off, usually three days at a time.

"It's tough because when I get back home, I'm so tired, but the auditions keep me focused," he says.

Naturally, pro wrestling, or sports entertainment as it is now commonly known, has characteristics found in both theater and film.

"[WWE] is a hybrid of the two. Wrestling in front of a live audience has a theater aspect because they see every move and hear every word. It has aspects of film because it is on camera. You learn to work the angles," London says.

"When acting for film, you get several takes, but that's not the case in wrestling, although often times I wish I could've had a second chance, but no," he says, sarcastically.

### A Second Home

For Paul London, Monday's show will be a homecoming of sorts. Before signing with WWE, he experienced one of his greatest successes on the independent scene in Delaware in April 2003 when he won the prestigious Super 8 tournament. The yearly event has showcased several WWE lightweights over its nine-year history, including Kidman, Scotty 2 Hotty and Krossow Daivari.

"I know Paul was really excited when he won Super 8 in Delaware because it was his first really big push in wrestling," Jonathan says.

Also, Paul has developed a fondness for Delaware

see WRESTLING page B3



## Technology enhances classic sneaker

BY WESLEY CASE

Staff Reporter

"It seemed like science-fiction back then."

This statement by Adidas public relations spokesperson Anna Quarrell, is in the form of a new, not so common running shoe. It is the adidas 1, featuring a microprocessor within the sole of the sneaker with the capability of making five million calculations every second.

Adidas has kept the development of the adidas 1 under wraps for the past three years. In fact, only a small fraction of Adidas employees were aware of the creation process of the shoe. The team was comprised of two engineers, a developer and two designers.

The most impressive component of the adidas 1 is its ability to adapt to the athlete's terrain while running. The microprocessor features software reading each of the compressions made by the runner's feet, changing the cushion level of the sole to adapt.

Within the sole of the adidas 1 lies a sensor below the runner's heel. It is used to measure from the top of the shoe to the bottom of the mid-sole. The sensor is accurate up to .1 millimeters, taking 1,000 readings every second and then sending the findings to the microprocessor.

To power the sensor and microprocessor, Adidas installed a replaceable battery, with a running life of 100 hours, within the sole.

The brainstorming for the adidas 1 was inspired by the possibilities of intelligent sports products. This idea was intriguing yet daunting to the development team.

"We faced challenges almost every day," Christian DiBenedetto, leader of the intelligent product team, says. "And really, there was no one who could help us find solutions, because no one had ever done anything like this before."

The team overcame the challenges this year and the shoes are now available in stores across America. But now there are other challenges surrounding the adidas 1.

The first issue regarding the new intelligent shoe is its price tag of \$250. Even the most avid runners consider this excessive for a running

shoe, no matter what technology is included.

University men's cross country coach Jim Fischer considers the adidas 1 over-the-top expensive.

"The first thing I thought when I heard about the new adidas 1 was I wouldn't pay that much," Fischer says. "I don't know if any shoe is worth that."

No one on Fischer's team wears the adidas 1 and he doubts any will. He can't imagine the shoe making a big enough difference in competition.

"The concept is interesting, but I don't see it causing a huge change in competition," he says. "It may be a performance enhancer to a degree with some athletes, but not enough to consider it a true enhancer."

Surprisingly, the shoe hasn't come under much scrutiny in regard to giving runners an unfair edge in competition.

Jim Estes, long distance running program manager for the United States Track and Field Association, could even see it being cumbersome for runners.

"I wouldn't consider the adidas 1 a performance enhancer," he says. "The shoe is so heavy, it would overcome any sort of enhancing."

The weight of the shoe does not seem to bother consumers because the adidas 1 is a hot item on the market. It has greatly exceeded Adidas' sales expectations.

"The demand for the shoe has been overwhelming," Quarrell says. "Our retail orders for the first two months of adidas 1 have exceeded our entire first-year forecast."

The demand has been strong, but another problem with adidas 1 lies in its lack of availability for some states. More than 15 states, including Delaware, do not carry the shoe. It is not available online, either.

With the success of the retail orders, it can only be

assumed Adidas will facilitate this issue in the near future.

Speaking of the future, all parties involved agree the possibilities are endless for this new technology.

"To me, the future is exciting for these new technologies," Estes says. "They're going to help people train more efficiently and that is a good thing."

This good thing is only going to grow and expand on what has been established by Adidas and their new technology. They refuse to release any new information in regards to new products in the works, but Adidas has an optimistic outlook for their developments.

"Now that we've done this," DiBenedetto says, "who knows what's possible for the future?"



Photo courtesy of adidas.com



# 'House of D' carefully crafted

"House of D"  
Lions Gate  
Rating: ★★☆☆

## Sneak Peek

HOLLYWOOD

Actors believing they have the talent to write and direct their own movie can sometimes be more of a disaster than a success.

Luckily, "House of D" surpasses even the best expectations and succeeds in becoming one of the most interesting films of the year.

Written, directed and produced by David Duchovny, the film rolls humor and pain all into one story. Duchovny's past as an English major is evident throughout the movie in the characters' clever dialogue.

Although it centers on one man's sudden move from childhood into adulthood, the supporting characters never feel flat or unknown to the audience.

### The Gist of It

★★★★★ "Almost Famous"  
★★★★★ "The Virgin Suicides"  
★★★★★ "Forest Gump"  
★★★★★ "Now and Then"  
★ Michael Bolton

Duchovny carefully crafts each character and the different connections that lead them all to one man.

The film starts with a grown Thomas (Duchovny) living in Paris with his wife and son.

After working late on his son's 13th birthday, Thomas and his wife get into a fight that leads him to finally reveal his mysterious childhood.

As Thomas relates the story, the film slips back to 1973, right before his 13th birthday.

Thomas (Anton Yelchin) as a boy, is a meat delivery boy living in Greenwich Village and spends most of his time goofing around with his best friend, 30-something Papass (Robin Williams).

Helives with his depressed mother (Tea Leoni) who tries to raise her only son after the death of her husband from cancer.

Duchovny perfectly captures the ironic and slightly crazy mood of Thomas' house in the nightly dinner scenes between him and his mother.

After his father dies, his mother becomes obsessed with brussel sprouts as the cure all to the deadly disease. Every night she fills his plate and watches Thomas eat as she devours her meal of cigarettes.

It is usually during the dinner scenes that Duchovny highlights the strained relationship between the two, and the night always ends with Thomas going in the bathroom to count how many pills his mother has taken that day.

Yelchin is perfect in the role of Thomas, expertly blending the confusion and excitement of becoming a teenager with the struggle of taking care of his mother.

A main theme of the film is the relationship between Papass, a mentally retarded janitor, and Thomas as their lives begin to branch off in two different directions.

Williams is great, as usual, in his role as the older friend whose joking masks his anger when Thomas becomes interested in girls instead of hanging out with



him.

With no one to talk to about the mysterious world of pre-teen girls, Thomas befriends Lady (Erykah Badu), the woman stuck in solitude at the Women's House of Detention for which the film is named.

One day while Thomas is burying some money, Lady starts yelling out the window to him, beginning an unlikely friendship that will alter the rest of the young boy's life.

With bars over her only window and no way to see whom she is talking to, Lady holds a sliver of mirror out the window to catch Thomas's reflection off the street.

He stands outside the detention center daily, having conversations with Lady about girls, Papass and his mother.

Badu shines in the role as Lady as she easily dispenses advice and tips to Thomas about friendship, love

and the wrong turns life can take.

One of the most memorable scenes occurs when Thomas finds out there is a dance at his school and, to his embarrassment, he has no moves to impress his crush.

Lady instructs her student to hug the nearest telephone pole and teaches him how to slow dance while she sings out the window to him.

The rest of the movie plays out the relationships between the characters and successfully weaves the stories together to develop them into the final chapter of Thomas' life in Paris.

Kathryn Drescher is a City News Editor at The Review. Her last review was "State Property 2" (zero stars).

"xXx: State of the Union"  
Revolution Studios  
Rating: zero stars

It's not privileged information the action genre is slowly dying. Without question, Steve McQueen is cringing in his grave, because the once thrilling genre of exciting car chases and brilliantly choreographed shootouts has been mutated into disgusting box office fluff. "xXx: State of the Union" could be the best display of this to date.

In "xXx," an attack on a chapter of the National Security Agency prompts the recruitment of a covert operations agent named Darius Stone (Ice Cube) in order to solve the conspiracy. Of course, the NSA has to break him out of prison, and within an hour he's armed and driving a ridiculous car with side-mounted turrets.

The film's countless chase sequences, fights and shootouts prove to generate no suspense or excitement whatsoever. As the scenes pass painfully by, it becomes evident that everything in the film is far too sensational and childish to be enjoyable.

To say the least, the film's acting is abhorrent. Ice Cube is acceptable in small doses. A lead is asking way too much of the rapper, but he seems to enjoy the meaningless lines and overacting the tough, alpha-male role.

To say the writing is poor would be a monumental



understatement. First time writer Simon Kinberg is responsible for creating the film's dreadful screenplay. Ironically, words cannot possibly describe the lackluster manner with which Kinberg approaches his writing. His attempt at mixing humor with action falls flat, and his action writing is well above the corny action film limit. Plotless action films like these are often advantageous to directors, as they are given quite a bit of freedom to improvise and use their imagination in ways they wouldn't be able to in a more complex film. Unfortunately, director Lee Tamahori has the imagination of a shoe, which is probably why he directed "Die Another Day," the latest in the James Bond franchise.

"xXx: State of the Union" is a steaming cesspool of terribly unimaginative action sequences, horrendous writing and pathetic acting, with an Ice Cube adrift in the middle.

— Matthew Feldman

"Crash"  
Lions Gate Entertainment  
Rating: ★★☆☆

Canadian filmmaker Paul Haggis breaks down the barriers of prejudice, racism and self-absorbency in the United States in the overwhelming success that is "Crash."

This film uses a car crash to connect several characters that individually encounter racism on multiple levels. A large, all-star cast acts out the every day prejudices against people in every form.

The film begins at the scene of a car accident, with detective Graham (Don Cheadle) investigating the area. He approaches the body of a dead teenager and the film cuts to the previous day in flash-back style.

From there, a series of situations occur taking the audience on a roller coaster of emotions, including hatred, anger, guilt, relief and, at times, embarrassment to be part of a certain race. Haggis addresses the unjust treatment of black drivers by power-hungry, racist cops. He touches on the prejudice against people from the Middle East who have trouble speaking English.

Haggis also brilliantly uses Ludacris' character Anthony to unveil the levels to which black people are discriminated against in the smallest ways.

The direction and acting in "Crash" is excellent.



Besides Cheadle, Matt Dillon, Sandra Bullock, Jennifer Esposito, Ryan Phillippe and Thandie Newton all do an amazing job representing their respective stereotypical characters in believable ways.

Picking an outstanding cast member is difficult, but Terrance Howard's performance as Cameron is certainly a highlight of the film.

Cameron is a wealthy black TV director struggling with the boundaries between being successful in his profession and representing an underprivileged race. Howard portrays Cameron with a passion that brings the audience closer to him than another other character in the film.

"Crash" artistically blends the anger and hypocrisy of racism, and produces a reality that is so often brushed off as individual ignorance. This film will undoubtedly conjure up a long overdue conversation in our society.

— Kim Dixon

HERE R UR BOOKS

GET IT IN MONTHS LATER

HERE'S OUR BOOKS!

3 bits

PIECES

A Pledge Production

EGOT IN CHARGE

EGOT MONOPOLY

MONEY AND THIS

STELLAR

UD KEY

CHWIN

## THE HITLIST

**FRIDAY**

Trabant University Center Theater: "The Sisterhood of the Traveling Pants" 7:30 p.m., \$3

Deer Park Tavern: DJ Rick Daring, 10 p.m., no cover

Stone Balloon: DJ Giant G Dance Party, no cover, \$1 drinks

Klondike Kate's: Dynamite DJ Dance Party, 9 p.m., no cover

East End Café: Witch Doctors, 10 p.m., \$3, \$5 minors

**SATURDAY**

Stone Balloon: Tavern Party

East End Café: Apex Watson, 10 p.m., \$3, \$5 minors

Deer Park Tavern: The Snap, 10 p.m., \$3

Klondike Kate's: Awesome '80s Night, 9 p.m., no cover

## VIE TIMES MOVIE TIMES

**REGAL PEOPLES PLAZA**  
(834-8510)

Crash 12, 2:30, 5, 8, 10:35

House of Wax 11:50, 12:45, 2:25, 4:15, 5:05, 7:15, 7:45, 10, 10:30

Kingdom of Heaven 11:55, 12:25, 1, 3:20, 3:50, 4:20, 6:50, 7:30, 8:10, 10:05, 10:40

The Hitchhiker's Guide to the Galaxy 12:10 (open captioned), 12:40, 2:40, 4:10, 6:45, 7:20, 9:25, 9:50

XXx: State of the Union 12:20, 2:50, 5:20, 7:50, 9:30, 10:20

The Interpreter 1:05, 4:05, 7:55

A Lot Like Love 1:10, 1:45, 7:35, 10:30

The Amityville Horror 12:30, 2:50, 5:30, 7:55, 10:25

Fever Pitch 12:15, 2:45, 7:25, 10:10

Sahara 12:35, 4, 6:55, 9:45

Guess Who 12:55, 4:30, 7:40, 10:15

Robots 12:05, 2:20, 4:35, 7:05

The Pacifier 12:30, 3:30, 7:10, 9:40

**NEWARK CINEMA**  
(737-3720)

Hitchhiker's Guide to the Galaxy Fri. 5, 7:15, 9:30 Sat. 1:15, 4, 7:15, 9:30 Sun. 1:15, 4:30, 6:45, 9

The Interpreter Fri. 4:15, 6:45, 9:15 Sat. 1, 3:45, 6:45, 9:15 Sun. 1, 3:20, 9

House of Wax Fri. 4:45, 7:20 Sat. 1:30, 4:15, 7:20 Sun. 1:30, 4:15, 7:15

Rocky Horror Picture Show Sat. 11:59 p.m.

**THEATRE N AT NEUMOURS**  
(658-6070)

Walk On Water Fri. 8 p.m., Sat. 3 and 8 p.m., Sun. 2 p.m.

media darling

K.W. East  
Contributing Editor  
kwest23@aol.com

# Cover bands can hit the road

song. In fact, most of the artists these bands copy can't play or sing as well as some of the musicians emulating them. Instead, they had the courage to put their own heart and mind out for anyone to accept or reject. They weren't relying on music that already had approval from the unwashed masses.

Notice that bands who "make it" on the success of a cover never have much staying power. Has anyone heard anything from Orgy or Alien Ant Farm recently?

It is sad that many of the live music establishments in the area support this type of entertainment, many to the point of only allowing cover bands to grace their stages.

Newark, despite what some local politicians claim, is a college town. While it is a particularly homogenized college town, it certainly has the potential to support a small original music scene.

Unfortunately, the number of outlets for live music in general in Newark is dwindling. With the anticipated closing of the Stone Balloon, and the replacement of live music by DJ dance parties and Quizzo, it may soon be impossible to find anywhere to hear live music near campus.

Some of these establishments may claim they have no recourse but to discourage original live music, and defer to what the crowd wants. Obviously, these places need to get crowds in to make money and stay in business, and there is a risk in allowing unknown talent to provide for an entire

Saturday night's entertainment.

But don't these establishments also have a responsibility to the cultural health of the community, as well? Have they given the prospect of helping build a Newark music scene a chance? A strong scene can draw in larger local and touring acts, and patrons from the surrounding area who are looking for something fresh and different.

Lastly, I'd like to address the mindless entertainment seekers who are frequenting these types of shows: You are the largest contributor to this problem. Every time you pay cover to hear covers, or purchase and consume innumerable overpriced drinks until the band starts to sound good, you are contributing to the death of art.

It is your apathy and unwillingness to seek out something original that helps keep our campus community culturally sterile and stagnant.

The entire problem forms a vicious circle. The patrons don't care how they are entertained and want to remain in the sphere of what they already know and are safe with. This forces the establishments to provide this kind of cheap entertainment to make money and draw in customers. The bands are made to feel like they cannot become successful unless they cater to both of these factors.





# Washing hands for a healthy lifestyle

BY BROOK PATTERSON  
Managing News Editor

Chances are, the people sitting around you right now didn't wash their hands after they used the bathroom. Truth is, nearly three out of 10 people across the country do not wash their hands after using the bathroom.

A recent study conducted by the Indiana State Department of Health found unwashed or poorly washed hands are responsible for one in four of reported foodborne illnesses.

It's not hard. A simple 10 to 20-second rinse-down with soap and water is all it takes.

## Bathroom Hygiene

As easy as it sounds, approximately 35 percent of men and 30 percent of women were found to not wash their hands after using the bathroom, as seen in an observational study taken of approximately 560 people on campus during various Spring Break trips by Professor Diane Herson in the biology department.

Barbara Hyde, communications director for the American Society of Microbiologists, says in various observational studies conducted in airport bathrooms across the country, similar to the one conducted by the biology department, women tended to wash their hands more than men.

Although many say they wash their hands after each trip to the bathroom, ASM found only two-thirds of all people observed wash their hands, Hyde says.

The findings, she says, are considered to be normal and are expected. And, notable differences are found between men and women.

## Germ Phobias

Even though most people don't choose to surround themselves with so-called germ-carriers, junior Jamie Chamberlain believes it is sometimes inevitable, especially on such a large campus.

Chamberlain says she hates when students come to class sick, especially when they don't make an effort to keep their germs to themselves.

"It is so gross when they cough, and the germs spread," she says. "They're coughing all over the place, and it's almost like you can smell it."

Chamberlain identifies herself as a "germaphobe," and says she doesn't like to touch anything without making sure it has been thoroughly sanitized.

"I get grossed out by everything," she says. "When I go to the bathroom, I have to have a paper towel over my hand when I touch the door. When I go to the gro-

cery store I make sure I use a sanitizing wipe on the cart handle. I don't even like to shake people's hands because I just don't know where they have been."

Some people have a constant fear germs will take over their lives, and some even believe germs account for all the diseases affecting the world.

Hyde stresses people should not have this fear, because bacteria are omnipresent and are vital in the well being of humans. "Bacteria is all around," she says. "Not all bacteria is disease-causing. Most do not cause disease and are perfectly normal."

Joseph Siebold, director of Student Health Services, says the most common source of spreading germs is through the hands, especially when sick.

When people are sick, he says, they usually end up transferring germs from a runny nose or another kind of body fluid by shaking hands or touching the facial area.

He suggests using alcohol-based gel products when soap and water is not available because they are convenient to carry around.

## How the University Fares

Herson also conducted a study to evaluate the prevalence of germs across campus. By testing approximately 70 commonly used areas on campus such as computer keyboards, bathroom doors, residence halls, shower floors and students' cell phone earpieces, Herson says she found certain signs pointing to poor hygiene habits of students.

Various organisms can be found all over campus, she says, but just because they grow in a lab does not mean they are harmful or dangerous.

The findings are not alarming in the sense that everyone should be quarantined.

"They fit in with other studies that have been done," Herson says. "The bottom line is that everyone should wash their hands more."

It is important to realize the human body needs certain forms of bacteria in order to function properly, she says, and to label them as untouchable germs is inaccurate.

Herson says most students on campus have the normal hygiene habits of a majority of the adult population in the United States.

"Germs have a bad connotation," she says. "There is an invisible world out there, and most microorganisms are not pathogenic, and do not cause disease. They are helpful in our bodies and are part of our 'normal flora'."

No men in white suits are needed, Herson says, just

a basic overhaul of hygiene habits.

"Unless working in the food preparation or medical fields," she says, "keep the masks for Halloween."

## Antibacterial Effectiveness

Herson also stresses the overwhelming evidence pointing to the idea that antibacterial agents in cleansers are unnecessary.

With an array of products containing antibacterial ingredients available on store shelves, she says, the actual relevance and need for these products has come under questions.

Stuart Levy, author of "The Antibiotic Paradox," and professor at Tufts University School of Medicine, says scientists are concerned antibacterial agents will select bacteria that are resistant to them and consequently make them cross-resistant to antibiotics.

He also fears society will become preoccupied and overcome with these products which will eventually lead to more serious problems.

"This change could lead to a greater chance of allergies in children," Levy says. "As with antibiotics, prudent use of these products is urged."

There are more than 700 antibacterial products on the market, he says, as opposed to only a few dozen seven years ago.

Hyde says the research is inconclusive as to whether antibacterial ingredients are harmful, but there is evidence showing soap and water is sufficient when washing hands.

"There is concern that continued exposure to antibacterial agents may promote a resistance of bacteria," she says. "However, there is no firm evidence outside of the lab."

## Campus Gyms

Most students on campus know gyms are carriers of germs produced from people's sweat, dirty sneakers and gym clothes and by not washing hands.

The tests found campus fitness facilities were not alarmingly filthy and did not grow any abnormal bacteria.

Joseph Mackley, fitness coordinator and head cheerleading coach, says the four fitness locations on campus are usually crowded and are used heavily on a daily basis. Students are asked to aid in preventing the transfer of germs, he says.

In each of the four gyms across campus, there is an industrial strength cleaning solution available called Triad, which kills bacteria as well as sterilizes the equipment, Mackley says. Students are asked to use the

disinfectant on the machines after each use.

"Students generally do a good job," he says, "but they could do better. We try our best to remind participants to clean the equipment after each use."

The maintenance schedule required the gym staff to clean the equipment at least three times a day, he says, and typically includes making sure all areas of the equipment are cleaned.

Mackley says the maintenance staff cleaning routine is more intense than what is expected of users.

To take care of him or herself while working out, he says, students can bring their own towels to put on the equipment and use it as a barrier, protecting the participant and the equipment.

He also suggests wearing clean, fresh and absorbent workout clothes so they can capture more sweat without transferring to other people.

## Protecting Yourself

Hyde says college students are at high risk for contracting illnesses because of poor hygiene habits, but students can take some precautionary steps to ensure clean living environments, she says.

By washing their hands after using the bathroom, before and after food preparation and by not sneezing into their hands, but rather away from themselves and others, Hyde says students can immensely improve their chances of staying healthy.

"It is important to wash hands often, because people touch their eyes unwittingly all day," Hyde says.

However, students should not be fearful for their health because of germs on campus, she says.

Hyde says although steps for staying healthy seem to be common sense, many people do not practice careful hygiene habits.

According to Siebold, the best way to stay healthy is to wash hands regularly with soap and water before eating or touching the facial area.

"I believe the health of all the students would improve if we all could follow at least these two simple measures," he says.

Herson says she shares the same sentiment and follows what the Centers for Disease Controls emphasizes, that hand washing remains the sensible technique for staying healthy.

"Organisms should not be found in places like blood or urine," she says, "but anywhere else is perfectly normal. The public has this attitude of 'keep me germ free,' and that just is not necessary."



THE REVIEW ■ Brook Patterson



THE REVIEW ■ Brook Patterson

# Senior discovers life plan early on

BY MEGHAN VANDEVENTER  
Staff Reporter

Imagine graduating from college, training as a journalism major. You've poured coffee as an intern at Rolling Stone and worked tirelessly to finally land a job with an entertainment magazine like *US Weekly*. In walks the bright-eyed, curly-haired Colleen Broomall, whom you mistake for some teenage fan.

The stars look right past you in order to take interviews with a girl from Teaneck, N.J. She doesn't yet have a degree or any *Coffee Mate* and *Sweet n' Low* expertise, but a lifetime of experience in show business.

The 21-year-old senior majoring in communications has eaten filet mignon while flying on George Steinbrenner's jet. She has worn Pharrell's bling, a necklace of diamonds worth hundreds of thousands. She is the manager of the up and coming acoustic rock band, Tempus.

If you were to ask her how she's made so many connections in the biz, she will tell you to "just be nice to people and smile."

Broomall began her work in entertainment magazines during the summer after her first year at the university with an internship that was supposed to last four weeks. She was the first intern to work at *M Magazine* and obtained the job simply by applying.

Instead of working the professional ladder at a more renowned magazine, she immediately became a significant member of the staff and an active reporter.

"When I started working for *M*, I had no writing experience and there were five people on their staff," she says. "But I just dove into it."

Broomall found a life in entertainment at a young age and her résumé continues to build. At age 16, she began contacting the casting department at MTV and attended various celebrity events in New York City. When she reached 19, she was named an associate editor at *Life Story Magazine*.

Broomall had innovative story ideas during the summer of 2003 for *Life Story*. She pitched a layout of stories with a spread of siblings in the media, including Jessica and Ashlee Simpson.

"Within a week of it being on newsstands, it was the magazine's best selling issue, Mary-Kate and Ash were on the cover," Broomall says.

By currently working as the East Coast correspondent for entertainment magazines, *Tigerbeat* and *Bop*, she attends a variety of premieres, award shows and celebrity parties. She has interviewed and befriended celebrities such as Lindsay Lohan, Usher and Missy Elliot.

Singer/songwriter, J.C. Cannegieter, became friends with Broomall in April after an interview in New York City. He says he felt comfortable enough with Broomall to open up and reveal his troubled success story.

"You know how some people just try to get the juicy info?" he asks. "She's not like that, she's just real down to earth and easy going."

Broomall's career in entertainment began long before she knew what future plans were in store. Barbara Broomall, Colleen's mother, always says, "You can take the kid out of the business but you can't take the business out of the kid."

Not long after Broomall was born, she was cast as Meg Ryan's daughter in the soap opera "As the World Turns." Broomall remained on the show for almost six years and was nominated as "best child actor" for a Soap Opera Digest Award. Barbara says she first introduced Colleen to show-business in order to generate a college tuition fund, but took her out of the spotlight before stardom became a negative and driving force in her life.

While a stage career may have been put on hold, her dreams were not. Her flair for writing was obvious when she was first published at age 12, after sending an opinionated e-mail to *New York Times Magazine*.



Photo courtesy of Colleen Broomall

## Senior Colleen Broomall poses with Missy Elliot

Broomall describes herself as taking life as it goes from day-to-day. Sometimes a day will mean pulling an all-nighter to attend a press party, only to drive back from New York City to study for a communications exam.

"The TRL awards were on a Monday morning," she says. "I woke up, showered, drove to my recorder at my house 20 minutes outside the city, got a little Mickey Ds, went to the awards and drove back to meet new girls in my sorority."

She says she is more dedicated to classes and schoolwork because she knows the importance of a degree and believes a career will still be available after college is over.

Broomall says the university is the only school she visited when she chose to spend four years as a blue hen. Even though she was offered full time jobs working for *Star Magazine* and the magazines under Dual Star Entertainment, Broomall opted for the college experience.

She literally lives by the phrase "Don't Stop Believin'." It's tattooed on her lower back in remembrance of her brother's favorite song by Journey. She was 19 years when Jim passed away and she chose to live life according to his policy.

"I try to turn any negative experience to a positive and just get the best out of it that I can," she says. "I learned from my brother that there's no point in wasting your time being sad all day, when it's so much more fun being happy."

Her tenure at the university will end in less than a month and it is also her first semester taking a journalism class.

Professor McKay Jenkins, who teaches English 309, Feature and Magazine Writing, says he expects great things to come out of Broomall. "[She] shows great promise as an observer of popular culture," Jenkins says. "I hope she will take her talent to the next level."

Broomall says she intends to pursue a career in the media by continuing to write for entertainment magazines, assembling screenplays and reigniting a profession on-screen.

"Honestly," she says, "In the end, you are the only person who can stop you from achieving your dreams."

# Wrestling with fame

continued from B1

and its people.

"Delaware is a great place. The people are always extremely, genuinely kind and real. I always felt like I can let my guard down a little because people in Delaware are the kind of people you want for neighbors," Paul says. "It's a comfortable setting for me, and I'm looking forward to coming back to one of my second homes. Austin will always be my home, but I'm kind of a nomad. I have a lot of second homes, and Delaware is one of them."

Kettner, who promotes the Super 8, says, aside from London's great wrestling ability, his personality and charisma were the main factors for placing him in the tournament.

"He has something that connects over the guardrail with fans. It's instantaneous," he says.

Jonathan agrees, "He's charis-

matic and energizing. Everyone I know who comes in contact with him just gets extremely excited."

Money. Fame. Championships. It's all part of the World Wrestling Entertainment package, but for London, none of those are the most enticing aspects of life as a "SmackDown!" superstar.

"The opportunity to show on a grand stage, the grandest stage, that I'm very blessed with the ability and the talent is most appealing to me," he says. "And if I can inspire just one person, or even half a person, that's my motivation, my thrill. That there's somebody out there that was never as fortunate as I was, and I can put a smile on their face. It's been so much more amazing than I could've imagined so soon. I actually need more wood around my apartment so I can knock on it."



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## As seen on TV: do they work?

### Spray Tanning

There I am standing stark naked, legs spread, arms out and eyes clenched shut.

It's hard to believe that in a matter of 38 seconds I will appear as if I had just returned from a two-week vacation, only without side effects from sun exposure. The green button lets off a series of beeps signaling the spray.

Opening up my eyes to a foggy atmosphere and spitting the bitter remnants of the mist that somehow manage to get in my mouth, I turn to do my backside.

As I open the large blue door to the Mystic Tan capsule, I catch a startling reflection of myself in the mirror.

My body is wet and dark as if I was just bronzed and oiled up for a body building competition. I vigorously pull out several sheets from the paper towel dispenser and wipe off the excess bronzer, noticing long runny stains on the back of my legs.

I slip on my clothes, exit the room, grab my keys and waddle to my car.

After four hours of waiting to shower I finally see the results.

My once pale skin transformed into a beautiful golden brown glow.

Even though I know this won't last more than five days, being tan is great.

— Lauren Zane

### VEET Rasera Bladeless Kit

I am always fascinated with health and beauty infomercials promoting the impossible.

So, when I got the opportunity to try the Veet bladeless shaving kit, I jumped on board.

The package comes with a can of gel cream and a shaving tool resembling a bladeless razor.

I apply the gel cream to my legs and immediately wash my hands, but only after I suppress my gag reflex.

The smell of the gel cream reminds me of formaldehyde.

I spend three minutes pacing outside the shower to avoid getting water on the gel cream, checking my stopwatch every five seconds to avoid keeping the cream on for more than the recommended time before using the shaving tool.

Impersonating the model in the commercial, I removed the cream in a zig-zag pattern, amazed that it comes off so easily.

After rinsing thoroughly and drying off, my skin is as smooth as it normally is after shaving. Only a few hours later did I notice slight skin irritation and a light yellow, jaundice-like skin tint—but other than that, no real difference.

Bladeless shaving might be a time-saving method for some, and it's probably safer than using a

blade, but I find it is kind of a hassle and the smell alone is enough to limit me to a can of Skintimate and a Bic.

— Kim Dixon

### Crest Whitening Strips

I don't have bad teeth. I've never had a cavity or braces. In fact they're even pretty white. But when I saw other girls with sparkling white teeth I thought maybe mine could be brighter. After hearing success stories about Crest White Strips I decided to splurge the \$27.99 to see what they could do. After all, satisfaction is guaranteed.

When I first put the strips on, they feel like a gooey film on my teeth. They slide around and it feels awkward. I don't know if I can keep them on for the full 30 minutes, but I am determined to see if they work.

I keep them on but can barely open my mouth, much less talk. On the box it says to put them on while doing everyday tasks like talking on the phone, taking a shower or checking your e-mail. Well, two out of three isn't bad.

There is no way someone can talk with these things on. I feel like I am 12 years old and have just got braces. So I decide to try the second option and take a shower. Bad idea. If you open your mouth and the water gets in, the strips are sliding everywhere. I spend most of my time in the shower trying to keep my mouth totally still, and closed. After I get out it is time to take them off, but next time I figure I'll just stick to checking my e-mail.

I continue with the white strips two times a day for 10 days and soon after I got compliment after compliment on how my teeth look whiter. After all was said and done, the awkwardness was rewarding.

— Christine Alhambra

### Wash and Curl Shampoo

It's a common desire for those with straight hair to want spiraling tendrils. Wash and Curl Shampoo seems like a quick fix for under \$4.

The title is 50 percent truthful. The shampoo does just that. It shampoos and nothing else, no curls to be found after styling as usual like the directions advise.

Requiring a double wash, once for cleansing and a second, which instructs the user to leave the shampoo lathered on hair for approximately five minutes so the chemicals can work their magic, becomes a waste of time.

While a few washes might be all one gets out of the Wash and Curl, even those aren't up to par with leading shampoos, leaving hair with a still dirty feeling.

Buying this is washing money right down the drain.

— Laura Boyce



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# Hens look to Sloat after Joseph's injury

## Broken arm prematurely ends senior's season

BY STEF GORDON  
Staff Reporter

They're dedicated, they're focused and they've proven to be leaders for the softball team.

Sophomore Carolyn Sloat is a starting pitcher for the team who currently holds a record of 27-23. Senior Jenn Joseph was her pitching counterpart until an injury on April 26th forced her out for the remainder of the season.

Sloat's softball roots date back to her tee-ball days, when she first picked up a bat at five-years-old and afterward joined a travel team when she was 10. She soon became hooked.

Prior to playing softball for Delaware, she traveled up and down the east coast playing tournaments, but this rigorous schedule prepared her for the tight time constraints she would face as a collegiate athlete.

"I think it is tougher for every athlete to balance sports and work, but we all do it," Sloat said. "Sacrificing free time that other students have in order to play is well worth it for me."

Despite the limited time constraints, she has still found time to assist with teaching kids in her hometown how to pitch.

Sloat is an elementary education major who one day hopes to teach elementary students and coach softball at the high school level.

But teaching and coaching are only two of her interests.

"Pitching is something I am really passionate about," she said. "I love being out there on the mound."

One of the greatest attributes to her success is her strong sense of self-discipline.

"Self discipline means doing

things on your own time and not needing other people to tell you to," Sloat said. "This is a vital quality that all Division I athletes need."

After what Ferguson described as "a great freshman year," Sloat has not slacked in her sophomore year, currently posting a record of 15-11 and an ERA of 2.42.

However, she cannot overemphasize the concept of teamwork.

"I think that each player on my team is needed and there is no top player," Sloat said. "No player can do it on their own."

"We don't live and die by who's on the mound," said head coach B.J. Ferguson. "Unless she throws 18 strikeouts and hits a home run, she knows she's not doing it herself."

Joseph and Sloat both played a major role in rounding out the team's defense.

However, while Joseph was at bat against Rutgers, she injured in her right arm.

"I was hit by a pitch and broke my ulna," she said. "I'm done for the season. I'm in a cast above my elbow and won't go back to the doctor 'till June first, so it'll be at least five more weeks."

Prior to the injury, Joseph posted a record of 9-10 with an ERA of 3.34, batting .240, ranked second on the team in RBIs and doubles, ranked third for number of hits and tied for first in triples and home runs.

"The team doesn't revolve around one player," Ferguson said. "However, Jenn's contribution to the team has been both offensively and defensively. She's made some really close plays that have afforded us to get out of an inning."

A four-year varsity player for Delaware, Joseph spent last summer



THE REVIEW/File Photo

Senior pitcher Jenn Joseph was 9-10 with a 3.34 ERA before her season-ending injury during an April 26 game.

coaching the Great Britain U-13 National Team at the 2004 European championships.

As a biology major with minors in chemistry and coaching, she plans to eventually coach softball.

As she is finished for the year, Joseph will end her career with 34 wins and ranks sixth on the softball team's all-time list.

Currently helping out the team's defense is junior Lindsay Jones, who threw a complete game against

Towson on Sunday, allowing just one run on five hits.

This weekend the team will face James Madison University. If they win two games against JMU, they will go on to the conference championship.

While Joseph's presence will be missed, the team appears to be moving forward and ready for the upcoming game.

"Our destiny is in our own hands," Ferguson said.



THE REVIEW/File Photo

Sophomore pitcher Carolyn Sloat is 15-11 with a 2.42 ERA and 27-23 in her first two seasons at Delaware.

# Track hopes for strong showing in final meet

BY AMELIA LUCHEY  
Staff Reporter

The men and women's track teams are preparing to finish their regular-season competition this weekend in a meet against Cabrini, Coppin State, Lincoln, Millersville, New Jersey City, Towson and Wheaton universities.

Both the men's and women's teams are looking to face some good competition from the visiting schools and to cap off their regular season competition with some memorable performances.

Sue McGrath-Powell, coach of the women's team, said these universities should provide good competition for her team, but they are especially preparing for Towson.

"Throughout the meet, in all different events, we will be finding competition from Towson," she said. "We match up well with them."

The women's team is looking to finish the season strong. The team has been doing well with several members looking to move on to the next level of competition.

McGrath-Powell is hoping to see members of her team achieve new personal bests.

"This is the last meet for most people," she said. "I want them to have a performance to be proud of."

Jim Fischer, the men's coach, is expecting a good meet overall.

"Two of the teams, Millersville and Wheaton, are very strong off the boards and should provide some good competition," he said.

Fischer said that with this being a home meet, there should be a number of people there supporting the competitors, which is a great way for them to end the season.

Fischer said his team has two main focuses for this match: the men are looking to achieve their best performance and to win events.

"The training is basically done," he said. "All they need to do now is rest and prepare for the meet."

Both coaches said this meet is important for those looking to move on in competition.

After this meet, individuals may move on to higher-level competition. They have to meet certain standards at each level to qualify and move on. Each team has several members that are already moving on, or are very close to meeting the qualifications.

An athlete's opportunity to move on depends on different things, McGrath-Powell said. Some women are going to have a hard time getting there, while for others, qualifying is totally feasible.

For those who are close to meeting their marks, this is the last opportunity to achieve them, she said. For those who are not moving on, this is their chance to keep improving and leave off on a good note for the start of next season.

McGrath-Powell said the qualification is a multi-tiered process. Every meet is a step toward qualifying.

"Each time a person performs well during the season, it's a chance to extend their season," she said.

Senior Casey Bennett, a competitor in the pole vault, has already achieved qualifying marks for the next round.

Freshman Rayna Horsey, sophomore Asha Quant and freshman Dominique Carter are all very close to qualifying.

Fischer said his team has several individuals who have qualified for the next round of competition.

"We have a number who've been performing well," he said, "but we're a young team and haven't gotten everybody up to conference level."

Senior Matt Harrell, freshman Jason Bradley, junior Charlie Williams and sophomore Brad Dodson are all close to qualifying for the men's team.

Fischer said since this is being their last meet as a team, most people will really want to try.



THE REVIEW/File Photo

The men's and women's outdoor track teams will compete in their final meet of the season this weekend.

"It's their last crack at a good performance," he said.

Fischer said his team has made huge progress this season and because they are

a young team, Fischer hopes that in a year or two, they will be back to being one of the top three teams in the conference.



THE REVIEW/File Photo

Senior designated hitter Kelly Buber is hitting .310 with four home runs, 22 RBIs and 21 runs scored.

# Baseball to face GMU

continued from page B8

the week for the first time in his career this week after hitting a grand slam in the third inning of Delaware's 12-6 rout of William & Mary on May 1. He also scored three runs, and finished with four hits and a career-high five RBIs.

"We are really excited about Hagerich's honor, and it is something we have been expecting out of Bryan," Sherman said. "He is able to hit the long ball, the home runs and the doubles."

The Hens are looking to bring their overall record back to .500 and are hoping to get beyond that with wins this weekend, Sherman said.

"Our strength lately has been offense and our starting pitching," he said. "So I think we need to continue to swing the bats and get good pitching if we want to be successful this weekend."

The first game is today at 3 p.m. and the games on Saturday and Sunday are set to begin at 1 p.m. at Bob Hannah Stadium.

## Hen Peckings

The Colonial Athletic Association will sponsor football in 2007, commissioner Thomas Yeager announced Wednesday. The new CAA football conference will include all current members of the Atlantic 10 Football Conference: Delaware, Hofstra, James Madison, Maine, Massachusetts, New Hampshire, Northeastern, Rhode Island, Richmond, Towson, Villanova and William & Mary.

After holding a 6-2 lead into the ninth, the Delaware baseball team gave up a four run rally to University of Maryland, Baltimore County, and lost in the 10th inning 7-6 Tuesday.

Sophomore Billy Harris suffered the loss as he gave up the walk-off homerun to the Retrievers Brian Moran in the bottom of the tenth with two outs left.

Freshman right fielder Dan Richardson went 3-5 on afternoon and senior second baseman Ryan Graham was 3-6 with a double and two runs-batted-in to lead the Hens offense.

The Hens have just twelve games left, with nine of the remaining games against conference rivals.

Hens' fire-baller Carolyn Sloat scattered eight hits in her eighth complete-game shutout of the season Wednesday as the softball team (27-23, 5-9 CAA) defeated Maryland 2-0 in game one of a doubleheader.

The sophomore pitcher from New York was locked in a scoreless duel until the top of the seventh inning when the Hens finally crossed the plate, scoring the game's only two runs.

First baseman Barbara Traynor accounted for the winning RBI of the game as her double to right scored Allison Borchers from first. Traynor later scored on single off the bat of senior Lauren Gardner.

Seemingly saving their offensive might for game two of the double-dip, the Terrapins (24-19) exploded for 11 runs in five innings as they over-powered the Hens 11-1.

Pitcher Crystal Crew went the distance for Maryland, fanning seven and walking one. Lindsay Jones got the loss for Delaware as she let up seven runs on seven hits in two innings pitched.

The Hens now have one three-game series left in the regular season at James Madison this weekend. Delaware must win at least two of three to advance to the four-team CAA playoffs.

Compiled by Greg Price and Rob McFadden



## Commentary

BOB THURLOW



## A galaxy of hatred

**T**his week is shaping up to be the most formative week in the history of sports. Well, maybe not for everyone, but at least for The Boss (and not Bruce Springsteen).

For George Steinbrenner, this weekend will make or break him. Not only are his Yankees treading in rough water, but his horse, Bellamy Road, is in the Kentucky Derby.

Both are in similar situations. Heavy favorites before the starting gun (Bellamy Road is a 5-2 favorite in the race and the Yankees were preseason favorites to go to the World Series), but both may be sent to the glue factory for failing to pay off ... especially if The Boss goes back to his "No Excuses" policy.

If you look at it one way, it's easy to take delight in the first downfall of the Yankees since the late '80s-early '90s when Don Mattingly was the only good thing in pinstripes.

A huge smile originally appeared on my face when the Yanks began to go through their troubles this season. Who, outside of the Yankees nation, has not taken joy in seeing the most expensive team in history being in such a fashion. But now, a different feeling is emerging.

Let's face it, New York is a team we all love to hate. They are our Evil Empire and George is up at the top as the Emperor. They originally began taking over the league with strong-arm policies and manipulated everyone to think this was good for baseball. Who didn't want to see Wade Boggs win a World Series?

But since the 1996 team, the Emperor has expanded his targets and has opened his greedy hand over the windpipe of the league and began to squeeze.

Fortunately, the savior of the league appeared in 2001 when the Arizona Diamondbacks appeared with its two heroes, Curt Schilling and Randy Johnson (Han Solo and Luke Skywalker, respectively) to stop the efforts of Derek Jeter (Darth Vader).

Nowadays, whenever it seems like the Empire is making a comeback, they are always whacked back down, the most recent occurrence can be attributed by the rowdy band of Wookies known as the Boston Red Sox.

With the Empire finally defeated, it seemed like we had reached a conclusion. There were even fireworks and an Ewok parade, but much like George Lucas, the Yankees tried to recapture their former brilliance.

And just like Lucas, New York has fallen woefully short.

This year, however, the Yanks are just depressing. Their home attendance is as steady as ever, but the gauge of an exciting team is its appeal on the road, and the pinstripers are severely hurting in that category, filling the opposing stadiums to only 73 percent of maximum capacity. And while that is a decent number in relation to the rest of the league (seventh overall heading into yesterday's games), it is well below par for New York.

And they're behind the Pirates and the Padres, if that tells you anything.

Even a quick glance at the Yanks last series against Tampa Bay when less than 34 percent of the tickets were sold will tell you something is amiss.

What is the Evil Empire to do? If you ask them, they will probably just shrug their shoulders and devise some crazy way to mix up the lineup. But throwing money at the problem is the one solution they know won't work, which is probably the best thing for the league at this point.

Whatever the team does, it doesn't change the fact there is still no team that everyone can hate. Sure, people can focus on other teams like the Red Sox or the consistently-good Atlanta Braves, but there is no obvious team to dislike.

So that brings up the question: do I redirect my hatred to George's horse for this weekend's Derby or do I cheer for Bellamy Road to win so I have something to root against down the road?

I guess it just depends on whether R2-D2 is the horse's jockey.

Bob Thurlow is the Senior Sports Editor at The Review. Please send questions, comments and your best Wookie impression to bthurlow@udel.edu.

## Hens one win from CAA title

## Men's lacrosse downs Hofstra 8-5 in semis

BY JASON TOMASSINI

Staff Reporter

Due to the Hens' performance in the Colonial Athletic Association semifinal game, the Delaware men's lacrosse team will get to stay home this weekend, but thankfully to play in the CAA championship at Rullo Stadium after beating Hofstra Wednesday night 8-5.

The Hens used a strong second half, including two goals from sophomore attacker Cam Howard, to overcome a somewhat lackluster first-half performance to notch their fourth-straight win.

"We were tentative in that first quarter," said head coach Bob Shillinglaw. "In that third quarter we got a couple of goals and we just started sensing that we can win this thing."

The win over Hofstra (8-8, No. 4 seed in CAA tournament) comes after the Hens were crushed by the Pride 13-3 on April 9.

"The first time around we were kind of forcing things," Shillinglaw said. "They came at us quickly on defense and we turned it over a lot and it wore down our defense."

Shillinglaw and the Hens were able to make adjustments and come out with confidence.

"We thought we had to be more patient, we played with much greater composure this game and took quality shots that we had to take," Shillinglaw said.

The Hens players also came out with a greater intensity, seeking redemption for the poor play in the first game against Hofstra.

"I've played on summer teams with a bunch of those Hofstra kids," said senior defenseman Ian Wright. "I couldn't even look at them after we lost to them 13-3 and now today I can look them in the eyes and say 'Good game,' and they are the ones trying to run away."

The first half was a sluggish one for the Hens. Hofstra jumped out to a 2-0 lead at the end of the first quarter and although Delaware salvaged a 3-3 tie at half, the momentum was in favor of the Pride.

"We told everybody that there is no division between the players," said Wright. "It's the postseason now, everybody is a senior on the field and when they are out there they got to make a difference and step their game up."

Howard led the Hens with two goals while six others scored, including junior midfielder Jarryd Knouse whose goal with one second left in the third quarter ignited the packed Rullo Stadium crowd.

"I thought our guys played our game plan perfect because they were patient," Shillinglaw said. "We were going to slow down, we weren't going to try to do a run and gun thing."

In addition to the victory, Shillinglaw was named CAA Coach of the Year and sophomore Jordan Hall was



THE REVIEW/File Photo

Delaware will face Towson in the CAA title game Saturday at Rullo Stadium. The Hens won their first CAA regular season title this year.

named CAA Player of the Year on Thursday.

Delaware will move on to play Towson in the CAA final Saturday at 6 p.m. at Rullo Stadium. The Hens beat Towson 11-5 in their only previous meeting this season.

The first meeting between the two teams was a dominating victory for the Hens who won behind Cam Howard's three goals and two goals each from sen-

ior attacker Andy Hipple and senior midfielder Joe Trentzsch.

Towson (10-4, 2nd seed in CAA tournament) defeated Villanova 5-4 at home Wednesday in the other semifinal game.

"The goal from day one was to win the regular season and host the tournament all the way through," Shillinglaw said. "We got to the championship game and now we got to get it done."



THE REVIEW/File Photo

Delaware head women's lacrosse coach Kim Ciarocca led the Hens to an 8-7 record and a playoff berth in her first season at UD.

## New coach excited after first season

BY NICK CAPOZZI

Staff Reporter

On July 1, 2004, former Temple women's lacrosse authority Kim Ciarocca arrived on the scene in Delaware full of energy and ideas fresh off 12 seasons with the Owls.

After moving to Delaware with her family and hearing about an opening with the Hens, she made her move.

"I made a call, I applied and I did a couple interviews," Ciarocca said.

Her impressive credentials include on-field lacrosse titles and a head coaching record of 133-75 at Temple.

She pushed her Owls to advance seven times in nine years to the Atlantic 10 tournament and coached 20 All-Americans.

"It was a tough decision," Ciarocca said. "I had a lot of prospects in Temple."

On the field, Ciarocca held the seventh all-time scoring record and helped lead the 1989 U.S. National Lacrosse squad to the World Championship.

The two-time All-American came to Delaware a little nervous at the prospect of a new team filled with seniors who might not adapt so easily to change.

She was happily surprised.

"The team was tremendous and embraced me and my staff — you don't always get that if it's a big group of seniors," she said.

The native of Conshohocken, Pa. is really excited about the way the team came together.

"The seniors really showed up," she said. "I really wish I had them one more year."

Sometimes it can take years to develop a system but they picked it up real fast, Ciarocca said.

"We moved people around," Ciarocca said. "Some defenders were moved to attackers."

The new strategy and moving people around turned the entire Hen's team around. The players became more comfortable, Ciarocca said.

"We have some freshman that played exceptionally well this year," she said. "They

are going to get a lot of playing time next year."

Ciarocca feels strongly about standout freshmen attacker Casey McCrudden, defender Melissa Whitehead and defender Katie Hogan.

Senior midfielder Kelly O'Connor became a key element to the team's success this year, Ciarocca said.

"Kelly O'Connor had a tremendous turnaround this year," she said.

Ciarocca said she could almost feel the defining point of her team's success.

"When we beat Rutgers they really started having confidence," she said. "They believed in themselves and they never looked back."

The Hens' chances to make the playoffs still looked bleak midway through the season.

"We had back-to-back wins against William & Mary's and Temple that people thought we couldn't do," she said.

They flew into the Colonial Athletic Association playoffs as a No. 4 seed against rival No. 1 seed Hofstra and fell short.

They have one game left at Penn State this Saturday and the entire team has not lost their passion.

"That's one of this team's strengths — we play with heart," Ciarocca said.

Ciarocca turned the Hens around from a record of 6-10, 2-5 CAA to an impressive 8-7, 4-3 this year.

"This will be my last coaching job," Ciarocca said. "Whether I'm here two, five or ten years this is it for me."

She expects 17 freshmen this year — quite a large recruiting class. Ciarocca is constantly looking to the future.

"The better we get, the more fans we'll have," she said.

Ciarocca is excited about the future of this team. She sees nothing but potential and can't wait for next year.

"I hope we're in the top 10," she said. "I hope we keep getting better and better."

## Baseball: UD to face GMU

BY CHRISTINE PASKA

Staff Reporter

The Delaware baseball team (21-22, 9-5 Colonial Athletic Association) is looking to record at least two wins this weekend, as it takes on George Mason in a three-game series, head coach Jim Sherman said.

"A perfect weekend would be sweeping it," he said. "But we would settle to win two out of three."

The Hens are coming off a 7-6 loss after 10 innings against Maryland—Baltimore County. The Hens led 6-2 in the ninth, but UMBC recorded four runs in the bottom of the ninth, forced the game into extra innings and then scored in the tenth to seal the victory.

Sherman said he knows the Patriots are going to be a tough match, and his team is going to have to be prepared to play strong all weekend.

"They are going to be fighting for their lives because they are tied for fourth place with Towson right now in the CAA, and the two teams behind them are right on their tail," he said. "They are going to come out fighting. We just have to do our best and we need to play one of our better weekends of the year."

In last season's three-game series at George Mason, the

Hens dropped all three games to the Patriots. In the first game the Hens were blanked 2-0. After 11 innings in the second game, Delaware fell 5-4 and in the final game the Hens lost 9-2.

The Patriots (27-15, 9-9 CAA) are coming off a 4-2 victory over Navy.

Sherman said the key to the games is going to be pitching as usual. If he gets strong performances from freshman Mike McGuire, senior and co-captain Scott Rambo and junior Jason Rogers, he said he thinks the team will have a good weekend.

"The performance of those guys is going to be the tell-tale sign," he said.

This is a big weekend for the Hens because they want to remain at least in third place in the CAA, and hopefully pick up victories this weekend to catch Virginia Commonwealth and move into second place, he said.

Sherman said the team has been doing well offensively and the key to the game is going to be making sure they continue hitting well.

"Almost all the guys are swinging the bats pretty well right now," he said. "I think it is a good time for us."

Left-fielder Bryan Hagerich was named the CAA player of

see BASEBALL page B7



THE REVIEW/File Photo

Senior third baseman Ryan Graham is hitting .255 with 23 RBIs and 25 runs scored. His 13 stolen bases are second on the team to freshman outfielder Brandon Menchaca's 15.





UNIVERSITY OF  
DELAWARE

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UD STUDENT HEALTH SERVICE

• LAUREL HALL •

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## Bumps & bruises

Spring brings us the opportunity to cure our cabin fever. Friendly pick-up games of football and Frisbee across the commons, as well as intramural competitions, all contribute to someone inevitably suffering a strain or sprain.

An easy to remember self-care approach to treatment of these injuries is the acronym "prices."

- Protection from further injury
- Relative rest
- Ice approximately 20 minutes/hour up to 3 times daily
- Compression with an ACE wrap to prevent swelling
- Elevate the injury above your heart when possible to prevent swelling
- Safe return to activity/play

Keep in mind that these are just a few basic guidelines to consider for minor injuries. In the event that your injury appears more serious, a trip to the Student Health Service in Laurel Hall is appropriate. The Student Health Service is organized with the ability to provide students with various levels of care for any injury. Student Health Service practitioners can also facilitate, when appropriate, consultation to sports medicine or orthopedic specialists and physical therapy for rehabilitation.

## The final word on stress

**F**inals' Wellness... must be an oxymoron. There's no time to focus on one's wellness during finals week, right? Not necessarily. There are some ways to increase the odds that you will maintain your physical and mental health throughout finals. Studies indicate that you might just perform better academically during that time if you follow some of the tips below.

Of course, remaining well during finals week has one heck of a lot to do with the fact that you have been taking decent care of yourself all along. This means eating for health, vitality and energy; exercising for health and stress relief; taking time for true relaxation and solitude; and avoiding pitfalls like alcohol, nicotine and drugs.

(Having trouble understanding any of those concepts? If so, give Wellspring a visit. We can help you strategize to make wellness a daily focus for the remainder of your life. You can find us on the Web at [www.udel.edu/Wellspring](http://www.udel.edu/Wellspring).) Fear not if you have been remiss in any of the above but delay no longer. Start now to get those things into the mix. Attention to nutrition, moderate exercise, and relaxation will accentuate the following survival strategies:

Take time out from studying to engage in anxiety-reducing behaviors and practices, such as meditation, prayer, deep or diaphragmatic breathing, yoga or other mind-body exercise, walking, observing nature, journaling, aroma therapy, creating art, cooking, getting or giving a massage, laughing, stretching, or simply playing. Avoid the negative feelings procrastination can bring by doing something that you will feel positive about while at the same time taking that much needed break from the books.

Avoid anxiety producing substances. That means avoid alcohol, stimulants such as caffeine, and other prescription drugs.

Yes, alcohol is a central nervous system depressant, but did you know that the withdrawal (in this case, we mean the normal removal of the substance from the body fluids and tissues) from alcohol causes an equal and opposite physical response? This means that the next day you will feel agitated and unable to relax, and you will be more easily distracted. So you may think a night off from studying to do some partying is deserved time away from the books, but, in actuality, you may not be as successful in making-up for that well-deserved time off if the evening consists of too much drinking. Drinking in excess also lowers your body's immune functioning, meaning your already tired body will be even more



"WHY ISN'T JAKE STRESSIN' OVER THIS FINAL?"

"HE'S GOT THAT ELEPHANT MEMORY. HE STUDIES DANCE AND HEI GOOD FOR THE SEMESTER."

susceptible to illness during this crucial time of preparing for finals.

Yes, it's a given that you are tired and fatigued. But caffeine supplements may not be the wise answer. Too much stimulant increases stress on the body's systems, and it may lead to anxiety-related responses such as a racing mind or heart; inability to concentrate and/or relax; muscle cramping, tightening, or twitching; inability to sleep; irritable bowel; and moodiness or irritability. Rather than taking caffeine, take NAPS, or do some LAPS! Studies indicate that sleeping anytime, day or night, even for short spurts is beneficial to the body and can help to make-up for lost time in the sack. A brisk walk,

Continues on back



# Hydration FOR SUMMERTIME ACTIVITIES & SPORTS

Seasons change and as outside temperatures warm, our activities move outdoors.

While we all enjoy the warm weather and activity in the sunshine, there is a very important activity- and sports-related medical concern to keep in mind.

Heat illness is one of the most serious health concerns related to warm weather activity. The actual month or season of year is not as important as the outdoor temperature and humidity. As with most sports medicine concerns, prevention prior to engaging in activity is the best medicine. Appropriate hydration is crucial to maintain adequate circulatory volume in our blood vessels which carry nutrients and energy sources throughout our bodies and, also, allow our bodies to maintain a proper cooling mechanism through sweating.

One common misconception when exercising is to drink only when you feel thirsty. While this makes common sense, this is a myth. Your body's thirst mechanism is not activated in your brain until you have already become 2% dehydrated. Hence, if you wait to drink until you feel thirsty, you are already dehydrated. While this may not seem dramatic, this degree of dehydration places an individual at risk for developing central nervous system (CNS) symptoms which, if not corrected, may become evident at 3%-4% dehydration. During warm weather activity, practice regularly scheduled water breaks throughout the day. If your activity or exercise is planned for late in the day, it is appropriate to "pre-hydrate" yourself before the activity to prevent excessive fluid loss. Provided below is a simple and reliable strategy for pre-hydration prior to exercise/activity in the warm weather.

1. Drink cool and non-carbonated water.
2. Drink 20 ounces of water 2 hours prior to

activity/exercise.

3. Drink 8-16 ounces of water 30 minutes prior to activity/exercise.
4. Drink 4-6 ounces of water every 15 minutes throughout your activity/exercise.
5. If your activity is very strenuous or will last more than 40 minutes, you should consume an additional 32-48 ounces of water in the first 1-2 hours post activity/exercise.

It is essential to note that water is the best solution for maintaining appropriate hydration status. Sports drinks (Gatorade, Powerade, etc.) may be used for carbohydrate replacement during more endurance-oriented events. Caffeinated and carbonated beverages are never appropriate for hydration during activity or exercise and may actually contribute to additional fluid losses from your body.

*Have a safe & enjoyable summer!*



"BESS, ALWAYS REMEMBER TO STAY WELL HYDRATED."

## Finals (cont'd)

some light stretching, or a brief scalp massage can help you to re-energize and focus better than even the strongest cup of coffee can.

No, it is NOT OK to take others' prescribed medications. Essentially, if you do not have ADD or ADHD, then taking Adderall or other medicines prescribed for this condition is taking SPEED. If you learn under the influence of a substance, you are more likely to only recall that same information under the influence of the substance. This is termed 'state-dependent learning.' Furthermore, be aware that prescription drugs, even some over-the-counter meds, can and may interfere with other substances in your system causing unexpected reactions such as irregular heart beat, and other discomforting effects.

Remain positive. Rather than berating yourself, try sending yourself gentle, comforting messages. Reward yourself for every task accomplished not just the ones at which you

excel. Try problem-solving strategies like prioritizing and getting advice rather than getting up-tight. Utilize all available resources: Don't try to go it alone and wind up discouraged. Focus on getting through it as best as possible and making the commitment to allow yourself the needed time and attention to make important adjustments which will improve your performance for the next time. Remember, intelligence is comprised of much more than what can be gleaned from class notes or a book. Apply your common sense, your logic skills, and your general knowledge of the world to every subject and every exam question. And, most of all, know that you are worthwhile despite your grades.

**Finals' Analysis:** Keep anxiety and stress levels low and care for yourself. Nothing is more beneficial to assuring your academic performance than maintaining a clear head and a positive outlook.

## The skin you're in

The skin is the largest organ in the body and is the first line of defense against dirt, germs, and other foreign objects. Unfortunately, it is also the most affected by sun damage. Skin disorders number in the hundreds and can be caused by infection, sun exposure, allergies, and even genetics. Most skin disorders display easily visible changes that can cause physical discomfort and can also lead to depression and a lack of self-confidence. Some common skin conditions seen in the college-age population (ages 17-24) include:

**Acne** - With over 17 million sufferers in the United States, acne is the most common, recognizable skin condition. Contrary to popular hype, it is not caused by too much junk food or oily skin. Acne appears most commonly on the face, back, and shoulders and is not contagious. Acne, when left untreated, can permanently scar the skin. See a physician. There are many successful prescription treatments for acne, including topical and oral medications.

**Eczema** - Over 15 million people in the U.S. are diagnosed with eczema annually. Symptoms include inflammation, rashes, and itching which can occur anywhere on the body. Although the cause of eczema is not known and there is no cure, treatment helps prevent breakouts. Eczema is not contagious.

**Psoriasis** - Psoriasis is characterized by thick, red patches of skin covered by silvery flakes or scales typically appearing on the scalp, joints and lower back. Symptoms can range from mild to severe. Although the cause of psoriasis is unknown, good control of symptoms is achieved with treatment.

**Folliculitis** - Sometimes called "Barber's itch," folliculitis occurs when damaged hair follicles become infected with bacteria, causing skin rashes and pimples around the infected follicles. This infection can spread but responds quickly to treatment with prescription medication.

See a physician if you experience signs and symptoms of a persistent skin condition. The doctor can make an accurate diagnosis and prescribe effective treatments which will provide safe, effective relief.



"MAYBE WE SHOULD RECOMMEND AN EXFOLIATING CREAM."