UNIVERSITY FACULTY SENATE FORMS

Academic Program Approval

This form is a routing document for the approval of new and revised academic programs. Proposing department should complete this form. For more information, call the Faculty Senate Office at 831-2921.

Submitted by: __Susan J. Hall________________________ phone number __x4909________
Department: _Health, Nutrition & Exercise Sciences_____email address_sjhall@udel.edu

Action: __revise minor________________________________________________________
(Example: add major/minor/concentration, delete major/minor/concentration, revise major/minor/concentration, academic unit name change, request for permanent status, policy change, etc.)

Effective term_ 09F________________________________________________________
(Example: 04F, 05W)

Current degree________________________________________________________________
(Example: BA, BACH, BACJ, HBA, EDD, MA, MBA, etc.)

Proposed change leads to the degree of:________________________________________
(Example: BA, BACH, BACJ, HBA, EDD, MA, MBA, etc.)

Proposed name: _____________________________________________________________
(Proposed new name for revised or new major / minor / concentration / academic unit
(if applicable)

Revising or Deleting:

Undergraduate major / Concentration: _________________________________________
(Example: Applied Music – Instrumental degree BMAS)

Undergraduate minor: ____________________________
(Example: African Studies, Business Administration, English, Leadership, etc.)

Graduate Program Policy statement change: ___________________________________
(Must attach your Graduate Program Policy Statement)

Graduate Program of Study: _________________________________________________
(Example: Animal Science: MS Animal Science: PHD Economics: MA Economics: PHD)

Graduate minor / concentration: ______________________________________________

Note: all graduate studies proposals must include an electronic copy of the Graduate Program Policy Document, highlighting the changes made to the original policy document.

List new courses required for the new or revised curriculum. How do they support the overall program objectives of the major/minor/concentrations)?
(Explain your reasons for creating, revising, or deleting the curriculum or program.)

The proposed changes are:

1) To replace HESC310, Pre-Clinical Anatomy and Physiology, with HESC309, Pre-Clinical Anatomy and Physiology I, and
2) To move (HESC430 or HESC433 plus HESC431) from the category of pre-requisite courses to required courses.
3) To incorporate the proposed revisions to HESC432 in course title and reduction of credits from 4 to 3.

Rationale:
1) The existing HESC310, Pre-Clinical Anatomy and Physiology, is being expanded into two courses, HESC309, Pre-Clinical Anatomy and Physiology I and HESC310, Pre-Clinical Anatomy and Physiology II. The content of
HESC309 provides the necessary prerequisite background for the Strength and Conditioning minor.

2) These courses currently serve as prerequisites for HESC432. A proposed revision of HESC432 is eliminating these courses as prerequisites. Because the content of these courses (HESC430 or HESC433, plus HESC431) is deemed essential for the Strength and Conditioning minor, these courses are being added to the minor requirements.

3) These revisions to HESC432 are currently proposed. The rationale is that course content is being shifted away from the mechanics of exercise prescription and toward the behavioral aspects of exercise.

Program Requirements:

Prerequisite Courses:
The following courses are identified as prerequisites for selected courses in the minor. It is not necessary to take all of the prerequisite courses prior to enrolling in the first course in the minor. See course descriptions for the required courses to identify individual course prerequisites.

HESC 220  Anatomy and Physiology ................................................. 3
Or
HESC309  Pre-Clinical Anatomy and Physiology I........................................4
HESC 350  Basic Concepts in Kinesiology .............................................. 3
HESC 425  Biomechanics of Human Movement ...................................... 4
or
HESC 426  Biomechanics I .................................................................... 4
NTDT 200  Nutrition Concepts .............................................................. 3

Required courses:
HESC 317  Strength & Conditioning Laboratory...................................... 1
HESC 320  Principles of Strength/Conditioning ......................................... 3
HESC 430  Physiology of Activity ............................................................. 3
Or
HESC433  Applied Physiology of Activity..................................................3
HESC 431  Physiology of Activity Laboratory ........................................... 1
HESC 432  Physical Activity Behavior .................................................... 3
HESC 440  Strategies for Athletic Peak Performance ............................... 3
HESC 447  Advanced Topics in Strength and Conditioning ..................... 3
HESC 462  Practicum in Strength and Conditioning ................................... 3
NTDT 310  Nutrition and Activity ............................................................ 3

(Number of required credits for the minor is increased from 20 to 23.)

ROUTING AND AUTHORIZATION:  (Please do not remove supporting documentation.)

Department Chairperson ____________________________ Date ________________
Dean of College ___________________________________ Date ________________
Chairperson, College Curriculum Committee __________ Date ________________
Chairperson, Senate Com. on UG or GR Studies __________ Date ________________
Chairperson, Senate Coordinating Com. __________________ Date ________________
Secretary, Faculty Senate ____________________________ Date ________________
Date of Senate Resolution ___________________________ Date to be Effective __________
Registrar ___________________________________________ Program Code __________ Date ________________
Vice Provost for Academic Affairs & International Programs __________ Date ________________
Provost ___________________________________________ Date ________________
Board of Trustee Notification _________________________ Date ________________

Revised 10/23/2007 /khs