UNIVERSITY FACULTY SENATE FORMS

Academic Program Approval

This form is a routing document for the approval of new and revised academic programs. Proposing department should complete this form. For more information, call the Faculty Senate Office at 831-2921.

Submitted by: ___Susan J. Hall_______________________ phone number _x4909________

Department: ___Health, Nutrition, and Exercise Sciences__email address sjhall@udel.edu__

Action: __revise minor__________________________________________________________
(Example: add major/minor/concentration, delete major/minor/concentration, revise major/minor/concentration, academic unit name change, request for permanent status, policy change, etc.)

Effective term ___10F___________________________________________________________
(use format 04F, 05W)

Current degree ___BS___________________________________________________________
(Example: BA, BACH, BACJ, HBA, EDD, MA, MBA, etc.)

Proposed change leads to the degree of: ______________(Example: BA, BACH, BACJ, HBA, EDD, MA, MBA, etc.)

Proposed name: ______________Proposed new name for revised or new major / minor / concentration / academic unit
(if applicable)

Revising or Deleting:

Undergraduate major / Concentration: __________________________(Example: Applied Music – Instrumental degree BMAS)

Undergraduate minor: __Strength and Conditioning__
(Example: African Studies, Business Administration, English, Leadership, etc.)

Graduate Program Policy statement change: __________________________(Must attach your Graduate Program Policy Statement)

Graduate Program of Study: ______________(Example: Animal Science: MS Animal Science: PHD Economics: MA Economics: PHD)

Graduate minor / concentration: ______________

Note: all graduate studies proposals must include an electronic copy of the Graduate Program Policy Document, highlighting the changes made to the original policy document.

List new courses required for the new or revised curriculum. How do they support the overall program objectives of the major/minor/concentrations)?
(Be aware that approval of the curriculum is dependent upon these courses successfully passing through the Course Challenge list. If there are no new courses enter “None”)

None

Explain, when appropriate, how this new/revised curriculum supports the 10 goals of undergraduate education:
http://www.ugs.udel.edu/gened/

N/A

Identify other units affected by the proposed changes:
(Attach permission from the affected units. If no other unit is affected, enter “None”)

None

Describe the rationale for the proposed program change(s):
(Explain your reasons for creating, revising, or deleting the curriculum or program.)

Substitute HESC435 Physical Activity Behavior for HESC432 Exercise Testing and Prescription in the requirements for the minor. Rationale: HESC435 includes the most important elements of HESC432 and places added emphasis on the behavioral components of participation in physical activity. HESC435 was designed to replace HESC432 and the department will no
longer offer HESC432.

**Program Requirements:**
(Show the new or revised curriculum as it should appear in the Course Catalog. If this is a revision, be sure to indicate the changes being made to the current curriculum and **include a side-by-side comparison** of the credit distribution before and after the proposed change.)

Required courses:

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>HESC 317</td>
<td>Strength &amp; Conditioning Laboratory</td>
<td>1</td>
</tr>
<tr>
<td>HESC 320</td>
<td>Principles of Strength/Conditioning</td>
<td>3</td>
</tr>
<tr>
<td>HESC 430</td>
<td>Physiology of Activity</td>
<td>3</td>
</tr>
<tr>
<td>Or</td>
<td>HESC433          Applied Physiology of Activity</td>
<td>3</td>
</tr>
<tr>
<td>HESC 431</td>
<td>Physiology of Activity Laboratory</td>
<td>1</td>
</tr>
<tr>
<td>HESC 432</td>
<td>Exercise Testing and Prescription</td>
<td>3</td>
</tr>
<tr>
<td>HESC435</td>
<td>Physical Activity Behavior</td>
<td>3</td>
</tr>
<tr>
<td>HESC 440</td>
<td>Strategies for Athletic Peak Performance</td>
<td>3</td>
</tr>
<tr>
<td>HESC 447</td>
<td>Advanced Topics in Strength and Conditioning</td>
<td>3</td>
</tr>
<tr>
<td>HESC 462</td>
<td>Practicum in Strength and Conditioning</td>
<td>3</td>
</tr>
<tr>
<td>NTDT 310</td>
<td>Nutrition and Activity</td>
<td>3</td>
</tr>
</tbody>
</table>

**ROUTING AND AUTHORIZATION:**  
(please do not remove supporting documentation.)

Department Chairperson ___________________________ Date __10/31/09_______

Dean of College ___________________________ Date __________________

Chairperson, College Curriculum Committee ___________________________ Date __________________

Chairperson, Senate Com. on UG or GR Studies ___________________________ Date __________________

Chairperson, Senate Coordinating Com. ___________________________ Date __________________

Secretary, Faculty Senate ___________________________ Date __________________

Date of Senate Resolution ___________________________ Date to be Effective ______

Registrar ___________________________ Program Code ___________________________ Date __________________

Vice Provost for Academic Affairs & International Programs ___________________________ Date __________________

Provost ___________________________ Date __________________

Board of Trustee Notification ___________________________ Date __________________

Revised 10/23/2007  /khs