Friday Aug. 30, 36

Dear Carrie,

I am writing these few words by
hand as I haven't dictated a letter since we
returned here a month ago. Maurice and I are
so happy to know that you are getting
about again and feeling better, even if
you can't go beyond the garden yet. Our
thoughts have been very much with you and
I know from experience how difficult and
depressing it is to be ill and not be
able to do the things one is accustomed
to do. It is all the more difficult for
you, for you have been blessed with good
health and have been so active. Knowing
that you are improving daily but
taking things slowly - which is most wise
for it is no necessary.

I have been having a bad

time too since we returned here.

It started with a cold which turned into

a grippe which was most persistent and

then came another attack of colitis. I

have been following Dr. Preston's treatment

for colitis here which means a good part

of the day in bed with hot water bottles.

It was all aggravated by nervous

tension. I have feet like doing nothing

but during the last two days feel

very much better and feel like taking

an interest in things.

I hope to get down to doing

things again with work and to

 dictate a little to you giving you

my thoughts on some of the things
having been here and elsewhere. Here in Mexico where things seemed on the right track a lot has gone wrong and I frankly don't know towards what policies the government is headed - but I do know that the predictions are not good.

The world picture doesn't look very bright and there irresponsible act of Heisel may have tremendous repercussions. Heisel may have the views in many ways, so we all are the worse in many ways. If we do not handle it with understanding and energy, I think it is the most dangerous thing that has happened for some years and it seems to me that he has handled our end well.
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We are all well and have had to put up with a nervous and quarrelsome husband for a month now—but things feel better today. The house is quiet and usual to Cuernavaca. But I am in no shape to enjoy it.

There so both you are feeling better. I wish you could all come down here but under the best circumstances. I feel sure your doctors will not let you travel—and you will from here understand winter at home. We have had much rain and cold here.
Mexican glass in all

Due to you + Walter and
Edna + Younger,

Always fondly yours

[Signature]